

The Voice of Saint Anthony

Saint Anthony Greek Orthodox Church

Monthly Newsletter

www.saint-anthonys.org

September 2026

(626) 449-6943 Office

IN THIS ISSUE

Priest's Message	2
Stewardship	4
Ministries	6
Parish Council	8
Sunday School	9
Young Adults	10
Philoptochos	11
VIPs	18
Community News, etc.	19
Monthly Lesson	29
Saints of the Month	31
Orthodox Calendar	35



Elevation of the Holy Cross

14 September

Symeon the Stylite 1 September
Ecclesiastical New Year 1 September
Nativity of Holy Theotokos 8 September
Joachim & Anna 9 September
Elevation of Holy Cross 14 September
Sophia, Faith, Hope & Love 17 September
Conception of St. John the Baptist 23 September
Falling Asleep of St. John 26 September

***DEADLINE for the
OCTOBER Newsletter
FRIDAY, SEPTEMBER 25***

*Please send input to:
newsletter_church@aol.com*

Message from Father Peter

Christ our God, Your kingdom is an everlasting one and your lordship is over all. You have made all things with wisdom and have established proper times and seasons for our lives. We give thanks to You in all circumstances and for all things. Lord bless the beginning of the Church year with Your goodness. Grant that this liturgical year be for all of us a year of grace. Make us worthy with purity of heart always to praise you. Lord glory to you!

Matin Hymn, September 1.

Do you know why the first day of September marks the beginning of the Church year? We are accustomed to think of January 1st as the beginning of the year. But the tradition of computing the start of a new year with the fall season was common to the lands of the Bible, and to all the lands around the Mediterranean. The summer harvest was at an end, the crops were stored, and people prepared for a new agricultural cycle. It was an appropriate time to begin a new year.

The prayers and hymns of the Orthodox Church not only recite the wonderful works of God in creation and history for our salvation but also frequently offer guidance about how to make each year a year of grace, a year of the Lord. For example, the very first hymn of the liturgical year, chanted at Vespers in the joyful first tone, reminds us that prayerful daily dependence on God is the basic attitude of the Christian life. This hymn is also interesting because it refers to another key passage in the Bible and addresses all the Orthodox faithful.

O faithful, having learned true prayer from the very words and divine teachings of Christ, let us cry out to the Creator each day. Our Father, who dwells in heaven, give us always daily bread, and forgive us our transgressions. Of course the prayer in the Bible that this hymn references is the **Lord's Prayer**.

As we pray the Lord's Prayer daily, allow me to also offer a meditation for us all to reflect on, as we begin the new Church ecclesiastical year: Prayerful daily dependence on God sanctifies every moment of the day, whether we are at work, at play, at rest or in difficulty; it fills it with the presence of God and makes it God's moment. Reflect on this passage and concentrate on making a difference in your life this year through prayerful daily dependence on God.

As a community, refreshed from a restful summer, we are ready to begin our new Church year. We have numerous programs and ministries available to receive God's grace and grow in our faith. Our annual Greek Festival is also upon us. Come to church often, participate in the liturgy, sign up with our ministries, volunteer for our Festival, and take part in the full life of the Church! Make this new Church year the very best it can be for us as individuals and as a spiritual family. Experience God's love and grace through this beautiful community, which He continues to greatly bless.

Happy New Year! Καλη Χρόνια!

In Christ, Fr. Peter



Stewardship



2026 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,
as good stewards of God's grace." (1 Peter 4:10)*

2026

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

SIGNATURE

DATE

[For office use only]

ST. ANTHONY GIVING LEVELS:

CONTRIBUTOR: \$499 & below
\$9.60/week OR \$42/month & below

FRIEND: \$500 - \$999
\$9.60-\$19/week OR \$42-\$83/month

SUPPORTER: \$1,000 - \$1,999
\$19-\$38/week OR \$83-\$167/month

*** FAITHFUL: \$2,000 - \$3,999**
\$38-\$77/week OR \$167-\$333/month

*** DISCIPLE: \$4,000 - \$6,999**
\$77-\$135/week OR \$333-\$583/month

*** GUARDIAN: \$7,000 - \$9,999**
\$135-\$192/week OR \$583-\$833/month

*** ANGEL: \$10,000 - \$14,999**
\$192-\$288/week OR \$833-\$1,249/month

*** ARCHANGEL: \$15,000 and up**
\$288/week OR \$1,250/month & up

*Review your stewardship commitment prayerfully, consider what you offer to Christ's Church
in comparison to your monthly utility/service payments.*

Please return your completed commitment card to church by December 31, 2025

Your card must be on file for you to be considered in 'Good Standing'

In response to God's blessings, I/we pledge a 2026 offering of:

My Total Commitment for 2026: \$_____

I will fulfill and pay my pledge: (CHECK ONE)

☐ Weekly at \$_____/week

☐ Monthly at \$_____/month ☐ Annually

Contact the Church office to set up easy recurring electronic payments
-OR- set up your own recurring giving at saint-anthonys.churchgiving.com

****To fully cover our operating expenses, our goal is to
have our average stewardship be \$2,000 per family or above***



Commitment of Time and Talents



Families should mark "H" for husband, "W" for wife, "C" for Children.

Council of Ministries

_____ Acolytes	_____ Kouvouklion	_____ Stewardship Committee
_____ Bible Studies	_____ Little Lambs	_____ Studies in the Faith
_____ Bookstore	_____ Myrrh Bearers	_____ Sunday School
_____ GOYA Basketball	_____ OCF (Orthodox Christian	_____ Vacation Bible School
_____ GOYA/Jr. GOYA	_____ Fellowship)	_____ VIPs
_____ Greek Dance	_____ Office Volunteers	_____ Volleyball Tournament
_____ Greek Language School	_____ St. John Chrysostom	_____ Welcoming Committee
_____ JOY/HOPE	_____ Oratorical Festival	_____ Other

Parish Events

_____ Palm Sunday Luncheon	_____ Resurrection Magiritsa	_____ Summer Family Picnic
_____ Pasadena Golf Classic	_____ Dinner	_____ Other
_____ Pasadena Greek Fest	_____ Saint Anthony Feast Day	

Name _____ Email _____ Phone _____

Name _____ Email _____ Phone _____

Ministries



2026 PARISH COUNCIL

Pete Gallanis	President
Joe Akrotirianakis	1st Vice President
Perry Vidalakis	2nd Vice President
Kosta Papavasiliou	Secretary
Tashia Vagenas	Treasurer
Christos Vagenas	Assist. Treasurer

Christian Balas

Tom Grafos

Louis Kades

Pete Katsafados

Jonathan Nassos

James Pappas

Constandinos Vagenas

OFFICE STAFF

Maria Prantzikou – Office Administrator

Alma Vorgias – Part time Office Admin.



CUSTODIAL STAFF

Carlos Sosa



CHOIR

TBD

CHANTER

Liam McCann

READERS

Nicholas Kokoris



SUNDAY SCHOOL STAFF

Sophia Syrengelas – Director

Pre-K & TK:

Sophia Syrengelas & Andrianna Lareau

Kindergarten & First:

Elena Tsianos

Second & Third:

Eleni Wojick & Jenni Pulos Nassos

Fourth & Fifth:

Athena Serban and Mary Udria

Middle School:

Polly Vagenas & Chris Syrengelas

High School:

Presvytera Aida Stratos

PHILOPTOCHOS SOCIETY

Executive Board

President

Nicolette Fuerst

1st Vice President

Liz Skandale

2nd Vice President

Carolina Kokoris

Sophia Syrengelas

Corresponding Secretary

Tanya Christodoulelis

Recording Secretary

Fontaine Malisos

Treasurer

Maria Kypreos

Assistant Treasurer

Mary Dewar Philoptochos

Advisor

Judith Din

Spiritual Advisor

Father Peter Stratos

Board of Directors

Beautification

Connie Becker

Andrea Patzakis

Community Outreach

Mary Dewar

Fellowship

Mary Udria

Noula Serban

Operation Classroom

Helen Skandale

Lisa Xanthos

Publicity

Christine Pappas

Scholarship

Presbytera Aida Statros

Sunshine and Visitation

Maria Hronas

Union Station

Maria Kokoris



ADDITIONAL MINISTRIES

Acolytes

Pres Aida Stratos

Bible Study

Fr. Peter Stratos

Bookstore

TBD

Bowling

Anthia Drulias Lucas

Choir

TBD

Golf Tournament

Jimmy Christos

GOYA

Anthia Drulias Lucas

Polly Vagenas

GOYA Basketball

Pana Gelt

GOYA Volleyball

Anthia Drulias Lucas

Pana Gelt

Greek Dance Groups

Nikole Zoumberakis

Greek Festival

Christian Balas

Greek Language

Anastasia McClain

JOY/HOPE

Irene Albeck

Myrrh Bearers

Irene Albeck

Oratorical Festival

Pres Aida Stratos

Prayer Shawls

Maria Kypreos

Psalter Group

Fr. Peter Stratos

VacationBible School

Sophia Syrengelas

Mary Udria

VIPs

Bessie Kouvara

Thean Grafos

Parish Council

ENTERING CHURCH

Please make every effort to arrive for services a little early.
If you arrive late, it is important to observe the following moments in the Divine Liturgy when you should not enter the Nave but wait quietly in the Narthex:

During the Small Entrance
During the Epistle Reading
During the Gospel Reading
During the Homily
When the Priest is censuring just before the Great Entrance
During the Great Entrance
From the Creed until after the Consecration of the Gifts
During the Lord's Prayer

A Parish Council member will gladly assist you with any question about the appropriate times to enter the Nave.

HOLY COMMUNION PROCEDURE Winter schedule

For the benefit of our Sunday School students, their teachers and the TIMELY start of their Sunday School Classes please allow all the children to receive Holy Communion first.

PLEASE NOTE that only baptized/Chrismated Orthodox Christians may receive the Sacrament of Holy Communion. At the end of the Divine Liturgy, you are welcome to receive the Holy Bread.

All Orthodox Christians must be spiritually prepared to receive the Sacrament of Holy Communion. Please see your priest if you have any questions.

- Please remain standing while following the directions of the ushers.
- The ushers will release the children by pew from Front to Back.
- Only parents of the smallest, youngest Sunday School children, who need assistance, should receive Holy Communion with their children.
- If you are not in a pew when Holy Communion begins, please quietly find a spot in the back rows. Your children will be released in turn.
- Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.
- After all children have received, the ushers will release the adults, again from the front pews.
- Please cooperate with our ushers and do not ask to be allowed to proceed ahead of others or enter the center aisle ahead of the pews in front of you.
- When receiving Holy Communion, make the Sign of the Cross, state your name (baptismal name) and naturally receive as if being fed.



We joyfully look forward to another wonderful year of Sunday School Fellowship!

We are excited to welcome back our students and can't wait to see everyone on the first day of class, **Sunday, August 30th!**

REGISTRATION:

We kindly ask that parents complete a registration form for each child who will be attending Sunday School.

Collecting contact information - class count, names, grade and age levels, helps with planning as we prepare for the upcoming year.

A timely response is much appreciated! <https://forms.gle/PuKQ6aQtDnhEaAck8>

We will also have a booth set up this Sunday where families can scan the QR code for registration as well as pay the **\$20.00 donation per child.**

TEACHERS & CLASSES:

Our Sunday School program serves children who are four years of age by December 31st through 12th grade.

TK - 1st Grade:	Elena Tsianos
2nd - 3rd:	Eleni Wojcik & Jenni Pulos Nassos
4th - 5th:	Sophia Syrengelas & Andrianna Lareau
Middle School:	Polly Vagenas & Chris Syrengelas
High School:	Presvytera Aida & Presvytera Christina

Thank you to our dedicated and faithful team of volunteers! We are all working together in preparation for a fun, engaging and welcoming Sunday School year!

Thank you for supporting our program!

Please contact Sophia Syrengelas with any questions:

sundayschool@saint-anthonys.org

Youth & Young Adults

PLEASE RETURN ALL ST. ANTHONY GOYA BASKETBALL UNIFORMS



Anthia Lucas is requesting that all St. Anthony GOYA Basketball uniforms be returned to the St. Anthony church office as soon as possible! Uniforms need to be inventoried and stored in the basement for next year.

Thank you!



ST. ANTHONY BOWLING LEAGUE



It's time once again for the St. Anthony Bowling League to begin the Fall Season. The 12-week season will begin on Thursday, September 10, and conclude on Thursday, December 3, 2026, excluding Thanksgiving week.

BOWLING INFORMATION

- Location: Lucky Strike Lanes (formerly Bowlero), 3545 East Foothill Blvd. Pasadena, 91107
- Time: 7:00 P.M.
- Weekly Fees: \$23.00

(\$16.25 of our weekly fees are called lineage fees and are taken out by Lucky Strike. \$6.75 goes to end of season prize fund)

- Teams: Teams consist of 3 bowlers per team.

Bowlers can bowl with spouses if they choose.

- As a regular bowler, it is your responsibility to pay your weekly fees whether or not you play. This is because you are the one who will benefit from the end of season prize money.
- Lucky Strike does have bowling balls; however, they NOW charge for borrowed bowling shoes. You can purchase your own shoes on Amazon.
- If you are absent and would like a sub, we can try and assist you or you can send someone in your place, but it not necessary. If a sub is unavailable, your team can still bowl. Your average minus 10 points will be entered as your score for the 3 games.

If you wish to commit to participate in our Fall season please contact Anthia Drulias Lucas, adljsl02@yahoo.com **Deadline: Friday, September 4th.**

Philoptochos

Good Works

Union Station Homeless Service (USHS)

USHS is in need of sack lunch donations. The prepared lunches can be dropped off at the Adult Center (412 S. Raymond Ave., Pasadena) from 8:00 a.m. – 2:30 p.m.

Please, email volunteer@unionstationhs.org to schedule delivery.

Philoptochos prepares a nutritious dinner, funded through the generosity of our donors. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.), and single serve bottles of milk. You may continue to volunteer by donating towards the purchase of individual packaged items.

The estimated costs are: Chicken - \$75, Rolls - \$15, Dessert - \$17, and Beverages - \$40.

We welcome your donations to help offset our costs of large aluminum pans with lids. We invite you to consider helping us feed the needy by making a contribution towards this ministry. *We are most grateful for your generous support.*

Please make checks out to: ***Philoptochos of Saint Anthony.***

Please write USHS on the memo line.

Thank you for being a part of the solution to homelessness.

For further information, please contact:

Irene Albeck	mcmg2a@aol.com
Maria Kokoris	nmkokoris@gmail.com
Christina Kades	christinekades@gmail.com

"Break your bread for the hungry, and bring the homeless poor into your house;

Philoptochos is here to help those in need.
Should you find yourself facing hardship, contact a Philoptochos member or
Nicolette Fuerst, Philoptochos President - nicolette.fuerst@gmail.com

Community Happenings

FRIENDS IN DEED

Philoptochos members Mary Dewar and Connie Becker continue to purchase and drop off requested food items like cereals and jelly for its food pantry.

Upcoming Philoptochos Meetings

Benefit Planning Meeting – Tuesday, September 1, 2026 in church hall or classroom

Board Meeting – Wednesday, October 7, 2026 in boardroom

General Meeting – “Welcome Back” – Wednesday, October 21, 2026

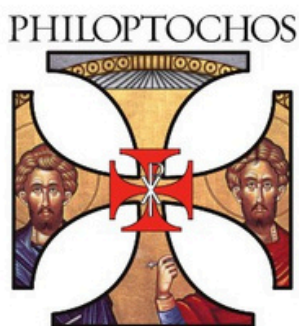
Join Philoptochos!

All are welcome to become members or associate members of our group to help those in need. Renew or Join now by Mail or Online!

For questions, contact Carolina and Sophia: **agiaphiloptochosmembership@gmail.com**

To register for membership online, click on this link:

<https://stanthonyphiloptochos.square.site/product/become-a-philoptochos-member/58>



FOLLOW US ON SOCIAL MEDIA

Facebook: St. Anthony Philoptochos
Instagram: stanthonyphiloptochos

WHY JOIN PHILOPTOCHOS

We are part of a national network of more than 25,000 women in Philoptochos Chapters throughout the country who continually seek to extend our kindness to those who need it most.

Our most recent efforts assisted our local community ravished by wild fires. We asked for donations to help these fire victims and our parish responded above and beyond our expectations.

We invite you to join us in this and other efforts to respond to the needs of our brothers and sisters with love, compassion and dedication.

"Members are the foundation, heart and soul of our organization and the talents and gifts our members contribute are the sparks that light the flame of love and service for the underprivileged and the needy by their participation and actions."

(Former Philoptochos National President Aphrodite Skeadas).

Each member's \$50 stewardship supports our:

- National Philoptochos obligations and commitments (\$15)
- San Francisco Metropolis Philoptochos obligations and commitments (\$15)
- St. Anthony Philoptochos obligations and community projects (\$20)

To renew or join please complete the form below and send a check, payable to St. Anthony Philoptochos Society and mail to:

St. Anthony Philoptochos Society
778 South Rosemead Blvd.
Pasadena, CA 91107

or pay online: <https://stanthonypiloptochos.square.site>

or visit the Membership table on Sundays after Divine Liturgy

General Membership:

Women of Orthodox Faith, 18 years of age or older, married or single, widowed, divorced, or separated are welcome to join. Please consider the gift of membership for the young women 18 and over in your life.

Associate Membership (non-voting):

Men of the Orthodox faith and non-Orthodox wives of Orthodox husbands are eligible to join as associate members.

Thank you for your partnership and for helping our community!



**PHILOPTOCHOS SOCIETY OF
SAINT ANTHONY GREEK ORTHODOX CHURCH
PANAGIA CHAPTER**

PHILOPTOCHOS MEMBERSHIP FORM

☐ 2026 Philoptochos Membership ☐ 2026 Associate Membership (Men / Non-Voting) Date _____

Last Name	First Name	Spouse Name	M.I.
Street Address			
City	State	Zip	
Home Phone		Cell Phone	
Email			
Notices will be sent via email. If you prefer your notices mailed, please, let us know by checking here ☐			
St. Anthony's Philoptochos Stewardship (membership dues). Select amount below:			
☐ \$50	☐ \$75	☐ \$100	☐ \$125 ☐ Other
Each \$50 stewardship supports National Philoptochos (\$15), San Francisco Metropolis (\$15) and St. Anthony Philoptochos obligations and projects (\$20). ☐ Check ☐ Credit Card ☐ Cash			
I am interested in helping with the following:			
☐ Feeding the Hungry	☐ Hosting Fellowship	☐ Marketing	
☐ Delivering Meals to Parishioners	☐ Baking & Cooking	☐ Website Designer	
☐ Homebound Visitations	☐ Fundraising	☐ Other Talents	
☐ Telephone Tree	☐ Social Media	☐ Specify _____	



2026 PHILOPTOCHOS MEMBERSHIP DRIVE

Your continued generosity allows Philoptochos to provide financial assistance and outreach to those in need. We invite you to renew your membership or become a new member as we endeavor to do our philanthropic work. Join us as we strive to fulfill the word of Christ.

".. whatever you did for one of these, the least of my brethren, you did for me" - Matthew 25:30

PLEASE RENEW OR JOIN BY MAIL (Check payable to: Saint Anthony Philoptochos Society)

Mail your check along with this form to:

**Saint Anthony Philoptochos Society, Attention: Membership
778 South Rosemead Boulevard, Pasadena, CA 91107**

or pay online at <https://stanthonypiloptochos.square.site>

Scroll down to "Annual Membership Dues"

For more information or questions, please contact Carolina or Sophia to panagiaphiloptochosmembership@gmail.com



COFFEE HOUR FELLOWSHIP



Host a Coffee Hour

Celebrate a Name Day, Birthday, Anniversary, Loved One, or as a Family Activity!

Every Sunday following the Divine Liturgy, coffee hour in the Parish Hall provides an opportunity to visit with fellow parishioners and to greet new Parish members. By offering to host Coffee Hour, you are assisting in providing a delicious snack while we spend time with our church family. Your fellow parishioners will be grateful for the snack and fellowship.

Hosting is easy:

1. **Sign-up on the poster located in the Parish Hall or Church Office.** If you would like your name or event included in the weekly bulletin, notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at office@saint-anthonys.org

For Memorials, please notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at office@saint-anthonys.org

2. **Bring snack for 70 adults & 30 kids** – See reverse side for suggestions and quantities
3. **Bring snack items plated on serving trays/bowls ready to serve by 10:00AM on your chosen day.** (Serving tables and coffee/water station are set up by 10:00AM)
4. **Clean up snack tables and remove all personal items** – Our dedicated Parish caretaker, Carlos, will assist on the day of the event, as needed, but he is not responsible for the set up or clean up of the snack tables. Please remove any leftover food

Coffee, sugar, creamer, paper plates, plastic utensils, paper cups and napkins used for coffee hour are underwritten by Parish Council & Philoptochos. Please consider donating these items to help offset the cost.

All donations made during Coffee Hour go toward the Church Altar Fund to provide the liturgical needs for our St. Anthony Parish



Host a Coffee Hour

Food Suggestions & Quantities

100 people – 70 adults & 30 children

Costco, Smart & Final or Super King are recommended for most items. Specialty items can be found at any Greek or Armenian market

Please have all items brought to the Parish Hall ready-to-serve on platters/bowls by 10AM. preferably disposable. If not disposable, please remember to take them home

Tables, Tablecloths, Coffee, Cream, Sugar, Paper Plates, Napkins, Cups and Water will be set up by 10AM

Paper goods are underwritten by both Parish Council & Philoptochos. Please consider donating these items to help offset the cost

Our dedicated Parish caretaker, Carlos, is responsible only for the setup of water and coffee. He should not be expected to set-up the snack or cleanup any remaining food or serving pieces.

Any questions, please contact Tanya Mallis-Christodoulelis @ 626-379-2304

QTY	ITEM	COMMENTS
	Mini Bagels or Bagels	100 Mini whole or 6 bags of 12 Regular Sliced, cut in half
1 Jumbo Jar	Peanut Butter	Served in 4 paper/plastic bowls
1-48oz Jar	Jelly	Served in 2 paper/plastic bowls
1 Jumbo Jar	Nutella	Served in 2 paper/plastic bowls
	OR	
100	Mini Deli Sandwiches	Assorted Meats, Tuna, Veggie
	OR	
5lbs	Greek Cheese	Feta or Kefalotyri, sliced
4lbs	Greek Olives	1-4lb Tub or equivalent
	Hummus	Homemade (1 lg can chickpeas) or 3-34oz tubs Costco Hummus
4	Pita Bread Bags of 12	Pita - cut into quarters / Baguettes - sliced
	OR	
2-3	Assorted Salads	Potato Salad, Greek Salad, Tabouli
2	Assorted Vegetable Trays	
	AND (Choose 2)	
100	Cookies	Biscotti, Oreos, Assorted
4	Bundt Cakes or similar	Cut into thin slices
50-100	Muffins / Pastries / Donuts	50 Large, cut in half or 100 Small
6 containers	Seedless Grapes	Cleaned and cut into small bunches
3 – 5lb bags	Tangerines	
2	Assorted Fruit or Veggie Trays	

VIPs

With August being a month devoted to food and pastry preparation for the Pasadena GreekFest, no general VIP meeting was held to allow our members to help in the kitchen. However, a Leadership Transition Meeting of the executive committee members was held on August 18th to plan and organize the upcoming calendar of events under the new board.

In attendance were newly elected co-President Bessie Kouvara, new Recording Secretary and immediate past president Irene Albeck, Treasurer Helen Treantafelles, Hospitality co-chair Stavroula Kiotas, VIP Communications chair Jim Hronas, Sunshine chair Christine Kades, and Event and Activity Coordinator Judie Christopoulos. Since our new co-president Bessie was unfamiliar with the duties and responsibilities of each committee, Irene presided over the meeting with the guidance and input of the committee chairs in attendance.

A tentative list of activities and dates were discussed and scheduled as follows:

Tuesday September 29th - Luncheon at the Old Spaghetti Factory

Tuesday October 13th - A post meeting Bingo Tournament

Tuesday November 10th - The now traditional post meeting Thanksgiving Feast

Tuesday December 8th - Short meeting at the Ballas residence with luncheon and donations to PCC Lancer Pantry; Date to be determined for an outing to Citrus College Christmas Program

Tuesday January 12th - Vasilopita and breakfast either at church hall or other venue

Tuesday February 9th - Act of Love: Preparation of sack lunches for Union Station Homeless Serv.

Monday March 15th - February 9th meeting changed to Kathara Dheftera

Attend church; enjoy a Lenten lunch; hear an inspirational presentation; Traditional kite flying

Tuesday April 13th - Tentative outing and private tour of the Rose Bowl.

Tuesday May 11th - To be determined

Tuesday June 8th - Elections for 2027-2028 term

As many of our members love to participate in the preparation of delicious pastries for the Pasadena GreekFest, members are encouraged to check out the Cooking Schedule shown below for information on what will be baked when! (See baking schedule page 19)

The VIPs look forward to seeing many members of our Saint Anthony Community and the Community at Large at the Pasadena GreekFest on September 18th, 19th and 20th.

Jim Hronas

VIP Communications

Community News & more...

Upcoming Church Festivals - 2026

September

Long Beach 9/5 - 7
 Covina 9/12 - 13
Pasadena 9/18 - 20
 San Juan Capo 9/26 - 27



October

Los Angeles 10/2 - 4

Feed Our Festival Cooks, Bakers & Volunteers

Our cooks and bakers are in the kitchen for months pre-cooking and pre-baking food for the festival — and it's exactly why our food is the best of any Greek festival around, hands down. Everyone says so. Now it's our turn to take care of them! If you're willing to help by bringing lunch, ordering it for them, or donating toward the cost, just email your name and contact info to Vicki — no need to commit to a specific date yet. We'll reach out to coordinate dates and details as we get closer to the festival.

Lunch Guidelines

- Who we're feeding: The cooks, bakers, and volunteers pre-cooking and pre-baking plus often whoever's working in the office that day and the parish priests. Headcount varies, but it's usually 15–25 people. We will have a better sense once people sign up, though it's hard to say for sure until closer to the day.
- Keep it simple — nothing fancy needed.
- Most people split sandwiches rather than eat a whole one, so smaller portions or halves work well.
- Extra food isn't wasted — they save leftovers for the next day and are happy to eat them.
- Work usually starts around 9:00 AM, and lunch should be at church by 11:00 AM.
- If the food needs refrigeration, drop off any time beforehand — just let the ladies know it's in the fridge.
- If it doesn't need refrigeration, arrive by 11:00. The ladies at church will handle setup and serving.
- Prefer to order instead of cook? Uber Eats or DoorDash delivered to church works great too.
- Not able to bring or order food? Cash donations toward lunch are also welcome.

Vicki • 323-225-1225 • vkades@gmail.com

PASADENA
GREEK FEST
SEP 18-20 2026
COOKING SCHEDULE

Please join us to cook & bake for this year's festival!
Cooking will begin at **9AM** unless listed otherwise.
Lunch will be provided!

Date:	Food Item:
Tues, Jul 28	Moussaka
Wed, July 29	Moussaka
Wed, Aug 26	Galaktoboureko
Sun, Aug 30	Dolmades <i>(after liturgy)</i>
Tues, Sept 1	Koulourakia
Wed, Sept 2	Kourambiethes
Thurs, Sept 3	Floyeres
Fri, Sept 4	Kataifi & Paximadia
Tues, Sept 8	Diples
Wed, Sept 9	Baklava
Thurs, Sept 10	Melomakarona
Fri, Sept 11	Pasta Flora
Mon, Sept 14	Meloma <i>(after liturgy)</i>

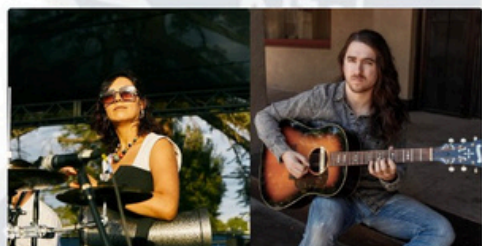
Galaktobouriko Preparation



PASADENA GREEK FEST

SEP 18-20 2026

We're excited to invite you back to the Pasadena Greek Fest from September 18 -20, 2026! We've been hard at work to make this our best festival yet.



Laika & Rebetika with Anastasia, Taso & Parea



Polyxeni & the Gents



Elena Basi

We can't wait to see you on September 18 – 20, 2026 at the Pasadena Greek Fest! Please continue to check out our **website** for more information!

Scan For Details



FEST HOURS

Friday 5PM - 10PM
Saturday Noon - 10PM
Sunday Noon - 10PM

ADMISSION

Weekend Pass \$10
One Day Pass \$5

PARKING

Shuttle available from Santa Anita Race Track Parking Lot Gate 3.
Limited Handicap Accessible parking available at Saint Anthony & New Hope Korean Church (after 2pm on Sunday)

2026 FEST ENTERTAINMENT

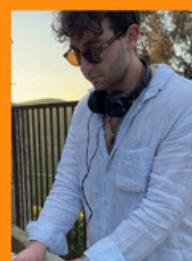
Gus Constantellis
Cooking Demo/Cookbook



Saint Anthony's
Greek Dance Groups



DJ
Dimitri Kladouris



Come enjoy authentic Greek food like souvlaki and baklava, live music, traditional dancing, and fun for all ages!



WEBSITE:

pasadenagreekfest.com

FACEBOOK:

facebook.com/pasadenagreekfest

INSTAGRAM:

[@pasadenagreekfest](https://instagram.com/pasadenagreekfest)



Festival News & Community Update

THANK YOU FOR EVERYTHING YOU DO FOR OUR PARISH!

Every year, our Greek Fest is a labor of love. So many of you have stepped forward to lead, organize, & serve, we want to take a moment to say THANK YOU.

As planning moves forward, these captains and coordinators will be reaching out for volunteers, please say yes when they do. This festival only works because our community shows up for each other.

Elharisto poli to Connal's Giannoulis family for feeding our amazing cooks and kitchen crew! Your generosity kept them fueled and smiling!



With so many incredible people involved in making this festival happen, we know it's possible we've gotten a name wrong or missed someone entirely. Please know it's never intentional — there are just so many moving pieces to keep track of, and things can fall through the cracks. We sincerely apologize if that happens, and we are so grateful for everything each of you does. If we've made a mistake, please let us know and we'll gladly correct it.

2026 PASADENA GREEK FEST COMMITTEE

Executive Committee

Christos Vagenas,
Chairman

Christina Hulas, Co-Chairman

Katherine Bookidis, Community Outreach Director
Pete Galanis, Facilities Director, Parish Council President
Hristos Giannoulis, Food & Beverage Director
Fr. Don, Dimitri Dogias, Spiritual Leader

Louis Kades, Operations Director
Nikolina Vagenas, Program Director (Marketing Team)
Tereza Giannoulis, Marketing Director, Print Production
Vicki Kades, Consultant & Communications Director
Father Peter Stratos, Spiritual Leader

Captains & Coordinators

Accounting

Anthia Lucas, Captain
Jim Nichols, Assistant

Agora

Christina Zoumas, Captain
Andrea Potmichis
Christine Pappas

Bar Booth

Kosta Papavasiliou, Captain
Katerina Komar

Church Tours

Fr. Don, Dimitri Dogias
Liam McCann

Coffee Booth

Teresa Argenta, Co-Captain
Stacy Papavasiliou, Co-Captain

Dance Performances

Nikola Zoumbakis, Board President

Design & Decor

Eloni Vagenas, Coordinator

Dinner Line

Ted Tanski, Captain
Julie Hulas

Entertainment & Talent

Dana Rorion, Coordinator

Entrance

Jim Pappas, Entrance & Admissions
Captain

Feta Fries & Calamari Booth

Zacharias Triposos, Captain

Finance

Marianna Attard, Coordinator

Gyro Booth

Niko Begakis, Captain

Information & Raffle Booth

Katherine Bookidis, Captain

Kid Zone

Jonathan Nicos, Captain
Jenai Palas

Kitchen

Sia Sotis, Captain
Maria Kypros
Athina Serban
Christine Kades

Lamb Chop Booth

Kosta Krikos, Captain
Jimmy Kypros, Captain Emeritus
Christina Krikos

Logistics Team

Yianni Levandos
Rickey Bobby Salinas

Loukoumades Booth

Chris Kades

Pastries Booth

Joanna Kozlos, Baking Captain
Elleni Ioannou, Booth Captain

Procurement

Julie Balas
Anthia Lucas
Helen Skandale

Souvlaki Booth

Pete Katsafalos, Captain
Theoni Katsafalos
Theo Giannoulis
Tashia Vagenas

Technology

Yianni Kades, Director

Transportation

Alex Gallagher, Coordinator

Volunteer Coordination

Alex Tamer, Coordinator

Wine Booth

Matt Nouri, Captain
Liam McCann

Cooking Schedule

Please join us to cook & bake for this year's festival! Cooking will begin at 9AM unless listed otherwise. Lunch will be provided!

Wed, Aug 26
Galaktoboureko

Sun, Aug 30
Dolmades
(after liturgy)

Tues, Sept 1
Koulourakia

Wed, Sept 2
Kourambietes

Thurs, Sept 3
Floyeres

Fri, Sept 4
Kataifi & Paximadia

Tues, Sept 8
Diples

Wed, Sept 9
Baklava

Thurs, Sept 10
Melomakarona

Fri, Sept 11
Pasta Flora

Mon, Sept 14
Melomakarona
(after liturgy)



Thank You

Sponsorship season for this year's Pasadena Greek Festival has begun!

Our festival remains one of our community's most beloved traditions, & none of it would be possible without generous sponsors like you. Keep an eye out over the next coming weeks, please keep your sponsorship pledge on your radar.

To make a pledge or learn more, email us at info@pasadenagreekfest.org.

Thank you for your continued support!

PASADENA GREEK FEST

SEP 18-20 2026



St. Anthony Greek Orthodox Church
778 S Rosemead Blvd, Pasadena,
CA 91107

FREE Parking at
Santa Anita Race Track Parking
Gate 3

Experience Greece in
the heart of Pasadena

Fri 9/18 5-10 pm
Sat 9/19 12-10 pm
Sun 9/20 12-10 pm

Food - Dancing - Live Music - Shopping

We can't wait to see you on September 18 – 20, 2026
at the Pasadena Greek Fest! Please continue to
check out our **website** for more information!

Scan For Details



ADMISSION

Weekend Pass \$10
One Day Pass \$5

PARKING

Shuttle available from Santa Anita Race
Track Parking Lot Gate 3.

Limited Handicap Accessible parking
available at Saint Anthony &

2025 FEST FLASHBACKS

Church Tours, Greek Dancing,
Live Music & Community



Delicious homemade Greek food including
lamb chops, pork & chicken souvlaki,
pastitsio, gyros, Greek pastries,
Greek cocktails & so much more!



WEBSITE:

pasadenagreekfest.com

FACEBOOK:

facebook.com/pasadenagreekfest

INSTAGRAM:

@pasadenagreekfest

The Sacrament of Holy Ordination
to the Holy Priesthood
for
The Servant of God

Deacon Demetrius Thales Dogias

By the Grace of God, and in accordance with the Apostolic Tradition
Through the laying on of the hands and invocation of the Holy Spirit, by
His Eminence Metropolitan Gerasimos of San Francisco



August 16, 2026
St. Anthony Greek Orthodox Church
Pasadena, California







Christina Becronis altering Father Demetri's vestments...



2026–2027 GREEK SCHOOL REGISTRATION

Registration is now open for the 2026–2027 Greek School year! We welcome both new and returning Adult and Youth students. Registration forms are available on the church website. Please follow the instructions provided on the registration forms and refer to the attached class schedule for course offerings.

2026-2027 - St. Anthony's Greek Language School Youth and Adult classes (30 class sessions)	
	
Youth Mondays (4:30pm-6:30pm)	Starting October 5th Beginners 1B3 Advanced 
Youth Tuesdays (4:30pm-6:30pm)	Starting October 6th Beginners 1A 
Youth Wednesdays (4:30pm-6:30pm)	Starting October 7th Pre-k, K 1,2,3 
Youth Thursdays (4:30pm-6:30pm)	Starting October 1st Beginners 1B2 Intermediate 
Adult Virtual and in Person 	Starting week of October 5th Beginner I – TBD Beginner II - TBD Intermediate III - TBD Advanced - TBD

Sing with the St. Anthony Choir!



We are bringing back the St Anthony Choir

- ❖ Everyone is welcome who will attend rehearsals sing most Sundays
- ❖ Rehearsals will be on Thursday evenings
- ❖ It will take time and practice before the choir sings during the liturgy
- ❖ As in the past, the choir will take off summers
- ❖ Like before, the choir will sing in coordination with the chanters

Interested? Attend the Workshop!

Sunday, September 27th immediately after coffee hour in the church hall

Questions? Contact Perry Vidalakis: pvidalakis@me.com

Church Etiquette

When are we NOT to enter the Nave of the Church?

As we are entering God's Home, we must always keep in mind that during the following times, we should NOT enter the Nave of the Church nor come to the front of the Church to light a votive candle:

- During the Small Entrance (when the procession with the Gospel takes place)
- During the Epistle Reading
- During the Gospel Reading
- When the priest is censuring and is facing the Congregation
- During the Great Entrance (when the procession of the Holy Gifts takes place)
- When the priest is blessing the Congregation
- During the recitation of the Nicene Creed ("I believe...")
- During the Consecration of the Holy Gifts
- During the recitation of the Lord's Prayer ("Our Father...")
- During the Priest's sermon

Also, during these times, we should avoid leaving the Nave unless it is for family needs, medical or some other necessary reason. If you are unsure when to enter or leave the church, ask a Parish Council member in the Narthex.

While in the Church, remember to...

- Wear appropriate attire to enter God's House
- Silence your mobile devices
- Refrain from chewing gum, mints, or candy
- Remove lipstick when receiving Holy Communion & when venerating & kissing the icons
- Follow the direction of the Priest for standing & sitting
- Maintain quiet in the Sanctuary
- Enter God's House with reverence and respect



The Voice of Saint Anthony

Saint Anthony Greek Orthodox Church

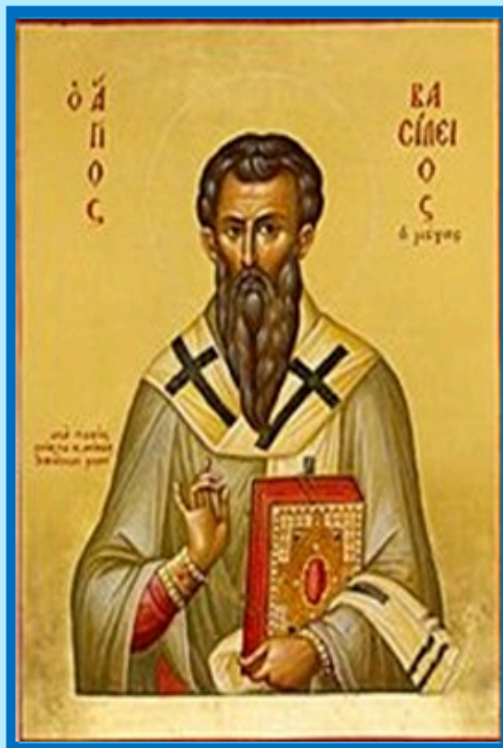
January 2026

www.saint-anthonys.org

(626) 449-6943 Office

sample

Saint Basil
1 January



**DEADLINE for
FEBRUARY
Newsletter is
SUNDAY
25 JANUARY**

Please send to:
newsletter_church@aol.com

Priest's Message	2
Stewardship	5
Ministries	7
Parish Council Report	9
Sunday School	10
Youth/Young Adults	11
Philoptochos	14
VIPs	25
Community News, etc.	27
Monthly Lesson	32
Saints of the Month	34
Orthodox Calendar	40

Circumcision of Christ & Saint Basil	1 January
Holy Theophany/ Epiphany	6 January
Saint John the Baptist	7 January
St. Anthony the Great	17 January
Gregory the Theologian	25 January
Three Hierarchs	30 January

If you would like the monthly newsletter mailed to your home each month, please contact the Church office.

626.449.6943

Monthly Lesson from Father Stavros Akrotirianakis

*Love - It is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful.
I Corinthians 13:5*

It is interesting to note that in describing love, in I Corinthians 13:4-8, St. Paul lists eight things that love is or does, and eight things that it is not. Today we will examine five of the eight things that love is not.

Love is not arrogant. In the moments when we are being either of these things, we are not loving. In fact, arrogance and rudeness become impossible to be in the moments when we are loving. Arrogance goes one step beyond boastfulness. To boast means to be very prideful about one's accomplishments, or to exaggerate them. To be arrogant would be to insist that one's accomplishments are better than everyone else's. It puffs up the ego of the person being arrogant and at the same time demeans the ego of everyone else. To be arrogant means to put oneself ahead while putting others down.

Love is not rude. To be rude is acting like someone else is not even there. To cut someone off in traffic, or in line. Or to make a sweeping comment about "those kinds of people" when surrounded by the kinds of people we are putting down. To make criticism when it is not warranted. Or even if it is, to deliver it in a manner which demeans others unnecessarily.

Love does not insist on its own way. This means that love allows things to happen organically, it doesn't force one's own agenda. In working with young people and giving advice on how to navigate the dating scene, the following phrase is often evaluated: I love you so much that I only want you to do what you feel comfortable doing. When this phrase is used, the person using it is really saying "I'll do whatever you let me get away with." Because when the first phrase is offered, there is an agenda behind it. And love doesn't have an agenda. It does not force an idea. There is a fine line between encouragement and peer pressure. Encouragement to try something new that someone might actually like is an expression of love. Peer pressuring someone into doing it is not. Where is the line? Probably when the words "come on" are used. When something doesn't happen organically after a couple of rounds of encouragement, when badgering or nagging or cajoling begins, this is where love ends. As the saying goes "if you are trying too hard to get a square peg into a round hole, it's probably not the right thing." When we are trying so hard to do something that just isn't working, it might be a sign that we are doing the wrong thing, and we should just drop it. When something isn't happening organically between people, it might be a sign that they are going in the wrong direction or doing something at the wrong time or prematurely.

Love is not irritable. There is no way to avoid getting upset or frustrated. Even Jesus got upset with the moneychangers in the temple and overthrew their table. He got frustrated with the disciples' inability to understand His words. Irritability is when someone becomes angry without provocation. We might use the word "cranky" here. When someone doesn't sleep enough and they begin the day tired, they are more likely to be irritable or cranky, without provocation. They are already playing "down" because they haven't slept enough. Physical and emotional health aid greatly in helping us to be less irritable. Some people get irritated easily. Perhaps that is a personality trait they need to work on. Perhaps they are pessimistic. Irritability is something a person can work on.

Love is not resentful. Resentment is irritability building up over a period of time. A person can get somewhat of a handle on irritability by taking a nap or getting a good night's sleep. When someone irritates us, discussing the problem in a timely fashion can reduce irritability. When a problem festers, and leads to more or bigger problems between people, this is where resentment creeps in, and along with it, toxicity. A relationship where resentment is present is not going to express love properly. And when a relationship moves into a toxic realm, then love drops out entirely and the relationship collapses.

We are all arrogant, rude, insistent, irritable and even resentful at times. This is why we need to check ourselves in prayer, realizing we need repentance, and the sacrament of confession. In interpersonal relationships, it is important to build a culture of love—where we are patient and kind, because this will allow us to move through moments of irritability so that we don't get to the resentful stage. It all sounds easy on paper. In reality, this stuff is hard. This is why we pray for ourselves, and why we pray for others, especially those who irritate us, because we don't want our relationships to devolve into resentful ones which become toxic and then come to a bad ending.

Reflecting on these verses on love, it's too bad that St. Paul didn't include the word "forgiveness" as it pertains to love. Because a culture of forgiveness is needed especially in our times of irritability. I suppose forgiveness relates most closely to patience in the deficits. Because when another person disappoints us, it creates a deficit, and sometimes when the deficit cannot be fixed, it just needs to be forgiven in order to move on.

Lord, help me to be more loving.

Help me to recognize when I am prideful, arrogant and rude, and to work to not be these things.

Help me to be patient and allow things to happen organically, not force them.

Be with me this day and take away from me the impulse to be irritated.

Give me patience in the moments when I might be tempted to be irritated.

Help me to practice good physical and mental health so that I can be more patient and less irritable.

Guard my relationships so that I will not feel resentment towards anyone.

Thank you for showing us an example of how to get frustrated without being resentful.

Help me to model Your example of love today and always. Amen.

In seeking to become loving people, we must remember that in the moments when we are arrogant, rude, insistent, irritable or resentful, we are not loving in the way that we should be.

Lord, help me to be more loving.

Help me to recognize when I am prideful, arrogant and rude, and to work to not be these things.

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Saints & Feasts

Beginning of the Ecclesiastical Year

September 01

Saint Constantine the Great introduced the Indiction decrees in 312A.D. after he beheld the sign of the Cross in heaven and was proclaimed Emperor in the West. Some, however (and this seems more likely), ascribe the institution of the Indiction to Augustus Caesar, three years before the birth of Christ. There are three types of Indictions: ☐That which was introduced in the West, and which is called Imperial, or Caesarean, or Constantinian, which begins on the 24th of September ☐The so-called Papal Indiction, which begins on the 1st of January ☐The Constantinopolitan, which was adopted by the Patriarchs of that city after the fall of the Eastern Empire in 1453. This Indiction is indicated in their own hand on the decrees they issue. This Indiction begins on the 1st of September and is observed with special ceremony in the Church. Since the completion of each year takes place, as it were, with the harvest and gathering of the crops into storehouses, and we begin the sowing of seed in the earth for the production of future crops, September is considered the beginning of the New Year. The Church also keeps festival this day, beseeching God for fair weather, seasonable rains, and an abundance of the fruits of the earth. The Holy Scriptures (Lev. 23:24-5 and Num. 29:1-2) also testify that the people of Israel celebrated the feast of the Blowing of the Trumpets on this day, offering hymns of thanksgiving. In addition to all the aforesaid, on this feast we also commemorate our Savior's entry into the synagogue in Nazareth, where He was given the book of the Prophet Esaias to read, and He opened it and found the place where it is written, "The Spirit of the Lord is upon Me, for which cause He hath anointed Me..." (Luke 4:16-30). It should be noted that to the present day, the Church has always celebrated the beginning of the New Year on September 1. This was the custom in Constantinople until its fall in 1453 and in Russia until the reign of Peter I. September 1 is still festively celebrated as the New Year at the Patriarchate of Constantinople; among the Jews also the New Year, although reckoned according to a moveable calendar, usually falls in September. The service of the Menaion for January 1 is for our Lord's Circumcision and for the memorial of Saint Basil the Great, without any mention of its being the beginning of a new year.



The Nativity of the Theotokos and Ever-Virgin Mary

September 08

According to the ancient tradition of the Church, the Theotokos was born of barren and aged parents, Joachim and Anna, about the year 16 or 17 before the birth of Christ. Joachim was descended from the royal line of David, of the tribe of Judah. Anna was of the priestly tribe of Levi, a daughter of the priest Matthan and Mary, his wife.



The Holy & Righteous Ancestors of God, Joachim and Anna

September 09

On the day following the Nativity of the most holy Theotokos, we celebrate the Synaxis of Saints Joachim and Anna, honoring them as her parents.



Exaltation of the Holy Cross / Saint Stauros

September 14

Saint Helen, the mother of Saint Constantine the Great, already advanced in years, undertook, in her great piety, the hardships of a journey to Jerusalem in search of the cross, about the year 325. After finding the Tomb of our Lord, and three crosses, it was believed that one must be that of our Lord, the other two of the thieves crucified with Him; but Saint Helen was at a loss which one might be the Wood of our salvation.

At the inspiration of Saint Macarius, Archbishop of Jerusalem, a lady of Jerusalem, who was already at the point of death from a certain disease, was brought to touch the crosses, and as soon as she came near the Cross of our Lord, she was made perfectly whole. Consequently, the precious Cross was lifted on high for all to venerate.



Sophia, Faith, Hope, Love

September 17

These Saints were from Italy and contested for the Faith about the year 126, during the reign of the Emperor Hadrian. Faith was twelve years old, Hope, ten, and Love, nine; each was tormented and then beheaded, from the eldest to the youngest. Their mother Sophia mourned at their grave for three days, where she also fell asleep in peace; because of her courageous endurance in the face of her daughters' sufferings, she is also counted a martyr. The name Sophia means "wisdom" in Greek; as for her daughters' names, Faith, Hope, and Love (Charity), they are Pistis, Elpis, and Agape in Greek.



Falling Asleep of Saint John the Theologian

September 26

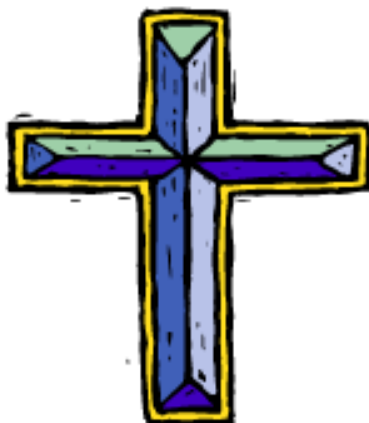
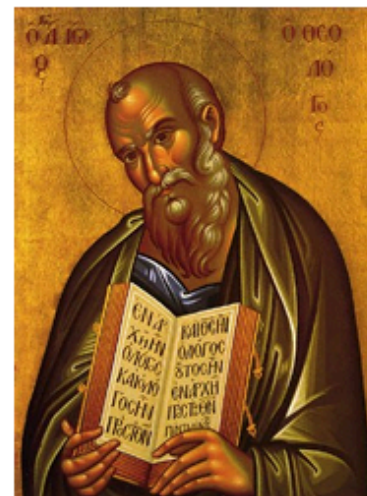
This Apostle was from Bethsaida of Galilee, and was the son of Zebedee and Salome, and the brother of James the elder. First a fisherman by trade, he became an Apostle and the beloved Disciple of Christ. Only he of all the Disciples followed Him even to the Cross, and was entrusted with the care of our Savior's Mother, as it were another son to her, and a brother of Christ the Teacher.

After this, he preached throughout Asia Minor, especially in Ephesus. When the second persecution against the Christians began in the year 96 during the reign of Domitian, he was taken in bonds to Rome, and there was cast into a vat filled to the brim with boiling oil. Coming forth unharmed, he was exiled to the island of Patmos, where he wrote the Book of Revelation. Returning again to Ephesus after the death of the tyrant, he wrote his Gospel (after the other Evangelists had already written theirs) and his three Catholic Epistles.

In all, he lived ninety-five years and fell asleep in the Lord during the reign of Trajan in the year 100. He was called Theologian because he loftily expounded in his Gospel the theology of the inexpressible and eternal birth of the Son and Word of God the Father. It is for this cause that an eagle is a symbol of the Holy Spirit.

Saint Irenaeus says: *It is depicted in his icon, for this was one of the four symbolic living creatures that the Prophet Ezekiel saw.*

Ezekial 1:10



Orthodox Calendar

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 ECCLESIASTICAL NEW YEAR SYMEON THE STYLITE 9am Orthros 10am Divine Liturgy	2 ✕ 7pm Philoptochos Union Station	3	4 ✕	5
6 14TH SUNDAY OF MATTHEW 8:45am Orthros 10am Divine Liturgy NO Dance Practice Indoor & Live-stream	7 LABOR DAY  7pm PGF Meeting	8 NATIVITY OF THE THEOTOKOS 9am Orthros 10am Divine Lit 10:30 VIP Mtg	9  JOACHIM & ANNA 7pm Philoptochos Board	10	11 ✕	12
13 SUNDAY BEFORE HOLY CROSS 8:45am Orthros 10am Divine Liturgy 11am Sunday School 12:15 Greek Dance 12:30 GOYA Mtg Indoor & Live-stream	14 ✕ EXALTATION OF THE HOLY CROSS 9am Orthros 10am Divine Lit 7pm PGF Meeting	15	16 ✕	17 SOPHIA, FAITH, HOPE & LOVE	18 ✕	19 Pasadena Greek Fest
20 SUNDAY AFTER HOLY CROSS 8:45am Orthros 10am Divine Liturgy NO Sunday School Indoor & Live-stream Pas. Greek Fest	21	22	23  CONCEPTION OF JOHN THE BAPTIST 5pm Philoptochos General Mtg	24	25 ✕	26 FALLING ASLEEP OF ST. JOHN THEOLOGIAN 9am Orthros 10am Divine Lit
27 1ST SUNDAY OF LUKE 8:45am Orthros 10am Divine Liturgy 11am Sunday School 12:15 Greek Dance 12:15 ChoirWorkshop Indoor & Live-stream	28	29	30 ✕ 5PM Greek Dance			
		Strict Fast Refrain from Meat, Fish, Wine, Oil, Dairy & Eggs 	Fish, Wine & Oil Allowed 	Wine and Oil Allowed 	Dairy, Eggs, & Fish Allowed; Refrain from Meat 	Fast Free All foodsallowed No Symbol



TIME SENSITIVE

Dated Material.. Please rush delivery

To generations of our descendants yet unknown to you, who someday in the dim and distant future will read this account of the dramatic history of the Hellenic community, we who have written this account not only on paper, but in the blood, sweat and tears of our daily lives make this statement:

We have built this community with its hopes and its fears, and its land and its buildings because we believe, as did our forefathers, in the soul's immortality, and its eventual union with God.

We believe that whether or not we have amassed a great deal of personal wealth or fame, it matters little, since we could not take that with us. What does matter is how we have discharged our obligation to pass on to you the faith and ideals that have sustained us through our lives... and we venture the hope that as you read these lines, you may breathe a prayer that what we have done here may have found favor in the eyes of God.

Phone

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626.449.6974

e-Mail

maria@saint-anthonys.org

Web Site

www.saint-anthonys.org

I have no energy
to dislike anyone. I honestly
have no space in my heart
to carry that mess around.
I either love you, wish you well,
or I hope you heal.

Heavenly Father
I pray to you for eyes that
see the best, for a heart
that forgives the worst,
for a mind that forgets
the bad, and for a soul
that never loses faith.
Amen

