



Rev. Protopresbyter Peter Stratos
Presiding Priest
Dn. Demetrius Dogias

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Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

JULY 5, 2026

5TH SUNDAY OF MATTHEW

Athanasios of Mount Athos
Lampadus the Wonderworker

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

MEMORIAL SERVICE ~ 9:45 A.M.

Mary Peters – 3 years

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

Welcome Deacon Demetrius and Diakonissa Christina!

Please join us after the Divine Liturgy for a very special Social Hour in the Ballroom to welcome Deacon Demetrius and Diakonissa Christina.



Follow on your device here
Live streams available at Saint-Anthonys.org

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM
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HYMNS OF THE DAY

RESURRECTIONAL APOLYTIKION. MODE 4. (BEFORE ENTRANCE)

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, “Death has been despoiled! Christ God has risen, granting the great mercy to the world!”

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρήψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

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FOR THE DEVOUT MAN. MODE 3.

Angelic hosts on high were filled with wonderment, seeing your life in the flesh: how with your body you courageously went out to wrestle with invisible foes; and to the demonic hordes you inflicted serious wounds. Therefore, Athanasios, you received from the Master Christ, a wealth of gifts. Holy Father, intercede on our behalf with Christ our God, to save our souls.

Τὴν ἐν σαρκὶ ζωὴν, σοῦ κατεπλάγησαν, Ἀγγέλων τάγματα, πῶς μετὰ σώματος, πρὸς ἀοράτους συμπλοκάς, ἐχώρησας πανεύφημε, καὶ κατετραυμάτισας, τῶν δαιμόνων, τὰς φάλαγγας· ὅθεν Ἀθανάσιε, ὁ Χριστὸς σε ἠμείψατο, πλουσίαις δωρεαῖς· Διὸ Πάτερ, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servant, and forgive every sin she has committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τῆς δούλης σου, καὶ ὅσα ἐν βίῳ ἡμαρτεν συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τῇ μεταστάσει δοῦναι τὴν ἀνάπαυσιν.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4.

Emulating the ways of Elias the Zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and by your prayers Supported the entire world. Therefore, intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry

to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.

SCRIPTURE READINGS OF THE DAY

EPISTLE READING

Prokeimenon. Grave Mode

Psalm 149.5,1

The saints shall rejoice in glory.

Verse: Sing to the Lord a new song.

The reading is from St. Paul's Letter to the Galatians 5:22-26; 6:1-2

Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ.

Προκείμενον. Ἦχος βαρύς

ΨΑΛΜΟΙ 149.5,1

Καυχῆσονται ὅσοι ἐν δόξῃ

Στίχ. Ἄσατε τῷ Κυρίῳ ἄσμα καινόν.

Πρὸς Γαλάτας 5:22-26, 6:1-2 τὸ ἀνάγνωσμα

Ἀδελφοί, ὁ καρπὸς τοῦ πνεύματός ἐστιν ἀγάπη, χαρά, εἰρήνη, μακροθυμία, χρηστότης, ἀγαθωσύνη, πίστις, πραότης, ἐγκράτεια· κατὰ τῶν τοιούτων

οὐκ ἔστιν νόμος. Οἱ δὲ τοῦ Χριστοῦ, τὴν σάρκα ἐσταύρωσαν σὺν τοῖς παθήμασιν καὶ ταῖς ἐπιθυμίαις. Εἰ ζῶμεν πνεύματι, πνεύματι καὶ στοιχῶμεν. Μὴ γινώμεθα κενόδοξοι, ἀλλήλους προκαλούμενοι, ἀλλήλοις φθονοῦντες. Ἀδελφοί, ἐὰν καὶ προληφθῇ ἄνθρωπος ἐν τινι παραπτώματι, ὑμεῖς οἱ πνευματικοὶ καταρτίζετε τὸν τοιοῦτον ἐν πνεύματι πραότητος, σκοπῶν σεαυτὸν μὴ καὶ σὺ πειρασθῆς. Ἀλλήλων τὰ βάρη βαστάζετε, καὶ οὕτως ἀναπληρώσατε τὸν νόμον τοῦ Χριστοῦ.

GOSPEL READING

The Gospel According to Matthew 8:28-34; 9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.

Ἐκ τοῦ Κατὰ Ματθαῖον 8:28-34, 9:1 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἐλθόντος τῷ Ἰησοῦ εἰς τὸ πέραν εἰς τὴν χώραν τῶν Γεργεσηνῶν ὑπήντησαν αὐτῷ δύο δαιμονιζόμενοι ἐκ τῶν μνημείων ἐξερχόμενοι, χαλεποὶ λίαν, ὥστε μὴ ἰσχύειν τινὰ παρελθεῖν διὰ τῆς ὁδοῦ ἐκείνης. καὶ ἰδοὺ ἔκραξαν λέγοντες· τί ἡμῖν καὶ σοί, Ἰησοῦ υἱὲ τοῦ Θεοῦ; ἦλθες ὧδε πρὸ καιροῦ βασανίσει ἡμᾶς; ἦν δὲ μακρὰν ἀπ' αὐτῶν ἀγέλη

χοίρων πολλῶν βοσκομένη. οἱ δὲ δαίμονες παρεκάλουν αὐτὸν λέγοντες· εἰ ἐκβάλλεις ἡμᾶς, ἐπίτρεψον ἡμῖν ἀπελθεῖν εἰς τὴν ἀγέλην τῶν χοίρων. καὶ εἶπεν αὐτοῖς· ὑπάγετε. οἱ δὲ ἐξελθόντες ἀπῆλθον εἰς τὴν ἀγέλην τῶν χοίρων· καὶ ἰδοὺ ὤρμησε πᾶσα ἡ ἀγέλη τῶν χοίρων κατὰ τοῦ κρημοῦ εἰς τὴν θάλασσαν καὶ ἀπέθανον ἐν τοῖς ὕδασιν. οἱ δὲ βόσκοντες ἔφυγον, καὶ ἀπελθόντες εἰς τὴν πόλιν ἀπήγγειλαν πάντα καὶ τὰ τῶν δαιμονιζομένων. καὶ ἰδοὺ πᾶσα ἡ πόλις ἐξῆλθεν εἰς συνάντησιν τῷ Ἰησοῦ, καὶ ἰδόντες αὐτὸν παρεκάλεσαν ὅπως μεταβῆ ἀπὸ τῶν ὁρίων αὐτῶν. Καὶ ἐμβὰς εἰς πλοῖον διεπέρασε καὶ ἦλθεν εἰς τὴν ἰδίαν πόλιν.

HOLY COMMUNION PROCEDURE

*Please note that **only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.***

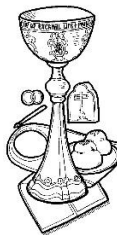
At the end of the Divine Liturgy, you are welcome to come and receive the Antidoron (blessed bread) from the priest.

*The ushers will release you by pew from Front to Back.

*Please cooperate with our ushers. Do not ask to be allowed through ahead of others.

*If you are not seated when Holy Communion begins, please take a seat in the back rows, quietly.

*Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.



PARISH ANNOUNCEMENTS



Coffee hour fellowship is hosted by Philoptochos

Save the date

August 16, 2026 – Holy Ordination of Deacon Demetrius Dogias as Presbyter

September 18 – 20, 2026 – St. Anthony Greek Festival

PHILOPTOCHOS ANNOUNCEMENTS

2026 GREEK FESTIVAL FOOD PREPARATION SCHEDULE

We are beginning to prepare for the festival. Please join us, even if you only have a couple of hours. It will be an opportunity to get to know your fellow parishioners and have a good time while helping St. Anthony's. We can't do it without you! Cooking time will start at 9:00 am and lunch will be provided. We look forward to seeing you.

Monday, July 13

Tyropita

Thursday, July 16

Spanakopita (tentative)

OPERATION CLASSROOM – BACK TO SCHOOL

As part of our Operation Classroom ministry, St. Anthony Philoptochos will be collecting school supplies for Foothill Unity Center.

We will have a container in the hall where you can leave your donations. We would also welcome monetary donations which will be used to purchase supplies. Please see the flyer for additional information. The last day to bring donations is July 12th.

Thank you!



ANNUAL BACK-TO-SCHOOL SUPPLY DRIVE

Our annual Back-to-School event helps **2,000 students** from TK to college start the school year with confidence. Support local students by donating the following essential school supplies:

- Backpacks
- Pencil Boxes
- Blunt-Tip Scissors
- Glue Sticks
- Rulers
- Spiral Notebooks (Wide-Ruled)
- Spiral Notebooks (College-Ruled)
- Composition Notebooks
- Binder Dividers (5-Tab)
- Filler Paper (College-Ruled)
- Crayons
- Washable Markers
- Colored Pencils
- Pens (Red, Blue & Black)
- Pencils
- Mechanical Pencils
- Erasers
- Highlighters
- Binders (1.5" or 2")

DROP OFF: 790 W. Chestnut Ave. Monrovia, CA 91016

SCAN TO DONATE TODAY
Or visit: foothillunity.org/bts



Pan-Arcadian Federation of America

New Hantinsia Chpt. 102

Of Greater Los Angeles



****SAVE THE DATE****

Saturday, October 10, 2026

“ALOSIS TIS TRIPOLITSAS”

Saint John Greek Orthodox Church
405 N. Dale Ave.
Anaheim, CA

Live Music, Dinner, Dancing, Fun and Fellowship
Details to Follow



Athanasios of Mount Athos – July 5th

Saint Athanasius had Trebizond for his homeland. He first entered the monastic life on the mountain called Kymaeos or Kyminas, which is in Mysia of Bithynia, then he went to Mount Athos and founded a large monastery, which is known as the Great Lavra. He became so renowned for his virtue that from Rome, Calabria, Georgia, and elsewhere, rulers, men of wealth and nobility, abbots, and even bishops came to him and were subject to him. When the time for his departure was at hand, God revealed to him how it would take place, so that he was able to instruct his spiritual children not to be troubled when it should come to pass. A new church was being built for the sake of the many who came to him, and only the dome had not been finished. Together with six of the brethren, the Saint went to the top of the church to help the workmen. The dome collapsed, and they fell. Five were killed at once, and the Saint died three hours later. His holy body remained incorrupt and he worked many miracles after his death. He reposed about the end of the tenth century.

Kyriaki the Great Martyr – July 7th

Saint Kyriake was the daughter of Christian parents, Dorotheus and Eusebia. She was given her name because she was born on Sunday, the day of the Lord (in Greek, Kyriake). She contested in Nicomedia during the reign of Diocletian, in the year 300. After many bitter torments she was condemned to suffer beheading, but being granted time to pray first, she made her prayer and gave up her holy soul in peace.

Euphemia the Great Martyr – July 11th

In 451, during the reign of the Sovereigns Marcian and Pulcheria, the Fourth Ecumenical Council was convoked in Chalcedon against Eutyches and those of like mind with him. After much debate, the Fathers who were the defenders of Orthodoxy, being 630 in number, agreed among themselves and with those who were of contrary mind, to write their respective definitions of faith in separate books, and to ask God to confirm the truth in this matter. When they had prepared these texts, they placed the two tomes in the case that held Saint Euphemia's relics, sealed it, and departed. After three days of night-long supplications, they opened the reliquary in the presence of the Emperor, and found the tome of the heretics under the feet of the Martyr, and that of the Orthodox in her right hand. (For her life, see Sept. 16.)

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4. Follow prompts
5. Name, email, set up password, account info



WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.* At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.

Reminder:

**NO PARKING IN THE EMERGENCY WHITE
ZONE IN FRONT OF CHURCH**

**A Handicap Placard or Handicap License
Plate is required to park in the blue handicap
parking spaces.**



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