



*Rev. Protopresbyter Peter Stratos*

*Presiding Priest*

*Dn. Demetrius Dogias*

*778 S. Rosemead Blvd. Pasadena, CA 91107 • Tel. 626-449-6943*

*Website: [saint-anthonys.org](http://saint-anthonys.org) • E-mail: [office@saint-anthonys.org](mailto:office@saint-anthonys.org)*

*Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)*

*For pastoral emergencies only please call 626-855-3640*

**JULY 19, 2026**

**SUNDAY OF THE HOLY FATHERS**

Macrina, sister of St. Basil

Dios, Abbot of Antioch

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**MEMORIAL SERVICE ~ 9:45 A.M.**

*Eleni Konstandatos – 1 year*

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**

Today, Sunday, July 19, 2026, a solemn Memorial Service will be offered in honor of the fallen heroes, the missing persons, the refugees, and all those who lost their lives as a result of the tragic events of the Turkish invasion of Cyprus, which began on July 20, 1974.



Follow on your device here

Live streams available at [Saint-Anthonys.org](http://Saint-Anthonys.org)

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**  
**(CLICK THE LINKS BELOW):**

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## **HYMNS OF THE DAY**

### ***RESURRECTIONAL APOLYTIKION. MODE PL. 2. (BEFORE ENTRANCE)***

When the angelic powers appeared at Your tomb, \* the soldiers guarding it feared and became as dead. \* And standing by the sepulcher was Mary, who was seeking Your immaculate body. \* Unassailed by Hades, You divested it of spoils. \* Then You met the Virgin. You granted life. \* O Lord, risen from the dead, glory to You!

Ἀγγελικαὶ Δυνάμεις ἐπὶ τὸ μνημῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἴστατο Μαρία ἐν τῷ τάφῳ ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

### ***RESURRECTIONAL APOLYTIKION. MODE PL. 1. (AFTER ENTRANCE)***

When the angelic powers appeared at Your tomb, \* the soldiers guarding it feared and became as dead. \* And standing by the sepulcher was Mary, who was seeking Your immaculate body. \* Unassailed by Hades, You divested it of spoils. \* Then You met the Virgin. You granted life. \* O Lord, risen from the dead, glory to You!

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### ***FOR THE FATHERS. MODE PL. 4.***

Supremely glorified are You, O Christ our God, who established the holy Fathers on earth as beacons, and through them guided us all to the true Faith. Most compassionate Lord, glory be to You!

Ὑπερδεδοξασμένος εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς, τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν, πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγῆσας. Πολυεύσπλαγγνε δόξα σοι.

### ***MEMORIAL HYMN. MODE PLAGAL 4.***

Remember, O Lord, as You are good, Your servant, and forgive every sin she has committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τῆς δούλης σου, καὶ ὅσα ἐν βίῳ ἡμαρτεν συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τῇ μεταστάσει δοῦναι τὴν ἀνάπαυσιν.

### ***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4.***

Emulating the ways of Elias the Zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and by your prayers Supported the entire world. Therefore, intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

### ***KONTAKION. MODE 2.***

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

## ***EPISTLE READING***

**Prokeimenon. Mode Plagal 2**

**Psalm 31.11,1**

**Be glad in the Lord, and rejoice, O righteous.**

**Verse: Blessed are they whose transgressions have been forgiven.**

### **The reading is from St. Paul's Letter to Titus 3:8-15**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

**Προκείμενον. Ἦχος πλ. β'**

**ΨΑΛΜΟΙ 31.11,1**

**Εὐφράνθητι ἐπὶ Κύριον, καὶ ἀγαλλιᾶσθε δίκαιοι.**

**Στίχ. Μακάριοι, ὧν ἀφέθησαν αἱ ἀνομίαι.**

### **Πρὸς Τίτον 3:8-15 τὸ ἀνάγνωσμα**

Τέκνον Τίτε, πιστὸς ὁ λόγος, καὶ περὶ τούτων βούλομαί σε διαβεβαιουῖσθαι, ἵνα φροντίζωσιν καλῶν ἔργων προΐστασθαι οἱ πεπιστευκότες θεῷ. ταῦτά ἐστιν καλὰ καὶ ὠφέλιμα τοῖς ἀνθρώποις · μωρὰς δὲ ζητήσεις καὶ

γενεαλογίας καὶ ἔριν καὶ μάχας νομικὰς περιῖστασο, εἰσὶν γὰρ ἀνωφελεῖς καὶ μάταιοι. αἰφρετικὸν ἄνθρωπον μετὰ μίαν καὶ δευτέραν νοουθεσίαν παραιτοῦ, εἰδὼς ὅτι ἐξέστραπται ὁ τοιοῦτος καὶ ἁμαρτάνει, ὦν αὐτοκατάκριτος. Ὅταν πέμψω Ἀρτεμᾶν πρὸς σέ ἢ Τυχικόν, σπούδασον ἐλθεῖν πρὸς με εἰς Νικόπολιν, ἐκεῖ γὰρ κέκρικα παραχειμάσαι. Ζηνᾶν τὸν νομικὸν καὶ Ἀπολλῶν σπουδαίως πρόπεμψον, ἵνα μηδὲν αὐτοῖς λείπη. μανθανέτωσαν δὲ καὶ οἱ ἡμέτεροι καλῶν ἔργων προῖστασθαι εἰς τὰς ἀναγκαίας χρείας, ἵνα μὴ ὤσιν ἄκαρποι. Ἀσπάζονται σε οἱ μετ' ἐμοῦ πάντες. Ἀσπασαι τοὺς φιλοῦντας ἡμᾶς ἐν πίστει. ἡ χάρις μετὰ πάντων ὑμῶν.

## ***GOSPEL READING***

### **The Gospel According to Matthew 5:14-19**

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

### **Ἐκ τοῦ Κατὰ Ματθαῖον 5:14-19 Εὐαγγελίου τὸ Ἀνάγνωσμα**

Εἶπεν ὁ Κύριος τοῖς ἑαυτοῦ μαθηταῖς· Ὑμεῖς ἐστε τὸ φῶς τοῦ κόσμου. οὐ δύναται πόλις κρυβῆναι ἐπάνω ὄρους κειμένη· οὐδὲ καίουσι λύχνον καὶ τιθέασι αὐτὸν ὑπὸ τὸν μόδιον, ἀλλ' ἐπὶ τὴν λυχνίαν, καὶ λάμπει πᾶσι τοῖς ἐν τῇ οἰκίᾳ. οὕτω λαμψάτω τὸ φῶς ὑμῶν ἔμπροσθεν τῶν ἀνθρώπων, ὅπως ἴδωσιν ὑμῶν τὰ καλὰ ἔργα καὶ δοξάσωσι τὸν πατέρα ὑμῶν τὸν ἐν τοῖς

οὐρανοῖς. Μὴ νομίσητε ὅτι ἦλθον καταλῦσαι τὸν νόμον ἢ τοὺς προφῆτας· οὐκ ἦλθον καταλῦσαι, ἀλλὰ πληρῶσαι. ἀμὴν γὰρ λέγω ὑμῖν, ἕως ἂν παρέλθῃ ὁ οὐρανὸς καὶ ἡ γῆ, ἰῶτα ἓν ἢ μία κεραία οὐ μὴ παρέλθῃ ἀπὸ τοῦ νόμου ἕως ἂν πάντα γένηται. ὃς ἐὰν οὖν λύσῃ μίαν τῶν ἐντολῶν τούτων τῶν ἐλαχίστων καὶ διδάξῃ οὕτω τοὺς ἀνθρώπους, ἐλάχιστος κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν· ὃς δ' ἂν ποιήσῃ καὶ διδάξῃ, οὗτος μέγας κληθήσεται ἐν τῇ βασιλείᾳ τῶν οὐρανῶν.

## **HOLY COMMUNION PROCEDURE**

*Please note that **only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.***

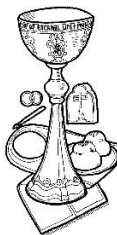
*At the end of the Divine Liturgy, you are welcome to come and receive the Antidoron (blessed bread) from the priest.*

\*The ushers will release you by pew from Front to Back.

\*Please cooperate with our ushers. Do not ask to be allowed through ahead of others.

\*If you are not seated when Holy Communion begins, please take a seat in the back rows, quietly.

\*Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.



## **Divine Service for the month of July & August 2026**

*([saint-anthonys.org/calendar](http://saint-anthonys.org/calendar))*

|                                          |                                                                                             |
|------------------------------------------|---------------------------------------------------------------------------------------------|
| <b>Friday, July 24<sup>th</sup></b>      | <b>Christina the Great Martyr, Orthros 9:00am,<br/>Divine Liturgy 10:00am</b>               |
| <b>Monday, August 3<sup>rd</sup></b>     | <b>Small Paraklesis to the Theotokos at 6:00pm</b>                                          |
| <b>Wednesday, August 5<sup>th</sup></b>  | <b>Great Vespers for the Transfiguration at 6:00pm</b>                                      |
| <b>Thursday, August 6<sup>th</sup></b>   | <b>Transfiguration of the Lord, Orthros 9:00am,<br/>Divine Liturgy 10:00am</b>              |
| <b>Friday, August 7<sup>th</sup></b>     | <b>Small Paraklesis to the Theotokos at 6:00pm</b>                                          |
| <b>Monday, August 10<sup>th</sup></b>    | <b>Small Paraklesis to the Theotokos at 6:00pm</b>                                          |
| <b>Wednesday, August 12<sup>th</sup></b> | <b>Small Paraklesis to the Theotokos at 6:00pm</b>                                          |
| <b>Friday, August 14<sup>th</sup></b>    | <b>Great Vespers of Dormition of the Theotokos in<br/>Long Beach at 7:00pm</b>              |
| <b>Saturday, August 15<sup>th</sup></b>  | <b>Dormition of the Theotokos in Long Beach,<br/>Orthros 9:00am, Divine Liturgy 10:00am</b> |
| <b>Saturday, August 15<sup>th</sup></b>  | <b>Vespers Service at 6:00pm</b>                                                            |
| <b>Monday, August 17<sup>th</sup></b>    | <b>Martyrs of Nicomedeia, Orthros 9:00am, Divine<br/>Liturgy 10:00am</b>                    |
| <b>Thursday, August 27<sup>th</sup></b>  | <b>Phanourios the Great, Doxology/Divine Liturgy<br/>at 9:00am</b>                          |
| <b>Saturday, August 29<sup>th</sup></b>  | <b>Beheading of John the Baptist, Orthros 9:00am,<br/>Divine Liturgy 10:00am</b>            |



## *PARISH ANNOUNCEMENTS*



**Coffee hour fellowship is hosted** by Yiota Poulos

### **2026 GREEK FESTIVAL FOOD PREPARATION SCHEDULE**

Please join us, even if you only have a couple of hours. It will be an opportunity to get to know your fellow parishioners and have a good time while helping St. Anthony's. We can't do it without you! Cooking time will start at 10:00 am and lunch will be provided. We look forward to seeing you.

**July 28<sup>th</sup> & 29<sup>th</sup> – Mousaka**

### **SAVE THE DATE**

**August 16, 2026** – Holy Ordination of Deacon Demetrius Dogias as Presbyter

**September 18 – 20, 2026** – St. Anthony Greek Festival

**The deadline for submitting information for the Sunday Bulletin is every Wednesday. Please send it to [office@saint-anthonys.org](mailto:office@saint-anthonys.org)**





BY THE GRACE OF GOD  
AND THROUGH THE APOSTOLIC TRADITION  
OF THE LAYING ON OF HANDS

HIS EMINENCE  
**METROPOLITAN GERASIMOS**  
OF SAN FRANCISCO

WILL ORDAIN  
THE REVEREND DEACON

**DEMETRIUS THALES DOGIAS**  
TO THE HOLY PRIESTHOOD

SUNDAY, AUGUST 16TH, 2026

SAINT ANTHONY GREEK ORTHODOX CHURCH  
778 S. ROSEMEAD BLVD  
PASADENA, CA 91107

ORTHROS 8:30 AM  
HIERARCHICAL DIVINE LITURGY 10:00 AM

WE HUMBLY REQUEST YOUR  
PRAYERS AND PRESENCE

# Sing with the St. Anthony Choir!



## We are bringing back the St Anthony Choir

- ❖ Everyone is welcome who will attend rehearsals sing most Sundays
- ❖ Rehearsals will be on Thursday evenings
- ❖ It will take time and practice before the choir sings during the liturgy
- ❖ As in the past, the choir will take off summers
- ❖ Like before, the choir will sing in coordination with the chanters

## Interested? Attend the Workshop!

**Sunday, September 27th immediately after coffee hour in the church hall**

Questions? Contact Perry Vidalakis: [pvidalakis@me.com](mailto:pvidalakis@me.com)

Please visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) or scan the QR code below to make your one time or recurring offering/pledge.  
Contact WeShare directly at 877-316-0260 for any questions.

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5 easy steps in less than 5 mins

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(use camera on your device)



2. Click sign in (top right)

3. Under Don't have an account click - Create One

4. Follow prompts

5. Name, email, set up password, account info



### WELCOME!



**We hope you enjoy your time with us today and  
that your worship experience is inspirational and uplifting.**

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

**Reminder:**

**NO PARKING IN THE EMERGENCY WHITE  
ZONE IN FRONT OF CHURCH**

**A Handicap Placard or Handicap License  
Plate is required to park in the blue handicap  
parking spaces.**



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