



*Rev. Protopresbyter Peter Stratos
Presiding Priest*

778 S. Rosemead Blvd. Pasadena, CA 91107 • Tel. 626-449-6943

Website: saint-anthonys.org • E-mail: office@saint-anthonys.org

Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

MAY 10, 2026

SUNDAY OF THE SAMARITAN WOMAN

Simon the Zealot & Apostle

Christ is Risen!

Χριστός Ανέστη!

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

DIVINE LITURGY ~ 10:00 A.M.

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APOLYTIKION OF PASCHA. MODE PL 1 (BEFORE ENTRANCE)

Verse 1: Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.

Ἀναστήτω ὁ Θεός, καὶ διασκορπισθήτωσαν οἱ ἐχθροὶ αὐτοῦ, καὶ φυγέτωσαν ἀπὸ προσώπου αὐτοῦ οἱ μισοῦντες αὐτόν.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν χαρισάμενος.

Verse 2: As smoke vanishes, so let them vanish, as wax melts before the fire.

Ὡς ἐκλείπει καπνός, ἐκλιπέτωσαν· ὡς τήκεται κηρὸς ἀπὸ προσώπου πυρός.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν χαρισάμενος.

Verse 3: So shall the sinners perish from the face of God. And let the righteous be glad.

Οὕτως ἀπολοῦνται οἱ ἁμαρτωλοὶ ἀπὸ προσώπου τοῦ Θεοῦ. Καὶ οἱ δίκαιοι εὐφρανθήτωσαν.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν χαρισάμενος.

Verse 4: This is the day the Lord made; let us greatly rejoice and be glad therein.

Αὕτη ἡ ἡμέρα, ἣν ἐποίησεν ὁ Κύριος· ἀγαλλιασώμεθα καὶ εὐφρανθῶμεν ἐν αὐτῇ.

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν χαρισάμενος.

RESURRECTIONAL APOLYTIKION . MODE 4 .(AFTER ENTRANCE)

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, “Death has been despoiled! Christ God has risen, granting the great mercy to the world!”

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

APOLYTIKION OF THE FEAST

O Lord, midway through the feast, give drink to my thirsty soul from the living waters of right belief. You, O Savior, proclaimed to everyone, “Let whoever is thirsty come to Me and drink.” You are the fountain of life, O Christ our God. Glory to You!

Μεσούσης τῆς ἑορτῆς, διψῶσάν μου τὴν ψυχὴν, εὐσεβείας πότισον νάματα· ὅτι πᾶσι Σωτὴρ ἐβόησας· Ὁ διψῶν, ἐρχέσθω πρὸς με καὶ πινέτω. Ἡ πηγὴ τῆς ζωῆς, Χριστὲ ὁ Θεός, δόξα σοι.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4.

Emulating the ways of Elias the Zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and by your prayers Supported the entire world. Therefore, intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION OF PASCHA. MODE PL. 4.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out “Rejoice” to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

SCRIPTURE READINGS OF THE DAY

EPISTLE READING

Prokeimenon. Mode 4

Psalm 103.24,1

O Lord, how manifold are your works. You have made all things in wisdom.

Verse: Bless the Lord, O my soul.

The reading is from Acts of the Apostles 11:19-30

In those days, those apostles who were scattered because of the persecution that arose over Stephen traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to none except Jews. But there were some of them, men of Cyprus and Cyrene, who on coming to Antioch spoke to the Greeks also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all to remain faithful to the Lord with steadfast purpose; for he was a good man, full of the Holy Spirit and of faith. And a large company was added to the Lord. So Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year they met with the church, and taught a large company of people; and in Antioch the disciples were for the first time called Christians. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabos stood up and foretold by the Spirit that there would be a great famine over all the world; and this took place in the days of Claudius. And the disciples determined, every one according to his ability, to send relief to the brethren who lived in Judea, and they did so, sending it to the elders by the hand of Barnabas and Saul.

Προκείμενον. Ἦχος δ'
ΨΑΛΜΟΙ 103.24,1

Ὡς ἐμεγαλύνθη τὰ ἔργα σου Κύριε, πάντα ἐν σοφίᾳ
ἐποίησας.

Στίχ. Εὐλόγει ἡ ψυχὴ μου τὸν Κύριον.

Πράξεις Ἀποστόλων 11:19-30 τὸ ἀνάγνωσμα

Ἐν ταῖς ἡμεραῖς ἐκείναις, διασπαρέντες οἱ Ἀπόστολοι ἀπὸ τῆς θλίψεως τῆς γενομένης ἐπὶ Στεφάνῳ διήλθον ἕως Φοινίκης καὶ Κύπρου καὶ Ἀντιοχείας, μηδενὶ λαλοῦντες τὸν λόγον εἰ μὴ μόνον Ἰουδαίοις. Ἦσαν δὲ τινες ἐξ αὐτῶν ἄνδρες Κύπριοι καὶ Κυρηναῖοι, οἵτινες εἰσελθόντες εἰς Ἀντιόχειαν, ἐλάλουν πρὸς τοὺς Ἑλληνιστάς, εὐαγγελιζόμενοι τὸν κύριον Ἰησοῦν. Καὶ ἦν χεὶρ κυρίου μετ' αὐτῶν· πολὺς τε ἀριθμὸς πιστεύσας ἐπέστρεψεν ἐπὶ τὸν κύριον. Ἠκούσθη δὲ ὁ λόγος εἰς τὰ ὦτα τῆς ἐκκλησίας τῆς ἐν Ἱεροσολύμοις περὶ αὐτῶν· καὶ ἐξαπέστειλαν Βαρνάβαν διελθεῖν ἕως Ἀντιοχείας· ὃς παραγενόμενος καὶ ἰδὼν τὴν χάριν τοῦ θεοῦ ἐχάρη, καὶ παρεκάλει πάντας τῇ προθέσει τῆς καρδίας προσμένειν τῷ κυρίῳ· ὅτι ἦν ἀνὴρ ἀγαθὸς καὶ πλήρης πνεύματος ἁγίου καὶ πίστεως· καὶ προσετέθη ὄχλος ἱκανὸς τῷ κυρίῳ. Ἐξῆλθεν δὲ εἰς Ταρσὸν ὁ Βαρνάβας ἀναζητῆσαι Σαῦλον, καὶ εὐρὼν ἤγαγεν αὐτὸν εἰς Ἀντιόχειαν. Ἐγένετο δὲ αὐτοὺς ἐνιαυτὸν ὅλον συναχθῆναι τῇ ἐκκλησίᾳ καὶ διδάξαι ὄχλον ἱκανόν, χρηματίζειν τε πρῶτον ἐν Ἀντιοχείᾳ τοὺς μαθητὰς Χριστιανούς. Ἐν ταύταις δὲ ταῖς ἡμέραις κατῆλθον ἀπὸ Ἱεροσολύμων προφῆται εἰς Ἀντιόχειαν. Ἀναστάς δὲ εἷς ἐξ αὐτῶν ὀνόματι Ἄγαβος, ἐσήμανεν διὰ τοῦ πνεύματος λιμὸν μέγαν μέλλειν ἔσεσθαι ἐφ' ὅλην τὴν οἰκουμένην· ὅστις καὶ ἐγένετο ἐπὶ Κλαυδίου Καίσαρος. Τῶν δὲ μαθητῶν καθὼς εὐπορεῖτό τις, ὥρισαν ἕκαστος αὐτῶν εἰς διακονίαν πέμψαι τοῖς κατοικοῦσιν ἐν τῇ Ἰουδαίᾳ ἀδελφοῖς· ὃ καὶ ἐποίησαν, ἀποστειλάντες πρὸς τοὺς πρεσβυτέρους διὰ χειρὸς Βαρνάβα καὶ Σαύλου.



GOSPEL READING

The Gospel According to John 4:5-42

At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as he was with his journey, sat down beside the well. It was about the sixth hour.

There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink." For his disciples had gone away into the city to buy food. The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you have nothing to draw with, and the well is deep; where do you get that living water? Are you greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, that I may not thirst, nor come here to draw."

Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain; and you say that Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God

is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that the Messiah is coming (he who is called Christ); when he comes, he will show us all things." Jesus said to her, "I who speak to you am he."

Just then his disciples came. They marveled that he was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So the woman left her water jar, and went away into the city and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to him.

Meanwhile the disciples besought him, saying "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Has anyone brought him food?" Jesus said to them, "My food is to do the will of him who sent me, and to accomplish his work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony. "He told me all that I ever did." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of your words that we believe, for we have heard ourselves, and we know that this is indeed Christ the Savior of the world."

Ἐκ τοῦ Κατὰ Ἰωάννην 4:5-42 Εὐαγγελίου τὸ Ἀνάγνωσμα

Τῷ καιρῷ ἐκείνῳ, ἔρχεται ὁ Ἰησοῦς εἰς πόλιν τῆς Σαμαρείας λεγομένην Συχάρ, πλησίον τοῦ χωρίου ὃ ἔδωκεν Ἰακώβ Ἰωσήφ τῷ υἱῷ αὐτοῦ· ἦν δὲ ἐκεῖ πηγὴ τοῦ Ἰακώβ. Ὁ οὖν Ἰησοῦς κεκοπιακῶς ἐκ τῆς ὁδοιπορίας ἐκαθέζετο οὕτως ἐπὶ τῇ πηγῇ· ὥρα ἦν ὥσει ἕκτη.

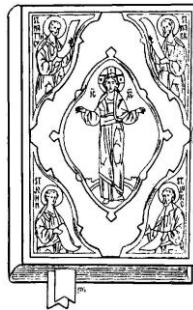
Ἔρχεται γυνὴ ἐκ τῆς Σαμαρείας ἀντλήσαι ὕδωρ. Λέγει αὐτῇ ὁ Ἰησοῦς· δός μοι πιεῖν. Οἱ γὰρ μαθηταὶ αὐτοῦ ἀπεληλύθεισαν εἰς τὴν πόλιν ἵνα τροφὰς ἀγοράσωσι. Λέγει οὖν αὐτῷ ἡ γυνὴ ἡ Σαμαρεῖτις· Πῶς σὺ Ἰουδαῖος ὢν παρ' ἐμοῦ πιεῖν αἰτεῖς, οὔσης γυναικὸς Σαμαρεΐτιδος; Οὐ γὰρ συγχρῶνται Ἰουδαῖοι Σαμαρεΐταις. Ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῇ· Εἰ ἤδεις τὴν δωρεάν τοῦ Θεοῦ, καὶ τίς ἐστὶν ὁ λέγων σοι, δός μοι πιεῖν, σὺ ἂν ἤτησας αὐτόν, καὶ ἔδωκεν ἂν σοι ὕδωρ ζῶν. Λέγει αὐτῷ ἡ γυνὴ· Κύριε, οὔτε ἀντλημα ἔχεις, καὶ τὸ φρέαρ ἐστὶ βαθύ· πόθεν οὖν ἔχεις τὸ ὕδωρ τὸ ζῶν; Μὴ σὺ μείζων εἶ τοῦ πατρὸς ἡμῶν Ἰακώβ, ὃς ἔδωκεν ἡμῖν τὸ φρέαρ, καὶ αὐτὸς ἐξ αὐτοῦ ἔπιε καὶ οἱ υἱοὶ αὐτοῦ καὶ τὰ θρέμματα αὐτοῦ; Ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῇ· Πᾶς ὁ πίνων ἐκ τοῦ ὕδατος τούτου διψήσει πάλιν· ὃς δ' ἂν πίη ἐκ τοῦ ὕδατος οὗ ἐγὼ δώσω αὐτῷ, οὐ μὴ διψήσῃ εἰς τὸν αἰῶνα, ἀλλὰ τὸ ὕδωρ ὃ δώσω αὐτῷ, γενήσεται ἐν αὐτῷ πηγὴ ὕδατος ἀλλομένου εἰς ζωὴν αἰώνιον. Λέγει πρὸς αὐτόν ἡ γυνὴ· Κύριε, δός μοι τοῦτο τὸ ὕδωρ, ἵνα μὴ διψῶ μηδὲ ἔρχωμαι ἐνθάδε ἀντλεῖν.

Λέγει αὐτῇ ὁ Ἰησοῦς· Ὑπαγε φώνησον τὸν ἄνδρα σου καὶ ἐλθὲ ἐνθάδε. Ἀπεκρίθη ἡ γυνὴ καὶ εἶπεν· Οὐκ ἔχω ἄνδρα. Λέγει αὐτῇ ὁ Ἰησοῦς· Καλῶς εἶπας ὅτι ἄνδρα οὐκ ἔχω· πέντε γὰρ ἄνδρας ἔσχες, καὶ νῦν ὃν ἔχεις οὐκ ἔστι σου ἀνὴρ· τοῦτο ἀληθὲς εἶρηκας. Λέγει αὐτῷ ἡ γυνὴ· Κύριε, θεωρῶ ὅτι

προφήτης εἶ σύ. Οἱ πατέρες ἡμῶν ἐν τῷ ὄρει τούτῳ προσεκύνησαν· καὶ ὑμεῖς λέγετε ὅτι ἐν Ἱεροσολύμοις ἐστὶν ὁ τόπος ὅπου δεῖ προσκυνεῖν. Λέγει αὐτῇ ὁ Ἰησοῦς· Γύναι, πίστευσόν μοι ὅτι ἔρχεται ὥρα ὅτε οὔτε ἐν τῷ ὄρει τούτῳ οὔτε ἐν Ἱεροσολύμοις προσκυνήσετε τῷ πατρί. Ὑμεῖς προσκυνεῖτε ὃ οὐκ οἶδατε, ἡμεῖς προσκυνοῦμεν ὃ οἶδαμεν· ὅτι ἡ σωτηρία ἐκ τῶν Ἰουδαίων ἐστίν. Ἄλλ' ἔρχεται ὥρα, καὶ νῦν ἐστὶν, ὅτε οἱ ἀληθινοὶ προσκυνηταὶ προσκυνήσουσι τῷ πατρί ἐν πνεύματι καὶ ἀληθείᾳ· καὶ γὰρ ὁ πατὴρ τοιοῦτους ζητεῖ τοὺς προσκυνούντας αὐτόν. Πνεῦμα ὁ Θεός, καὶ τοὺς προσκυνούντας αὐτόν ἐν πνεύματι καὶ ἀληθείᾳ δεῖ προσκυνεῖν. Λέγει αὐτῷ ἡ γυνὴ· Οἶδα ὅτι Μεσσίας ἔρχεται ὁ λεγόμενος Χριστός· ὅταν ἔλθῃ ἐκεῖνος, ἀναγγελεῖ ἡμῖν πάντα. λέγει αὐτῇ ὁ Ἰησοῦς· Ἐγὼ εἰμι ὁ λαλῶν σοι. Καὶ ἐπὶ τούτῳ ἦλθον οἱ μαθηταὶ αὐτοῦ, καὶ ἐθαύμασαν ὅτι μετὰ γυναικὸς ἐλάλει· οὐδεὶς μέντοι εἶπε, τί ζητεῖς ἢ τί λαλεῖς μετ' αὐτῆς; Ἀφῆκεν οὖν τὴν ὑδρίαν

αὐτῆς ἡ γυνὴ καὶ ἀπῆλθεν εἰς τὴν πόλιν, καὶ λέγει τοῖς ἀνθρώποις· Δεῦτε ἴδετε ἄνθρωπον ὃς εἶπέ μοι πάντα ὅσα ἐποίησα· μήτι οὗτός ἐστιν ὁ Χριστός; Ἐξῆλθον οὖν ἐκ τῆς πόλεως καὶ ἤρχοντο πρὸς αὐτόν.

Ἐν δὲ τῷ μεταξύ ἠρώτων αὐτόν οἱ μαθηταὶ λέγοντες· Ῥαββί, φάγε. Ὁ δὲ εἶπεν αὐτοῖς· Ἐγὼ βρωσὶν ἔχω φαγεῖν, ἢν ὑμεῖς οὐκ οἴδατε. Ἐλεγον οὖν οἱ μαθηταὶ πρὸς ἀλλήλους· Μή τις ἠνεγκεν αὐτῷ φαγεῖν; Λέγει αὐτοῖς ὁ Ἰησοῦς· Ἐμὸν βρωμά ἐστιν ἵνα ποιῶ τὸ θέλημα τοῦ πέμψαντός με καὶ τελειώσω αὐτοῦ τὸ ἔργον. Οὐχ ὑμεῖς λέγετε ὅτι ἔτι τετράμηνός ἐστι καὶ ὁ θερισμὸς ἔρχεται; Ἴδου λέγω ὑμῖν, ἐπάρατε τοὺς ὀφθαλμοὺς ὑμῶν καὶ θεάσασθε τὰς χώρας, ὅτι λευκαὶ εἰσι πρὸς θερισμὸν ἤδη. Καὶ ὁ θερίζων μισθὸν λαμβάνει καὶ συνάγει καρπὸν εἰς ζωὴν αἰώνιον, ἵνα καὶ ὁ σπείρων ὁμοῦ χαίρη καὶ ὁ θερίζων. Ἐν γὰρ τούτῳ ὁ λόγος ἐστὶν ὁ ἀληθινός, ὅτι ἄλλος ἐστὶν ὁ σπείρων καὶ ἄλλος ὁ θερίζων. Ἐγὼ ἀπέστειλα ὑμᾶς θερίζειν ὃ οὐχ ὑμεῖς κεκοπιάκατε· ἄλλοι κεκοπιάκασιν, καὶ ὑμεῖς εἰς τὸν κόπον αὐτῶν εἰσεληλύθατε. Ἐκ δὲ τῆς πόλεως ἐκείνης πολλοὶ ἐπίστευσαν εἰς αὐτόν τῶν Σαμαρειτῶν διὰ τὸν λόγον τῆς γυναικός, μαρτυρούσης ὅτι εἶπέ μοι πάντα ὅσα ἐποίησα. Ὡς οὖν ἦλθον πρὸς αὐτόν οἱ Σαμαρεῖται, ἠρώτων αὐτόν μεῖναι παρ' αὐτοῖς· καὶ ἔμεινεν ἐκεῖ δύο ἡμέρας. Καὶ πολλῶ πλείους ἐπίστευσαν διὰ τὸν λόγον αὐτοῦ, τῇ τε γυναικὶ ἔλεγον ὅτι οὐκέτι διὰ τὴν σὴν λαλίαν πιστεύομεν· αὐτοὶ γὰρ ἀκηκόαμεν, καὶ οἶδαμεν ὅτι οὗτός ἐστιν ἀληθῶς ὁ σωτὴρ τοῦ κόσμου ὁ Χριστός.



HOLY COMMUNION PROCEDURE

*Please note that **only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.***

At the end of the Divine Liturgy, you are welcome to come and receive the Antidoron (blessed bread) from the priest.

*For the benefit of our Sunday School students, their teachers and the **TIMELY** start of their Sunday School Classes, the children will be receiving Holy Communion first.

*The ushers will release the children by pew from Front to Back.

*Only parents of the smallest, youngest Sunday School children, who need assistance, should receive Holy Communion with their children.

*If you are not seated when Holy Communion begins, please take a seat in the back rows, quietly. Your children will be released in turn.

*Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.

*After all children have received, the ushers will release the adults, again from the front pews.

*Please cooperate with our ushers. Please do not ask to be allowed through ahead of others.

*Please remember this new procedure is for the benefit of our children and their Sunday School experience.

Divine Services for the month of May 2026

Thursday, May 21 – Holy Ascension (Orthros 9:00am, Liturgy 10:00am)

Saturday, May 30 – Saturday of Soul (Orthros 9:00am, Liturgy 10:00am)

PARISH ANNOUNCEMENTS

Happy Mother's Day



Coffee hour fellowship is hosted by Philoptochos

St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos:

Host a Coffee Hour and Celebrate a Nameday, Milestone Birthday, Anniversary, Graduation, Loved One, or for any reason. A sign-up poster has been placed in the foyer of the Parish Community Center. Please sign up on the poster or contact Athena Serban at 626- 375-9008. Thank you for your support. **Please contact the Church office if you need to schedule a Memorial.**

REMINDER – Council of Ministries Leaders, please email your completed calendar for the 2026-2027 by **TODAY** May 10 to the church office at: office@saint-anthonys.org

Chair Aerobic Exercise Sessions Open to All

The VIPs are happy to invite all interested parishioners to participate in a new fitness initiative sponsored by our Saint Anthony Philoptochos Chapter for the enhancement of the health and wellbeing of our members. Nicole Schulman has been recruited to lead a series of chair aerobic exercise sessions to be held every Tuesday and Thursday at 10:00 am during the months of March, April and most of May 2026. For more information, please contact Nicole Schulman at 626-497-5268 or nicoleschul@gmail.com.

Save the date

September 18 – 20, 2026 for St. Anthony Greek Festival

St. Anthony's 2026 Pledged Stewards (Members)

(May 5, 2026)

Stratos, Fr. Peter/Pres. Aida	Caire, John.
Akrotirianakis, Joseph N. & Sherese	Cangellaris, Anna
Albeck, Irene	Chenos-Spathopoulos, Efie & Dimitrios
Albeck, Mark Gregory	Christodoulelis Family, Jimmy
Alex, Alysia & Kadrian Alvarenga	Christodoulelis, Tanya Mallis
Anast, Alexandra	Christodoulides, Loucas & Andri
Andrei, Dragos & Ioana	Christopoulos, Judith & Gus
Andricos, Constantine	Christopoulos, Tony and Lynnette
Andros, Gus & Lorena	Coccia, Tina & Ginseppe
Angelos, James & Sophia	Cokias, Jason & Karen
Angelos, Nicholas	Constantinou, Dimitris & Katerina
Angiuli, Joseph (Joey) & Elizabeth	Damilatis, Eleni
Antsos, Dimitrios & Judith Din	Darlas, Paula
Argueta, Cris & Teresa V.	Demetriades, Demetrios & Elizabeth
Athans, Tesi & Craig Lareau	Dewar, Mary & Andrew
Athans, Tina & Dean P.	Dimopoulos, Antonios
Athenson, Alex & Cynthia Sigler	Dobbs, Nicholas & Allison
Attalla, Philip "Ted" & Michelle Reagan	Dupas, Christina
Attard, Peter & Kaliopo	Dupas, Katherine
Balas, Argiro Julie & Dino	Dupas, Theodore & Evangeline
Balas, Christian	Efstathiou, Teddi & Dean
Baliotis, Tina	Floutsis, Penny & Ted
Becker, Connie & Brian L.	Frangadakis, Steve & Samantha
Becronis, Christina	Frangeskou, Yiorgos & Xenia
Begakis, Nicholas & Bronwen	Fryer II, Norman & Kay
Bissias, Peter	Fuerst, Billy
Bonorris, Donna & Pete	Fuerst, Nicolette & Jay
Boone Collins, Laura	Gallagher, Alexander
Boukidis, Katherine	Gallagher, Eleni & Matthew
Bowers, Connie & Terree	Gallanis, Mary
Bozikis, Demetra	Gallanis, Pete & Danica
Brown, Niki	Ganis, Maria C.
Bryant, Dan & Karen	Garcia, Andrew and Elizabeth
Buickians, Gagik & Jacqueline	Gavalas, George
Burkard Jr., Frank J. & Penelope	Gelt, Brian & Pana
Buzas, John & Pamela	Georgiou, George & Taline
Buzas, Nicholas & Danielle	Giakas, Vasiliki

Giannoulis, Tony & Anna
Goral, Despina & Adam
Grafos, Thean
Grafos, Tom & Tania
Hagianakes, Chrysoula
Hagianakes, Elizabeth
Halias, Joanne & John
Haralambos, Aliko.
Haralambos, Anthony & Kathleen
Haralambos, Tom & Page
Harrison Helen
Horaites, George & Olympia
Horaites, James
Hronas, Maria & James W.
Ioannou, Christos & Elleni
Johal, Demetra G. & Arturo Gonzalez
Johnsen, Eleni
Kades, Clio
Kades, Vicki & Louis
Kalambakas, Vivian N.
Kalivas, Elene & George
Kalivas, Pota
Kallas, Mark & Debra
Kamar, April
Kaparos, Stefanos
Karaioannoglou, Phaedon & Jeanne
Karamaras, Andriana
Karvelas, Kosta & Marina
Kasdagli, Dimitra & Mark Nastri
Katsafados, Theoni & Pete
Kefalas, Evelyn
Kefalas, Kellie
Kefalas, Mike J.
Kefalas, Modestos & Nina
Kefallinos, Vicki & Nick
Kiotas, Stavroula
Kirimis, Evangelia
Kirimis, Nitsa & John
Kojas, Thomas
Kokoris, George & Carolina
Kokoris, Maria & Nicholas

Kolokotronis, Carolyn & James A.
Kouis, Peter & Elizabeth
Koulakis, John and Gisele
Koulos, Joanna & Konstantinos
Kourafas, Christopher & Patricia
Kousoulas, Gus & Johanna
Koutsoukos, Lin & George
Kouvara, Bessie & Dana Roberts
Kypreos, George & Shana
Kypreos, Maria & James
Lagousis, Ted & Kendra
Lappas, Virginia
Linardos, Rose
Loutsos, Anna & Georgia & John
Grajeda
Lubian, Daniel & Stephanie
Lucas, John S. & Anthia
Lucas, Katherine
Macris, Catherine & George
Makredes, Labrini & Christopher
Malisos, Samantha A
Manos, Demetrios & Katie
Manos, William & Martha
Martin, Sam & Debbie
Maslen, Larissa & Mark Carpenter
Masouris, Vlase & Nicoleta
McCann, Liam
McGregor, Richard & Kristen
McNulty, Jennie & Chris
Metry, Sam and Gemalyn
Mirzakhanian, Elektra
Mitis, Nick & Maria Prantzikou
Mitropoulos, Eleni & Bill Balntas
Mitropoulos, Nick & Venetia
Mitsinikos, Emmanuel & Natalia
Mitsos, Michael & Michele M.
Mobayen, Chrissa & Syrus
Molinari, Yngrid
Mora, A. J.
Moutzouridis, Vasiliki & Peter
Murad, Mark & Evangeline Goulas

Nassos, Jonathan & Jenni Pulos
Nichols, James & Joyce
O'Dowd, Paula
Panagiot, Harry & Anastasia
Papavasiliou, George & Stacy
Papavasiliou, Kostantinos
Pappas, Dr. Alex P.
Pappas, Dr. James P.
Pappas, Dr. Peter A.
Pappas, Maria E.
Pappas, Steven & Christine
Pappas, Tony & Stergiani
Paras, Gus
Pastis, Leah
Pastis, Patricia
Patsavas, Bertha
Patzakis, Dr. Michael
Patzakis, John & Andrea
Paziouros, Konstantina & Nick
Pegadiotes, Stan S.
Plumtree, Martha & Wayne
Pollalis, Dino & Kim
Polwrek, Joseph & Jennifer
Polychronis, Thalia
Poulopoulos, Paris & Alexia
Poulos, Yiota
Reese, Helen
Riley, Thomas & Evangelia
Roberto, Vito & Dianthe
Rosenfeld, Alexandra Patsavas
Roulakis, Eleni
Samaan, Yvette
Sanders, Devin
Serban, Athena & Mihai
Sipsas, Pantelis & Nafsika
Skandale, Elizabeth
Skandale, Helen
Smith, Herman & Helen
Soewers, Alexander
Soewers, Randy
Soris, Kiparisia (Sia)
Stamos, Andy & Mary
Stamos, Nikos A.
Stavropoulos, Fonta (Xenofon)
Stavropoulos, Ted & Georgia
Stavropoulos, Tina
Stephens, Kenneth & A. Maria Plumtree
Stewart, Evan
Stoykova, Vera
Svitak, Mike and Sophia
Tarazi, Arianna Mary
Tarazi, Ted & Panagiota Angelos
Thompson, Caidyn Anastasia
Treantafelles, Helen
Treantafelles, Stan & Vivian
Tripodes Zacharias N.
Tripodes, Dena
Tripodes, Georgia
Tripodis, Ioannis & Helene
Tsianos, George & Andria
Tsigkounis, Charalambos & Catherine
Tsouvalas, Charles
Tsouvalas, James
Tsouvalas, John & Jenny
Tsudis, Mara and RJ Thieneman
Tsudis, Peter and Carol
Turner, Daniel & Nicole Mirea
Udria, Juan & Mary
Vagenas, Alex & Tashia
Vagenas, Christos & Eleni Attard
Vagenas, Diana
Vagenas, Dino & Krystina
Vagenas, George & Polly
Vagenas, Janet
Vagenas, John & Georgia
Vagenas, Nikolitsa
Vagenas, Pete & Mindy
Vagenas, Sophia
Vagenas, Vasilios
Varvitsiotis Varvas, Fotiny
Vezzuto, Christopher & Celka
Vezzuto, Robert

Vezzuto, Robert & Stephanie
Vidalakis, Nancy
Vidalakis, Perry & Zoe
Vlahos, Tasia & Effie
Vleisides, Marika & Tim
Vorgias, Demetrios & Caroline
Vorgias, Zacharias & Alma
Webster, John & Jennifer
Wojcik, Eleni

Wojcik, Radoslav M. & Pamela
Woodward, Scott & Katerina Ananiades
Xanthos, Lisa
Yeh H, Robert
Zarian, Vincent & Maria
Ziska, Antonia
Zoumas, Michael & Christina
Zoumberakis, Haralambos and Nikole

Every effort has been made to ensure the accuracy of this stewardship list. Please forgive us if there are any errors or omissions. Contact the church office at: office@saint-anthonys.org or 626-449-6943 for any questions or corrections.

Thank you to everyone who has returned the completed **2026** Stewardship Financial Commitment Card.

If you have not done it, please return your completed commitment card to church as soon as possible. If you are new to the community and want to become a member in our Church, please feel free to either take a Stewardship Financial Commitment card (pledge Card) from the announcement table in the narthex or contact the Church office.

Stewardship is a yearly commitment from January to December.

Please visit saint-anthonys.churchgiving.com or scan the QR code below to make your one time or recurring offering/pledge.
Contact WeShare directly at 877-316-0260 for any questions.

How do I set up WeShare?

5 easy steps in less than 5 mins



1. Scan QR Code
(use camera on your device)
2. Click sign in (top right)
3. Under Don't have an account click - Create One
4. Follow prompts
5. Name, email, set up password, account info



WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.* At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.



St. Anthony Greek Orthodox Church



Annual Recognition For: High School Graduates *and* Undergraduates From College & University Degrees.

Sunday, May 17, 2026

(Immediately following Divine Liturgy)

“But you must continue in things which you have learned and been assured of knowing from whom you have learned them.” 2 Timothy 3:14

The tear –off below will help us to create a list of high school and college graduates (*graduates’ family must be stewards of St. Anthony Church*).

If the graduate is unable to be present, we suggest parents be present to accept the recognition on their behalf.

Complete the form and return it to our church office by:

May 11, 2026 Please bring to Church, send by mail or email to:
office@saint-anthonys.org

Graduate’s

Name: _____

School Graduating

From: _____

Degree: _____

Submitted by: _____

NOTE: this is separate from Philoptochos and the Newsletter

The Philoptochos of Saint Anthony Greek Orthodox Church will host a one-day

Trunk Treasures Rummage Sale Fundraiser

Saturday, May 16, 2026

9 AM to 1 PM

Trinity Ballroom, St. Anthony Greek Orthodox Church

All funds raised from this sale will benefit the charitable works of Philoptochos.



SETUP DAY – FRIDAY, 5/15, 10 AM to 3 PM – Bring your items. Help set up the tables. Philoptochos will provide price tags and pricing stickers.

RUMMAGE SALE DAY – SATURDAY, 5/16 – Volunteers arrive at 8 AM. Doors open at 9 AM. Sale ends at 1:00 PM. After the sale closes, all unsold items will immediately be packed up and donated to local thrift stores.

WHAT TO BRING - Philoptochos is requesting items from those old Trunks and boxes, any Treasures that you are ready to part with, such as:

Antiques – Artwork – Books – Tools – Small Furniture – Sporting Goods
China – Home Items – Kitchenware – Home Décor – Purses – Jewelry
Scarves – Shoes – Clothing (*clean & in excellent condition*)

Things that we can SELL!

All items must be in good to excellent working condition. **No** baby toys. **No** baby equipment.

We need volunteers for this fun event! To volunteer, please contact Christine Pappas at 818-415-5176 or Jeanne K. at 626-437-6078

Saint Anthony Philoptochos Presents:
Flower Arranging with Poppy

Join us on **Wednesday, May 27th at 6:00 PM** in the **Trinity Ballroom** for a hands-on flower arranging evening led by Philoptochos member and florist Poppy Askew. Each guest will create a beautiful floral centerpiece in a ceramic vase using seasonal blooms. Cost: \$30 per person

All materials provided. Light refreshments will be served.
RSVP by May 20th to Liz Skandale at [626-695-3423](tel:626-695-3423).
Checks payable to St. Anthony's Philoptochos.
Spots are limited.



SAINT ANTHONY ORTHODOX BOOK CLUB

Designed By: Devin Sanders & AJ Mora

With the blessing of Father Peter Stratos, join us for a weekly book club focused on spiritual growth, fellowship, and a deeper understanding of our Orthodox faith.

Details:

- **Start Date:** Tentatively: Wednesday, June 3
- **In Person Meeting Start Time:** 6:30PM
- **Zoom Meeting Time:** 7:00PM-8:00PM
- **First Book:** **The Way of the Pilgrim*
- **Frequency:** Weekly
- **Format:** Meet & Greet, Prayer, Discussion, Reflection, and Practical Application
- **Fellowship:** Refreshments & Snacks
- **Location:** Saint Anthony's & Hybrid Zoom Meeting (details to follow)

*Pending Bookstore order through the Parish

Contact

Demetrios Manos

demetrios.manos@gmail.com

(818) 383-6868

AJ Mora

chaplainajmora@gmail.com

(213) 219-1558

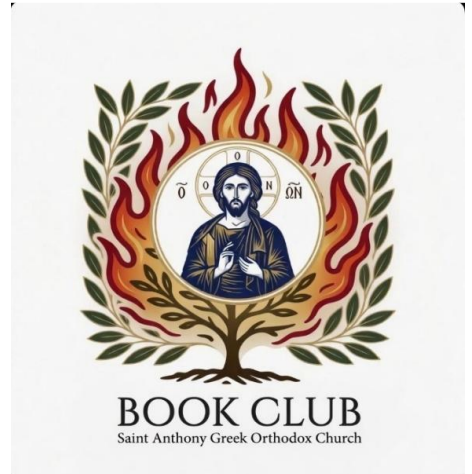
Devin Sanders

dmsanders810@gmail.com

(626) 390-8025

Interested? Please, Fill Out Our Survey

<https://www.surveymonkey.com/r/6ZQTD9S>



Sunday of the Samaritan Woman

One of the most ancient cities of the Promised Land was Shechem, also called Sikima, located at the foot of Mount Gerazim. There the Israelites had heard the blessings in the days of Moses and Jesus of Navi. Near to this town, Jacob, who had come from Mesopotamia in the nineteenth century before Christ, bought a piece of land where there was a well. This well, preserved even until the time of Christ, was known as Jacob's Well. Later, before he died in Egypt, he left that piece of land as a special inheritance to his son Joseph (Gen. 49:22). This town, before it was taken into possession by Samaria, was also the leading city of the kingdom of the ten tribes. In the time of the Romans it was called Neapolis, and at present Nablus. It was the first city in Canaan visited by the Patriarch Abraham. Here also, Jesus of Navi (Joshua) addressed the tribes of Israel for the last time. Almost three hundred years later, all Israel assembled there to make Roboam (Rehoboam) king.

When our Lord Jesus Christ, then, came at midday to this city, which is also called Sychar (John 4:5), He was wearied from the journey and the heat, and He sat down at this well. After a little while the Samaritan woman mentioned in today's Gospel passage came to draw water. As she conversed at some length with the Lord and heard from Him secret things concerning herself, she believed in Him; through her many other Samaritans also believed.

Concerning the Samaritans we know the following: In the year 721 before Christ, Salmanasar (Shalmaneser), King of the Assyrians, took the ten tribes of the kingdom of Israel into captivity, and relocated all these people to Babylon and the land of the Medes. From there he gathered various nations and sent them to Samaria. These nations had been idolaters from before. Although they were later instructed in the Jewish faith and believed in the one God, they worshipped the idols also. Furthermore, they accepted only the Pentateuch of Moses, and rejected the other books of Holy Scripture.

Nonetheless, they thought themselves to be descendants of Abraham and Jacob.

Therefore, the pious Jews named these Judaizing and idolatrous peoples Samaritans, since they lived in Samaria, the former leading city of the Israelites, as well as in the other towns thereabout. The Jews rejected them as heathen and foreigners, and had no communion with them at all, as the Samaritan woman observed, "the Jews have no dealings with the Samaritans" (John 4:9). Therefore, the name Samaritan is used derisively many times in the Gospel narrations. After the Ascension of the Lord, and the descent of the Holy Spirit at Pentecost, the woman of Samaria was baptized by the holy Apostles and became a great preacher and Martyr of Christ; she was called Photine, and her feast is kept on February 26.



COFFEE HOUR FELLOWSHIP



Host a Coffee Hour

Celebrate a Name Day, Birthday, Anniversary or Loved One

Every Sunday following the Divine Liturgy, coffee hour in the Parish Hall provides an opportunity to visit with fellow parishioners and to greet new Parish members. By offering to host Coffee Hour, you are assisting in providing a delicious snack while we spend time with our church family. Your fellow parishioners will be grateful for the snack and fellowship.

Hosting is easy:

1. **Sign-up on the poster located in the Parish Hall or Church Office.** *If you would like your name or event included in the weekly bulletin, notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at office@saint-anthonys.org*

For Memorials, please notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at office@saint-anthonys.org

2. **Bring snack for 70 adults & 30 kids** – *See reverse side for suggestions and quantities or request from church office*
3. **Bring snack items plated on serving trays/bowls ready to serve by 10:00AM on your chosen day.** *(Serving tables and coffee/water station are set up by 10:00AM)*
4. **Clean-up**

Coffee, sugar, creamer, paper plates, plastic utensils, cups and napkins used for coffee hour are underwritten by Parish Council & Philoptochos. Please consider donating these items to help offset the cost.

All donations made during Coffee Hour go toward the Church Altar Fund to provide the liturgical needs for our St. Anthony Parish

Host a Coffee Hour

Food Suggestions & Quantities

100 people – 70 adults & 30 children

Costco, Smart & Final or Super King are recommended for most items. Specialty items can be found at any Greek or Armenian market

Please have all items brought to the Parish Hall ready-to-serve on platters/bowls by 10AM. preferably disposable. If not disposable, please remember to take them home

Tables, Tablecloths, Coffee, Cream, Sugar, Paper Plates, Napkins, Cups and Water will be set up by 10AM

Paper goods are underwritten by both Parish Council & Philoptochos. Please consider donating these items to help offset the cost

Our dedicated Parish caretaker, Carlos, is responsible only for the setup of water and coffee. He should not be expected to set-up the snack or cleanup any remaining food or serving pieces.

Any questions, please contact office@saint-anthonys.org

QTY	ITEM	COMMENTS
	Mini Bagels or Bagels	100 Mini whole or 6 bags of 12 Regular Sliced, cut in half
1 Jumbo Jar	Peanut Butter	Served in 4 paper/plastic bowls
1-48oz Jar	Jelly	Served in 2 paper/plastic bowls
1 Jumbo Jar	Nutella	Served in 2 paper/plastic bowls
	OR	
100	Mini Deli Sandwiches	Assorted Meats, Tuna, Veggie
	OR	
5lbs	Greek Cheese	Feta or Kefalotyri, sliced
4lbs	Greek Olives	1-4lb Tub or equivalent
	Hummus	Homemade (1 lg can chickpeas) or 3-34oz tubs Costco Hummus
4	Pita Bread Bags of 12	Pita - cut into quarters / Baguettes - sliced
	OR	
2-3	Assorted Salads	Potato Salad, Greek Salad, Tabouli
2	Assorted Vegetable Trays	
	AND (Choose 2)	
100	Cookies	Biscotti, Oreos, Assorted
4	Bundt Cakes or similar	Cut into thin slices
50-100	Muffins / Pastries / Donuts	50 Large, cut in half or 100 Small
6 containers	Seedless Grapes	Cleaned and cut into small bunches
3 – 5lb bags	Tangerines	
2	Assorted Fruit or Veggie Trays	

Reminder:

**NO PARKING IN THE EMERGENCY WHITE
ZONE IN FRONT OF CHURCH**

**A Handicap Placard or Handicap License
Plate is required to park in the blue handicap
parking spaces.**



Scan QR code for Candle / Tray Donation



**Scan QR code to follow
service on your phone or iPad**

