



*Rev. Protopresbyter Peter Stratos  
Presiding Priest*

778 S. Rosemead Blvd. Pasadena, CA 91107 • Tel. 626-449-6943

Website: [saint-anthonys.org](http://saint-anthonys.org) • E-mail: [office@saint-anthonys.org](mailto:office@saint-anthonys.org)

Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)

*For pastoral emergencies only please call 626-855-3640*

**FEBRUARY 22, 2026**

**FORGIVENESS SUNDAY (CHEESEFARE)**

Finding of the Relics of the Holy Martyrs of Eugenios  
Our Righteous Fathers Thalassius and Baradatus

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**MEMORIAL SERVICE ~ 9:45 A.M.**

*Nicholas Geges– 40 days*

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**



Follow on your device here

Live streams available at [Saint-Anthonys.org](http://Saint-Anthonys.org)

**[WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM](#)**

**[\(CLICK THE LINKS BELOW\):](#)**

[SAINT-ANTHONY.S.ORG/LIVESTREAM](http://SAINT-ANTHONY.S.ORG/LIVESTREAM)

[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)

[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA)

## HYMNS OF THE DAY

### ***RESURRECTIONAL APOLYTIKION. MODE 4. (BEFORE ENTRANCE)***

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, “Death has been despoiled! Christ God has risen, granting the great mercy to the world!”

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρήψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

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### ***MEMORIAL HYMN. MODE PLAGAL 4.***

Remember, O Lord, as You are good, Your servant, and forgive every sin he has committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τοῦ δούλου σου, καὶ ὅσα ἐν βίῳ ἡμαρτεν συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τῷ μεταστάντι δοῦναι τὴν ἀνάπαυσιν.

### ***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4.***

Emulating the ways of Elias the Zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and by your prayers Supported the entire world. Therefore, intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

### ***KONTAKION MODE PL. 2.***

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἰδοὺ γὰρ τὰ χεῖλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι· Ἐλεῆμον, ἐλέησόν με τὸν παραπεσόντα.



## *SCRIPTURE READINGS OF THE DAY*

### *EPISTLE READING*

**Prokeimenon. Mode Plagal 4**

**Psalm 75.11,1**

**Pray and return to the Lord Your God.**

**Verse: In Judah God is known; His name is great in Israel.**

**The reading is from St. Paul's Letter to the Romans 13:11-14; 14:1-4**

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

### *GOSPEL READING*

**The Gospel According to Matthew 6:14-21**

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

## **HOLY COMMUNION PROCEDURE**

*Please note that **only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.***

*At the end of the Divine Liturgy, you are welcome to come and receive the Antidoron (blessed bread) from the priest.*

\*For the benefit of our Sunday School students, their teachers and the **TIMELY** start of their Sunday School Classes, the children will be receiving Holy Communion first.

\*The ushers will release the children by pew from Front to Back.

\*Only parents of the smallest, youngest Sunday School children, who need assistance, should receive Holy Communion with their children.

\*If you are not seated when Holy Communion begins, please take a seat in the back rows, quietly. Your children will be released in turn.

\*Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.

\*After all children have received, the ushers will release the adults, again from the front pews.

\*Please cooperate with our ushers. Please do not ask to be allowed through ahead of others.

\*Please remember this new procedure is for the benefit of our children and their Sunday School experience.

# STUDIES IN THE FAITH

Winter Session, 2026  
January 19<sup>th</sup> – March 30<sup>th</sup>

Our text for the 2026 Studies in the Faith class will be, *The Orthodox Faith, "Doctrine and Scripture," Volume 1*, by Fr. Thomas Hopko. Our class for this year, will be taught over 11 class sessions, meeting on Monday evenings 6:30 – 7:30 pm.

These informative classes will serve as an excellent introduction to the Orthodox Faith for those interested in the Orthodox Church. This series of classes will also provide an inspiring enrichment and review for practicing Orthodox Christians.

\*Reading each week's assigned chapter and participating in class discussions is encouraged to ensure that the sessions become an exciting and meaningful experience for all participants. For those interested in this year's class please email Fr. Peter. At this address: [frpeter@saint-anthonys.org](mailto:frpeter@saint-anthonys.org)

\* Google SVS Press, go to the Find a Book tab at the top right of page, and type in: Volume 1 Doctrine and Scripture. The cost of the book is \$23. (Please order your copy as soon as possible).

## CHAPTERS TO BE DISCUSSED

Sixth Session – Monday February 23<sup>rd</sup>  
Chapter Three: "The Holy Trinity" (cont.)

Seventh Session – Monday March 02<sup>nd</sup>  
Chapter Four: "The Bible"

Eighth Session – Monday March 09<sup>th</sup>  
Chapter Five: "Old Testament"

Ninth Session – Monday March 16<sup>th</sup>  
Chapter Six: "New Testament"

Tenth Session: -- Monday March 23<sup>rd</sup>  
Chapter Seven: "Salvation History"

Eleventh Session: -- Monday March 30<sup>th</sup>  
Chapter Eight: "Great Week and Pascha"

# Divine Services for February/March/April 2026

([saint-anthonys.org/calendar](http://saint-anthonys.org/calendar)):

- Wednesday, Feb. 25<sup>th</sup>      *Pre-Sanctified Liturgy – 6:00pm*
- Friday, February 27<sup>th</sup>      *Salutations to the Theotokos – 6:00pm*
- Saturday, February 28<sup>th</sup>      *The Commemoration of the Miracle of Koliva  
Wrought by St. Theodore the Tyro.  
Orthros (9:00am), Divine Liturgy (10:00am)  
BRING KOLIVA*
- Wednesday, March 4<sup>th</sup>      *Pre-Sanctified Liturgy – 6:00pm*
- Friday, March 6<sup>th</sup>      *Salutations to the Theotokos – 6:00pm*
- Wednesday, March 11<sup>th</sup>      *Pre-Sanctified Liturgy – 6:00pm*
- Friday, March 13<sup>th</sup>      *Salutations to the Theotokos – 6:00pm*
- Saturday, March 14<sup>th</sup>      *Orthros 8:00am, Divine Liturgy 9:00am*
- Wednesday, March 18<sup>th</sup>      *Pre-Sanctified Liturgy – 6:00pm*
- Friday, March 20<sup>th</sup>      *Salutations to the Theotokos – 6:00pm*
- Wednesday, March 25<sup>th</sup>      *Annunciation of the Theotokos  
Orthros 9:00am, Divine Liturgy 10:00am  
No Pre-Sanctified Liturgy*
- Friday, March 27<sup>th</sup>      *The Akathist Hymn – 6:00pm*
- Wednesday, April 1<sup>st</sup>      *Pre-Sanctified Liturgy – 6:00pm*

## PARISH ANNOUNCEMENTS



**Philoptochos is hosting our Souper Sunday Fundraiser** benefitting the Greater San Gabriel Valley Bad Weather Shelter on Sunday, February 22, 2026, following Divine Liturgy.

The community is invited to join us to enjoy complimentary soups and vote on their favorite soup. The soup with the most votes will be announced as the winner of the Golden Ladle. There is no charge to attend and enjoy a variety of soups. We welcome donations at Souper Sunday to support the Bad Weather Shelter. This refuge is operated by Friends In Deed and is funded by donations from today's fundraiser and the community.

Should you have any questions, please contact Judith Din at [jnda810@gmail.com](mailto:jnda810@gmail.com) or (626)676-1240. Donations can be made by cash, check or credit card. Please, make checks payable to Philoptochos and note Bad Weather in memo. Together we can make a difference.

### **2026 Philoptochos Scholarship for Graduating High School Seniors**

Announcing the Applications and Rules & Regulations Sheets for the Philoptochos Scholarship for Graduating High School Seniors, which can be found on the Community Center entrance table.

Please note that the **deadline for submission of applications and recommendation letters** is **April 3, 2026**.

All letters of recommendation can be mailed to the Church office or emailed to [frpeter@saint-anthonys.org](mailto:frpeter@saint-anthonys.org) and addressed: “**Attention Philoptochos Scholarship Committee**”

If you have any questions, please contact Presvytera Aida at [presaida7@gmail.com](mailto:presaida7@gmail.com)

## **St John Chrysostom Oratorical Festival - 2026**

**Sunday March 8, 2026 12:30 pm at St. Anthony Greek Orthodox Church**

### **Jr. and Sr. High School Speech Divisions**

#### **Essay and Poetry Divisions**

Topic Questions, Tips, Guidelines and details at:

[www.goarch.org/oratorical](http://www.goarch.org/oratorical)

**Participants please register online and let Presvytera Aida or Fr. Peter know that you are participating.**

Please encourage your children to participate! You will be amazed, impressed and inspired by their thoughts and by their poise when they present their speeches!

\*A great experience for all participants.

\*Scholarship Opportunities.

\*Participation letter submitted to their school for inclusion in their academic files.

\*2026 JR. and SR. DIVISION TOPICS are available at the Community Center Entrance table and online.

**The deadline for submitting information to be included in the weekly Bulletin is Wednesday.**

# **St. Anthony's 2026 Pledged Stewards (Members)**

*(as of February 19, 2026)*

Stratos, Fr. Peter/Pres. Aida	Christopoulos, Tony and Lynnette
Akrotirianakis, Joseph N. & Sherese	Coccia, Tina & Ginseppe
Albeck, Irene	Cokias, Jason & Karen
Albeck, Mark Gregory	Constantinou, Dimitris & Katerina
Alex, Alysia & & Kadrian Alvarenga	Damilatis, Eleni
Anast, Alexandra	Dewar, Mary & Andrew
Andrei, Dragos & Ioana	Dimopoulos, Antonios
Andricos, Constantine	Dobbs, Nicholas & Allison
Andros, Gus & Lorena	Dupas, Christina
Angelos, James & Sophia	Dupas, Katherine
Angiuli, Joseph (Joey) & Elizabeth	Dupas, Theodore & Evangeline
Antsos, Dimitrios & Judith Din	Floutsis, Penny & Ted
Argueta, Cris & Teresa V.	Frangadakis, Steve & Samantha
Athans, Tesi & Craig Lareau	Frangeskou, Yiorgos & Xenia
Athans, Tina & Dean P.	Fuerst, Billy
Athenson, Alex & Cynthia Sigler	Fuerst, Nicolette & Jay
Attalla, Philip "Ted" & Michelle Reagan	Gallagher, Alexander
Balas, Argiro Julie & Dino	Gallagher, Eleni & Matthew
Becronis, Christina	Gallanis, Pete & Danica
Begakis, Nicholas & Bronwen	Garcia, Andrew and Elizabeth
Bissias, Peter	Gavalas, George
Bonorris, Donna & Pete	Gelt, Brian & Pana
Boone Collins, Laura	Georgiou, George & Taline
Boukidis, Katherine	Giakas, Vasiliki
Bowers, Connie & Terree	Grafos, Thean
Brown, Niki	Grafos, Tom & Tania
Bryant, Dan & Karen	Halias, Joanne & John
Buickians, Gagik & Jacqueline	Haralambos, Anthony & Kathleen
Burkard Jr., Frank J. & Penelope	Harrison Helen
Buzas, John & Pamela	Horaites, George & Olympia
Buzas, Nicholas & Danielle	Hronas, Maria & James W.
Caire, John.	Ioannou, Christos & Elleni
Chenos-Spathopoulos, Efie & Dimitrios	Kades, Clio
Christodoulelis, Jimmy and Family	Kalambakas, Vivian N.
Christodoulides, Loucas & Andri	Kalivas, Pota
Christopoulos, Judith & Gus	Kamar, April

Kaparos, Stefanos  
Karaioannoglou, Phaedon & Jeanne  
Karvelas, Kosta & Marina  
Kasdagli, Dimitra & Mark Nastri  
Katsafados, Theoni & Pete  
Kefalas, Evelyn  
Kefalas, Kellie  
Kefalas, Mike J.  
Kefallinos, Vicki & Nick  
Kirimis, Evangelia  
Kojes, Thomas  
Kokoris, Maria & Nicholas  
Kolokotronis, Carolyn & James A.  
Kouis, Peter & Elizabeth  
Koulakis, John and Gisele  
Koutsoukos, Lin & George  
Kouvara, Bessie & Dana Roberts  
Kypreos, George & Shana  
Kypreos, Maria & James  
Lappas, Virginia  
Loutsos, Anna & Georgia & John  
Grajeda  
Lubian, Daniel & Stephanie  
Lucas, John S. & Anthia  
Macris, Catherine & George  
Makredes, Labrini & Christopher  
Malisos, Samantha A  
Manos, Demetrios & Katie  
Martin, Sam & Debbie  
Maslen, Larissa & Mark Carpenter  
Masouris, Vlase & Nicoleta  
McCann, Liam  
McGregor, Richard & Kristen  
McNulty, Jennie & Chris  
Metry, Sam and Gemalyn  
Mirzakhanian, Elektra  
Mitis, Nick & Maria Prantzikou  
Mitropoulos, Eleni & Bill Balntas  
Mitropoulos, Nick & Venetia  
Mitsinikos, Emmanuel & Natalia

Mobayen, Chrissa & Syrus  
Molinari, Yngrid  
Mora, A. J.  
Moutzouridis, Vasiliki & Peter  
Murad, Mark & Evangeline Goulas  
Nassos, Jonathan & Jenni Pulos  
O'Dowd, Paula  
Panagiot, Harry & Anastasia  
Papavasiliou, George & Stacy  
Papavasiliou, Kostantinos  
Pappas, Steven & Christine  
Pappas, Tony & Stergiani  
Paras, Gus  
Pastis, Leah  
Pastis, Patricia  
Patsavas, Bertha  
Patzakis, Dr. Michael  
Patzakis, John & Andrea  
Paziouros, Konstantina & Nick  
Plumtree, Martha & Wayne  
Pollalis, Dino & Kim  
Polwrek, Joseph & Jennifer  
Polychronis, Thalia  
Poulopoulos, Paris & Alexia  
Poulos, Yiota  
Reese, Helen  
Roberto, Vito & Dianthe  
Rosenfeld, Alexandra Patsavas  
Samaan, Yvette  
Serban, Athena & Mihai  
Sipsas, Pantelis & Nafsika  
Skandale, Elizabeth  
Skandale, Helen  
Smith, Herman & Helen  
Soewers, Alexander  
Soewers, Randy  
Soris, Kiparisia (Sia)  
Stamos, Andy & Mary  
Stamos, Nikos A.  
Stavropoulos, Ted & Georgia

Stavropoulos, Tina	Vagenas, Alex & Tashia
Stephens, Kenneth & A. Maria Plumtree	Vagenas, Diana
Stewart, Evan	Vagenas, Janet
Stratos, Fr. Peter/Pres. Aida	Vagenas, John & Georgia
Svitak, Mike and Sophia	Vagenas, Nikolitsa
Tarazi, Arianna Mary	Vagenas, Pete & Mindy
Tarazi, Ted & Panagiota Angelos	Vagenas, Sophia
Thompson, Caidyn	Vagenas, Vasilios
Treantafelles, Helen	Vezzuto, Christopher & Celka
Treantafelles, Stan & Vivian	Vezzuto, Robert
Tripodes Zacharias N.	Vezzuto, Robert & Stephanie
Tripodes, Dena	Vidalakis, Nancy
Tripodes, Georgia	Vidalakis, Perry & Zoe
Tripodis, Ioannis & Helene	Vleisides, Marika & Tim
Tsianos, George & Andria	Vorgias, Zacharias & Alma
Tsouvalas, Charles	Webster, John & Jennifer
Tsudis, Mara and RJ Thieneman	Yeh H, Robert
Tsudis, Peter and Carol	Ziska, Antonia
Turner, Daniel & Nicole Mirea	Zoumas, Michael & Christina
Udria, Juan & Mary	Zoumberakis, Haralambos and Nikole

Every effort has been made to ensure the accuracy of this stewardship list. Please forgive us if there are any errors or omissions. Contact Alma at the church office at: [alma@saint-anthonys.org](mailto:alma@saint-anthonys.org) or 626-449-6943 for any questions or corrections.



## 2026 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,  
as good stewards of God's grace." (1 Peter 4:10)*

2026

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

SIGNATURE

DATE

*[For office use only]*

### **ST. ANTHONY GIVING LEVELS:**

**CONTRIBUTOR: \$499 & below**  
\$9.60/week OR \$42/month & below

**FRIEND: \$500 - \$999**

\$19.60-\$19/week OR \$42-\$33/month

**SUPPORTER: \$1,000 - \$1,999**

\$19-\$38/week OR \$83-\$167/month

**\* FAITHFUL: \$2,000 - \$3,999**

\$38-\$77/week OR \$167-\$333/month

**\* DISCIPLE: \$4,000 - \$6,999**

\$77-\$135/week OR \$333-\$583/month

**\* GUARDIAN: \$7,000 - \$9,999**

\$135-\$192/week OR \$583-\$833/month

**\* ANGEL: \$10,000 - \$14,999**

\$192-\$288/week OR \$833-\$1,249/month

**\* ARCHANGEL: \$15,000 and up**

\$288/week OR \$1,250/month & up

*Review your stewardship commitment prayerfully, consider what you offer to Christ's Church in comparison to your monthly utility/service payments.*

**Please return your completed commitment card to church by December 31, 2025**  
*Your card must be on file for you to be considered in 'Good Standing'*

**In response to God's blessings, I/we pledge a 2026 offering of:**

**My Total Commitment for 2026: \$ \_\_\_\_\_**

**I will fulfill and pay my pledge: (CHECK ONE)**

Weekly at \$ \_\_\_\_\_/week

Monthly at \$ \_\_\_\_\_/month       Annually

Contact the Church office to set up easy recurring electronic payments

-OR- set up your own recurring giving at [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com)

*\*To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above*

**Thank you to everyone who has returned the completed 2026 commitment card. If you have not done it, please return your completed commitment card to church as soon as possible. *If you are new to the community and want to become a member in our Church, please feel free to either take a Steward Financial Commitment card (pledge Card) from the announcement table in the narthex or contact the Church office.***

**Stewardship is a yearly commitment from January to December.**

Please visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) or scan the QR code below to make your one time or recurring offering/pledge. Contact WeShare directly at 877-316-0260 for any questions.

## How do I set up WeShare?

5 easy steps in less than 5 mins



1. Scan QR Code  
(use camera on your device)
2. Click sign in (top right)
3. Under Don't have an account click - Create One
4. Follow prompts
5. Name, email, set up password, account info



### WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

# **St. Anthony G.O.Y.A. Basketball Schedule 2026**

**Sunday, February 22:** @ Assumption - 5761 E. Colorado St. Long Beach  
2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Girls, 5:00 Sr. Boys

**Sunday, March 1:** St. Basil @ St. Anthony - Duarte High School  
1565 Central Avenue, Duarte  
no sr. girls game, 3:00 Jr. Girls, 4:00 Jr. Boys, 5:00 Sr. Boys

**Sunday, March 8:**@ St. John - Western High School  
501 Western Ave. Anaheim  
2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Girls, 5:00 Sr. Boys

**Sunday, March 15:** St. Nick @ St. Anthony - Duarte High School  
1565 Central Avenue, Duarte  
2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Girls, 5:00 Sr. Boys

**Sunday, March 22:** @ St. Sophia - 1324 Normandie Ave. Los Angeles  
2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Girls, 5:00 Sr. Boys

**Sunday, March 29:** @ St. Katherine - 722 Knob Hill Ave. Redondo Beach  
no jr. girls or jr. boys games, 2:00 Sr. Girls, 3:00 Sr. Boys

**Sunday, April 19:** St. George @ St. Anthony - Duarte High School  
1565 Central Avenue, Duarte  
no sr. girls game, 2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Boys

**Saturday, April 25:**

Quarter Finals - TBA

**Sunday, April 26:**

Semi-Finals - TBA

**Sunday, May 3:**

Finals/Banquet/Awards - **St. Sophia**

Questions contact:

Pana Gelt 626-278-2808

Anthia Drulias Lucas 626-274-6133

**3/28** Women's Alumni Games @ St. Sophia

**4/18** Men's Alumni Games @ St. Sophia

**5/9** Volleyball Tournament



**NOTICE**

**No food or drinks allowed in the Church at any time.**



THE CATHEDRAL OF SAINT SOPHIA



REGISTER NOW

CLICK



SCAN

## THE GRIEVING HEART: FINDING JOY IN THE MIDST OF SORROW

**SATURDAY, FEBRUARY 28**

**11:30 AM**

**COST: \$15 BEFORE FEB.25 / \$30 AFTER FEB. 25**

**THE HUFFINGTON**

As Orthodox Christians, how do we cope when we are struggling with grief? What do we say to someone who is grieving?  
How do we find joy in the midst of suffering?

Join us for a one-day retreat with Dr. Sarah Byrne-Martelli, author of *"Memory Eternal: Living with Grief as Orthodox Christians."* This retreat will include engaging presentations from Dr. Sarah, group discussion, and fellowship. Dr. Sarah will guide us in reflecting on our own experiences of suffering and grief, with creative exercises and reflections that draw on the life-giving resources of our faith.

We will also learn practical ways to care for others who are struggling, whether our own families, friends, or in our parishes. When we love and care for each other, we encounter Christ; we find joy in the midst of our mourning.



Sarah Byrne-Martelli is a board-certified chaplain and bereavement counselor with over 20 years of experience in hospice and palliative care. She is the author of *Memory Eternal: Living with Grief as Orthodox Christians* (Ancient Faith, 2022). She serves on the faculty of the Harvard Medical School Center for Palliative Care and is currently a Research Fellow at Dana-Farber Cancer Institute. She holds a Doctor of Ministry from St. Vladimir's Orthodox Theological Seminary, where she is now an Assistant Professor of Spiritual Care, and a Master of Divinity from Harvard Divinity School. Sarah attends St. Mary Orthodox Church in Cambridge, MA, with her husband, Dr. Peter Martelli, and their son Rafael.

*His Grace Bishop Anthony, Hosting, Diocese of Los Angeles  
Antiochian Orthodox Christian Archdiocese of North America*

*Together with  
His Eminence Metropolitan Gerasimos  
Of San Francisco, Greek Orthodox Archdiocese*

*And  
His Eminence Archbishop Maxim  
Western Diocese, Serbian Orthodox Church*

*Invite You to*

# *Vespers for the Triumph of Orthodoxy*

**6 pm Sunday  
March 1, 2026**

**St. Nicholas Orthodox Cathedral  
2300 W 3rd Street • Los Angeles**

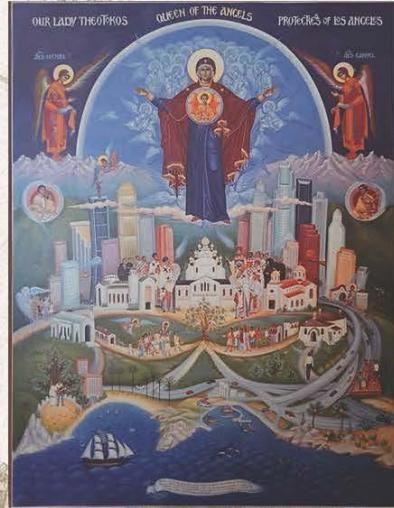
**And to Welcome**

*His Grace Vasily of San Francisco  
Diocese of the West, Orthodox Church in America  
Guest Homilist*

**Pan-Orthodox Choir • Reception Will Follow Vespers**

**All the Faithful Are Invited to Bring and Bear Icons**

***Let us declare the Faith of the Apostles in Words and Images!***



**Reminder:**

**NO PARKING IN THE EMERGENCY WHITE ZONE IN FRONT OF CHURCH**

**A Handicap Placard or Handicap License Plate is required to park in the blue handicap parking spaces.**



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