



*Rev. Protopresbyter Peter Stratos  
Presiding Priest*

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Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)

*For pastoral emergencies only please call 626-855-3640*

**JULY 20, 2025**  
**6<sup>TH</sup> SUNDAY OF MATTHEW**

*The Glorious Prophet Elias*

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**MEMORIAL SERVICE ~ 9:45 A.M.**

*For all those who lost their lives in the Turkish invasion of Cyprus  
as well as those who have died in the ensuing years, yearning for their homeland.*

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**



Follow on your device here  
Live streams available at [Saint-Anthonys.org](http://Saint-Anthonys.org)

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**  
**(CLICK THE LINKS BELOW):**

[SAINT-ANTHONYS.ORG/LIVESTREAM](http://SAINT-ANTHONYS.ORG/LIVESTREAM)  
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## **HYMNS OF THE DAY**

### ***RESURRECTIONAL APOLYTIKION. MODE PL. 1. (BEFORE ENTRANCE)***

As the Father and Spirit are unoriginate, \* so the Word, who was born from the Virgin for us. \* Let us praise Him, O believers, and let us worship Him. \* For our salvation He was pleased \* to be crucified in the flesh, \* and to undergo death, \* and to resurrect the dead, by His glorious resurrection.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἠδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

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### ***FOR THE PROPHET. MODE 4.***

The angel incarnate and the Prophets' pedestal, \* the second Forerunner of the coming of Christ, Elias the glorious, \* sent down to Elisha the divine grace from heaven. \* He drives away diseases and he cleanses lepers. \* Therefore he pours out healings to those who honor him.

Ὁ ἑνσαρκος ἄγγελος, τῶν Προφητῶν ἡ κρηπίς, ὁ δεύτερος Πρόδρομος τῆς παρουσίας Χριστοῦ, Ἡλίας ὁ ἑνδοξος, ἄνωθεν καταπέμψας, Ἐλισαίῳ τὴν χάριν, νόσους ἀποδιώκει, καὶ λεπρὸς καθαρίζει· διὸ καὶ τοῖς τιμῶσιν αὐτὸν βρῦει ἰάματα.

### ***MEMORIAL HYMN. MODE PLAGAL 4.***

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμάρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

### ***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4.***

Emulating the ways of Elias the Zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and by your prayers Supported the entire world. Therefore, intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

### ***KONTAKION. MODE 2.***

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

## ***EPISTLE READING***

**St. James' Universal Letter 5:10-20**

**Prokeimenon. Mode 1**

**Psalm 109.4,1**

**You are a priest for ever after the order of Melchizedek.**

**Verse: The Lord said to my Lord: Sit at my right hand, till I make your enemies my footstool.**

**The reading is from St. James' Universal Letter 5:10-20**

BRETHREN, take as an example of suffering and patience the prophets who spoke in the name of the Lord. Behold, we call those happy who were steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful. But above all, my brethren, do not swear, either by heaven or by earth or with any other oath, but let your yes be yes and your no be no, that you may not fall under condemnation. Is any one among you suffering? Let him pray. Is any cheerful? Let him sing praise. Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven. Therefore confess your sins to one another, and pray for one another, that you may be healed. The prayer of a righteous man has great power in its effects. Elijah was a man of like nature with ourselves and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again and the heaven gave rain, and the earth brought forth its fruit. My brethren, if any one among you wanders from the truth and some one brings him back, let him know that whoever brings back a sinner from the error of his way will save his soul from death and will cover a multitude of sins.

# ***GOSPEL READING***

## **The Gospel According to Matthew 9:1-8**

At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic -- "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

**Order for Holy Communion** (*Only Baptized or Chrismated Orthodox Christians*). Please allow ushers' to dismiss you row by row in an orderly fashion.



**Today's coffee hour fellowship will be hosted by** Philoptochos

## **Weekday Divine Services for the Month of August**

*(saint-anthonys.org/calendar)*

<b>Friday, August 1<sup>st</sup></b>	<b>Great Paraklesis to the Theotokos – 6:00 pm</b>
<b>Monday, August 4<sup>th</sup></b>	<b>Small Paraklesis to the Theotokos – 6:00 pm</b>
<b>Tuesday, August 5<sup>th</sup></b>	<b>Great Vespers for the Transfiguration – 6:00 pm</b>
<b>Wednesday, August 6<sup>th</sup></b>	<b>Transfiguration of the Lord 9:00 am Orthros, 10:00 am Divine Liturgy.</b>
<b>Thursday, August 7<sup>th</sup></b>	<b>Small Paraklesis to the Theotokos – 6:00 pm</b>
<b>Monday, August 11<sup>th</sup></b>	<b>Small Paraklesis to the Theotokos – 6:00 pm</b>
<b>Tuesday, August 12<sup>th</sup></b>	<b>Great Paraklesis to the Theotokos – 6:00 pm</b>
<b>Wednesday, August 13<sup>th</sup></b>	<b>Small Paraklesis to the Theotokos – 6:00 pm</b>
<b>Thursday, August 14<sup>th</sup></b>	<b>Great Vespers of Dormition <u>in Long Beach</u> –7:00 pm</b>
<b>Friday, August 15<sup>th</sup></b>	<b>Dormition of the Theotokos - 9:00 am Orthros, 10:00 am Divine Liturgy.</b>

## ***2025 GREEK FESTIVAL FOOD SERVICE***

**Monday July 21<sup>st</sup>      Tyropita – 9:00 am**

Cooking will start at 9:00 am and lunch will be provided. Ending times vary depending on the items being prepared and the number of volunteers that attend.

Please join us, even if you only have a couple of hours. We can't do it without you! We look forward to seeing you.



## COFFEE HOUR FELLOWSHIP



### *Host a Coffee Hour*

#### **Celebrate a Name Day, Birthday, Anniversary or Loved One**

Every Sunday following the Divine Liturgy, coffee hour in the Parish Hall provides an opportunity to visit with fellow parishioners and to greet new Parish members. By offering to host Coffee Hour, you are assisting in providing a delicious snack while we spend time with our church family. Your fellow parishioners will be grateful for the snack and fellowship.

#### **Hosting is easy:**

1. **Sign-up on the poster located in the Parish Hall or Church Office.** *If you would like your name or event included in the weekly bulletin, notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at [office@saint-anthonys.org](mailto:office@saint-anthonys.org)*

***For Memorials, please notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at [office@saint-anthonys.org](mailto:office@saint-anthonys.org)***

2. **Bring snack for 70 adults & 30 kids** – See reverse side for suggestions and quantities or request from church office
3. **Bring snack items plated on serving trays/bowls ready to serve by 10:00AM on your chosen day.** (Serving tables and coffee/water station are set up by 10:00AM)
4. **Clean-up**

Coffee, sugar, creamer, paper plates, plastic utensils, paper cups and napkins used for coffee hour are underwritten by Parish Council & Philoptochos. Please consider donating these items to help offset the cost.

***All donations made during Coffee Hour go toward the Church Altar Fund to provide the liturgical needs for our St. Anthony Parish***

# Host a Coffee Hour

## Food Suggestions & Quantities

100 people – 70 adults & 30 children

Costco, Smart & Final or Super King are recommended for most items. Specialty items can be found at any Greek or Armenian market

Please have all items brought to the Parish Hall ready-to-serve on platters/bowls by 10AM. preferably disposable. If not disposable, please remember to take them home

Tables, Tablecloths, Coffee, Cream, Sugar, Paper Plates, Napkins, Cups and Water will be set up by 10AM

Paper goods are underwritten by both Parish Council & Philoptochos. Please consider donating these items to help offset the cost

Our dedicated Parish caretaker, Carlos, will assist on the day of the event but he is not responsible for the set-up of the food or cleanup of any remaining food or serving pieces

Any questions, please contact Tanya Mallis @ 626-379-2304

QTY	ITEM	COMMENTS
50-100	Mini Bagels or Bagels	100 Mini or 50 Regular, cut in Half
2-4 Jars	Peanut Butter	2 Jumbo size or 4 Regular size
2-4 Jars	Jelly	2 Jumbo size or 4 Regular size
	OR	
100	Mini Deli Sandwiches	Assorted Meats, Tuna, Veggie
	OR	
5lbs	Greek Cheese	Feta or Kefalotyri, sliced
4lbs	Greek Olives	1-4lb Tub or equivalent
	Hummus or Tzatziki	Homemade or 3-34oz tubs Costco Hummus
5	Pita Bread Bags / Baguettes	Pita - cut into quarters / Baguettes - sliced
	OR	
	Assorted Salads	Potato Salad, Greek Salad, Tabouli
2	Assorted Vegetable Trays	
	AND (Choose 2 or 3)	
100	Cookies	Biscotti, Oreos, Assorted
5	Bundt Cakes or similar	Cut into thin slices
50-100	Muffins / Pastries / Donuts	50 Large, cut in half or 100 Small
6	Seedless Grapes	Cleaned and cut into small bunches
40	Tangerines	
2	Assorted Fruit Trays	



## Elias the Prophet, July 20

Elias of great fame was from Thisbe or Thesbe, a town of Galaad (Gilead), beyond the Jordan. He was of priestly lineage, a man of a solitary and ascetical character, clothed in a mantle of sheep skin, and girded about his loins with a leathern belt. His name is interpreted as "Yah is my God." His zeal for the glory of God was compared to fire, and his speech for teaching and rebuke was likened unto a burning lamp. From this too he received the name Zealot.

Therefore, set aflame with such zeal, he sternly reprov'd the impiety and lawlessness of Ahab and his wife Jezebel. He shut up heaven by means of prayer, and it did not rain for three years and six months. Ravens brought him food for his need when, at God's command, he was hiding by the torrent of Horath. He multiplied the little flour and oil of the poor widow of Sarephtha of Sidon, who had given him hospitality in her home, and when her son died, he raised him up. He brought down fire from Heaven upon Mount Carmel, and it burned up the sacrifice offered to God before all the people of Israel, that they might know the truth. At the torrent of Kisson, he slew 450 false prophets and priests who worshipped idols and led the people astray. He received food wondrously at the hand of an Angel, and being strengthened by this food he walked for forty days and forty nights. He beheld God on Mount Horeb, as far as this is possible for human nature. He foretold the destruction of the house of Ahab, and the death of his son Ohozas; and as for the two captains of fifty that were sent by the king, he burned them for their punishment, bringing fire down from Heaven. He divided the flow of the Jordan, and he and his disciple Elisseus passed through as it were on dry land; and finally, while speaking with him, Elias was suddenly snatched away by a fiery chariot in the year 895 B.C., and he ascended as though into heaven, whither God most certainly translated him alive, as He did Enoch (Gen. 5:24; IV Kings 2: 11). But from thence also, after seven years, by means of an epistle he reproached Joram, the son of Josaphat, as it is written: "And there came a message in writing to him from Elias the Prophet, saying, Thus saith the Lord God of David thy father, Because thou hast not walked in the way," and so forth (II Chron. 21:12).

According to the opinion of the majority of the interpreters, this came to pass either through his disciple Elisseus, or through another Prophet when Elias appeared to them, even as he appeared on Mount Tabor to the disciples of Christ (see Aug. 6).



## WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

### OTHER ANNOUNCEMENTS

#### **A movie fundraiser held by St. Peter's in Pomona to support Project Mexico**

St. Peter's Antiochian Orthodox Church in Pomona has rented a movie theater for a special screening of the Orthodox film **"Where Are You, Adam?"** and has invited our parish, and all local Orthodox faithful to join them for this beautiful event!

**Film:** *Where Are You, Adam?*

**Date:** Friday, July 26

**Showtime:** 10:30 AM (doors open at 10)

**Location:** Laemmle Theatres, Claremont, CA

All proceeds will benefit **Project Mexico and St. Innocent Orphanage**, so this is a wonderful opportunity for fellowship and charity.

# THE ANNUAL PAN-ORTHODOX SUMMER MUSIC FESTIVAL

*of Greater Los Angeles*

*Featuring Orthodox Christian choirs from Greater Los Angeles*



## “WE MAGNIFY THEE”:

### A concert of Sacred Music

Performed by Orthodox Christian Choirs in Southern California

## SATURDAY, AUGUST 23, 2025

Concert 3:00 p.m.—Reception 5:00 p.m.—Vespers 6:00 p.m.

Saint Steven’s Cathedral

1621 West Garvey Avenue—Alhambra, CA 91803



**EVERYONE WELCOME! CONCERT ADMISSION: FREE!**



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service on your phone or iPad



## Reminder:

**NO PARKING IN EMERGENCY  
WHITE ZONE IN FRONT OF CHURCH**

**A Handicap Placard or Handicap  
License Plate is required to park in  
the blue handicap parking spaces.**