



*Rev. Protopresbyter Peter Stratos
Presiding Priest*

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Website: saint-anthonys.org • E-mail: office@saint-anthonys.org

Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

SEPTEMBER 22, 2024
FIRST SUNDAY OF LUKE

*Phocas, Bishop of Sinope
Phocas the Gardener*

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)



Follow on your device here
Live streams available at Saint-Anthonys.org

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM
(CLICK THE LINKS BELOW):**

SAINT-ANTHONYS.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

HYMNS OF THE DAY

RESURRECTIONAL APOLYTIKION. MODE 4. (Before the entrance)

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, “Death has been despoiled! Christ God has risen, granting the great mercy to the world!”

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρήψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

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FR. ST. PHOCAS. MODE 4.

Becoming a partner with the Apostles in way of life and successor to their thrones, O God inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Phocas. Intercede with Christ our God, beseeching Him to save our souls.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elias the Zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and by your prayers Supported the entire world. Therefore, intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

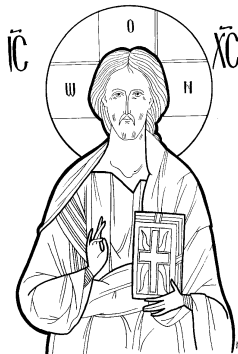
EPISTLE READING

Prokeimenon. Mode 4 Psalm 103.24,1

O Lord, how manifold are your works. You have made all things in wisdom.

Verse: Bless the Lord, O my soul.

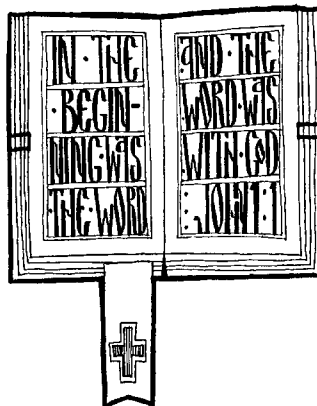
The reading is from St. Paul's First Letter to the Corinthians 16:13-24
Brethren, be watchful, stand firm in your faith, be courageous, be strong. Let all that you do be done in love. Now, brethren, you know that the household of Stephanas were the first converts in Achaia, and they have devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and laborer. I rejoice at the coming of Stephanas and Fortunatus and Achaicos, because they have made up for your absence; for they refreshed my spirit as well as yours. Give recognition to such men. The churches of Asia send greetings. Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord. All the brethren send greetings. Greet one another with a holy kiss. I, Paul, write this greeting with my own hand. If any one has no love for the Lord, let him be accursed. Our Lord, come! The grace of the Lord Jesus be with you. My love be with you all in Christ Jesus. Amen.



GOSPEL READING

The Gospel According to Luke 5:1-11

At that time, as Jesus was standing by the lake of Gennesaret, he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.



PARISH ANNOUNCEMENTS

HOLY COMMUNION PROCEDURE

*For the benefit of our Sunday School students, their teachers and the **TIMELY** start of their Sunday School Classes, the children will be receiving Holy Communion first.

***The ushers will release the children by pew from Front to Back.**

*Only parents of the smallest, youngest Sunday School children, who need assistance, should receive Holy Communion with their children.

*If you are not seated when Holy Communion begins, please take a seat in the back rows, quietly. Your children will be released in turn.

*Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.

*After all children have received, the ushers will release the adults, again from the front pews.

***Please cooperate with our ushers. Please do not ask to be allowed through ahead of others.**

***Please remember this new procedure is for the benefit of our children and their Sunday School experience.**

USHERS: Pete Gallanis, Pete Katsafados, Tashia Vagenas



THERE WILL BE NO SOCIAL HOUR TODAY DUE TO THE GREEK FESTIVAL.

Today is the last day of our annual Pasadena Greek Fest! Come enjoy our delicious and authentic food, as well as wonderful music and entertainment!

Saint Anthony's Greek Language School - Registration 2024-2025

In person classes on Mondays, Thursday 4:30 pm - 6:30 pm.

Virtual classes on Tuesday all level (starting from age 6)

First Day: Thursday October 3, Monday October 7

Last Day: Monday June 2, 2025

To Register go to: <https://forms.gle/RppoCKe1vX7fNth19>

Dance Practice is Starting! The Dance Program is preparing for our Festival Performances. Practices will be on Sunday, September 8 and September 15. We begin preparation for FDF in October. We have groups for kids in Kindergarten through College age and up. If you are interested in joining the dance, please contact Nikole Zumberakis for more information at nikoula@gmail.com.

Intro to Greek Dance for Pre-K/TK! If you have a kid in Pre-Kindergarten or Transitional Kindergarten that is interest in starting to learn Greek dance, our Intro to Greek Dance group starting. Practices will be on Sundays immediately after Sunday School from 12-12:30PM. We ask kids are 4 years old when they begin. Please contact Andria Tsianos for more information at andriatsianos@gmail.com.

Studies in the Faith – Fall Session: September 30 – November 18, 2024

Our text for the 20254 Studies in the faith class will be, *The Orthodox faith, “Doctrine and Scripture,” Volume 1*, by Fr. Thomas Hopko. Our class this year will be taught over 8 sessions, meeting Monday evenings 6:30pm – 7:30pmon ZOOM.

These informative classes will serve as an excellent introduction to the Orthodox Faith for those interested in the Orthodox Church. This series of classes will also provide an inspiring enrichment and review for practicing Orthodox Christians.

*Reading each week’s assigned chapter and participating in class discussion is encouraged to ensure that the sessions become an exciting and meaningful experience for all participants. For those interested in this year’s class, please email Fr. Peter at frpeter@saint-anthonys.org.

*Google SVS Press, go to Find a Book tab at the top right of page and type in: Volume 1 Doctrine and Scripture. The cost of the book is \$23. (please order your copy as soon as possible)

Chapter Discussions

Introductory Session - Mon. 9/30: Chapter One “Sources of Christian Doctrine”

Second Session – Mon. 10/7: Chapter Two “The Symbol of the Faith”

Third Session – Mon. 10/14: Chapter Three “The Holy Trinity”

Fourth Session – Mon. 10/21: Chapter Four “The Bible”

Fifth Session – Mon. 10/28: Chapter Five “Old Testament”

Sixth Session – Mon. 11/4: Chapter Six “New Testament”

Seventh Session – Mon. 11/11: Chapter Seven “Salvation History”

Eighth Session – Mon. 11/18: Chapter Eight “Great Week and Pascha”

An Archdiocese youth ministry for young children of the Orthodox Faith
HOPE - Hellenic Orthodox Primary Explorers (4 1/2 to 8 years old)

Patron saints of Youth Ministries: Daniel the Prophet and The Three Holy Youths
Meetings will be the second Sunday of the month
A special theme will be presented.

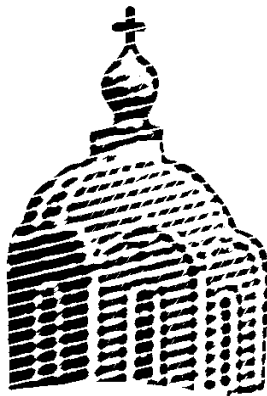
HOPE is a gathering of the faithful (Orthodox children) who share the same grades, ages and common interests.

Ministry includes: lunch, learning experience activities, crafts, games and outreach.
Time will be approximately one hour and fifteen minutes.

Realizing not all children dance and those who are not dancing would like to participate in this group are welcomed. When dance is completed, they are also welcome to become part of this youth ministry.

Meetings will begin 10 minutes following the dismissal of Sunday School. Meeting room to be announced.

We will meet October 20 (third Sunday) to promote our first outreach-Children helping children by collecting coins for Trick or Treat for UNICEF (United Nation International Children Emergency Fund). All donations will benefit children around the world.



Adults

Alimbergo Cafe



\$100

Recommended
Donation

GREEK DANCE

for fun

**EVERY TUESDAY - OCTOBER 1, 8, 15, 22
AT 7:00 PM**

at St. Anthony's Church Hall
778 S. Rosemead Blvd, Pasadena CA 91107

Info: Dimitra Kasdagli, stanthonysdance@gmail.com



St. Anthony Speaker Series
a new talk every other month

September Talk:

Get Your Greek Citizenship

Learn How Americans of Greek Descent Can Become Greek Citizens
Get the Benefits of an EU Passport for You and Your Family



Thursday September 26th, 2024 at 6:30pm
St. Anthony Greek Orthodox Church Hall
778 S. Rosemead Blvd, Pasadena, CA

Speaker:

Vasiliki Anyfanti

Greek Attorney and Expert on Getting Greek Citizenship

Light Refreshments will be Served

All Talks in this Series are Free

RSVP to Alma in the Church Office: (626) 449-6943 or alma@saint-anthonys.org



Next Talk:

“College Year in Athens”

How Your Child Can Live and Study in Greece

Thursday, November 14th at 6:30pm

St. Anthony Church Hall

STEWARDSHIP PLEDGE CARD FOR 2024



2024 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,
as good stewards of God's grace." (1 Peter 4:10)*

2024

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

SIGNATURE

DATE

[For office use only]

ST. ANTHONY GIVING LEVELS:

CONTRIBUTOR: \$499 & below
\$9.60/week OR \$42/month & below

FRIEND: \$500 - \$999

\$9.60-\$19/week OR \$42-\$83/month

SUPPORTER: \$1,000 - \$1,999

\$19-\$38/week OR \$83-\$167/month

*** FAITHFUL: \$2,000 - \$3,999**

\$38-\$77/week OR \$167-\$333/month

*** DISCIPLE: \$4,000 - \$6,999**

\$77-\$135/week OR \$333-\$583/month

*** GUARDIAN: \$7,000 - \$9,999**

\$135-\$192/week OR \$583-\$833/month

*** ANGEL: \$10,000 - \$14,999**

\$192-\$288/week OR \$833-\$1,249/month

*** ARCHANGEL: \$15,000 and up**

\$288/week OR \$1,250/month & up

Review your stewardship commitment prayerfully, consider what you offer to Christ's Church in comparison to your monthly utility/ service payments.

Please return your completed commitment card to church by January 31, 2024
Your card must be on file for you to be considered in 'Good Standing'

In response to God's blessings, I/we pledge a 2024 offering of:

My Total Commitment for 2024: \$ _____

I will fulfill and pay my pledge: (CHECK ONE)

Weekly at \$ _____/week

Monthly at \$ _____/month Annually

Contact the Church office to set up easy recurring electronic payments
-OR- set up your own recurring giving at saint-anthonys.churchgiving.com

****To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above***

MAKE SURE YOU ARE A REGULAR SUPPORTER OF OUR CHURCH!

If you want to become a member in our Church, please feel free to take a Steward Financial Commitment card (pledge Card) from the announcement table in the narthex, completed and give it to the user.

Weekly stewardship envelopes are available. Please contact the church office if you would like to have them for the 2024 stewardship contributions.

Please visit saint-anthonys.churchgiving.com or scan the QR code below to make your one time or recurring offering.

How do I set up WeShare?

5 easy steps in less than 5 mins



1. Scan QR Code
(use camera on your device)
2. Click sign in (top right)
3. Under Don't have an account click - Create One
4. Follow prompts
5. Name, email, set up password, account info



Scan QR code for Candle / Tray Donation



**Scan QR code to follow
service on your phone or iPad**



Eight Dates Marriage Program Offered This Fall – Register Today!

The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry and the Office of Youth and Young Adult Ministries invite all couples to participate in the upcoming "Eight Dates" marriage program. Presented for the fourth time, this powerful relationship series is based on the book *Eight Dates* by Drs. John and Julie Gottman.

Any couple wanting to improve their communication and connection can benefit from this lively and evidence-based program, where the Family Wellness Ministry team integrates the riches of our Orthodox Faith into each presentation. Couples will meet online every other Thursday and are encouraged to connect on their “8 Dates,” engaging in essential conversations during the following weeks.

Register by September 11: www.familywellnessministry.org/eight-dates

Sessions begin: Thursday, September 19 at 6:30 p.m. (Pacific) via Zoom

Don't miss this opportunity to enrich your relationship!

SCAN FOR MORE INFORMATION AND TO REGISTER!



METROPOLIS YOUNG ADULT FALL RETREAT 2024

Join Orthodox Young Adults, ages 18-39, from across the West Coast for a beautiful Fall Retreat at St. Nicholas Ranch & Retreat Center in Dunlap, CA. Young Adults from all Orthodox traditions are welcome to attend. We will spend time having discussions and fellowship at St. Nicholas Ranch, as well as visit and help the Sisters at the Monastery of the Life-Giving Spring with a work project and other engaging activities throughout the weekend. There is an optional add-on hiking adventure to the Kings Canyon and Sequoia National Park on Friday, October 4. Participants can upgrade their registration and arrive on Thursday evening, October 3, to participate in the Friday morning excursion to the mountains for the day before the retreat begins.

DATE: October 4-6, 2024

LOCATION: St. Nicholas Ranch & Retreat Center, Dunlap, CA

AGES: Young Adults ages 18-39

SPEAKER: Fr. Nebojsa Pantic, the Assistant Priest from St. Nicholas Greek Orthodox Church in San Jose, CA

THEME: The Power of Forgiveness - "For surely your goodness and mercy O Lord will follow me all the days of my life."

WEBSITE & MORE INFO: <https://gosfyouth.org/youngadults>

Phocas the Martyr, Bishop of Sinope

September 22, 2024

This saint was known for the many miracles he worked and for his apostolic zeal in shepherding the flock of Sinope. He contested for the Faith during the reign of the Emperor Trajan, in the year 102, when he was burned to death in a bath-house. A homily in his honour was composed by Saint John Chrysostom. The translation of his holy relics is celebrated on July 23.

The deadline for submitting information for the Sunday Bulletin is every Wednesday. please send it to office@saint-anthonys.org



WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.