



*Rev. Protopresbyter Peter Stratos  
Presiding Priest*

778 S. Rosemead Blvd, Pasadena, CA 91107 • Tel. 626-449-6943

Website: [saint-anthonys.org](http://saint-anthonys.org) • E-mail: [office@saint-anthonys.org](mailto:office@saint-anthonys.org)

Church office hours: Monday-Friday: 9:00am to 3:00pm (Closed Saturday & Sunday)

*For pastoral emergencies only please call 626-855-3640*

**SEPTEMBER 15, 2024**  
**SUNDAY AFTER HOLY CROSS**

*Nikitas the Great Martyr  
Philotheos the Righteous*

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**



Follow on your device here  
Live streams available at [Saint-Anthonys.org](http://Saint-Anthonys.org)

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM  
(CLICK THE LINKS BELOW):**

[SAINT-ANTHONY.S.ORG/LIVESTREAM](http://SAINT-ANTHONY.S.ORG/LIVESTREAM)

[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)

[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA)

## *HYMNS OF THE DAY*

### **APOLYTIKION FOR THE CROSS. MODE 1.** (Before the entrance)

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

### **RESURRECTIONAL APOLYTIKION. MODE 3.** (After the entrance)

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

Εὐφραίνεσθω τὰ οὐράνια, ἀγαλλιᾶσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιτίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

### **APOLYTIKION FOR THE CROSS. MODE 1.**

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

## APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elias the zealot, and following the straight paths of the Baptist, O Father Anthony, thou madest of the wilderness a city, and didst support the world by thy prayers. Wherefore intercede with Christ our God, that our souls be saved.

### KONTAKION. MODE 4.

You who were lifted on the cross voluntarily, \* O Christ our God, bestow Your tender compassions \* upon Your new community to which You gave Your name. \* Cause our faithful emperors to be glad in Your power, \* granting them the victories against their adversaries. \* And for an ally, Lord, may they have You, \* peace as their armor, the trophy invincible.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανόν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

## *EPISTLE READING*

### **Sunday After the Elevation of the Cross**

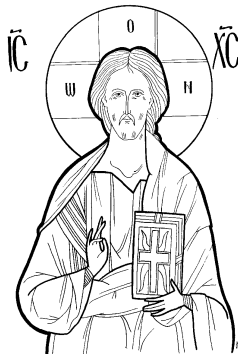
**Prokeimenon. Mode 3. Psalm 46.**

Sing praises to God; sing praises; sing praises to our King; sing praises.

**Verse:** Oh, clap your hands, all you nations; shout to God with the voice of rejoicing.

### **The reading is from Paul's Letter to the Galatians 2:16-20**

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

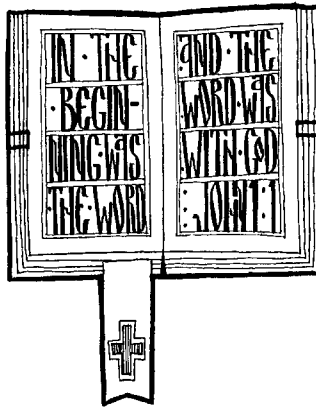


# *GOSPEL READING*

**Sunday After the Elevation of the Cross**

**The Gospel According to Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



## *PARISH ANNOUNCEMENTS*

### **HOLY COMMUNION PROCEDURE**

\*For the benefit of our Sunday School students, their teachers and the **TIMELY** start of their Sunday School Classes, the children will be receiving Holy Communion first.

**\*The ushers will release the children by pew from Front to Back.**

\*Only parents of the smallest, youngest Sunday School children, who need assistance, should receive Holy Communion with their children.

\*If you are not seated when Holy Communion begins, please take a seat in the back rows, quietly. Your children will be released in turn.

\*Please do not attempt to send your children down the side aisles to the front alone or down the center aisle.

\*After all children have received, the ushers will release the adults, again from the front pews.

**\*Please cooperate with our ushers. Please do not ask to be allowed through ahead of others.**

**\*Please remember this new procedure is for the benefit of our children and their Sunday School experience.**

**USHERS: Louie Kades, Nikole Zoumberakis and Perry Vidalakis**



**Today's Social Hour is hosted by:** Philoptochos.

**St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos:**

Please assist with bringing weekly goodies. A sign-up poster has been placed in the foyer of the hall. Please sign up on the poster or contact Tanya Christodoulelis at 626-379-2304. Thank you for your support.

**Please contact the Church office if you need to schedule a memorial.**

**Sunday School Fellowship 2024-2025**

Today is **the 2nd Sunday** of our Sunday School Fellowship Ministry. Class begins following Holy Communion. **Please be sure to register your child/children on the at the youth ministry registration** event or online: <https://forms.gle/PN96jhDdTE7TBR5i7>

**Photo Release Authorizations – For Youth 18 and younger**

Please stop by this table and complete the photo authorization release form so your children may be included in photos from Pascha, Goya basketball, Dance, etc., which may be published on our St. Anthony Church, Philoptochos, GOYA Instagram and websites.

**Saint Anthony's Greek Language School - Registration 2024-2025**

In person classes on Mondays, Thursday 4:30 pm - 6:30 pm.

Virtual classes on Tuesday all level (starting from age 6)

First Day: Thursday October 3, Monday October 7

Last Day: Monday June 2, 2025

To Register go to: <https://forms.gle/RppoCKe1vX7fNth19>

**Dance Practice is Starting!** The Dance Program is preparing for our Festival Performances. Practices will be on Sunday, September 8 and September 15. We begin preparation for FDF in October. We have groups for kids in Kindergarten through College age and up. If you are interested in joining the dance, please contact Nikole Zumberakis for more information at [nikoula@gmail.com](mailto:nikoula@gmail.com).

**Intro to Greek Dance for Pre-K/TK!** If you have a kid in Pre-Kindergarten or Transitional Kindergarten that is interest in starting to learn Greek dance, our Intro to Greek Dance group starting. Practices will be on Sundays immediately after Sunday School from 12-12:30PM. We ask kids are 4 years old when they begin. Please contact Andria Tsianos for more information at [andriatsianos@gmail.com](mailto:andriatsianos@gmail.com).

**Studies in the Faith – Fall Session: September 30 – November 18, 2024**

Our text for the 20254 Studies in the faith class will be, *The Orthodox faith, “Doctrine and Scripture,” Volume 1*, by Fr. Thomas Hopko. Our class this year will be taught over 8 sessions, meeting Monday evenings 6:30pm – 7:30pmon ZOOM.

These informative classes will serve as an excellent introduction to the Orthodox Faith for those interested in the Orthodox Church. This series of classes will also provide an inspiring enrichment and review for practicing Orthodox Christians.

\*Reading each week’s assigned chapter and participating in class discussion is encouraged to ensure that the sessions become an exciting and meaningful experience for all participants. For those interested in this year’s class, please email Fr. Peter at [frpeter@saint-anthonys.org](mailto:frpeter@saint-anthonys.org).

\*Google SVS Press, go to Find a Book tab at the top right of page and type in: Volume 1 Doctrine and Scripture. The cost of the book is \$23. (please order your copy as soon as possible)

**Chapter Discussions**

Introductory Session - Mon. 9/30: Chapter One “Sources of Christian Doctrine”

Second Session – Mon. 10/7: Chapter Two “The Symbol of the Faith”

Third Session – Mon. 10/14: Chapter Three “The Holy Trinity”

Fourth Session – Mon. 10/21: Chapter Four “The Bible”

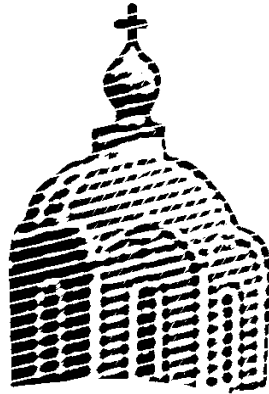


Fifth Session – Mon. 10/28: Chapter Five “Old Testament”

Sixth Session – Mon. 11/4: Chapter Six “New Testament”

Seventh Session – Mon. 11/11: Chapter Seven “Salvation History”

Eighth Session – Mon. 11/18: Chapter Eight “Great Week and Pascha”



## **Great Martyr**

*September 15, 2024*

This Saint was of high birth among the Goths beyond the Danube River. He was taken by Athanaric, pagan ruler of the Goths, and after being tortured, was burned to death for his confession of Christ.

According to some, this took place during the reign of Saint Constantine the Great; according to others, under the Emperor Gratian.

The deadline for submitting information for the Sunday Bulletin is every Wednesday. please send it to [office@saint-anthonys.org](mailto:office@saint-anthonys.org)



## WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

# PASADENA GREEK FEST COOKING SCHEDULE

Thursday, August 29	Galaktobourekio
Friday, August 30	Spanakopita
Tuesday, September 3	Koulourakia
Wednesday, September 4	Kourambietes/Paximadia
Thursday, September 5	Kataifi/Paximadia
Friday, September 6	Floyeres
Monday, September 9	Diples
Tuesday, September 10	Kataifi
Wednesday, September 11	Baklava
Thursday, September 12	Melomacarona
Friday, September 13	Pasta Flora
Sunday, September 15	Dolmathes
Monday, September 16	Meloma

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*Cooking will start at 9:00 am and lunch will be provided. Ending times vary depending on the items being prepared and the number of volunteers that attend. If you would like to provide lunch, please let the church office know. Please join us, even if you only have a couple of hours. We can't do it without you! We look forward to seeing you.*

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SAINT ANTHONY GREEK ORTHODOX CHURCH

P A S A D E N A  
**GREEK FEST**

**20, 21, 22 SEPTEMBER 2024**

Friday 5pm - 10pm \* saturday noon - 10pm \* sunday noon - 10pm

**778 S ROSEMEAD BLVD. PASADENA, CA**

*LIVE MUSIC - GREEK FOOD - DANCING*

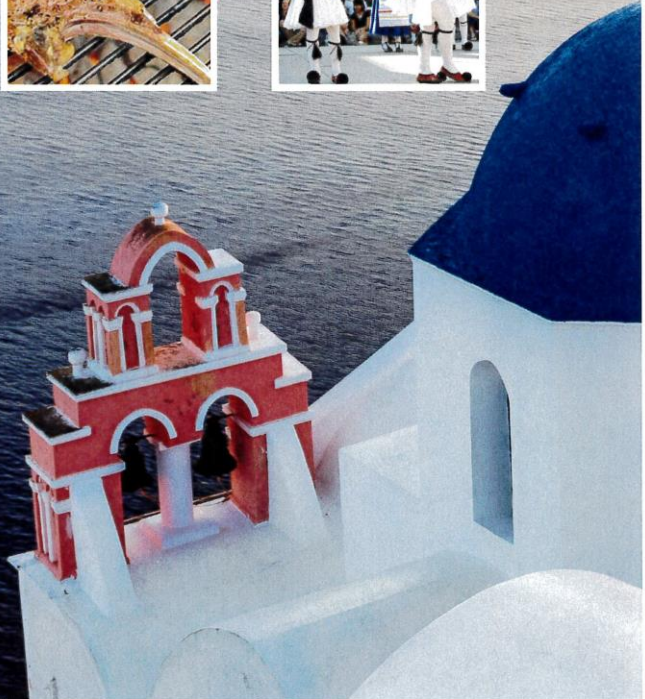


*FREE PARKING  
WITH SHUTTLE FROM*

**SANTA ANITA PARK  
285 W HUNTINGTON DR.  
ARCADIA, CA**



**PASADENAGREEKFEST.COM**





Dear Community Members,

We are thrilled to share some exciting updates regarding the Pasadena Greek Fest! Thanks to your incredible support and enthusiasm, we have made significant progress in our planning and sponsorship efforts. To date, we have raised \$14,250, putting us well on our way to reaching our \$50,000 target. This success is a testament to the generosity and commitment of our sponsors and community members. We are deeply grateful for your contributions.

If you haven't made a pledge yet, we invite you to do so. Your support will make a significant impact on the festival and the programs it supports. For more information and to make a pledge, please [Click Here](#).

Once again, thank you for your unwavering support. Together, we are poised to make the Pasadena Greek Fest a resounding success!

With deepest gratitude,

St. Anthony's Greek Festival Committee

## SPONSORSHIP TIERS:

### **GOLD SPONSOR: \$5,000**

- 100 Weekend Passes
- Full-page ad in the ad book (personal or business)
- Logo on our website (for businesses)
- Recognition as a sponsor in the ad book

### **SILVER SPONSOR: \$2,500**

- 50 Weekend Passes
- Half-page ad in the ad book (personal or business)
- Logo on our website (for businesses)
- Recognition as a sponsor in the ad book

### **BRONZE SPONSOR: \$1,000**

- 25 Weekend Passes
- 1/4-page ad in the ad book (personal or business)
- Logo on our website (for businesses)
- Recognition as a sponsor in the ad book

### **FEST PATRON: \$500**

- 10 Weekend Passes
- 1" X 5" text-only message in the ad book (personal)
- Recognition as a sponsor in the ad book

### **FEST SUPPORTER: \$250**

- 5 Weekend Passes
- Recognition as a sponsor in the ad book

## AD BOOK ONLY\*

- 1" x 5" (TEXT ONLY) - \$250
- 1/4 Page (2.75"x4.25") - \$500
- Half Page (5"x4") \$1000
- Full Page (5" x 8") - \$2000
- Inside Back Cover (5"x8") - \$3,000
- Outside Back Cover (5"x8") - \$5,000

\* Purchase of this ad spaces does not include any other benefit such as weekend passes, logo on website or special recognition as a sponsor.





St. Anthony Speaker Series  
a new talk every other month

September Talk:

# ***Get Your Greek Citizenship***

Learn How Americans of Greek Descent Can Become Greek Citizens  
Get the Benefits of an EU Passport for You and Your Family



Thursday September 26th, 2024 at 6:30pm  
St. Anthony Greek Orthodox Church Hall  
778 S. Rosemead Blvd, Pasadena, CA

Speaker:

***Vasiliki Anyfanti***

Greek Attorney and Expert on Getting Greek Citizenship

Light Refreshments will be Served

All Talks in this Series are Free

RSVP to Alma in the Church Office: (626) 449-6943 or [alma@saint-anthonys.org](mailto:alma@saint-anthonys.org)



Next Talk:

***“College Year in Athens”***

How Your Child Can Live and Study in Greece

Thursday, November 14th at 6:30pm

St. Anthony Church Hall

# STEWARDSHIP PLEDGE CARD FOR 2024



## 2024 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,  
as good stewards of God's grace." (1 Peter 4:10)*

2024

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

SIGNATURE

DATE

[For office use only]

### ST. ANTHONY GIVING LEVELS:

**CONTRIBUTOR: \$499 & below**  
\$9.60/week OR \$42/month & below

**FRIEND: \$500 - \$999**

\$9.60-\$19/week OR \$42-\$83/month

**SUPPORTER: \$1,000 - \$1,999**

\$19-\$38/week OR \$83-\$167/month

**\* FAITHFUL: \$2,000 - \$3,999**

\$38-\$77/week OR \$167-\$333/month

**\* DISCIPLE: \$4,000 - \$6,999**

\$77-\$135/week OR \$333-\$583/month

**\* GUARDIAN: \$7,000 - \$9,999**

\$135-\$192/week OR \$583-\$833/month

**\* ANGEL: \$10,000 - \$14,999**

\$192-\$288/week OR \$833-\$1,249/month

**\* ARCHANGEL: \$15,000 and up**

\$288/week OR \$1,250/month & up

*Review your stewardship commitment prayerfully, consider what you offer to Christ's Church in comparison to your monthly utility/service payments.*

Please return your completed commitment card to church by January 31, 2024

*Your card must be on file for you to be considered in 'Good Standing'*

**In response to God's blessings, I/we pledge a 2024 offering of:**

**My Total Commitment for 2024: \$ \_\_\_\_\_**

**I will fulfill and pay my pledge: (CHECK ONE)**

Weekly at \$ \_\_\_\_\_/week

Monthly at \$ \_\_\_\_\_/month     Annually

Contact the Church office to set up easy recurring electronic payments  
-OR- set up your own recurring giving at [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com)

***\*To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above***

**MAKE SURE YOU ARE A REGULAR SUPPORTER OF OUR CHURCH!**

*If you want to become a member in our Church, please feel free to take a Steward Financial Commitment card (pledge Card) from the announcement table in the narthex, completed and give it to the user.*

*Weekly stewardship envelopes are available. Please contact the church office if you would like to have them for the 2024 stewardship contributions.*

*Please visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) or scan the QR code below to make your one time or recurring offering.*

## How do I set up WeShare?

**5 easy steps in less than 5 mins**

1. Scan QR Code  
(use camera on your device)



2. Click sign in (top right)

3. Under Don't have an account click - Create One

4. Follow prompts

5. Name, email, set up password, account info





**Scan QR code for Candle / Tray Donation**



**Scan QR code to follow  
service on your phone or iPad**



**Eight Dates Marriage Program Offered This Fall – Register Today!**

**The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry and the Office of Youth and Young Adult Ministries invite all couples to participate in the upcoming "Eight Dates" marriage program. Presented for the fourth time, this powerful relationship series is based on the book *Eight Dates* by Drs. John and Julie Gottman.**

**Any couple wanting to improve their communication and connection can benefit from this lively and evidence-based program, where the Family Wellness Ministry team integrates the riches of our Orthodox Faith into each presentation. Couples will meet online every other Thursday and are encouraged to connect on their “8 Dates,” engaging in essential conversations during the following weeks.**

**Register by September 11: [www.familywellnessministry.org/eight-dates](http://www.familywellnessministry.org/eight-dates)**

**Sessions begin: Thursday, September 19 at 6:30 p.m. (Pacific) via Zoom**

**Don't miss this opportunity to enrich your relationship!**

**SCAN FOR MORE INFORMATION AND TO REGISTER!**



## **METROPOLIS YOUNG ADULT FALL RETREAT 2024**

Join Orthodox Young Adults, ages 18-39, from across the West Coast for a beautiful Fall Retreat at St. Nicholas Ranch & Retreat Center in Dunlap, CA. Young Adults from all Orthodox traditions are welcome to attend. We will spend time having discussions and fellowship at St. Nicholas Ranch, as well as visit and help the Sisters at the Monastery of the Life-Giving Spring with a work project and other engaging activities throughout the weekend. There is an optional add-on hiking adventure to the Kings Canyon and Sequoia National Park on Friday, October 4. Participants can upgrade their registration and arrive on Thursday evening, October 3, to participate in the Friday morning excursion to the mountains for the day before the retreat begins.

**DATE: October 4-6, 2024**

**LOCATION: St. Nicholas Ranch & Retreat Center, Dunlap, CA**

**AGES: Young Adults ages 18-39**

**SPEAKER: Fr. Nebojsa Pantic, the Assistant Priest from St. Nicholas Greek Orthodox Church in San Jose, CA**

**THEME: The Power of Forgiveness - "For surely your goodness and mercy O Lord will follow me all the days of my life."**

**WEBSITE & MORE INFO: <https://gosfyouth.org/youngadults>**

## OTHER ANNOUNCEMENTS



**The Panarcadian Federation of America “NEA MANTINEIA CHAPTER #102” invites you to come celebrate with us the 36th Annual Commemoration of “ALOSIS TIS TRIPOLITSAS” on Saturday, October 12, 2024 at St. John’s Church, Anaheim.**

For Reservations Call or Email:

Kosta Kapogianis [kapogianis@gmail.com](mailto:kapogianis@gmail.com) (714) 726-7383

Maria Kypreos [makypreos@gmail.com](mailto:makypreos@gmail.com) (626) 272-2720

Dimitra Kapogianis [dimitrak@sbcglobal.net](mailto:dimitrak@sbcglobal.net) (714) 402-4203

Niky Syrengelas [nikysyrengelas@gmail.com](mailto:nikysyrengelas@gmail.com) (951) 285-5480

### **Reminder:**

**NO PARKING IN EMERGENCY WHITE ZONE IN FRONT OF CHURCH**

**A Handicap Placard or Handicap License Plate is required to park in the blue handicap parking spaces.**