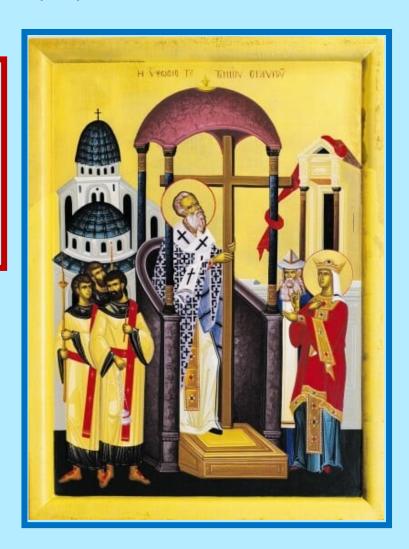
The Voice of Saint Anthony September 2024

Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos 778 S. Rosemead Boulevard, Pasadena, CA 91107 (626) 449-6943 Office (626) 449-6974 FAX

Ecclesiastical New Year	1 September
Nativity of Holy Theotokos	8 September
Joachim & Anna	9 September
Elevation of Holy Cross	14 September
Sophia, Faith, Hope & Love	17 September
Falling Asleep of St. John	26 September

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Elevation of the Holy Cross
14 September

Deadline for October Newsletter is Wednesday, 25 September.

Please send to: newsletter_church@aol.com

Message from Father Peter

Christ our God, Your kingdom is an everlasting one and your Lordship is over all. You have made all things with wisdom and have established proper times and seasons for our lives.

We give thanks to You in all circumstances and for all things.

Lord bless the beginning of the Church year with Your goodness.

Grant that this liturgical year be for all of us a year of grace.

Make us worthy with purity of heart always to praise you.

Lord glory to you!

Matin Hymn, September 1

Do you know why the first day of September marks the beginning of the Church year? We are accustomed to think of January 1st as the beginning of the year. But the tradition of computing the start of a new year with the fall season, was common to the lands of the Bible, and to all the lands around the Mediterranean. The summer harvest was at an end, the crops were stored, and people prepared for a new agricultural cycle. It was an appropriate time to begin a new year.

The prayers and hymns of the Orthodox Church not only recite the wonderful works of God in creation and history for our salvation but also frequently offer guidance about how to make each year a year of grace, a year of the Lord. For example, the very first hymn of the liturgical year, chanted at Vespers in the joyful first tone, reminds us that prayerful daily dependence on God is the basic attitude of the Christian life. This hymn is also interesting because it refers to another key passage in the Bible and addresses all the Orthodox faithful.

O faithful, having learned true prayer from the very words and divine teachings of Christ, let us cry out to the Creator each day: Our Father, who dwells in heaven, give us always daily bread, and forgive us our transgressions. Of course the prayer in the Bible this hymn is referring to is the Lord's Prayer.

As we pray the Lord's Prayer daily, allow me to also offer a meditation for us all to reflect on, as we begin the new Church ecclesiastical year: Prayerful daily dependence on God sanctifies every moment of the day, whether we are at work, at play, at rest or in difficulty; it fills it with the presence of God and makes it God's moment. Reflect on this passage and concentrate on making a difference in your life this year through prayerful daily dependence on God.

As a community, refreshed from a restful summer, we are ready to begin our new Church year. We have numerous programs and ministries available to receive God's grace and grow in our faith. Mark your calendars to be in attendance on **Sunday September 8 for the Nativity of the Theotokos**. Following services that day we will have Youth Ministries Registration Sunday. Come to church, participate, sign up with our ministries, and in fact come to Church often and take part in the life of the Church! Make this new Church year the very best it can be for us as individuals and as a spiritual family. Experience God's love and grace through this beautiful community, which He continues to greatly bless.

Happy New Year! Καλη Χρόνια!

In Christ,

Fr. Peter



www.pasadenagreekfest.com

SAINT ANTHONY'S

PASADENA GREEK FEST



Inside

Festival Information

How to become a sponsor & donate

Meet your Greek Fest Team!

SEPT 20, 21, 22

FEST HOURS

Friday 5PM - 10PM Saturday Noon - 10PM Sunday Noon - 10PM

ADMISSION

Weekend Pass \$10 One Day Pass \$5

PARKING

Shuttle available from Santa Anita Park. Limited Handicap Accessible parking available at Saint Anthony and New Hope Korean Church (after 2pm on Sunday)





5 Simple Ways to Help

Become a Sponsor and encourage local businesses and individuals to sponsor & advertise in the Ad Book.

Donate products &/or money

Volunteer Before, during & after the festival

Spread the Word: Utilize social media, email newsletters, & word-of-mouth to promote the festival. Encourage parishioners to invite friends, family, and colleagues.

Attend and Participate: Encourage active participation by attending the festival & bringing guests. Their presence not only supports the event but also creates a vibrant atmosphere.

GREEK FEST

These efforts can significantly contribute to the success of the festival & create a sense of community involvement.

www.pasadenagreekfest.com

SPONSORSHIP

WHAT ARE THE BENEFITS?

Becoming a sponsor of St. Anthony's Annual Pasadena Greek Fest offers numerous benefits. As a sponsor, you will receive prominent recognition in our program book, as well as an opportunity to invite your personal guests to the festival and send them free admission tickets.

HOW DO I SIGN UP?

Signing up to be a sponsor for St. Anthony's Annual Pasadena Greek Fest is simple and convenient. You have two options: First, you can click the link provided to immediately sign up and pay online, securing your sponsorship package right away. SPONSORSHIP LINK

Alternatively, if you prefer to arrange payment later, you can info@pasadenagreekfest.org to let us know which sponsorship package you are interested in. We will then provide you with the necessary details to complete your sponsorship at your convenience. Whichever option you choose, we are here to assist you every step of the way.

SPONSORSHIP LEVELS

Gold Sponsor: \$5,000 Weekend Passes x 100 Full page ad in program book Logo on website

Silver Sponsor: \$2,500 Weekend Passes x 50 Half page ad in program book Logo on website

Fest Patron: \$500 Weekend Passes x 10 1" X 5" Text Only in program book

Fest Supporter: \$250 Weekend Passes x 5 Recognition in program book Bronze Sponsor: \$1,000

Weekend Passes x 25 1/4 page ad in program book Logo on website

PAY NOW:

onecau.se/pasadenagreekfest

PLEDGE & PAY LATER:

info@pasadenagreekfest.org

PRE FESTIVAL COOKING DATES

Tuesday, August 13 Wednesday, August 14 Friday, August 30 Tuesday, September 3 Wednesday, September 4 Thursday, September 5 Friday, September 6 Monday, September 9 Tuesday, September 10 Wednesday, September 11 Thursday, September 12 Friday, September 13 Sunday, September 15 Monday, September 16

MEDIA LINKS

ike Share WEBSITE pasadenagreekfest.com

FACEBOOK facebook.com/pasadenagreekfest

> INSTAGRAM @pasadenagreekfest







www.pasadenagreekfest.com

Your Pasadena Greek Fest Committee

Christian Balas Chairman
Christos Vagenas Co-Chairman
Louis Kades Operations Director
Vicki Kades Communications Director
Yianni Kades Technology Director
Pete Galanis Facilities Director

Nicolitsa Vagenas Outreach/Program Director

Theodora Trigonis Marketing Director
Panagioti Giannoulias Logistics Director

Ted Attalla
Mark Nastri
Wine Booth
Wosta Papavasiliou
Katerina Kamar
Liam McCann
Niko Begakis
Pete Katsafados

Bar Booth
Wine Booth
Bar Team
Bar Team
Gryo Booth
Souvlaki Bo

Pete Katsafados Souvlaki Booth Theoni Katsafados Souvlaki Booth Theo Giannoulias Souvlaki Booth Jimmy Kypreos Lamb Chop Booth

Ted Tarazi Dinner Line
Sia Soris Kitchen
Maria Kypreos Kitchen
Athena Serban Kitchen
Joana Koulos Pastries Booth

Nicole Schulman Pastries Booth Eleni Ioannou Pastries Booth Cleo Kades Loukoumandes

Cleo Kades Loukoumandes Booth Joyce Mavridis Loukoumandes Booth Teresa Argueta Coffee Booth Stacey Papavasiliou Coffee Booth

Perry Vidalakis Feta Fries/Calamri Booth
Adel Tanious Feta Fries/Calamri Booth
Christina Zoumas Aggra/Grook Deli

Christina Zoumas Agora/Greek Deli Tanya Christodoulelis Agora/Greek Deli

Katherine Boukidis Raffle/Information Booth

Jim Pappas Gate

Polly Vagenas Kid Activities
Maria Gittings Kids Activities
Larry Kallins Festival Inventory

Tashia Vagenas Inventory
Christine Kades Inventory
Anthia Lucas Accounting
Jim Nichols Accounting
Eleni Mitropoulos First Aid
Michael Kontaxis Church Tours
Liam McCann Church Tours

Nikole Zoumberakis Dance

Liz Skandale Vendors Coordinator Maria Caire Vendors Coordinator Thanos **Technology Assistant** Maria Caire Marketing Team John Paul Caire Marketing Team Demitri Trigonis Logistics Team Yianni Levandis Logistics Team Alexander Sowers Logistics Team John Paul Caire Logistics Team

Procurement Leam: Anthia Lucas Julie Baias Helen Skanaale Ellie Tarazi

Sign-Up Genius

Information coming Soon to Sign Up to

Volunteer during the weekend. Check your

email in a few weeks!



Get Involved!

Feeling inspired? We'd love for you to join our vibrant community and be part of the magic. Whether you're interested in volunteering or joining the committee, your help is invaluable. For more information or to get involved, please email info@pasadenagreekfest.org.



Every Sunday After Divine Liturgy

Swing by the Pasadena Greek Fest information table after church every Sunday (4 weeks) until the Pasadena Greek Fest.

Pick up festival flyers, learn about sponsorship opportunities, grab some fest gear, sign up to volunteer, and get answers to all your festival questions.

www.pasadenagreekfest.com

Festival Sponsors



Silver Sponso

No one yet! Donate now, or we will tell Yiayia you didn't support the festival!

Dr. Jim & Sophia Angelos Louis & Vicki Kades Steve & Christine Pappas Demetra Geges Johal & Arturo Gonzalez The Perry & Zoe Vidalakis Family

Fest Patron

Christian Balas Christine Kades Eleni Mitropoulos & Bill Balntas Jim Pappas Christo & Eleni Vagenas Spiro & Diana Vagenas Bobby & Nikole Zoumberakis

Fest Suppor

Nick & Danielle Bouzas Liam McCann Yianni Levandis Kosta Papavasiliou Nikolitsa Vagenas As of August 19th

Quick Links!



Festival Website



Become a Sponsor



Community Hub



Save The Date!

Sunday, September 29th Festival Appreciation Lunch for all Volunteers



See you @ Pasadena GreekFest 2024!



Quick Links!



Festival Website

Buy admission tickets here!



Become a Sponsor



Community Hub

Committee info, cooking schedules, volunteer, etc.!

Promote the Pasadena
GreekFest via Social Apps!



WEBSITE pasadenagreekfest.com

FACEBOOK facebook.com/pasadenagreekfest

INSTAGRAM @pasadenagreekfest







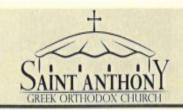


See you @ Pasadena

GreekFest! P



Stewardship



2024 Stewardship Financial Commitment

"As each has received a gift, use it to serve one another, as good stewards of God's grace." (1 Peter 4:10)

2024

LAST NAME	FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.			
STREET ADDRESS		CITY	STATE	ZIP
PREFERRED PHONE	OTHER/SECOND PHONE		E-MAIL	
SIGNATURE	DATE	[For office use only]		

ST. ANTHONY GIVING LEVELS:

CONTRIBUTOR: \$499 & below \$9.60/week OR \$42/month & below

FRIEND: \$500 - \$999 \$9.60-\$19/week OR \$42-\$83/month

SUPPORTER: \$1,000 - \$1,999 \$19-\$38/week OR \$83-\$167/month

*FAITHFUL: \$2,000 - \$3,999 \$38-\$77/week OR \$167-\$333/month

* DISCIPLE: \$4,000 - \$6,999 \$77-\$135/week OR \$333-\$583/month

* GUARDIAN: \$7,000 - \$9,999 \$135-\$192/week OR \$583-\$833/month

*ANGEL: \$10,000 - \$14,999 \$192-\$288/week OR \$833-\$1,249/month

*ARCHANGEL: \$15,000 and up \$288/week OR \$1,250/month & up Review your stewardship commitment prayerfully, consider what you offer to Christ's Church in comparison to your monthly utility/ service payments.

Please return your completed commitment card to church by January 31, 2024

Your card must be on file for you to be considered in 'Good Standing'

In response to God's blessings, I/we pledge a 2024 offering of:

My Total Commitment for 2024: \$______

I will fulfill and pay my pledge: (CHECK ONE)

☐ Weekly at \$_____/week

☐ Monthly at \$____/month ☐ Annually

Contact the Church office to set up easy recurring electronic payments
-OR- set up your own recurring giving at saint-anthonys.churchgiving.com

*To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above

Pasadena Golf Classic

Pasadena Greek Fest

Name

Name

Email



Commitment of Time and Talents



Other

Phone

Phone

Families should mark "H" for husband, "W" for wife, "C" for Children.

Council of Ministries

Acolytes	Kouvouklion	Stewardship Committee
Bible Studies	Little Lambs	Studies in the Faith
Bookstore	Myrrh Bearers	Sunday School
GOYA Basketball	OCF (Orthodox Christian	Vacation Bible School
GOYA/Jr. GOYA	Fellowship)	VIPs
Greek Dance	Office Volunteers	Volleyball Tournament
Greek Language School	St. John Chrysostom	Welcoming Committee
JOY/HOPE	Oratorical Festival	Other
	Parish Events	
Palm Sunday Luncheon	Resurrection Magiritsa	Summer Family Picnic

Saint Anthony Feast Day

Email

Dinner

Christ is Risen! Truly He is Risen!

Seek Christ TODAY!

Open your heart to Him TODAY!

And use your words carefully today,
because there is power in words
and just one word
can make or break someone.

Ministries



2024 PARISH COUNCIL

Perry Vidalakis President

Pete Gallanis 1st Vice President
Joe Akrotirianakis 2nd Vice President

Tashia Vagenas Secretary
Christian Balas Treasurer

> Tom Grafos Louie Kades

Pete Katsafados Liam McCann

Eleni Mitropoulos

Jim Pappas Dino Vagenas Vincent Zarian

Nikole Zoumberakis

OFFICE STAFF

Alma Vorgias - Office Administrator



CUSTODIAL STAFF

Carlos Sosa





CHANTERS

Michael Kontaxis Liam McCann

READERS

Nicholas Kokoris Rebecca Russo



SUNDAY SCHOOL STAFF

Sophia Syrengelas - Director

Little Lambs: Teresa Argueta

PK, TK, & Kindergarten: Irene Albeck, Larissa Maslen, Jenni Nassos

Kindergarten, First & Second: Sophia Syrengelas & Andrianna Lareau

Third, Fourth, & Fifth: Mary Udria & Athena Serban

Middle School: Polly Vagenas & Chris Syrengelas

High School: Presuytera Aida Stratos

PHILOPTOCHOS SOCIETY

Executive Board

President

Judith Din

1st Vice President

Jeanne Karaionnoglou

2nd Vice President

Helen Skandale and Lisa Xanthos

Corresponding Secretary
Mary Udria and Irene Albeck

Recording Secretary

Mary Dewar **Treasurer**

Connie Becker

Assistant Treasurer

Maria Grover

Advisor

Maria Kypreos Spiritual **Advisor**

Father Peter Stratos

Board of Directors

Beautification

Maria Kokoris

Maria Hronas

Community Outreach

Fontaine Malisos

Liz Skandale

Fellowship

Tanya Christodoulelis

Maria Kypreos

Publicity

Christine Pappas

Scholarship

Presbytera Aida Statros and Irene Albeck

Social Media/Webmaster

Sophia Syrengelas

Sunshine and Visitation

Fontaine Malisos

Liz Skandale

Union Station

Irene Albeck

Operation Classroom

Nicolette Fuerst and Jennifer Webster

ADDITIONAL MINISTRIES

Acolytes Pres Aida Stratos

Bible Study Fr. Peter Stratos

Bookstore Noah Johnson

Golf Tournament Jimmy Christos

GOYA Anthia Drulias Lucas

Maria Katsas Gittings

Polly Vagenas

GOYA Basketball Pana Gelt

GOYA Volleyball Anthia Lucas

Pana Gelt

Greek Dance Groups Nikole Zoumberakis

Greek Festival Christian Balas

Greek Language Anastasia McClain

JOY/HOPE Irene Albeck

Myrrh Bearers Irene Albeck

Oratorical Festival Pres Aida Stratos

Prayer Shawls Maria Kypreos

Psalter Group Fr. Peter Stratos

Vacation Bible School Sophia Syrengelas

Mary Udria

VIPs Irene Albeck





We joyfully anticipate the upcoming Sunday School Fellowship school year and look forward to seeing our students for the first day of class on **Sunday, September 8**th!

We kindly ask that all students who will be attending Sunday School complete the registration form on the next page. Collecting class count numbers, student names for our rosters, grade and age levels, and contact information helps with planning as we prepare for the upcoming year. Please fill out a form for each child in your family.

https://forms.gle/PN96jhDdTE7TBR5i7

A timely response is much appreciated. The quicker we get student information, the quicker we can begin planning lessons and setting up our classrooms!

Our dedicated and faithful team of volunteers are preparing for a fun, engaging and welcoming Sunday School year!

Thank you for supporting our program!
Sophia Syrengelas

sundayschool@saint-anthonys.org





Youth & Young Adults

HOPE

Hellenic Orthodox Primary Explorers
A youth ministry for children 4 1/2 to 8 years old

We had our first meeting August 18 following Divine Liturgy. Lunch was followed by a discussion on "What do you see in the icon of the Holy Transfiguration?" The children observed the big circle behind Jesus, six people including Jesus, and people looking shocked. They saw Jesus standing on a mountain, Moses, Jesus holding a paper (scull), the shoes fell off because of the big lightening, and three rays of light.

On August 6 people brought grapes to church to be blessed and to thank God for helping the crops to grow. Alyssa read a prayer and Tommy held the tray of grapes as we prayed.

A mini-Olympiad was held: javelin throw (sponge rocket), discus throw (paper plate), hammer throw (soft pumpkins), ending with a relay (water) outdoors. The next activity the group played consisted of various water games. We ended with a prayer, enjoyed popsicles and had dessert.

HOPE will meet the **second Sunday of each month**, ten minutes after Sunday school has ended. Room to be announced.

Meetings will include lunch, icebreakers, games, crafts, and an outreach project.

Our next meeting will be **September 8.** At this meeting we will make plans for October 13 meeting where we will be collecting coins for UNICEF (United Nations International Children/s Emergency Fund) trick or treat month. Children may bring a costume and dress up for the meeting as a super hero, children helping children.

November- Making kouroulakia or cookies for the homeless

December - Community toy drive

January- Vasilopita

February- Treat bags for the VIPs

March 3- Kathera Deftera- Kite flying (Monday)

April- The Two P's - Palms and Pancakes

May- Tentatively bowling-will be confirmed

All children are welcomed to participate in this church ministry. Our goal is to have fun, and make new friends, using the basic principles of the HOPE ministry — worship, fellowship, service, and witness.

For further information contact Mrs. Irene Albeck mcmg2a@aol.com



Patron Saint for Youth Ministries

HOPE, a youth ministry of the Archdiocese

Please join HOPE our heroes, children helping children to collect UNICEF (United Nations International Children's Emergency Fund) Trick or Treat coins in October.

Two hundred eighty dollars (\$280) could provide school in a box to help forty students to continue learning in their country.

Five hundred twenty-five dollars (\$525) will deliver two months of therapeutic food to ten children to help them recover from severe malnutrition.

Further information will be available.





GOYA NEWS

First meeting on Sunday, September 8^{th} at 12:15pm upstairs in the high school classroom. This is also the first day of church school.

We will be having our GOYA elections and decide on our GOYA booth for the festival!

We will also start planning our fall events!

Open Positions

President Recording Secretary

Vice President Treasurers

Corresponding Secretary Junior Treasurer

Dues will be \$25 for the year for GOYA membership.

Please bring a check made out to St. Anthony GOYA.

Check out our Instagram account at: @stanthonysgoya

GOYA meetings are every 2nd Sunday of the month from 12:15pm-1:00pm

To sign up your child for GOYA, please use this QR code.

Any questions, please email us: goya@saint-anthonys.org





Philoptochos

Good Works

Union Station Homeless Service (USHS)

USHS Is in need of sack lunch donations. The lunches can be dropped off at the Adult Center (412 S. Raymond Ave., Pasadena) from 8:00 a.m. - 2:30 p.m.

Please, email volunteer@unionstationhs.org to schedule delivery.

Philoptochos prepares a nutritious dinner, funded through the generosity of our donors. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.), and single serve bottles of milk. You may continue to volunteer by donating towards the purchase of individual packaged items.

The estimated costs are: Chicken - \$75, Rolls - \$15, Dessert - \$17, and Beverages - \$40.

We welcome your donations to help offset our costs of large aluminum pans with lids. We invite you to consider helping us feed the needy by making a contribution towards this ministry. We are most grateful for your generous support.

Please make checks out to: *Philoptochos of Saint Anthony*. Please write USHS on the memo line.

Thank you for being a part of the solution to homelessness.

For further information, please contact:

Irene Albeck mcmg2a@aol.com

Vangie Dupas vangiedupas@sbcglobal.net
Christina Kades christinekades@gmail.com

"You shall open wide your hand to your brother, to the needy and to the poor, in your land."

Deuteronomy 15:11







Philoptochos continues to deliver non-perishable food to the food pantry at Friends In Deed.

Upcoming Philoptochos Meetings

2024 Christmas Benefit Planning Meeting

Monday, September 9, 2024, at 7:00 PM in Trinity Hall.

The 55th Anniversary Christmas Benefit committee, a fun group of talented volunteers who annually plan our largest fundraiser of the year, is welcoming new members now. The proceeds from the Benefit help to fund the charity work Philoptochos does throughout the year. This year's event will be held on Saturday, **December 7, 2024** at The Langham Huntington Hotel in Pasadena.

Board Meeting - Wednesday, September 11, 2024, at 7:00 PM

General Meeting - "Welcome Back" - Wednesday, **October 23, 2024.** Due to the Church Festival scheduled for September and in order to best support the Festival, we are postponing our Annual Welcome Back Kickoff meeting until October 23, 2024. Details to come.

Upcoming Philoptochos Events

Blessing of the Animals

Saturday, **October 19, 2024**, in the morning. We welcome everyone and their companion animals to join us for a blessing given by Father Peter Stratos to all attendees.

Further details will be announced shortly.



FOLLOW US ON SOCIAL MEDIA

Facebook: St. Anthony Philoptochos Instagram: stanthonyphiloptochos



COFFEE HOUR FELLOWSHIP









Host a Coffee Hour

Celebrate a Name Day, Birthday, Anniversary, Loved One or as a Family Activity!

Every Sunday following the Divine Liturgy, coffee hour in the Parish Hall provides an opportunity to visit with fellow parishioners and to greet new Parish members. By offering to host a Coffee Hour Fellowship, you are assisting in providing a delicious snack while we spend time with our church family.

Hosting is as easy as 1-2-3:

1. Sign-up on the poster located in the Parish Hall or Church Office. If you would like your name or event included in the weekly bulletin, notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at office@saint-anthonys.org

For Memorials, please notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email at office@saint-anthonys.org

- 2. **Bring snacks for 75 adults and kids** Suggestions include: Pastries, Bagels, Muffins, Cakes, Cookies, Mini Deli Sandwiches, Cheese & Crackers, Olives, Dolmades, Hummus, Tzatziki, Pita, Raw Vegetables, Fruit, Salads or anything you would enjoy!
- Bring food items plated on serving trays/bowls and ready to serve by 10:00am on your chosen day. (Serving tables and coffee/water station are set up by 10:00am)

That's it! Your fellow parishioners will be grateful for the snack and fellowship.

Philoptochos provides the coffee, sugar, creamer, paper plates, plastic utensils and napkins or you may choose to donate these items to help offset the cost.

For questions, please call or email Tanya Christodoulelis at 626.379.2304 or tanyachristos@yahoo.com.

All cash donations made during Coffee Hour go toward the Church Altar Fund to provide the items needed throughout the year for the altar.

2024 Philoptochos Membership



PHILOPTOCHOS SOCIETY OF SAINT ANTHONY GREEK ORTHODOX CHURCH PANAGIA CHAPTER

PHILOPTOCHOS MEMBERSHIP FORM

2024 Philoptochos M	1embership	2024 Associate (Men / Non-V	-	
Last Name		First Name	Spouse Name	M.I.
Street Address				
City		State		Zip
Home Phone		Cell Phone		
Email Notices will be sent via e	mail. If you prej	fer your notices maile	d, please, let us know by che	cking here
St. Anthony's Philoptoc	nos Stewardship	(membership dues).	Select amount below:	
\$50 Each \$50 stewardship s St. Anthony Philoptoch	* *	al Philoptochos (\$15),	\$125 San Francisco Metropolis Check Credit Can	
I am interested in helping	with the followi	ng:		
Feeding the Hungr Delivering Meals to Homebound Visita Telephone Tree	o Parishioners	Hosting Fe Baking & (Fundraisin Social Med	Cooking	MarketingWebsite Designer _Other Talents _Specify
OPTOCA	2024 P	НІГОЬТОСНО	OS MEMBERSHIP I	DRIVE
PHILAMINA FRITING	Your contrassistance membersh philanthro	inued generosity allow and outreach to those hip or become a new m opic work. Join us as v	in need. We invite you to remember as we endeavor to do we strive to fulfill the word of rone of these, the least of m.	nancial new your our f Christ.
FELLOWSHIP FA		•	Matthew 25:30	y breinren, you
PLEASE RENEW (OR JOIN BY M	IAIL (Check payat	ole to: Saint Anthony Phi	loptochos Society)
		l your check along wi		
	•	•	y, Attention: Membership rd, Pasadena, CA 91107	
		ne at https://stanthon l down to "Annual M	yphiloptochos.square.site embership Dues"	

For more information or questions, please contact Lisa Xanthos (626) 222-4374 or Helen Skandale (818) 618-4963



In support of the Bishop Anthony Philoptochos Student Aid Endowment Fund. *Join us! More details coming soon!*

VIPs

As the VIPs did not meet in August, and will not meet in September, we want to acknowledge the **August and September birthday celebrants** at this time and wish them **MANY HAPPY RETURNS!**

Irene Albeck	August 10
Presbytera Helen Anastas	August 11
Nancy Vidalakis	August 12
Mary Tassop	August 14

Fontaine Malisos	September 10
Bess Mechalas	September 11
Bertha Patsavas	September 11
Maria Kypreos	September 12
Valerie Vallas	September 13
Jim Kolokotrones	September 14
Kathy Lucas	September 15
Yiota Poulos	September 18
Zachary Vorgias	September 18



To all of our members with culinary skills and time to volunteer, you are reminded to monitor e-mail blasts from the church office regarding food preparation schedules in order to assist in getting ready for GreekFest 2024 which will take place on Friday, Saturday and Sunday, September 20, 21, and 22.

We look forward to seeing everyone at a successful GreekFest!

Jim Hronas
VIP Communications



Community News & more...



Join Us at the Annual Pasadena Greek Fest!

The Pasadena Greek Fest is back, and we're gearing up for another unforgettable celebration of Greek culture, food, and community spirit! Our dedicated committee members have been hard at work to ensure this year's event is the best one yet. From delicious traditional dishes to lively music and dance performances, there's something for everyone to enjoy.

We are immensely grateful to all the volunteers who have generously offered their time and energy to make this event possible. However, we still have two important positions waiting to be filled:

Volunteer Coordinator: Are you passionate about organizing and supporting volunteers? Join us in coordinating our enthusiastic team of helpers to ensure everything runs smoothly during the festival. Your role will be crucial in making sure our volunteers feel valued and equipped to contribute effectively.

Raffle and Information Booth Captain: Do you have a knack for managing details and engaging with the community? Take charge of our Raffle and Information Booth to help raise funds and provide attendees with essential event details. Your efforts will play a vital role in enhancing the overall festival experience.

If you're interested in either of these rewarding positions, we encourage you to reach out to Vicki Kades through the Pasadena Greek Fest website at www.pasadenagreekfest.com/contact-us. Vicki and the rest of the committee would love to hear from you!

For those eager to get more involved, our committee meets every Tuesday evening. Join us and become an integral part of bringing this cultural extravaganza to life. Your enthusiasm and commitment will help ensure the success of the Pasadena Greek Fest for years to come.

Thank you to our wonderful community for your continued support. Let's make this year's Pasadena Greek Fest a celebration to remember!



Save the Dates



Upcoming Church Festivals - 2024

September

Long Beach 9/6-8

Pasadena 9/20-22

SanJuanCapo 9/21-22

October

10/5-6 Covina

Los Angeles 10/5-6

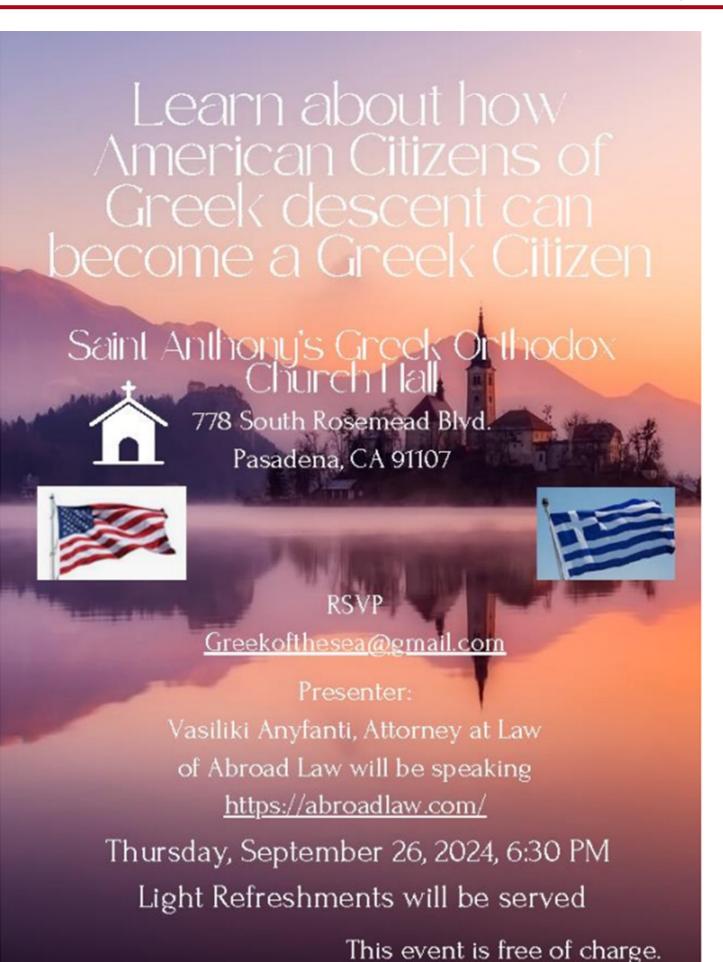


SAVE THE DATE!

LA's premier Greek Food Fest is back for two days with your favorite food, craft beer, famous Taverna "Sports" Bar, kids zone, church tours and more!

> Admission is FREE before 3PM! \$5 daily Follow us @lagreekfest

> To sponsor the event or donate, email us lagreekfest@gmail.com



This Fall at The Orthodox Studies Institute:

HOLY WOMEN OF BYZANTIUM

by Dr. Anysia Metrakos

A live, online course exploring the lives and legacies of Byzantine holy women from the mid-fourth through fifteenth centuries.

Tuesdays
October 8, 15, 22, 29
8:00PM Eastern/5:00 PM Pacific



For more information and to get the discounted price of \$99 (from \$125) visit www.orthodoxstudies.org/goarch

Course Description

This course explores the lives and legacies of Byzantine holy women from the mid-fourth through fifteenth centuries. A rich variety of interdisciplinary sources including hagiography, iconography, portraiture, architecture, legal codices, letters, encomia, hymnography, and historiography (the writing of history) will inform our understanding of how female sanctity was constructed, communicated, and venerated in the Byzantine period, as well as the impact Byzantine female saints made on the physical and spiritual landscapes of city and society.

About the Instructor

Dr. Anysia Metrakos is a historian of the later Roman Empire (Late Antiquity) whose work centers on the impact of Christianity on Roman society, gender, and law. She received her doctorate from the Graduate Group in Ancient History and Mediterranean Archaeology from University of California, Berkeley, and has lectured in Classical Studies and History at Tufts University. Her current research and book project follow the socio-economic effects and legal implications of founding and financing elite female monastic communities in fifth and sixth century Constantinople. Dr. Metrakos lives in the San Francisco Bay Area with her husband (Fr. Nicholas) and their four children.

Saint Anthony Bowling League News Fall Season 2024







The St. Anthony Bowling League will begin their Fall 2024 season on Wednesday, September 4, 7:00pm, at Bowlero Lanes in Pasadena. The fall season will continue for 12 weeks, and conclude on Wednesday, November 20, 2024.

Teams consist of 3 players ranging from beginning bowlers to more advanced bowlers. Participants must be 18 years of age to participate.

If you are interested in participating, please contact:

Anthia Drulias-Lucas

ADLJSL02@YAHOO.COM

(626)274-6133 call or text



Saint Sophia Camp Annual Golf Tournament

SAVE THE DATE

Friday, 13 September 2024 California Country Club, Whittier

Golfer Registration includes:
Golf, Brunch, Gift Bag, Barbecue, Beverages and Dinner

Add-on package includes:

2 mulligans, 2 raffle tickets, 10th hole tee shot, putting contest

Non-Golfer Dinner Registration includes: Dinner, Games and Fellowship

All guests can enjoy: Silent Auction, Putting Contest, 50-50 Game, Raffle and No-host Bar

Honoree Ellen Papadakis Online Registration
Opens 4th August
SaintSophiaCamp.org/events

Honoree Tina Callas

Church Etiquette

When are we NOT to enter the Nave of the Church?

As we are entering God's Home, we must always keep in mind that during the following times, we should NOT enter the Nave of the Church nor come to the front of the Church to light a votive candle:

During the Small Entrance (when the procession with the Gospel takes place)

During the Epistle Reading

During the Gospel Reading

When the priest is censing and is facing the Congregation

During the Great Entrance (when the procession of the Holy Gifts takes place)

When the priest is blessing the Congregation

During the recitation of the Nicene Creed ("I believe...")

During the Consecration of the Holy Gifts

During the recitation of the Lord's Prayer ("Our Father...")

During the Priest's sermon

Also, during these times, we should avoid leaving the Nave unless it is for family needs, medical or some other necessary reason. If you are unsure when to enter or leave the church, ask a Parish Council member in the Narthex.

While in the Church, remember to...

Wear appropriate attire to enter God's House

Silence your mobile devices

Refrain from chewing gum, mints, or candy

Remove lipstick when receiving Holy Communion ϑ when venerating ϑ kissing the icons

Follow the direction of the Priest for standing & sitting

Maintain quiet in the Sanctuary

Enter God's House with reverence and respect



The Voice of Saint Anthony January 2024

Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos 778 S. Rosemead Boulevard, Pasadena, CA 91107 (626) 449-6943 Office (626) 449-6974 FAX

Circumcision of Christ/

Saint Basil

Holy Theophany/

Epiphany

Saint John the Baptist

St. Anthony the Great

Gregory the Theologian

Three Hierarchs

1 January

6 January

7 January

17 January

25 January

30 January

Priest's Message

Stewardship

Ministries

Parish Council

Sunday School

Youth/Young Adults

Philoptochos

VIPs

Community News, etc.

Monthly Lesson

Saints of the Month

Orthodox Calendar



Saint Anthony the Great 17 January

Deadline for February Newsletter is Thursday, 25 January Please send to: newsletter_church@aol.com

If you would like the monthly newsletter mailed to your home each month, please contact the Church office.

Monthly Lesson from Father Stavros Akrotirianakis

Reconditioning Ourselves

And behold, the Lord passed by, and a great and strong wind rent the mountains, and broke in pieces the rocks before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire; but the Lord was not in the fire; and after the fire a still small voice.

I Kings 19: 11-12

In a room full of people, the loudest voice is the one that is heard. In a group full of singers, the one closest to the microphone is the one that is heard the most. The world is trying to recondition us, by drowning out God's voice. The world has redefined the Sabbath-it is no longer holy. Sundays used to be preserved for worship and family. Now Sunday is a sports day, the number of people who worship each week nationwide is down, and the family unit is being ripped apart. The world has redefined marriage. Yes, there is the whole same-sex marriage argument, but it's even more than that. People live together without being married, which undermines love and commitment, and ultimately intimacy. It's the ultimate expression of "I'm not sure you are really enough." Because it is convenient acceptance rather than complete acceptance. We've redefined the sanctity of life, by making it easy to terminate a life that is not wanted. In fact, we demand and celebrate our ability to do this. Life, when it begins, how it ends, and what we do with it, is not seen as holy, but as disposable. Which is why so many people are so reckless. We're trying to redefine gender, as if God makes mistakes, or as if God didn't deliberately create two distinct genders. We are redefining intelligence. You can now type in a request and some artificial intelligence will write your term paper or Sunday sermon in the way it wants to.

We are created after God's image and likeness, with God-giving intelligence that is real and not artificial. We are abrogating our intelligence in a way that doesn't show humility but rather shows laziness so as to let something else do the work. This will ultimately lead to even more anxiety thinking you are not good enough. And after we redefine intelligence, after we've redefined the Sabbath, marriage, life and gender, there will be nothing left to do but to redefine God as an entity that revolves around us, rather than the center around Who we revolve. And what has this gotten us? We've never felt more isolation, loneliness, anxiety and shame. Because we've taken Him from the center and put ourselves in His place. And we've forgotten that real contentment and real intimacy comes from having Him at the center.

I've often used the analogy of the boiling frogs, who were either too ignorant or too lazy to jump out of the pot of water they were in until it was too late and they boiled to death. We're at this point in our society. We're about to boil. So we need to turn the heat down and jump out, before we're all cooked. And we need to jump not to another political cause or protest about our perceived rights, but we need to jump to Jesus, the light that shines in the darkness, that no darkness can overtake. This is the only way to turn down the boiling water and make it tranquil once again.

I did an exercise with our staff at summer camp called "Letters to Jesus." Each person wrote a short letter to Jesus. We put them in a pile, no names on them, then we each took a letter – not our own – and we read them aloud as a prayer. This exercise was heart-breaking because of the sorrowful things written. But more than that, it was refreshing, because it was so honest and so raw. This too, was an intimate moment, because it was safe and honest, and it put Him at the center. So as we begin a new school year, perhaps you take out a piece of paper and write your own letter to Jesus. Tell Him how you really feel about Him, and about life. And ask Him, in your letter, to move you towards a state of contentment, so that you will feel like He is enough, so you will feel like you are enough, and so that you can feel like it is enough. And this will be a valuable first step towards getting to the place where you are "always blessed."

The loudest voice wins. The voices of the endless news cycle, the voices of discontentment, the voices that make us feel we have to keep up, and the internal voice that makes us feel anxious and isolated—none of these voices can match the voice of the Lord if we let Him be the loudest voice. We are told in First Kings 19 that Elijah heard God's voice, not in the strong wind, or in an earthquake, not in a raging fire. He heard God in a small voice. I saw God at summer camp, not in the busyness of the schedule, not in the disappointments and challenges, not even in the frivolity and fun. I saw God in the faces of others when there was no agenda, when there was intimacy, when there was complete acceptance. And I saw God when I stopped looking down at my schedule and my agenda and looked up and saw Him in His majesty.

Hear my prayer, O Lord; give ear to my supplications!

In Thy faithfulness answer me in Thy righteousness!

Enter not into judgment with Thy servant; for no man living is righteous before Thee.

For the enemy has pursued me; he has crushed my life to the ground; he has made me sit in darkness like those long dead.

Therefore my spirit faints within me; my heart within me is appalled.

I remember the days of old, I meditate on all that Thou hast done; I muse on what Thy hands have wrought.

I stretch out my hands to Thee; my soul thirsts for Thee like a parched land.

Make haste to answer me, O Lord! My spirit fails!

Hide not Thy face from me, lest I be like those who go down to the Pit.

Let me hear in the morning of thy steadfast love, for in Thee I put my trust.

Teach me the way I should go, for to Thee I lift up my soul.

Deliver me, O Lord, from my enemies! I have fled to Thee for refuge!

Teach me to do Thy will, for Thou art my God!

Let Thy good spirit lead me on a level path!

For Thy name's sake, O Lord, preserve my life!

In Thy righteousness bring me out of trouble!

And in Thy steadfast love cut off my enemies, and destroy all my adversaries, for I am Thy servant.

Psalm 143

We can only control our own lives. Think about the things in your life that need some reconditioning so that you are more **Christ-centered**.

Saints & Feasts

Beginning of the Ecclesiastical Year

September 01

Saint Constantine the Great introduced the Indiction decrees in 312A.D. after he beheld the sign of the Cross in heaven and was proclaimed Emperor in the West. Some, however (and this seems more likely), ascribe the institution of the Indiction to Augustus Caesar, three years before the birth of Christ.

There are three types of Indictions:

- That which was introduced in the West, and which is called Imperial, or Caesarean, or Constantinian, which begins on the 24th of September
- The so-called Papal Indiction, which begins on the 1st of January
- The Constantinopolitan, which was adopted by the Patriarchs of that city after the fall of the Eastern Empire in 1453. This Indiction is indicated in their own hand on the decrees they issue.

This Indiction begins on the **1st of September** and is observed with special ceremony in the Church. Since the completion of each year takes place, as it were, with the harvest and gathering of the crops into storehouses, and we begin the sowing of seed in the earth for the production of future crops, September is considered the beginning of the New Year.

The Church also keeps festival this day, beseeching God for fair weather, seasonable rains, and an abundance of the fruits of the earth. The Holy Scriptures (Lev. 23:24-5 and Num. 29:1-2) also testify that the people of Israel celebrated the feast of the Blowing of the Trumpets on this day, offering hymns of thanksgiving.

In addition to all the aforesaid, on this feast we also commemorate our Savior's entry into the synagogue in Nazareth, where He was given the book of the Prophet Esaias to read, and He opened it and found the place where it is written, "The Spirit of the Lord is upon Me, for which cause He hath anointed Me..." (Luke 4:16-30).

It should be noted that to the present day, the Church has always celebrated the beginning of the New Year on September 1. This was the custom in Constantinople until its fall in 1453 and in Russia until the reign of Peter I. September 1 is still festively celebrated as the New Year at the Patriarchate of Constantinople; among the Jews also the New Year, although reckoned according to a moveable calendar, usually falls in September.

The service of the Menaion for January 1 is for our Lord's Circumcision and for the memorial of Saint Basil the Great, without any mention of its being the beginning of a new year.



The Nativity of the Theotokos and Ever-Virgin Mary

September 08

According to the ancient tradition of the Church, the Theotokos was born of barren and aged parents, Joachim and Anna, about the year 16 or 17 before the birth of Christ. Joachim was descended from the royal line of David, of the tribe of Judah. Anna was of the priestly tribe of Levi, a daughter of the priest Matthan and Mary, his wife.



The Holy & Righteous Ancestors of God, Joachim and Anna September 09

On the day following the Nativity of the most holy Theotokos, we celebrate the Synaxis of Saints Joachim and Anna, honoring them as her parents.



Exaltation of the Holy Cross / Saint Stauros

September 14

Saint Helen, the mother of Saint Constantine the Great, already advanced in years, undertook, in her great piety, the hardships of a journey to Jerusalem in search of the cross, about the year 325. After finding the Tomb of our Lord, and three crosses, it was believed that one must be that of our Lord, the other two of the thieves crucified with Him; but Saint Helen was at a loss which one might be the Wood of our salvation.

At the inspiration of Saint Macarius, Archbishop of Jerusalem, a lady of Jerusalem, who was already at the point of death from a certain disease, was brought to touch the crosses, and as soon as she came near the Cross of our Lord, she was made perfectly whole. Consequently, the precious Cross was lifted on high for all to venerate.



Sophia, Faith, Hope, Love

September 17

These Saints were from Italy and contested for the Faith about the year 126, during the reign of the Emperor Hadrian. Faith was twelve years old, Hope, ten, and Love, nine; each was tormented and then beheaded, from the eldest to the youngest. Their mother Sophia mourned at their grave for three days, where she also fell asleep in peace; because of her courageous endurance in the face of her daughters' sufferings, she is also counted a martyr. The name Sophia means "wisdom" in Greek; as for her daughters' names, Faith, Hope, and Love (Charity), they are Pistis, Elpis, and Agape in Greek.



Falling Asleep of Saint John the Theologian

September 26

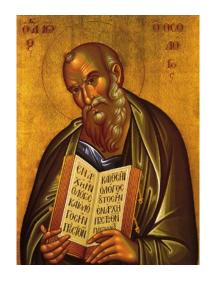
This Apostle was from Bethsaida of Galilee, and was the son of Zebedee and Salome, and the brother of James the elder. First a fisherman by trade, he became an Apostle and the beloved Disciple of Christ. Only he of all the Disciples followed Him even to the Cross, and was entrusted with the care of our Savior's Mother, as it were another son to her, and a brother of Christ the Teacher.

After this, he preached throughout Asia Minor, especially in Ephesus. When the second persecution against the Christians began in the year 96 during the reign of Domitian, he was taken in bonds to Rome, and there was cast into a vat filled to the brim with boiling oil. Coming forth unharmed, he was exiled to the island of Patmos, where he wrote the Book of Revelation. Returning again to Ephesus after the death of the tyrant, he wrote his Gospel (after the other Evangelists had already written theirs) and his three Catholic Epistles.

In all, he lived ninety-five years and fell asleep in the Lord during the reign of Trajan in the year 100. He was called Theologian because he loftily expounded in his Gospel the theology of the inexpressible and eternal birth of the Son and Word of God the Father. It is for this cause that an eagle is a symbol of the Holy Spirit.

Saint Irenaeus says: It is depicted in his icon, for this was one of the four symbolic living creatures that the Prophet Ezekiel saw.

Ezekial 1:10





Orthodox Calendar~

September 2024

SUN	Mon	TUE	WED	THU	FRI	SAT	
Ecclesiastical New Year 8:45am Orthros 10am Divine Liturgy 12pm Dance Practice Indoor & Live-stream	2 Labor Day 8 CHURCH OFFICE CLOSED	3	7pm Philopotochos Union Station 7pm Bowling	5	6	7	
Nativity of the Holy Theotokos 8:45am Orthros 10am Divine Liturgy 1st Day of Sun. School 12pm Dance Practice Indoor & Live-stream	9	10 7pm Par. Council	7pm Philopotochos Board Mtg 7pm Bowling	12	6pm Great Vespers For the Holy Cross	Elevation of the Holy Cross 9am Orthros 10am Divine Lit.	
Sunday after the Holy Cross 8:45am Orthros 10am Divine Liturgy 12pm Dance Practice Indoor & Live-stream	16	17	7pm Bowling	19	Pasadena C	Greek Festival	
1st Sunday of Luke 8:45am Orthros 10am Divine Liturgy Indoor & Live-stream Pasadena Greek Fest	23	24	7pm Philopotochos General Mtg 7pm Bowling	26	27	28	
29 2nd Sunday of Luke 8:45am Orthros 10am Divine Liturgy 11:30 Fest Vol. Luncheon 12pm Dance Practice Indoor & Live-stream	30 5pm Dance Practice						
		Strict Fast Refrain from Meat, Fish, Wine, Oil, Dairy & Eggs	Fish, Wine & Oil Allowed	Wine and Oil Allowed	Dairy, Eggs, & Fish Allowed: Refrain from Meat	Fast Free	

Saint Anthony Greek Orthodox Community 778 South Rosemead Blvd Pasadena, California 91107

IC XC POPE IC XC POPE

Phone 626.449.6943 Fax 626.449.6974 E-mail alma@saint-anthonys.org

We're on the Web! www.saint-anthonys.org

TIMESENSITIVE

POSTAGE STAMP

To generations of our descendants yet unknown to you, who some day in the dim and distant future will read this account of the dramatic history of the Hellenic community, we who have written this account not only on paper, but in the blood, sweat and tears of our daily lives make this statement:

We have built this community with its hopes and its fears, and its land and its buildings because we believe, as did our forefathers, in the soul's immortality, and its eventual union with God.

We believe that whether or not we have amassed a great deal of personal wealth or fame, it matters little, since we could not take that with us. What does matter is how we have discharged our obligation to pass on to you the faith and ideals that have sustained us through our lives... and we venture the hope that as you read these lines, you may breathe a prayer that what we have done here may have found favor in the eyes of God.

