

Rev. Protopresbyter Peter Stratos Presiding Priest

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Website: saint-anthonys.org • E-mail: office@saint-anthonys.org

Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

St. Anthony's calendar link: <u>saint-anthonys.org/calendar</u> For pastoral emergencies only please call 626-855-3640

MARCH 31, 2024 SUNDAY OF ST. GREGORY OF PALAMAS

Hypatius the Wonderworker Innocent, Enlightener of Siberia & Alaska

ORTHROS ~ 8:45 A.M.
(ORTHROS SERVICE TEXT CLICK HERE)

DIVINE LITURGY ~ 10:00 A.M. (LITURGY SERVICE TEXT CLICK HERE)

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM
(CLICK THE LINKS BELOW):

SAINT-ANTHONYS.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

HYMNS OF THE DAY

RESURRECTIONAL APOLYTIKION. MODE 2. (BEFORE ENTRANCE)

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, "O Christ God, Giver of life, glory to You!"

Ότε κατήλθες πρὸς τὸν θάνατον, ἡ ζωὴ ἡ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας, τῆ ἀστραπῆ τῆς θεότητος ὅτε δὲ καὶ τοὺς τεθνεῶτας, ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αὶ δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον Ζωοδότα Χριστέ, ὁ Θεὸς ἡμῶν δόξα σοι.

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FOR THE HIERARCH. MODE PL. 4.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Όρθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἡ καλλονὴ, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος. Γρηγόριε θαυματουργὲ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elias the zealot, and following the straight paths of the Baptist, O Father Anthony, thou madest of the wilderness a city, and didst support the world by thy prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῆ εὐθείαις ταῖς τρίβοις ἑπόμενος, Πάτερ ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τήν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE PL. 4.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὠς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἱνα κράζω σοι Χαῖρε νύμφη ἀνύμφευτε.



EPISTLE READING

SECOND SUNDAY OF LENT St. Paul's Letter to the Hebrews. 1:10-14; 2-1-3

Prokeimenon. Mode 2. Psalm 117.

The Lord is my strength and my song, and He became my salvation.

Verse: The Lord chastened and corrected me, but He did not give me up to death.

The reading is from Paul's Letter to the Hebrews.

"In the beginning, Lord, you founded the earth, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like clothing; like a cloak you will roll them up, and like clothing they will be changed. But you are the same, and your years will never end." But to what angel has he ever said, "Sit at my right hand until I make your enemies a footstool for your feet"? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.



GOSPEL READING

The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins" - he said to the paralytic - "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"



PARISH ANNOUNCEMENTS

Wednesday, April 3rd Pre-Sanctified Liturgy – 6:00pm

Friday, April 5th Salutations to the Theotokos – 6:00pm

Wednesday, April 10th Pre-Sanctified Liturgy – 6:00pm

Friday, April 12th Salutations to the Theotokos – 6:00pm

Wednesday, April 17th Pre-Sanctified Liturgy – 6:00pm

Friday, April 19th The Akathist Hymn – 6:00pm

Wednesday, April 24th Pre-Sanctified Liturgy – 6:00pm

Ushers: Eleni Mitropoulos, Jimmy Pappas, Joe Akrotirianakis

Passing a special tray this Sunday for IOCC

Dear Brothers and Sisters in Christ,

I am pleased to announce that this Sunday March 31st the Development Officer for IOCC, Mr. Nick Kasemeotes will be speaking with us. Nick will give a brief update of the tremendous work IOCC is doing in (Greece, Gaza, Ukraine and Syria). He will also share a short reflection on almsgiving and Great Lent. This Sunday we have a wonderful opportunity to share our love with those who so desperately need our assistance. We will pass a special tray after the Divine Liturgy. If you prefer to write a check please make checks payable to IOCC.

In Christ,

Fr. Peter



Today Social hour will be to support IOCC.

<u>G.O.Y.A.</u> basketball game this Sunday, March 31: St. Basil @ St. Anthony, Duarte High School - 1565 Central Avenue, Duarte 3:00 Jr. Boys, 4:00 Sr. Girls, 5:00 Sr. Boys, No Jr. Girls Game

<u>Sunday, April 7</u>: @ St. Nicholas - 9501 Balboa Blvd., Northridge 2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Girls, 5:00 Sr. Boys

<u>Saturday</u>, <u>April 13</u>: Quarter Finals - <u>Cabrillo High</u> 2001 Santa Fe Ave., Long Beach

<u>Sunday, April 14</u>: Semi-Finals - <u>Cabrillo High</u> 2001 Santa Fe Ave., Long Beach

<u>Sunday, April 21</u>: Finals/Banquet/Awards - St. Sophia 1324 S. Normandie Ave., Los Angeles

Questions contact:

Pana Gelt 626-278-2808 - Anthia Drulias Lucas 626-274-6133

Save the Date - June 7th Pasadena Golf Classic at Brookside Golf Course. Check your email for additional information coming soon!

STUDIES IN THE FAITH

Spring Session, 2024, March 11th – April 22rd

Our text for the 2024 Studies in the Faith class will be, *The Orthodox Faith*, "*Worship*" *Volume 2*, by Fr. Thomas Hopko. Our class for this year, will be taught over 8 class sessions, meeting on Monday evenings 6:30 – 7:30 pm.

These informative classes will serve as an excellent introduction to the Orthodox Faith for those interested in the Orthodox Church. This series of classes will also provide an inspiring enrichment and review for practicing Orthodox Christians.

*Reading each week's assigned chapter and participating in class discussions is encouraged to ensure that the sessions become an exciting and meaningful experience for all participants. For those interested in this year's class please email Fr. Peter at: frpeter@saint-anthonys.org

* Google SVS Press, go to the Find a Book tab at the top right of page, and type in: Volume 2 "Worship." The cost of the book is \$20. Plus tax. (Please order your copy before the class begins).

<u>CHAPTERS TO BE DISCUSSED</u>

Fourth Session – Monday April 1st

Chapter Three: "The Daily Cycle of Prayers"

Fifth Session – Monday April 8th

Chapter Four: "The Church Year"

Sixth Session – Monday April 15th

Chapter Four continued: "The Church Year"

Seventh Session – Monday April 22th

Chapter Five: "The Divine Liturgy"

St. Anthony's 2024 Pledged Stewards (Members)

(March 29, 2024)

Stratos, Fr. Peter/Pres. Aida

Akrotirianakis, Joseph N. & Sherese

Albeck, Irene

Andros, Gus & Lorena

Angelos, James & Sophia

Angiuli, Joseph (Joey) & Elizabeth

Antsos, Dimitrios & Judith Din

Argueta, Cris & Teresa V.

Athans, Tesi & Craig Lareau

Athans, Tina & Dean P.

Athenson, Alex & Cynthia Sigler

Attalla, Philip "Ted" & Michelle Reagan Dupas, George

Balas, Argiro Julie & Dino

Balas, Christian

Baliotis, Tina

Becronis, Christina

Bissias, Peter

Blosiu, Julian O. & Catalina E.

Bonorris, Donna & Pete

Boukidis, Katherine

Bowers, Connie & Terree

Bozikis, Demetra

Brown, Niki

Bryant, Dan & Karen

Buickians, Gagik & Jacqueline

Burkard Jr., Frank J. & Penelope

Buzas, John & Pamela

Buzas, Nicholas & Danielle

Chames, Anastasia.

Christodoulelis Family, Jimmy

Christodoulelis, Amalia

Christodoulelis, Tanya

Christodoulides, Loucas & Andri

Christopoulos, Judie & Gus

Christopoulos, Tony and Lynnette

Christou, Nicholas

Coccia, Tina & Ginseppe

Albeck, Mark Gregory

Anast, Alexandra

Andrei, Dragos & Ioana

Cokias, Jason & Karen Compoginis, John & Staci

Constantinou, Dimitris & Katerina

Damilatis, Eleni

Daskalos, Chris & Lauran

Demopulos, Elizabeth & Andrew

Dewar, Mary & Andrew

Dupas, Christina

Dupas, George Dupas, Katherine

Dupas, Theodore & Evangeline

Edwards, Nancy C.

Floutsis, Penny & Ted Frangeskou, Yiorgos & Xenia

Fuerst, Billy

Fuerst, Nicolette & Jay

Gallagher, Eleni & Matthew

Gallanis, Pete & Danica

Gavalas, Cleola & George

Gelt, Brian & Pana

Georgakopoulos, Eleni & George

Giakas, Vasiliki

Gittings, Brian & Maria Katsas

Grafos, Thean

Grafos, Tom & Tania

Habrock, Timothy and Christina

Halias, Joanne & John

Haralambos, Anthony & Kathleen

Hasircoglu, Christine

Horaites, George & Olympia

Hronas, Maria & James W. Ioannou, Christos & Elleni

Johal, Demetra G.

Kades, Christine

Kades, Vicki & Louis Malisos, Samantha A Kalambakas, Vivian N. Martin, Sam & Debbie Kalivas, Pota Maslen, Larissa & Mark Carpenter Kallas, Mark & Debra Masouris, Vlase & Nicoleta McCann. Liam Kallis, Larry Kamar, April McClain, Anastasia McGregor, Richard & Kristen Kaparos, Stefanos Karaioannoglou, Phaedon & Jeanne McNulty, Jennie & Chris Mechalas, Bess Karamaras, Andriana Karvelas, Kosta & Marina Metry, Sam and Gemalyn Kasdagli, Dimitra & Mark Nastri Miralis, Demetrius Katsafados, Theoni & Pete Mitis, Nick & Maria Prantzikou Katsas, Asimina & Alexandra Mitropoulos, Eleni & Bill Balntas Kefalas, Evelyn Mitropoulos, Nick & Venetia Kefalas, Kellie Mitsinikos, Emmanuel & Natalia Mobayen, Chrissa & Syrus Kefalas, Mike J. Kefallinos, Vicki & Nick Molinari, Yngrid Kiotas, Stavroula Mora, A. J. Kokoris, Maria & Nicholas Moutzouridis, Vasiliki & Peter Kolokotrones, Carolyn & James A. Nassos, Jonathan & Jenni Pulos Kontaxis, Michael & Christiana Nichols, James & Joyce Koudanis, Helen Otis, Robert & Denise Koulakis, John and Gisele Panagiot, Harry & Anastasia Koulos, Joanna & Konstantinos Papavasiliou, Georgios & Stacy Koutras, Alexander E. Papavasiliou, Kostantinos Koutsoukos, Lin & George Pappas, Constantine & Hope Kundanis, Christine Pappas, Dean C. & Jennifer Kypreos, Maria & James Pappas, Dr. Alex P. Lappas, Virginia Pappas, Dr. James P. Leontas, Angela & Andrew Murrell Pappas, Dr. Peter A. Livanos, Parise & Peggy Jones Pappas, Maria E. Loutsos, Anna & Georgia & John Pappas, Steven & Christine Grajeda Pappas, Tony & Stergiani Lubian, Daniel & Stephanie Pastis, Leah Lucas, John S. & Anthia Pastis, Patricia Macris, Catherine & George Patsavas, Bertha Magaziotis, Phophi & Panteli Patzakis. Dr. Michael Makris, Ted & Maria Patzakis, John & Andrea Malina. Dorothea Paziouros, John

Paziouros, Konstantina & Nick

Malisos. Fontaine

Pegadiotes, George S. Plumtree, Martha & Wayne

Pollalis, Dino J. Polwrek, Joseph

Polychronis, Phaedra Myrto

Poulos, Yiota Reese, Helen

Saigh, Mara R. Suchy

Samaan, Evette

Scordelis, Alexander & Melissa

Serban, Athena & Mihai Sherwood, Symone

Sipsas, Pantelis & Nafsika

Skandale, Elizabeth Skandale, Helen

Smith, Herman & Helen Soewers, Alexander Stamos, Andy & Mary

Stamos, Nikos A.

Stavropoulos, Fonta (Xenofon)

Stavropoulos, Tina

Stephens, Kenneth & A. Maria

Plumtree Tarazi, Ellie

Tarazi, Ted & Panagiota Angelos

Tirado, Elizabeth

Treantafelles, George P.

Treantafelles, Helen

Treantafelles, Stan & Vivian

Tripodes Zacharias N.

Tripodes, Dena

Tripodes, Georgia E.

Tripodes, Marika

Tripodis, Ioannis & Helene Tsaggouri, Eleni& Anastassios

Petropoulos

Tsianos, George & Andria

Tsouvalas, Charles Tsouvalas, James

Tsouvalas, John & Jenny

Tsudis, Mara and RJ Thieneman

Tsudis, Peter and Carol Udria, Juan & Mary Vagenas, Alex & Tashia Vagenas, Dino & Krystina

Vagenas, George & Polly Vagenas, John & Georgia

Vagenas, Niko Vagenas, Nikolitsa

Vagenas, Pete & Mindy

Vagenas, Sophia

Vagenas, Spiros & Diana

Vagenas, Vasilios

Varvitsiotis Varvas, Fotiny Vavoulis, Ted & Esther

Vezzuto, Christopher & Celka

Vezzuto, Robert

Vezzuto, Robert & Stephanie

Vidalakis, Nancy Vlahos, Tasia & Effie

Vorgias, Zacharias & Alma

Voyagis, Eleftherios & Pauline

Zarifes, Peter & Tina

Ziska, Antonia

Zoumberakis, Haralambos and Nikole

Every effort has been made to ensure the accuracy of this stewardship list. Please forgive us if there are any errors or omissions. If you have any questions or corrections, Contact Alma at 626-449-6943 or alma@saint-anthonys.org

MAKE SURE YOU ARE A REGULAR SUPPORTER OF OUR CHURCH!

If you want to become a member in our Church, please feel free to either take a Steward Financial Commitment card (pledge Card) from the announcement table in the narthex, contact the Church office or Please visit saint-anthonys.churchgiving.com to make your offering and schedule your regular stewardship giving.

Weekly stewardship envelopes are available.
Please contact the church office if you would like to have them
for the 2024 stewardship contributions.

Reminder:

NO PARKING IN EMERGENCY WHITE ZONE IN FRONT OF CHURCH

also
A Handicap Placard or
Handicap License Plate
is required to park in the blue
handicap parking spaces.



The Executive Festival Committee is working hard and would love for **YOU** to be part of the committee and make 2024 GreekFest better than ever!! Each position will be strongly supported by the committee and can be personalized to fit your schedule and level of commitment.

The following Volunteer Positions are available,

Volunteer Coordinator

Agora/Greek Deli

Program Director

Raffle/Information Booth

Post Festival Cleanup

Marketing Assistant

Public Relations

Marketing (Signage, media, Community Outreach Coordinator, Social Media)
Post Fest Sales

Contact anyone on the Executive Committee for more information or to volunteer!

2024 Save the Date 9/20-9/22

2024 Greek Festival Executive Committee

Christian Balas - Chairman
Finance Director - Christos Vagenas
Operations Director - Louis Kades
Communications Director Vicki Kades
Technology Director - Yianni Kades
Facilities Director - Pete Galanis
Marketing Director - Samantha Malisos

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Easter Bake Sale

***Proceeds benefit Kids 'n' Cancer, a San Francisco Metropolis Philoptochos Ministry, providing children with cancer and other life-threatening illnesses and their families with a stay at Camp AGAPE. ***

Pre-Paid Orders Must be Received by Wednesday, April 17, 2024

ORDERS AVAILABLE FOR PICKUP ONLY:

St. Anthony Greek Orthodox Church, 778 South Rosemead Blvd., Pasadena

SATURDAY, APRIL 27 and SUNDAY, APRIL 28 (after Liturgy until 1:00 PM-both days Place prepaid order by:

- MAIL Fill out Order Form below (check payable to St. Anthony Philoptochos and mail to: St. Anthony Philoptochos, Kids 'n' Cancer Bake Sale, 778 S. Rosemead Blvd., Pasadena, CA 91107 or
- ONLINE https://stanthonyphiloptochos.square.site

| Name: | Cell/Home Phone: | | |
|--------------|---|-------|-------------------|
| Address: | City:E-n | nail: | |
| <u>ITEMS</u> | | COST | QUANTITY \$ TOTAL |
| | Tsoureki (1 loaf) Traditional sweet Greek Easter Bread. | \$20 | \$ |
| | Koulourakia (bag of 12) Butter-based cookies with sweet delicate flavor topped with egg glaze and toasted sesame seeds. | \$10 | \$ |
| | Koulourakia, Chocolate Dipped (box of 6) Butter-based with sweet delicate flavor dipped in dark chocolate (Limited Quantity). | \$8 | \$ |
| | Pastel Kourabiethes (box of 12) Shortbread butter cookies without nuts covered in colored powdered sugar. | \$20 | \$ |
| 25 | Kourabiethes (box of 12) Shortbread butter cookies without nuts covered in powdered sugar. | \$20 | \$ |
| 30 | Easter Oreos, Chocolate Dipped (2 per pkg) Oreo cookies dipped in colorful chocolate and covered with candy sprinkles. | \$4 | \$ |
| | Dyed Red Eggs (1 dozen) | \$10 | \$ |

ORDER TOTAL

Sunday of St. Gregory Palamas March 31, 2024

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixtythree years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

Hypatios the Wonderworker March 31, 2024

This Saint, who was from Cilicia of Asia Minor, became Bishop of Gangra, the capital of Paphlagonia. He was present at the First Ecumenical Council. Because of his confession of the Orthodox Faith, he was put to death by the Novatians, a sect which denied that sins committed after Baptism could be forgiven.



WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may* partake of the Sacrament of Holy Communion. At the end of the Divine Liturgy, you are welcome to come and receive the Antidoron (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.

The deadline for submitting information for the Sunday Bulletin is every Wednesday.

Please send it to office@saint-anthonys.org