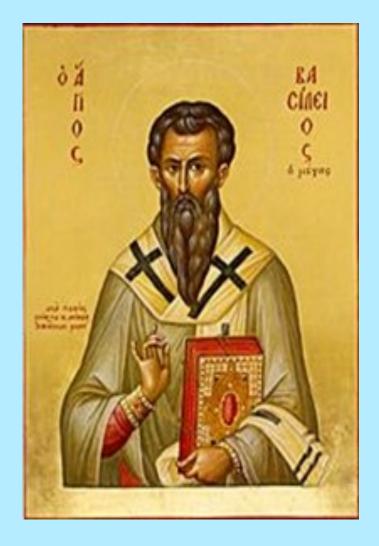
The Voice of Saint Anthony January 2024

Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos 778 S. Rosemead Boulevard, Pasadena, CA 91107 (626) 449-6943 Office (626) 449-6974 FAX

Circumcision of Christ/ Saint Basil Holy Theophany/	1 January
Epiphany	6 January
Saint John the Baptist	7 January
St. Anthony the Great	17 January
Gregory the Theologian	25 January
Three Hierarchs	30 January

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Saint Basil the Great

1 January

Message from Father Peter

Dear Brothers and Sisters in Christ,

On New Year's Day we celebrate the feast day of **St. Basil the Great**, who was a renowned Archbishop of Caesarea (Cappadocia) in the 4th Century. He was born into a pious, saintly family around the year 330 AD. His grandmother was St. Marina the Elder, his brother St. Gregory of Nyssa, and his sister was St. Marina the Younger. His other siblings are also considered saints of the Church. St. Basil was a brilliant student, studying in Constantinople and later in Athens with his friend Gregory of Nazianzus (who would also become Saint Gregory the Theologian. After Basil was baptized a Christian at 27 years of age, he devoted his entire remaining life to the Church. Basil wrote many articles and books explaining the Christian faith. His teachings are still relevant and used today.

St Basil was a powerful advocate and supporter of the poor, establishing soup kitchens, hospitals, and orphanages. He organized the first communal monasteries and wrote the rules for monks and nuns to live by and follow. He wrote many prayers for use in worship services and a text for the Divine Liturgy. The Orthodox Church continues to celebrate the Liturgy of St. Basil the Great on ten occasions each year. He fell asleep in the Lord on January 1, 379.

Vasilopita for the New Year:

One of the stories attributed to St. Basil gives Orthodox Christians the tradition of the Vasilopita, which is celebrated for the feast of St. Basil and at other times during the month of January. According to the story, the people of Caesarea gave St. Basil their treasures to safeguard. Once the danger had passed, there was doubt and disagreement about what exactly belonged to whom. St. Basil ordered that loaves of bread be baked and that the treasures be placed inside the bread. When the loaves were distributed to the residents of the city, a miracle occurred. Each person received exactly what he or she had given to St. Basil to protect. From that time forward, Orthodox Christians have baked a Vasilopita loaf with a coin inside. As the pita or bread is cut, the person who receives the piece with the coin is blessed and promised to experience a good and fortunate year.

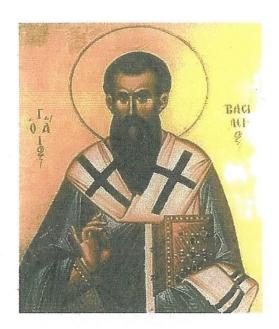
Following the Divine Liturgy on Sunday January 7, in honor of this beautiful tradition, our community will gather for the cutting of the Vasilopita. We will offer prayers and petitions for the New Year (2024). We will pray as a community for health and peace in the world. There will be a Vasilopita at each table along with cheese, olives and clementines provided and hosted by our Philoptochos ladies. There will be one large pita that will be cut and distributed to our ministry leaders.

It is an afternoon of great joy and happiness. I invite you all to this beautiful St. Anthony tradition.

Praying for a blessed New Year,

Fr. Peter





Vasílopíta Saínt Basíl's Bread

Orthodox Christians bake Vasilopita for January 1st, New Year's Day. St. Basil hid gold coins in loaves of bread and gave them to the poor. Today, we make Vasilopita to thank God for all of our blessings and to remember and emulate St. Basil's kindness. A coin is wrapped and placed in the bread before it is baked. The person who finds the coin in their slice of bread is considered to be especially blessed for the New Year.

CUTTING THE VASILOPITA

Make the sign of the cross over the bread, saying: "In the name of the Father, the Son, and Holy Spirit, Amen."

This is the correct order:

- The first piece is for Christ
- The next piece is for the Virgin Mary
- The next piece is cut for St Basil
- The next piece is cut for the needy.
- Pieces of Vasilopita are now cut for members of the family, from eldest to youngest

IANUARY 2024

Friday, Jan. 5	THE FOREFEAST OF THE EPIPHANY (THEOPHANY) OF CHRIST AGHIASMOS (GREAT BLESSING OF THE WATERS) Vesperal Divine Liturgy of St. Basil
Saturday, Jan. 6	THE FEAST OF THE EPIPHANY (THEOPHANY) OF CHRIST AGHIASMOS (GREAT BLESSING OF THE WATERS) Orthros
Sunday, Jan. 7	SYNAXIS OF ST. JOHN THE BAPTIST Orthros
Tuesday, Jan. 16	EVE OF THE FEAST OF ST. ANTHONY Great Vesper Service w/ Artoklasia6:00 p.m. Dinner will follow, hosted by Philoptochos.
Wednesday, Jan. 17	FEAST OF ST. ANTHONY Orthros

church should be the reason you miss everything else. Not everything else the reason you miss CHURCH.

Note: Please make every effort to arrive for services a little early. If you happen to arrive late, please observe the following moments in the Divine Liturgy when you **should not enter** the Nave but wait quietly in the Narthex. You may enter <u>after</u> these moments have completed:

- The Priest censing
- The Small Entrance
- The Great Entrance
 - Epistle Reading
 - Gospel Reading
 - The Homily
- Consecration of the Gifts
 - The Lord's Prayer

Stewardship



2024 Stewardship Financial Commitment

"As each has received a gift, use it to serve one another, as good stewards of God's grace." (1 Peter 4:10)

2024

LAST NAME	FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.			
STREET ADDRESS		CITY	STATE	ZIP
PREFERRED PHONE	OTHER/SECOND PHONE		E-MAIL	
			[For office use only]	

ST. ANTHONY GIVING LEVELS:

CONTRIBUTOR: \$499 & below \$9.60/week OR \$42/month & below

FRIEND: \$500 - \$999 \$9.60-\$19/week OR \$42-\$83/month

SUPPORTER: \$1,000 - \$1,999 \$19-\$38/week OR \$83-\$167/month

* FAITHFUL: \$2,000 - \$3,999 \$38-\$77/week OR \$167-\$333/month

* DISCIPLE: \$4,000 - \$6,999 \$77-\$135/week OR \$333-\$583/month

* GUARDIAN: \$7,000 - \$9,999 \$135-\$192/week OR \$583-\$833/month

*ANGEL: \$10,000 - \$14,999 \$192-\$288/week OR \$833-\$1,249/month

* ARCHANGEL: \$15,000 and up \$288/week OR \$1,250/month & up Review your stewardship commitment prayerfully, consider what you offer to Christ's Church in comparison to your monthly utility/ service payments.

Please return your completed commitment card to church by January 31, 2024

Your card must be on file for you to be considered in 'Good Standing'

In response to God's blessings, I/we pledge a 2024 offering of:

My Total Commitment for 2024: \$______

I will fulfill and pay my pledge: (CHECK ONE)

☐ Weekly at \$_____/week

☐ Monthly at \$____/month ☐ Annually

Contact the Church office to set up easy recurring electronic payments
-OR- set up your own recurring giving at saint-anthonys.churchgiving.com

*To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above



Commitment of Time and Talents



Families should mark "H" for husband, "W" for wife, "C" for Children.

Council of Ministries Kouwouklion

Name	Email	Phone
Name	Email	Phone
Pasadena Greek Fest	Saint Anthony Feast Day	
Pasadena Golf Classic	Dinner	Other
Palm Sunday Luncheon	Resurrection Magiritsa	Summer Family Picnic
	Parish Events	
JOY/HOPE	Oratorical Festival	Other
Greek Language School		Welcoming Committee
Greek Dance	Office Volunteers	Volleyball Tournament
GOYA/Jr. GOYA	Fellowship)	VIPs
GOYA Basketball	OCF (Orthodox Christian	Vacation Bible School
Bookstore	Myrrh Bearers	Sunday School
Bible Studies	Little Lambs	Studies in the Faith
Acolytes	Kouvouklion	Stewardship Committee

Ministries



2023 PARISH COUNCIL

Joseph Akrotirianakis President

Pete Gallanis Co-Vice President Perry Vidalakis Co-Vice President

Tashia Vagenas Secretary
Christian Balas Treasurer

Tony Christopoulos

Tom Grafos Louie Kades

Pete Katsafados

Liam McCann

Eleni Mitropoulos

Jim Pappas

Dino Vagenas

Vincent Zarian

Nikole Zoumberakis

OFFICE STAFF

Alma Vorgias - Office Administrator



CUSTODIAL STAFF

Carlos Sosa





CHANTERS

Michael Kontaxis Liam McCann

READERS

Nicholas Kokoris Rebecca Russo



SUNDAY SCHOOL STAFF

Sophia Syrengelas - Director

Little Lambs: Teresa Arqueta

PK, TK, & Kindergarten: Irene Albeck & Larissa Maslen

Kindergarten, First & Second: Sophia Syrengelas & Andrianna Lareau

Third, Fourth, & Fifth: Mary Udria & Athena Serban

Middle School: Polly Vagenas & Chris Syrengelas

High School: Presvytera Aida Stratos

Teacher assistant and substitute: Jenni Nassos

PHILOPTOCHOS SOCIETY

Executive Board

President

Judith Din

1st Vice President

Jeanne Karaionnoglou

2nd Vice President

Helen Skandale and Lisa Xanthos

Corresponding SecretaryMary Udria and Irene Albeck

Recording Secretary

Mary Dewar **Treasurer**

Connie Becker

Assistant Treasurer

Maria Grover

Advisor

Maria Kypreos Spiritual **Advisor**

Father Peter Stratos

Board of Directors

Beautification

Maria Kokoris

Maria Hronas

Community Outreach

Fontaine Malisos

Liz Skandale

Fellowship

Tanya Christodoulelis

Maria Kypreos

Publicity

Christine Pappas

Scholarship

Presbytera Aida Statros and Irene Albeck

Social Media/Webmaster

Sophia Syrengelas

Sunshine and Visitation

Fontaine Malisos

Liz Skandale

Union Station

Irene Albeck

Operation Classroom

Nicolette Fuerst and Jennifer Webster

ADDITIONAL MINISTRIES

Acolytes Pres Aida Stratos

Bible Study Fr. Peter Stratos

Bookstore Noah Johnson

Golf Tournament Jimmy Christos

GOYA Anthia Drulias Lucas

Maria Katsas Gittings

Polly Vagenas

GOYA Basketball Pana Gelt

GOYA Volleyball Anthia Lucas

Pana Gelt

Greek Dance Groups Nikole Zoumberakis

Greek Festival Christian Balas

Greek Language Anastasia McClain

JOY/HOPE Irene Albeck

Myrrh Bearers Irene Albeck

Oratorical Festival Pres Aida Stratos

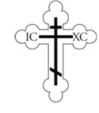
Prayer Shawls Maria Kypreos

Psalter Group Fr. Peter Stratos

Vacation Bible School Sophia Syrengelas

Mary Udria

VIPs Irene Albeck



January 2024





MATTHEW 19:14

Youth & Young Adults



-IV on the Go (Ionian Village) was incredible! It was held on Dec. 8 and 9th, and included a lock-in where the GOYAns stayed overnight in the hall. They had an amazing time. The counselors from IV were absolutely tremendous in leading the kids in ice breakers and community building activities! There were six counselors who flew in from all over the country.

Thank you to Father Peter who held Vespers and Orthros in the church for our attendees. Thank you also to GOYA advisors, Polly Vagenas, Anthia Lucas and Maria Katsas who put together the event and kept the kids well fed. Thank you also to Bryan Gittings for sleeping over and helping chaperone for the young men downstairs while Maria and Polly were upstairs with the young ladies. Thank you to our junior advisors, Andrianna, Kos and Stavros who also helped make the event a great success!







January 2024







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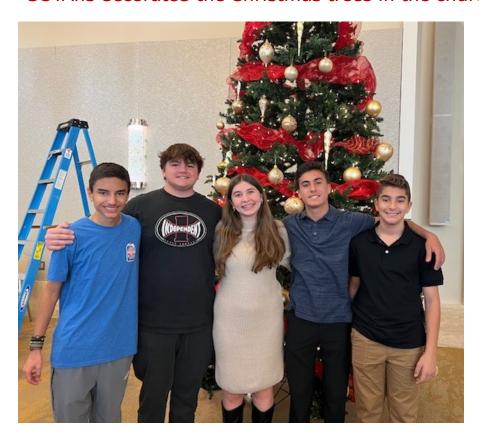






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-GOYAns decorated the Christmas trees in the church hall this month!





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- -Next GOYA meeting is **January 21**st. 12:15pm in the high school classroom.
- -We'll be ordering our sweatshirts in January!
- -Greek Orthodox Basketball League (GOBL) is celebrating its 50th year! Signups coming soon!
- -Check out our new Instagram account: @stanthonysgoya
- -Any questions, please email us: goya@saint-anthonys.org

To sign up your child for GOYA, please click on this QR code:





Philoptochos

Good Works

Union Station Homeless Service (USHS)

Philoptochos is continuing the monthly commitment to USHS by preparing a hardy, nutritious dinner made possible through the generosity of our donors. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.), and single serve bottles of milk. You may continue to volunteer by donating towards the purchase of individual packaged items.

The estimated costs are: Chicken - \$75, Rolls - \$15, Dessert - \$17, and Beverages - \$40.

We are also in need of donations to help offset our costs of large aluminum pans with lids.

We invite you to help us feed the needy by making a contribution towards this work.

Thank you to all our donors for their support.

Please make checks out to: Philoptochos of Saint Anthony.

Please write USHS on the memo line.

Thank you for being a part of the solution to homelessness.

For further information, please contact:

Irene Albeck mcmg2a@aol.com

Vangie Dupas vangiedupas@sbcglobal.net
Christina Kades christinekades@gmail.com

"You shall open wide your hand to your brother, to the needy and to the poor, in your land."

Deuteronomy 15:11



Christmas for the Kids In Conjunction with Friends-In-Deed

Once again, Philoptochos and the St. Anthony community helped Friends In Deed to provide Christmas presents for some of Pasadena's most vulnerable children. In some cases these gifts were the only presents they received at Christmas.

Thank you to all our generous donors who participated in this event and provided gifts for these children.



Liz ready to deliver the donated gifts

In addition to the gifts for Friends-In-Deed, Philoptochos made end of year donations to Project Mexico, Wells Bring Hope, Hoving Home, Five Acres, and individuals in need, etc. We also supported our seminarian from Holy Cross Greek Orthodox School of Theology in Brookline, Massachusetts.

Philoptochos and Sunshine Committee delivered Greek sweets and Christmas cheer to some seniors and home bound parishioners over the Christmas holidays. They were met by hugs and smiles! A big thank you to everyone who helped.

Community Happenings

Vasilopita Celebration - Sunday, January 7

Philoptochos will host the Vasilopita celebration in the church hall following Divine Liturgy.

Great Vespers Dinner

Tuesday, January 16. Philoptochos and Parish Council will host a dinner following the Great Vespers for the Feast Day of Saint Anthony.

Annual Christmas Benefit 2023

Thank you to everyone who made our 54th Annual Christmas Benefit, *Christmas in Toyland*, a tremendous success! This year's event included a delicious luncheon and fashion show by Robert Ellis Boutique. It was held at **The Langham Huntington Hotel** in Pasadena on Saturday, December 2.

Over 480 guests enjoyed entertainment by the Pasadena Civic Ballet. The Christmas Boutique, Santa's Kitchen, and gift vendors provided a delightful shopping experience for all. The charity receiving proceeds from this year's event was Forever Kids' Case for Character program as well as other Philoptochos charities. By partnering with Forever Kids, our Philoptochos is able to provide suitcases and support for children entering the foster care system.

Philoptochos Christmas Party - December 13 - Trinity Ballroom

All attendees enjoyed a delicious dinner and desserts, good fellowship, and Christmas cheer. The festivities included a fun and entertaining ornament gift exchange game. Thank you to our First Vice President, Jeanne Karaioannoglou, for organizing this wonderful event and to Maria Hronas who assisted with the party.



St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos

Host a Coffee Hour to celebrate a birthday, anniversary, name-day, graduation, Loved One, or for any reason. A sign-up on the poster in the foyer of the Parish Community Center or contact Tanya Christodoulelis at (626) 379-2304. Thank you for your support.

Please contact the Church office if you need to schedule a Memorial and if you wish to host the Social Hour on that Sunday.

<u>Please Note:</u> The Money collected in the Coffee Hour Basket is used to purchase items for the church, such as the chanter stands and reliquary. Please remember to contribute to the basket at Coffee Hour.



COFFEE HOUR FELLOWSHIP









Host a Coffee Hour and celebrate a Birthday, Anniversary, Name Day, Graduation, Loved One, as a Family Activity or for any reason!

Every Sunday following the Divine Liturgy, coffee hour in the Parish Hall provides an opportunity to visit with fellow parishioners and to greet new Parish members. By offering to host a Coffee Hour Fellowship, you are assisting in providing a delicious snack while we spend time with our church family.

Hosting is as easy as 1-2-3:

 Sign-up on the poster located in the Parish Hall or Church Office. To be included in the bulletin, notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email office@saint-anthonys.org

For Memorials, you must notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email office@saint-anthonys.org

- Bring snacks for 75 adults and kids Suggestions include: assorted Bagels, Muffins, Cakes, Cookies, Mini Deli Sandwiches, Cheese & Crackers, Olives, Dolmades, Hummus, Tzatziki, Pita, Raw Vegetables, Fruit, Salads, Oatmeal or anything you prefer
- Bring food items plated on serving trays/bowls and ready to serve by 10:30am on your chosen day. (Serving tables and coffee/water station are set up by 10:00am)

That's it! Your fellow parishioners will be grateful for the snack and fellowship.

Philoptochos provides the coffee, sugar, creamer, paper plates, plastic utensils and napkins or you may choose to donate these items to help offset the cost.

For questions, please call or email Tanya Christodoulelis at 626.379.2304 or tanyachristos@yahoo.com.

All cash donations made during Coffee Hour go toward the Church Altar Fund to provide the items needed throughout the year for the altar.

Santa's Kitchen Thank you

The Santa's Kitchen Committee would like to thank everyone who helped with the baking and packaging of sweets for Santa's Kitchen which supported the 2023 St. Anthony Philoptochos Benefit Luncheon. During these past few months, many ladies in the church community helped us and we truly appreciate all their support. Our heartfelt thanks especially to Irene Albeck, Maria Hronas, Christine Kades, Stavroula Kiotas, Yngrid Molinari, Gena Pegadiotes and Yiota Poulos. All these lovely ladies are our superheroes.

With appreciation and love, Helen Skandale and Lisa Xanthos

It's back!

Saint Anthony Philoptochos' 5th soup cook-off



to benefit our neighbors the Pasadena Bad Weather Shelter

SUNDAY, FEBRUARY 4, 2024 following Divine Liturgy

For more information:

https://tinyurl.com/SouperSunday2024 SouperSundayPasadena@gmail.com

For more information: https://tinyurl.com/soupersunday2024

Celebrating 100 Years!!

In December, the St. Anthony community celebrated the 100th birthday of longtime parishioner Helen Reese.

Wearing her special gold 100th birthday crown, Helen was presented with hugs and flowers from the Church School children. The St. Anthony dance group even performed a special dance!

The entire congregation watched her blow out her candles and everyone sang a festive Happy Birthday. The parish council provided a lovely birthday cake which everyone enjoyed.

Father Peter presented Helen with a beautiful icon of Saints Constantine and Helen.

She was surprised and touched by the love the community showed her on her special day.

Helen is indeed a true entertainer. After the church birthday celebration, she was invited to play her accordion at the local Trader Joes. Helen was a celebrity for the day, as many people stopped to watch and take pictures of the centenarian while she played her accordion singing and wishing everyone a Merry Christmas!













In Our Metropolis

2024 Saint Sophia Philoptochos 55th Debutante Presentation Ball

Sunday, January 14, 2024 at the Beverly Wilshire Hotel.

The Debutante Ball celebrates the young women of our Metropolis by recognizing their plentiful philanthropic, academic, and extracurricular accomplishments. It raises funds for Philoptochos charities through a donation and message in the Presentation Album.

Our debutantes from Saint Anthony's are: Talia Grafos and Katerina Gittings

For reservations (\$250 per person): Cynthia Spears (847) 220-3520.

For Presentation Album: Jeanne Boukidis (818) 389-7661 jboukidis.StSophia@gmail.com

Online reservations and donations for Presentation Album signatures are available at www.stsophiaphiloptochos.org/debutante-ball-2024.

We thank you for your support. Donations are deductible in accordance with the law.

The Debutantes of 2024

Anna Nicoletta Counclis

ESCORTED BY
NICHOLAS SPIRO VIDALAKIS

Sophia Katherine Feles

ESCORTED BY
ROBERT S. NUCCION

Zoe Antoinette French
ESCORTED BY
EVAN WILLIAM FRENCH

Vasiliki Maria Georgakopoulos NICHOLAS MICHAEL HANSON

Maria Sophia Georgopoulos

DEMOTROS ALEXANDER VASILIOU

Katerina Asimina Gittings

ESCORTED BY
MIGUEL SANTANA

Talia Theana Grafos

ESCORTED BY

KYRIACOS SPIRO VIDALAKIS

Grace Maria Moore
ESCORTED BY
THOMAS THANO FELES

Stavroula Andrianna Pitsos

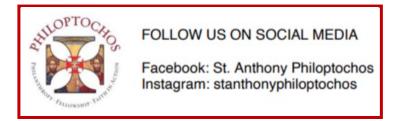
ESCORTED BY
JIMMY T. SPEARS

Upcoming Meetings

January Board Meeting - Wednesday, January 10 at 7:00 PM

General Meeting - Wednesday, January 24 at 6:30 PM for a Winter Wine Tasting. More details forthcoming. Any questions, contact Jeanne Karaioannoglou (626) 437-6078 (cell)

Christmas Benefit 2023 Recap - Monday, February 7 at 7:00 PM



2024 Philoptochos Membership

We encourage everyone 18 and over to join Philoptochos. A ministry that promotes charitable, benevolent, and philanthropic outreach. Please look for more details on the upcoming 2024 membership drive. We would love for you to be a part of this wonderful organization.

The following charities are supported by St. Anthony Philoptochos:

Chapter Charities

CAST, Coalition to Abolish Slavery and Trafficking
City of Hope
Forever Kids
Friends in Deed
Foothill Unity Center
Hellenic College/Holy Cross School of Theology Seminarians
Kids 'n' Cancer/Camp Agape
Operation Classroom
Pasadena City College Lancer Pantry
Pasadena Unified School District/Foster Care Children
Project Mexico Orphanage
Social Services/Emergency assistance to individuals within our community
Scholarships for College Bound Students

Ukraine Relief Fund of the International Orthodox Christian Charities
Union Station Homeless Services

San Francisco Metropolis Philoptochos Programs & Charities

Bishop Anthony Student Aid Endowment Fund [BAPSAEF]
Emergency Relief Fund/Social Welfare
Kids n' Cancer/Camp Agape
Saint Nicholas Ranch
Support a Seminarian
Women's Health & Wellness

National Philoptochos Programs & Charities

Academy of Saint Basil
Autism Assistance Fund
Cancer Fund
Children Medical Fund
Ecumenical Patriarchate
Emergency Fund
General Medical Fund
College/Holy Cross School of

Hellenic College/Holy Cross School of Theology International Orthodox Christian Charities [IOCC] National Sisterhood of Presbyteres Benevolent Fund

Operation Classroom

Orthodox Christian Fellowship

Orthodox Christian Mission Center & Support a Mission Priest

Retired Clergy & Widowed Presbyteres Benevolent Fund Saint Photios Shrine Saint Nicholas Shrine

> Seventy-Fifth Anniversary Founders Fund Social Services

United Nations International Children's Emergency Fund [UNICEF]



PHILOPTOCHOS SOCIETY OF SAINT ANTHONY GREEK ORTHODOX CHURCH PANAGIA CHAPTER

PHILOPTOCHOS MEMBERSHIP FORM

2024 Philoptochos Me	mbership	2024 Associate (Men / Non-V	Date	
Last Name		First Name	Spouse Name	M.I.
Street Address				
City		State		Zip
Home Phone		Cell Phone		
Email Notices will be sent via ema	ail. If you prefe	er your notices maile	d, please, let us know	by checking here
St. Anthony's Philoptocho	s Stewardship	(membership dues).	Select amount belov	v:
\$50	\$75	\$100	\$125	Other
Each \$50 stewardship sup St. Anthony Philoptochos	_	_		opolis (\$15) and edit CardCash
I am interested in helping w	vith the followin	g:		
Feeding the Hungry Delivering Meals to F Homebound Visitatio Telephone Tree		Hosting FeBaking & (FundraisinSocial Med	Cooking g	MarketingWebsite DesignerOther TalentsSpecify
OPTOCA	2024 PI	ниортосно	OS MEMBERS	HIP DRIVE
Your continued generosity allows Philoptochos to provide financial assistance and outreach to those in need. We invite you to renew your membership or become a new member as we endeavor to do our philanthropic work. Join us as we strive to fulfill the word of Christ. "" whatever you did for one of these, the least of my brethren, you did for me" - Matthew 25:30				
PLEASE RENEW OF	R JOIN BY M	AIL (Check payal	ole to: Saint Antho	ny Philoptochos Society)
	Mail	your check along wi	ith this form to:	
	•	_	y, Attention: Membo rd, Pasadena, CA 91	
	- •	e at https://stanthon down to "Annual M	yphiloptochos.squa embership Dues"	resite
For more information or	questions, please	e contact Lisa Xantho	s (626) 222-4374 or He	elen Skandale (818) 618-4963

VIPs

KALI XRONIA......HAPPY NEW YEAR TO THE ENTIRE SAINT ANTHONY FAMILY!!

2023 saw a resurgence of activity in our parish with the Covid-19 pandemic having become somewhat of an afterthought due to the availability of safe and effective vaccines and oral therapy. Here is a recap of the year's events:

- 1. We had a successful Pasadena Golf Classic in May.
- 2. A significant Sunday School enrollment resulted in a wonderful increase in church attendance on Sundays.
- 3. The Pasadena **GreekFest** was once again open to the community-at-large and though a September shower impacted the attendance on Saturday, everyone who came out for the event enjoyed a weekend of delicious food and pastries, thanks in a large part to the efforts of many VIP members.
- 4. The Saint Anthony Philoptochos, which includes many of our VIP ladies, held yet another financially successful **Christmas Benefit Luncheon** at the Langham Huntington Hotel, allowing the ladies to continue their charitable and philanthropic works in the community.

The VIPs enjoyed a resurgence in membership, meeting activities, and outings last year. Our VIP roster added more than a dozen new members...but sadly, two of our long time members, Dr. Rodanthi Kitridou and Mr. George Treantafelles, departed this life. May their memories be eternal.

While most all of our members celebrated birthdays in 2023, three of our members celebrated really SIGNIFICANT birthdays. Congratulations and best wishes for continued good health and happiness to Kathy Lucas, 90 years young, Vivian Mavredakis 97 years young, and Helen Reece, 100 years young! KEEP ON TRUCKIN' LADIES!

VIP meeting activities were expanded to include a BINGO tournament, a post business meeting luncheon and a few low impact chair aerobic exercise sessions led by Nicole Schulman, .

A number of our members traveled to Saint George Church in Downey on a few occasions to attend meetings of the Organization of Respected Adults, (ORA), a Metropolis level VIP style group. And a delegation of seniors from Saint George then joined us at our November Festive Feast to enjoy camaraderie and a fabulous holiday turkey luncheon with all the trimmings.

Of course, the VIP Community outreach efforts continued with contributions to Operation Classroom for the benefit of Pasadena City College Students and the Foothill Unity Center for the purchase of holiday turkeys for needy families.

On December 10th, with Christmas and the New Year right around the corner, the VIPs attended a simply marvelous Holiday Spectacular by the Citrus College Visual and Performing Arts Division entitled "Christmas Is."

This production included performances by the renowned Citrus Singers, Citrus Dancers, The Tenor Bass Ensemble, The Citrus Percussion Ensemble, and a cast of over two and a half dozen actors/singers who performed a magnificent holiday play. The quality of the vocalization performed by these junior college students was truly amazing and very much appreciated by all of our attendees!

Finally, our last meeting of the year was an outdoor gathering at LeRoy's Restaurant on a brisk December 12th morning in Monrovia. With 44 members and guests in attendance, a wonderful time was had by all. We enthusiastically exchanged Christmas greetings over delicious breakfast options provided by Carolina Kokoris and her attentive staff....truly a wonderful way to end 2023....as we all look forward to our January 9th meeting, and wish our entire Saint Anthony Family:

A SAFE. HEALTHY. AND HAPPY NEW YEAR!

Jim Hronas
VIP Communications



Nicole Schulman leads us in chair aerobics.



Our delegation attends ORA Meeting at St. George.



Ladies from St. George join us for our Holiday Feast.

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Our November Holiday Feast



 ${\it VIPs\ at\ Citrus\ College\ for\ Holiday\ Spectacular.}$



Our breakfast meeting at LeRoy's Restaurant.



Community News & more...



DIVERS NEEDED. ALL YOUTH AGES 12-18

Habit burger truck & snow cones

Dive for the Cross and Blessing of the waters

Blessing of the Waters and Dive for the Cross to take place at Mother's Beach

5839 E Appian Way Long Beach, CA 90802





Saint Anthony Bowling League News Winter/Spring Season 2024







Happy New Year from the St. Anthony Bowling League

The St. Anthony Bowling League will begin its Winter/Spring Season on Thursday, January 18 at 7:00 P.M. This session of our league will run approximately 12 weeks ending on Thursday, April 4, 2024.

Anyone interested in joining must be 18 years of age or older. No previous experience necessary. Our bowlers range from beginners to intermediate-advanced.

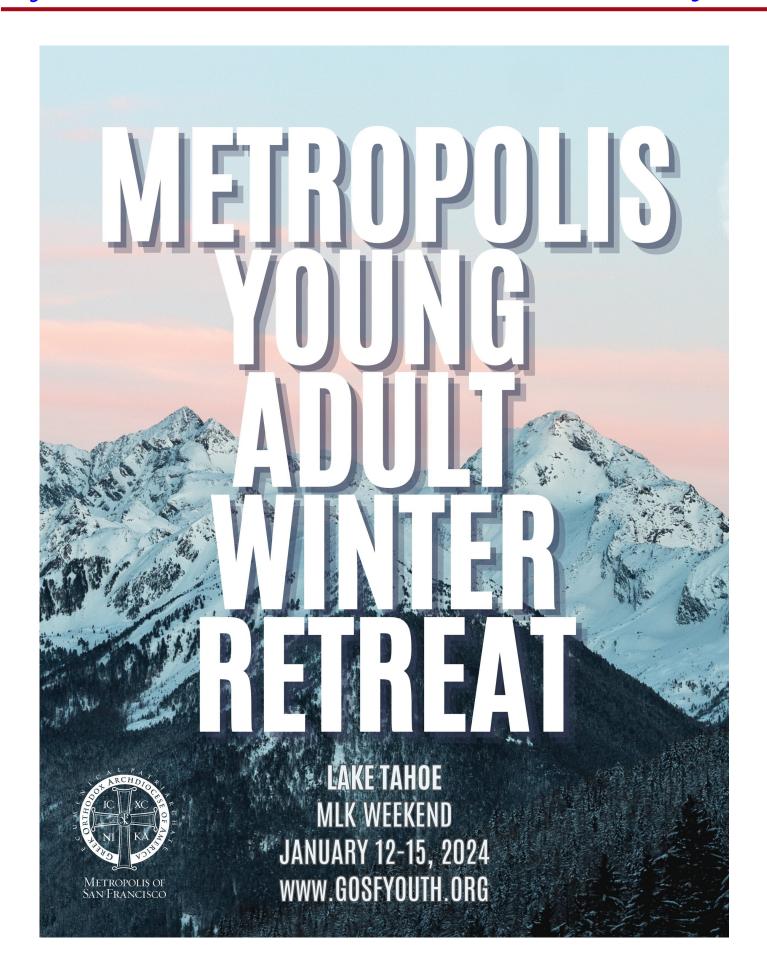
Weekly fees are \$20.00, and includes shoes as well as end of season cash prize award for every bowler. Bowlers are responsible for weekly fees even when absent.

Anyone interested in joining or for more information please contact:

Anthia Drulias-Lucas

ADLJSLO2@YAHOO.COM

(626) 274-6133 (call/text)



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The Voice of Saint Anthony January 2024

Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos 778 S. Rosemead Boulevard, Pasadena, CA 91107 (626) 449-6943 Office (626) 449-6974 FAX

Circumcision of Christ/

Saint Basil

Holy Theophany/

Epiphany

6 January

1 January

Saint John the Baptist

7 January

St. Anthony the Great

17 January

Gregory the Theologian

25 January

Three Hierarchs

30 January

Priest's Message

Stewardship

Ministries

Parish Council

Sunday School

Youth/Young Adults

Philoptochos

VIPs

Community News, etc.

Monthly Lesson

Saints of the Month

Orthodox Calendar



Saint Anthony the Great 17 January

Deadline for February Newsletter is Thursday, 25 January
Please send to: newsletter_church@aol.com

If you would like the monthly newsletter mailed to your home each month, please contact the Church office.

Monthly Lesson from Father Stavros Akrotirianakis

Seek the Lord, all you humble of the land, who do His commands; seek righteousness, seek humility.

Zephaniah 2:3

The Bible begins with the story of creation, which begins with the words, "In the beginning, God created the heavens and the earth." (Genesis 1:1) The Ten Commandments begin with the words "I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage. You shall have no other gods before Me" (Exodus 20:2-3) And in one of the last verses of the Bible, in Revelation 22:13, Jesus speaks to John and says "I am the Alpha and the Omega, the first and the last, the beginning and the end." Throughout the Bible, the relationship between God and humanity is established. He is God. We are His servants. He is the source and center of everything. We are supposed to fit our lives around Him, not Him around us. He is our purpose, our destination, and our present focus. In order to keep our positions in proper alignment, the first thing we need is humility. Humility recognizes that we are not the source and center of everything, He is.

It is easier to serve the Lord with obedience than with humility. Because if we focus on obedience, we focus on following orders. And while obedience and submission are important, there is a danger in only approaching God with obedience and not with humility added to it. Because what do we do with those who are not obedient? Speak down to them. Feel that we are superior to them? What happens when we are not obedient? Should we be beset with guilt and feelings of unworthiness and inadequacy?

Humility helps with both our shortcomings and the shortcomings of others. Let's look at ourselves first. If God is the Lord, if He is the source and center of everything, then when we fall short, we can come back to Him with humility and place Him back at the center through our personal repentance, confident in His ability to forgive and restore. Going to confession requires humility—it requires us to come to God and to take ownership for not placing Him at the source and center of something. Some people have a hard time with this personal humility. Probably most people have a difficult time with this. It is hard to bow our head in humility and admit to God that we have shifted Him off the center and put ourselves and our needs there instead.

Let's look at the shortcomings of others. It is very easy and very tempting to judge others, either for their wrongs, or for their beliefs (their "rights"). With respect to their wrongs, Jesus tells us that we should take the log out of our own eye before we judge the speck in the eye of our brother. (Matthew 7:3-5; Luke 6:41-42) With respect to their "rights," there is also the temptation to criticize people who believe different than us With so many Christian denominations, there is the temptation to assert that one is better than the other, or rather, one is valid and the others are not. Obviously, I feel very strongly about what the Orthodox believe and how we practice what we believe or I would not be Orthodox. I am very convicted that our theology most closely mirrors the early church, the writings of the early fathers and most especially, the words of Jesus Christ. Our practice of that theology, however, often leaves something to be desired, including my personal practice. This is why there is no need to criticize anyone. We can encourage, just as we need to be encouraged, others in their faith journeys. But we should do so with humility, not self-aggrandizement. God, revealed as the Alpha and the Omega, will sort out things. On a practical level, I am worried about the logs in my own heart and soul, more than the specks that might be in the souls of others.

We need to keep God at the center of our lives, of our focus, of our priorities.

Personal Reflection Point:

How can we seek righteousness and humility?

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Saints & Feasts

Saint Basil the Great & the Circumcision of Christ

1 January

Saint Basil the Great was born about the end of the year 329 in Caesarea of Cappadocia, to a family renowned for their learning and holiness. His parents' names were Basil and Emily. His mother Emily and his grandmother Macrina are Saints of the Church, together with all his brothers and sisters. Basil studied in Constantnople under the sophist Libanius, then in Athens, where also he formed a friendship with the young Gregory, a fellow Cappadocian, later called "the Theologian." Through the good influence of his sister Macrina, he chose to embrace the ascetical life, abandoning his worldly career. He visited the monks in Egypt, in Palestine, in Syria, and in Mesopotamia, and upon returning to Caesarea, he departed to a hermitage on the Iris River in Pontus, not far from Annesi, where his mother and his sister Macrina were already treading the path of the ascetical life; here he also wrote his ascetical homilies.

About the year 370, when the bishop of his country reposed, he was elected to succeed to his throne and was entrusted with the Church of Christ, which he tended for eight years, living in voluntary poverty and strict asceticism, having no other care than to defend holy Orthodoxy as a worthy successor of the Apostles. The Emperor Valens, and Modestus, the Eparch of the East, who were of one mind with the Arians, tried with threats of exile and of torments to bend the Saint to their own confession, because he was the bastion of Orthodoxy in all Cappadocia, and preserved it from heresy when Arianism was at its strongest. But he set all their malice useless, and in his willingness to give himself up to every suffering for the sake of the Faith, showed himself to be a martyr by volition. Modestus, amazed at Basil's fearlessness in his presence, said that no one had ever so spoken to him. "Perhaps," answered the Saint, "you have never met a bishop before." The Emperor Valens himself was almost won over by Basil's dignity and wisdom. When Valens' son fell gravely sick, he asked Saint Basil to pray for him. The Saint promised that his son would be restated if Valens agreed to have him baptized by the Orthodox; Valens agreed, Basil prayed, and the son was restored. But afterwards the Emperor had him baptized by Arians, and the child died soon after. Later, Valens, persuaded by his counsellors, decided to send the Saint into exile because he would not accept the Arians into communion; but his pen broke when he was signing the edict of banishment.



Saint Basil - continued

He tried a second time and a third, but the same thing happened, so that the Emperor was filled with dread, and tore up the document, and Basil was not banished. The truly great Basil, spent with extreme ascetical practices and continual labors, at the helm of the church, departed to the Lord on the 1st of January, in 379. at the age of forty-nine.

His writings are replete with wisdom and erudition, and rich are these gifts he set forth the doctrines concerning the mysteries both of the creation and of the Holy Trinity. Because of the majesty and keenness of his eloquence, he is honored as "the revealer of heavenly things" and "the Great."

The Circumcision of our Lord and Savior Jesus Christ is celebrated on the first day of the New Year, eight days after the celebration of our Lord's Birth. The Church also remembers our Lord's circumcision and His receiving the name Jesus, which means Savior. So on the eighth day after His Nativity, our Lord Jesus Christ was circumcised in accordance with the Old Testament Law. All male infants underwent circumcision as a sign of God's Covenant with the holy Forefather Abraham and his descendants (Genesis 17:10-14, Leviticus 12:3)

After this ritual the Divine Infant was given the name Jesus, as the Archangel Gabriel declared on the day of the Annunciation to the Most Holy Theotokos (Luke 1:31-33, 2:21). The Fathers of the Church explain that the Lord, the Creator of the Law, underwent circumcision in order to give people an example of how faithfully the divine ordinances ought to be fulfilled.

The Lord was circumcised so that later no one would doubt that He had truly assumed human flesh, and that His Incarnation was not merely an illusion, as certain heretics taught.

In the New Testament, the ritual of circumcision gave way to the Mystery of Baptism, which it prefigured (Colossians 2:11-12). Accounts of the Feast of the Circumcision of the Lord continue in the Eastern Church right up through the fourth century. The Canon of the Feast was written by Saint Stephen of the Saint Sava Monastery.

In addition to circumcision, which the Lord accepted as a sign of God's Covenant with mankind, He also received the Name Jesus (Savior) on the eighth day after His Nativity as an indication of His service, the work of the salvation of the world (Matthew 1:21; Mark 9:38-39, Mark 16:17; Luke 10:17; Acts 3:6, 16; Phil 2:9-10). These two events, the Lord's Circumcision and Naming, remind Christians that they have entered into a New Covenant with God and "are circumcised with a circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ" (Colossians 2:11). The very name "Christian" is a sign of mankind's entrance into a New Covenant with God.

Holy Theophany/Epiphany

6 January

About the beginning of our Lord's thirtieth year, John the Forerunner, who was some six months older than Our Savior according to the flesh, and had lived in the wilderness since his childhood, received a command from God and came into the parts of the Jordan, preaching the baptism of repentance unto the remission of sins. Then our Savior also came from Galilee to the Jordan, and sought and received baptism though He was the Master and John was but a servant. Whereupon, there came to pass those marvelous deeds, great and beyond nature: the Heavens were opened, the Spirit descended in the form of a dove upon Him that was being baptized and the voice was heard from the Heavens hearing witness that this was the beloved Son of God, now baptized as a man (Matt. 3:13-17; Mark 1:9-11; Luke 3:1-22).



From these events the Divinity of the Lord Jesus Christ and the great mystery of the Trinity were demonstrated. It is also from this that the present feast is called "Theophany," that is, the divine manifestation, God's appearance among men. On this venerable day the sacred mystery of Christian baptism was inaugurated; henceforth also began the saving preaching of the Kingdom of the Heavens.

Synaxis of John the Baptist

7 January

Today, the day after Epiphany, we celebrate the Synaxis in honor of the most sacred Forerunner, since he ministered at the Mystery of the Divine Baptism of our Lord Jesus Christ, on January 6th.



Saint Anthony

17 January

The Father of monks, was born in Egypt in 251 of pious parents who departed this life while he was yet young. On hearing the words of the Gospel: "If thou wilt be perfect, go and sell what thou hast, and give to the poor" (Matt. 19:21), he immediately put it into action. Distributing to the poor all he had, and fleeing from all the turmoil of the world, he departed to the desert. The manifold temptations he endured continually for the span of twenty years are incredible. His ascetic struggles by day and by night, whereby he mortified the uprisings of the passions and attained to the height of dispassion, surpass the bounds of nature; and the report of his deeds of virtue drew such a multitude to follow him that the desert was transformed into a city, while he became, so to speak, the governor, lawgiver, and master-trainer of all the citizens of this newly-formed city.

The cities of the world also enjoyed the fruit of his virtue. When the Christians were being persecuted and put to death under Maximinus in 312, he hastened to their aid and consolation. When the Church was troubled by the Arians, he went with zeal to Alexandria in 335 and struggled against them in behalf of Orthodoxy. During this time, by the grace of his words, he also turned many unbelievers to Christ.

Saint Anthony began his ascetic life outside his village of Coma in Upper Egypt, studying the ways of the ascetics and holy men there, and perfecting himself in the virtues of each until he surpassed them all. Desiring to increase his labors, he departed into the desert, and finding an abandoned fortress in the mountain, he made his dwelling in it, training himself in extreme fasting, unceasing prayer, and fierce conflicts with the demons. Here he remained for about twenty years. Saint Athanasius the Great, who knew him personally and wrote his life, says that he came forth from that fortress "initiated in the mysteries and filled with the Spirit of God."

Afterwards, because of the press of the faithful, who deprived him of his solitude, he was enlightened by God to journey with certain Bedouins, until he came to a mountain in the desert near the Red Sea, where he passed the remaining part of his life.

Saint Athanasius says of him that "his countenance had a great and wonderful grace. This gift also he had from the Savior. For if he were present in a great company of monks, and any one who did not know him previously wished to see him, immediately coming forward he passed by the rest, and hurried to Anthony, as though attracted by his appearance. Yet neither in height nor breadth was he conspicuous above others, but in the serenity of his manner and the purity of his soul."

So becoming an example of virtue and a rule for monastics, he reposed on January 17 in the year 356, having lived altogether some 105 years.



Saint Gregory the Theologian

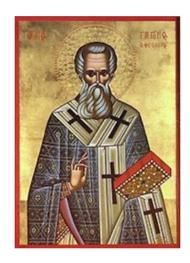
25 January

This great Father and Teacher of the Church was born in 329 in Arianzus, a village of the second district of Cappadocia, not far from Nazianzus. His father, who later became Bishop of Nazianzus, was named Gregory and his mother was named Nonna; both are among the Saints, and so are his brother Caesarius and his sister Gorgona. At first he studied in Caesarea of Palestine, then in Alexandria, and finally in Athens. As he was sailing from Alexandria to Athens, a violent sea storm put in peril not only his life but also his salvation, since he had not yet been baptized. With tears and fervor he besought God to spare him, vowing to dedicate his whole self to Him, and the tempest gave way to calm.

At Athens Saint Gregory was later joined by Saint Basil the Great, whom he already knew; but now their acquaintanceship grew into a lifelong brotherly love. Another fellow student of theirs in Athens was the young Prince Julian, who later as Emperor was called the Apostate because he denied Christ and did all in his power to restore paganism. Even in Athens, before Julian had thrown off the mask of piety; Saint Gregory saw what an unsettled mind he had, and said, "What an evil the Roman State is nourishing"

After their studies at Athens, Gregory became Basil's fellow ascetic, living the monastic life together with him for a time in the hermitages of Pontus. His father ordained him presbyter of the Church of Nazianzus, and Saint Basil consecrated him Bishop of Sasima, which was in the archdiocese of Caesarea. This consecration was a source of great sorrow to Gregory, and a cause of misunderstanding between him and Basil; but his love for Basil remained unchanged, as can be plainly seen from his Funeral Oration on Saint Basil.

About the Year 379, Saint Gregory came to the assistance of the Church of Constantinople, which had already been troubled for forty years by the Arians; by his supremely wise words and many labors he freed it from the corruption of heresy, and was elected Archbishop of that city by the Second Ecumenical Council, which assembled there in 381, and condemned Macedonius, Archbishop of Constantinople, the enemy of the Holy Spirit.



Saint Gregory the Theologian - continued

When Saint Gregory came to Constantinople, the Arians had taken all the churches and he was forced to serve in a house chapel dedicated to Saint Anastasia the Martyr. From there he began to preach his famous five sermons on the Trinity, called the Triadica. When he left Constantinople two years later, the Arians did not have one church left to them in the city. Saint Meletius of Antioch, who was presiding over the Second Ecumenical Council, died in the course of it, and Saint Gregory was chosen in his stead; there he distinguished himself in his expositions of dogmatic theology.

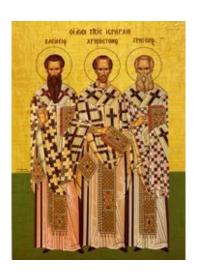
Having governed the Church until 382, he delivered his farewell speech - the Syntacterion, in which he demonstrated the Divinity of the Son - before 150 bishops and the Emperor Theodosius the Great; in this speech he requested, and received from all, permission to retire from the see of Constantinople. He returned to Nazianzus, where he lived to the end of his life, and reposed in the Lord in 391, having lived some sixty-two years.

His extant writings, both prose and poems in every type of metre, demonstrate his lofty eloquence and his wondrous breadth of learning. In the beauty of his writings, he is considered to have surpassed the Greek writers of antiquity, and because of his God-inspired theological thought, he received the surname "Theologian." Although he is sometimes called Gregory of Nazianzus, this title belongs properly to his father; he himself is known by the Church only as Gregory the Theologian. He is especially called "Trinitarian Theologian," since in virtually every homily he refers to the Trinity and the one essence and nature of the Godhead.

Synaxis of the Three Hierarchs

30 January

This common feast of these three teachers was instituted a little before the year 1100, during the reign of the Emperor Alexis I Comnenus, because of a dispute and strife that arose among the notable and virtuous men of that time. Some of them preferred Basil, while others preferred Gregory, and yet others preferred John Chrysostom, quarreling among themselves over which of the three was the greatest. Furthermore, each party, in order to distinguish itself from the others, assumed the name of its preferred Saint; hence, they called themselves Basilians, Gregorians, or Johannites. Desiring to bring an end to the contention, the three Saints appeared together to the saintly John Mavropous, a monk who had been ordained Bishop of Euchaita, a city of Asia Minor. They revealed to him that the glory they have at the throne of God is equal, and told him to compose a common service for the three of them, which he did with great skill and beauty.





Orthodox Calendar

January 2024

Juitual y 202 i						
SUN	Mon	TUE	WED	THU	FRI	SAT
	Circumcision of Christ Saint Basil the Great	7pm Dance Prac.	3 7pm Philoptochos Union Station	4:30 Greek School	Agiasmos 9am Vesperal liturgy of St. Basil	Holy Theophany Epiphany Agiasmos 9am Orthros 10am Divine Lit
					5pm Dance Prac.	
Synaxis of John the Baptist 8:45am Orthros 10am Divine Liturgy Vasilopita 12:15 Greek Dance Prac Indoor & Live-stream	8 4:30 Greek School 5:30 Dance Prac.	9 10:30 VIP Meeting 7pm Dance Prac. 7pm Parish Coun'l	7pm Philopotochos Board Mtg	## 4:30 Greek School	12	1
Leavetaking of the Theophany 8:45am Orthros 10am Divine Liturgy 12:15 Greek Dance Prac 12:15 GOYA Meeting Indoor & Live-stream	4:30 Greek School 5:30 Dance Prac.	Eve of the Feast of Saint Anthony 7pm Vesperal liturgy Artoklasia Dinner	Saint Anthony the Great 9am Orthros 10am Divine Lit.	4:30 Greek School	19	20
12th Sunday of Luke 8:45am Orthros 10am Divine Liturgy 12:15 Greek Dance Indoor & Live-stream	4:30 Greek School 5:30 Dance Prac.	23 7pm Dance Prac.	7pm Philopotochos General Mtg	25 Gregory the Theologian 4:30 Greek School	26	2.
15th Sunday of Luke 8:45am Orthros 10am Divine Liturgy 12:15 Greek Dance Prac Indoor & Live-stream	4:30 Greek School 5:30 Dance Prac.	Three Hierarchs 9am Orthros 10am Divine Lit 7pm Dance Prac.	31			
		Strict Fast Refrain from Meat, Fish, Wine, Oil, Dairy & Eggs	Fish, Wine & Oil Allowed	Wine and Oil Allowed	Dairy, Eggs, & Fish Allowed: Refrain from Meat	Fast Free
		M		Sono		

Saint Anthony Greek Orthodox Community 778 South Rosemead Blvd Pasadena, California 91107

ONI KA A NOTATION

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We're on the Web! www.saint-anthonys.org

TIMESENSITIVE

POSTAGE STAMP

To generations of our descendants yet unknown to you, who some day in the dim and distant future will read this account of the dramatic history of the Hellenic community, we who have written this account not only on paper, but in the blood, sweat and tears of our daily lives make this statement:

We have built this community with its hopes and its fears, and its land and its buildings because we believe, as did our forefathers, in the soul's immortality, and its eventual union with God.

We believe that whether or not we have amassed a great deal of personal wealth or fame, it matters little, since we could not take that with us. What does matter is how we have discharged our obligation to pass on to you the faith and ideals that have sustained us through our lives... and we venture the hope that as you read these lines, you may breathe a prayer that what we have done here may have found favor in the eyes of God.

O Lord, grant me to greet this new year in peace. Help me in all things to rely upon Your holy will. In every moment of this year reveal Your will to me. Bless my dealings with all who surround me. Teach me to treat all that comes to me throughout the year with peace of soul, and with the firm conviction that Your will governs all. In all my deeds and words guide my thoughts and feelings. In unforeseen events let me not forget that everything is sent by You. Teach me to act firmly and wisely, without embittering or embarrassing others. Give me strength to bear the fatigue of this coming year with all that it will bring. Direct my will, teach me to pray, pray You Yourself in me. Amen.