



*Rev. Protopresbyter Peter Stratos
Presiding Priest*

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Website: saint-anthonys.org • E-mail: office@saint-anthonys.org

Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

St. Anthony's calendar link: saint-anthonys.org/calendar

For pastoral emergencies only please call 626-855-3640

**JANUARY 28, 2024
15TH SUNDAY OF LUKE**

*Ephraim the Syrian
Isaac the Syrian*

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

MEMORIAL SERVICE ~ 9:45 A.M.

*Semiramis Tsudis – 1 year
Angelo Tsudis – 10 years
Bobby Petrov – 40 days*

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM
(CLICK THE LINKS BELOW):

SAINT-ANTHONY.S.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

HYMNS OF THE DAY

RESURRECTIONAL APOLYTIKION. MODE 1. (BEFORE ENTRANCE)

The stone having been sealed by the Pharisees and chief priests, * and Your all immaculate body being guarded by soldiers, * You rose on the third day, O Lord and Savior, granting life unto the world. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * “Glory to Your resurrection, O Christ! * Glory to Your eternal rule! * Glory to Your plan for saving us, only benevolent God!”

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

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FOR THE DEVOUT MAN. MODE PL. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Ephrem, our devout father. Intercede with Christ our God, for the salvation of our souls.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστήρ τῇ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Ἐφραὶμ πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE 1.

You sanctified the womb of the Virgin by Your birth, and by Your presentation You blessed the hands of Symeon, when You came, and You saved us, O Christ our God. Now we pray You give peace to Your world at war, and let love for Your people prevail in all, O only benevolent Lord.

Ὁ μήτραν παρθενικὴν ἀγιάσας τῷ τόκῳ σου, καὶ χεῖρας τοῦ Συμεὼν εὐλογήσας ὡς ἔπρεπε, προφθάσας καὶ νῦν ἔσωσας ἡμᾶς Χριστέ ὁ Θεός. Ἄλλ' εἰρήνευσον ἐν πολέμοις τὸ πολίτευμα, καὶ κραταίωσον Βασιλεῖς οὓς ἡγάπησας, ὁ μόνος φιλόανθρωπος.

EPISTLE READING

St. Paul's Letter to Timothy 4:9-15

Prokeimenon. Mode 1

Psalm 32.

Let your mercy, O Lord, be upon us, as we hope in You.

Verse: Rejoice greatly in the Lord, O righteous ones; praise is fitting
for the upright.

The reading is from St. Paul's First Letter to Timothy 4:9-15

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and suffer reproach, because we have our hope set on the living God, who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Till I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties, devote yourself to them, so that all may see your progress.

GOSPEL READING

The Gospel According to Luke 19:1-10

At that time, Jesus was passing through Jericho. And there was a man named Zacchaïos; he was a chief collector, and rich. And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. And when Jesus came to the place, he looked up and said to him, "Zacchaïos, make haste and come down; for I must stay at your house today." So he made haste and came down, and received him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaïos stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. For the Son of man came to seek and to save the lost."

PARISH ANNOUNCEMENTS

STUDIES IN THE FAITH (Gospel of St. Luke)

Fall Session 2023: October 2—December 18

Our Studies in the Faith/Bible Study Classes continue on Monday evenings from 6:30 – 7:30 PM.

These informative zoom classes will serve as an excellent introduction into the Gospel of Luke from an Orthodox perspective. For those interested in the class please email Fr. Peter. frpeter@saint-anthonys.org

Next Class January 29, 2024 – Chapter 9

Divine Services for January 2024

(saint-anthonys.org/calendar):

Tuesday, Jan. 30 SYNAXIS OF THE THREE HIERARCHS: BASIL THE GREAT,
GREGORY THE THEOLOGIAN, AND JOHN CHRYSOSTOM.
Orthros.....9:00 a.m.
Divine Liturgy.....10:00 a.m.

Friday, February 2nd THE PRESENTATION OF OUR LORD
Orthros (9:00am), Divine Liturgy (10:00am)

Ushers: Pete Katsafados, Tom Grafos, Tashia Vagenas.

**We welcome the Consul General of Greece Ms. Christina Valassopoulou,
and her mother Maria.**



Saint Anthony Philoptochos invites the entire community to join us for a membership brunch following Divine Liturgy. Come and learn more about Philoptochos and the importance of being part of this ministry. The brunch is hosted by Philoptochos.

Little Lambs – Free play today.

NO PARKING IN EMERGENCY WHITE ZONE IN FRONT OF CHURCH

MAKE SURE YOU ARE A REGULAR SUPPORTER OF OUR CHURCH!

The healthiest and most effective way of fulfilling and enhancing your Church stewardship is to do so on a recurring basis. This is made VERY EASY by setting up monthly or weekly recurring stewardship donations via our online giving platform. Just go to saint-anthonys.churchgiving.com, or click the icon below and you can set up a no-hassle stewardship account in just minutes!



*Or you can call the church office to give through
credit cards, Checks or weekly envelopes.*

Please return your completed stewardship pledge card to Church by January 31

Pledge Cards Available in the Narthex or in the Church Office



2024 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,
as good stewards of God's grace." (1 Peter 4:10)*

2024

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

SIGNATURE

DATE

[For office use only]

ST. ANTHONY GIVING LEVELS:

CONTRIBUTOR: \$499 & below
\$9.60/week OR \$42/month & below

FRIEND: \$500 - \$999
\$9.60-\$19/week OR \$42-\$83/month

SUPPORTER: \$1,000 - \$1,999
\$19-\$38/week OR \$83-\$167/month

*** FAITHFUL: \$2,000 - \$3,999**
\$38-\$77/week OR \$167-\$333/month

*** DISCIPLE: \$4,000 - \$6,999**
\$77-\$135/week OR \$333-\$583/month

*** GUARDIAN: \$7,000 - \$9,999**
\$135-\$192/week OR \$583-\$833/month

*** ANGEL: \$10,000 - \$14,999**
\$192-\$288/week OR \$833-\$1,249/month

*** ARCHANGEL: \$15,000 and up**
\$288/week OR \$1,250/month & up

Review your stewardship commitment prayerfully, consider what you offer to Christ's Church in comparison to your monthly utility/ service payments.

Please return your completed commitment card to church by January 31, 2024

Your card must be on file for you to be considered in 'Good Standing'

In response to God's blessings, I/we pledge a 2024 offering of:

My Total Commitment for 2024: \$ _____

I will fulfill and pay my pledge: (CHECK ONE)

☐ Weekly at \$ _____/week

☐ Monthly at \$ _____/month ☐ Annually

Contact the Church office to set up easy recurring electronic payments

-OR- set up your own recurring giving at saint-anthonys.churchgiving.com

****To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above***

PHILOPTOCHOS ANNOUNCEMENTS

2024 Philoptochos Membership

Our Philoptochos chapter is growing, and we hope that you will consider joining as a member in 2024. Please join us on Sunday, January 28, 2024 following liturgy for fellowship, brunch and to learn more about Philoptochos and the importance of being part of this ministry.

We encourage all women, 18 years and older to join Philoptochos. Men and non-Orthodox women may also join as associate members. Your participation in this ministry can make a difference in so many lives. To renew or join by mail - send check (payable to St. Anthony Philoptochos Society) to St. Anthony Philoptochos Society, 778 South Rosemead Boulevard, Pasadena, CA 91107 or online at <https://stanthonypiloptochos.square.site> Each \$50 stewardship supports the National Philoptochos, the San Francisco Metropolis and St. Anthony Philoptochos obligations and projects. Thank you for your continued support and for helping make a difference in our community.

PHILOPTOCHOS



**PHILOPTOCHOS SOCIETY OF
SAINT ANTHONY GREEK ORTHODOX CHURCH
PANAGIA CHAPTER**

PHILOPTOCHOS MEMBERSHIP FORM

☐ 2024 Philoptochos Membership

☐ 2024 Associate Membership
(Men / Non-Voting)

Date _____

Last Name	First Name	Spouse Name	M.I.
Street Address			
City	State	Zip	
Home Phone		Cell Phone	
Email			

Notices will be sent via email. If you prefer your notices mailed, please, let us know by checking here ☐

St. Anthony's Philoptochos Stewardship (membership dues). Select amount below:

☐ \$50

☐ \$75

☐ \$100

☐ \$125

☐ Other

Each \$50 stewardship supports National Philoptochos (\$15), San Francisco Metropolis (\$15) and St. Anthony Philoptochos obligations and projects (\$20). ☐ Check ☐ Credit Card ☐ Cash

I am interested in helping with the following:

☐ Feeding the Hungry

☐ Hosting Fellowship

☐ Marketing

☐ Delivering Meals to Parishioners

☐ Baking & Cooking

☐ Website Designer

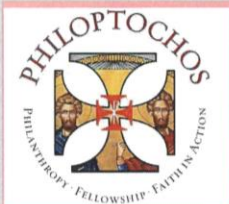
☐ Homebound Visitations

☐ Fundraising

☐ Other Talents

☐ Telephone Tree

☐ Social Media

☐ Specify


2024 PHILOPTOCHOS MEMBERSHIP DRIVE

Your continued generosity allows Philoptochos to provide financial assistance and outreach to those in need. We invite you to renew your membership or become a new member as we endeavor to do our philanthropic work. Join us as we strive to fulfill the word of Christ.

".. whatever you did for one of these, the least of my brethren, you did for me" - Matthew 25:30

PLEASE RENEW OR JOIN BY MAIL (Check payable to: Saint Anthony Philoptochos Society)

Mail your check along with this form to:

Saint Anthony Philoptochos Society, Attention: Membership
778 South Rosemead Boulevard, Pasadena, CA 91107

or pay online at <https://stanthonyphiloptochos.square.site>

Scroll down to "Annual Membership Dues"

For more information or questions, please contact Lisa Xanthos (626) 222-4374 or Helen Skandale (818) 618-4963

It's back!

*Saint Anthony Philoptochos'
5th soup cook-off*

SOUPER SUNDAY

*To benefit Friends in Deed's
Bad Weather Supplies Program*

SUNDAY, FEBRUARY 4, 2024
following Divine Liturgy

**For more information:
[https://tinyurl.com/SouperSunday 2024](https://tinyurl.com/SouperSunday2024)
SouperSundayPasadena@gmail.com**

**For more information on cook guidelines, click
here: <https://tinyurl.com/soupersunday2024>**

For more information on Souper Sunday, please contact Judith Din
At: 626-676-1240 or jnda@charter.net.

Ephaim the Syrian

January 28, 2024

Saint Ephraim was born in Nisibis of Mesopotamia some time about the year 306, and in his youth was the disciple of Saint James, Bishop of Nisibis, one of the 318 Fathers at the First Ecumenical Council. Ephraim lived in Nisibis, practicing a severe ascetical life and increasing in holiness, until 363, the year in which Julian the Apostate was slain in his war against the Persians, and his successor Jovian surrendered Nisibis to them. Ephraim then made his dwelling in Edessa, where he found many heresies to do battle with. He waged an especial war against Bardaisan; this gnostic had written many hymns propagating his errors, which by their sweet melodies became popular and enticed souls away from the truth. Saint Ephraim, having received from God a singular gift of eloquence, turned Bardaisan's own weapon against him, and wrote a multitude of hymns to be chanted by choirs of women, which set forth the true doctrines, refuted heretical error, and praised the contests of the Martyrs.

Of the multitude of sermons, commentaries, and hymns that Saint Ephraim wrote, many were translated into Greek in his own lifetime. Sozomen says that Ephraim "Surpassed the most approved writers of Greece," observing that the Greek writings, when translated into other tongues, lose most of their original beauty, but Ephraim's works "are no less admired when read in Greek than when read in Syriac" (Eccl. Hist., Book 111, 16). Saint Ephraim was ordained deacon, some say by Saint Basil the Great, whom Sozomen said "was a great admirer of Ephraim, and was astonished at his erudition." Saint Ephraim was the first to make the poetic expression of hymnody and song a vehicle of Orthodox theological teachings, constituting it an integral part of the Church's worship; he may rightly be called the first and greatest hymnographer of the Church, who set the pattern for those who followed him, especially Saint Romanos the Melodist. Because of this he is called the "Harp of the Holy Spirit." Jerome says that his writings were read in some

churches after the reading of the Scriptures, and adds that once he read a Greek translation of one of Ephraim's works, "and recognized, even in translation, the incisive power of his lofty genius" (De vir. ill., ch. CXV).

Shortly before the end of his life, a famine broke out in Edessa, and Saint Ephraim left his cell to rebuke the rich for not sharing their goods with the poor. The rich answered that they knew no one to whom they could entrust their goods. Ephraim asked them, "What do you think of me?" When they confessed their reverence for him, he offered to distribute their alms, to which they agreed. He himself cared with his own hands for many of the sick from the famine, and so crowned his life with mercy and love for neighbor. Saint Ephraim reposed in peace, according to some in the year 373, according to others, 379.

Isaac the Syrian, Bishop of Ninevah

January 28, 2024

The great luminary of the life of stillness, Saint Isaac, was born in the early seventh century in Eastern Arabia, the present-day Qatar on the Persian Gulf. He became a monk at a young age, and at some time left Arabia to dwell with monks in Persia. He was consecrated Bishop of Nineveh (and is therefore sometimes called "Saint Isaac of Nineveh"), but after five months received permission to return to solitude; he spent many years far south of Nineveh in the mountainous regions of Beit Huzaye, and lastly at the Monastery of Rabban Shabur. He wrote his renowned and God-inspired Ascetical Homilies toward the end of his long life of monastic struggle, about the end of the seventh century. The fame of his Homilies grew quickly, and about one hundred years after their composition they were translated from Syriac into Greek by two monks of the Monastery of Mar Sabbas in Palestine, from which they spread throughout the monasteries of the Roman Empire and became a guide to the hesychasts of all generations thereafter.

Reminder:

**NO PARKING IN EMERGENCY
WHITE ZONE IN FRONT OF CHURCH**

**A Handicap Placard or
Handicap License Plate
is required to park in the Blue
handicap parking spaces.**

