



*Rev. Father Peter Stratos, Pastor*

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

St. Anthony's calendar link: [saint-anthonys.org/calendar](http://saint-anthonys.org/calendar)

*For pastoral emergencies only please call 626-855-3640*

## OCTOBER 8, 2023 - 3<sup>RD</sup> SUNDAY OF LUKE

*Pelagia the Righteous*

*Pelagia of Antioch*

**ORTHROS ~ 8:45 A.M.**

**(ORTHROS SERVICE TEXT CLICK HERE)**

**DIVINE LITURGY ~ 10:00 A.M.**

**(LITURGY SERVICE TEXT CLICK HERE)**

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**  
**(CLICK THE LINKS BELOW):**

[SAINT-ANTHONY.S.ORG/LIVESTREAM](http://SAINT-ANTHONY.S.ORG/LIVESTREAM)

[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)

[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsoEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsoEIjx96pCA)

## *HYMNS OF THE DAY*

### ***RESURRECTIONAL APOLYTIKION. MODE 1. (BEFORE ENTRANCE)***

The stone having been sealed by the Pharisees and chief priests, \* and Your all immaculate body being guarded by soldiers, \* You rose on the third day, O Lord and Savior, granting life unto the world. \* Then the powers of the heavens cried out to You, O Giver of Life, and shouted, \* "Glory to Your resurrection, O Christ! \* Glory to Your eternal rule! \* Glory to Your plan for saving us, only benevolent God!"

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

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## ***FOR THE HOLY WOMAN MODE PL 4.***

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Pelagia, your spirit rejoices with the angels.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ, καὶ πράπτουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναλλάσσεται Ὁσία Πελαγία, τὸ πνεῦμά σου.

## ***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4***

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

## ***KONTAKION. MODE 2.***

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

## ***EPISTLE READING***

### **St. Paul's Second Letter to The Corinthians 9:6-11**

**Prokeimenon. Mode 1**

**Psalms 32.22,1**

**Let your mercy, O Lord, be upon us.**

**Verse: Rejoice in the Lord, O ye righteous.**

The reading is from St. Paul's Second Letter to the Corinthians 9:6-11

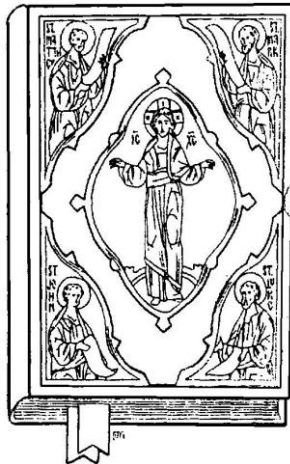
Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures for ever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.



## ***GOSPEL READING***

### **The Gospel According to Luke 7:11-16**

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"



## ***METROPOLIS ANNOUNCEMENTS***

### **Metropolis Gala – Celebrating Our Ministries and Honoring**

**Extraordinary Leadership** The Greek Orthodox Metropolis of San Francisco celebrates over 100 years of ministry on the west coast with a magnificent black-tie Gala held at the **Westin St. Francis on Union Square**, 335 Powell Street, San Francisco, CA on Saturday, October 28, 2023. The Gala honors its fourteen ministries, the extraordinary leadership of the Hierarchs who have served the Metropolis over the past century, and the presentation of the 2023 *Theofanis Economidis Award* to His Eminence Metropolitan Gerasimos of San Francisco. For information on tickets, sponsorships and donations, please visit: [www.sanfran.goarch.org/Gala](http://www.sanfran.goarch.org/Gala)

**Deacons Retreat – All Are Invited!** The Metropolis Clergy Continuing Education Ministry is hosting a retreat for Clergy, Deacons and Diaconal candidates (current and potential) from November 3 – 5, 2023 at Saint Paul Greek Orthodox Church in Irvine, CA. The retreat will feature guest presenter Fr. Seraphim Aldea, founder of the Orthodox Monastery of All Celtic Saints on the Isle of Mull in the Hebrides. The retreat is also open to all interested faithful, who will have the opportunity to benefit from the insightful presentations being offered by His Eminence Metropolitan Gerasimos and Fr. Seraphim Aldea. For more information, please visit: [www.sanfran.goarch.org/events](http://www.sanfran.goarch.org/events).

**Fall Parenting Series** Join George Papageorge, Metropolis Director of the Family Wellness Ministry (FWM) for the along with the entire Family Wellness Ministry team, for the launch of the Fall 2023 two-part parenting series on Zoom integrating solid psychological research and wisdom from Orthodox Christian teaching providing insightful and practical content with opportunities for interactive discussion. These sessions are scheduled for Wednesday, October 11 and Wednesday, November 8 and will share about cultivating stable emotional connection, communication skills, parenting styles and integration of authentic faith in Christ. Sign up today at [www.familywellnessministry.org](http://www.familywellnessministry.org)

### **Young Adult Fall Retreat – “The Life You’re Looking For”**

The Greek Orthodox Metropolis of San Francisco and OYM (Orthodox Youth and Young Adult Ministries) will present a Young Adult Fall Retreat from Friday, October 13 – 15, 2023 at Saint Nicholas Ranch and Retreat Center in Dunlap, CA. The retreat theme for this year’s Young Adult Fall Retreat is “The Life You’re Looking For” and will be led by Christian Gonzalez, the Director of Ministry for OYM. Join with other Orthodox young adults from throughout the west for a weekend of fellowship, prayer and inspiring presentations. Register online at: [www.gosfyouth.org](http://www.gosfyouth.org).

## **STUDIES IN THE FAITH (Gospel of St. Luke)**

Fall Session 2023: October 2—December 18

Our Studies in the Faith/Bible Study Classes will be organized into 12 evening sessions meeting on Monday evenings from 6:30 – 7:30 PM.

These informative zoom classes will serve as an excellent introduction into the Gospel of Luke from an Orthodox perspective. For those interested in the class please email Fr. Peter. [frpeter@saint-anthonys.org](mailto:frpeter@saint-anthonys.org)

### Second Session – Monday October 09

Chapters 3 & 4

### Third Session – Monday October 16

Chapters 5 & 6

### Fourth Session – October 23

Chapters 7 & 8

### Fifth Session – Monday October 30

Chapters 9 & 10

### Sixth Session – Monday November 06

Chapters 11 and 12

### Seventh Session – Monday November 13

Chapters 13 & 14

## Eighth Session – Monday November 20

Chapters 15 & 16

## Ninth Session – Monday November 27

Chapters 17 & 18

## Tenth Session – Monday December 04

Chapter 19 & 20

## Eleventh Session – Monday December 11

Chapter 21 & 22

## Final Session – Monday December 18

Chapter 23 & 24



### Today Coffee Hour is hosted by:

Dear community members,

Festival 2023 is wrapping up, and the committee and I would like to acknowledge the fantastic commitment each of you showed to our beloved parish. It was so heartening to see three generations of St. Anthony's families working together. We had a setback with the weather, yet we persevered. We powered through and showed our love for our faith and culture to our guests.

The parish council will prepare lunch this Sunday after church (10/8) in appreciation of the spirit and commitment of our St. Anthony's community and in celebration of another successful festival.

With Love and Admiration, Christian and the Entire Festival Committee



**Greek Dance Program:** *GREEK DANCE DIAKONIA PROJECT: As many know, Greece has been devastated by floods. The Greek Dance program is collecting donations to help our Trikala musicians who were affected; their homes, farms, villages, and even their beloved musical instruments were destroyed. Please help us help them. Please use the QR code to donate via Go-Fund-Me (set up by Greek Dance) or contact any Board member to give via cash/check (email [stanthonysdance@gmail.com](mailto:stanthonysdance@gmail.com) for more information).*

**Learn how to Greek Dance FOR ADULTS,** Every Monday – October 9, 16, 23, 30 at 7:30 pm. at St. Anthony Trinity Ballroom.  
for more information e mail Dimitra Kasdagli at [stanthonysdance@gmail.com](mailto:stanthonysdance@gmail.com)

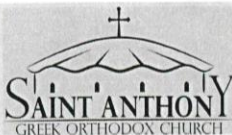
**2023-2024 Greek Language school:** Youth registration with a discount rate opens August 4<sup>th</sup> through September 4<sup>th</sup>. Adult registration with a discount rate ends on October 4th. Classes for youth and adults start the second week of October and terminate the last week of May.  
Complete and submit registration forms with your payment and proof of membership (Pledge Steward) directly to the office.

**2023 Church Stewardship Financial Commitment (Pledge).**

**Thank you to everyone who has returned the completed commitment card.**  
If you have not done it, please return your completed commitment card to church as soon as possible.

*If you are new to the community and want to become a member in our Church, please feel free to either take a Steward Financial Commitment card from the announcement table in the narthex, contact the Church office or Please visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) to make your offering and schedule your regular stewardship giving.*

*Weekly stewardship envelopes are available. Please contact the church office if you would like to have them for the 2023 stewardship contributions.*



## 2023 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,  
as good stewards of God's grace." (1 Peter 4:10)*

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

*[For office use only]*

SIGNATURE

DATE

### ANNUAL GIVING LEVELS:

**\*ARCHANGEL: \$15,000 and up**

*\$288/week OR \$1,250/month & up*

**\*ANGEL: \$10,000 - \$14,999**

*\$192-\$288/week OR \$833-\$1,249/month*

**\*GUARDIAN: \$7,000 - \$9,999**

*\$135-\$192/week OR \$583-\$833/month*

**\*DISCIPLE: \$4,000 - \$6,999**

*\$77-\$135/week OR \$333-\$583/month*

**\*FAITHFUL: \$2,000 - \$3,999**

*\$38-\$77/week OR \$167-\$333/month*

**SUPPORTER: \$1,000 - \$1,999**

*\$19-\$38/week OR \$83-\$167/month*

**FRIEND: \$500 - \$999**

*\$9.60-\$19/week OR \$42-\$83/month*

**CONTRIBUTOR: \$499 & below**

*\$9.60/week OR \$42/month & below*

*Review your stewardship commitment prayerfully, consider what you offer to the Church in comparison to monthly utility/service payments.*

Please return your completed commitment card to church by Jan. 31, 2023

*Your card must be on file for you to be considered in 'Good Standing'*

**In response to God's blessings, I/we pledge a 2023 offering of:**

**My Stewardship Commitment for 2023: \$ \_\_\_\_\_**

**I will fulfill and pay my pledge: (CHECK ONE)**

☐ Weekly at \$ \_\_\_\_\_/week

☐ Monthly at \$ \_\_\_\_\_/month

☐ Annually

Contact the Church office to set up easy recurring electronic payments -OR- set up your own recurring giving at <https://saint-anthonys.churchgiving.com>

***\*To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 or above per family***

## *OTHER ANNOUNCEMENTS*

**The Southern California Cretans' Association** is hosting their annual Cretan Glendi on Saturday, November 4, 2023 at St. Anthony Greek Orthodox Church featuring musicians from Crete. Appetizers and cocktails at 5:30 pm with dinner and dancing to follow. A percentage of the proceeds will benefit the Association's Scholarship Fund. For reservations, please contact Helen at (818) 618-4963.

**Pan-Arcadian Federation of America** – NEA MANTINEIA CHAPTER #102 invites you to come celebrate with us the 35<sup>th</sup> Annual Commemoration of “ALOSIS TIS TRIPOLITSAS” Live Music, Dinner, Dancing, Fun and Fellowship. Saturday, October 14, 2023 at Saint Anthony Greek Orthodox Church. Social Hour: 6:30 pm. Dinner: 7:30 pm – Adults \$85, Youth (ages 12-24) \$40, Children (under age 12) \$25, Dance only after 10 pm. \$20  
For Reservations call or email:  
Kosta Kapogianis (714)726-7383 [kkapogianis@gmail.com](mailto:kkapogianis@gmail.com)  
Maria Kypreos (626) 272-2720 [makypreos@gmail.com](mailto:makypreos@gmail.com)  
Niki Syrengelas (951) 285-5480 [nikisyrengelas@gmail.com](mailto:nikisyrengelas@gmail.com)



# Greece Flood Relief

## St. Anthony Pasadena Dance Program



Photo is from our musician's village



Greece has recently been devastated by floods. Some of the victims include our beloved Trikala musicians. They have been our musicians since 2011 and many of us grew up with them. They lost so much so suddenly, and we want to help them rebuild their lives. Our musicians are family to us. Please help us help them and their loved ones.

# Han-Arcadian Federation of America

Nea Mantineia Chpt. 102

Of Greater Los Angeles



## “ALOSIS TIS TRIPOLITSAS”

Saturday, October 14, 2023

Saint Anthony Greek Orthodox Church

778 S. Rosemead Blvd, Pasadena, CA

Social Hour: 6:30PM Dinner: 7:30PM

### Ζήτω η Επανάσταση!!

NEA MANTINEIA CHAPTER #102 invites you to come celebrate with us the 35<sup>th</sup> Annual Commemoration of “ALOSIS TIS TRIPOLITSAS”

\*Live Music, Dinner, Dancing, Fun and Fellowship\*



### Live Greek Music

Musicians from Greece:

**Achilleas Chachamis (Αχιλλέας Χαχάμης)**

**Christos Kistopoulos (Χρήστος**

**Κιτσόπουλος)**

**Miltos Kranias (Μίλτος Κρανιάς)**

**Faydra Diamanti (Φαίδρα Διαμάντη)**

**Panos Papakostas (Πάνος Παπακώστας)**

Adults: \$85  
Youth (ages 12 - 24): \$40  
Children (under age 12): \$25  
Dance Only (after 10pm): \$20

### For Reservations Call or Email:

Kosta Kapogianis (714) 726-7383

kkapogianis@gmail.com

Maria Kypreos (626) 272-2720

makypreos@gmail.com

Niky Syrengelas (951) 285-5480

nikysyrengelas@gmail.com

*You may also order your tickets by mail prior to September 24, 2023*

*Payable to: Nea Mantineia #102*

*Mail to Kosta Kapogianis, 2201 Via Caliente, Fullerton, CA 92833*

Name: \_\_\_\_\_

Number of Tickets: \_\_\_\_\_

Address: \_\_\_\_\_

Check enclosed: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_ Tel#: \_\_\_\_\_



SOUTHERN CALIFORNIA CRETANS' ASSOCIATION

# CRETAN GLENDI

Κρητική  
Βραδιά



**Saturday, November 4, 2023**

5:30 pm Appetizers

7:00 pm Traditional Cretan Dinner

**Donation** - Adults \$90, Youth & Students (24 & under) \$45, Children (5 & under) Free  
(Tables of 10 may only be reserved with full payment)

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**St. Anthony Greek Orthodox Church Trinity Ballroom**  
**778 South Rosemead Blvd., Pasadena, CA**

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*Featuring Music from Crete by:* **Kostas Kakoudakis (Lyra), Mihalis Petsakis (Laouto)**  
**Manolis Verdinakis (Laouto), Stelios Somarakis (Guitar)**

*For Reservations Call/Text:* **Helen Skandale (818) 618-4963,**  
**Bobby Zoumberakis (562) 413-3968, Georgia Zoumberakis (562) 869-1413**  
*or email:* **[helen\\_skandale@yahoo.com](mailto:helen_skandale@yahoo.com)**

To purchase tickets online please visit: **[www.facebook.com/socalcretans](https://www.facebook.com/socalcretans)**

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*A percentage of the proceeds will benefit the Southern California Cretans' Association Scholarship Fund*

# Pelagia the Righteous

October 8, 2023

his Saint was a prominent actress of the city of Antioch, and a pagan, who lived a life of unrestrained prodigality and led many to perdition. Instructed and baptized by a certain bishop named Nonnus (Saint Nonnus is commemorated Nov. 10), she departed for the Mount of Olives near Jerusalem, where she lived as a recluse, feigning to be a eunuch called Pelagia. She lived in such holiness and repentance that within three or four years she was deemed worthy to repose in an odour of sanctity, in the middle of the fifth century. Her tomb on the Mount of Olives has been a place of pilgrimage ever since.



## WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

**The deadline for submitting information for the Sunday Bulletin is every Wednesday. please send it to [office@saint-anthonys.org](mailto:office@saint-anthonys.org)**