



*Rev. Father Peter Stratos, Pastor*

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*Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)*

*For pastoral emergencies only please call 626-855-3640*

## **JULY 9, 2023 – 5TH SUNDAY OF MATTHEW**

*Pancratios, Bishop of Sicily*

*Dionysios the Orator*

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**  
**(CLICK THE LINKS BELOW):**

**[SAINT-ANTHONY.S.ORG/LIVESTREAM](http://SAINT-ANTHONY.S.ORG/LIVESTREAM)**

**[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)**

**[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsoEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsoEIjx96pCA)**

***RESURRECTIONAL APOLYTIKION. MODE 4 (BEFORE ENTRANCE)***

When the women disciples of the Lord heard the Angel joyously proclaim the resurrection, they cast aside the ancestral verdict, and boasting in glory they said to the Apostles, "Death has been despoiled! Christ God has risen, granting the great mercy to the world!"

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

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***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4***

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβουσιν ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

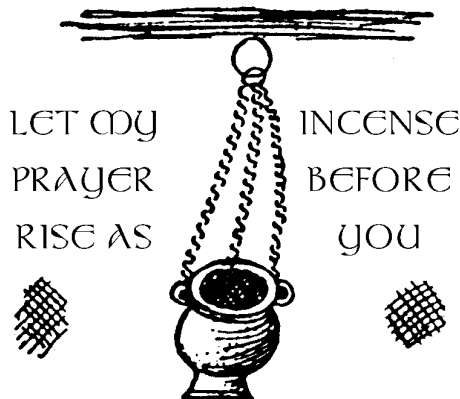
## ***KONTAKION. MODE 2***

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

### **Pancratios, Bishop of Sicily**

This Saint, who was a contemporary of the Apostles, had Antioch as his homeland, where he was guided to the Faith of Christ by Peter, the Chief of the Apostles. Later, he came to Sicily, where he brought many to the Faith, and was finally put to death by the pagans.



## ***EPISTLE READING***

**5th Sunday of Matthew**

**St Paul's Letter to the Romans 10:1-106**

**Prokeimenon. Mode 4**

**Psalm 103.24,1**

**O Lord, how manifold are your works. You have made all things in wisdom.**

**Verse: Bless the Lord, O my soul.**

The reading is from St. Paul's Letter to the Romans 10:1-10

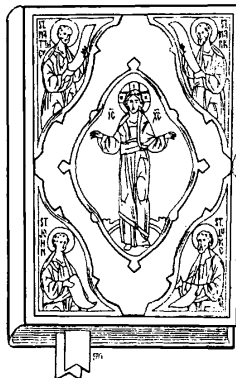
Brethren, my heart's desire and prayer to God for Israel is that they may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that every one who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says, Do not say in your heart, "Who will ascend into heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

## *GOSPEL READING*

### **5th Sunday of Matthew**

**The Gospel According to Matthew 8:28-34; 9:1**

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.



## PARISH ANNOUNCEMENTS

### **Weekday Divine Services for the Month of August**

*([saint-anthonys.org/calendar](http://saint-anthonys.org/calendar))*

Wednesday, August 2 <sup>nd</sup>	Small Paraklesis – 6:00pm
Friday, August 4 <sup>th</sup>	Small Paraklesis – 6:00pm
Saturday, August 5 <sup>th</sup>	Great Vespers of Holy Transfiguration – 6:00pm
Monday, August 7 <sup>th</sup>	Small Paraklesis – 6:00pm
Wednesday, August 9 <sup>th</sup>	Small Paraklesis – 6:00pm
Friday, August 11 <sup>th</sup>	Small Paraklesis – 6:00pm
Monday, August 14 <sup>th</sup>	Great Vespers of Dormition in Long Beach – 7:00pm
Tuesday, August 15 <sup>th</sup>	Dormition of the Theotokos (Orthros – 9:00am, Divine Liturgy – 10:00am)



Coffee Fellowship

**Today Social Hour is hosted by:** Philoptochos.

### **St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos:**

Host a Coffee Hour and Celebrate a Nameday, Milestone Birthday, Anniversary, Graduation, Loved One, or for any reason. A sign-up poster has been placed in the foyer of the Parish Community Center. Please sign up on the poster or contact Tanya Christodoulelis at 626-379-2304. Thank you for your support. **Please contact the Church office if you need to schedule a Memorial and if you wish to host the Social Hour on that Sunday.**



## COFFEE HOUR FELLOWSHIP



### **Host a Coffee Hour and celebrate a Birthday, Anniversary, Name Day, Graduation, Loved One, as a Family Activity or for any reason!**

Every Sunday following the Divine Liturgy, coffee hour in the Parish Hall provides an opportunity to visit with fellow parishioners and to greet new Parish members. By offering to host a Coffee Hour Fellowship, you are assisting in providing a delicious snack while we spend time with our church family.

Hosting is as easy as 1-2-3:

1. **Sign-up on the poster located in the Parish Hall or Church Office.** To be included in the bulletin, notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email [office@saint-anthonys.org](mailto:office@saint-anthonys.org)

For Memorials, you must notify the Church Office by the Wednesday prior to the date chosen at 626.449.6943 or by email [office@saint-anthonys.org](mailto:office@saint-anthonys.org)

2. **Bring snacks for 75 adults and kids** – Suggestions include: assorted Bagels, Muffins, Cakes, Cookies, Mini Deli Sandwiches, Cheese & Crackers, Olives, Dolmades, Hummus, Tzatziki, Pita, Raw Vegetables, Fruit, Salads, Oatmeal or anything you prefer
3. **Bring food items plated on serving trays/bowls and ready to serve by 10:30am on your chosen day.** (Serving tables and coffee/water station are set up by 10:00am)

That's it! Your fellow parishioners will be grateful for the snack and fellowship.

Philoptochos provides the coffee, sugar, creamer, paper plates, plastic utensils and napkins or you may choose to donate these items to help offset the cost.

For questions, please call or email Tanya Christodoulelis at 626.379.2304 or [tanyachristos@yahoo.com](mailto:tanyachristos@yahoo.com).

**All cash donations made during Coffee Hour go toward the Church Altar Fund to provide the items needed throughout the year for the altar.**

**VIP monthly meeting scheduled for Lacey Park has been cancelled due to oncoming hot weather.** We will meet July 11, Tuesday, 10:30 AM at Saint Anthony, Trinity Ballroom. Bring your sack lunch and wear comfortable shoes and attire. We will have our picnic in a comfortable setting and no bugs.

**GOYA BOWLING, Sunday, July 16<sup>th</sup> at 6:00pm:**

Bowlero Pasadena, 3545 E. Foothill Blvd. \$10 for 3 games, shoe rental \$6.69. RSVP by Wednesday, July 12 to 626-616-4395 so we can reserve lanes.



**WELCOME!**



**We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.**

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.* At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

**The deadline for submitting information for the Sunday Bulletin is every Wednesday. please send it to [office@saint-anthonys.org](mailto:office@saint-anthonys.org)**

