

Rev. Father Peter Stratos, Pastor 778 S. Rosemead Blvd, Pasadena, CA 91107 • Tel. 626-449-6943 • Fax: 626-449-6974 Website: saint-anthonys.org • E-mail: office@saint-anthonys.org Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday) For pastoral emergencies only please call 626-855-3640

JULY 23, 2023 – 7TH SUNDAY OF MATTHEW

Phocas, Bishop of Sinope Ezekiel the Prophet

ORTHROS ~ 8:45 A.M. (ORTHROS SERVICE TEXT CLICK HERE)

DIVINE LITURGY ~ 10:00 A.M. (LITURGY SERVICE TEXT CLICK HERE)

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM (CLICK THE LINKS BELOW):

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#### **RESURRECTIONAL APOLYTIKION. MODE PL 2.** (BEFORE ENTRANCE)

When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

Άγγελικαὶ δυνάμεις ἐπὶ τὸ μνῆμα σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν· καὶ ἵστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ· ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωήν. Ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

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#### APOLYTIKION. FOR THE HIEROMARTYR. MODE 4.

Becoming a partner with the Apostles in way of life and successor to their thrones, O God-inspired Saint, in the active life you found an entrance to contemplation. Hence you rightly expounded the word of truth, and you shed your blood in struggling for the faith, O Hieromartyr Phocas. Intercede with Christ our God, beseeching Him to save our souls.

Καὶ τρόπων μέτοχος, καὶ θρόνων διάδοχος, τῶν Ἀποστόλων γενόμενος, τὴν πρᾶξιν εὖρες Θεόπνευστε, εἰς θεωρίας ἐπίβασιν· διὰ τοῦτο τὸν λόγον τῆς ἀληθείας ὀρθοτομῶν, καὶ τῆ πίστει ἐνήθλησας μέχρις αἴματος, Ἱερομάρτυς Φωκᾶ, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

#### **APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4**

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῃ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τήν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

#### KONTAKION. MODE 2

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἡ προστατεύουσα ἀεί, Θεοτόκε, τῶν τιμώντων σε.



## **EPISTLE READING**

## 7th Sunday of Matthew St. Paul's Letter to the Romans 15:1-7

Prokeimenon. Mode Plagal 2 Psalm 27.9,1

O Lord, save your people and bless your inheritance. Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Letter to the Romans 15:1-7

Brethren, we who are strong ought to bear with the failings of the weak, and not to please ourselves; let each of us please his neighbor for his good, to edify him. For Christ did not please himself; but, as it is written, "The reproaches of those who reproached thee fell on me." For whatever was written in former days was written for our instruction, that by steadfastness and by the encouragement of the scriptures we might have hope. May the God of steadfastness and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ. Welcome one another, therefore, as Christ has welcomed you, for the glory of God.

# GOSPEL READING

## 7th Sunday of Matthew The Gospel According to Matthew 9:27-35

At that time, as Jesus passed by, two blind men followed him, crying aloud, "Have mercy on us, Son of David." When he entered the house, the blind men came to him; and Jesus said to them, "Do you believe that I am able to do this?" They said to him, "Yes, Lord." Then he touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread his fame through all that district.

As they were going away, behold, a dumb demoniac was brought to him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons."

And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity among the people.



#### **PARISH ANNOUNCEMENTS**

#### Weekday Divine Services for the Month of August

(saint-anthonys.org/calendar)

Wednesday, August 2 <sup>nd</sup>
Friday, August 4 <sup>th</sup>
Saturday, August 5 <sup>th</sup>
Monday, August 7 <sup>th</sup>
Wednesday, August 9 <sup>th</sup>
Friday, August 11 <sup>th</sup>
Monday, August 14 <sup>th</sup>
Tuesday, August 15 <sup>th</sup>

Small Paraklesis – 6:00pm Small Paraklesis – 6:00pm Great Vespers of Holy Transfiguration – 6:00pm Small Paraklesis – 6:00pm Small Paraklesis – 6:00pm Great Vespers of Dormition in Long Beach – 7:00pm Dormition of the Theotokos (Orthros – 9:00am, Divine Liturgy – 10:00am)



Today Social Hour is hosted by: Philoptochos.

#### St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos:

Host a Coffee Hour and Celebrate a Nameday, Milestone Birthday, Anniversary, Graduation, Loved One, or for any reason. A sign-up poster has been placed in the foyer of the Parish Community Center. Please sign up on the poster or contact Tanya Christodoulelis at 626-379-2304. Thank you for your support. **Please contact the Church office if you need to schedule a Memorial and if you wish to host the Social Hour on that Sunday.** 

### YAL Conference – Labor Day Weekend

Are you ready to FULFILL your purpose? If you are ages 18 – 35 then the YAL Conference is for YOU! Please join us over Labor Day Weekend in Garden Grove, CA for a full weekend of events, workshops, worship, and relaxation. Highlights of the weekend include engaging workshops, worship, dances, social events, an afternoon at the beach, a formal Hellenic Gala, and a fun-filled event called "Rock 'n' YAL" at the House of Blues in Anaheim, California. Attendees will have the opportunity to enjoy live music, dancing, and an unforgettable night of entertainment at this iconic venue. Diakonia is also an important part of the YAL ministry and will include a program to benefit those in need in the local community. For registration and hotel information, please visit www.sanfran.goarch.org/YAL. Space is limited!

## Senior Resort Camp

The Metropolis of San Francisco Family Wellness Ministry presents *A Royal Adventure, Senior Resort Camp* for adults aged 50 or better! Join us from Monday, September 25 – Friday, September 29, 2023 at Saint Nicholas Ranch and Retreat Center in Dunlap, CA for good food, great company, and majestic experiences. And what Royal Adventure would be complete without high tea? The adventure begins with registration on Monday afternoon. Our first Royal Feast will be Monday evening's dinner. The adventure concludes on Friday after breakfast. For registration information, please contact St. George Greek Orthodox Church in Fresno, CA 559-233-0397.

## Phocas the Holy Martyr, Bishop of Sinope July 23, 2023

This saint was known for the many miracles he worked and for his apostolic zeal in shepherding the flock of Sinope. He contested for the Faith during the reign of the Emperor Trajan, in the year 102, when he was burned to death in a bath-house. A homily in his honour was composed by Saint John Chrysostom. The translation of his holy relics is celebrated on July 23.

## Ezekiel the Prophet July 23, 2023

The Prophet Ezekiel ("God is strong") was the son of Buzi and a priest by rank. He was taken captive and brought to Babylon during the reign of Jechonias. In the fifth year of this captivity, about 594 or 593 B.C., he began to prophesy. Having prophesied for about twenty-eight years, he was murdered, it is said, by the tribe of Gad, because he reproached them for their idolatry. His book of prophecy, divided into forty-eight chapters, is ranked third among the greater Prophets. It is richly filled with mystical imagery and marvelous prophetic visions and allegories, of which the dread Chariot of Cherubim described in the first Chapter is the most famous; in the "gate that was shut," through which the Lord alone entered, he darkly foretold of the Word's Incarnation from the Virgin (44:1-3); through the "dry bones" that came to life again (37:1-14), he prophesied both of the restoration of captive Israel, and the general resurrection of our race.



## WELCOME!

We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.* At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.

The deadline for submitting information for the Sunday Bulletin is
every Wednesday. please send it to office@saint-anthonys.org