



Rev. Father Peter Stratos, Pastor

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

JULY 16, 2023 – SUNDAY OF THE HOLY FATHERS

Athenogenes of Heracleopolis

Julia of Carthage

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

MEMORIAL SERVICE ~ 9:45 A.M.

Tassos (Anastasios) Nassos – 1 year

Michael William Randall – 1 year

*All those who lost their lives during the
Turkish Invasion of Cyprus 49 years ago.*

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM

(CLICK THE LINKS BELOW):

SAINT-ANTHONY.S.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

RESURRECTIONAL APOLYTIKION. MODE PL 1. (BEFORE ENTRANCE)

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν· ὅτι ἠὺδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ ἀναστάσει αὐτοῦ.

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FOR THE FATHERS. MODE PL 4.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Ὑπερδοξασμένος εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὁδηγήσας· πολυεύσπλαγχνε, δόξα σοι.

MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμάρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

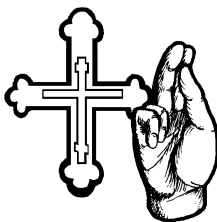
Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE 2

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.



EPISTLE READING

**Sunday of the Holy Fathers of the 4th Ecumenical Council.
St. Paul's Letter to Titus 3:8-15**

Prokeimenon. Mode Plagal 2

Psalm 31.11,1

Be glad in the Lord, and rejoice, O righteous.

Verse: Blessed are they whose transgressions have been forgiven.

The reading is from St. Paul's Letter to Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

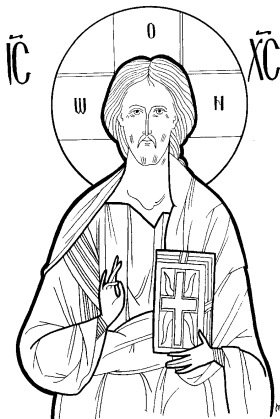
When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

GOSPEL READING

Sunday of the Holy Fathers of the 4th Ecumenical Council. The Gospel According to Matthew 5:14-19

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."



PARISH ANNOUNCEMENTS

Weekday Divine Services for the Month of August

(saint-anthonys.org/calendar)

Wednesday, August 2 nd	Small Paraklesis – 6:00pm
Friday, August 4 th	Small Paraklesis – 6:00pm
Saturday, August 5 th	Great Vespers of Holy Transfiguration – 6:00pm
Monday, August 7 th	Small Paraklesis – 6:00pm
Wednesday, August 9 th	Small Paraklesis – 6:00pm
Friday, August 11 th	Small Paraklesis – 6:00pm
Monday, August 14 th	Great Vespers of Dormition in Long Beach – 7:00pm
Tuesday, August 15 th	Dormition of the Theotokos (Orthros – 9:00am, Divine Liturgy – 10:00am)



Coffee Fellowship

Today Social Hour is hosted by: the Nassos Family in memory of *Tassos* (*Anastasios*) Nassos and by Yiota Poulos in memory of her husband John Poulos.

St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos:

Host a Coffee Hour and Celebrate a Nameday, Milestone Birthday, Anniversary, Graduation, Loved One, or for any reason. A sign-up poster has been placed in the foyer of the Parish Community Center. Please sign up on the poster or contact Tanya Christodoulelis at 626-379-2304. Thank you for your support. **Please contact the Church office if you need to schedule a Memorial and if you wish to host the Social Hour on that Sunday.**

GOYA BOWLING, Sunday, July 16th at 6:00pm:

Bowlero Pasadena, 3545 E. Foothill Blvd. \$10 for 3 games, shoe rental \$6.69. RSVP by Wednesday, July 12 to 626-616-4395 so we can reserve lanes.

METROPOLIS ANNOUNCEMENTS

Monthly Ministry Series – Monday, July 17

The Metropolis of San Francisco Stewardship Ministry invites you to another engaging session of our 2023 Monthly Ministry Series on Monday, July 17, 2023 for a special presentation on “REAL LIFE ~ Parenting from the Heart”, hosted by the Metropolis Family Wellness Ministry. Join George Papageorge, M.F.T., Director of the Family Wellness Ministry, and Presvytera Pat Tsagalakis, Assistant Director, for an overview of the highly anticipated “REAL LIFE” Parenting from the Heart series. This engaging series combines psychological research and Orthodox Christian teachings to provide practical tools and valuable insights for Christ-centered parenting. Register today: www.sanfran.goarch.org/ministries/stewardship.

YAL Conference – Labor Day Weekend

Are you ready to FULFILL your purpose? If you are ages 18 – 35 then the YAL Conference is for YOU! Please join us over Labor Day Weekend in Garden Grove, CA for a full weekend of events, workshops, worship, and relaxation. Highlights of the weekend include engaging workshops, worship, dances, social events, an afternoon at the beach, a formal Hellenic Gala, and a fun-filled event called "Rock ‘n’ YAL" at the House of Blues in Anaheim, California. Attendees will have the opportunity to enjoy live music, dancing, and an unforgettable night of entertainment at this iconic venue. Diakonia is also an important part of the YAL ministry and will include a program to benefit those in need in the local community. For registration and hotel information, please visit www.sanfran.goarch.org/YAL. Space is limited!

Senior Resort Camp

The Metropolis of San Francisco Family Wellness Ministry presents *A Royal Adventure, Senior Resort Camp* for adults aged 50 or better! Join us from Monday, September 25 – Friday, September 29, 2023 at Saint Nicholas Ranch and Retreat Center in Dunlap, CA for good food, great company, and majestic experiences. And what Royal Adventure would be complete without high tea? The adventure begins with registration on Monday afternoon. Our first Royal Feast will be Monday evening’s dinner. The adventure concludes on Friday after breakfast. For registration information, please contact St. George Greek Orthodox Church in Fresno, CA 559-233-0397.

Athenogenes the Holy Martyr of Heracleopolis

July 16 2023

This Saint was from Sebastia of Cappadocia and , according to the Synaxaristes, became Bishop of Pidachthoa. He and ten of his disciples were tortured and beheaded by the Governor of Philomarchus in the times of Diocletian. There is a second Martyr Athenogenes commemorated today, mentioned by Saint Basil in Chapter 29 of his treatise "On the Holy Spirit"; it is said that as this Athenogenes approached the fire, wherein he was to die a martyric death, he chanted the hymn O Joyous Light in praise of the Holy Trinity (see also Mar. 11).



WELCOME!



We hope you enjoy your time with us today and
that your worship experience is inspirational and uplifting.

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.

The deadline for submitting information for the Sunday Bulletin is every Wednesday. please send it to office@saint-anthonys.org