



Rev. Father Peter Stratos, Pastor

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

MAY 7, 2023

SUNDAY OF THE PARALYTIC

*Commemoration of the Precious Cross
Cyril of Jerusalem*

Christ is Risen!
Χριστός Ανέστη!

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM
(CLICK THE LINKS BELOW):

SAINT-ANTHONY.S.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElxOEIjx96pCA

APOLYTIKION OF PASCHA. MODE PL 1 (BEFORE ENTRANCE)

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶην χαρισάμενος.

RESURRECTIONAL APOLYTIKION MODE 3 (AFTER ENTRANCE)

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION OF PASCHA. MODE PL. 4

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξὶ Μυροφόροις φθελγζάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

EPISTLE READING

SUNDAY OF THE PARALYTIC

Acts of the Apostles 9:32-42

Prokeimenon. Mode 3

Psalm 46.6,1

Sing praises to our God, sing praises.

Verse: Clap your hands, all you nations.

The reading is from Acts of the Apostles 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her live. And it became known throughout all Joppa, and many believed in the Lord.

GOSPEL READING

SUNDAY OF THE PARALYTIC

The Gospel According to John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

PARISH ANNOUNCEMENTS



Today Social hour is hosted by: Philoptochos

St. Anthony's Coffee Hour is coordinated by St. Anthony Philoptochos:

Please assist with bringing weekly goodies. A sign-up poster has been placed in the foyer of the hall. Please sign up on the poster or contact Tanya Christodoulelis at 626-379-2304. Thank you for your support.

Please contact the Church office if you need to schedule a memorial.

Save the date: St. Anthony's General Assembly on Sunday May 21, 2023 after Divine Services.

2023 Church Stewardship Financial Commitment.

Thank you to everyone who has returned the completed commitment card. If you have not done it, please return your completed commitment card to church as soon as possible. *If you are new to the community and want to become a member in our Church, please feel free to either take a Steward Financial Commitment card from the announcement table in the narthex, contact the Church office or Please visit saint-anthonys.churchgiving.com to make your offering and schedule your regular stewardship giving.*

***Weekly stewardship envelopes are available.
Please contact the church office if you would like to have them
for the 2023 stewardship contributions.***



St. Anthony Greek Orthodox Church



Annual Recognition For: High School Graduates *and* Undergraduates From College & University Degrees.

Sunday, May 21st, 2023

(Immediately following Divine Liturgy)

“But you must continue in things which you have learned and been assured of knowing from whom you have learned them.” 2 Timothy 3:14

The tear –off below will help us to create a list of high school and college graduates (*graduates’ family must be stewards of St. Anthony Church*).

If the graduate is unable to be present, we suggest parents be present to accept the recognition on their behalf.

Complete the form and return to our church office by:

May 17, 2023 Please bring to Church, send by mail or email to:
office@saint-anthonys.org or fax it: 626-449-6974

Graduate’s

Name: _____

School Graduating

From: _____

Degree: _____

Submitted by: _____

NOTE: this is separate from Philoptochos and the Newsletter

St. Anthony's Greek Language School

2023 – 2024 classes for children and adults in

Lessons start first week of October



person and online

Mondays In Person

4:30pm – 6:30pm

Pre-k, K
Beginner I, II
Intermediate II

Tuesdays Virtual



Beginner III: 5:00pm – 6:00pm

All levels available starting from 6 years old

Wednesdays In Person

4:30pm – 6:30pm

Pre-K, K
Beginner I

Thursdays In Person

4:30pm – 6:30pm

K Primary
Beginner I, II, III
Intermediate
Advanced

Online for Adults



Beginner I – TBD (new class)

Tuesdays - Beginner II: 3:00pm – 4:30pm

Tuesdays - Intermediate: 6:30pm – 8:00pm

Mondays - Advanced: 7:00pm – 9:00pm

All levels available

Greek Dance Classes for Adults 2023 Come Join the fun and learn various Greek dances!

Monday May 8th and May 15th. Classes start at 7 pm.

please contact Pauline Voyagis 714-321-5427

Your donation is tax-deductable.

ST. ANTHONY'S GREEK DANCE

***2023-2024
BOARD ELECTIONS***



Chairman of the Board/President

Secretary

Treasurer

Fundraising Director/Diakonia

Costume Director

Director Representative

Group Representative (for each group)

IF INTERESTED PLEASE EMAIL

kynkos@att.net by May 8th

PHILOPTOCHOS ANNOUNCEMENTS

May is Foster Care Awareness Month.

Pasadena Unified school district has more than 300 plus foster youth in their school system.

Last year St. Anthony Philoptochos along with members of our community helped celebrate Foster Care Awareness Month by purchasing 100 \$5 gift cards and supporting 9 Foster Youth Seniors purchase their Graduation packages. This year we are asking again for your generous support to assist 5 Foster Youth graduating seniors in the Pasadena Unified School District. They will be graduating in June and need financial support to attend their Grad Night and Prom and to purchase their senior portraits and yearbook. St. Anthony Philoptochos' Operation Classroom will be collecting donations to help these 5 seniors with their graduation packages.

Graduation package includes:

Senior Portrait package (\$15)
Yearbook (\$100)
Cap and Gown (covered by PUSD)
Grad Night celebration (\$179 – ticket to Disneyland)
Prom (\$100)

We will be collecting donations after church on Sunday, April 30th.

Please make checks payable to St. Anthony Philoptochos. ("foster youth" in memo)
Or Venmo Nicolette Fuerst @Nicolette-Fuerst or Jennifer Webster @Jennifer-Webster
(add PUSD Foster Youth in note)

For questions, email nicolette.fuerst@gmail.com or jenniferkwebster@me.com.

Checks can be mailed to
St. Anthony Philoptochos c/o 778 S. Rosemead Blvd. Pasadena, CA 91107

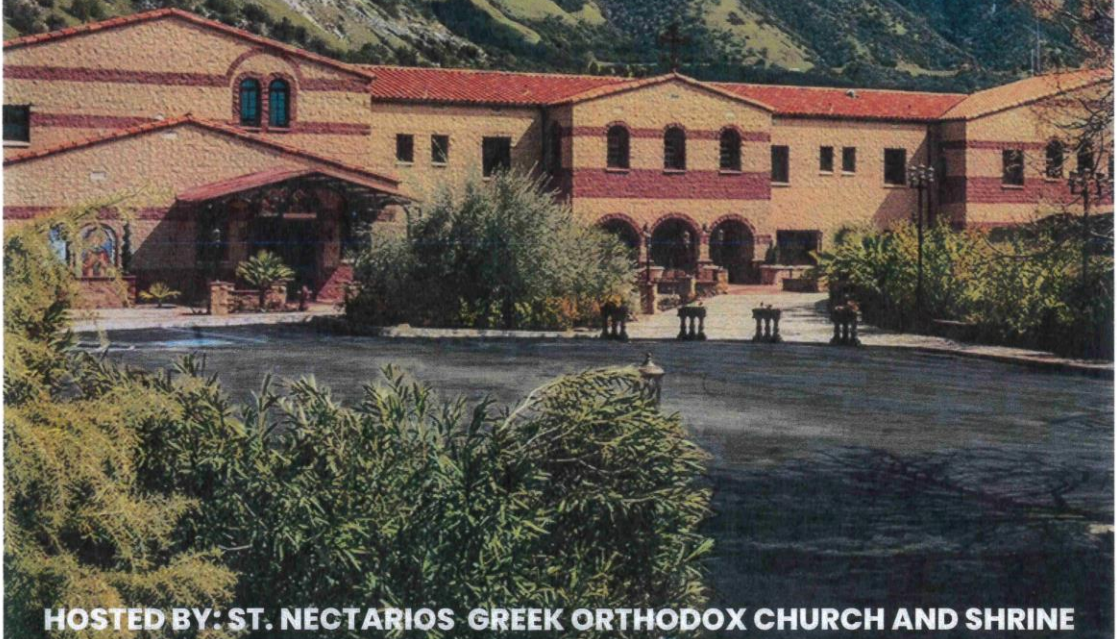
Thank you for your support and for contributing towards the foster youth in Pasadena.

SAVE THE DATE

*GERONTISSA MARKELLA & HER SISTERHOOD
INVITE YOU FOR*

A BENEFIT DINNER

SATURDAY, JUNE 10 2023



HOSTED BY: ST. NECTARIOS GREEK ORTHODOX CHURCH AND SHRINE

Suggested Donation:

Adults: \$75

Children 10 and Over: \$60

Children Under 10: Free

Schedule of Events

Vespers: 5:00PM

Hor d'oeuvres: 5:30PM

Dinner and Auction: 6:30PM

To RSVP :

Please contact the church office at

Tel. (626) 967-5524

Email: office@st-nectarios.org

20340 E. COVINA BOULEVARD
COVINA, CA 91274

PLEASE BRING CASH OR CHECK

Sunday of the Paralytic

May 7, 2023

Close to the Sheep's Gate in Jerusalem, there was a pool, which was called the Sheep's Pool. It had round about it five porches, that is, five sets of pillars supporting a domed roof. Under this roof there lay very many sick people with various maladies, awaiting the moving of the water. The first to step in after the troubling of the water was healed immediately of whatever malady he had.

It was there that the paralytic of today's Gospel was lying, tormented by his infirmity of thirty-eight years. When Christ beheld him, He asked him, "Wilt thou be made whole?" And he answered with a quiet and meek voice, "Sir, I have no man, when the water is troubled, to put me into the pool." The Lord said unto him, "Rise, take up thy bed, and walk." And straightaway the man was made whole and took up his bed. Walking in the presence of all, he departed rejoicing to his own house. According to the expounders of the Gospels, the Lord Jesus healed this paralytic during the days of the Passover, when He had gone to Jerusalem for the Feast, and dwelt there teaching and working miracles. According to Saint John the Evangelist, this miracle took place on the Sabbath.

Commemoration of the Precious Cross that appeared in the sky over Jerusalem in 351 A.D.

May 7, 2023

On this day in the year 351, not long after Cyril had succeeded Maximus as Archbishop of Jerusalem, during the reign of Constantius, the son of Saint Constantine the Great, on the day of Pentecost, the sign of the Cross appeared over Jerusalem. Saint Cyril, in his letter to the Emperor Constantius, says, "At about the third hour of the day, an enormous Cross, formed of light, appeared in the heaven above holy Golgotha and reaching to the holy Mount of Olives, being seen not by one or two only, but manifest with perfect clarity to the whole multitude of the city; not, as one might suppose, rushing swiftly past in fancy, but seen openly above the earth many hours in plain sight, and overcoming the beams of the sun with its dazzling rays"



WELCOME!



**We hope you enjoy your time with us today and
that your worship experience is inspirational and uplifting.**

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.