



Rev. Father Peter Stratos, Pastor

778 S. Rosemead Blvd, Pasadena, CA 91107 • Tel. 626-449-6943 • Fax: 626-449-6974

Website: saint-anthonys.org • E-mail: office@saint-anthonys.org

Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

SEPTEMBER 25, 2022

1ST SUNDAY OF LUKE

Euphrosyne of Alexandria

Paphnoutios & his 546 Companions

ORTHROS ~ 8:45 A.M.

(ORTHROS SERVICE TEXT CLICK HERE)

DIVINE LITURGY ~ 10:00 A.M.

(LITURGY SERVICE TEXT CLICK HERE)

WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM

(CLICK THE LINKS BELOW):

SAINT-ANTHONYSPASADENA.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

RESURRECTIONAL APOLYTIKION. MODE PL. 2. (BEFORE ENTRANCE)

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

RESURRECTIONAL APOLYTIKION. MODE PL. 2. (AFTER ENTRANCE)

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Ἀγγελικαὶ δυνάμεις ἐπὶ τὸ μνήμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴστατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα. Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

FOR THE DEVOUT WOMAN. MODE PL. 4.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Euphrosyne your spirit rejoices with the angels.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπεροῶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάζεται Ὁσία Εὐφροσύνη τὸ πνεῦμά σου.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

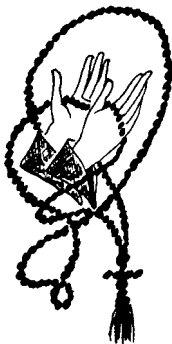
Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστῆς, καί τήν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE 2.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.



EPISTLE READING

1st Sunday of Luke

St. Paul's Second Letter to the Corinthians 4:6-15

Prokeimenon. Mode Plagal 2.

Psalm 27.9,1

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from St. Paul's Second Letter to the Corinthians 4:6-15

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ.

But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you.

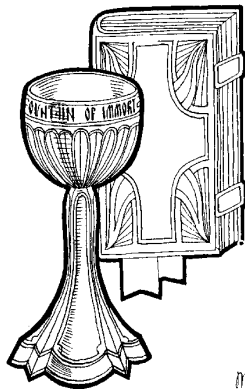
Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believe, and so we speak, knowing that he who raised the Lord Jesus will raise us also with Jesus and bring us with you into his presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

GOSPEL READING

1st Sunday of Luke

The Gospel According to Luke 5:1-11

At that time, as Jesus was standing by the lake of Gennesaret, he saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, he asked him to put out a little from the land. And he sat down and taught the people from the boat. And when he had ceased speaking, he said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all who were with him, at the catch of fish which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed him.



METROPOLIS ANNOUNCEMENTS

8 Dates Weekly Church Bulletin /e-News Info

The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry and the Office of Youth and Young Adult Ministries invites all married / engaged couples to participate in the upcoming Eight Dates Marriage program. This powerful relationship series presented for the third time is based on the book Eight Dates by Drs. John and Julie Gottman. Topics addressed including Conflict; Work and Money, Intimacy, Family, Spirituality, and much more. Any couple who wants to improve their communication and connection can benefit from this lively and evidence based program. Please register by October 8th as sessions begin Thursday, October 13th at 6:30 pm

<http://www.familywellnessministry.org/eight-dates>

2022 Promo Video Link : <https://youtu.be/eVsiOUkQBwY>

PARISH ANNOUNCEMENTS



St. Anthony's Coffee Hour/Social hour Announcement:

Please do not allow your children to play with items from the coffee table, such as creamers, cups, sugar etc. – Thank you for your help.

Sunday School Fellowship Classes begin after Holy Communion and will end at 12pm. Please fill out a registration form for each child if you haven't already done so.

Little Lambs (parent involvement for babies and children who do not turn four before 12/31/22) will be meeting in the downstairs classroom. All other classes meet upstairs. We thank our teachers for dedicating their time and talents to our program:

Little Lambs: Teresa Argueta

PK/TK: Irene Albeck, Larissa Maslen

K & 1st: Sophia Syrengelas, Andrianna Lareau

2nd & 3rd: Theoni Katsafados, Vicki Kades, Jenni Pulos Nassos

4th & 5th: Maria Kypreos, Mary Udria, Athena Serban, Kyriaki Tsigkounis

6th, 7th, & 8th: Polly Vagenas, Chris Syrengelas,

High School: Presvytera Aida Stratos

GOYA - Join us for our first meeting & activity TODAY immediately following Sunday School. Goya is much more than just basketball – The goyan's will be planning an exciting year with lots of events and activities. We will have a meeting, elections, lunch and an activity. Lunch will be provided. Youth grades 6th to 12th are welcome!

GREEK DANCE REGISTRATION IS NOW OPEN. We will be collecting registration in person on Sunday or you can also register online by clicking this link: <https://saint-anthonys.org/ministries/greek-dance>

Deadline for Greek Dance Registration is on Sunday, October 2nd.

If you have any questions, please contact me at: kathytsigkounis@gmail.com

2022-2023 Greek school Registration is open, and classes started on September 12th.

This year we are offering in-person learning on Mondays, Wednesdays, Thursdays and virtual on Tuesdays, ages from 3 ½ to 70+.

See the registration forms for more detailed information, at the church website. If you have any questions, contact by email Anastasia.sarantopoulos@gmail.com.

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Mailing List Update: Have you moved? Changed your address? Changed your name? Do you want to receive our mailings? We are updating our mailing list in preparation for the upcoming Christmas Benefit in December. We want to make sure that you will receive our Christmas Benefit invitation as well as other future program mailings. Notify us promptly if you would like to be added to the list or if you have any changes to your mailing address in the following format:

Your Full Name, New Address, City, State, Zip Code, Email

Also, you may request to be removed from future Philoptochos mailings. Just let us know, by emailing all change requests to Nicolette.fuerst@gmail.com .



WELCOME!



**We hope you enjoy your time with us today and
that your worship experience is inspirational and uplifting.**

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.

Euphrosyne of Alexandria.

September 25, 2022

Our righteous Mother Euphrosyne, who lived during the reign of Saint Theodosius the Younger (408-450), was the daughter of Paphnutius of Egypt. Forsaking her father and his wealth, she renamed herself Smaragdus, and pretending to be a eunuch of the imperial palace, she dressed herself as a man and entered a monastery of men where her identity remained unknown until her repose thirty-eight years later.

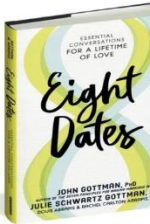


The Falling Asleep of St. John the Evangelist and Theologian.

September 26, 2022

This Apostle was from Bethsaida of Galilee, and was the son of Zebedee and Salome, and the brother of James the elder. First a fisherman by trade, he became an Apostle and the beloved Disciple of Christ. Only he of all the Disciples followed Him even to the Cross, and was entrusted with the care of our Saviour's Mother, as it were another son to her, and a brother of Christ the Teacher. After this, he preached throughout Asia Minor, especially in Ephesus. When the second persecution against the Christians began in the year 96 during the reign of Domitian, he was taken in bonds to Rome, and there was cast into a vat filled to the brim with boiling oil. Coming forth therefrom unharmed, he was exiled to the island of Patmos, where he wrote the Book of Revelation. Returning again to Ephesus after the death of the tyrant, he wrote his Gospel (after the other Evangelists had already written theirs) and his three Catholic Epistles. In all, he lived ninety-five years and fell asleep in the Lord during the reign of Trajan in the year 100. He was called Theologian because he loftily expounded in his Gospel the theology of the inexpressible and eternal birth of the Son and Word of God the Father. It is for this cause that an eagle-a symbol of the Holy Spirit, as Saint Irenaeus says-is depicted in his icon, for this was one of the four symbolic living creatures that the Prophet Ezekiel saw (Ezek. 1:10).

The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry
and the Office of Youth and Young Adult Ministries
invite you to journey with us through



Eight Dates

Essential Conversations for a Lifetime of Love

by John and Julie Gottman, PhD.

held bi-monthly on Thursday evenings via Zoom

Each session is designed by our Family Wellness Ministry team to engage couples in essential conversations.

Topics include: Trust and Commitment, Addressing Conflict, Sex and Intimacy, Work and Money, Family, Fun and Adventure, Growth and Spirituality, Hopes and Dreams



2022 – 2023 Eight Dates will be held Thursdays at 6:30 pm (Pacific) via Zoom

**Oct. 13 • Oct. 27 • Nov. 3 • Nov. 17
Dec. 1 • Dec. 15 • Jan. 5 • Jan. 19 • Feb. 2**



"This series transformed our marriage and got us talking and connecting again."-- Jenn & Stavros

"Over the last two years, over 400 couples participated in our Eight Dates program and we've received countless positive comments of how this experience strengthened their relationships." - Presvytera Pat Tsagalakis



Family
Wellness
Ministry
Greek Orthodox
Metropolis of San Francisco



YOUTH &
YOUNG ADULT
MINISTRIES

Register online:

www.familywellnessministry.org/eight-dates

ST. ANTHONY'S
PRESENTS
PANIGIRI

1
OCTOBER
2022



FOOD, DRINKS, MUSIC, DANCING
3PM-11PM

\$5 AGES 6
AND UP

FREE

FOR CHILDREN
AGES 5 AND BELOW

ONE
DAY
ONLY

WWW.STANTHONYSPANIGIRI.COM

PRIVATE EVENT

