



*Rev. Father Peter Stratos, Pastor*

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

*For pastoral emergencies only please call 626-855-3640*

**SEPTEMBER 18, 2022**

**SUNDAY AFTER HOLY CROSS**

*Eumenios, Bishop of Gortyna*

*Ariadne the Martyr*

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**  
**(CLICK THE LINKS BELOW):**

**[SAINT-ANTHONYSPASADENA.ORG/LIVESTREAM](http://SAINT-ANTHONYSPASADENA.ORG/LIVESTREAM)**

**[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)**

**[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA)**

***APOLYTIKION FOR THE CROSS. MODE I. (BEFORE ENTRANCE)***

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

***RESURRECTIONAL APOLYTIKION. MODE PL. I. (AFTER ENTRANCE)***

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ἠὺδόκησε σαρκί, ἀνελεθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγείραι τοὺς τεθνεῶτας, ἐν τῇ ἐνδόξῳ Ἀναστάσει αὐτοῦ.

***APOLYTIKION FOR THE CROSS. MODE I.***

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

## ***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4***

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

### ***KONTAKION. MODE 4.***

You who were lifted on the cross voluntarily, \* O Christ our God, bestow Your tender compassions \* upon Your new community to which You gave Your name. \* Cause our faithful emperors to be glad in Your power, \* granting them the victories against their adversaries. \* And for an ally, Lord, may they have You, \* peace as their armor, the trophy invincible.

Ὁ ὑψωθείς ἐν τῷ Σταυρῷ ἐκουσίως, τῇ ἐπωνύμῳ σου καινῇ πολιτείᾳ τοὺς οἰκτιρμούς σου δώρησαι, Χριστέ ὁ Θεός· εὐφρανὸν ἐν τῇ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σὴν, ὄπλον εἰρήνης, ἀήττητον τρόπαιον.

### **WELCOME!**



**We hope you enjoy your time with us today and  
that your worship experience is inspirational and uplifting.**



Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.* At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.

***EPISTLE READING***

**Sunday After Holy Cross**

**St. Paul's Letter to the Galatians 2:16-20**

**Prokeimenon. Mode Plagal 1.**

**Psalm 11.7,1**

**You, O Lord, shall keep us and preserve us.**

**Verse: Save me, O Lord, for the godly man has failed.**

The reading is from St. Paul's Letter to the Galatians 2:16-20

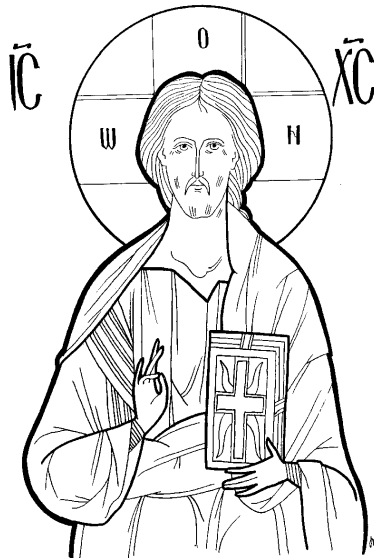
Brethren, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

# *GOSPEL READING*

## **Sunday After Holy Cross**

### **The Gospel According to Mark 8:34-38: 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



## PARISH ANNOUNCEMENTS

**Philoptochos will be passing a second tray today to benefit Hellenic College Holy Cross. Checks made out to ‘St. Anthony Philoptochos.’**

**First Day of Sunday School Fellowship TODAY!** Classes begin after Holy Communion and will end at 12pm. Please fill out a registration form for each child if you haven’t already done so.

Little Lambs (parent involvement for babies and children who do not turn four before 12/31/22) will be meeting in the downstairs classroom. All other classes meet upstairs. We thank our teachers for dedicating their time and talents to our program:

Little Lambs: Teresa Argueta

PK/TK: Irene Albeck, Larissa Maslen

K & 1st: Sophia Syrengelas, Andrianna Lareau

2nd & 3rd: Theoni Katsafados, Vicki Kades, Jenni Pulos Nassos

4th & 5th: Maria Kypreos, Mary Udria, Athena Serban, Kyriaki Tsigkounis

6th, 7th, & 8th: Polly Vagenas, Chris Syrengelas,

High School: Presvytera Aida Stratos

**GOYA** - Join us for our first meeting & activity on September 25<sup>th</sup>, immediately following Sunday School. Goya is much more than just basketball – The goyan’s will be planning an exciting year with lots of events and activities. We will have a meeting, elections, lunch and an activity. Lunch will be provided. Youth grades 6<sup>th</sup> to 12<sup>th</sup> are welcome!

**GREEK DANCE REGISTRATION IS NOW OPEN.** We will be collecting registration in person on Sunday or you can also register online by clicking **this link:** [Greek Dance Online Registration](#)

Deadline for Greek Dance Registration is on Sunday, October 2nd.

If you have any questions, please contact me at: [kathytsigkounis@gmail.com](mailto:kathytsigkounis@gmail.com)

See you all on Sunday.

**2022-2023 Greek school Registration is open, and classes started on September 12th.**

This year we are offering in-person learning on Mondays, Wednesdays, Thursdays and virtual on Tuesdays, ages from 3 ½ to 70+. See the registration forms for more detailed information, at the church website. If you have any questions, contact by email [Anastasia.sarantopoulos@gmail.com](mailto:Anastasia.sarantopoulos@gmail.com).

## *PHILOPTOCHOS ANNOUNCEMENTS*

**Philoptochos Mailing List Update:** Have you moved? Changed your address? Changed your name? Do you want to receive our mailings? We are updating our mailing list in preparation for the upcoming Christmas Benefit in December. We want to make sure that you will receive our Christmas Benefit invitation as well as other future program mailings. Notify us promptly if you would like to be added to the list or if you have any changes to your mailing address in the following format:

**Your Full Name, New Address, City, State, Zip Code, Email**

Also, you may request to be removed from future Philoptochos mailings. Just let us know, by emailing all change requests to [Nicolette.fuerst@gmail.com](mailto:Nicolette.fuerst@gmail.com) .

### **Philoptochos Upcoming Meetings**

- General Meeting – WELCOME BACK POTLUCK DINNER: Wednesday, September 21 at 6:30 PM in the church hall.

## **Eumenius the Wonderworker, Bishop of Gortynia. *September 18, 2022***

This Saint took up the monastic life from his youth, and later became Bishop of Gortynia in Crete. He travelled to Rome, and to Thebes in Upper Egypt, where through his prayers he ended a drought; there also, after working many miracles, he reposed in deep old age. His holy relics were returned to Gortynia and buried at the place called Raxos.

**ST. ANTHONY'S**  
**PRESENTS**

# **PANIGIRI**

**1**  
**OCTOBER**  
**2022**

**FOOD, DRINKS, MUSIC, DANCING**

**3PM-11PM**

**\$5** AGES 6  
AND UP

**FREE**  
FOR CHILDREN  
AGES 5 AND BELOW

**ONE**  
**DAY**  
**ONLY**

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