## The Voice of Saint Anthony

## **May 2022**

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Saint anthon!
GREEK ORTHODOX CHURCH
Reverend Father Peter Stratos, Pastor 778 S. Rosemead Boulevard Pasadena, CA 91107 (626) 449-6943 Office (626) 449-6974 FAX www.saint-anthonys.org

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Deadline for June Newsletter is Wednesday, 25 May Please send to: newsletter\_church@aol.com Page 2 May 2022

## Message from Father Peter

Dear Faithful.

#### Χριστός Ανέστη!

I found this Holy Week to be so very inspiring, moving and uplifting. From the Saturday of Lazarus through Agape Sunday, we experienced a beautiful and peaceful week filled with the gifts of the Holy Spirit. "But the fruit of the Holy Spirit is love, joy peace, long-suffering, kindness, goodness, faithfulness, gentleness, self-control." (Gal: 5:22). The Holy Spirit moved us as we all experienced our Orthodox Faith through our Holy Week Services. Our worship included: prayers, hymns, scriptural readings, liturgical praxis, Holy Sacraments, and blessings all provided through The Counselor of Truth (The Holy Spirit) who is sent by God the Father.

As we often say, Holy Week is reminiscent of a marathon with services every night, as well as some morning and afternoon services. Each service, whether it be Matins, Vespers, the Sacrament of Holy Unction, Vesperal Liturgy, Evening Compline or Divine Liturgy, is unique and requires different set-up and traditional visual and liturgical furnishings. Some of these include: bay leaves, palms and palm crosses, flowers, oil, wreaths, candles, the kouvouklion, prosfora and dyed eggs. All of these items were donated and prepared with love and devotion to our Lord. We experienced the generous giving of time and talents through beautiful chanting, reading, acolyte service, myrrh-bearing service, kouvouklion decorating, Easter egg dying, and ushering. On Palm Sunday, we all gathered to celebrate Christ's entry into Jerusalem, but also to support the IOCC help our brothers and sisters in Ukraine. We thank all those who worked so diligently to prepare the Trinity Ballroom and the food, and those who served the luncheon. Every detail was completed beautifully this Holy Week by so many faithful and dedicated parishioners! What an inspiring, moving and uplifting week experienced by all!

I wish to thank each and every person who participated in some way during this most special Holy Week 2022. Those who participated in every, most, some or even one service, thank you! To those who watched faithfully online thank you! God sees us all and knows what is in our hearts. "So God, Who knows the heart, acknowledged them by giving them the Holy Spirit." (Acts 15:8). Well done good and faithful servants! Continue to be vigilant, continue to be faithful, continue to pray!

## Χριστός Ανέστη!

Fr. Peter

Holy Week Photos













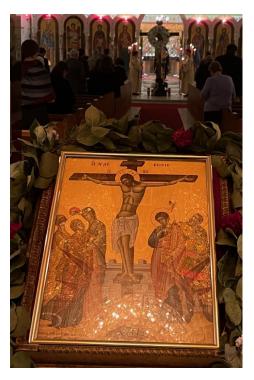


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## Stewardship

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SAINT ANTHONY GREEK ORTHODOX CHURCH	2022 Stewardship Financial Commitment  "As each has received a gift, use it to serve one another, as good stewards of God's grace." (1 Peter 4:10)			
LAST NAME FIRST NAME  STREET ADDRESS	ME(S), PLEASE INCLUDE CHILDRE  CITY	N UNDER 18. STATE ZIP		
PREFERRED PHONE SIGNATURE	DATE	[For office use only]		
ANNUAL GIVING LEVELS:  *ARCHANGEL: \$15,000 and up \$288/week OR \$1,250/month & up  *ANGEL: \$10,000 - \$14,999 \$192-\$288/week OR \$833-\$1,249/month  *GUARDIAN: \$7,000 - \$9,999 \$135-\$192/week OR \$583-\$833/month  *DISCIPLE: \$4,000 - \$6,999  \$77-\$135/week OR \$333-\$583/month  *FAITHFUL: \$2,000 - \$3,999  \$38-\$77/week OR \$167-\$333/month  SUPPORTER: \$1,000 - \$1,999  \$19-\$38/week OR \$83-\$167/month  FRIEND: \$500 - \$999  \$9.60-\$19/week OR \$42-\$83/month  CONTRIBUTOR: \$499 & below \$9.60/week OR \$42/month & below	Church in co Please return your cor Your card must be o In response to Go My Stewardshi I will fu  Contact the Church office up your own recurring gi *To fully cover our operate	p commitment prayerfully, consider what you offer to the imparison to monthly utility/service payments.  Inpleted commitment card to church by Jan. 14, 2022 in file for you to be considered in 'Good Standing' do's blessings, I/we pledge a 2022 offering of:  Inpleted commitment card to church by Jan. 14, 2022 in file for you to be considered in 'Good Standing' do's blessings, I/we pledge a 2022 offering of:  Inpleted commitment card to church by Jan. 14, 2022 in Good Standing' do's blessings, I/we pledge a 2022 offering of:  Inpleted commitment card to church by Jan. 14, 2022 in Good Standing' do's blessing at Message a 2022 offering of:  Inpleted commitment card to church by Jan. 14, 2022 in Good Standing' do's blessing at Check by Jan. 14, 2022 in Good Standing' do's blessing at Check Book Standing of Good Standing' do's blessing at Check Book Book Standing' do's blessing at Check Book Standing' do's blessing at Check Book Standing' do's blessing at Check Book Standing at Ch		
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# St. Anthony Greek Orthodox Church



Families should mark "H" for husband, "W" for wife, "C" for Children.

Name	Email	Phone
Palm Sunday Luncheon Pasadena Golf Classic Pasadena Greek Fest	Resurrection Magiritsa Dinner Saint Anthony Feast Day	Summer Family Picnic Other
	Parish Events	
JOY/HOPE	Oratorical Festival	Other
Greek Language School	St. John Chrysostom	Welcoming Committee
Greek Dance	Office Volunteers	Volleyball Tournament
GOYA/Jr. GOYA	Fellowship)	VIPs
GOYA Basketball	OCF (Orthodox Christian	Vacation Bible School
Bookstore	Myrrh Bearers	Sunday School
Bible Studies	Little Lambs	Studies in the Faith
Acolytes	Kouvouklion	Stewardship Committee

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## Ministries at Saint Anthony



#### 2022 PARISH COUNCIL

Joseph Akrotirianakis President

Pete Gallanis Vice President

Tashia Vagenas Secretary
Tony Christopoulos Treasurer

Christian Balas
Tom Grafos
Christos Ioannou
Pete Katsafados
Liam McCann
Helen Mitropoulos
James Pappas
Patricia Paziouros
Perry Vidalakis
Vincent Zarian

#### OFFICE STAFF

Nikole Zoumberakis

Alma Vorgias – Office Administrator



#### CUSTODIAL STAFF

Carlos Sosa





#### **CHANTERS**

Michael Kontaxis Liam McCann

#### **READERS**

Nicholas Kokoris Rebecca Russo



#### **SUNDAY SCHOOL STAFF**

Teresa Argueta—Little Lambs, Pre-PreK

Irene Albeck, Eleni & Maria Wojcik - Pre K/TK

Sophia Syrengelas - Kindergarten, 1st

Theoni Katsafados, Vicki Kades - 2nd, 3rd

Maria Kypreos - 4th, 5th

Polly Vagenas, Chris Syrengelas - 6th, 7th, 8th

Presvytera Aida Stratos - High School

## Ministries at Saint Anthony continued

#### **PHILOPTOCHOS SOCIETY**

#### **Executive Board**

President

Judith Din

1<sup>st</sup> Vice President

Jeanne Karaionnoglou

2<sup>nd</sup> Vice President

Helen Skandale and Lisa Xanthos

Corresponding Secretary

Mary Udria and Irene Albeck

Recording Secretary

Mary Dewar

Treasurer

Connie Becker

Assistant Treasurer

Maria Grover

Advisor

Maria Kypreos

Spiritual Advisor

Father Peter Stratos

#### Board of Directors

Beautification

Maria Kokoris

Maria Hronas

Community Outreach

Fontaine Malisos, Liz Skandale

Stephanie Soewers

Fellowship

Tanya Christodoulelis

Maria Kypreos

Publicity

Christine Pappas

Scholarship

Presbytera Aida Statros and Irene Albeck

Social Media/Webmaster

Sophia Syrengelas

Sunshine and Visitation

Fontaine Malisos, Liz Skandale

Stephanie Soewers

**Union Station** 

Irene Albeck and Stephanie Soewers

Operation Classroom

Nicolette Fuerst and Jennifer Webster

#### **ADDITIONAL MINISTRIES**

Acolytes Fr. Peter Stratos

Bible Study Fr. Peter Stratos

Bookstore Noah Johnson

Golf Classic Golf Committee

GOYA Fr. Peter Stratos

GOYA Basketball Anthia Lucas

Pana Gelt

Greek Dance Groups Phophi Magaziotis

Greek Festival TBD

Greek Language Anastasia McClain

JOY/HOPE Irene Albeck

Myrrh Bearers Irene Albeck

Oratorical Festival TBD

Vacation Bible School Sophia Syrengelas

Mary Udria

VIPs Helen Treantafelles



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#### Parish Council

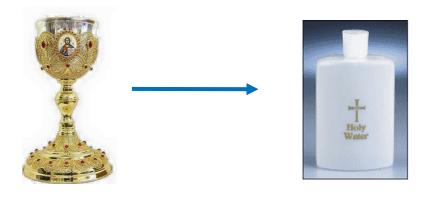
## Next Parish Council Meeting Tuesday, May 11

We pray you are staying healthy by wearing your mask, social distancing, washing your hands often, and praying.

Let us take a moment to say thank you to all essential workers: first responders, doctors, nurses, health care workers, and researchers who despite facing direct exposure to COVID 19 and the Delta/Omicron Variants, continue to do their job of helping others. Let's also thank those who are volunteering to help get the vaccine to as many people as possible. Please continue to pray for them.

For those of you who are attending live-stream services, and miss receiving Holy Communion because you are unable to attend an indoor liturgy in person..

Drink some Holy Water when the priest approaches with the Chalice... If you don't have any on hand, call the church office..





It's hard to believe that our Sunday School Fellowship program is approaching summer break! April was a special month, as our students had the opportunity to connect more deeply with their faith by learning about the Sundays of Lent and preparing for Pascha under the guidance of their teachers. It was wonderful to see our Sunday School students and their families in church throughout Great Lent and during the Holy Week services.

Our Saturday of Lazarus retreat was so much fun! We had about 30 kids participate and it felt like a fun and special way to prepare for Holy Week. Some of the projects include: Lazarakia bread, Easter candles, and "joyful noise" shakers for the first resurrection service. Our high school students worked on their icon paintings and our middle school students assisted in assembling packages for the IOCC Ukraine Relief project. It was a wonderful day!

Thank you to the volunteers and all who lent a hand for making this fun and meaningful day possible: Polly Vagenas, Theoni Katsafados, Irene Albeck, Maria Wojick, Eleni Wojick, Mary Udria, Mindy Vagenas, Lisa Xanthos. It takes a village and we have such a loving, creative, fun, and capable one here for our kids at St. Anthony!

This month, we are highlighting Mrs. Theoni's 2nd/3rd grade class and Mrs. Kypreos' 4th/5th grade class!

#### Mrs. Theoni

Let me tell you little something about myself..

I am a Greek Orthodox Christian.

I was born and raised in Pasadena.

I grew up at St. Anthony's.

I was always was involved in Greek dance, Greek school, church activities and Goya basketball.

I am a Kindergarten teacher with a Masters in Education, Teaching and Technology.

I am currently teaching at St Anthony's Greek Orthodox Sunday school grades 2-3.

I am a daughter, sister, aunt, wife and mother to an amazing family!!

Some fun facts about me..

Favorite pastimes.. reading

My favorite bible verse is Phil. 4:13...

I can do all things through Christ Jesus who strengthens me.

I will always cry when I step into church, and take a breath... the tears start flowing!

One of my favorite parables is found in Mark 4 when Jesus calms the storm. I love the part when Jesus was sleeping!! So cool!

My Sunday school kids are so fun and I look forward to seeing them every Sunday!!

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## Sunday School continued

On a serious note... I want to share how much I love God, I love to learn about Him and I love to teach about him. I have taken many bible courses throughout the years just to understand God's truth that lies right before us in His Bible.

Our Theme in Sunday School this year is GOD IS LOVE!

"I love the crafts and Mrs. Theoni's hugs" - Gabriella

"I like Sunday School the most because I get to have fun and learn about God at the same time. I like my teacher because she kind, nice, loving, and she's my Thea!" -Alexi



#### Mrs. Maria Kypreos, aka Yiayia

She volunteered to step in and help with the 4th/5th grade class at the beginning of the year since we did not have a teacher for that class. This was intended on being temporary, but she had an instant bond with the kids and decided that she wanted to spend the year as their teacher. Maria raised her three children at St. Anthony and is now watching her grandchildren grow up in the same parish. Life had a full circle moment when she got to be the Sunday School teacher for her granddaughter and the children of the kids with whom her own children grew up.

Maria's favorite pastimes include spending time with her grandchildren and volunteering for Philoptochos. She has been on the board for decades and is also currently serving on the Metropolis Board. We are so grateful that our 4th and 5th graders had the opportunity to experience Mrs. Maria's kind and giving heart this Sunday School year!

"I enjoy meeting with my friends. Mrs. Kypreos is kind and cool. She decorated our room for open house and it looks amazing." -Jordan

"Mrs. Kypreos always makes me feel welcome in our Sunday School class. She is engaging, loving, and caring. She makes our lessons fun and she always has a smile to greet us!" -Ava

"I like that my teacher is funny and everyone is funny and kind. I like that it's not too strict and we can learn about God." -John

"I enjoy Sunday School because I am taught about The One who loves me most, God. One specific thing I learned is that long ago, people believed that venerating icons was a sin because they are just pieces of wood. Later, they learned that it pleased God because they were worshiping the holy people on them." -Gia

The last day of Sunday School is on May 22nd, followed by an end-of-year celebration - SAVE THE DATE!!

## Sunday School continued



























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## Sunday School continued





















## Youth & Young Adults









## GOYA BASKETBALL SEASON 2022

The 2022 season concluded on Sunday, May 1, at St. Sophia Cathedral. St. Anthony was represented by both Junior Girl, and Junior Boy teams. Both teams played with enthusiasm and great sportsmanship and even though they fell short of winning, they should hold their heads up high. Our community is very proud of all our teams.

St. Anthony Senior Boys were defeated by St. Basil at the Quarter Final games held at Assumption church in Long Beach, on Sunday, April 10. Our Senior Girls were defeated by St. Basil on Saturday, April 30, in the Semi-Finals held at St. Sophia Cathedral.

After many, many years without a banquet, St. Sophia Cathedral and the GOBL sponsored an awards banquet immediately following the championship games on Sunday, May 1. Special thank you to those few families from St. Anthony who stayed and participated in the awards and banquet.

#### All Stars from St. Anthony - chosen by their coaches:

Junior Girls: Evangeline Bicos and Nancy McNulty

Junior Boys: Luke McNulty and Alex Darlas

Senior Girls: Fotoula Exarchoulakos and Katerina Gittings Senior Boys: Kostandinos Tsiqkounis and Jack Fuerst

**Four Circles of Orthodoxy Award** is given to 1 player in each community who best exemplifies Worship, Witness, Service and Fellowship. St. Anthony coaches selected **Dylan Udria** for this award.

Junior Girls Team Members: Evangeline Bicos, Valentina Bicos, Mariella Bicos, Madeline Galanis, Katerina Gittings, Dimitra Gittings, Talia Grafos, Tessa Grafos, Madison McNulty, Nancy McNulty, Sophia McNulty, Maria Syrengelas

Junior Boys Team Members: Niko Christopoulos, Athan Darlas, Alex Darlas, John Ioannou, Yianni Kades, Niko Lareau, Brody Livanos-Jones, Yianni Kades, Vasilli Kazaltzes, Alex Mavridis, Luke McNulty, Dylan Udria, Alex Vagenas

Senior Girls: Vanessa Christopoulos, Rhea Gerantides, Fotoula Exarchoulakos

**Senior Boys:** Jack Fuerst, George Gerontides, Kostantinos, Tsigkounis, Eleas Exarchoulakos, Niko Mavridis, Niko Vidalakis, Justin Webster

Special thanks and recognition to our coaches: John and Patricia Paziouros, Chris Syrengelas, Tony Christopoulos, Tom Grafos, Chris Ioannou, Greg Perris

St Anthony owes a special thanks to **Pana Gelt** for her time and efforts coordinating basketball for St. Anthony

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## Youth & Young Adults continued



## Youth & Young Adults continued



Junior Girl's Team



Katerina Gittings receiving an All-Star award at the Basketball Banquet Page 18 May 2022

## Youth & Young Adults continued



St. Anthony Junior Girls with St. George Junior Girls



St. Anthony Junior Boys

## Youth & Young Adults continued



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## Youth & Young Adults continued



#### Mission Statement

The mission of HOPE, & JOY is to strengthen your child's relationship with our Lord and Savior Jesus Christ, through service to the church and community.

HOPE & JOY provides an opportunity for children (HOPE) (4-6) and JOY (7-10) to meet, socialize and interact with one another. This experience will help them learn the importance of being a steward of the church. These two youth ministries are designed to promote bonding between the child and the faith and promote the tenets of Greek Orthodox Christianity.

Parents are encouraged to attend and assist in both ministries. Meetings will be held ten minutes after the conclusion of Sunday School. Lunch/snacks to be determined.

Tentative list of meeting dates, activities and service projects thru May 2022:

May 8 make koliva and honor those who have served in the military 'We Remember'

Dates and times are subject to change



## Youth & Young Adults continued





It's been a long time since we've all seen you in-person, and we can't wait to gear up for Metropolis Summer Camp 2022 at St. Nicholas Ranch and Retreat Center!

At this time, we are uncertain of any facility or program restrictions for summer 2022, but we are excited to begin the planning process for an in-person camp. Please save the dates and check our website for more updates in the coming weeks.

#### 2022 SUMMER CAMP DATES

Staff Orientation Week: July 3 - 9

Session II: July 10 - 16 Session II: July 17 - 23 Session III: July 24 - 30

#### ONLINE REGISTRATION

We plan to open online registration by March 1, 2022 on our website: https://gosfyouth.org/summer-camp

#### STAFF APPLICATIONS ARE NOW OPEN

If you know a young adult who is 19 years or older and who would be interested in serving as part of our Metropolis Summer Camp Staff this July, please encourage them to apply on our website before March 1, 2022.

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## Philoptochos

#### **Good Works**

#### Charities

Donations were made to Friends in Deed, Coalition to Abolish Slavery and Trafficking (CAST LA) and Kids 'N Cancer. Thanks to our generous supporters, donations totaled nearly \$20,000!

#### Union Station Homeless Service

We are continuing our monthly commitment to prepare a hardy, nutritious dinner sponsored by our generous donors. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.), and single serve bottles of milk. You may continue to volunteer by donating towards the purchase of individual packaged items.

The estimated costs include: rolls - \$16.50, cookies - \$27.50, beverage - \$48.60, and milk - \$10.80

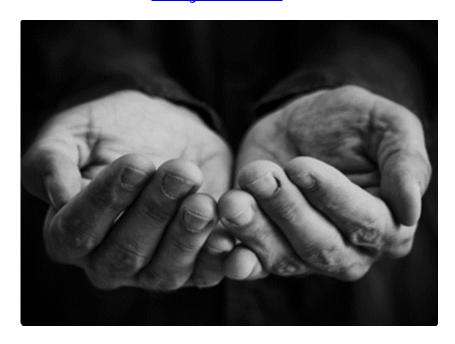
Thank you to our donors for their continuing support to help us feed the needy.

Please make checks out to: Philoptochos of Saint Anthony. Please write USHS in memo box.

Thank you for being a part of the solution to homelessness.

#### For further information, please contact:

Sophia Angelos sangelos2000@gmail.com 626-795-0848 (home)
Stephanie Soewers szanglis@gmail.com 818-209-5026 (cell)
Irene Albeck mcmq2a@aol.com 626-792-8122



"You shall open wide your hand to your brother, to the needy and to the poor, in your land."

Deuteronomy 15:11

## Philoptochos continued

#### **Community Happenings**

#### April General Meeting

"Heal Your Mind, Body & Soul" was a fun and informative night presented by Vas Kypreos Priebe of ESO Live Well in Newport Beach (<a href="esolivewell.com">esolivewell.com</a>). Vas shared tips and simple tools that we could incorporate into our every day life.



Vas Kypreos Priebe explains the best way to keep healthy foods on hand at home.





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## Philoptochos continued

### **Community Happenings**

## April General Meeting - continued









President Judith presents a gift of gratitude (live herbs) to Vas.

## Philoptochos continued

#### **Community Happenings** – continued

#### Coffee Hour

The Weekly Parish Coffee Hour has returned. Philoptochos is looking for individuals, groups or families to host Sunday coffee hours after the liturgy.

Please, look for sign-up information in the church hall or foyer.

For further information, please contact: Tanya Ch

Tanya Christodoulelis (626) 579-2304 Maria Kypreos (626) 272-2720

#### Palm Sunday Luncheon to benefit IOCC's Ukraine Crisis Fund

On Palm Sunday, April 17<sup>th</sup>, more than 160 members of the St. Anthony community came together for a delicious salmon lunch. The keynote speaker was Nick Kasemeotes of IOCC The proceeds from this event will support the IOCC Ukraine Crisis Fund. It was wonderful to see so many coming together to support such an important cause.

Many thanks to those who supported this event and to those who worked tirelessly to make it a delicious success: Jim Xanthos, Helen Skandale, Ted & Vangie Dupas, Peter Bissias, Tony Horaites and Jim Horaites.

The details of our fundraising efforts will be reported in the June newsletter.

#### Annual Christmas Benefit 2022

We invite you to help us plan our largest fundraiser of the year. This year's event will be held on **Saturday**, **December 3**, **2022** at The Langham Huntington Hotel, Pasadena.

All are welcome to join the 2022 Benefit planning committee. If you are interested in participating, please contact the Philoptochos Executive Board members or by email: <a href="mailto:panagiachapter@gmail.com">panagiachapter@gmail.com</a>.

The next Benefit Committee meeting will be held on Monday, May 2, 7:15 PM, Trinity Ballroom.

#### Metropolis & National Events

#### Kids 'N Cancer

Agape Celebration of Love - took place on Sunday May 1 at the Newport Beach Country Club. This luncheon event helps raise awareness and funds to support children afflicted with cancer and their families. Camp Agape provides these children and their families with a camp experience in California, Arizona, and Oregon.

#### National Philoptochos Convention

July 3-7, 2022

Marriott Marquis Hotel, New York



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## Philoptochos continued

#### 2022 Philoptochos Membership



# PHILOPTOCHOS SOCIETY OF SAINT ANTHONY GREEK ORTHODOX CHURCH

778 South Rosemead Boulevard · Pasadena, California 91107

February 28, 2022

"Lord, When Did We See You Hungry and Feed You, Or Thirsty and Give You Drink? When Did We See You a Stranger and Take You In, Or Naked and Clothe You? When Did We See You Sick or In Prison and Come to You?... Inasmuch As You Did It to One of The Least of These My Brethren, You Did It to Me." Matthew 25: 37:40

Dear Philoptochos Member,

Through these very challenging times, we are most grateful to you for your steadfast support and membership to Philoptochos. Your continued participation has made it possible for Philoptochos to adjust to the increased demand for assistance and meet the changing needs in our community.

We invite you to renew your membership today. Moreover, we welcome all those over 18 who have not yet had the opportunity to join us to fulfill our philanthropic mission to help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, those with disabilities and the victims of disasters.

Each member's \$50 stewardship supports our National Philoptochos obligations of \$15, San Francisco Metropolis obligations of \$15 and St. Anthony Philoptochos obligations and community projects of \$20.

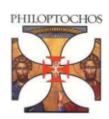
In spite of today's challenges due to increased need and a decrease in our fundraising due to Covid, St. Anthony Philoptochos continues to work non-stop to help people in the Pasadena area by providing direct support and partnering with local charities. Most recently your support provided assistance to Aid Victims of Wild Fires, CAST (Coalition to Abolish Slavery and Trafficking), Friends in Deed (food bank), Kids 'n' Cancer, Union Station (prepare meals year-round for homeless), and donate school equipment and supplies for at-risk children through Philoptochos's own Operation Classroom. Additionally, Philoptochos provides discrete support to individuals and families facing crisis.

Renew or join by mail: enclose your registration form and check payable to St. Anthony Philoptochos, St. Anthony Philoptochos, Attention: Membership, 778 S. Rosemead Blvd., Pasadena, CA. 91107. To process online: (go to <a href="https://stanthonyphiloptochos.square.site">https://stanthonyphiloptochos.square.site</a> and scroll down to "Annual Membership Dues").

Thank you for your partnership and for helping our community! We look forward to seeing you in person soon.

Yours in Christ,

Judith Din President Helen Skandale & Lisa Xanthos 2<sup>nd</sup> Vice Presidents



#### PHILOPTOCHOS SOCIETY OF SAINT ANTHONY GREEK ORTHODOX CHURCH PANAGIA CHAPTER

#### PHILOPTOCHOS MEMBERSHIP FORM

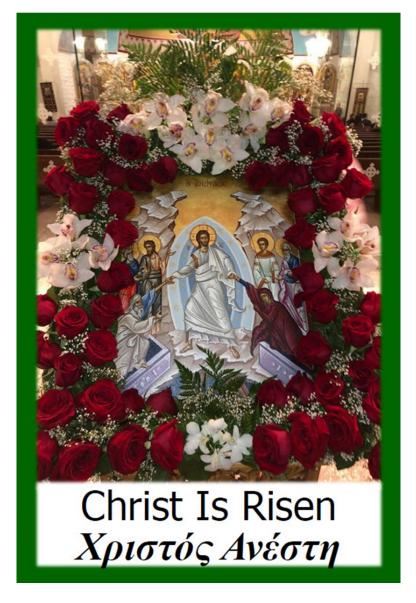
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St. Anthony's Philoptoche	os Stewardship	(membership dues).	Select amount below:	
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Feeding the Hungry			Hosting Fellowship	Marketing
Delivering meals to		times of need		Graphic Arts Other Talents
— Homebound visitation	ons		Fundraising	Specify
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PLEASE RENEW O	R JOIN BY M	IAIL (Check paya	ble to: Saint Anthony Phil	loptochos Society)
	Mail	your check along w	ith this form to:	
		_	ty, Attention: Membership ard, Pasadena, CA 91107	

or pay online at https://stanthonyphiloptochos.square.site Scroll down to "Annual Membership Dues"

For more information or questions, please contact Lisa Xanthos (626) 222-4374 or Helen Skandale (818) 618-4963

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## **VIPs**



The VIPs met again last month and are looking forward to planning fun excursions for the coming year.

Please join us for our next meeting on Tuesday, May 10th, at 10:30 a.m.

Lunch will be served following our meeting in honor of "mothers".

Helen Treantafelles VIP President htreantafelles@yahoo.com





## Monthly Lesson from Father Stavros Akrotirianakis...

#### **Christos Anesti!**

The day after Pascha is a very important day in your life! Why? Because it sets the tone for the rest of your year until next Lent. There is no church that day. There is no huge gathering of Christian friends. There isn't going to be the uplifting spiritual experience in church that we've had for the past week. In fact, for many, including me, that day is actually kind of depressing. The long, awesome journey is over, and to be honest, some of us have a big letdown after Holy Week.

That's why Bright Week is critical. Most of us have to go back to work. We've got kids to drop off at school. We've still got the problems we had before Holy Week. The good thing is that we've just received an infusion of spiritual strength to deal with our daily challenges. The challenges is that our daily frustrations will still be there.

When we sang "Let all things begin anew in the Light of the Resurrected Christ," it didn't mean that all of our problems got wiped out. It means that we have new lenses through which to see our challenges. Hopefully in the last week—Holy Week, we have gained a new lens of forgiveness, a new lens of optimism, a new lens of hope. Hopefully we have received an infusion of patience as well.

So, today, when you have the urge to say something unkind, be purposeful in refraining from that. When you have the urge to cut someone off in traffic, be purposefully patient. When you have the urge to snap at someone, resist it. If the Resurrection was a sign of Christ healing the fissure between us and Him, we should use the Resurrection as an opportunity to heal the fissures between us and Him and us and one another.

For the next forty days, we will greet each other with the words "Christ is Risen" and we will respond with "Truly He is risen." Will we faithfully do this? Or will the joy of the Resurrection quickly pass from our lips as well? I use the Paschal greeting in all correspondence and I try to answer the phone the same way, even when I know the caller isn't Orthodox. It is a small and simple way to keep Christ in the conversation, and in our consciousness.

Christ is Risen, and that matters. That matters for our whole life. As we read in the Gospel of John at the Resurrection, which is the scripture quote, "to as many as received Him, to them He gave the power to become children of God." When our parents took us out to dinner for our birthdays, or did special things for us, we were grateful. Gratitude seems very fleeting in the world today. Someone does something for us, and we think almost immediately what else will they do for us? If the first sin was ingratitude, then we have to offer the Paschal greeting with a sense of gratitude. More importantly, we have to live the reality of Christ's resurrection with gratitude.

To say "Christ is Risen" and then go pick a petty fight with your spouse, or someone, does not fit... Saying "Christ is Risen" and then driving like a maniac does not fit...

Saying "Christ is Risen" and then making people nervous every time they see you, does not fit...

Saying "Christ is Risen" and then changing nothing in your life from two weeks ago, does not fit...

Christ is Risen and THAT matters. Christ is Risen and that calls us to change. Christ is Risen and that calls us to action. Christ is Risen and that calls us to continue to grow TOWARDS Him.

Last week, you set aside extra time for God. Make sure you set some time aside for Him today, tomorrow, and every day. I invite you to be different today than you were a week ago!

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## What is New in the Community?





## 🖺 St. Anthony Bowling League Winter/Spring Season

The St. Anthony Bowlers Winter/Spring Season concluded on Wednesday, April 6. All 21 bowlers and their weekly fans enjoyed 11 weeks of fun and fellowship!

#### Team final standings were as follows:

1 <sup>st</sup> Place:	Team #3:	Joyce Nichols, Chrissy Mobayen, Jim Xanthos
2 <sup>nd</sup> Place:	Team #5:	Christiann Siatras, Peter Bissias, Parviz Mobayen
3 <sup>rd</sup> Place:	Team #4:	Sophia Angelos, Andrea Lappas, Chris Conley
4 <sup>th</sup> Place:	Team #2:	Lee Anton, Maria Conley, Anthia Drulias-Lucas
5 <sup>th</sup> Place:	Team #5:	Jim Nichols, Pana Gelt, Ted Dupas
6 <sup>th</sup> Place:	Team #7:	Mihai Seban, Nicoleta Masouris, Vlasi Masouris
7 <sup>th</sup> Place:	Team #6:	Syrus Mobeyan, Marianne Nichols, Jim Horaites

Please consider joining when we begin again in September.

We would love to add a few more teams!

The bowling league meets on Wednesday nights for 11 weeks Bowlero Lanes - Foothill Blud., Pasadena



Syrus Mobeyan, Marianne Nichols, Jim Horaites

## What is New in the Community? continued



#### **ATTENTION ALL GRADUATES !!!**

If you are graduating from grade school, middle school, high school or college this summer and wish to be included in **The Voice Monthly Newsletter – June Issue**, please submit the following information:

Your Name

Parents names

School from which you are graduating

Your graduation photo or any photo if grad photo not available—head shot preferred

For grade school or middle school graduates:

List what school you will be attending in the fall

For high school graduates:

List college or university you will be attending

For college grads:

List your course of study and degree

Please send all requested information to:

newsletter\_church@aol.com

**DEADLINE: May 25th** 

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## What is New in the Community? continued

#### Bee Retreat with Steve Christoforou and Christian Gonzales Saint Paul's Greek Church, Irvine

#### Saturday, May 14th

#### **Bee Retreat Schedule:**

During the day, from 9:30am - 5pm, there will be a youth track for grades 6-12, and an adult track for parents and all other adults who may be interested.

In the evening, starting at 7pm there will be a young adult event in the All Saints Plaza for anyone 18 or older.

The BeeTreat will begin promptly at 9:30 am and conclude around 5 pm.

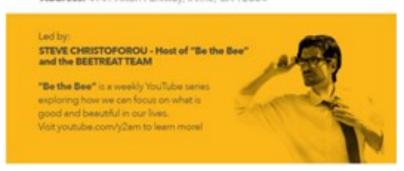
Check-in and fellowship: 9 - 9:30 am.

Advance registration is requested: BEETREAT REGISTRATION (breezechms.com)

For additional questions, please check out the website: https://www.y2am.org/beetreats



Address: 4949 Alton Parkway, Irvine, CA 92604



TO REGISTER: y2am.org/beetreats

It's free!

## What is New in the Community? continued

## Upcoming Church Festivals - 2022

May

Anaheim 5/13 - 15

<u>June</u>

Downey 6/4 - 5

San Diego 6/18 - 19

Camarillo 6/24 - 26

Irvine 6/24 - 26



July

Redondo 7/15 - 17

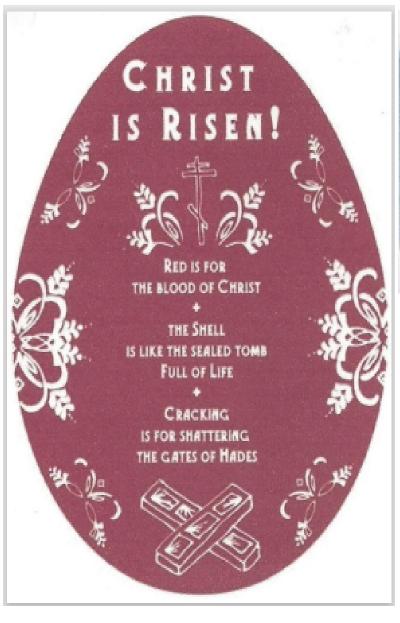
<u>September</u>

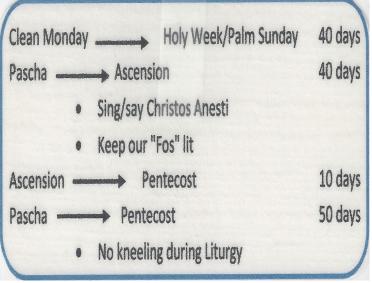
Long Beach 9/3 - 5

SanJuanCapo 9/24 - 25

October

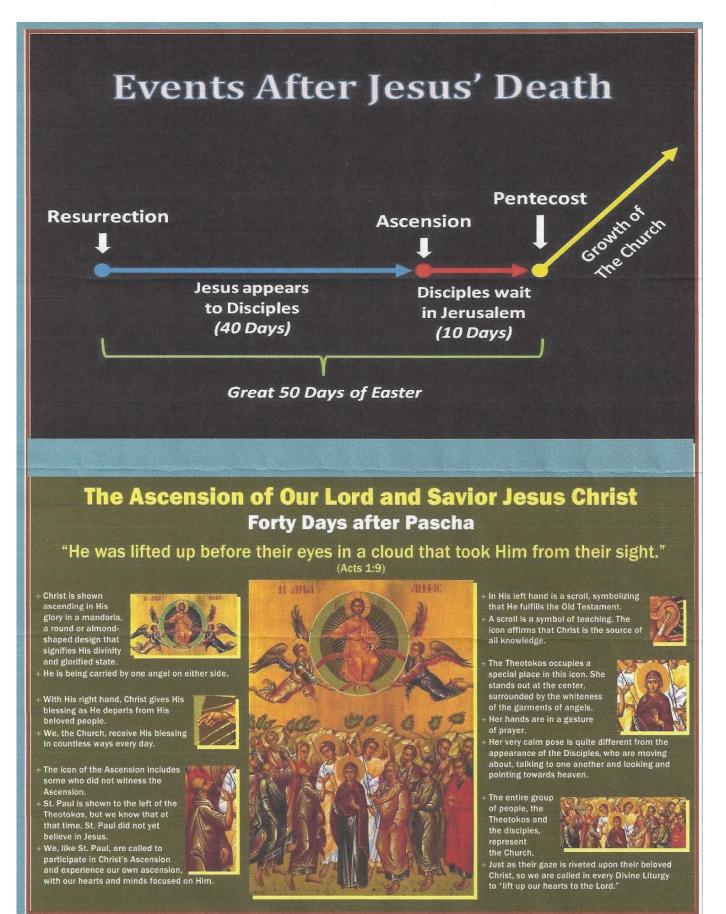
Los Angeles 10/1 - 3



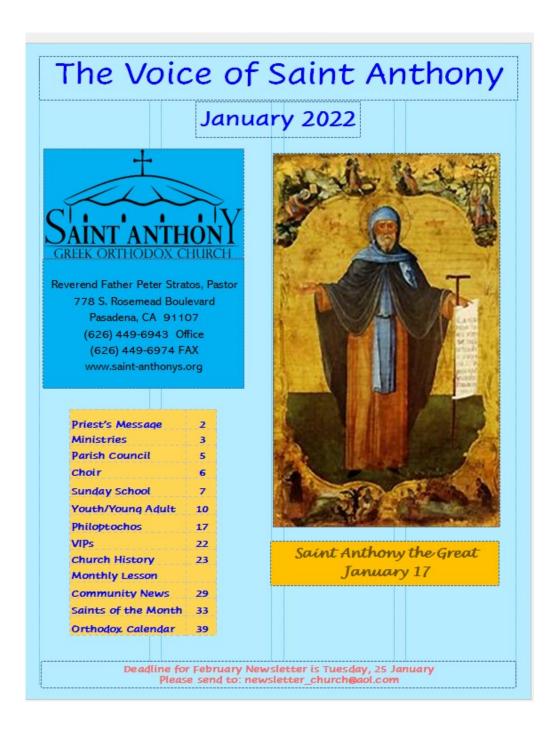


Ascension June 2
Pentecost June 12

## What is New in the Community? continued



## What is New in the Community? continued



If you would like the monthly newsletter mailed to your home each month, please contact the Church office.

626.449.6943

## Feasts and Saints for this month

#### **Sunday of Thomas**

#### 1 May

Though the doors were shut at the dwelling where the disciples were gathered for fear of the Jews on the evening of the Sunday after the Passover, our Savior wondrously entered and stood in their midst, and greeted them with His customary words, "Peace be unto you."

Then He showed unto them His hands and feet and side; furthermore, in their presence, He took some fish and a honeycomb and ate before them, and thus assured them of His bodily Resurrection. But Thomas, who was not then present with the others, did not believe their testimony concerning Christ's Resurrection, but said in a decisive manner:

"Except I shall see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe."

Wherefore after eight days, that is, on this day, when the disciples were again gathered together and Thomas was with them, the Lord Jesus came while the doors were shut, as He did formerly. Standing in their midst,

He said, "Peace be unto you"; then He said to Thomas, "Bring hither thy finger, and behold my hands; and bring hither thy hand, and thrust it into My side: and be not unbelieving, but believing."

And Thomas, beholding and examining carefully the hands and side of the Master, cried out with faith, "My Lord and my God." Thus he clearly proclaimed the two natures – human and divine – of the God-man (Luke 24:36-49; John 20:19-29).

This day is called Antipascha (meaning "in the stead of Pascha," not "in opposition to Pascha") because with this day, the first Sunday after Pascha, the Church consecrates every Sunday of the year to the commemoration of Pascha, that is, to the Resurrection.



## Feasts and Saints for this month continued

## Sunday of Myrrh Bearing Women 8 May

About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed after Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to the sepulcher, bearing the myrrh-oils they had prepared to anoint His body. It is because of the myrrh-oils, that these God-loving women brought to the tomb of Jesus that they are called the Myrrh-bearers. Of those whose names are known are the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called "the mother of James and Joses" (these are the sons of Joseph by a previous marriage, and she was therefore their step-mother); Mary Magdalene (celebrated July 22); Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee, Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silent.

Together with them we also celebrate the secret disciples of the Savior, Joseph and Nicodemus. Of these, Nicodemus was probably a Jerusalemite, a prominent leader among the Jews and of the order of the Pharisees, learned in the Law and instructed in the Holy Scriptures. He had believed in Christ when, at the beginning of our Savior's preaching of salvation, he came to Him by night. Furthermore, he brought some one hundred pounds of myrrh-oils and an aromatic mixture of aloes and spices out of reverence and love for the divine Teacher (John 19:39). Joseph, who was from the city of Arimathea, was a wealthy and noble man, and one of the counselors who were in Jerusalem. He went boldly unto Pilate and asked for the body of Jesus, and together with Nicodemus he gave Him burial. Since time did not permit the preparation of another tomb, he placed the Lord's body in his own tomb which was hewn out of rock, as the Evangelist says (Matthew 27:60).



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### Feasts and Saints for this month continued

#### Sunday of the Paralytic

#### 15 May

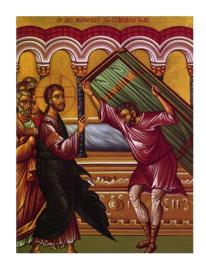
Close to the Sheep's Gate in Jerusalem, there was a pool, which was called the Sheep's Pool. It had round about it five porches, that is, five sets of pillars supporting a domed roof. Under this roof there lay very many sick people with various maladies, awaiting the moving of the water. The first to step in after the troubling of the water was healed immediately of whatever malady he had.

It was there that the paralytic of today's Gospel way lying, tormented by his infirmity of thirty-eight years. When Christ beheld him, He asked him, "Wilt thou be made whole?" And he answered with a quiet and meek voice, "Sir, I have no man, when the water is troubled, to put me into the pool."

The Lord said unto him, "Rise, take up thy bed, and walk." And straightaway the man was made whole and took up his bed. Walking in the presence of all, he departed rejoicing to his own house.

According to the expounders of the Gospels, the Lord Jesus healed this paralytic during the days of the Passover, when He had gone to Jerusalem for the Feast, and dwelt there teaching and working miracles.

According to Saint John the Evangelist, this miracle took place on the Sabbath



## Feasts and Saints for this month continued

#### Saints Constantine & Helen

#### 21 May

This great and renowned sovereign of the Christians was the son of Constantius Chlorus (the ruler of the westernmost parts of the Roman empire), and of the blessed Helen. He was born in 272, in Naissus of Dardania, a city on the Hellespont. In 306, when his father died, he was proclaimed successor to his throne. In 312, on learning that Maxentius and Maximinus had joined forces against him, he marched into Italy, where, while at the head of his troops, he saw in the sky after midday, beneath the sun, a radiant pillar in the form of a cross with the words: "By this shalt thou conquer." The following night, our Lord Jesus Christ appeared to him in a dream and declared to him the power of the Cross and its significance. When he arose in the morning, he immediately ordered that a banner be made in the form of a cross, and he inscribed on it the Name of Jesus Christ. On the 28th October, he attacked and mightily conquered Maxentius, who drowned in the Tiber River while fleeing. The following day, Constantine entered Rome in triumph and was proclaimed Emperor of the West, while Licinius, his brother in-law, ruled in the East. But out of malice, Licinius later persecuted the Christians. Constantine fought him once and again, and utterly destroyed him in 324, & in this manner he became monarch over the West and the East. Under him and because of him all the persecutions against the Church ceased. Christianity triumphed and idolatry was overthrown.

In 325 he gathered the First Ecumenical Council in Nicaea, which he himself personally addressed. In 324, in Byzantium, he laid the foundations of the new capital of his realm, and solemnly inaugurated it on May 11, 330, naming it after himself, Constantinople. in 336.

Falling ill near Nicomedia, he requested to receive divine Baptism, according to Socrates and when he had been deemed worthy of the Holy Mysteries, he reposed in 337, on May 21, the day of Pentecost. He lived sixty-five years, of which he ruled for thirty-one years. His remains were transferred to Constantinople and were deposed in the Church of the Holy Apostles, which had been built by him.

As for his holy mother Helen, after her son had made the Faith of Christ triumphant throughout the Roman Empire, she undertook a journey to Jerusalem and found the Holy Cross on which our Lord was crucified. After this, Saint Helen, in her zeal to glorify Christ, erected churches in Jerusalem at the sites of the Crucifixion and Resurrection, in Bethlehem at the cave where our Savior was born, on the Mount of Olives whence He ascended into Heaven, and many others throughout the Holy Land and Cyprus. She was proclaimed Augusta, her image was stamped upon golden coins, and two cities were named Helenopolis after her in Bithynia and in Palestine. Having been thus glorified for her piety, she departed to the Lord at about eighty years of age, in the year 330 .



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## Feasts and Saints for this month continued

#### Sunday of the Samaritan Woman

#### 22 May

One of the most ancient cities of the Promised Land was Shechem, also called Sikima, located at the foot of Mount Gerazim. There the Israelites had heard the blessings in the days of Moses and Jesus of Navi. Near to this town, Jacob, who had come from Mesopotamia in the nineteenth century before Christ, bought a piece of land where there was a well. This well, preserved even until the time of Christ, was known as Jacob's Well. Later, before he died in Egypt, he left that piece of land as a special inheritance to his son Joseph (Gen. 49:22). This town, before it was taken into possession by Samaria, was also the leading city of the kingdom of the ten tribes. In the time of the Romans it was called Neapolis, and at present Nablus. It was the first city in Canaan visited by the Patriarch Abraham. Here also, Jesus of Navi (Joshua) addressed the tribes of Israel for the last time. Almost three hundred years later, all Israel assembled there to make Roboam (Rehoboam) king.

When our Lord Jesus Christ, then, came at midday to this city, which is also called Sychar (John 4:5), He was wearied from the journey and the heat, and He sat down at this well. After a little while the Samaritan woman mentioned in today's Gospel passage came to draw water. As she conversed at some length with the Lord and heard from Him secret things concerning herself, she believed in Him; through her many other Samaritans also believed.

Concerning the Samaritans we know the following: In the year 721 before Christ, Salmanasar (Shalmaneser), King of the Assyrians, took the ten tribes of the kingdom of Israel into captivity, and relocated all these people to Babylon and the land of the Medes. From there he gathered various nations and sent them to Samaria. These nations had been idolaters from before. Although they were later instructed in the Jewish faith and believed in the one God, they worshipped the idols also. Furthermore, they accepted only the Pentateuch of Moses, and rejected the other books of Holy Scripture. Nonetheless, they thought themselves to be descendants of Abraham and Jacob. Therefore, the pious Jews named these Judaizing and idolatrous peoples Samaritans, since they lived in Samaria, the former leading city of the Israelites, as well as in the other towns thereabout. The Jews rejected them as heathen and foreigners, and had no communion with them at all, as the Samaritan woman observed. "the Jews have no dealings with the Samaritans" (John 4:9). Therefore, the name Samaritan is used derisively many times in the Gospel narrations. After the Ascension of the Lord, and the descent of the Holy Spirit at Pentecost, the woman of Samaria was baptized by the holy Apostles and became a great preacher and Martyr of Christ; she was called Photini, and her feast is celebrated on February 26.



## Feasts and Saints for this month continued

## Sunday of the Blind Man 29 May

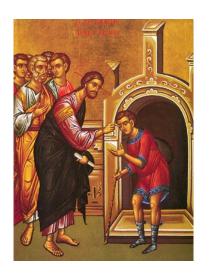
The Lord Jesus was coming from the Temple on the Sabbath, when, while walking in the way, He saw the blind man mentioned in today's Gospel. This man had been born thus from his mother's womb, that is, he had been born without eyes. When the disciples saw this, they asked their Teacher, "Who did sin, this man, or his parents, that he was born blind?"

They asked this because when the Lord had healed the paralytic at the Sheep's Pool, He had told him, "Sin no more, lest a worse thing come unto thee" (John 5:14); so they wondered, if sickness was caused by sin, what sin could have been the cause of his being born without eyes. But the Lord answered that this was for the glory of God. Then the God-man spat on the ground and made clay with the spittle. He anointed the eyes of the blind man and said to him, "Go, wash in the Pool of Siloam." Siloam (which means "sent") was a well-known spring in Jerusalem used by the inhabitants for its waters, which flowed to the eastern side of the city and collected in a large pool called "the Pool of Siloam."

Therefore, the Savior sent the blind man to this pool that he might wash his eyes, which had been anointed with the clay-not that the pool's water had such power, but that the faith and obedience of the one sent might be made manifest, and that the miracle might become more remarkable and known to all, and leave no room for doubt.

Thus, the blind man believed in Jesus' words, obeyed His command, went and washed himself, and returned, no longer blind, but having eyes and seeing.

This was the greatest miracle that our Lord had yet worked; as the man healed of his blindness himself testified, "Since time began, never was it heard that any man opened the eyes of one that was born blind," although the Lord had already healed the blind eyes of many. Because he now had eyes, some even doubted that he was the same person (John 9:8-9).



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# Orthodox Calendar~ May 2022

May 2022						
SUN	Mon	TUE	WED	THU	FRI	SAT
Sunday of Thomas 8:45am Orthros 10am Divine Liturgy 11am Sunday School Indoor & Live-stream	2	3	7pm Union Station Philoptochos Outreach	5	6	7
Sunday of the Myrrh Bearing Women 8:45am Orthros 10am Divine Liturgy 11am Sunday School Indoor & Live-stream	9	7pm Parish Council Meeting	7pm Philoptochos Board Meeting	12	13	14
Sunday of Paralytic 8:45am Orthros 10am Divine Liturgy 11am Sunday School 12:30pm Greek Dance Indoor & Live-stream	16	17	Mid-Pentecost	19	20	21 Saints Constantine and Helen
Sunday of the Samaritan Woman 8:45am Orthros 10am Divine Liturgy 11am Sunday School 1pm Greek Dance Indoor & Live-stream	23	24	7pm Philoptochos General Meeting	26	27	28
Sunday of the Blind Man  8:45am Orthros 10am Divine Liturgy Indoor & Live-stream	<b>30</b> Memorial Day Office Closed	31				
		Strict Fast Refrain from Meat, Fish, Wine, Oil, Dairy & Eggs	Fish, Wine & Oil Allowed	Wine and Oil Allowed	Dairy, Eggs, & Fish Allowed; Refrain from Meat	Fast Free

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TIME SENSTIVE

POSTAGE STAMP

To generations of our descendants yet unknown to you, who some day in the dim and distant future will read this account of the dramatic history of the Hellenic community, we who have written this account not only on paper, but in the blood, sweat and tears of our daily lives make this statement:

We have built this community with its hopes and its fears, and its land and its buildings because we believe, as did our forefathers, in the soul's immortality, and its eventual union with God.

We believe that whether or not we have amassed a great deal of personal wealth or fame, it matters little, since we could not take that with us. What does matter is how we have discharged our obligation to pass on to you the faith and ideals that have sustained us through our lives... and we venture the hope that as you read these lines, you may breathe a prayer that what we have done here may have found favor in the eyes of God.

When Christ enters your heart, your life changes..

When you find Christ, you are satisfied, you desire nothing else, you find peace.

You become a different person. You live everywhere, wherever Christ is. You live in the stars, in infinity, in heaven with the angels, with the saints, on earth with people, with plants, with animals, with everyone and everything.

When there is love for Christ, loneliness disappears and you are peace-filled, joyous, and full.

