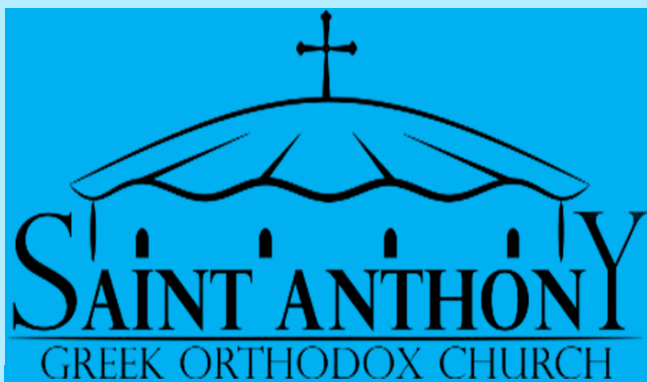


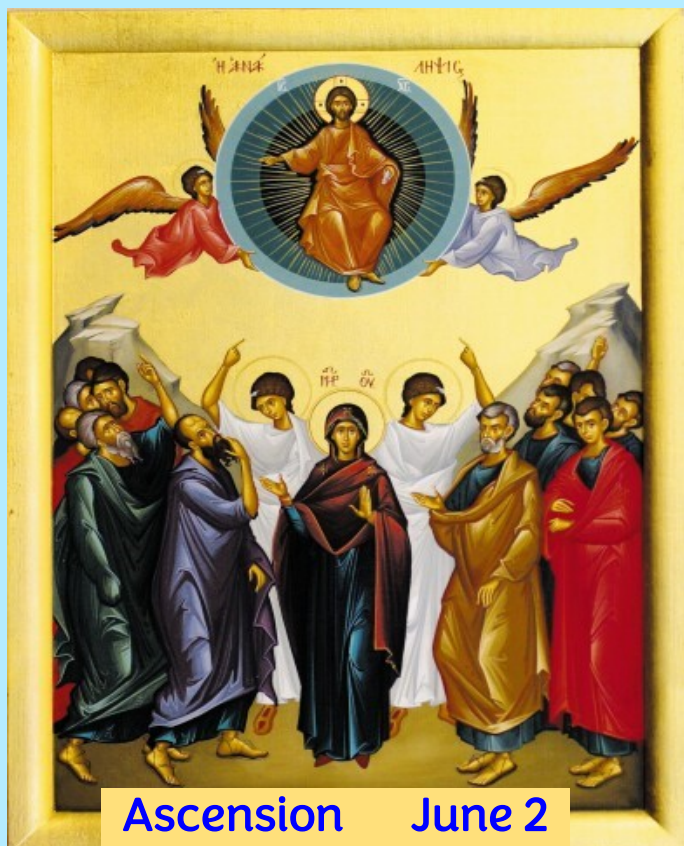
The Voice of Saint Anthony

June 2022



Reverend Father Peter Stratos
778 S. Rosemead Boulevard
Pasadena, CA 91107
(626) 449-6943 Office
(626) 449-6974 FAX
www.saint-anthonys.org

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Ascension June 2



Pentecost June 12

Deadline for July Newsletter is Saturday, 25 June
Please send to: newsletter_church@aol.com

Message from Father Peter

"To everything there is a season, and a time for every matter under heaven:"

Ecclesiastes 3:1

Dear Faithful,

On Sunday June 19th we celebrate The Feast of All Saints in our Holy Orthodox Church. The Feast of All Saints marks the beginning of a new season in the ecclesiastical calendar of our Church. The season from Easter to Pentecost occurs in the springtime, while the Feast of All Saints ushers us into the beautiful season of summer.

Summertime is a wonderful time of the year! Students and teachers have completed another year and people are planning and enjoying their vacations. Many have already begun to enjoy outdoor activities, sports, cookouts, and trips to the beach. Over Memorial Day weekend alone, 3.1 million Southern Californians went on a trip! To be sure, responsibilities do not end. We still have to complete tasks around the house and yard work continues. There is always something to be done. Nevertheless, summertime is a time of sun, enjoyment, and a more relaxed pace.

In our culture the change of seasons creates a paradox for the new liturgical cycle. From Easter to Pentecost the local parish is vibrant with activities. However, after Pentecost and The Feast of All Saints, with the beginning of summer (June 21), the pace usually slows down. Church School ends, Church meetings are less frequent, Bible classes and other study groups take a break. Even worship attendance is drastically affected.

A question that we should all consider is to ask if this is what our Lord desires for His people during the summer? Another question is how can we in our personal, family, and parish lives harmonize the summer change of pace with the orthodox spiritual values of the Church? How can we truly enjoy a measure of fun and relaxation and still be mindful of our prayer life and worship to God?

An understanding of the word "Saint" would help us to relate our Christian Faith to our summer activities. It is not an exaggeration to say that, if we understand the full meaning of sainthood, we would have the key to the most enjoyable summer of them all: A Christian summer season! It may be that by God's providence, the timing of the Feast of All Saints is exactly what we need after all! What greater spiritual challenge is there for us at the beginning of summer than to think about the Saints and to emulate their lives of growing closer to God. I challenge us all to keep God in our mind, in our heart, and in our soul during this beautiful time of year. Live your faith during all seasons including summer. Remember, God does not take the summer off. We shouldn't either. Have a blessed summer!

In Christ, Father Peter

Message from Father Peter

Greek Orthodox Metropolis of San Francisco
metropolis@sanfran.goarch.org | www.sanfran.goarch.org

Dear Beloved in the Lord,

Χριστός Ανέστη! Christ is Risen!

As we continue to celebrate the Glorious Resurrection of Our Lord and Savior Jesus Christ, our hearts are devastated by the tragic school shooting in Uvalde, Texas. At a time when families should be preparing for summer vacations, they now prepare for funerals. We offer our prayers to all those who are suffering, and beseech the Holy Spirit's comfort upon those who are grieving the loss of their loved ones. We seek the Lord's divine guidance to grant us the right words and to put them into action so that no family may suffer at the hands of such unconscionable violence.

Innocent children were torn away from their families, who are now left with fleeting memories of their precious angels. And just as Rachel wept for her children *"because they are no more"* (Jeremiah 31:15), we pray that no one may ever again experience the depth of this pain.

Whether it is a school, church, grocery store, shopping mall or a sporting event, we cannot lock up our entire world to shield it from violence. It will take more than just stricter gun control laws to bring these tragedies to an end. It will also take education, heightened awareness of mental health issues, racial tolerance, patience and love. We must demand action from our leaders, so that the lives of those innocent children and their teachers in Uvalde, Texas will not be forgotten, but may bring forth an urgent solution to a pervasive problem in our world.

The names and faces of those who perished at Robb Elementary School have now joined with others from Sandy Hook, New Jersey, Columbine, Colorado, Parkland, Florida and so many others. It is time to close that book. It is time to write the final chapter. It is time to say *enough!*

Beseeching the Lord's everlasting grace, peace and mercy on our fallen world, and asking Him to keep us under His watchful care and protected by His loving embrace, I remain,

With Love in the Risen Christ,

+Metropolitan Gerasimos
Metropolitan of San Francisco

Stewardship



2022 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another,
as good stewards of God's grace." (1 Peter 4:10)*

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

[For office use only]

SIGNATURE

DATE

ANNUAL GIVING LEVELS:

***ARCHANGEL: \$15,000 and up**
\$288/week OR \$1,250/month & up

***ANGEL: \$10,000 - \$14,999**
\$192-\$288/week OR \$833-\$1,249/month

***GUARDIAN: \$7,000 - \$9,999**
\$135-\$192/week OR \$583-\$833/month

***DISCIPLE: \$4,000 - \$6,999**
\$77-\$135/week OR \$333-\$583/month

***FAITHFUL: \$2,000 - \$3,999**
\$38-\$77/week OR \$167-\$333/month

SUPPORTER: \$1,000 - \$1,999
\$19-\$38/week OR \$83-\$167/month

FRIEND: \$500 - \$999
\$9.60-\$19/week OR \$42-\$83/month

CONTRIBUTOR: \$499 & below
\$9.60/week OR \$42/month & below

Review your stewardship commitment prayerfully, consider what you offer to the Church in comparison to monthly utility/service payments.

Please return your completed commitment card to church by Jan. 14, 2022

Your card must be on file for you to be considered in 'Good Standing'

In response to God's blessings, I/we pledge a 2022 offering of:

My Stewardship Commitment for 2022: \$ _____

I will fulfill and pay my pledge: (CHECK ONE)

☐ Weekly at \$ _____/week

☐ Monthly at \$ _____/month

☒ Annually

Contact the Church office to set up easy recurring electronic payments -OR- set up your own recurring giving at <https://saint-anthonys.churchgiving.com>

***To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 or above per family**



Commitment of Time and Talents St. Anthony Greek Orthodox Church



Families should mark "H" for husband, "W" for wife, "C" for Children.

Council of Ministries

_____ Acolytes
_____ Bible Studies
_____ Bookstore
_____ GOYA Basketball
_____ GOYA/Jr. GOYA
_____ Greek Dance
_____ Greek Language School
_____ JOY/HOPE

_____ Kouvouklion
_____ Little Lambs
_____ Myrrh Bearers
_____ OCF (Orthodox Christian Fellowship)
_____ Office Volunteers
_____ St. John Chrysostom
_____ Oratorical Festival

_____ Stewardship Committee
_____ Studies in the Faith
_____ Sunday School
_____ Vacation Bible School
_____ VIPs
_____ Volleyball Tournament
_____ Welcoming Committee
_____ Other

Parish Events

_____ Palm Sunday Luncheon
_____ Pasadena Golf Classic
_____ Pasadena Greek Fest

_____ Resurrection Magiritsa
_____ Dinner
_____ Saint Anthony Feast Day

_____ Summer Family Picnic
_____ Other

Name _____ Email _____ Phone _____

Ministries at Saint Anthony



2022 PARISH COUNCIL

Joseph Akrotirianakis	President
Pete Gallanis	Vice President
Tashia Vagenas	Secretary
Tony Christopoulos	Treasurer

Christian Balas
Tom Grafos
Christos Ioannou
Pete Katsafados
Liam McCann
Helen Mitropoulos
James Pappas
Patricia Paziouros
Perry Vidalakis
Vincent Zarian
Nikole Zoumberakis

OFFICE STAFF

Alma Vorgias – Office Administrator



CUSTODIAL STAFF

Carlos Sosa



CHANTERS

Michael Kontaxis
Liam McCann

READERS

Nicholas Kokoris
Rebecca Russo



SUNDAY SCHOOL STAFF

Teresa Argueta—Little Lambs, Pre-PreK
Irene Albeck, Eleni & Maria Wojcik - Pre K/TK
Sophia Syrengelas - Kindergarten, 1st
Theoni Katsafados, Vicki Kades - 2nd, 3rd
Maria Kypreos - 4th, 5th
Polly Vagenas, Chris Syrengelas - 6th, 7th, 8th
Presvytera Aida Stratos - High School

Ministries at Saint Anthony continued

PHILOPTOCHOS SOCIETY

Executive Board

President

Judith Din

1st Vice President

Jeanne Karaionnoglou

2nd Vice President

Helen Skandale and Lisa Xanthos

Corresponding Secretary

Mary Udria and Irene Albeck

Recording Secretary

Mary Dewar

Treasurer

Connie Becker

Assistant Treasurer

Maria Grover

Advisor

Maria Kypreos

Spiritual Advisor

Father Peter Stratos



Board of Directors

Beautification

Maria Kokoris

Maria Hronas

Community Outreach

Fontaine Malisos, Liz Skandale

Stephanie Soewers

Fellowship

Tanya Christodoulelis

Maria Kypreos

Publicity

Christine Pappas

Scholarship

Presbytera Aida Statros and Irene Albeck

Social Media/Webmaster

Sophia Syrengelas

Sunshine and Visitation

Fontaine Malisos, Liz Skandale

Stephanie Soewers

Union Station

Irene Albeck and Stephanie Soewers

Operation Classroom

Nicolette Fuerst and Jennifer Webster

ADDITIONAL MINISTRIES

Acolytes

Fr. Peter Stratos

Bible Study

Fr. Peter Stratos

Bookstore

Noah Johnson

Golf Classic

Golf Committee

GOYA

Fr. Peter Stratos

GOYA Basketball

Anthia Lucas

Pana Gelt

Greek Dance Groups Phophi Magaziotis

Greek Festival

TBD

Greek Language

Anastasia McClain

JOY/HOPE

Irene Albeck

Myrrh Bearers

Irene Albeck

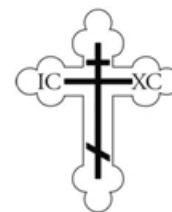
Oratorical Festival TBD

Vacation Bible School Sophia Syrengelas

Mary Udria

VIPs

Helen Treantafelles



Parish Council

Next Parish Council Meeting

Tuesday, June 14

We pray you are staying healthy by wearing your mask, social distancing, washing your hands often, and praying.

Let us take a moment to say thank you to all essential workers: first responders, doctors, nurses, health care workers, and researchers who despite facing direct exposure to COVID 19 and the Delta/Omicron Variants, continue to do their job of helping others. Let's also thank those who are volunteering to help get the vaccine to as many people as possible. Please continue to pray for them.

As a reminder, the Corona Virus has not "gone away" and is still very much with us.
If you are not feeling well, please stay home and away from others.
If you think that you may have been exposed or infected please consider wearing your mask when you go out or go to public indoor gatherings.

For those of you who are attending live-stream services, and miss receiving Holy Communion because you are unable to attend an indoor liturgy in person..

Drink some Holy Water
when the priest approaches with the Chalice...
If you don't have any on hand, call the church office..





Christos Anesti!

Dear Mrs. Sophia Syrengelas:

Greetings from Transitional Kindergarten/Pre-Kindergarten Class

Thank you for your inspiration, encouragement, love and guidance, promoting the Orthodox Christian way of life.

We are happy to be back in Sunday School after two years of isolation due to CoViD-19.



Sunday School continued

Sunday School Graduation – Congratulations !



Sunday School continued



Sunday School continued



Youth & Young Adults

Basketball Awards Party - Congratulations !

GOYA Basketball Season wrapped up on Sunday, May 15, at the Mc Nulty home. Players, parents, coaches and grandparents enjoyed a fun filled afternoon and evening of dinner and swimming!

The evening culminated with each player receiving a special award certificate for their contribution to their team! The coaches were also given gifts of thanks for the time they gave to the basketball program. We look forward to next season!



Youth & Young Adults continued

Basketball Awards Party



Youth & Young Adults continued

Basketball Awards Party



Youth & Young Adults continued

Basketball Awards Party



Youth & Young Adults continued

Basketball Awards Party



Youth & Young Adults continued



METROPOLIS OF SAN FRANCISCO
SUMMERCAMP
AT SAINT NICHOLAS RANCH



It's been a long time since we've all seen you in-person, and we can't wait to gear up for Metropolis Summer Camp 2022 at St. Nicholas Ranch and Retreat Center!

At this time, we are uncertain of any facility or program restrictions for summer 2022, but we are excited to begin the planning process for an in-person camp. Please save the dates and check our website for more updates in the coming weeks.

2022 SUMMER CAMP DATES

Staff Orientation Week: July 3 - 9

Session I: July 10 - 16

Session II: July 17 - 23

Session III: July 24 - 30

ONLINE REGISTRATION

We plan to open online registration by March 1, 2022 on our [website: https://gosfyouth.org/summer-camp](https://gosfyouth.org/summer-camp)

STAFF APPLICATIONS ARE NOW OPEN

If you know a young adult who is 19 years or older and who would be interested in serving as part of our Metropolis Summer Camp Staff this July, please encourage them to apply on our website before March 1, 2022.

Philoptochos

Good Works

Operation Classroom - Foster Care Project

A BIG thank you to all members of our community who supported our Operation Classroom collaboration with the Pasadena Unified School District in support of youth in Foster Care. With your donations, students received a gift card, a personal note, and an acknowledgment pin.

Additionally, we were able to provide 9 graduating Foster Care Seniors with their graduation packages. The graduation packages include: Senior portrait package, Yearbook and Grad Night celebration at Disneyland. Again, thank you for partnering with us to help provide support and acknowledgement to over 300 young people in Foster Care in Pasadena.

Easter Bake Sale

Philoptochos would like to thank everyone who volunteered to bake, package and purchase pastries for the Easter Bake Sale. Our event would not have been a success without your support, help and dedication. All proceeds from the Easter Bake went directly to benefit our San Francisco Metropolis Kids 'n' Cancer ministry. The mission of this ministry is to provide children, who face life-threatening challenges, an opportunity to have memorable camping experience away from hospital and doctor's offices. Even though the camps did not take place the last two years due to the pandemic, there was a virtual event for the children and their families. Your generosity touched the lives of many cancer-afflicted children and their families.

Union Station Homeless Service

We are continuing our monthly commitment to prepare a hardy, nutritious dinner sponsored by our generous donors. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.), and single serve bottles of milk. You may continue to volunteer by donating towards the purchase of individual packaged items.

The estimated costs include:

rolls - \$16.50, cookies - \$27.50, beverage - \$48.60, and milk - \$10.80

Please consider helping us feed the needy by making a contribution towards this work. Thank you to our donors for their continuing support to help us feed the needy.

Please make checks out to: ***Philoptochos of Saint Anthony.***

Please write ***USHS*** in memo box.

Thank you for being a part of the solution to homelessness.



For further information, please contact:

Sophia Angelos

sangelos2000@gmail.com

626-795-0848 (home)

Stephanie Soewers

szanglis@gmail.com

818-209-5026 (cell)

Irene Albeck

mcmg2a@aol.com

626-792-8122

"You shall open wide your hand to your brother, to the needy and to the poor, in your land."

Deuteronomy 15:11

Philoptochos continued

Community Happenings

May General Meeting

An evening with Dr. Andre van Rooyen was held on Wednesday, May 25th. Dr. van Rooyen, a pediatric psychologist with over 20 years of experience, discussed how we can better understand what is taking place with the mental development of our youth and how we can help them create the resilience they need to be healthy and to face what is taking place in our world.

The group had time to ask questions and received insightful guidance. Dr. van Rooyen recommended the following two books: *How to Raise an Adult* by Julie Lythcott-Haims and *Grit: The Power of Passion and Perseverance* by Angela Duckworth.



Sunday Coffee Hour

The Weekly Parish Coffee Hour has returned. Philoptochos is looking for individuals, groups or families to host Sunday coffee hours after the liturgy. Please, look for sign-up information in the church hall or foyer. For further information, please contact: Tanya Christodoulelis (626) 579-2304 or Maria Kypreos (626) 272-2720.

Annual Christmas Benefit 2022

♦ ***Save the Date***

WE ARE BACK! We are delighted that, this year, our Christmas Benefit will return to The LANGHAM HUNTINGTON HOTEL in Pasadena, on **Saturday, December 3, 2022.**

♦ ***Benefit Planning Committee***

We invite you to be part of this fun group of talented women who annually plan our largest fundraiser of the year. All are welcome to join the 2022 Benefit planning committee. If you are interested in helping, please contact us by emailing or calling a Philoptochos Executive Board Member: panagiachapter@gmail.com or Judith Din (626) 676-1240.

The next committee meeting will be held on **Tuesday, May 31, 7:00 PM**, Trinity Ballroom.

Philoptochos continued

Upcoming Meetings

- Christmas Benefit Meeting – Tuesday, May 31 – 7:00 PM (*please note time change*)
June Board Meeting – Wednesday, June 8 – 7:00 PM
General Assembly Meeting – Wednesday, June 22 – 7:00 PM.

We are arranging our End-of-Year Dinner. Information will be sent shortly. Please, plan on joining us as we honor our Scholarship recipients. The first to RSVP will be presented with a small prize at the dinner.

Metropolis & National Events

Kids 'n' Cancer was a huge success. The fun-filled afternoon gave those in attendance the opportunity to participate in fundraising, meet Camp Agape families, and fellowship together.

National Philoptochos Convention July 3-7, 2022 at the Marriott Marquis Hotel, New York.



FOLLOW US ON SOCIAL MEDIA

Facebook: St. Anthony Philoptochos
Instagram: stanthonypiloptochos

2022 Philoptochos Membership

Philoptochos would also like to thank you for your 2022 membership donation. We are grateful to you for your steadfast support and excited by your enthusiasm for our ministry. After 2 unpredictable years, our membership has increased significantly. Your donation enables Philoptochos to serve the needy in our community and to support the charitable works of the Metropolis and the National Philoptochos throughout the year. Your time and talents are appreciated, and your fellowship is a big part of what we are all about. We can accomplish so much together.

On the next page is a list of all our registered members to date. Let us know if you would like to join St. Anthony Philoptochos.



Philoptochos continued

2022 St. Anthony Philoptochos Membership List

Sherese	Akrotirianakis	Angie	Floutsis
Irene	Albeck	Penny	Floutsis
Katerina	Ananiades Woodward	Nicolette	Fuerst
Irene	Andreadis	Eleni	Gallagher
Sophia	Angelos	Mary	Gallanis
Teresa	Argueta	Cleola	Gavalas
Katerina	Aryafar Constantinou	Pana	Gelt
Georgia	Aspiotes	Vasiliki	Giakas
Tina	Athanasoulis	Thean	Grafos
Tina	Athans	Maria	Grover
Philip Ted	Attalla	Joanne	Halias
Elena	Balcan	Aliki	Haralambos
Tina	Baliotis	Page	Haralambos
Connie	Becker	Maria	Hronas
Christina	Becronis	Elleni	Koulos Ioannou
Kalli	Bicos	Christine	Kades
Marietta	Bicos	Vicki	Kades
Peter	Bissias	Elene	Kalivas
Vicky	Bjorknert Tarazi	Pota	Kalivas
Helen	Bonorris	April	Kamar
Demetra	Bozikis	Jeanne	Karaioannoglou
Tina	Bozikis Coccia	Phaedon	Karaioannoglou
Niki	Brown	Andriana	Karamaras
John	Buzas	Theoni	Katsafados
Pamela	Buzas	Alexandra	Katsas
Anastasia	Chames	Maria	Katsas
Anastasia	Christodoulelis	Evelyn	Kefalas
Helen	Christodoulelis	Kellie	Kefalas
Tanya	Christodoulelis	Vicky	Kefallinos
Christine	Christodoulou	Staurula	Kiotas
Judith	Christopoulos	Nitsa	Kirimis
Karen	Christopoulos	Dr. Rodanthi	Kitridou
Theodora	Coulis	Athena	Kleissas
Jeanine	Dalis Klima	Carolina	Kokoris
Helen	Damilatis	Maria	Kokoris
Elizabeth	Demopulos	Carolyn	Kolokotrones
Mary	Dewar	Helen	Koudanis
Judith	Din	Jenny	Koulos
Anthia	Drulias Lucas	Joanna	Koulos
Evangeline	Dupas	George	Kypreos
Katherine	Dupas	James	Kypreos
Teddi	Efstathiou	Maria	Kypreos

Philoptochos continued

Shana	Kypreos	Helen	Smith
Vas	Kypreos Priebes	Stephanie	Soewers
Virginia	Lappas	Sia	Soris
Katherine	Lucas	Mary	Stamos
Dorothea	Malina	Father Peter	Stratos
Fontaine	Achilles Malisos	Presuytera Aida	Stratos
Samantha	Malisos	Mara	Suchy
Sandra	Maniatis	Chris	Syrengeles
Claire	Marotta	Sophia	Syrengeles
Nicoleta	Masouris	Ellie	Tarazi
Vivian	Mauredakis	Helen	Treantafelles
Kristen	Kaplanis McGregor	Vivian	Treantafelles
Jennie	McNulty	Dena	Tripodes
Bess	Mechalas	Jenny	Tsouvalas
Dr. Eleni	Mitropoulos	Mary	Udria
Yngrid	Molinari	Georgia	Vagenas
Elizabeth	Moreno	Krystina	Vagenas
Presbytera Maria	Mylonas	Mindy	Vagenas
Cornelia	Odell	Polly	Vagenas
Aleka	Pantazis	Sophia	Vagenas
Christine	Pappas	Tashia	Vagenas
Hope	Pappas	Valerie	Vallas
Jennifer	Pappas	Fotiny	Varuitsiotis
Leah	Pastis	Esther	Vavoulis
Patricia	Pastis	Nancy	Vidalakis
Bertha	Patsavas	Zoe	Vidalakis
Konstantina	Paziouros	Alma	Vorgias
Patricia	Paziouros	Pauline	Voyagis
Gena	Pegadiotes	Jennifer	Webster
Dino	Pollalis	Dr. Cleo	Williams
Isabella	Pollalis	Penny	Wojick
Kim	Pollalis	Jim	Xanthos
Eleftheria	Polychronis	Lisa	Xanthos
Kathy	Pouloupoulos	Alison	Zanetos
Yiota	Poulos	Maria	Zarian
Maria	Prantzikou	Nikole	Zoumberakis
Jeannie	Ranglas		
Michelle	Reagan Attalla		
Helen	Reese		
Evangelia	Riley		
Nicole	Schulman		
Athena	Serban		
Elizabeth	Skandale		
Helen	Skandale		



**PHILOPTOCHOS SOCIETY OF
SAINT ANTHONY GREEK ORTHODOX CHURCH
PANAGIA CHAPTER**

PHILOPTOCHOS MEMBERSHIP FORM

☐ 2022 Philoptochos Membership ☐ 2022 Associate Membership (Men / Non-Voting) Date _____

Last Name First Name Spouse Name M.I.

Street Address

City State Zip

Home Phone Cell Phone

Email

Notices will be sent via email. If you prefer your notices mailed, please, let us know by checking here ☐

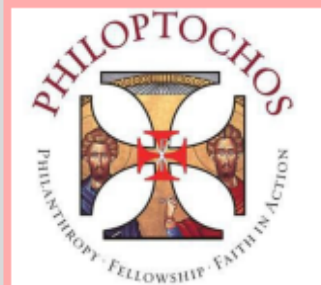
St. Anthony's Philoptochos Stewardship (membership dues). Select amount below:

☐ \$50 ☐ \$75 ☐ \$100 ☐ \$125 ☐ Other

Each \$50 stewardship supports National Philoptochos (\$15), San Francisco Metropolis (\$15) and St. Anthony Philoptochos obligations and projects (\$20). ___ Check ___ Credit Card ___ Cash

I am interested in helping with the following:

___ Feeding the Hungry	___ Hosting Fellowship	___ Marketing
___ Delivering meals to Parishioners in times of need	___ Baking & Cooking	___ Graphic Arts
___ Homebound visitations	___ Fundraising	___ Other Talents
		___ Specify



2022 PHILOPTOCHOS MEMBERSHIP DRIVE

Your continued generosity allows Philoptochos to provide financial assistance and outreach to those in need. We invite you to renew your membership or become a new member as we endeavor to do our philanthropic work. Join us as we strive to fulfill the word of Christ.

".. whatever you did for one of these, the least of my brethren, you did for me" - Matthew 25:30

PLEASE RENEW OR JOIN BY MAIL (Check payable to: Saint Anthony Philoptochos Society)

Mail your check along with this form to:

**Saint Anthony Philoptochos Society, Attention: Membership
778 South Rosemead Boulevard, Pasadena, CA 91107**

or pay online at <https://stanthonypiloptochos.square.site>

Scroll down to "Annual Membership Dues"

For more information or questions, please contact Lisa Xanthos (626) 222-4374 or Helen Skandale (818) 618-4963

VIPs

Christos Anesti !

We had a great turn-out last month for our VIP Meeting - 26 members !!
Following our meeting we enjoyed a delicious pizza lunch and dessert.

We are planning future excursions:

- ♦ Yamavaa San Manuel Casino
- ♦ Los Angeles County Arboretum
- ♦ Descanso Gardens
- ♦ Sierra Madre Playhouse

If you are interested, please join us at our next meeting: **Tuesday, June 14th, 10:30am**
Lunch will be served following the meeting.

For more information, please contact me.

Helen Treantafelles
VIP President
htreantafelles@yahoo.com



Monthly Lesson from Father Stavros Akrotirianakis...

Christos Anesti !

The Lord said to the Jews who had believed in him, *"He who eats my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who eats Me will live because of Me. This is the bread which came down from heaven, not such as the fathers ate and died; he who eats this bread will live forever."* This he said in the synagogue, as he taught at Capernaum. John 6:56-59

At every Divine Liturgy, while the clergy receive Holy Communion and prepare to distribute it to the faithful, a beautiful hymn called "The Communion Hymn" is sung:

Receive the Body of Christ, taste from the immortal fount.

This changes based on the day of the week, the saint of the day, or the season of the year. During the Paschal season, the Communion Hymn is "Receive the Body of Christ," or "Soma Christou" in Greek. It is usually sung several times while the priest prepares to distribute Holy Communion.

We receive the Holy Communion for many reasons. We will highlight two of them.

First, at the Last Supper, Christ instituted the Eucharist, offering to His disciples bread and wine, which He identified as His Body and Blood. Thus, we receive the Eucharist because we obediently follow this commandment of Christ to His disciples.

Secondly, as the Paschal Communion hymn states, when we receive Christ, we "taste from the immortal fount." In other words, we touch Christ, and we touch the immortal and eternal God. If we think about it, it really is amazing that the mortal human being, in the Eucharist, is able to touch the immortal Lord. The creation touches the Creator. The fallen world touches perfection. And in that moment, we become what we cannot be on our own. We become one with the perfect Lord, and in that *moment*, I dare say, we become like Adam before the Fall, perfect, and in perfect oneness with the Lord. Of course, we can approach for Holy Communion with lots of imperfect thoughts running through our heads. And as we turn to walk away from the chalice, our minds immediately return to the cares of life. However, Christ gave us this gift of Himself, so that we can receive Him as a way of sustaining us in this life, until we can be with Him forever in eternal life. And He also gave us Himself in a way that we can handle Him. If Christ walked through the doorway right now, we'd duck and cover. We'd hide from fear. Christ doesn't want us only to fear Him, but to have faith in Him and love for Him. Thus, He gives us Himself in a way that we can handle receiving Him. We can taste the bread and wine, now become His Body and Blood.

Recently, I held up the chalice as I do immediately before I receive Holy Communion. My priest did this when I was growing up and it left an impression on me—to see the chalice raised above the heads of everyone, as a sign of the power of the Lord over everything and everyone. As I lifted the chalice, I had this thought: "This (what is in this cup) is the only perfect thing I have. Everything I have is flawed. I am flawed. The only perfect thing I have, and can have, is this, the Body and Blood of Christ." Thus, I lift the Cup with a sense of awe and also a sense of joy.

Monthly Lesson from Father Stavros Akrotirianakis... continued

I've heard it said that in the Eucharist, ordinary substances of bread and wine become extraordinary as they become the Body and Blood of Christ. And in receiving them, we, the ordinary people, also become extraordinary, as we touch the Lord. Following Holy Communion, we each have a critical choice to make. Do we focus on remaining extraordinary, or is our reaction to the extraordinary a quick return to being ordinary? And the obvious correct answer is, this extraordinary experience should motivate us to be extraordinary in our faith and our practice of it.

It is interesting (and perhaps ironic) to note that most of the Communion Hymns in the Orthodox Church come from the Psalms of the Old Testament, rather than from the New Testament where the New Covenant of the Eucharist is instituted. "Receive the Body of Christ" is actually the only Communion Hymn of the liturgical year that uses the name of Christ.

Entire books have been written on the subject of Holy Communion, and there are many things that can be said regarding how we are to prepare and how often we are to receive. And there is plenty of debate on both. What is not debated is that we are to receive Holy Communion and we are to prepare in order to do it. Some receive frequently with little preparation and some receive rarely and with strict preparation. That is something to discuss with a priest or spiritual father. Some do not receive at all, or receive only very infrequently. I do not believe this is in the spirit of St. Paul's words in I Corinthians 11:26, where he writes: *"For as often as you eat this Bread and drink the Cup, you proclaim the Lord's death until He comes."* I believe the emphasis here is on **'often'**. We receive Christ often in order to proclaim and affirm His death and Resurrection. However, as Saint Paul continues in I Corinthians 11:28, *"Let a man examine himself, and so eat of the Bread and drink of the Cup."* In other words, we must examine our own consciences, and approach with preparation that includes, prayer, reconciliation with others and with the Lord, as well as some level of fasting. No one is ever worthy, or entitled to "taste from the immortal font." Rather, this is a gift from Christ, through the descent of the Holy Spirit, to each of us. And we should receive it with joy, with awe, with respect, with preparation and with some degree of frequency, because in receiving Christ, we have the unique opportunity as fallen people to touch the perfect God, as creatures who will one day pass away to touch the immortal Lord Who has no beginning and no end.

I recently saw a message which said "If you don't want to go to Liturgy, then why would you want to go to heaven?" And we could extend the same question to ask, "If you don't want to receive Christ and taste from the immortal fount, then why would we want to stand in His presence in heaven? Holy Communion is both practice and preparation for us to receive Christ continually, and to become immortal, like the immortal font from which we are receiving Him, and the immortal Lord Whom we are receiving.

Indeed, let us receive the Body of Christ frequently, so that we may touch perfection often, as we make our way through life, towards the place of perfection – Heaven.

What is New in the Community?

St. Anthony Greek Orthodox Church 21st ANNUAL PASADENA GOLF CLASSIC

FRIDAY, JUNE 24, 2022



BROOKSIDE GOLF COURSE, PASADENA

SAVE THE DATE
MAY 5, 2023

www.pasadenagolfclassic.com

What is New in the Community? continued
Congratulations 2022 Graduates !



Andrianna Lareau
Graduated Maranatha High School
Attending Pepperdine University
Parents - Craig Lareau & Tesi Athans-Lareau



Niko Lareau
Graduated San Gabriel Christian School
Attending Maranatha High School
Parents - Craig Lareau & Tesi Athans-Lareau



What is New in the Community? continued
Congratulations 2022 Graduates !



Chris Pappas
Graduated Maranatha High School
Attending University of Oregon
Parents – Dean Pappas & Jennifer Banks



Alexandra Matina Patzakis
Graduated University of Chicago
BA – Sociology
BA – Global Studies
Parents – John and Andrea Patzakis



What is New in the Community? continued

Congratulations 2022 Graduates !



Aphroditi Magaziotis

Graduated University of Riverside
(UCR)

Bachelor's Degree



Sophie Pappas

Graduated Texas Christian University
BS - Food Management with Business
Minor & Certificate - Consultative Sales

Parents - Steve & Christine Pappas



Kat Petrossian

Graduated Flintridge Sacred
Heart Academy

Attending Los Angeles College of Music
Bachelor of Fine Arts Program with
emphasis in Vocal Performance



Ariana Rayne Heslen Saigh

Graduated University of California (UCLA)

BA - Arts & Architecture
Major - Fine Arts (Photography)
Minor - Film, TV & Digital Media

Attending Paris College of Art
Masters Program in Photography



Kyriaki Tsigkounis

Graduated Whittier College
Masters Degree in Education

Parent - Kathy Tsigkounis



Niko Udria

Graduated Charter Oak High School

Parent - Mary Udria



Maria Wojcik

Graduated La Salle
College Prep High School

What is New in the Community? continued



Connecting our Metropolis of San Francisco Graduates to a local Orthodox Church when they leave for College or University.

Do you have a son, daughter, or grandchild graduating from High School who will be leaving home for the first time to attend college, or are they already in college living away from home?

Thousands of our Orthodox youth graduate from High School every year and go away to schools across our country. Our college students are blessed with unprecedented educational opportunities, but, at the same time, they face many difficult challenges in the environment of the college campus. Would you like to keep your loved ones connected to the Church while they study?

If so, please complete the form below. As the Metropolis of San Francisco Youth Director, I would like to make sure that an Orthodox Priest and community near your student's college connects with your loved one.

In addition, many college campuses across the country have an Orthodox Christian Fellowship (OCF) ministry. For more information please visit their website: <http://www.ocf.net/>

Our Metropolis Office of Youth & Young Adult Ministries also offers many opportunities throughout the year for Orthodox young adults & college students to gather, enjoy fellowship, and continue to learn about the faith! There are three Young Adult Retreats, a Young Adult Camping Trip, many Young Adult Pilgrimages, and a Young Adult Christmas Reception!

For more information, please visit our website for the Metropolis Office of Youth & Young Adult Ministries: <http://gosfyouth.org/youngadults/>



With Love in Christ,

Fr. Gary Kyriacou
Greek Orthodox Metropolis of San Francisco
Pastor of Youth & Young Adult Ministries
Email: FrGary@sanfran.goarch.org

Johanna Duterte Carter
Greek Orthodox Metropolis of San Francisco
Director of Youth & Young Adult Ministries
Email: JDuterte@sanfran.goarch.org

What is New in the Community? continued

STUDENT'S CONTACT INFORMATION

Student's Name*

Student's date of birth (Example: June 12, 2003)

Gender

Female

Male

Student's Patron Saint (Saint they were named after at their baptism)

Student's home parish, city, and state.

Student's College (Include the city and state)*

Expected graduation date (Example: May 2025)

Major (area of study)

Student's email*

Student's cell phone

Student's address while at school (Street Name, City, State, Zip)

Do you know which parish your student will attend while at school? If so, please list the parish name, city, and state.

Will the student have a car while at school?

Yes

Maybe

No

Other

YOUR CONTACT INFORMATION

Your Name*

Your relation to the student*

Your home parish, city, and state

Your email*

Your phone number

Your home address (Street Name, City, State, Zip)

What is New in the Community? continued

SAINT SOPHIA CAMP 2022

REGISTRATION NOW OPEN!

Week 1: July 25th-July 29th at
Camp Cedar Lake in Big Bear Lake, CA

Week 2: August 2nd-August 7th at at
Camp Saint Nicholas in Frazier Park, CA

Sign up at www.saintsophiacamp.org

Registration closes on June 15th at 11:59 pm. Any sign-ups
after will be placed on a waitlist.

For more information please contact:

saintsophiacamp@gmail.com

What is New in the Community? continued

Upcoming Church Festivals - 2022

June

Downey 6/4 - 5
 San Diego 6/18 - 19
 Camarillo 6/24 - 26
 Irvine 6/24 - 26

July

Redondo 7/15 - 17

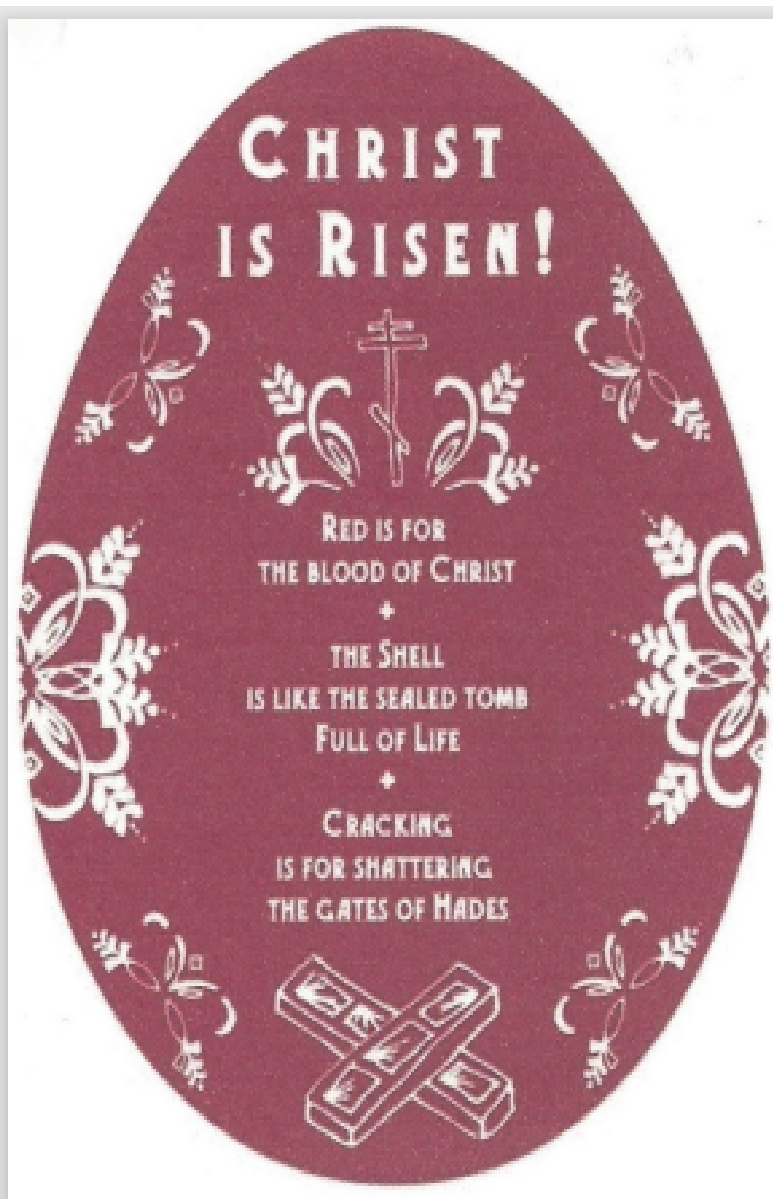


September

Long Beach 9/3 - 5
 Covina 9/17-18
 SanJuanCapo 9/24 - 25

October

Los Angeles 10/1 - 3



Clean Monday	→	Holy Week/Palm Sunday	40 days
Pascha	→	Ascension	40 days
		• Sing/say Christos Anesti	
		• Keep our "Fos" lit	
Ascension	→	Pentecost	10 days
Pascha	→	Pentecost	50 days
		• No kneeling during Liturgy	

What is New in the Community? continued



Miraculous Relics of St. John Maximovitch

Venerate the incorrupt relics of Saint John of Shanghai and San Francisco, who was a prominent 20th-century Orthodox ascetic and hierarch.



Regional Excursions

Visit cool places in the Bay Area--amazing staff and advisors select safe & inspiring areas to explore.



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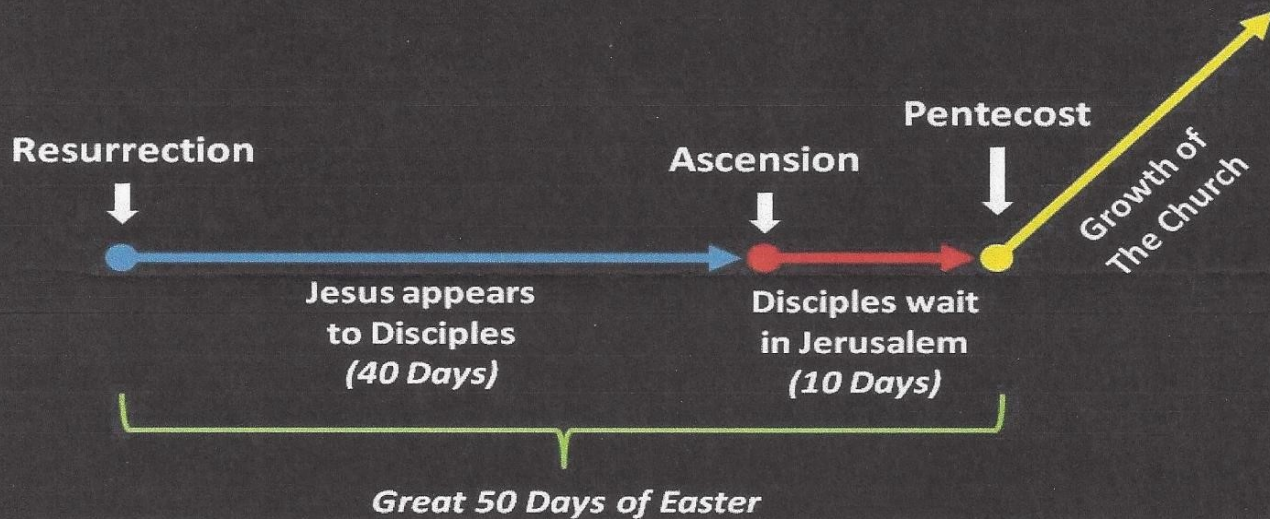
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What is New in the Community? continued

Events After Jesus' Death



The Ascension of Our Lord and Savior Jesus Christ Forty Days after Pascha

"He was lifted up before their eyes in a cloud that took Him from their sight."
(Acts 1:9)

- + Christ is shown ascending in His glory in a mandorla, a round or almond-shaped design that signifies His divinity and glorified state.



- + He is being carried by one angel on either side.

- + With His right hand, Christ gives His blessing as He departs from His beloved people.



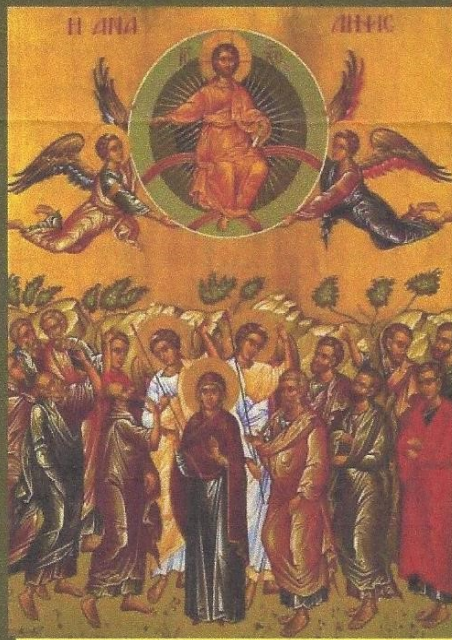
- + We, the Church, receive His blessing in countless ways every day.

- + The icon of the Ascension includes some who did not witness the Ascension.



- + St. Paul is shown to the left of the Theotokos, but we know that at that time, St. Paul did not yet believe in Jesus.

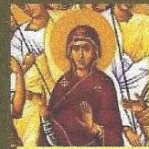
- + We, like St. Paul, are called to participate in Christ's Ascension and experience our own ascension, with our hearts and minds focused on Him.



- + In His left hand is a scroll, symbolizing that He fulfills the Old Testament.
- + A scroll is a symbol of teaching. The icon affirms that Christ is the source of all knowledge.



- + The Theotokos occupies a special place in this icon. She stands out at the center, surrounded by the whiteness of the garments of angels.
- + Her hands are in a gesture of prayer.



- + Her very calm pose is quite different from the appearance of the Disciples, who are moving about, talking to one another and looking and pointing towards heaven.

- + The entire group of people, the Theotokos and the disciples, represent the Church.

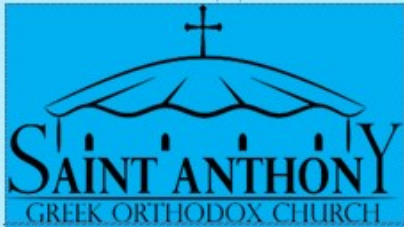


- + Just as their gaze is riveted upon their beloved Christ, so we are called in every Divine Liturgy to "lift up our hearts to the Lord."


What is New in the Community? continued

The Voice of Saint Anthony

January 2022



Reverend Father Peter Stratos, Pastor
 778 S. Rosemead Boulevard
 Pasadena, CA 91107
 (626) 449-6943 Office
 (626) 449-6974 FAX
www.saint-anthonys.org



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Saint Anthony the Great
January 17

Deadline for February Newsletter is Tuesday, 25 January
 Please send to: newsletter_church@aol.com

If you would like the monthly newsletter mailed to your home each month, please contact the Church office.

626.449.6943

Feasts and Saints for this month

Holy Ascension

2 June

The Lord Jesus passed forty days on earth after His Resurrection from the dead, appearing continually in various places to His disciples, with whom He also spoke, ate, and drank, thereby further demonstrating His Resurrection. On this Thursday, the fortieth day after Pascha, He appeared again in Jerusalem. After He had first spoken to the disciples about many things, He gave them His last commandment, that is, that they go forth and proclaim His Name to all nations, beginning from Jerusalem. But He also commanded them that for the present, they were not to depart from Jerusalem, but to wait there together until they receive power from on high, when the Holy Spirit would come upon them.

Saying these things, He led them to the Mount of Olives, and raising His hands, He blessed them; and saying again the words of the Father's blessing, He was parted from them and taken up. Immediately a cloud of light, a proof of His majesty, received Him. Sitting thereon as though on a royal chariot, He was taken up into Heaven, and after a short time was concealed from the sight of the disciples, who remained where they were with their eyes fixed on Him. At this point, two Angels in the form of men in white raiment appeared to them and said, *"Ye men of Galilee, why stand ye gazing up into Heaven? This same Jesus, Who is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven"* (Acts 1:11). These words, in a complete and concise manner, declare what is taught in the Symbol of Faith concerning the Son and Word of God.

Therefore, having so fulfilled all His dispensation for us, our Lord Jesus Christ ascended in glory into Heaven, and sat at the right hand of God the Father. As for His sacred disciples, they returned from the Mount of Olives to Jerusalem, rejoicing because Christ had promised to send them the Holy Spirit.

It should be noted that the Mount of Olives is a Sabbath's day journey from Jerusalem, that is, the distance a Jew was permitted to walk on the day of the Sabbath. Ecumenius writes, *"A Sabbath day's journey is one mile in length, as Clement says in his fifth Stromatis; it is two thousand cubits, as the Interpretation of the Acts states."* They draw this conclusion from the fact that, while they were in the wilderness, the Israelites of old kept within this distance from the Holy Tabernacle, whither they walked on the Sabbath day to worship God.



Feasts and Saints for this month continued

Pentecost

12 June

After the Savior's Ascension into the Heavens, the eleven Apostles and the rest of His disciples, the God-loving women who followed after Him from the beginning, His Mother, the most holy Virgin Mary, and His brethren. All together about 120 souls returned from the Mount of Olives to Jerusalem. Entering into the house where they gathered, they went into the upper room, and there they persevered in prayer and supplication, awaiting the coming of the Holy Spirit, as their Divine Teacher had promised them. In the meanwhile, they chose Matthias, who was elected to take the place of Judas among the Apostles.

Thus, on this day, the seventh Sunday of Pascha, the tenth day after the Ascension and the fiftieth day after Pascha, at the third hour of the day from the rising of the sun, there suddenly came a sound from Heaven, as when a mighty wind blows, and it filled the whole house where the Apostles and the rest with them were gathered. Immediately after the sound, there appeared tongues of fire that divided and rested upon the head of each one. Filled with the Spirit, all those present began speaking not in their native tongue, but in other tongues and dialects, as the Holy Spirit instructed them.

The multitudes that had come together from various places for the feast, most of whom were Jews by race and religion, were called Parthians, Medes, Elamites, and so forth, according to the places where they dwelt. Though they spoke many different tongues, they were present in Jerusalem by divine dispensation. When they heard that sound that came down from Heaven to the place where the disciples of Christ were gathered, all ran together to learn what had taken place. But they were confounded when they came and heard the Apostles speaking in their own tongues. Marveling at this, they said one to another, *"Behold, are not all these which speak Galileans? And how hear we every man in our own tongue, wherein we were born?"* But others, because of their foolishness and excess of evil, mocked the wonder and said that the Apostles were drunken.

Then Peter stood up with the eleven, and raising his voice, spoke to all the people, proving that that which had taken place was not drunkenness, but the fulfillment of God's promise that had been spoken by the Prophet Joel: *"And it shall come to pass in the last days, that I shall pour out of My Spirit upon all flesh, and your sons and daughters shall prophesy"* (Joel 2:28), and he preached Jesus of Nazareth unto them, proving in many ways that He is Christ the Lord, Whom the Jews crucified but God raised from the dead.



Feasts and Saints for this month continued

Pentecost—continued

On hearing Peter's teaching, many were smitten with compunction and received the word. Thus, they were baptized, and on that day about three thousand souls were added to the Faith of Christ.

Such, therefore, are the reasons for today's feast: the coming of the All-holy Spirit into the world, the completion of the Lord Jesus Christ's promise, and the fulfillment of the hope of the sacred disciples, which we celebrate today. On this last, and great, and saving day of Pentecost, the Apostles of the Savior, who were unlearned fishermen, made wise now of a sudden by the Holy Spirit, clearly and with divine authority spoke the heavenly doctrines. They became heralds of the truth and teachers of the whole world. They were ordained and began their apostleship, of which the salvation of those 3000 souls in one day was the comely and marvelous first fruit.

Some erroneously hold that Pentecost is the "birthday of the Church." But this is not true, for the teaching of the holy Fathers is that the Church existed before all other things. Saint Gregory the Theologian speaks of "the Church of Christ ... both before Christ and after Christ". Saint Epiphanius of Cyprus writes, "The Catholic Church, which exists from the ages, is revealed most clearly in the incarnate advent of Christ" . Saint John Damascene observes, "The Holy Catholic Church of God, therefore, is the assembly of the holy Fathers, Patriarchs, Prophets, Apostles, Evangelists, and Martyrs who have been from the very beginning, to whom were added all the nations who believed with one accord" . According to Saint Gregory the Theologian, "The Prophets established the Church, the Apostles conjoined it, and the Evangelists set it in order". The Church existed from the creation of the Angels, for the Angels came into existence before the creation of the world, and they have always been members of the Church. Saint Clement, Bishop of Rome, says in his second epistle to the Corinthians, the Church *"was created before the sun and moon"*; and a little further on, *"The Church existeth not now for the first time, but hath been from the beginning"* (II Cor. 14).

That which came to pass at Pentecost, then, was the ordination of the Apostles, the commencement of the apostolic preaching to the nations, and the inauguration of the priesthood of the new Israel. Saint Cyril of Alexandria says that "Our Lord Jesus Christ herein ordained the instructors and teachers of the world and the stewards of His divine Mysteries ... showing together with the dignity of Apostleship, the incomparable glory of the authority given them ... Revealing them to be splendid with the great dignity of the Apostleship and showing them forth as both stewards and priests of the divine altars . . . they became fit to initiate others through the enlightening guidance of the Holy Spirit". Therefore, together with the baptism of the Holy Spirit which came upon them who were present in the upper chamber, which the Lord had foretold as recorded in the Acts, "ye shall be baptized with the Holy Spirit not many days hence" (Acts 1:5), the Apostles were also appointed and raised to the high priestly rank, according to Saint John Chrysostom . On this day commenced the celebration of the Holy Eucharist by which we become "partakers of the Divine Nature" (II Peter 1:4). For before Pentecost, it is said of the Apostles and disciples only that they abode in "prayer and supplication" (Acts 1:14); it is only after the coming of the Holy Spirit that they persevered in the "breaking of bread, "that is, the communion of the Holy Mysteries—"and in prayer" (Acts 2:42).

The feast of holy Pentecost, therefore, determined the beginning of the priesthood of grace, not the beginning of the Church. All foods allowed during the week following Pentecost.

Feasts and Saints for this month continued

Day of the Holy Spirit

13 June

As it is the custom of the Church, on the day after every great Feast, to honor those through whom it came to pass our Lady on the day after the Lord's Nativity, Joachim and Anna after our Lady's Nativity, the holy Baptist the day after Theophany, and so forth, on this day we honor our God the All-Holy Spirit, the Comforter promised by our Savior to His disciples (John 14:16), Who descended upon them at holy Pentecost and guided them "into all truth" and through them, us.

Rest from labor.



Nativity of Saint John the Baptist

Elizabeth, mother of the Forerunner

24 June

He that was greater than all who are born of women, the Prophet who received God's testimony that he surpassed all the Prophets, was born of the aged and barren Elizabeth (Luke 1: 7) and filled all his kinsmen, and those that lived round about, with gladness and wonder. But even more wondrous was that which followed on the eighth day when he was circumcised, that is, the day on which a male child receives his name. Those present called him Zacharias, the name of his father. But the mother said, "Not so, but he shall be called John." Since the child's father was unable to speak, he was asked, by means of a sign, to indicate the child's name. He then asked for a tablet and wrote, "His name is John." And immediately Zacharias' mouth was opened, his tongue was loosed from its silence of nine months, and filled with the Holy Spirit, he blessed the God of Israel, Who had fulfilled the promises made to their fathers, and had visited them that were sitting in darkness and the shadow of death, and had sent to them the light of salvation. Zacharias prophesied concerning the child also, saying that he would be a Prophet of the Most High and Forerunner of Jesus Christ. And the child John, who was filled with grace, grew and waxed strong in the Spirit; and he was in the wilderness until the day of his showing to Israel (Luke 1:57-80).



His name is a variation of the Hebrew "Johanan," which means "Yah is gracious."

Feasts and Saints for this month continued

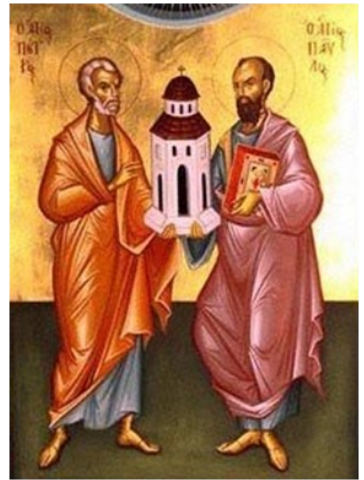
Peter & Paul, Holy Apostles

29 June

The divinely-blessed **Peter** was from Bethsaida of Galilee. He was the son of Jonas and the brother of Andrew the First-called. He was a fisherman by trade, unlearned and poor, and was called Simon; later he was renamed Peter by the Lord Jesus Christ Himself, Who looked at him and said, *"Thou art Simon the son of Jonas; thou shalt be called Cephas (which is by Interpretation, Peter)"* (John 1:42). On being raised by the Lord to the dignity of an Apostle and becoming inseparable from Him as His zealous disciple, he followed Him from the beginning of His preaching of salvation up until the very Passion, when, in the court of Caiaphas the high priest, he denied Him thrice because of his fear of the Jews and of the danger at hand. But again, after many bitter tears, he received complete forgiveness of his transgression. After the Resurrection of Christ and the descent of the Holy Spirit, he preached in Judea, Antioch, and certain parts of Asia, and finally came to Rome, where he was crucified upside down by Nero, and thus he ascended to the eternal habitations about the year 66 or 68, leaving two Catholic (General) Epistles to the Church of Christ.

Paul, the chosen vessel of Christ, the glory of the Church, the Apostle of the Nations and teacher of the whole world, was a Jew by race, of the tribe of Benjamin, having Tarsus as his homeland. He was a Roman citizen, fluent in the Greek language, an expert in knowledge of the Law, a Pharisee, born of a Pharisee, and a disciple of Gamaliel, a Pharisee and notable teacher of the Law in Jerusalem. For this cause, from the beginning, Paul was a most fervent zealot for the traditions of the Jews and a great persecutor of the Church of Christ; at that time, his name was Saul (Acts 22:3-4). In his great passion of rage and fury against the disciples of the Lord, he went to Damascus bearing letters of introduction from the high priest. His intention was to bring the disciples of Christ back to Jerusalem in bonds. As he was approaching Damascus, about midday there suddenly shone upon him a light from Heaven. Falling on the earth, he heard a voice saying to him, "Saul, Saul, why persecutest thou Me?" And he asked, "Who art Thou, Lord?" And the Lord said, *"I am Jesus Whom thou persecutest; it is hard for thee to kick against the pricks."*

And that heavenly voice and brilliance made him tremble, and he was blinded for a time. He was led by the hand into the city, and on account of a divine revelation to the Apostle Ananias, he was baptized by him, and both his bodily and spiritual eyes were opened to the knowledge of the Sun of Righteousness.



Feasts and Saints for this month continued

Peter & Paul—continued

And straightway— O wondrous transformation! – beyond all expectation, he spoke with boldness in the synagogues, proclaiming that *"Christ is the Son of God"* (Acts 9:1-21). As for his zeal in preaching the Gospel after these things had come to pass, as for his un-abating labors and afflictions of diverse kinds, the wounds, the prisons, the bonds, the beatings, the stoning, the shipwrecks, the journeys, the perils on land, on sea, in cities, in wildernesses, the continual vigils, the daily fasting, the hunger, the thirst, the nakedness, and all those other things that he endured for the Name of Christ, and which he underwent before nations and kings and the Israelites, and above all, his care for all the churches, his fiery longing for the salvation of all, whereby he became all things to all men, that he might save them all if possible, and because of which, with his heart aflame, he continuously traveled throughout all parts, visiting them all, and like a bird of heaven flying from Asia and Europe, the West and East, neither staying nor abiding in any one place – all these things are related incident by incident in the Book of the Acts, and as he himself tells them in his Epistles.

His Epistles, being fourteen in number, are explained in 250 homilies by the divine Chrysostom and make manifest the loftiness of his thoughts, the abundance of the revelations made to him, the wisdom given to him from God, wherewith he brings together in a wondrous manner the Old with the New Testaments, and expounds the mysteries thereof which had been concealed under types; he confirms the doctrines of the Faith, expounds the ethical teaching of the Gospel, and demonstrates with exactness the duties incumbent upon every rank, age, and order of man. In all these things his teaching proved to be a spiritual trumpet, and his speech was seen to be more radiant than the sun, and by these means he clearly sounded forth the word of truth and illumined the ends of the world.

Having completed the work of his ministry, he likewise ended his life in martyrdom when he was beheaded in Rome during the reign of Nero, at the same time, some say, when Peter was crucified.

Synaxis of 12 Apostles



















30 June

The names of the Twelve Apostles are these: Simon, who was called Peter, and his brother Andrew, the First-called; James the son of Zebedee, and his brother John, who was also the Evangelist and Theologian; Philip, and Bartholomew; Thomas, and Matthew the publican, who was also called Levi and was an Evangelist; James the son of Alphaeus, and Jude (also called Lebbaeus, and surnamed Thaddaeus), the brother of James, the Brother of God; Simon the Cananite ("the Zealot"), and Matthias, who was elected to fill the place of Judas the traitor.



Orthodox Calendar

June 2022

SUN	MON	TUE	WED	THU	FRI	SAT
			 1 7pm Union Station Philoptochos Outreach	2 Holy Ascension	 3	4
5 Sunday of Fathers of the 1st Council 8:45am Orthros 10am Divine Liturgy 11am Sunday School 1pm Greek Dance Indoor & Live-stream	6	7	 8 7pm Philoptochos Board Meeting	9	 10 5pm Greek Dance Festival	11 Saturday of the Souls 9am Orthros 10am Divine Liturgy
12 Sunday of Pentecost 8:45am Orthros 10am Divine Liturgy 11am Sunday School Indoor & Live-stream	13 Monday of the Holy Spirit	14 7pm Parish Council Meeting	15	16	17	18
19 Sunday of All Saints 8:45am Orthros 10am Divine Liturgy 11am Sunday School Indoor & Live-stream	 20 Apostles Fast Begins	 21	 22 7pm Philoptochos General Meeting	 23	 24 Nativity of John the Baptist Elizabeth, mother of the Forerunner	 25
 26 2nd Sunday of Matthew 8:45am Orthros 10am Divine Liturgy 11am Sunday School Indoor & Live-stream	 27	 28	 29 Apostles Peter and Paul 9am Orthros 10am Divine Liturgy Apostles Fast Ends	30 Synaxis of the Holy Apostles		
		Strict Fast Refrain from Meat, Fish, Wine, Oil, Dairy & Eggs 	Fish, Wine & Oil Allowed 	Wine and Oil Allowed 	Dairy, Eggs, & Fish Allowed; Refrain from Meat 	Fast Free

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TIME SENSITIVE

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To generations of our descendants yet unknown to you, who some day in the dim and distant future will read this account of the dramatic history of the Hellenic community, we who have written this account not only on paper, but in the blood, sweat and tears of our daily lives make this statement:

We have built this community with its hopes and its fears, and its land and its buildings because we believe, as did our forefathers, in the soul's immortality, and its eventual union with God.

We believe that whether or not we have amassed a great deal of personal wealth or fame, it matters little, since we could not take that with us. What does matter is how we have discharged our obligation to pass on to you the faith and ideals that have sustained us through our lives... and we venture the hope that as you read these lines, you may breathe a prayer that what we have done here may have found favor in the eyes of God.

faith
does not
make things easy
it makes them
POSSible
luke 1:37