



*Rev. Father Peter Stratos, Pastor*

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

*For pastoral emergencies only please call 626-855-3640*

**DECEMBER 5, 2021**  
**10<sup>TH</sup> SUNDAY OF LUKE**

*Savas the Sanctified*  
*Martyr Diogenes*

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**

**SUNDAY SERVICES ARE OFFERED INDOORS**

Los Angeles County is reimplementing its masks mandate indoors Regardless of Vaccination Status.

**Everyone MUST WEAR a mask to attend Divine Services.**

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**

**(CLICK THE LINKS BELOW):**

[SAINT-ANTHONYS.ORG/LIVESTREAM](http://SAINT-ANTHONYS.ORG/LIVESTREAM)

[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)

[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA)

**RESURRECTION AL APOLYTIKION. GRAVE MODE.** (*BEFORE ENTRANCE*)

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας· ὅτι ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

**RESURRECTION AL APOLYTIKION. GRAVE MODE.** (*AFTER ENTRANCE*)

By means of Your Cross, O Lord, You abolished death. To the robber You opened Paradise. The lamentation of the myrrh-bearing women You transformed, and You gave Your Apostles the order to proclaim to all that You had risen, O Christ our God, and granted the world Your great mercy.

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**FOR THE DEVOUT MAN. MODE PL. 4.**

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Savas, our devout father. Intercede with Christ our God, for the salvation of our souls.

Ταῖς τῶν δακρῶν σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γεγονόςας φωστὴρ τῇ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Σάββα πατὴρ ἡμῶν ὅσιε. πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4***

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γεγονός οἰκιστής, καί τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

***KONTAKION. MODE 3.***

On this day the Virgin Maid \* goes to the grotto to give birth \* to the pre-eternal Word \* in an ineffable manner. \* Dance for joy, all the inhabited earth, on hearing. \* Glorify along with Angels and with the shepherds \* Him who willed that He appear as \* a newborn Child, \* the pre-eternal God.

Ἡ Παρθένος σήμερον, τὸν προαιώνιον Λόγον, ἐν Σπηλαίῳ ἔρχεται, ἀποτεκεῖν ἀπορρήτως. Χόρευε ἡ οἰκουμένη ἀκουτισθεῖσα, δόξασον μετὰ Ἀγγέλων καὶ τῶν Ποιμένων, βουληθέντα ἐποφθῆναι, Παιδίον νέον, τὸν πρὸ αἰώνων Θεόν.

## *EPISTLE READING*

### **SABBAS THE SANCTIFIED**

**St. Paul's Letter to the Galatians 5:22-26; 6:1-2**

**Prokeimenon. Grave Mode.**

**Psalm 149.5,1**

*The saints shall rejoice in glory.  
Verse: Sing to the Lord a new song.*

The reading is from St. Paul's Letter to the Galatians 5:22-26; 6:1-2

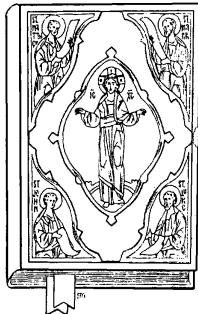
Brethren, the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit. Let us have no self-conceit, no provoking of one another, no envy of one another. Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. Bear one another's burdens, and so fulfill the law of Christ.

## *GOSPEL READING*

### **10<sup>TH</sup> SUNDAY OF LUKE**

#### **The Gospel According to Luke 13:10-17**

At that time, Jesus was teaching in one of the synagogues on the sabbath. And there was a woman who had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the sabbath day." Then the Lord answered him, "You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the sabbath day?" As he said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him.



## *METROPOLIS ANNOUNCEMENTS*

### **Stay Connected to the Metropolis**

Text SFNEWS to 22828 and subscribe to the E-News from the Metropolis of San Francisco. Stay connected to the latest ministry information from the Metropolis. Sign up today!

### **Faith Forward**

Join the Metropolis of San Francisco as a Faith Forward steward and support the ongoing development of our ministries and programs that positively impact our parishes and faithful. Because of our Faith Forward stewards we have accomplished so much. Faith Forward can help us achieve even more. Donate today! Text **FAITH** to **877-403-1691**. Thank you!

### **Light the Path to Support Our HCHC Students**

Join the Metropolis of San Francisco Philoptochos on Saturday, December 11 from 11:00 a.m. – 12:30 p.m. PST for a virtual “Light the Path” event to support the Bishop Anthony Philoptochos Student Aid Endowment Fund. This inspiring event will include presentations from the HCHC students from our Metropolis, along with uplifting Christmas entertainment to get you in the spirit of the season. [Support Light the Path](#) today, and [register online](#) to attend.

### **Christmas "Unwrapped"**

The Nativity Fast has just begun so it is time to prepare for Christmas. Shopping? Tree Decorating? How about “Christmas Unwrapped!” The Metropolis Christian Education Ministry is offering this three-part series that includes the theology, history and traditions of the Christmas season, led by Rev. Father Angelo Maginas, Assistant Priest at Saints Constantine and Helen Church in Cardiff by the Sea, CA. Sessions will be held on Mondays – November 29, December 6 and December 13, from 7:30 – 8:30 p.m. PST. [Register online!](#)

### **Applications Now Being Accepted for CrossRoad Summer 2022**

CrossRoad is an engaging 10-day program for Orthodox Christian high school juniors and seniors of all jurisdictions, held every summer and provides an opportunity to “explore their faith like never before.”. This year’s locations include: Hellenic College Holy Cross in Boston, MA, North Park University in Chicago, IL. and San Francisco State in San Francisco, CA! which invites high school juniors and seniors Apply today at: [www.crossroadinstitute.org](http://www.crossroadinstitute.org).

## PARISH ANNOUNCEMENTS

### **Divine Services for the month of December**

*(saint-anthonys.org/calendar):*

**Monday, Dec. 6** – Services for St. Nicholas at Chapel in Rose Hills Memorial Park  
*(Orthros 9:00am, Liturgy 10:00am)*

**Friday, Dec. 24** -THE NATIVITY OF OUR LORD *(Orthros 3:00pm, Divine Liturgy of St. John Chrysostom 4:00pm)* Reception will follow, hosted by St. Anthony Philoptochos

**Sunday, Dec. 26** - SUNDAY AFTER NATIVITY *(Orthros 8:45am, Liturgy 10:00am)*

### **Today - SPECIAL General Assembly (12 noon).**

Topic to be discussed: Securing Our Community's Financial Future.

For more details of the proposal being presented, please refer to the preview letter written to the community dated September 13 by Parish Council President Joe Akrotirianakis.

**Parish Council Elections Today after Divine Liturgy** in the ballroom.

**St Anthony's annual community Christmas card**, this beautiful Nativity card is being made available to the entire community, as it has always been in the past. Please complete the form that is available in the Narthex or the ballroom and give it to Alma.

**Forms must be in the Church office by December 6.**

**SUNDAY SCHOOL:** Our Christmas pageant will be held in church following Divine Liturgy on Sunday December 19<sup>th</sup>.

Thanks to Jenni Pulos for planning and coordinating a special pageant for our families and parishioners to enjoy. In order to prepare, we ask that students attend practices following Sunday School on December 5<sup>th</sup> and 12<sup>th</sup> from 12:00 – 1:00 pm. Sunday School teachers will walk their students to the outdoor yard area where they will have pizza and then promptly begin practice. Parents can pick up their children at 1:00 pm.

On the day of the pageant, students need to plan on being in church and quickly report to parish center immediately following communion. Teachers and volunteers will have a short amount of time to distribute costumes, get everyone in order, and return to the church for the pageant.

## PARISH ANNOUNCEMENTS

Sunday School will be hosting a Lenten-friendly festive coffee hour following the pageant. A sign up form will be going out for donations and volunteer opportunities. For planning purposes, please fill out the Google Form letting us know whether or not your child will be attending and participating on Sunday, December 19<sup>th</sup>. Your children participating in the pageant will undoubtedly spread Christmas joy to our beloved parish during this blessed season of the Nativity of our Lord Jesus Christ.

Please contact Jenni Pulos ([jennipulos@me.com](mailto:jennipulos@me.com)) or Sophia Syrengelas ([sophiajammie@gmail.com](mailto:sophiajammie@gmail.com)) with any questions.

Google Form for RSVP:

<https://forms.gle/Q3VhLgJfg417oLV86>

**GOYA BASKETBALL 2022** Plans are underway for the 2022 GOYA Basketball season! The games will begin Sunday, February 27<sup>th</sup>! Please email us as soon as possible to let us know if your children will be playing. Girls ages 12-21 and Boys ages 12-19. We need to know how many teams we will have so gyms can be reserved for games and practices. We also need parents to get involved and help with finding gyms, keeping track of the uniforms and scorekeeping at the games.

Please contact Pana Gelt [pgelt3@gmail.com](mailto:pgelt3@gmail.com) or Patricia Paziouros [ppaziouros@yahoo.com](mailto:ppaziouros@yahoo.com) to let us know your children will be playing! We're looking forward to seeing all of you again! Go St. Anthony!!!

**GOYA Toy Drive** Help children in need by donating a new unwrapped gifts at Church on December 19<sup>th</sup>.

## PHILOPTOCHOS ANNOUNCEMENTS

**Santa's Kitchen Pre-Order Pickup** - Reminder to pickup your Santa's Kitchen pre-orders (except Vasilopita) on Sunday, December 5 from 12:00 PM to 3:00 PM. Vasilopita orders will be ready for pickup on Sunday, December 19 from 12:00 PM to 3:00 PM.



## *PHILOPTOCHOS ANNOUNCEMENTS*

**Bring joy to a child for Christmas!** Philoptochos is once again participating in the Friends In Deed "Christmas For The Kids" gift-giving event for underprivileged children in our community. Please stop by our Christmas tree and pick the name of a child. Gifts must be returned by December 14th. For more information, contact Liz Skandale at 626-695-3423 or Stephanie Soewers at 818-209-5026.

**Christmas Eve Fellowship with Cookies and Cider** - Friday, December 24 following Divine Liturgy in the church hall. Bring a platter of your favorite Christmas Cookies to share. Cider will be provided.

**Weekly Parish Coffee Hour** starting back up in 2022 - we are looking for individuals/families to host weekly coffee hours after liturgy. Please look for the signup poster in the hall or foyer.

**Vasilopita Celebration** - Sunday, January 9. Philoptochos will host the Vasilopita Celebration in the church hall following Divine Liturgy.

### **Upcoming Philoptochos Meetings:**

- December Board Meeting - Wednesday, December 8 at 7:00 PM in church hall
- Philoptochos Member and Guest Christmas Party - Wednesday, December 15 at 6:00 PM in Trinity Ballroom. Details to come.
- There will be no December General Meeting.

### **Upcoming Metropolis Events**

LIGHT THE PATH, a virtual celebration, will be held on Saturday, December 11, 2021 at 11:00 AM. This important and inspiring event will support Philoptochos's Bishop Anthony Student Aid Endowment Fund, which provides assistance to students and seminarians enrolled at Hellenic College and Holy Cross Greek Orthodox School of Theology as well as their families. Go to <https://donate.onecause.com/light-the-path-2021> for more details and to register in advance to receive your Zoom login information.

## SAVAS THE SANCTIFIED (December 5, 2021)

This Saint was born in 439 in Moutalaska, a small village of Cappadocia. He entered the arena of the monastic life from childhood and was under that master trainer of monastics, Euthymius, the Great, the teacher of the desert. He became the spiritual Father of many monks and an instructor for the monasteries in Palestine, and was appointed leader (archimandrite) of the desert-dwellers of Palestine by the Patriarch of Jerusalem. In his old age he went to Constantinople, to the Emperors Anastasius and Saint Justinian the Great, in behalf of the Orthodox Faith and the dogmas of the Council of Chalcedon. Having lived ninety-four years, he reposed in 533. The Typicon for the ecclesiastical services had its beginning in the monastery established by this righteous one.



### WELCOME!



**We hope you enjoy your time with us today and  
that your worship experience is inspirational and uplifting.**

Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or [office@saint-anthonys.org](mailto:office@saint-anthonys.org) to receive more information about our parish or the Orthodox Christian faith.