

Rev. Father Peter Stratos, Pastor

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

# JULY 25, $2021 - 5^{TH}$ SUNDAY OF MATTHEW

Dormition of Anna, mother of Theotokos Olympias the Deaconess

ORTHROS ~ 8:45 A.M.
(ORTHROS SERVICE TEXT CLICK HERE)

DIVINE LITURGY ~ 10:00 A.M.
(LITURGY SERVICE TEXT CLICK HERE)

### SUNDAY SERVICES ARE OFFERED INDOORS

Los Angeles County is reimplementing its masks mandate indoors Regardless of Vaccination Status.

**Everyone MUST WEAR a mask** to attend Divine Services.

# WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM (CLICK THE LINKS BELOW):

SAINT-ANTHONYS.ORG/LIVESTREAM
FACEBOOK.COM/STANTHONYSPASADENA
YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

# **Upcoming Divine Services:** (saint-anthonys.org/calendar):

Monday, August 2<sup>nd</sup> – Small Paraklesis (6:00pm)

Wednesday, August 4<sup>th</sup> - Small Paraklesis (6:00pm)

Friday, August 6<sup>th</sup> – Holy Transfiguration (*Orthros 9:00am, Liturgy 10:00am*)

Monday, August 9<sup>th</sup> – Small Paraklesis (6:00pm)

Wednesday, August 11<sup>th</sup> - Small Paraklesis (6:00pm)

Friday, August 13<sup>th</sup> - Small Paraklesis (6:00pm)

Saturday, August 14<sup>th</sup> – Great Vespers of Dormition IN LONG BEACH (7:00pm)

**Sunday**, August 15<sup>th</sup> – Dormition of the Theotokos (*Orthros 8:45am*, *Liturgy 10:00am*)

Friday, Aug. 27<sup>th</sup> – Phanourios the Great ( *Liturgy only 9:00am*) BRING YOUR PHANOUROPITA

**Sunday**, August 29<sup>th</sup> – Beheading of John the Baptist (*Orthros 9:00am*, *Liturgy 10:00am*)

### HYMNS OF THE DAY

# **RESURRECTIONAL APOLYTIKION. MODE 4.** (BEFORE ENTRANCE)

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Τὸ φαιδρὸν τῆς ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἁγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀποὀρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

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#### FOR THE HOLY WOMAN. MODE 4.

You carried within your womb her who was pregnant with Life, \* the Mother of God, O godlyminded Anna; and thus \* to heaven were you today \* transported with great rejoicing, where those who feast dwell in glory. \* You pray for the forgiveness of offenses for the faithful \* who honor you with longing, O everblessed one.

Ζωὴν τὴν κυήσασαν, ἐκυοφόρησας, ἀγνὴν Θεομήτορα, θεόφρον Ἄννα διὸ πρὸς λῆξιν οὐράνιον, ἔνθα εὐφραινομένων, κατοικία ἐν δόξῃ, χαίρουσα νῦν μετέστης, τοῖς τιμῶσί σε πόθῳ, πταισμάτων αἰτουμένη, ἱλασμὸν ἀειμακάριστε.

### HYMNS OF THE DAY

#### APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῆ εὐθείαις ταῖς τρίβοις ἑπόμενος, Πάτερ ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τήν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

#### KONTAKHON. MODE 2.

Today we observe the memory of Christ's forebears, \* and also we pray that we might receive their aid, \* so that all of us may be freed from tribulations, as we cry aloud, \* "Be with us, O Lord our God, \* who glorified them as You were pleased to do.

Προγόνων Χριστοῦ, τὴν μνήμην ἑορτάζομεν, τὴν τούτων πιστῶς, αἰτούμενοι βοήθειαν, τοῦ ῥυσθῆναι ἄπαντας, ἀπὸ πάσης θλίψεως, τοὺς κραυγάζοντας ὁ Θεὸς γενοῦ μεθ' ἡμῶν, ὁ τούτους δοξάσας ὡς ηὐδόκησας.

### SCRIPTURE READINGS OF THE DAY

# EPISTLE READING

Dormition of St. Anna, mother of the Theotokos
The reading is from St. Paul's Letter to the Galatians 4:22-27

Prokeimenon. Mode 4. Psalm 67.35,26

God is wonderful among his saints. Verse: Bless God in the congregations.

Brethren, Abraham had two sons, one by a slave and one by a free woman. But the son of the slave was born according to the flesh, the son of the free woman through promise. Now this is an allegory: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. But the Jerusalem above is free, and she is our mother. For it is written, "Rejoice, O barren one who does not bear; break forth and shout, you who are not in travail; for the children of the desolate one are many more than the children of her that is married."

# GOSPEL READING

# 5 th. Sunday of Matthew The Gospel According to Matthew 8:28-34; 9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met him, coming out of the tombs, so fierce that no one would pass that way. And behold, they cried out, "What have you to do with us, O Son of God? Have you come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged him, "If you cast us out, send us away into the herd of swine." And he said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw him, they begged him to leave their neighborhood. And getting into a boat he crossed over and came to his own city.



# **Prison Ministry Awareness Sunday**

Today – Sunday, July 25 – has been declared Prison Ministry Awareness Sunday by the Assembly of Canonical Orthodox Bishops. As the national prison ministry for the Orthodox church, the Orthodox Christian Prison Ministry (OCPM) introduces prisoners to the fullness of the Orthodox faith and helps Orthodox Christians who have been convicted of crimes return to the Church to find healing and reconciliation. Visit <a href="https://www.theocpm.org">www.theocpm.org</a> for more information or send your donation payable to OCPM, 276 5<sup>th</sup> Avenue, Suite 704-3183, New York, NY 10001.

### Ready. Set. EXCLAIM!

Are you ready to Exclaim your faith? Then the Young Adult League (YAL) Conference over Labor Day Weekend 2021 in Phoenix, AZ is where you need to be! Conference attendees will enjoy a weekend of events, workshops, worship and relaxation from September 2 – 6, 2021 at the JW Marriott Desert Ridge Resort and Spa in Phoenix, AZ. Highlights of the weekend include engaging workshops, daily worship, dances, a Grand Banquet, and a special western-themed event "YeeHaw YAL". *Registration has already exceeded 500 young adults from across the Archdiocese and we expect this event to be a sell-out!* Register soon before it sells out! Visit www.sanfran.goarch.org/YAL for more registration and hotel details.

# <u>Stewardship Town Hall – Fostering Community Outreach</u> <u>and Evangelism</u>

On Monday, July 26 at 6:30 p.m., the Metropolis of San Francisco Stewardship Ministry invites you to a special presentation on "Fostering Community Outreach and Evangelism", led by Rev. Father John Kocolas (Nativity of Christ – Novato, CA), and Thomaida Hudanish (Metropolis Director of Missions and Evangelism). If we want to grow our parishes and stewardship, we need to be more attentive to how we engage with the greater community through charitable works. Learn how we can extend our hands and hearts and demonstrate the love of Christ through our actions. Register here or visit www.sanfran.goarch.org for more information.

### **Welcome Back to Saint Nicholas Ranch**

After a long hiatus, the doors of Saint Nicholas Ranch and Retreat Center are opening again! Though there are still restrictions for in-person gatherings, the Board of Saint Nicholas Ranch is now permitting small groups with limited occupancy. If your family would like to visit the Ranch, or if your parish would like to offer a small retreat, please contact Ranch Executive Director Michael Pappas, <a href="mailto:info@stnicholasranch.org">info@stnicholasranch.org</a> or call 559-338-2103.

# **Help Our Graduates Stay Connected to the Church**

Thousands of our Orthodox youth graduate from High School and go away to schools across our country. While blessed with unprecedented educational opportunities, at the same time, many face difficult challenges in the environment of the college campus. The Greek Orthodox Metropolis of San Francisco wants to help maintain their connection to the Church! Complete the Online Form or visit <a href="www.gosfyouth.org">www.gosfyouth.org</a>. The Metropolis will make sure that an Orthodox Priest and community near your student's college connects with your loved one.

# **Music Scholarships Available**

The Greek Orthodox Metropolis of San Francisco Church Music Federation Ministry is pleased to once again offer eight (8) Frank Desby and Xenia Anton Desby Memorial Music Scholarships of up to \$500 each for Metropolis church musicians in 2021. Funds can be used to obtain education and training in singing, chanting, and conducting. Applications and information can be found online at <a href="www.sfchurchmusic.org">www.sfchurchmusic.org</a>. Deadline: August 15, 2021. For more information, please contact: <a href="sfchurchmusic@sanfran.goarch.org">sfchurchmusic@sanfran.goarch.org</a>.

# FDF Is Coming Back!

Save the date for the Folk Dance and Choral Festival to be held in-person from February 17-21, 2022 (Presidents' Day Weekend). The FDF team intends to run the weekend event in its traditional format, while acknowledging that flexibility and on-site arrangements may need to adjusted based on any CDC or state guideline updates. Stay tuned for more news about FDF 2022 in the coming weeks!

#### PARISH ANNOUNCEMENTS

#### BACK TO SCHOOL DRIVE

Please help Foothill Unity Center reach its goal of providing 2,000 students of low income families with backpacks and supplies for the upcoming school year.

St. Anthony's Philoptochos will be collecting these items during the month of July and delivering them to the Center. On 7/25 and 8/1, you may drop off your donations at the table with a bin set up outside of church.

The bin will also be in the church office during the week; however, call the office first before dropping off. Cash donations also accepted. Any questions, please contact Jennifer (818) 515-1867, jenniferwebster@me.com or Nicolette (626) 808-8902, nfuerst2018@gmail.com.

#### SUPPLIES NEEDED

- Brand New Back Packs (NO blue or red)
- Calculators Basic or Scientific
- Colored Pencils and Markers and Crayons (24-pack)
- Composition Books (College and wide-ruled)
- Erasers (pencil top and regular)
- Filler Paper (College and wide-ruled, 150 sheets)
- Folders (2 Pocket or 3-prong) and Binders
- Glue Bottle (Water-soluble) or Glue Sticks
- Highlighters and Post-It Notes
- Pencil Boxes and Pouches
- Pencil (Mechanical, 0.5 mm, bundles of 3)
- Pencils (Standard, bundles) and Sharpeners
- Pens (Black or blue ink, bundles)
- Scissors (5" blunt or pointed)
- Spiral Notebooks (College or wide-ruled)

### Renew Philoptochos Membership Now

We invite you to renew your membership or join us as a new member! Our Panagia Chapter has been contributing to our community on a local, national and international basis for more than 65 years. To renew/register online, go to <a href="https://www.stanthonyphiloptochos.square.site">www.stanthonyphiloptochos.square.site</a>. Scroll down to "Annual Membership Dues". For more information, please contact one of our membership chairpersons, Lisa Xanthos or Helen Skandale