



*Rev. Father Peter Stratos, Pastor*

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*Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)*

*For pastoral emergencies only please call 626-855-3640*

## **JULY 18, 2021 – SUNDAY OF THE HOLY FATHERS**

*Emilianos of Bulgaria  
Paul, Thea and Oulalentine*

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**

## **SUNDAY SERVICES ARE OFFERED INDOORS**

Los Angeles County is reimplementing its masks mandate indoors

Regardless of Vaccination Status.

**Everyone MUST WEAR a mask  
to attend Divine Services.**

**WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM**

**(CLICK THE LINKS BELOW):**

**[SAINT-ANTHONYSPASADENA](http://SAINT-ANTHONYSPASADENA)**

**[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)**

**[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA)**

**Upcoming Divine Services:** (*saint-anthonys.org/calendar*):

Monday, August 2<sup>nd</sup> – Small Paraklesis (6:00pm)

Wednesday, August 4<sup>th</sup> - Small Paraklesis (6:00pm)

Friday, August 6<sup>th</sup> – Holy Transfiguration (*Orthros 9:00am, Liturgy 10:00am*)

Monday, August 9<sup>th</sup> – Small Paraklesis (6:00pm)

Wednesday, August 11<sup>th</sup> - Small Paraklesis (6:00pm)

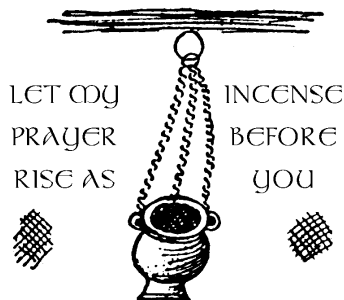
Friday, August 13<sup>th</sup> - Small Paraklesis (6:00pm)

Saturday, August 14<sup>th</sup> – *Great Vespers of Dormition IN LONG BEACH (7:00pm)*

**Sunday, August 15<sup>th</sup>** – Dormition of the Theotokos (*Orthros 8:45am,  
Liturgy 10:00am*)

Friday, Aug. 27<sup>th</sup> – Phanourios the Great ( *Liturgy only 9:00am*)  
**BRING YOUR PHANOUROPITA**

**Sunday, August 29<sup>th</sup>** – Beheading of John the Baptist (*Orthros 9:00am,  
Liturgy 10:00am*)



## *HYMNS OF THE DAY*

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### ***RESURRECTIONAL APOLYTIKION. MODE 3. (BEFORE ENTRANCE)***

Let the heavens rejoice and earth be glad, for the Lord has shown the power of His reign: He has conquered death by death, and become the first born of the dead. He has delivered us from the depths of Hades; and has granted to the world great mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος· ἐπάτησε τῷ θανάτῳ τὸν θάνατον· πρωτότοκος τῶν νεκρῶν ἐγένετο· ἐκ κοιλίας Ἰδοῦ ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

### ***RESURRECTIONAL APOLYTIKION. MODE 3. (AFTER ENTRANCE)***

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### ***FOR THE FATHERS. MODE PL. 4.***

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Ἵπερδεδοξασμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστῆρας ἐπὶ γῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὀδηγήσας· πολυεύσπλαγγνε, δόξα σοι.

***APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4***

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

***KONTAKHION. MODE 2.***

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἰκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμώντων σε.



*EPISTLE READING*

**Sunday of the Holy Fathers of the  
4<sup>th</sup> Ecumenical Council**

**Prokeimenon. Mode Plagal 2.**

**Psalm 31.11,1**

Be glad in the Lord, and rejoice, O righteous.

Verse: Blessed are they whose transgressions have been forgiven.

**The reading is from St. Paul's Letter to Titus 3:8-15**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

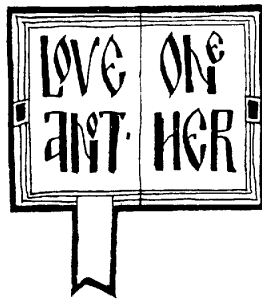
*GOSPEL READING*

**Sunday of the Holy Fathers of the**

**4<sup>th</sup> Ecumenical Council**

**The Gospel According to Matthew 5:14-19**

The Lord said to his disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."



## *METROPOLIS ANNOUNCEMENTS*

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**Ready. Set. EXCLAIM!** Are you ready to Exclaim your faith? Then the Young Adult League (YAL) Conference over Labor Day Weekend 2021 in Phoenix, AZ is where you need to be! Conference attendees will enjoy a weekend of events, workshops, worship and relaxation from September 2 – 6, 2021 at the JW Marriott Desert Ridge Resort and Spa in Phoenix, AZ. Highlights of the weekend include engaging workshops, daily worship, dances, a Grand Banquet, and a special western-themed event “YeeHaw YAL”. [Online registration for the conference is now open!](#) *Registration has already exceeded 400 young adults from across the Archdiocese and we expect this event to be a sell-out!* This is your chance to unite with young adults from across the country. Visit [www.sanfran.goarch.org/YAL](http://www.sanfran.goarch.org/YAL) for more registration and hotel details.

**Welcome Back to Saint Nicholas Ranch** After a long hiatus, the doors of Saint Nicholas Ranch and Retreat Center are opening again! Though there are still restrictions for in-person gatherings, the Board of Saint Nicholas Ranch is now permitting small groups with limited occupancy. If your family would like to visit the Ranch, or if your parish would like to offer a small retreat, please contact Ranch Executive Director Michael Pappas, [info@stnicholasranch.org](mailto:info@stnicholasranch.org) or call 559-338-2103.

### **Help Our Graduates Stay Connected to the Church**

Thousands of our Orthodox youth graduate from High School and go away to schools across our country. While blessed with unprecedented educational opportunities, at the same time, many face difficult challenges in the environment of the college campus. The Greek Orthodox Metropolis of San Francisco wants to help maintain their connection to the Church! Complete the [Online Form](#) or visit [www.gosfyouth.org](http://www.gosfyouth.org). The Metropolis will make sure that an Orthodox Priest and community near your student's college connects with your loved one.

**Music Scholarships Available** The Greek Orthodox Metropolis of San Francisco Church Music Federation Ministry is pleased to once again offer eight (8) Frank Desby and Xenia Anton Desby Memorial Music Scholarships of up to \$500 each for Metropolis church musicians in 2021. Funds can be used to obtain education and training in singing, chanting, and conducting. Applications and information can be found online at [www.sfchurchmusic.org](http://www.sfchurchmusic.org). Deadline: August 15, 2021. For more information, please contact: [sfchurchmusic@sanfran.goarch.org](mailto:sfchurchmusic@sanfran.goarch.org).

## **FDF Is Coming Back!**

Save the date for the Folk Dance and Choral Festival to be held in-person from February 17 – 21, 2022 (Presidents' Day Weekend). The FDF team intends to run the weekend event in its traditional format, while acknowledging that flexibility and on-site arrangements may need to be adjusted based on any CDC or state guideline updates. Stay tuned for more news about FDF 2022 in the coming weeks!

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## *PARISH ANNOUNCEMENTS*

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**2021 Stewardship Financial Commitment.** We thank all those who have been sending donations and stewardship especially during this time. If you have not filled out a pledge card for 2021, please return your completed commitment card (included below) to the church office as soon as possible. To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 or above per family.

### **Frequently Asked Questions about Stewardship:**

*“As each has received a gift, use it to serve one another, as good stewards of God's grace.” (1 Peter 4:10)*

#### **Q: IS THERE A DIFFERENCE BETWEEN “DUES” & “STEWARDSHIP”?**

A: Yes! Three or four generations ago, it was commonplace for families throughout our Archdiocese to pay their annual “dues” or required membership fee to be a member of their local parish. Over time it was clear that this was not the healthiest way of committing to a local church as giving remained stagnant and the authentic Christian commitment of sacrificial giving became an afterthought. (note: the annual “dues” of \$300-350 *back then* would equate to roughly \$2,500-\$3,000 *today*) Stewardship, however, offers us the chance to recognize our unique blessings from God, and to give back based on what we have received. Stewardship is management of another's property, and all our blessings and gifts we have been given ultimately belong to God. We are but his caretakers, his priests, his **stewards** on this earth.

#### **Q: HOW MUCH SHOULD I GIVE?**

A: The foundations of Christian stewardship is both from Scripture and the teachings of our Lord. You may have heard the term *tithing* (the word *tithe* literally means *tenth* in Hebrew), and this refers to the biblical giving goal of 10% of your household income to your local church (*Lev. 27:30; Num. 18:25-28; Deut. 14:22-24; 2 Chron. 31:5-6*). Yet, we also hear from our Lord Jesus Christ that true giving is when we offer sacrificially “all that we have” (*Luke 21:4*), “store up your treasures in heaven” (*Matt. 6:20*), “it is more blessed to give than to receive” (*Acts*



20:35), “for God loves a cheerful giver” (2 Cor. 9:7). With this in mind, you are invited to prayerfully reflect on your own household income, and make your sacrificial offering based on what you receive. Consider also what you offer to Christ’s Church in comparison to your monthly utility/service payments. (“Am I giving my phone more than my Church?”) Use the chart to the right as a guide.

<b>Annual Income</b>	<b>2.5%</b>	<b>5%</b>	<b>10%</b>	<b>15%</b>
\$20,000	\$500	\$1,000	\$2,000	\$3,000
\$50,000	\$1,250	\$2,500	\$5,000	\$7,500
\$75,000	\$1,875	\$3,750	\$7,500	\$11,250
\$100,000	\$2,500	\$5,000	\$10,000	\$15,000
\$250,000	\$6,250	\$12,500	\$25,000	\$37,500

**Q: WHAT DOES MY STEWARDSHIP PAY FOR?**

A: It costs approximately \$2,000/day to keep the church open. Most operating expenses are paid from stewardship. Some examples are mortgage, utilities, office staff and pastoral salaries, candles, permits, and facilities maintenance. Additional costs are directly related to church programs.

**Q: WHAT IS THE EASIEST WAY TO FULFILL MY PLEDGE?**

A: The easiest way is online! Pledging and paying online is fast and EASY and is the preferred method for many of our families. Simply go to our website [saint-anthonys.org](http://saint-anthonys.org) and click the DONATE button and this will take you to our online giving platform. Under “Regular” click the Make a Donation button, then click Create a Recurring Donation, enter your weekly/monthly/semi-annually amount and fill in the necessary information. You can always call the church office for assistance in setting up easy recurring giving payments. Paying your pledge can also be done by check, envelopes, or credit card payments, though these are not as convenient for you.

**Q: WHEN SHOULD I MAKE MY ANNUAL PLEDGE?**

A: We would ask you to turn in your pledge card by January 31<sup>st</sup>. Our church budget is based on our expected annual income and expenses. Forecasting stewardship in January helps meet our parish goals.

**Q: I DON’T LIKE TO PAY MY PLEDGE UNTIL DECEMBER. SHOULD I STILL PLEDGE IN JANUARY?**

A: Yes. January pledging allows for effective fiscal budgeting. Pledge your annual amount, then pay weekly, monthly, semi-annually or annually.



## 2021 Stewardship Financial Commitment

*"As each has received a gift, use it to serve one another, as good stewards of God's grace." (1 Peter 4:10)*

LAST NAME

FIRST NAME(S), PLEASE INCLUDE CHILDREN UNDER 18.

STREET ADDRESS

CITY

STATE

ZIP

PREFERRED PHONE

OTHER/SECOND PHONE

E-MAIL

SIGNATURE

DATE

*Review your stewardship commitment prayerfully, consider what you offer to the Church in comparison to monthly utility/service payments.*

### ANNUAL GIVING LEVELS:

**\*ARCHANGEL: \$15,000 and up**

*\$288/week OR \$1,250/month & up*

**\*ANGEL: \$10,000 - \$14,999**

*\$192-\$288/week OR \$833-\$1,249/month*

**\*GUARDIAN: \$7,000 - \$9,999**

*\$135-\$192/week OR \$583-\$833/month*

**\*DISCIPLE: \$4,000 - \$6,999**

*\$77-\$135/week OR \$333-\$583/month*

**\*FAITHFUL: \$2,000 - \$3,999**

*\$38-\$77/week OR \$167-\$333/month*

**SUPPORTER: \$1,000 - \$1,999**

*\$19-\$38/week OR \$83-\$167/month*

**FRIEND: \$500 - \$999**

*\$9.60-\$19/week OR \$42-\$83/month*

**CONTRIBUTOR: \$499 & below**

*\$9.60/week OR \$42/month & below*

Please return your completed commitment card to church. Your card must be on file for you to be considered in 'Good Standing'

**In response to God's blessings, I/we pledge a 2021 offering of:**

**My Stewardship Commitment for 2021:**  
\$ \_\_\_\_\_

**I will fulfill and pay my pledge: (CHECK ONE)**

**Weekly at \$ \_\_\_\_\_/week**

**Monthly at \$ \_\_\_\_\_/month**

**Annually**

Contact the Church office to set up easy recurring electronic payments

-OR- set up your own recurring giving at [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com)

**BACK TO SCHOOL DRIVE** Please help Foothill Unity Center reach its goal of providing 2,000 students of low income families with backpacks and supplies for the upcoming school year.

**St. Anthony's Philoptochos** will be collecting these items during the month of July and delivering them to the Center. For the next three Sundays, you may drop off your donations at the table with a bin set up outside of church.

The bin will also be in the church office during the week; however, call the office first before dropping off. Cash donations also accepted. Any questions, please contact Jennifer (818) 515-1867, [jenniferwebster@me.com](mailto:jenniferwebster@me.com) or Nicolette (626) 808-8902, [nfuerst2018@gmail.com](mailto:nfuerst2018@gmail.com).

## SUPPLIES NEEDED

- Brand New Back Packs (NO blue or red)
- Calculators - Basic or Scientific
- Colored Pencils and Markers and Crayons (24-pack)
- Composition Books (College and wide-ruled)
- Erasers (pencil top and regular)
- Filler Paper (College and wide-ruled, 150 sheets)
- Folders (2 Pocket or 3-prong) and Binders
- Glue Bottle (Water-soluble) or Glue Sticks
- Highlighters and Post-It Notes
- Pencil Boxes and Pouches
- Pencil (Mechanical, 0.5 mm, bundles of 3)
- Pencils (Standard, bundles) and Sharpeners
- Pens (Black or blue ink, bundles)
- Scissors (5" blunt or pointed)
- Spiral Notebooks (College or wide-ruled)

## **Renew Philoptochos Membership Now**

We invite you to renew your membership or join us as a new member! Our Panagia Chapter has been contributing to our community on a local, national and international basis for more than 65 years. To renew/register online, go to [www.stanthonyphiloptochos.square.site](http://www.stanthonyphiloptochos.square.site) . Scroll down to "Annual Membership Dues". For more information, please contact one of our membership chairpersons, Lisa Xanthos or Helen Skandale

## Sunday of the Holy Fathers

On the Sunday that falls from the 13th to the 19th of the present month, we chant the Service to the 630 Holy and God-bearing Fathers who came together for the 4th Ecumenical Council who assembled in Chalcedon in 451, to condemn Eutyches, who taught that there was only one nature, the divine, in Christ after the Incarnation, and Dioscorus, Patriarch of Alexandria, who illegally received Eutyches back into communion and deposed Saint Flavian, Patriarch of Constantinople, who had excommunicated Eutyches.

In the Slavic tradition, on this Sunday, the Fathers of the first six Ecumenical Councils are all commemorated.

*Please visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) to make your offering and schedule your regular stewardship giving*

