



Rev. Father Peter Stratos, Pastor

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

JUNE 20, 2021 – HOLY PENTECOST

Methodios, Bishop of Olympus

Kallistos 1, Patriarch of Constantinople

ORTHROS ~ 8:30 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

DIVINE LITURGY ~ 9:30 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

KNEELING PRAYERS OF PENTECOST ~ 10:30 A.M.

[\(KNEELING PRAYERS TEXT CLICK HERE\)](#)

We are Returning to Full Worship

(See letter from His Eminence Metropolitan Gerasimos on next page)



GREEK ORTHODOX METROPOLIS OF SAN FRANCISCO

ΙΕΡΑ ΜΗΤΡΟΠΟΛΙΣ ΑΓΙΟΥ ΦΡΑΓΚΙΣΚΟΥ

June 17, 2021

✠Isaurus the Holy Martyr

Dear Clergy and Faithful of the Metropolis of San Francisco,

“For where two or three are gathered together in My name, I am there in the midst of them.” Matthew 18:20

By now you are aware of the updated guidance from the Centers for Disease Control and Prevention (CDC) for those **fully vaccinated** against COVID-19, which many states and localities are adopting. The CDC has stated that **people in the United States who have been fully vaccinated** can resume pre-pandemic activities, indoors and outdoors, without wearing a mask and with no social distancing, **except where required by local or state guidelines or business restrictions.**

In following the guidelines of the CDC, we will no longer be requiring reservations for services. Our parishes should continue safety measures (hand washing, social distancing, masks) as they deem appropriate and in accordance with local and state guidelines. Parishes may continue to offer live-streaming services.

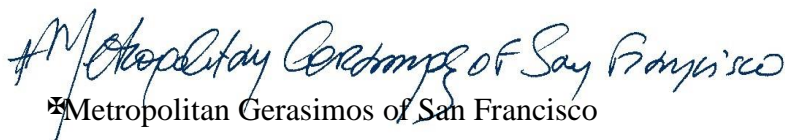
As Christians, we have an ethical obligation to protect all people. **Those not fully vaccinated** are recommended to continue to wear masks in order to protect themselves and others from potential exposure. As faith, trust, and love are guiding principles for us as Orthodox Christians, we will not ask nor require proof of vaccination.

We must demonstrate respect and love as a Christian family to all our brothers and sisters in Christ, some of whom may wish to continue to wear masks during worship. There are still groups of people unable to be vaccinated (children under 12) as well as others who may have a condition or take medications that weaken the immune system and, even though vaccinated, may not be fully protected. Even after vaccination, some may need or merely wish to continue taking all precautions.

We have navigated through the uncharted waters of the pandemic for 16 months, and I am profoundly grateful to our clergy and faithful in our entire Metropolis for their patience and cooperation with regard to the adherence of federal, state and local guidelines to ensure the health and safety of our congregations.

Praying that our Lord God may continue to grant us His Divine love and protection, as we continue to worship Him with one mind, one heart, and one voice, I remain,

With Love in Christ,


✠Metropolitan Gerasimos of San Francisco

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WE WILL CONTINUE TO BROADCAST ALL SERVICES VIA LIVE-STREAM
(CLICK THE LINKS BELOW):

SAINT-ANTHONY.S.ORG/LIVESTREAM
FACEBOOK.COM/STANTHONYSPASADENA
YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

*UPCOMING DIVINE SERVICES FOR THE MONTH OF
JUNE: (saint-anthonys.org/calendar)*



Tuesday, June 29th

Apostles Peter & Paul (*Orthros 9:00am, Liturgy 10:00am*)

APOLYTIKION OF APOSTLES PETER AND PAUL. Fourth Tone

First in prominence among the Apostles, and teachers to the Universe, intercede to the Master of all for peace in the world and for our souls great mercy.

HYMNS OF THE DAY

APOLYTIKION OF THE FEAST. MODE 4 (BEFORE ENTRANCE)

Blessed are You, O Christ our God. You made the fishermen all-wise, by sending down upon them the Holy Spirit, and through them You drew the world into Your net. O Lover of mankind, glory to You.

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας,
καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην
σαγηνεύσας, φιλόανθρωπε, δόξα σοι.

RESURRECTIONAL APOLYTIKION. MODE PL 2 (AFTER ENTRANCE)

Blessed are You, O Christ our God. You made the fishermen all-wise, by sending down upon them the Holy Spirit, and through them You drew the world into Your net. O Lover of mankind, glory to You. (2)

Εὐλογητὸς εἶ, Χριστὲ ὁ Θεὸς ἡμῶν, ὁ πανσόφους τοὺς ἀλιεῖς ἀναδείξας,
καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ ἅγιον, καὶ δι' αὐτῶν τὴν οἰκουμένην
σαγηνεύσας, φιλόανθρωπε, δόξα σοι.

KONTAKION OF THE FEAST MODE PL. 4

When the Most High God came down and confused the tongues, * He divided the nations. * When He distributed the tongues of fire, * He called all to unity. * And with one voice we glorify the all-holy Spirit.

Ὅτε καταβὰς τὰς γλώσσας συνέχεε, διεμέριζεν ἔθνη ὁ Ὑψιστος· ὅτε τοῦ πυρὸς
τὰς γλώσσας διένειμεν, εἰς ἐνότητα πάντα ἐκάλεσε, καὶ συμφώνως δοξάζομεν τὸ
πανάγιον Πνεῦμα.

EPISTLE READING

Holy Pentecost

Prokeimenon. Mode Plagal 4.

Psalm 18.4,1

Their voice has gone out into all the earth.

Verse: The heavens declare the glory of God.

The reading is from Acts of the Apostles 2:1-11

WHEN THE DAY of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. And at this sound the multitude came together, and they were bewildered, because each one heard them speaking in his own language. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language? Parthians and Medes and Elamites and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabians, we hear them telling in our own tongues the mighty works of God."

GOSPEL READING

Holy Pentecost

The Gospel According to John 7:37-52; 8:12

On the last day of the feast, the great day, Jesus stood up and proclaimed, "If any one thirst, let him come to me and drink. He who believes in me, as the scripture has said, 'Out of his heart shall flow rivers of living water.'" Now this he said about the Spirit, which those who believed in him were to receive; for as yet the Spirit had not been given, because Jesus was not yet glorified.

When they heard these words, some of the people said, "This is really the prophet." Others said, "This is the Christ." But some said, "Is the Christ to come from Galilee? Has not the scripture said that the Christ is descended from David, and comes from Bethlehem, the village where David was?" So there was a division among the people over him. Some of them wanted to arrest him, but no one laid hands on him.

The officers then went back to the chief priests and Pharisees, who said to them, "Why did you not bring him?" The officers answered, "No man ever spoke like this man!" The Pharisees answered them, "Are you led astray, you also? Have any of the authorities or of the Pharisees believed in him? But this crowd, who do not know the law, are accursed." Nikodemos, who had gone to him before, and who was one of them, said to them, "Does our law judge a man without first giving him a hearing and learning what he does?" They replied, "Are you from Galilee too? Search and you will see that no prophet is to rise from Galilee." Again Jesus spoke to them, saying, "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life."

METROPOLIS ANNOUNCEMENTS

Help Our Graduates Stay Connected to the Church

Thousands of our Orthodox youth graduate from High School and go away to schools across our country. While blessed with unprecedented educational opportunities, at the same time, many face difficult challenges in the environment of the college campus. The Greek Orthodox Metropolis of San Francisco wants to help maintain their connection to the Church! Complete the [Online Form](#) or visit www.gosfyouth.org. The Metropolis will make sure that an Orthodox Priest and community near your student's college connects with your loved one.

Metropolis of San Francisco Summer Camp

There is still time to register for the Metropolis Virtual Summer Camp! Youth ages 8 – 18 can enjoy virtual Summer Camp with daily worship, cabin talks, arts and crafts, evening activities, and more! The program will be held July 19 – 30, 2021, on Mondays, Wednesdays and Fridays from 10:00 a.m. – 12:30 p.m., and Monday and Wednesday evenings from 6:30 p.m. – 8:00 p.m. Register online at www.gosfyouth.org.

Music Scholarships Available

The Greek Orthodox Metropolis of San Francisco Church Music Federation Ministry is pleased to once again offer eight (8) Frank Desby and Xenia Anton Desby Memorial Music Scholarships of up to \$500 each for Metropolis church musicians in 2021. Funds can be used to obtain education and training in singing, chanting, and conducting. Applications and information can be found online at www.sfchurchmusic.org. Deadline: August 15, 2021. For more information, please contact: sfchurchmusic@sanfran.goarch.org.

SoCal GOYA “Tour LA” with St. Basil

Southern California GOYA “Tour L.A.” hosted by Saint Basil Greek Orthodox Church in San Juan Capistrano, Saturday, June 26 from 8:00 a.m. – 7:00 p.m. Youth in the 7th – 12th grades are invited to spend a day in service and fellowship. The morning will begin with a service project with FOCUS So Cal at the Orange County Food Bank. Participants will then enjoy a tour of various famous places in Orange County, followed by lunch, a discussion on the faith, more touring, and then ending with dinner. It promises to be a day filled with fun, fellowship and friendship. Contact Liz at office@stbasiloc.org or 949-542-9915 for more information and registration.

Ready. Set. EXCLAIM! Labor Day Weekend YAL Conference 2021 in Phoenix, AZ

Are you ready to Exclaim your faith? Then the Young Adult League (YAL) Conference over Labor Day Weekend 2021 in Phoenix, Arizona is where you need to be! This will be the third YAL Conference since 2019 hosted by the Greek Orthodox Metropolis of San Francisco and promises to be bigger and better than ever!

Conference attendees will enjoy a weekend of events, workshops, worship and relaxation from September 2 – 6, 2021 at the JW Marriott Desert Ridge Resort and Spa in Phoenix, AZ, a luxury property with a therapeutic spa, five pools, a lazy river, two golf courses, 17 pickleball courts, and much more! There will be plenty of free time to enjoy these amenities with your new YAL friends, and explore the beauty of the Sonoran desert.

Highlights of the weekend include engaging workshops, daily worship, dances, a Grand Banquet, and a special western-themed event “YeeHaw YAL” on Sunday evening. Diakonia is also an important part of the YAL ministry and will include a Rise Against Hunger challenge to package meals for undernourished people throughout the world.

"The Metropolis of SF 2021 YAL Labor Day Weekend Conference has officially launched Early Registration! You won't want to miss this 3 day, all-inclusive, well-balanced weekend of faith, fellowship, worship, and service with hundreds of young adults from across the country in beautiful Phoenix, AZ.

Links: To register: [YAL Registration](#). To book your resort room: [Resort Registration](#). To view schedule: [Weekend Schedule](#). If there are any further questions, feel free to reach out to Alex Krantz at (949) 943-7260 or alexkrantz@pacbell.net, or to Outreach Committee Chairs Chris and Penelope Kyriazi at pckoulos@gmail.com."

PARISH ANNOUNCEMENTS

Installation of 2021 - 2023 St. Anthony Philoptochos Board :

Today, Father Peter will give the oath of office to the board members of Saint Anthony's Ladies Philoptochos Society, Panagia Chapter: Judith Din, Jeanne Karaionnoglou, Helen Skandale, Liz Skandale, Lisa Xanthos, Mary Dewar, Mary Udria, Irene Albeck, Connie Becker, Maria Grover, Maria Kypreos, Maria Kokoris, Maria Hronas, Stephanie Soewers, Jennifer Webster, Sophia Syrengelas, Nicollete Fuerst, Christine Pappas, Fontaine Malisos, Presbyteria Aida Stratos, Tanya Christododoulelis.

2021 Stewardship Financial Commitment. Please return your completed commitment card to church office as soon as possible. To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above. Contact the Church office to set up easy recurring electronic payments -OR- set up your own recurring giving at **saint-anthonys.churchgiving.com**

Please visit saint-anthonys.churchgiving.com or call the Church office to make your offering and schedule your regular stewardship giving.





Vacation Bible School
Day Retreat



Haven't been on a trip lately?

Saddle up and join us on a wild west adventure as we explore the Old Testament and discover God's ultimate plan!

There will be music, crafts, games, water play, and amazing true stories. So, come on and rustle up your kids and head on over to SonWest Roundup for a rip-roaring good time!

St. Anthony Greek Orthodox Church

Saturday, June 26th, 2021

10:00 am – 2:00 pm

Ages 4 – 11 years old (entering 6th grade) Registration

Fee: \$10.00 per camper

Lunch will be provided

More information to come regarding health and safety protocol, water play, and camp details. Please fill out the VBS interest form to receive this information:

[VBS Interest Form](#)

or

Here is the link: <https://forms.gle/rVVpueagZNT4452v7>

Questions? Contact:

*Mary Udria mary.udria@gmail.com Sophia
Syrengelas sophiajammie@gmail.com*



**We will adhere to LA County health
and safety guidelines.*



Methodios the Martyr, Bishop of Olympus (June 20)

Because of his wisdom and virtue, this Saint was surnamed Eubulus ("of good counsel"). He was an eminent theologian and one of the first to oppose and refute the heretical writings of Origen. According to Jerome (De vir. ill., 83) and Socrates the historian (Eccl. Hist., 6:13), he was bishop, not of Patara (as a sixth century work by Leontius the Byzantine wrongly asserts), but of Olympus in Lycia, and later, of Tyre in Phoenicia. It appears he was called Bishop of Patara by later writers because his famous dialogue concerning the resurrection takes place in that city. He underwent a glorious death as a martyr in Chalkis of Greece in the year 311, under Emperor Maximinus. Among his extant writings is one called Symposium of Virgins..