



Rev. Father Peter Stratos, Pastor

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Website: saint-anthonys.org • E-mail: office@saint-anthonys.org

Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

MAY 23, 2021 – SUNDAY OF THE PARALYTIC
Michael, Bishop of Synada; Mary the Myrrhbearer.

DIVINE SERVICES TODAY (REGISTRATION REQUIRED)

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

TRISAGION MEMORIAL ~ 9:45 A.M.

Nicholas Demopulos – 9 months

Christos Prantzikos – 3 months

[\(TRISAGION SERVICE TEXT CLICK HERE\)](#)

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

***SUNDAY SERVICES ARE OFFERED INDOORS
TO A LIMITED CAPACITY, TO REGISTER FOR DIVINE SERVICES,
USE THE LINK BELOW:***

<https://rsvp.church/r/lhk9WOT3>

JOIN US IN PRAYER VIA LIVE-STREAM (CLICK THE LINKS BELOW):

SAINT-ANTHONYS.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

*UPCOMING DIVINE SERVICES FOR THE MONTH OF
MAY AND JUNE: (saint-anthonys.org/calendar)*

Thursday, June 10th – Holy Ascension (*Orthros 9:00am, Liturgy 10:00am*)
Saturday, June 19th – Saturday of Souls (*Orthros 9:00am, Liturgy 10:00am*)
Friday, June 29th – Apostles Peter & Paul (*Orthros 9:00am, Liturgy 10:00am*)

HYMNS OF THE DAY

APOLYTIKION OF PASCHA. MODE PL 1 (BEFORE ENTRANCE)

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶην χαρισάμενος.

RESURRECTIONAL APOLYTIKION. GRAVE MODE 3 (AFTER ENTRANCE)

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιτίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION OF PASCHA. MODE PL. 4

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ᾄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστέ ὁ Θεός, γυναιξὶ Μυροφόροις φθελγζάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

SCRIPTURE READINGS OF THE DAY

EPISTLE READING

Sunday of the Paralytic

Prokeimenon. Mode 3.

Psalm 46.6,1

Sing praises to our God, sing praises.

Verse: Clap your hands, all you nations.

The reading is from Acts of the Apostles 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the

residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

GOSPEL READING

Sunday of the Paralytic

The Gospel According to John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is

the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

PARISH ANNOUNCEMENTS

YOUTH FELLOWSHIP SUNDAY TODAY for grades 9-10-11-12.

Monthly Fellowship- Last virtual class session for Pre-K to first grade will be June 6 at 11:30 AM. May meeting was on Pascha. We will have an exciting time wrapping up this virtual program.

Tuesday morning Bible Study Tuesday at 11:00am.

Email frpeter@saint-anthonys.org for information on how to join.

Studies in the Faith Wednesday evening at 7:00pm.

Email frpeter@saint-anthonys.org for information on how to join.

Union Station Homeless Services-We have dispensed with people volunteering to serve at the facility however, we continue our monthly commitment to prepare a hardy, nutritious dinner meal. We have generous donors to cover the meals. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.) and single serve bottles of milk. You may continue your volunteerism by donating toward purchasing individual packaged items. For more information contact Irene Albeck at mcmg2a@aol.com.

2021 Stewardship Financial Commitment. Please return your completed commitment card to church office as soon as possible. To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above. Contact the Church office to set up easy recurring electronic payments -OR- set up your own recurring giving at saint-anthonys.churchgiving.com



Vacation Bible School Day Retreat



Haven't been on a trip lately?

Saddle up and join us on a wild west adventure as we explore the Old Testament and discover God's ultimate plan!

There will be music, crafts, games, water play, and amazing true stories. So, come on and rustle up your kids and head on over to SonWest Roundup for a rip-roaring good time!

St. Anthony Greek Orthodox Church
Saturday, June 26th, 2021
10:00 am – 2:00 pm

Ages 4 – 11 years old (entering 6th grade)
Registration Fee: \$10.00 per camper
Lunch will be provided

More information to come regarding health and safety protocol, water play, and camp details. Please fill out the VBS interest form to receive this information:

[VBS Interest Form](#)

or

Here is the link: <https://forms.gle/rVVpueagZNT4452v7>

Questions? Contact:

*Mary Udria mary.udria@gmail.com Sophia Syrengelas
sophiajammie@gmail.com*

**We will adhere to LA County health and safety guidelines*





GREEK ORTHODOX METROPOLIS OF SAN FRANCISCO ΙΕΡΑ ΜΗΤΡΟΠΟΛΙΣ ΑΓΙΟΥ ΦΡΑΓΚΙΣΚΟΥ

May 14, 2021

✠Isidoros of Chios

Beloved Brothers and Sisters in Christ,

Χριστός Ανέστη! Christ is Risen!

By now you are aware of the updated guidance from the Centers for Disease Control and Prevention (CDC) **for those fully vaccinated against COVID-19**. The CDC has stated that people in the United States who have been **fully vaccinated** can resume pre-pandemic activities, indoors and outside, without wearing a mask and with no social distancing, **except where required by local guidelines or business restrictions**.

While this is encouraging news to hear that we are closer to returning to our customary worship experience, the Metropolis continues to review all pertinent guidelines and will provide further support and guidance to our clergy and faithful in the near future. Because we span seven states with various guidelines at city, county and state levels, navigating the many directives is challenging.

Therefore, the parishes of this Metropolis will continue to follow the COVID-19 guidelines of their state and local authorities, **and adhere to the present Metropolis guidelines which include the wearing of masks for all services regardless of vaccination status, the continuation of social distancing, and hand sanitizing**.

We are grateful for continuing to care for your brothers and sisters in Christ, as well as for your patience, support and love of one another as we look forward to the day we can embrace as true children of God.

As we celebrate this joyful season of Pascha, let us call to mind these words of Saint Paul and heed them in our daily lives, ***“Be joyful in hope, patient in affliction, faithful in prayer.”***
(Romans 12:12)

With Love in Our Risen Lord,


✠Metropolitan Gerasimos of San Francisco



St. Anthony *Greek Orthodox Church*



Annual Recognition For 2020 and 2021 High School and College Graduates

Sunday, June 13th, 2021
(Immediately following Divine Liturgy)

“But you must continue in things which you have learned and been assured of knowing from whom you have learned them.” 2 Timothy 3:14

Please submit the following information to: office@saint-anthonys.org;
or by mail: 778 So. Rosemead Blvd. Pasadena, CA 91107 by June 6, 2021

(*Graduates*’ family must be stewards of St. Anthony Church).
If the graduate is unable to be present, we suggest parents be present to accept the recognition on their behalf.

Graduate’s

Name: _____

School Graduating

From: _____

Degree: _____

Submitted by: _____

ST. ANTHONY YOUTH FELLOWSHIP

MEETING VIRTUALLY EVERY MONTH!

*Grade groups will meet via Zoom one
Sunday a month starting at 11:30am*

1st Sundays PK-K-1
with Mrs. Albeck

2nd Sundays 2-3-4-5
with Mrs. Scolinos

3rd Sundays 6-7-8
with Ms. Russo

4th Sundays 9-10-11-12
with Pres. Aida

SIGN UP AT:

SAINT-ANTHONY5.ORG/FELLOWSHIP



Studies in the Faith

offered via ZOOM
Wednesday nights
at 7pm starting
January 20

Email
frpeter@saint-anthonys.org
for information on how
to join.

Tuesday Bible Study

offered via ZOOM
Tuesday mornings
at 11am starting
January 19

Email
frpeter@saint-anthonys.org
for information on how
to join.



Michael the Confessor, Bishop of Synnada

(May 23)

This Saint was from Synnada in Phrygia of Asia Minor. In Constantinople he met Saint Theophylact (see Mar. 8); the holy Patriarch Tarasius, learning that Michael and Theophylact desired to become monks, sent them to a monastery on the Black Sea. Because of their great virtue, Saint Tarasius afterwards compelled them to accept consecration, Theophylact as Bishop of Nicomedia, and Michael as Bishop of his native Synnada. Because Saint Michael fearlessly confessed the veneration of the holy icons, he was banished by the Iconoclast Emperor Leo V the Armenian, who reigned from 813 to 820. After being driven from one place to another, in many hardships and bitter pains, Saint Michael died in exile.

Please visit saint-anthonys.churchgiving.com or call the Church office to make your offering and schedule your regular stewardship giving.

