



*Rev. Father Peter Stratos, Pastor*

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*Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)*

*For pastoral emergencies only please call 626-855-3640*

**MAY 16, 2021 – SUNDAY OF THE MYRRH-BEARING WOMEN**

*Theodoros the Sanctified, Martyr Peter of Blachernae.*

**DIVINE SERVICES TODAY (RESERVATIONS REQUIRED)**

**ORTHROS ~ 8:45 A.M.**

**[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)**

**TRISAGION MEMORIAL ~ 9:45 A.M.**

*Alice Stratos – 1 year*

*Peter Stratos – 18 years*

*AHEPA Sunday*

**[\(TRISAGION SERVICE TEXT CLICK HERE\)](#)**

**DIVINE LITURGY ~ 10:00 A.M.**

**[\(LITURGY SERVICE TEXT CLICK HERE\)](#)**

***SUNDAY SERVICES ARE OFFERED INDOORS  
TO A LIMITED CAPACITY, TO REGISTER FOR DIVINE SERVICES,  
USE THE LINK BELOW:***

**<https://rsvp.church/r/lhk9WOT3>**

**JOIN US IN PRAYER VIA LIVE-STREAM (CLICK THE LINKS BELOW):**

**[SAINT-ANTHONYSPASADENA](http://SAINT-ANTHONYSPASADENA)**

**[FACEBOOK.COM/STANTHONYSPASADENA](https://FACEBOOK.COM/STANTHONYSPASADENA)**

**[YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA](https://YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA)**

*UPCOMING DIVINE SERVICES FOR THE MONTH OF  
MAY AND JUNE: ([saint-anthonys.org/calendar](http://saint-anthonys.org/calendar))*

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Friday, May 21<sup>st</sup> – Constantine & Helen (*Orthros 9:00am, Liturgy 10:00am*)

Thursday, June 10<sup>th</sup> – Holy Ascension (*Orthros 9:00am, Liturgy 10:00am*)

Saturday, June 19<sup>th</sup> – Saturday of Souls (*Orthros 9:00am, Liturgy 10:00am*)

Friday, June 29<sup>th</sup> – Apostles Peter & Paul (*Orthros 9:00am, Liturgy 10:00am*)

***APOLYTIKION OF PASCHA. MODE PL 1 (BEFORE ENTRANCE)***

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν χαρισάμενος.

***RESURRECTIONAL APOLYTIKION. GRAVE MODE 2 (AFTER ENTRANCE)***

When You descended unto death, O Lord who yourself are immortal Life, then did You mortify Hades by the lightning flash of Your Divinity. Also when You raised the dead from the netherworld, all the Powers of the heavens were crying out: O Giver of life, Christ our God, glory to You.

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἄδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

***RESURRECTIONAL APOLYTIKION. GRAVE MODE***

When he took down Your immaculate Body from the Cross, the honorable Joseph wrapped it in a clean linen shroud with spices and laid it for burial in a new tomb. But on the third day You arose, O Lord, and granted the world Your great mercy.

Ὁ εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου καθελὼν, τὸ ἄχραντόν σου Σῶμα, σινδόνι καθαρᾷ, εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι καινῷ, κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος ἀνέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

## *HYMNS OF THE DAY*

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### *FEAST DAY HYMN*

The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy.

Ταῖς μυροφόροις Γυναίξί, παρὰ τὸ μνῆμα ἐπιστάς, ὁ Ἄγγελος ἐβόα· Τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἀρμόδια, Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος, ἀλλὰ κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

### *MEMORIAL HYMN. MODE PLAGAL 4.*

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

### *APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4*

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

## ***KONTAKION OF PASCHA. MODE PL. 4***

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ᾄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

***EPISTLE READING***

**Sunday of the Myrrh-Bearing Women**

**Prokeimenon. Mode 2.**

**Psalm 117.14,18**

The Lord is my strength and my song.

Verse: The Lord has chastened me sorely.

**The reading is from Acts of the Apostles 6:1-7**

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

## ***GOSPEL READING***

### **Sunday of the Myrrh-Bearing Women**

#### **The Gospel According to Mark 15:43-47;16:1-8**

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid.

And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

## *PARISH ANNOUNCEMENTS*

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### **YOUTH FELLOWSHIP SUNDAY TODAY for grades 6-7-8.**

**Monthly Fellowship-** Last virtual class session for Pre-K to first grade will be June 6 at 11:30 AM. May meeting was on Pascha. We will have an exciting time wrapping up this virtual program.

**Tuesday morning Bible Study** Tuesday at 11:00am.

Email [frpeter@saint-anthonys.org](mailto:frpeter@saint-anthonys.org) for information on how to join.

**Studies in the Faith** Wednesday evening at 7:00pm.

Email [frpeter@saint-anthonys.org](mailto:frpeter@saint-anthonys.org) for information on how to join.

**Union Station Homeless Services-**We have dispensed with people volunteering to serve at the facility however, we continue our monthly commitment to prepare a hardy, nutritious dinner meal. We have generous donors to cover the meals. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.) and single serve bottles of milk. You may continue your volunteerism by donating toward purchasing individual packaged items. For more information contact Irene Albeck at [mcmg2a@aol.com](mailto:mcmg2a@aol.com).

**2021 Stewardship Financial Commitment.** Please return your completed commitment card to church office as soon as possible. To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above. Contact the Church office to set up easy recurring electronic payments -OR- set up your own recurring giving at [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com)



# ST. ANTHONY YOUTH FELLOWSHIP

**MEETING VIRTUALLY EVERY MONTH!**

*Grade groups will meet via Zoom one  
Sunday a month starting at 11:30am*

1st Sundays      PK-K-1  
with Mrs. Albeck

2nd Sundays      2-3-4-5  
with Mrs. Scolinos

3rd Sundays      6-7-8  
with Ms. Russo

4th Sundays      9-10-11-12  
with Pres. Aida

**SIGN UP AT:**

**[SAINT-ANTHONY5.ORG/FELLOWSHIP](http://SAINT-ANTHONY5.ORG/FELLOWSHIP)**

# LIGHT A CANDLE SAY A PRAYER



While we cannot be in church together, we invite you to make a candle donation to the church. With this, our clergy will gladly light candles for you in the church and pray the names of your loved ones that you provide us, either living or those who have passed on.

[CLICK HERE TO DONATE NOW](#)

## Theodore the Sanctified (May 16)

This Saint, who was born in the Upper Thebaid of Christian parents, joined the community of Saint Pachomios at about the age of fourteen years, and became the greatest of his disciples. Because of Theodore's utter humility and unquestioning obedience, Pachomios called him more and more to his aid in governing the monasteries he had established. Although some found fault with this, because Theodore was younger than they, Pachomios continued to put his confidence in him, to such a degree that once he told the brotherhood, "Theodore and I fulfil the same service for God; and he also has the authority to give commands as father." Pachomios was succeeded as governor of the monks by Saint Orsiesius in 346, and Orsiesius later took Theodore as his fellow abbot. At Theodore's death in the year 368, the monks mourned him so bitterly that the sound of their crying was heard on the other side of the river.

*Please visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) or call the Church office to make your offering and schedule your regular stewardship giving.*

