



Rev. Father Peter Stratos, Pastor

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

MARCH 28, 2021 – SUNDAY OF ST. GREGORY PALAMAS

Hilarion the New

Herodion the Apostle of the 70

DIVINE SERVICES TODAY (RESERVATIONS REQUIRED)

ORTHROS ~ 8:45 A.M.

[\(ORTHROS SERVICE TEXT CLICK HERE\)](#)

TRISAGION MEMORIAL ~ 9:45 A.M.

Angene Christy – 40 days

Christos Prantzikos – 40 days

George Dupas – 3 years

[\(TRISAGION SERVICE TEXT CLICK HERE\)](#)

DIVINE LITURGY ~ 10:00 A.M.

[\(LITURGY SERVICE TEXT CLICK HERE\)](#)

**DOXOLOGY FOR THE BICENTENNIAL
OF THE GREEK REVOLUTION ~ 11:00 A.M.**

doxologyMarch25GreekBicentennial

***SUNDAY SERVICES ARE OFFERED INDOORS
TO A LIMITED CAPACITY.***

JOIN US IN PRAYER VIA LIVE-STREAM (CLICK THE LINKS BELOW):

SAINT-ANTHONY.S.ORG/LIVESTREAM

FACEBOOK.COM/STANTHONYSPASADENA

YOUTUBE.COM/CHANNEL/UCXSG4uJFWmElsOEIjx96pCA

UPCOMING DIVINE SERVICES: (saint-anthonys.org/calendar):

Wednesday, March 31st:

Pre-Sanctified Liturgy (10:00am)

Friday, April 2nd:

Salutations to the Theotokos (6:00pm)

Wednesday, April 7th:

Pre-Sanctified Liturgy (10:00am)

Friday, April 9th:

Salutations to the Theotokos (6:00pm)

Wednesday, April 14th:

Pre-Sanctified Liturgy (10:00am)

Friday, April 16th:

The Akathist Hymn (6:00pm)

Wednesday, April 21th:

Pre-Sanctified Liturgy (10:00am)

HYMNS OF THE DAY

RESURRECTIONAL APOLYTIKION. MODE 1 (BEFORE ENTRANCE)

The stone had been secured with a seal by the Judeans, * and a guard of soldiers was watching Your immaculate body. * You rose on the third day, O Lord * and Savior, granting life unto the world. * For this reason were the powers of heaven crying out to You, O Life-giver: * Glory to Your resurrection, O Christ; * glory to Your kingdom; * glory to Your dispensation, only One who loves mankind.

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου Σῶμα, ἀνέστης τριήμερος Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν· διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι ζωοδότα. Δόξα τῇ Ἀναστάσει σου Χριστέ, δόξα τῇ βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε φιλόανθρωπε.

RESURRECTIONAL APOLYTIKION. MODE 1 (AFTER ENTRANCE)

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APOLYTIKION OF THE FEAST. MODE PL 4

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

HYMNS OF THE DAY

Ὁρθοδοξίας ὁ φωστήρ, Ἐκκλησίας τὸ στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν ἢ καλλονῇ, τῶν θεολόγων ὑπέρμαχος ἀπροσμάχητος· Γρηγόριε θαυματουργέ Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς ψυχὰς ἡμῶν.

MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμάρτων συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

APOLYTIKION OF ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

KONTAKION. MODE PL. 4

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Ἀναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

EPISTLE READING

Sunday of Gregory Palamas

Prokeimenon. Mode 1.

Psalm 32.22,1

Let your mercy, O Lord, be upon us.

Verse: Rejoice in the Lord, O ye righteous.

The reading is from St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

SCRIPTURE READINGS OF THE DAY

GOSPEL READING

Sunday of Gregory Palamas The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

PARISH ANNOUNCEMENTS

YOUTH FELLOWSHIP SUNDAY TODAY for grades 9-10-11-12

Tuesday morning Bible Study Tuesday at 11:00am. Email frpeter@saint-anthonys.org for information on how to join.

Studies in the Faith Wednesday evening at 7:00pm. Email frpeter@saint-anthonys.org for information on how to join.

Union Station Homeless Services-We have dispensed with people volunteering to serve at the facility however, we continue our monthly commitment to prepare a hardy, nutritious dinner meal. We have generous donors to cover the meals. USHS has requested packaged dessert (cookies), single serve beverages (10 oz.) and single serve bottles of milk. You may continue your volunteerism by donating toward purchasing individual packaged items. For more information contact Irene Albeck at mcmg2a@aol.com.

Elections for the Philoptochos Board will be held at the general meeting in

May. If you are interested in serving on the Board or on the election committee, please contact Maria Kypreos at makypreos@gmail.com or 626-272-2720 or Stephanie Soewers at szanglis@gmail.com or 818-209-5026.

Save the Date!

Kids 'N' Cancer will be held on Sunday, April 11th at 2:00. The theme of this year's virtual event is "United with Peace and Love." As in past years, proceeds from the Philoptochos Easter Bake Sale will benefit this wonderful ministry of our Metropolis that is dedicated to helping children and their families afflicted with cancer.

2021 High School Seniors are invited to apply for the Philoptochos Society of Saint Anthony Greek Orthodox Church Scholarship.

Scholarship awards are up to \$500. Applications are available in Church office, download or request application be sent to applicant. Application must be received by Friday April 9 at 4:00 PM. Seniors are encouraged to begin applying early due to current circumstances.

2021 Stewardship Financial Commitment. Please return your completed commitment card to church office as soon as possible. To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above. Contact the Church office to set up easy recurring electronic payments -OR- set up your own recurring giving at **saint-anthonys.churchgiving.com**

ST. ANTHONY YOUTH FELLOWSHIP

MEETING VIRTUALLY EVERY MONTH!

Grade groups will meet via Zoom one Sunday a month starting at 11:30am

1st Sundays PK-K-1
with Mrs. Albeck

2nd Sundays 2-3-4-5
with Mrs. Scolinos

3rd Sundays 6-7-8
with Ms. Russo

4th Sundays 9-10-11-12
with Pres. Aida

SIGN UP AT:

SAINT-ANTHONY.S.ORG/FELLOWSHIP

LIGHT A CANDLE SAY A PRAYER



While we cannot be in church together, we invite you to make a candle donation to the church. With this, our clergy will gladly light candles for you in the church and pray the names of your loved ones that you provide us, either living or those who have passed on.

[CLICK HERE TO DONATE NOW](#)

St. Gregory Palamas (Second Sunday of Lent)

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

Please visit saint-anthonys.churchgiving.com to make your offering and schedule your regular stewardship giving

