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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday) For pastoral emergencies only please call 626-855-3640

#### MARCH 29<sup>TH</sup>, 2020 – SUNDAY OF ST. JOHN CLIMACUS

Saints: Mark, Bishop of Arethusa; Martyr Cyril the Deacon and those with him

**ORTHROS** ~ 8:45 A.M.

TRISAGION MEMORIAL ~ 9:45 A.M.

Steven Tripodes, 40 days; Georgia Tripodes, 25 years

DIVINE LITURGY ~ 10:00 A.M.

# THE CHURCH IS CLOSED TO THE PUBLIC AT THIS TIME

# JOIN US IN PRAYER VIA LIVE-STREAM:

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#### **UPCOMING DIVINE SERVICES:** (saint-anthonys.org/calendar):

Wednesday, April 1st:

Pre-Sanctified Liturgy (6:00pm)

Friday, April 3<sup>rd</sup>:

The Akathist Hymn (7:00pm)

Wednesday, April 8th:

Pre-Sanctified Liturgy (6:00pm)

Saturday, April 11<sup>th</sup>:

Saturday of Lazarus (Orthros 9:00am, Liturgy 10:00am)

#### HYMNS OF THE DAY:

## RESURRECTIONAL APOLYTIKION. MODE PLAGAL 4 (BEFORE ENTRANCE)

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Έξ ὕψους κατῆλθες ὁ εὕσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

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## APOLYTIKION OF ST. JOHN CLIMACUS. MODE PLAGAL 4

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῆ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἠμῶν.

#### MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἥμαρτον συγχώρησον οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὰ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τήν ἀνάπαυσιν.

#### APOLYTIKION FOR ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῆ εὐθείαις ταῖς τρίβοις ἑπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τήν οἰκουμένην ἐστήριξας εὐχαῖς σου διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

#### SEASONAL KONTAKION. MODE PLAGAL 4.

O Champion General, I your City now inscribe to you triumphant anthems as the tokens of my gratitude, being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, from all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῆ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν, εὐχαριστήρια, ἀναγράφω σοι ἡ Πόλις σου, Θεοτόκε ἀλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνων ἐλευθέρωσον ἵνα κράζω σοι Χαῖρε, Νύμφη ἀνύμφευτε.

#### ORTHROS GOSPEL READING

Eighth Orthros Gospel The Gospel According to John 20:11-18

At that time, Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to her, "Woman, why are you weeping?" She said to them, "Because they have taken away my Lord, and I do not know where they have laid Him." Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom do you seek?" Supposing Him to be the gardener, she said to Him, "Sir, if you have carried Him away, tell me where you have laid Him, and I will take Him away." Jesus said to her, "Mary." She turned and said to him in Hebrew, "Rabboni!" (which means Teacher). Jesus said to her, "Do not hold me, for I have not yet ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God." Mary Magdalene went and said to the disciples, "I have seen the Lord"; and she told them that He had said these things to her.

#### **EPISTLE READING**

Prokeimenon: Make your vows to the Lord our God and perform them.

Verse: God is known in Judah; his name is great in Israel. The reading is from St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

#### GOSPEL READING

Sunday of St. John Climacus The Gospel According to Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

#### **PARISH ANNOUNCEMENTS:**

# ALL DIVINE SERVICES ARE CLOSED TO THE PUBLIC until further notice.

<u>Myrrh Bearers and Parents</u> in compliance with current crisis and directives from our Archdiocese, Metropolis and our community we will need to put a hold on our participation during the lamentation service. We will continue to collect peanut butter and jelly to help children at Friends in Deed. Food banks will be in need of any food item we can donate.

**HOPE & JOY Great and Holy Friday retreat is cancelled.** Lessons and activities will continue to be developed. When we are given permission to proceed with our retreat we will be renewed and will put our attention on events surrounding Great Lent.

<u>Studies in the Faith with Fr. Peter</u> on Wednesday nights will be rescheduled to a later date.

Weekly Bible Studies will be postponed until further notice.

Young Adult Paraklesis and Social is postponed until further notice.

**Greek School Celebration and Fundraiser is cancelled.** 

<u>GOYA Basketball Season Suspended</u>. Considering current developments regarding the Covid-19 Virus, the Greek Orthodox Basketball League 2020 has been suspended. The health and safety of our players, coaches, fans, and communities is our top priority and we must take these precautions seriously.

St. Sophia Easter Picnic Cancelled. In the interest of mitigating a risk to our health and the health of the 1,800 guests who attend the Easter Picnic each year, the Easter Picnic committee, in conjunction with the Saint Sophia Foundation, has decided to make the difficult decision to CANCEL the 2020 Easter Picnic that was to be held at Brookside Park in Pasadena on April 19th.

St. Sophia Philoptochos Debutante Presentation Ball 2021: Plans are underway for the St. Sophia Philoptochos Debutante Presentation Ball to be held on Sunday, January 17, 2021 at the Four Seasons Beverly Wilshire Hotel. Interested young ladies who will be high school juniors (aged 16) and older should contact the Presentation Ball Chair, Trish Mentas (562) 472-7485 or email: saintsophiadebball@gmail.com. An informational meeting will be held at Saint Sophia Cathedral Huffington Center Sunday, May 3, 2020 at 12:30pm

<u>Union Station Homeless Services</u> - There is a sign-up poster in the entrance of Trinity Ballroom. Make a New Year's resolution to book a month to serve in 2020. Our sign-up calendar for 2020 is open. Please contact Sophia Angelos at sangelos2000@gmail.com, Stephanie Sowers at szanglis@aol.com or Irene Albeck at mcmg2a@aol.com.

<u>Hospital/Shut-in visitations:</u> It is a priority for our priests to visit and minister to our loved ones in need, and we are not aware of parishioners in need unless we are directly notified. If you, or a loved one, are in the hospital, rehab center, assisted living, or hospice care, please contact the church office for a pastoral visit.

Order for Holy Communion (only Baptized or Chrismated Orthodox Christians): Please allow ushers to dismiss you row by row in an orderly fashion.

Make a donation or update your regular stewardship giving to St. Anthony's by visiting saint-anthonys.churchgiving.com.

# John Climacus the Righteous, author of The Divine Ladder of Ascent (March 30th)

This Saint gave himself over to the ascetical life from his early youth. Experienced both in the solitary life of the hermit and in the communal life of cenobitic monasticism, he was appointed Abbot of the Monastery at Mount Sinai and wrote a book containing thirty homilies on virtue. Each homily deals with one virtue, and progressing from those that deal with holy and righteous activity (praxis) unto those that deal with divine vision (theoria), they raise a man up as though by means of steps unto the height of Heaven. For this cause his work is called "The Ladder of Divine Ascent." The day he was made Abbot of Sinai, the Prophet Moses was seen giving commands to those who served at table. Saint John reposed in 603, at eighty years of age. He is also remembered on the Fourth Sunday of the Fast.

Please visit <u>saint-anthonys.churchgiving.com</u> to make your offering and schedule your regular stewardship giving



#### WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

If you are a visitor to our parish, please join us for our social hour in the community center and introduce yourself to the pastors and people. Please note that *only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion*. At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.