



Rev. Father Peter Stratos, Pastor

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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)

For pastoral emergencies only please call 626-855-3640

MARCH 1ST, 2020 – FORGIVENESS SUNDAY

Saint: The Holy Righteous Martyr Eudokia the Samaritan

ORTHROS ~ 8:45 A.M.

MEMORIAL ~ 9:45 A.M.

Dino Vagenas, 40 days; John Mouzakis, 1 year; Vasilis Kageorgis, 2 years

DIVINE LITURGY ~ 10:00 A.M.

TODAY'S SOCIAL HOUR will be hosted by the Vagenas, Mouzakis, and Kageorgis families in memory of their loved ones.

UPCOMING DIVINE SERVICES: (saint-anthonys.org/calendar):

Sunday, March 1st: AT ST. KATHERINE'S REDONDO BEACH

Forgiveness Vespers (6:00pm)

Wednesday, March 4th:

*Pre-Sanctified Liturgy (6:00pm)*Followed by Studies in the Faith*

Friday, March 6th:

Salutations to the Theotokos (7:00pm)

Saturday March 7th:

Saturday of Souls (Orthros 9:00am, Liturgy 10:00am)

RESURRECTIONAL APOLYTIKION. MODE 4 (BEFORE ENTRANCE)

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

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MEMORIAL HYMN. MODE PLAGAL 4.

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

APOLYTIKION FOR ST. ANTHONY THE GREAT. MODE 4

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστῆς, καί τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

SEASONAL KONTAKION. MODE 1.

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρὸς Λόγος· ἰδοὺ γὰρ τὰ χεῖλη μου, οὐ μὴ κωλύσω ἐν τῷ κρᾶζειν σοι· Ἐλεῆμιον, ἐλέησόν με τὸν παραπεσόντα.

ORTHROS GOSPEL READING

Fourth Orthros Gospel

The Gospel According to Luke 24:1-12

On the first day of the week, at early dawn, the women went to the tomb, taking the spices which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, "Why do you seek the living among the dead? Remember how he told you, while he was still in Galilee, that the Son of man must be delivered in to the hands of sinful men, and be crucified, and on the third day rise." And they remembered his words, and returning from the tomb they told all this to the eleven and to all the rest. Now it was Mary Magdalene, and Joanna and Mary the mother of James and the other women with them who told this to the apostles; but these words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; and he went home wondering at what had happened.

EPISTLE READING

Prokeimenon: Make your vows to the Lord our God and perform them.

Verse: God is known in Judah; his name is great in Israel.

The reading is from St. Paul's Letter to the Romans 13:11-14; 14:1-4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in

SCRIPTURE READINGS OF THE DAY:

faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

GOSPEL READING

Forgiveness Sunday

The Gospel According to Matthew 6:14-21

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

PARISH ANNOUNCEMENTS:

HOPE & JOY meet March 1, 12:15 PM to 1:00 PM, rooms 1A and 1B. HOPE is ages 4 ½ to 6 and JOY are ages 7 to 9. Ten and over are welcomed to participate as volunteers. This youth group is: Faith, Friends, and Fun. Lenten lunch will be served. This year's theme is: Caring for and Protecting God's Creation. The service project is collecting socks for souls of all ages. We will have follow up activities, and games. Adult volunteers welcomed. For further information contact: Irene Albeck at mcmg2a@aol.com

CHURCH SCHOOL dates to remember:

- 3-8 Sunday of Orthodoxy—**BRING YOUR ICONS FOR THE PROCESSION!**
- 3-13 Youth Confessions (3:30-6:30 PM)—Call the church office to make an appointment for confession with Fr. Peter.
- 3-22 Godparent Sunday—Invite your godparent(s) today! No classes that day.
- 4-11 Saturday of Lazarus—Set the tone for Holy Week by praying at this important Divine Liturgy as a family. Then enjoy a pancake breakfast and make Palm Crosses!
- 4-12 Palm Sunday-Regular class. Students will return to church for their crosses at 12:00.

Weekly Bible Studies will begin on Tuesday March 17th at 10:00am.

Philotochos Membership: St Anthony Philotochos is holding its annual membership drive now. By becoming a member, you will help to provide much needed assistance to our community. Philotochos helps our community and beyond by providing Bad Weather Shelter, hot meals for the homeless, support to Kids n Cancer, school supplies for at risk youth and so much more. Please become a member today. ALL are invited, both men and women. Suggested stewardship \$50.

2020 Stewardship Financial Commitment. Please return your completed commitment card to church if you haven't done so already. To fully cover our operating expenses, our goal is to have our average stewardship be \$2,000 per family or above. Contact the Church office to set up easy recurring electronic payments, -OR- set up your own recurring giving at saint-anthonys.churchgiving.com

St. Sophia Philotochos Debutante Presentation Ball 2021: Plans are underway for the St. Sophia Philotochos Debutante Presentation Ball to be held on Sunday, January 17, 2021 at the Four Seasons Beverly Wilshire Hotel. Interested young ladies who will be high school juniors (aged 16) and older should contact the Presentation Ball Chair, Trish Mentas (562) 472-7485 or email: saintsophiadebball@gmail.com. An informational meeting will be held at Saint Sophia Cathedral Huffington Center Sunday, May 3, 2020 at 12:30pm

PARISH ANNOUNCEMENTS:

GOYA Basketball Games today hosting St. Katherine. Games at Sierra Madre Middle School, 160 N Canon Ave, Sierra Madre, CA. 2:00 Jr. Girls, 3:00 Jr. Boys, 4:00 Sr. Boys.

Metropolis Young Adult Lenten Retreat: Calling all Young Adults! Join us for the Metropolis Young Adult Lenten Retreat at St. Nicholas Ranch & Retreat Center, April 3 - 5, 2020. This retreat is open to all Orthodox young adults ages 18-30's from across the Archdiocese. Please share this with your friends and encourage them to register as well! gosfyouth.org/young-adult-lenten-retreat

LOST AND FOUND ITEMS will be available for pick up in a basket outside the church office. If you or your child left anything behind at one of our ministries or events, please be sure to check the lost and found.

Our Lenten schedule of services are now available. Be sure to pick one up in the Narthex or Trinity Ballroom to know when our Lenten services are! Available also at saint-anthonys.org/lent2020. As always, our church calendar has services up to date at saint-anthonys.org/calendar.

Union Station Homeless Services - There is a sign up poster in the entrance of Trinity Ballroom. Make a New Year's resolution to book a month to serve in 2020. Our sign-up calendar for 2020 is open. Please contact Sophia Angelos at sangelos2000@gmail.com, Stephanie Sowers at szanglis@aol.com or Irene Albeck at mcmg2a@aol.com.

Hospital/Shut-in visitations: It is a priority for our priests to visit and minister to our loved ones in need, and we are not aware of parishioners in need unless we are directly notified. If you, or a loved one, are in the hospital, rehab center, assisted living, or hospice care, please contact the church office for a pastoral visit.

Order for Holy Communion (*only Baptized or Chrismated Orthodox Christians*): Please allow ushers to dismiss you row by row in an orderly fashion.

Make a donation or update your regular stewardship giving to St. Anthony's by visiting saint-anthonys.churchgiving.com.

Conon the Gardener (March 5th)

This saint lived during the reign of emperor Decius in 251. He came from the town of Nazareth. He left his hometown and went to the city of Mandron, in the province of Pamphylia. There he stayed at a place called Karmela or Karmena cultivating a garden which he used to water and plant with various vegetables. From this garden he obtained what is necessary for life. He had such an upright and simple mind that, when he met those who wished to arrest him and saw that they greeted him, he also greeted in return from the bottom of his soul and heart. When they told him that governor Publius called the saint to go to him, the saint answered with simplicity: "What does the governor need me, since I am a Christian? Let him call those who think the way he does and have the same religion with him." So, the blessed man was tied and brought to the governor, who tried to move him to sacrifice to the idols. But the saint sighed from the bottom of his heart, cursed the tyrant and confirmed his faith in Christ with his confession, saying that it is not possible to be moved from it even though he might be tortured cruelly. So, for this reason they nailed his feet and made the saint run in front of the governor's coach. But the saint fainted in the street. Having fallen on his knees, he prayed and, thus, he commended his holy soul to the hands of God.

Please visit saint-anthonys.churchgiving.com to make your offering and schedule your regular stewardship giving



WELCOME!



We hope you enjoy your time with us today and that your worship experience is inspirational and uplifting.

If you are a visitor to our parish, please join us for our social hour in the community center and introduce yourself to the pastors and people. Please note that ***only baptized and/or Chrismated Orthodox Christians may partake of the Sacrament of Holy Communion.*** At the end of the Divine Liturgy, you are welcome to come and receive the *Antidoron* (blessed bread) from the priest.

Contact our office at 626-449-6943 or office@saint-anthonys.org to receive more information about our parish or the Orthodox Christian faith.