

The Voice of Saint Anthony

OCTOBER 2019

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**Deadline for
November Newsletter is
Friday, 25 October**
Please send to:
frchris@saint-anthonys.org
newsletter_church@aol.com



Reverend Father Peter Stratos, Pastor

Reverend Father Christopher Retelas, Associate Pastor

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PRIEST'S MESSAGE

Dear Faithful,

Entering into the Fall season and reflecting back on the month of September, there is much for which to thank God. Our annual Pasadena Greek Fest was well attended and successful and we give special thanks and consideration to all those who volunteered and offered their time and talent to another great festival. Looking forward, we are excited about a number of events and feast days coming in the life of our parish and in our Orthodox Church.

This month of October, we look toward several feast days of beloved saints of our church, including **Saint Thomas the Apostle** (Oct. 6th), **St. Philip the Apostle** (Oct. 11th), **St. Luke the Evangelist** (Oct. 18th), **Saint Gerasimos of Cephalonia** (the feast of our own Metropolitan Gerasimos, Oct. 20th), **St. James the Apostle and Brother of our Lord** (Oct. 23rd), and of course the beloved **St. Demetrios the Myrrh-Streamers** (Oct. 26th). May these beloved saints always intercede for us and guide us through their exemplary examples of faith and wisdom.

While Autumn in Southern California is not one filled with crisp weather or foliage, we are excited to celebrate the beginning of Fall with our monthly **Fellowship Fridays**, and a special Fall edition "Fall"owship Friday, this upcoming Friday October 4th. This is a monthly event that brings together all parishioners of our beloved community, no matter the age or household. I would like to encourage everyone to come and participate. We will start in the church at 6:30, and then come together for dinner, some Fall festivities, desserts, and games, and end around 8:30pm.

Things are getting into "full swing" this time of year, with our Church School underway, our dance groups practicing, our youth groups starting and our faith education and bible studies to begin very soon. There is a lot to benefit from by being a part of St. Anthony. However, we are not only here to be beneficiaries of a beautiful and vibrant parish here in Pasadena, but to devote ourselves and our whole life to the betterment of our community. With the change in the season, perhaps it is a time for reflection on what ways we are called to change. Perhaps it is in our giving to the church, or the time we can volunteer, or what kind of unique talents we have that we can offer to our fellow parishioners. The life of our community is only as good and strong as what the people give to it.

May we continuously renew our dedication to our Lord and to His Church.

To God be the glory,

Fr. Chris



Encyclical for the Ecclesiastical New Year and the Day for the Protection of our Natural Environment

Thirty years ago, the Ecumenical Patriarchate issued an appeal to Orthodox Christians, urging prayer and care for God's creation. Since 1989, each year on September 1st, at the inspiration of His All-Holiness Demetrios, the Ecumenical Patriarchate has opened the liturgical year with prayers for all God's creation. Since 1992, at the exhortation of His All-Holiness Bartholomew, all Orthodox Churches have implemented the same tradition.

Over the years, the World Council of Churches has heeded this call, while more recently the Roman Catholic Church and the Anglican Communion have also embraced this tradition. Today, countless parishes and faithful adopt the same practice in their communities and lives. Therefore, in all corners of the planet, we have perceived glimpses of the polluted creation that we are called to redeem and the new creation that we are called to promote.

All of these initiatives are positive signs of awakening but much more remains to be accomplished. Moreover, the Orthodox Church has drawn on its liturgical, patristic and spiritual treasures to develop a sensitive and profound theology of creation, emphasizing the Eucharistic and ascetic dimension of creation care, while highlighting the role of human beings as priests of creation.

In many ways, the encyclical of 1989 proved genuinely prophetic. What the world has witnessed in terms of climate change and global warming has only deteriorated and become exacerbated; the predictions of scientists were accurate, albeit restrained. At the same time, as Orthodox Christians, we must admit our failure to integrate our theology with our practice. Now those problems have intensified, while the challenge requires a more urgent response by the Church.

Our response, however, is fraught with difficulties and barriers because we are captive to a mentality of consumption and greed that is fundamentally foreign to Orthodox Christianity and contradictory to the spirit of communion and generosity. Instead, we are called to participate in the "cosmic liturgy" of creation where "everything that breathes praises the Lord" (Psalm 150:1), where "the heavens and the hills, the trees and the animals exalt the name of God" (cf. Psalm 148:4–13), and where every drop of water and grain of sand offer glory and gratitude for the presence of the Creator.

Of course, we all recognize that we can no longer desecrate God's creation, whose origin and destiny are inseparably identified with ourselves. What we refuse to do is take the next step that is required of us as priests of creation, which entails consecrating creation to the Creator. Avoiding desecration is only a partial response to the ecological crisis; accepting and advocating consecration is the fulfillment of our divine mandate to "serve and preserve the earth" (Gen. 1:15). Such a sanctification and offering to God of "His own of His own, on behalf of all and for the sake of all" (from the Divine Liturgy) also unleashes the transformative potential and restorative capacity of all creation for healing and wholeness. However, in order to heal the earth, we must purify our hearts and transform our habits. Every act of defilement on the body of creation is ultimately contempt for the Body of Christ. Whereas when we demonstrate respectful consideration for the earth's natural resources, then we can also begin to discern the perspective of the kingdom "on earth as in heaven" (From the Lord's Prayer).

As Ecumenical Patriarch Bartholomew has written: "Climate change affects everyone. Unless we take radical and immediate measures to reduce emissions stemming from unsustainable excesses in the demands of our lifestyle, the impact will be both immediate and alarming." Therefore, each parish and every individual should seek out ways of practicing prayer and care for God's creation by applying the fundamental principles of scripture, theology and tradition with regard to our relationship with the natural environment by considering changes in our attitudes and habits with regard to food and travel, by reducing consumption of fossil fuels and choosing alternative sources of energy with regard to lighting and heating, as well as by raising and promoting awareness with regard to the divine gifts of water and air.

Every parish and community is invited and encouraged to open a fruitful dialogue on this challenge of our generation.

With paternal love in Christ,

†ELPIDOPHOROS

Archbishop of America

STEWARDSHIP

ST. ANTHONY STEWARDSHIP UPDATE

OUR STEWARDSHIP GOAL: **\$425,000**

288 PLEDGES TOTALING: **\$371,254**

COLLECTED AS OF 9/25/19: **\$309,152**

AVERAGE PLEDGE GOAL: **\$1,500**

CURRENT AVERAGE PLEDGE: **\$1,289**

Breakdown of Stewardship/Annual Giving to the Church		
Total Annual Giving to the Church	Pledges/families	% of Pledges Breakdown
\$0 - \$1,499	212	74%
\$1,500 - \$1,999	24	8.3%
\$2,000 - \$2,999	26	9.0%
\$3,000 - \$4,999	12	4.2%
\$5,000 - \$7,999	8	2.8%
\$8,000 - \$9,999	1	0.3%
\$10,000 - \$14,999	4	1.4%
\$15,000 - \$99,999	1	0.3%
TOTAL ANNUAL PLEDGES	288	100%

\$425,000 (goal)

\$371,254
Amount Pledged
(87% of goal)

\$309,152
Amount Collected
(73% of goal)

**NOTE: Our current stewardship goal is \$1,500 per steward/family
RIGHT NOW, 74% OF OUR STEWARDS ARE UNDER THAT GOAL**

NEWS FROM THE LOFT

The hymnologists of the Orthodox Church are Christians of virtue and great faith, having been endowed with musical talent as well as the power of religious inspiration. Their creations enrich our worship services and help turn our souls towards God. Perhaps the greatest of all hymnologists is **Saint Romanos the Melodist**. Many other hymnologists wrote ecclesiastical hymns but none of them inspired the Christians as much as Saint Romanos.

Romanos was a Syrian Christian who lived in the beginning of the 6th century. A convert to Orthodoxy from Judaism, he was ordained a deacon and served in the Church of Beirut. His talent was great. Unlike others, he wrote his hymns in simple language and produced a pleasant meter in the verse by the way he accented words. The hymns he composed appealed to the hearts of the people and are still sung today.

Romanos has been called “Sweet Singer” (Ghlykophonos), “Melodist” (Melodhos), and “Righteous Chanter” (Psaltis Dhikeosinis). He wrote hundreds of hymns celebrating the mystery of the Incarnation, the Crucifixion, the Resurrection and the living of a Christian life. One of the most famous compositions is the hymn celebrating the Nativity of our Lord, *“Today the Virgin gives birth to the One who is above all living things...”* (I Parthenos Simeron). St. Romanos is said to have composed the Akathist Hymn, a kontakion that we still chant during the Friday evening Heretismoι services of Great Lent.

Romanos died on October 1st in 510 AD. He was a productive genius and artist, writing and accenting thousands of kontakia. He has been called the patron saint of all who sing for the Church. Others say he is the leader in the world of religious hymnology. Surely he has made a profound contribution to divine worship and deserves to be recognized by all who sing and by all who listen to the hymnology of our services.

The first Sunday on or after the Feast of St. Romanos (October 1st) is designated by our Archdiocese as National Church Music Sunday. Each year on this Sunday, we pause to honor the gifts and contributions of our church musicians – clergy, choir directors, chanters, choir members, organists, and Church School music educators.

Please take the opportunity to thank our church musicians for their commitment to enhancing the worship experience at Saint Anthony and consider joining the choir by contacting the choir director through the church office for more information on this important ministry.



CHURCH SCHOOL NEWS

CHURCH SCHOOL—A PLACE YOUR CHILDREN WANT TO BE!

Welcome to the 2019-2020 Church School year! I am honored to serve your children, once again, as Church School director and teacher. We began our year with picture day and a Church School blessing. Many thanks to our photographer, Vicki Kades, for taking the pictures and for printing out copies for our students and the bulletin boards.

Our theme this year is ***I Am the Way and the Truth and the Life***. This is our overarching Church School theme, but your children will be focusing on an age-appropriate Orthodox theme in their classes. All lessons will complement their class theme. With regular attendance, our students can become “experts” in their area of study.

Can I ask for your help? The success of the Church School program doesn’t lie solely on the staff or the students. A major factor in our success is YOU, the parents. If we all reserve Sunday mornings for worship and catechism, our families and community will reap the benefits. We give our all to bring Orthodoxy to life for our students. Make sure your children are in class each week to benefit from our lessons, to grow in the Faith, and to enjoy Orthodox fellowship. Regular attendance is expected from all students. If they need to miss a Sunday, kindly give your child’s teacher(s) a heads-up.

We will be adding two features to our monthly Newsletter contribution this year: a “Student Spotlight” and a “Teacher’s Corner”. Each class will be assigned a month to be highlighted. Look to the Newsletter to see what your children are learning, and get to know our teachers! **If your child would like to be featured, let me know!**

Check out the Church School tab on the St. Anthony website by clicking [HERE](#). And if you are ever wondering if we have class on a particular Sunday, consult the St. Anthony master calendar, also on the website. Click [HERE](#) to view the Master Calendar.

Finally, if you have not yet submitted Registration Forms for your children, it is important that you do so **THIS SUNDAY**. Registration Forms and Donation Envelopes can be obtained in the Narthex or the foyer of the Parish Center. They may be turned in to any teacher or the office.

Wishing everyone a fruitful Church School year,

Fotene Trigonis, Director

cftrigonis@sbcglobal.net

CHURCH SCHOOL NEWS



Kinder & 1st Grade

Kathy & Kyraki Tsigkounis



Grades 4th & 5th

Georgia & John Vagenas



Grades 2nd & 3rd

Fotene Trigonis



Middle School

*6th - 8th Grades
Rebecca Russo*



High School

*9th - 12th Grades
Pres. Aida Stratos*

CHURCH SCHOOL NEWS



YOUTH & YOUNG ADULT NEWS (CONTINUED)



What is HOPE and JOY?

- It is a ministry of the church
- It is an opportunity to provide fellowship among our young faithful of the church
- It is an opportunity to share common interests with those of similar ages
- It integrates four elements: Worship, Fellowship, Service and Witness

Is there a membership fee?

- No
- Occasionally members will be asked to bring something for a community outreach
- We may ask for monetary donations to cover expenses as needed

What are the ages?

- HOPE (Hellenic Orthodox Primary Explorers): 4 ½ to 7 years old
- JOY (Junior Orthodox Youth): 8 years old to 10 years old

Meeting dates and times:

- First Sunday of the month
- Begins 10 minutes after Church School is dismissed
- Schedules are flexible and announced well in advance

Volunteer Opportunities?

- Adult supervision is always welcomed
- Youth volunteers are needed

Coordinator: Irene Albeck- mcmg2a@aol.com / 626-792-8122

Please leave completed form in Room 1A or eMail the following information to Irene:

First and Last name of child/children:

1. _____ 2. _____

3. _____ 4. _____

Name of Parents: _____

eMail: _____

Two phone numbers including an emergency number:

1. _____ 2. _____ (ice)

I want to volunteer! _____ yes _____ maybe _____ ask me later

PHILOPTOCHOS NEWS

ALICE IN WONDERLAND MAD HATTER TEA PARTY!

Everyone is invited to a happy un-birthday tea party. All ages of girls and boys, moms and dads, yiayias and pappous. Please join us for a fellowship tea.

Saturday, October 5, at 1:00 pm, Trinity Hall

Includes tea party, photo booth and a craft.

Adults \$25.00, children \$15.00.

RSVP to Jeanne Karaioannoglou, (626) 437-6078.

THE GREAT CALIFORNIA SHAKEOUT!

On **October 17th** is Drop, Cover and Hold. As a community service we will be having information, earthquake kits and checklist for you to have.

Look for a table setup on one or possible two Sundays this month.

NEXT GENERAL MEETING

Our next general meeting will be on **October 23**.

More information to follow.

SOUP-ER SUNDAY

November 3rd

This event supports the Bad Weather Shelter.

Join the fun and volunteer to make your favored soup or chili.

LIGHT THE PATH

This year Light the Path will be on **November 23**, at St. Paul's, in Irvine. This is another opportunity to support the Metropolis Philoptochos. The funds will support the Bishop Anthony Philoptochos Student Aid Fund, for our seminarians.

50TH CHRISTMAS BENEFIT LUNCHEON

Please consider supporting our 50th Christmas Benefit Luncheon by placing an ad or a star in this year's commemorative album. Many wonderful ladies have worked very hard over the years on this annual event, that has raised funds to support our many philanthropies. This is a milestone for our St. Anthony Pasadena Philoptochos Panagia Chapter.

JOIN US! BECOME A MEMBER!

PHILOPTOCHOS (CONTINUED)

***“You shall open wide your hand to your brother, to the needy and to the poor, in your land.”
Deuteronomy 15:11***

Union Station Homeless Services

In 1973 a group of community volunteers opened Union Station as a simple hospitality center to serve poor and homeless men in downtown Pasadena. Since then, Union Station has grown..

Under the guidance of Philoptochos for over 25 years our community has participated once a month (rain or shine, holiday or no holiday) providing and serving hot meals for about 50-60 individuals fulfilling what is written in **Hebrews13:16**:

“Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.”

Food is prepared in our kitchen, and then delivered to the center. Other necessities will be purchased and taken to the facility.

Members of our church and our youth groups are encouraged to sign up for one or more month to serve. It only takes one and a half hour of your time.

Contact:

Stephanie Soewers	szanglis@aol.com	626-914-1000 (home)
Sophia Angelos	sangelos2000@gmail.com	626-795-0848 (home)
Irene Albeck	mcmg2a@aol.com	626-792-8122



VIP NEWS

Good Afternoon VIPs,

Hope you are having a great summer 😎

Here are our upcoming events...

Tuesday, October 8th - 10:00 a.m.

Meeting in the Trinity Ballroom - Lunch will be provided

Thursday, October 17th - Trip to Graber Olive House in Ontario

Tour begins at 10:30 a.m. (Carpools will leave Church at 9:30 a.m.)

Lunch to follow at nearby restaurant (not included)

Friday, October 25th - 4:00 p.m. - ?

Vesper services at St. Demetrios in Camarillo

Van will depart Church at 4:00 p.m. (\$20pp)*

Tuesday, November 12th - 10:00 a.m.

Meeting in the Trinity Ballroom - refreshments will be provided

Thursday, November 14th - 9:00 a.m.

Trip to Roger's Gardens in Corona Del Mar

Van will depart Church at 9:00 a.m. (\$20pp)*

Lunch following at the Farmhouse Restaurant (not included)

Monday, December 9th - 10:00 a.m. (note change in day)

Christmas Breakfast Meeting at Monrovia Restaurant

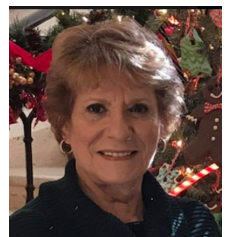
(price to be determined)

PLEASE JOIN US AT OUR NEXT MEETING ON OCTOBER 8th!!!

Helen Treantafelles

President

*(**\$20 not refundable if you cancel on day of event**)



MINISTRIES

Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos

Reverend Father Christopher Retelas

2019 PARISH COUNCIL MEMBERS

Officers

Pete Gallanis	President
John Vidalakis	1 st Vice President
Joseph Akrotirianakis	2 nd Vice President
Tashia Vagenas	Secretary
Tony Christopoulos	Treasurer

Members

Philip Ted Attalla	James Pappas
John Buzas	Sophia Syrengelas
Roberto Crespo	Mary Udria
Tom Grafos	Perry Vidalakis
Christos Ioannou	Vincent Zarian

OFFICE STAFF

Alma Vorgias – Office Administrator
Athena Serban – Events Coordinator (Trinity Ballroom)



CUSTODIAL STAFF

Carlos Sosa



CHOIR

Choir Director Jim Hronas

Sherese Akrotirianakis	Elias Kalivas
Dean Athans	Stavrula Kiotas
Tina Athans	Dr. Rodanthi Kitridou
George Babbes	Kathy Lucas
Christina Becronis	Claire Marotta
Tom Bouras	Liam McCann
Judie Christopoulos	Bess Mechalas
Leah Cokias	Elizabeth Moreno
Rebecca Courter	Iliana Orozco
Athena Dallas	Alexandra Patzakis
Jennifer Dobrinen	Gena Pegadiotes
Maria Ganis	Katerina Petrossian
Georgia Loutsos Grajeda	Nicole Schulman
Aliki Haralambos	Litsa Stavropoulos
Maria Hronas	Pres. Aida Stratos

CHANTERS

Patrick Lynch
Katerina Lynch
Demetrios Baliotis
Mike Abi-Farah



READERS

Dr Nicholas Kokoris
Constantine Trigonis

YOUTH CHOIR

Katerina Lynch

CHURCH SCHOOL STAFF

Irene Albeck - Preschool
Nikolitsa Vagenas - Preschool
Kathy Tsigkounis - Kindergarten & 1st
Kyriaki Tsigkounis - Kindergarten & 1st
Fotene Trigonis - 2nd & 3rd
John Vagenas - 4th & 5th
Rebecca Russo/Stephanie Scolinos - Middle School/6th—8th
Pres. Aida Stratos - High School/9th—12th

Fotene Trigonis - Director



MINISTRIES (CONTINUED)**PHILOPTOCHOS SOCIETY****Panagia Chapter Board 2017-2019*****President***

Maria Kypreos

1st Vice President

Elizabeth Skandale & Lisa Xanthos

2nd Vice President

Judith Din & Konstantina Paziouros

Corresponding Secretary

Tanya Christodoulelis & Maria Grover

Recording Secretary

Fontaine Achilles Malisos & Mary Dewar

Treasurer

Maria Kokoris

Assistant Treasurer

Katherine Skandale

Beautification

Presbytera Aida Stratos & Esther Vavoulis

Community Outreach

Mary Dewar, Stephanie Soewers & Presbytera Aida Stratos

Fellowship

Athena Dallas

Publicity / Webmaster

Terese Caire & Nicolette Fuerst

Scholarship

Irene Albeck & Judith Din

Sunshine and Visitation

Jeanne Karaianoglou

Union Station

Irene Albeck

Welfare

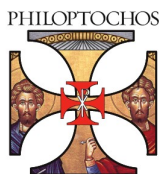
Presbytera Maria Mylonas

Advisor

Connie Becker

Spiritual Advisor

Father Peter Stratos

**ADDITIONAL MINISTRIES**

Acolytes

Fr. Christopher Retelas

Bible Study

Fr. Peter Stratos

Bookstore

Jeremiah Courter

GOYA

Fr. Christopher Retelas

GOYA Basketball

Anthia Lucas
Pana Gelt

Greek Dance Groups

Christine Pappas

Greek Festival

John Vidalakis
Nick Demopulos
Julie Balas

Greek Language School

Anastasia McClain

JOY/HOPE

Irene Albeck

Moms & Tots

Presbytera Kalli Retelas

Myrrh Bearers

Irene Albeck

Oratorical Festival

Nicole Schulman

Pasadena Golf Classic

Jimmy Christodoulelis
Roberto Crespo

Prayer Shawls

Aliko Haralambos

Vacation Bible School

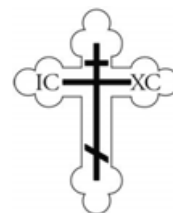
Sophia Syrengelas
Mary Udria

VIPs

Helen Treantafelles

Young Adults

Mike Abi Farah



COMMUNITY NEWS

ST. ANTHONY BOWLING LEAGUE

We had so much fun bowling this past Spring that we are starting again...

When: Every Tuesday, beginning September 3rd thru November 19th

Time: 7:00 - 9:00pm

Where: Bowlmor Lanes, Foothill Boulevard, Pasadena

Join us! Always a fun evening!

Open to all levels - beginner to experienced

Last day to sign up - September 1st

To register or for questions contact:

Pana Gelt pgelt@socal.rr.com / 626-278-2808



YAL Conference

AUGUST-SEPTEMBER 2019



COMMUNITY NEWS (CONTINUED)

2019 Greek Orthodox Church Festivals of Southern California

DATE	CHURCH	PHONE	LOCATION	SPECIAL NOTES
17 May 3-10pm 18 May 12-10pm 19 May 12-10pm	Saint John the Baptist 405 N. Dale St. Anaheim, 92801	714-827-0181	Church grounds, Anaheim 91 Artesia Frwy (east of 605 Frwy) Exit Beach Blvd.; South to La Palma; Left on La Palma; Right on Dale	Church Grounds Outdoors Covered dancing on blacktop
25 May 1-9pm 26 May 1-9pm 27 May 1-9pm	Saint Nicholas 9501 Balboa Blvd. Northridge, 91325	818-886-4040	Church grounds, Northridge 101 (Ventura Frwy); Exit Balboa North past Nordhoff; at corner of Plummer & Balboa	Church Grounds Outdoors Uncovered dancing on cement
1 June 11-10pm 2 June 11-10pm	Saint George 10846 Downey Avenue Downey, 90241	562-862-6461	From 605 Freeway, exit Firestone and go west to Downey Ave, then turn right to La Villa. From 710 (Long Beach Frwy), exit Firestone Blvd and go east to Downey Avenue. Turn left to La Villa, then turn right. Church is between 3rd St. and La Villa.	Church Grounds Outdoors Uncovered dancing on blacktop
7 June 5-10pm 8 June 11-10pm 9 June 11-8pm	Saint Spyridon 3655 Park Blvd. San Diego, 92103	619.297.4165	5 Frwy South; 805 Frwy south; 163 hwy south; exit University Avenue; left from exit to Park Blvd; turn right; go 2 blocks; Church grounds on left	Church Grounds Outdoors Covered dancing on blacktop
21 June 5-10pm 22 June 11-10pm 23 June 11-9pm	Saint Demetrios 5575 Santa Rosa Road Camarillo, 93012	805.482.1273	Take the 101 and exit at Las Posas Road; Go towards the airport; Turn right on Pleasant Valley Road; Turn right on Skyway Drive - festival located at 400 Skyway Drive	Camarillo Airport Outdoors Covered dancing wood floor
28 June 5-10 pm 29 June 12-10 pm 30 June 12-9 pm	Saint Paul's 4949 Alton Parkway Irvine, 92604	949.733.2366	Church Grounds, Irvine - 405 just south of 55 Newport Freeway; Exit Jeffrey and drive north to Alton Parkway; Left onto Alton Parkway	Church Grounds Outdoors Covered dancing on blacktop
12 July 5-10pm 13 July 12-10pm 14 July 12-9pm	Saint Katherine 722 Knob Hill Redondo Beach, 90277	310.540.2434	Church grounds, Redondo Beach 405 freeway, exit Hawthorne Blvd., Torrance go south to Sepulveda Blvd.; Turn right to Prospect and turn left to Knob Hill then right	Church Grounds Outdoors Covered dancing on blacktop
27 July 11-7pm 28 July 11-7pm	Saint Barbara 1205 San Antonio Creek Rd Santa Barbara, 93101	805.683.4492	Oak Park, Santa Barbara 101 North through Santa Barbara; Exit Pueblo and follow signs to park	City Park Outdoors Uncovered dancing on wood floor
23 August 5-10p 24 August 12-10p 25 August 12-10p	Saint Nectarios 20340 Covina Blvd. Covina, 91724	626.967.5524	10 Frwy west of 57/210 Freeway; exit Grand Avenue; Drive north then turn Right on Covina Blvd.; Corner of Covina Blvd and Bonnie Brae	Church Grounds Outdoors Covered dancing on blacktop
31 August 12-10pm 1 September 12-10pm 2 September 12-10pm	Assumption/Virgin Mary 5761 E. Colorado Long Beach, 90814	562.494.8929	405 Freeway, exit Bellflower and go south on Bellflower. Pass 7th Street and PCH; Turn left on Colorado and drive to LAST driveway on left side of cul-de-sac	Church Grounds Outdoors Covered dancing on blacktop
7 September 10-10p 8 September 11-9p	Sts. Constantine/Helen 3459 Manchester Ave. #32 Cardiff by the Sea, 92007	760.942.0920	5 Freeway south to San Diego/Cardiff; Exit Manchester; go east to church grounds	Church Grounds Outdoors Covered dancing on blacktop
20 September 5-10p 21 September 12-10p 22 September 12-9p	Saint Anthony 778 South Rosemead Blvd Pasadena, 91107	626.449.6945	210 Freeway - Exit Rosemead Blvd. South South/right onto Rosemead South of California Avenue on east side	Outdoors Covered dancing on portable floor
20 September 5-9pm 21 September 11-9pm 22 September 12-5pm	Sts. Constantine/Helen 43404 30th Street West Lancaster, 93539	661-945-1212	Interstate 5 north ; Merge onto 14 north Palmdale/Lancaster ; Exit #40 Ave. M ; turn left onto West Ave M/Columbia Way ; Turn right onto 30th St. West - PARKING at AV College (Ave. K & 30th St. West)	Free Shuttle to Church Grounds Outdoors Covered dancing on wood floor
27 September 5-10pm 28 September 3-11pm 29 September 12-10p	Saint John 5300 So. El Camino Las Vegas, Nevada 89101	702.221.8245	Church Grounds; Interstate 15, Exit Tropicana, & stay west of Strip; Left on Jones, right on Hacienda, left on El Camino	Church Grounds - Outdoors Uncovered dancing on portable wood floor
28 September 11-11p 29 September 11-10p	St. Basil's of So.Or.Co. 27129 Calle Arroyo, #1803 San Juan Capistrano, 92675	949.542.3445	Location Unknown Call church or check website: sjcgreekfest.org	Outdoors Covered dancing on blacktop
4 October 5-12pm 5 October 12-11pm 6 October 12-10pm	Saint Sophia Cathedral 1324 S. Normandie Los Angeles, 90006	323.737.2424	10 Santa Monica Freeway towards downtown L.A.; Exit Normandie Avenue and drive north to Pico; Cathedral at corner of Pico & Normandie	Outdoors Covered dancing on portable floor
12 October 11-9pm 13 October 11-8pm	Saint Nicholas 41132 Guava Street Murietta, 92562	951.296.6207	Old Town Temecula Civic Center 28690 Mercedes Street, Temecula, 92590 Take 15 towards Temecula, and exit Rancho California Rd.	Outdoors Uncovered dancing on cement Free Parking at Old Town
19 October 12-10pm 20 October 12-9pm	Saint Prophet Elias 1035 Inland Center Dr. San Bernardino, 92042	909.885.6213	Church grounds - Interstate 10 towards San Bernardino; 215 Freeway North - exit Inland Center Drive; Over freeway church on left	Church Grounds - Outdoors Uncovered dancing on blacktop Live music
2020 TBD 15 February 11-8pm 16 February 11-8pm	St. George of the Desert 14-109 Larrea Palm Desert, 92217	760-568-9902	Take 10 Freeway-east to Palm Desert; Exit at Monterey/Hwy 74 & turn right. Turn left on El Paseo, right on Portola and left on Larrea; church is on right	Church grounds Outdoors Uncovered dancing on blacktop



ORTHODOXY 101

If you have ever wanted to learn more about:

What makes the Orthodox Church unique?

Who is Jesus Christ? What is the Holy Trinity?

What does salvation look like? Heaven and Hell?

What about Church Hierarchy? Who are the Saints?

Who are the Church Fathers? What did they teach?

What does Spirituality and Prayer look like?

How important is the Bible? The Sacraments?

This class will welcome those who desire to learn more about the Orthodox Faith, to enrich their understanding of, and life within, the timeless Orthodox Church.

Monday nights

7:00-8:00pm

starting Monday, October 7th



St. Anthony Greek Orthodox Church

Upstairs classrooms 2 E/F

with Fr. Chris Retelas

COMMUNITY NEWS (CONTINUED)

Join Us for Dinner and a Movie!

WHO: GIRLS IN 9-12TH GRADES

WHEN: FRIDAY OCTOBER 11 @ 7-9PM

WHERE: ST. PAUL'S YOUTH ROOM



**FOR MORE
INFORMATION
OR TO RSVP,
CALL OR TEXT
(949) 371-9095**

COMMUNITY NEWS (CONTINUED)



Archbishop
Elpidophoros
visits Saint Sava
Serbian Orthodox
Church of
San Gabriel



1 September 2019

Photos by
Esther Vavoulis

COMMUNITY NEWS (CONTINUED)

Pasadena Greek Fest



COMMUNITY NEWS (CONTINUED)



COMMUNITY NEWS (CONTINUED)



COMMUNITY NEWS (CONTINUED)



COMMUNITY NEWS (CONTINUED)



COMMUNITY NEWS (CONTINUED)



COMMUNITY NEWS (CONTINUED)



FEASTS & SAINTS OF THE MONTH

Saint Romanos the Melodist

October 01

Romanos was a Syrian Christian who lived in the beginning of the 6th century. A convert to Orthodoxy from Judaism, he was ordained a deacon and served in the Church of Beirut. His talent was great. Unlike others, he wrote his hymns in simple language and produced a pleasant meter in the verse by the way he accented words. The hymns he composed appealed to the hearts of the people and are still sung today.

Romanos has been called "Sweet Singer" (Ghlykophonos), "Melodist" (Melodhos), and "Righteous Chanter" (Psaltis Dhikeosinis). He wrote hundreds of hymns celebrating the mystery of the Incarnation, the Crucifixion, the Resurrection and the living of a Christian life. One of the most famous compositions is the hymn celebrating the Nativity of our Lord, *"Today the Virgin gives birth to the One who is above all living things...."* St. Romanos is said to have composed the Akathist Hymn, a kontakion that we still chant during the Friday evening Heretismoi services of Great Lent.

Romanos died on October 1st in 510 AD. He was a productive genius and artist, writing and accenting thousands of kontakia. He has been called the patron saint of all who sing for the Church. Others say he is the leader in the world of religious hymnology. Surely he has made a profound contribution to divine worship and deserves to be recognized by all who sing and by all who listen to the hymnology of our services.

Saint Thomas the Apostle

October 06

The Holy and Glorious Apostle Thomas was born in the Galilean city of Pansada. He was a fisherman. Hearing the good tidings of Jesus Christ, he left all and followed after Him. The Apostle Thomas is included in the number of the Twelve Apostles of the Savior.

According to Holy Scripture, the holy Apostle Thomas did not believe the reports of the other disciples about the Resurrection of Jesus Christ: "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe." (*John 20:25*).

On the eighth day after the Resurrection, the Lord appeared to the Apostle Thomas and showed him His wounds. "My Lord and my God," the Apostle cried out (*John 20:28*). "Thomas, being once weaker in faith than the other apostles," says St John Chrysostom, "toiled through the grace of God more bravely, more zealously and tirelessly than them all, so that he went preaching over nearly all the earth, not fearing to proclaim the Word of God to savage nations."

Some icons depicting this event are inscribed "The Doubting Thomas." This is incorrect. In Greek, the inscription reads, "The Touching of Thomas." In Slavonic, it says, "The Belief of Thomas." When St Thomas touched the Life-giving side of the Lord, he no longer had any doubts.

According to Church Tradition, the holy Apostle Thomas founded Christian churches in Palestine, Mesopotamia, Parthia, Ethiopia and India. Preaching the Gospel earned him a martyr's death. For having converted the wife and son of the prefect of the Indian city of Meliapur, the holy apostle was locked up in prison, suffered torture, and finally, pierced with five spears, he departed to the Lord. Part of the relics of the holy Apostle Thomas are in India, Hungary and on Mt. Athos.

Saint Philip the Apostle of the 70

October 11

Saint Philip, who had four daughters that prophesied, was from Caesarea of Palestine. He preached throughout Samaria; it was he also who met the eunuch of Candace, the Queen of the Ethiopians, as the eunuch was reading the Prophet Esaias, and he instructed and baptized him (*Acts 8:26-39*). He reposed in Tralles of Asia Minor while preaching the Gospel.

FEASTS & SAINTS OF THE MONTH (CONTINUED)**Saint Luke the Evangelist****October 18**

Luke was a native of Syrian Antioch, a companion of the holy Apostle Paul (Phil.1:24, 2 Tim. 4:10-11), and a physician enlightened in the Greek medical arts. Hearing about Christ, Luke arrived in Palestine and fervently accepted the preaching of salvation from the Lord Himself. As one of the Seventy Apostles, St Luke was sent by the Lord with the others to preach the Kingdom of Heaven during the Savior's earthly life (Luke 10:1-3). After the Resurrection, the Lord Jesus Christ appeared to Saints Luke and Cleopas on the road to Emmaus.

Saint James the Apostle**October 23**

According to some, this Saint was a son of Joseph the Betrothed, born of the wife to whom Joseph was married, before he was betrothed to the Ever-Virgin. Hence he was the brother of the Lord, Who was also thought to be the son of Joseph (Matthew 13:55). But some say that he was a nephew of Joseph and the son of his brother Cleopas, who was also called Alphaeus and his wife, Mary, who was the first cousin of the Theotokos. But even according to this genealogy, he was still called, according to the idiom of the Scriptures, the Lord's brother, because of their kinship.

Saint Demetrios the Myrrh-Streamer**October 26**

Saint Demetrius was a Thessalonian, a most pious son of pious and noble parents, and a teacher of the Faith of Christ. When Maximian first came to Thessalonica in 290, he raised the Saint to the rank of Duke of Thessaly. But when it was discovered that the Saint was a Christian, he was arrested and kept bound in a bath-house. While the games were under way in the city, Maximian was a spectator there. A certain friend of his, a barbarian who was a notable wrestler, Lyaeus by name, waxing haughty because of the height and strength of his body, boasted in the stadium and challenged the citizens to a contest with him. All that fought with him were defeated. Seeing this, a certain youth named Nestor, acquaintance of Demetrius, came to the Saint in the bath-house and asked his blessing to fight Lyaeus single-handed. Receiving this blessing and sealing himself with the sign of the precious Cross, he presented himself in the stadium, and said, "O God of Demetrius, help me!" and straightway he engaged Lyaeus in combat and smote him with a mortal blow to the heart, leaving the former boaster lifeless upon the earth. Maximian was sorely grieved over this, and when he learned who was the cause of this defeat, he commanded that Demetrius be pierced with lances while he was yet in the bath-house, As for Nestor, Maximian commanded that he be slain with his own sword.

The Holy Protection of the Theotokos**October 28**

The Feast of the Protection commemorates the appearance of the most holy Theotokos in the Church of Blachernae in Constantinople in the tenth century, as recorded in the life of Saint Andrew the Fool for Christ's sake. While the multitudes of the faithful were gathered in church, Epiphanius, the friend of Saint Andrew, through the Saint's prayers, beheld the Virgin Mary above the faithful and spreading out her veil over them, signifying her unceasing protection of all Christians. Because of this we keep a yearly feast of gratitude, imploring our Lady never to cease sheltering us in her mighty prayers.

FEASTS & SAINTS OF THE MONTH (CONTINUED)

OXI Day

October 28

On this day we commemorate OXI Day and the significance of the stand against fascism demonstrated by the people of Greece on October 28, 1940. On that day the people of Greece met the demand for acquiescence and occupation with a resounding “NO” and a willingness to face tremendous sacrifices and hardships. With their love of freedom and with an affirmation of self-determination as an expression of their cherished Hellenic ideals, they stood together. They stood firm with a hope in the endurance and triumph of these ideals and of liberty for generations to come.

As we commemorate their stand and honor their memory and sacrifice, we recognize that we are called to say “NO” to false ideologies that threaten life, incite fear and violence, and deny liberty as essential to our humanity. We stand firmly on the foundation of our faith in God and say “NO” to any movement that denies human dignity. We find strength in our hope in Him and the assurance of His promises to confront actions that tragically disrupt the lives of communities and families. With the power of love we embrace the displaced and the victims of violence and terror, offering peace and hope.

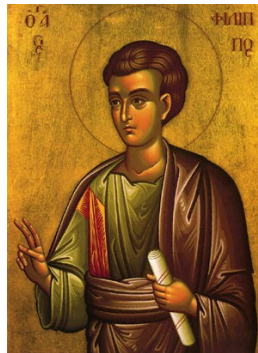
In our commemoration of this day and our remembrance of our fathers and mothers who stood so nobly and valiantly for what is right and true, may we be inspired by their example and led by our faith in God to stand for truth in love. As we cherish our freedom and champion freedom for others, may we demonstrate our liberty in Christ and be witnesses of the abundant, blessed, and eternal life we have in Him.



**Romanos the
Melodist**



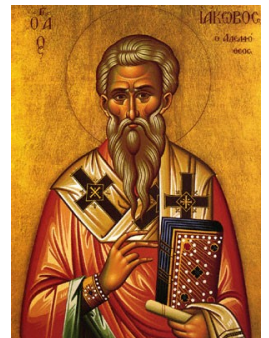
Thomas



Phillip



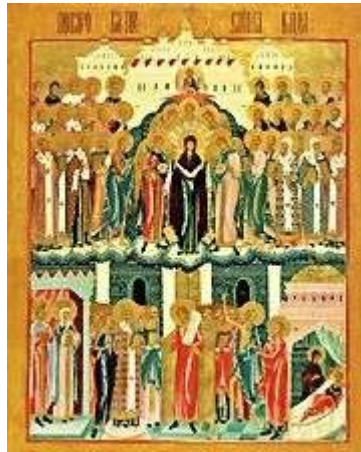
Luke



James (Iakovos)





Demetrius



The Holy Protection of the Theotokos

Orthodox Calendar

OCTOBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Saint Romanos 7pm Bowling 7:30pm AHEPA Meeting	 2 5pm Greek Dance Practice 6pm Greek Dance Practice 7pm Philoptochos Union Station	3 7pm Choir rehearsal	 4 4pm Friday Greek School 6:30pm Fellowship Friday	5 Philoptochos Tea
6 3rd Sunday of Luke St Thomas Apostle 8:45am Orthros 10am Divine Liturgy 11am Church School 12:30 Dance Practice 3pm Financial Peace	7 4pm Monday Greek School 4:15pm Greek School Agiasmos	8 10am VIPs 7pm Bowling 7pm Parish Council	 9 5pm Greek Dance Practice 6pm Greek Dance Practice 7:15pm Philoptochos Board Meeting	10 7pm Choir rehearsal	 11 Saint Philip the Apostle of the 70 4pm Friday Greek School	12
13 7th Ecumenical Council 8:45am Orthros 10am Divine Liturgy 11am Church School 12:15 Greek Sch. PTB 12:30 Greek Dance 3pm Financial Peace	14 4pm Monday Greek School	15 7pm Bowling	 16 5pm Greek Dance Practice 6pm Greek Dance Practice	17 7pm Choir rehearsal	 18 Saint Luke the Evangelist 9am Orthros 10am Divine Liturgy 4pm Friday Greek School	19
20 6th Sunday of Luke 8:45am Orthros 10am Divine Liturgy 11am Church School 12:30 Greek Dance 3pm Financial Peace	21 4pm Monday Greek School	22 7pm Bowling	 23 St James Apostle 5pm Greek Dance Practice 6pm Greek Dance Practice 7pm Philoptochos General Meeting	24 7pm Choir rehearsal	 25 4pm Friday Greek School	26 Saint Demetrios the Myrrh-Streamer 9am Orthros 10am Divine Liturgy
27 7th Sunday of Luke 8:45am Orthros 10am Divine Liturgy 11am Church School 12pm OXI Day Lunch 12:30 Dance Practice 3pm Financial Peace	28 OXI DAY The Holy Protection of the Theotokos 4pm Monday Greek School	29 7pm Bowling	 30 5pm Greek Dance Practice 6pm Greek Dance Practice	31 7pm Choir rehearsal		
		Strict Fast 	Fish Allowed 	Wine and Oil Allowed 	Dairy, Eggs, and Fish Allowed 	Fast Free

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Greek Orthodox Community
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