

# The Voice of Saint Anthony

**JUNE 2019**

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**Deadline for  
July Newsletter is  
Tuesday, 25 June**

**Please send to:**

**[frchris@saint-anthonys.org](mailto:frchris@saint-anthonys.org)  
[newsletter\\_church@aol.com](mailto:newsletter_church@aol.com)**



Reverend Father Peter Stratos, Pastor

Reverend Father Christopher Retelas, Associate Pastor

778 S. Rosemead Boulevard, Pasadena, CA 91107

(626) 449-6943 Office (626) 449-6974 FAX

[www.saint-anthonys.org](http://www.saint-anthonys.org)

***PRIEST'S MESSAGE***

Dear Faithful,

Christ is Risen!

The month of June is filled with celebration. Children are excited to begin their summer breaks. Parents and families are joyously congratulating their children on graduating high school and college. We are especially proud here at Saint Anthony of our extremely bright and talented young people, and wish to congratulate all of our graduates who have excelled in their studies and are extremely worthy of receiving their due accolades and degrees! As we say in Greek, “Και εις ανώτερα!” or “to an even brighter future!”

As many of us will attend these graduation commencement ceremonies and we look at the young people in their caps and gowns, I am reminded of the parable about the king throwing a wedding banquet for his son. Those who attended were surely dressed for the banquet, just as our graduates are properly dressed for commencement. Yet, in the parable as we read it from Matthew 22, there was one who was not properly dressed and was cast out of the banquet. It would be odd for a graduate to take a seat with his/her classmates and not wear the proper attire. Of course, this parable is not about clothing, but about conduct and showing exactly who we are as disciples. Just as when we see someone wearing a cap and gown we know exactly where they are headed, so too should people, when they see us, know where we are headed also. When they see how we pray, how we fast, how we speak, how we love, will everyone know that we are on our way to the banquet, which is the Kingdom of God. Throughout our lives, we are on our way to the banquet, and how we live out every aspect of our life is how we are dressed for the banquet.

This month we continue to celebrate and pray in our church services as well, with the **Feast of Ascension (June 6), Saturday of the Souls (June 15), Holy Pentecost (June 16), Nativity of John the Baptist (June 24),** and the feast of **Saints Peter and Paul (June 29).**

To our graduates, I pray you heed the words of St. Paul in his writing in 1 Timothy 4:12 – *“Let no one look down on you because you are young, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity.”* All too often we say that our young people are the future of the Church, but more importantly the Church needs to be the future of our young people. The leadership and voices in the Church are not reserved for “older people” but for YOU. Engage a life in the Church, get involved, let your voice be heard, make an impact... and if you feel as though there is something blocking your way into getting more involved, then bulldoze your way through. The Church loves you, desires you, and needs you, right now.

Truly He is Risen!

Fr. Chris



# STEWARDSHIP

## 2019 STEWARDSHIP SUMMARY

**OUR STEWARDSHIP GOAL:** **\$425,000**  
**245 PLEDGES TOTALING:** **\$328,244**  
**COLLECTED AS OF 5/9/19:** **\$230,255**

**AVERAGE PLEDGE GOAL:** **\$1,500**  
**CURRENT AVERAGE PLEDGE:** **\$1,340**

Breakdown Pledges		
Amount Pledge	# of Pledges	% of Pledges Breakdown
< \$300	45	18%
\$300 - \$499	29	12%
\$500 - \$799	48	20%
\$800 - \$999	6	2%
\$1,000 - \$1,999	72	29%
\$2,000 - \$2,999	22	9%
\$3,000 - \$4,999	9	3.7%
\$5,000 - \$7,999	8	3.3%
\$8,000 - \$9,999	1	0.4%
\$10,000 - \$14,999	4	1.6%
\$15,000 - \$99,999	1	0.4%
<b>TOTAL PLEDGES</b>	<b>245</b>	<b>100%</b>



## ***NEWS FROM THE LOFT***

On Saturday May 18, the Saint Anthony community, under the direction of a steering committee of “Lovely Ladies” hosted a beautiful baby shower honoring our dedicated chanter and youth choir director **Katerina Lynch**.

Held in the Trinity Ballroom, the shower was attended by approximately ninety women, and began with refreshing mimosas, and featured a delicious luncheon salad bar with trimmings. Each of eleven tables was graced with gift basket centerpieces filled with useful items for the new baby.

Honored guests included, Katerina’s mother and sister Chrysanthy and Anastasia Therianos from Denver, Colorado, paternal grandmother Helen Therianos from New Jersey, sister-in-law Kathreen Lynch from San Diego, California, and Symbetheres Barbara Tzathas and Katherine Greanias from San Diego and Northridge, California respectively.

The next morning, we in the loft were thrilled to have guest choristers Chrysanthy, Anastasia, and Katerina’s brothers Alexios and Seraphim, who assisted us in singing the Divine Liturgy.

As our community eagerly awaits the arrival of “Baby Boy Lynch” this month, the choir will look forward to regular visits in the future by enthusiastic Papou and Yiayia, Thea and Theos, who will undoubtedly come to dote on the new baby, and give us the gift of their voices in the loft! **KALI ELEFThERIA KATERINA!**

The month of June will see the end of our season as the choir prepares to go on summer hiatus after the June 9<sup>th</sup> Liturgy. We wish our entire community a safe and fun-filled summer!!





***NEWS FROM THE LOFT (CONTINUED)***





## YOUTH & YOUNG ADULT NEWS

### Saint Anthony's G.O.Y.A. Volleyball



Congratulations to **St. Anthony G.O.Y.A.** for hosting another successful volleyball tournament. This was the 12<sup>th</sup> year since bringing the tournament back. It was a great turnout with 180 players participating from Assumption, Saint Anthony, St. Demetrios, St. George, St. Katherine, St. John, St. Nicholas and St. Paul. It was a great day of fun in cool weather and no rain!

Thank you to the **Goyans and parents** who helped with set-up and clean-up. Thank you to **President Theodora Trigonis** and **Vice President Mary Tio** for designing the t-shirts. Thank you to **Anthia Lucas** and **Maria Anton** for organizing the games. Thank you to our volunteer referees: **Mike Abi-Farah, Parri Livanos, Joyce Nichols, Patricia Paziouros, Mike Scolinos, Perry Skaggs** and **Kyriaki Tsigkounis** for giving their time and patience and for doing a great job. Thank you to **Jim Xanthos** and **Lisa Xanthos** for planning and making a delicious dinner served in the Trinity Ballroom with the help of **Peter Bissias** and **Helen Skandale**. Thank you to **Cathy Tsigkounis** for organizing the St. Anthony teams and recruiting parent volunteers to serve lunch and dinner and for being our resident photographer; and last but not least a special thank you to **Father Chris** for spending the day with us, helping with set-up, clean-up, taking pictures and especially for his wisdom. Please plan to join in the fun next year!



## ***PHILOPTOCHOS NEWS***

Please join us for the end of the year dinner honoring our Philoptochos member, **Fontaine Malisos** and the scholarship awards ceremony, honoring recipients of this year's scholarships.

Date: Wednesday, June 19th

Time: 6:30 p.m

Location: The Monrovia Restaurant.

RSVP Liz Skandale (626) 695-3423

Lisa Xanthos (626) 222-4374.

We want to thank everyone who supported our annual Easter Bake Sale. A special thank you to the ladies who baked! With all your help we were able to give \$8,000.00 to Kid's N Cancer this year.

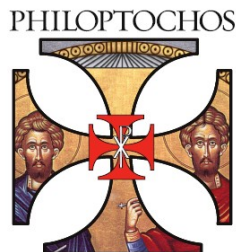
The event was well supported by 30 of our St. Anthony parishioners. It was a very emotional and gratifying day.

We continue to serve Union Station on the first Wednesday of each month. Please call **Irene Albeck** if you are interested in participating.

For more information on the Union Station program, please see page 8 (next page)...

Thank you,

Maria Kypreos





## ***PHILOPTOCHOS NEWS (CONTINUED)***

### **Community Outreach-Union Station Homeless Services- Adult Center**

**412 South Raymond Avenue-Pasadena, CA 91105**

**626-240-4550    626-255-1434**

*“Let each of you look not only to his own interests, but also to the interests of others.” Philippians 2:4*

Philoptochos oversees this outreach and seeks the participation of community members. Our commitment is the **first Wednesday of each month, once a month, 6:45 PM to approximately 8:45 PM.** There is no food preparation. You can bring dessert (ie: cookies, brownies etc.) for sixty clients.

Duties include plating food and minimal clean up. There is a commercial dishwasher or you may bring heavy duty paper plates.

Please consider signing up to serve at Union Station Adult Center. Three to four people generally will be sufficient to serve and clean up.

Dates available: **June 5, July 3, August 7, September 4, October 2, November 6, and December 4.**

All dates are on a **Wednesday from 6:45 PM to 8:45 PM.**

For information please contact: **Irene Albeck - mcmg2a@aol.com (H) 626-792-8122 (C) 626-252-5062**  
**Sophia Angelos - sangelos2000@gmail.com (H) 626-795-0848 (C) 626-826-0848**  
**Stephanie Soewers - szanglis@aol.com (C) 818-209-5026**

### **Check List for Adult Center Servers**

**Food will be in the ovens in OFF position. If it needs to be warmed up, turn on ovens to 300 degrees.**

**Juice and milk will be in the refrigerator.**

- Check with night staff for the number to be served.
- Ask what time to begin serving clients dinner.
- Wash hands, long hair tied back or wear a hairnet
- Count as many plates that will be needed (55-60). Use gloves when in direct contact with food.
- Fill approximately 6 pitchers with punch and 2 with milk
- Union Station Homeless Services clients will set up their tables and bus them also.
- Organize an assembly line just before serving time. Begin preparing dinner plates and line up on serving counter.
- **Do not start** by being too generous with portions; attempt to keep evenly portioned. If food is left over they may have second servings.
- **Set aside 5-7 plates for late comers.**
- When food has been served, start preparing dessert, when possible give dessert with meal
- **Leftovers: Consolidate, cover, label type of food, date and put into refrigerator.**
- Clean up counters, dishes are usually scraped by clients if not rinse prior to placing in dishwasher. Leave kitchen orderly and clean.
- Do not bring anything back. Leave food and dispose aluminum containers.



## VIP NEWS

### Christos Anesti!

We had a great meeting on Tuesday, May 14, with a record attendance of 34 members, including three of the four new members: Jim and Maria Hronas and Carolyn Kolokotronis. We reviewed "Tiny Beautiful Things", at which 25 of our members attended on May 1st at the Pasadena Playhouse. Our meeting honored all Helens and Constantines and, of course, members with May birthdays. Following the meeting, refreshments were provided by our honored members.

### Many exciting adventures await the VIPs...

#### **Sunday, June 9 - 12:15 p.m. - (after Church)**

USC Pacific Asia Museum  
49 N. Los Robles, Pasadena  
Admission - FREE  
Tour of the Kabuki Prints of Actors exhibit by Tsuruya Kokei

#### **Thursday, July 18 - (date & price not confirmed)**

Aquarium of the Pacific, Long Beach  
lunch following - not included

#### **Sunday, August 25 - (time & price not confirmed)**

Sierra Madre Playhouse  
"The Joy Luck Club"

#### **September - (TBA)**

#### **October 25 -**

St. Demetrios Greek Church in Camarillo

Please join us at our next meeting on **June 11th**. Our meetings are held on the second Tuesday of the month at 10:00 a.m. in the Trinity Ballroom. Also, please contact me if you are interested in any of our "adventures"!

*Helen Treantafelles*

VIP President  
htreantafelles@yahoo.com  
626-339-1338 (home#)

Saint Anthony 's VIPs collect non-perishable foods for the Foothill Unity Center.

The Foothill Unity Center was founded in 1980 and is the primary provider of food, case management/crisis help and access to health care resources across eleven San Gabriel Valley cities in Los Angeles County. As the federally designated Community Action Agency for the Foothill Area, they operate two locations in Monrovia and Pasadena, serving clients in Pasadena, Altadena, South Pasadena, Sierra Madre, Arcadia, Monrovia, Bradbury, Duarte, Azusa, Baldwin Park and Irwindale. 79% of their clients are at or below the National Poverty Level. The number of people served by the organization has more than tripled over the last five years, making community funding contributions and volunteer support more critical than ever.

Their programs include:

- |                               |  |
|-------------------------------|--|
| • Back to School              | Pediatric Mobile Dental Clinic         |
| • Food Programs               | Pet Food Bank                          |
| • Support and Crisis Services | Thanksgiving and Holiday Distributions |
| • Health Services             |  |

*Whoever is kind to the poor lends to the Lord and He will reward them for what they have done.*

— Proverbs 19:17

*The generous will themselves be blessed, for they share their food with the poor.*

— Proverbs 22:9

# MINISTRIES

## Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos

Reverend Father Christopher Retelas

### 2019 PARISH COUNCIL MEMBERS

#### Officers

Pete Gallanis	President
John Vidalakis	1 <sup>st</sup> Vice President
Joseph Akrotirianakis	2 <sup>nd</sup> Vice President
Tashia Vagenas	Secretary
Tony Christopoulos	Treasurer

#### Members

Philip Ted Attalla	James Pappas
John Buzas	Sophia Syrengelas
Roberto Crespo	Mary Udria
Tom Grafos	Perry Vidalakis
Christos Ioannou	Vincent Zarian

### OFFICE STAFF

Alma Vorgias – Office Administrator  
Athena Serban – Events Coordinator (Trinity Ballroom)



### CUSTODIAL STAFF

Carlos Sosa



### CHOIR

Choir Director Jim Hronas

Sherese Akrotirianakis	Elias Kalivas
Dean Athans	Stavrula Kiotas
Tina Athans	Dr. Rodanthi Kitridou
George Babbes	Kathy Lucas
Christina Becronis	Claire Marotta
Tom Bouras	Liam McCann
Judie Christopoulos	Bess Mechalas
Leah Cokias	Elizabeth Moreno
Rebecca Courter	Iliana Orozco
Athena Dallas	Alexandra Patzakis
Maria Ganis	Gena Pegadiotes
Georgia Loutsos Grajeda	Katerina Petrossian
Aliki Haralambos	Nicole Schulman
Maria Hronas	Litsa Stavropoulos
	Pres. Aida Stratos

#### CHANTERS

Patrick Lynch  
Katerina Lynch  
Demetrios Baliotis  
Mike Abi-Farah

#### READERS

Dr Nicholas Kokoris  
Constantine Trigonis

#### YOUTH CHOIR

Katerina Lynch



### CHURCH SCHOOL STAFF

Fotene Trigonis - Director  
Anastasia Kalivas - Director  
Irene Albeck - Preschool  
Nikolitsa Vagenas - Preschool  
Kathy Tsigkounis - Kindergarten & 1st  
Kyriaki Tsigkounis - Kindergarten & 1st  
Michael Nunez - 2nd & 3rd  
Anna Nunez - 2nd & 3rd  
Maria Prantzikou - 2nd & 3rd  
John Vagenas - 4th & 5th  
Maria Pappas - Middle School  
Fotene Trigonis - Middle School  
Anastasia Kalivas - High School



**MINISTRIES (CONTINUED)****PHILOPTOCHOS SOCIETY****Panagia Chapter Board 2017-2019*****President***

Maria Kypreos

***1<sup>st</sup> Vice President***

Elizabeth Skandale &amp; Lisa Xanthos

***2<sup>nd</sup> Vice President***

Judith Din &amp; Konstantina Paziouros

***Corresponding Secretary***

Tanya Christodoulelis &amp; Maria Grover

***Recording Secretary***

Fontaine Achilles Malisos &amp; Mary Dewar

***Treasurer***

Maria Kokoris

***Assistant Treasurer***

Katherine Skandale

***Beautification***

Presbytera Aida Stratos &amp; Esther Vavoulis

***Community Outreach***

Mary Dewar, Stephanie Soewers &amp; Presbytera Aida Stratos

***Fellowship***

Athena Dallas

***Publicity / Webmaster***

Terese Caire &amp; Nicolette Fuerst

***Scholarship***

Irene Albeck &amp; Judith Din

***Sunshine and Visitation***

Jeanne Karaianoglou

***Union Station***

Irene Albeck

***Welfare***

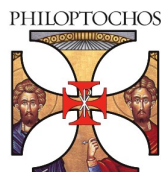
Presbytera Maria Mylonas

***Advisor***

Connie Becker

***Spiritual Advisor***

Father Peter Stratos

**ADDITIONAL MINISTRIES**

Acolytes Fr. Christopher Retelas

Bible Study Fr. Peter Stratos

Bookstore Jeremiah Courter

GOYA Fr. Christopher Retelas

GOYA Basketball Anthia Lucas  
Pana Gelt

Greek Dance Groups Christine Pappas

Greek Festival John Vidalakis  
Nick Demopulos  
Julie Balas

Greek Language School Anastasia McClain

JOY/HOPE Irene Albeck

Moms &amp; Tots Presbytera Kalli Retelas

Myrrh Bearers Irene Albeck

Oratorical Festival Nicole Schulman

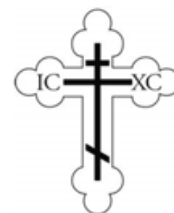
Pasadena Golf Classic Jimmy Christodoulelis  
Roberto Crespo

Prayer Shawls Aliko Haralambos

Vacation Bible School Sophia Syrengelas  
Mary Udria

VIPs Helen Treantafelles

Young Adults Mike Abi Farah



**COMMUNITY NEWS**

**CONGRATULATIONS GRADUATES**



**Kristen Becker**

**Graduated from UC Davis  
BS Degree in Sustainable Agriculture  
Parents - Connie & Brian L. Becker**



**Lauren Cokias**

**Graduated from California High School, Whittier  
Parents - Karen & Jason Cokias**



**Billy Fuerst**

**Graduated from University of Michigan  
BA Political Science, Minor Modern Greek  
Parents - Nicolette & Jay Fuerst**



**COMMUNITY NEWS (CONTINUED)**



**Eleni Kamar**

**Graduated from La Canada High School**

**Parents - April & Bassily Kamar**

**Christos McClain**

**Graduated from Marshall and Ketchum University,  
Southern California College of Optometry**

**Parents - Terrell McClain & Anastasia Sarantopoulos McClain**



**Isabella Pollalis**

**Graduated from Walnut High School**

**Parents - Dino & Kim Pollalis**

## **COMMUNITY NEWS (CONTINUED)**



**Theodora Markella Trigonis**

**Graduated from Glendale High School**

**Parents - Constantine & Fotene Trigonis**



**Kryriaki Tsigkounis**

**Graduated from Whittier College**

**BA Degree in Child Development**

**Parents - Bobby & Kathy Tsigkounis**



**Elizabeth Nicole Vagenas**

**Graduated from University of La Verne**

**MA Degree in Educational Counseling**

**Parents - Spiro Vagenas & Margaret Vagenas**

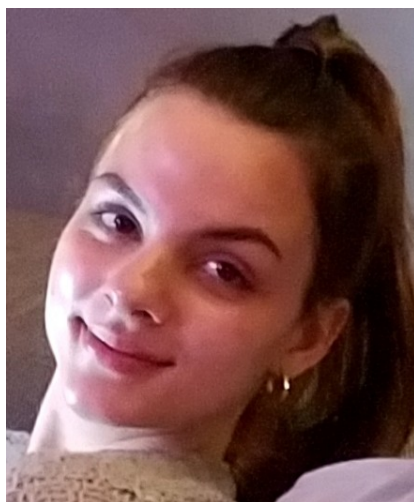
## COMMUNITY NEWS (CONTINUED)



**Dino Vagenas**

**Graduated from Universal Technical Institute (UTI)**

**Parent - Nick Vagenas**



**Sophia Vagenas**

**Graduated from Arcadia High School**

**Parent - Nick Vagenas**

**Eleni Sofia Wojcik**

**Graduated from La Salle College Preparatory HS**

**Parents - Radoslav & Pamela Wojcik**



**James Peter Zarifes**

**Graduated from Loyola High School, L.A.**

**Parents - Peter & Tina Zarifes**





**COMMUNITY NEWS (CONTINUED)**

**GOLF TOURNAMENT PHOTOS  
MAY 10TH**





**COMMUNITY NEWS (CONTINUED)**





**COMMUNITY NEWS (CONTINUED)**





## COMMUNITY NEWS (CONTINUED)

### 2019 Greek Orthodox Church Festivals of Southern California

DATE	CHURCH	PHONE	LOCATION	SPECIAL NOTES
17 May 3-10pm 18 May 12-10pm 19 May 12-10pm	<b>Saint John the Baptist</b> 405 N. Dale St. Anaheim, 92801	714-827-0181	Church grounds, Anaheim 91 Artesia Frwy (east of 605 Frwy) Exit Beach Blvd.; South to La Palma; Left on La Palma; Right on Dale	Church Grounds Outdoors Covered dancing on blacktop
25 May 1-9pm 26 May 1-9pm 27 May 1-9pm	<b>Saint Nicholas</b> 9501 Balboa Blvd. Northridge, 91325	818-886-4040	Church grounds, Northridge 101 (Ventura Frwy); Exit Balboa North past Nordhoff; at corner of Plummer & Balboa	Church Grounds Outdoors Uncovered dancing on cement
1 June 11-10pm 2 June 11-10pm	<b>Saint George</b> 10846 Downey Avenue Downey, 90241	562-862-6461	From 605 Freeway, exit Firestone and go west to Downey Ave, then turn right to La Villa. From 710 (Long Beach Frwy), exit Firestone Blvd and go east to Downey Avenue. Turn left to La Villa, then turn right. Church is between 3rd St. and La Villa.	Church Grounds Outdoors Uncovered dancing on blacktop
7 June 5-10pm 8 June 11-10pm 9 June 11-8pm	<b>Saint Spyridon</b> 3655 Park Blvd. San Diego, 92103	619.297.4165	5 Frwy South; 805 Frwy south; 163 hwy south; exit University Avenue; left from exit to Park Blvd; turn right; go 2 blocks; Church grounds on left	Church Grounds Outdoors Covered dancing on blacktop
21 June 5-10pm 22 June 11-10pm 23 June 11-9pm	<b>Saint Demetrios</b> 5575 Santa Rosa Road Camarillo, 93012	805.482.1273	Take the 101 and exit at Las Posas Road; Go towards the airport; Turn right on Pleasant Valley Road; Turn right on Skyway Drive - festival located at 400 Skyway Drive	Camarillo Airport Outdoors Covered dancing wood floor
28 June 5-10 pm 29 June 12-10 pm 30 June 12-9 pm	<b>Saint Paul's</b> 4949 Alton Parkway Irvine, 92604	949.733.2366	Church Grounds, Irvine - 405 just south of 55 Newport Freeway; Exit Jeffrey and drive north to Alton Parkway; Left onto Alton Parkway	Church Grounds Outdoors Covered dancing on blacktop
12 July 5-10pm 13 July 12-10pm 14 July 12-9pm	<b>Saint Katherine</b> 722 Knob Hill Redondo Beach, 90277	310.540.2434	Church grounds, Redondo Beach 405 freeway, exit Hawthorne Blvd., Torrance go south to Sepulveda Blvd.; Turn right to Prospect and turn left to Knob Hill then right	Church Grounds Outdoors Covered dancing on blacktop
27 July 11-7pm 28 July 11-7pm	<b>Saint Barbara</b> 1205 San Antonio Creek Rd Santa Barbara, 93101	805.683.4492	Oak Park, Santa Barbara 101 North through Santa Barbara; Exit Pueblo and follow signs to park	City Park Outdoors Uncovered dancing on wood floor
23 August 5-10p 24 August 12-10p 25 August 12-10p	<b>Saint Nectarios</b> 20340 Covina Blvd. Covina, 91724	626.967.5524	10 Frwy west of 57/210 Freeway; exit Grand Avenue; Drive north then turn Right on Covina Blvd.; Corner of Covina Blvd and Bonnie Brae	Church Grounds Outdoors Covered dancing on blacktop
31 August 12-10pm 1 September 12-10pm 2 September 12-10pm	<b>Assumption/Virgin Mary</b> 5761 E. Colorado Long Beach, 90814	562.494.8929	405 Freeway, exit Bellflower and go south on Bellflower. Pass 7th Street and PCH; Turn left on Colorado and drive to LAST driveway on left side of cul-de-sac	Church Grounds Outdoors Covered dancing on blacktop
7 September 10-10p 8 September 11-9p	<b>Sts. Constantine/Helen</b> 3459 Manchester Ave. #32 Cardiff by the Sea, 92007	760.942.0920	5 Freeway south to San Diego/Cardiff; Exit Manchester; go east to church grounds	Church Grounds Outdoors Covered dancing on blacktop
20 September 5-10p 21 September 12-10p 22 September 12-9p	<b>Saint Anthony</b> 778 South Rosemead Blvd Pasadena, 91107	626.449.6945	210 Freeway - Exit Rosemead Blvd. South South/right onto Rosemead South of California Avenue on east side	Outdoors Covered dancing on portable floor
20 September 5-9pm 21 September 11-9pm 22 September 12-5pm	<b>Sts. Constantine/Helen</b> 43404 30th Street West Lancaster, 93539	661-945-1212	Interstate 5 north ; Merge onto 14 north Palmdale/Lancaster ; Exit #40 Ave. M ; turn left onto West Ave M/Columbia Way ; Turn right onto 30th St. West - PARKING at AV College (Ave. K & 30th St. West)	Free Shuttle to Church Grounds Outdoors Covered dancing on wood floor
27 September 5-10pm 28 September 3-11pm 29 September 12-10p	<b>Saint John</b> 5300 So. El Camino Las Vegas, Nevada 89101	702.221.8245	Church Grounds; Interstate 15, Exit Tropicana, & stay west of Strip; Left on Jones, right on Hacienda, left on El Camino	Church Grounds - Outdoors Uncovered dancing on portable wood floor
28 September 11-11p 29 September 11-10p	<b>St. Basil's of So.Or.Co.</b> 27129 Calle Arroyo, #1803 San Juan Capistrano, 92675	949.542.3445	Location Unknown Call church or check website: sjcgreekfest.org	Outdoors Covered dancing on blacktop
4 October 5-12pm 5 October 12-11pm 6 October 12-10pm	<b>Saint Sophia Cathedral</b> 1324 S. Normandie Los Angeles, 90006	323.737.2424	10 Santa Monica Freeway towards downtown L.A.; Exit Normandie Avenue and drive north to Pico; Cathedral at corner of Pico & Normandie	Outdoors Covered dancing on portable floor
12 October 11-9pm 13 October 11-8pm	<b>Saint Nicholas</b> 41132 Guava Street Murietta, 92562	951.296.6207	Old Town Temecula Civic Center 28690 Mercedes Street, Temecula, 92590 Take 15 towards Temecula, and exit Rancho California Rd.	Outdoors Uncovered dancing on cement Free Parking at Old Town
19 October 12-10pm 20 October 12-9pm	<b>Saint Prophet Elias</b> 1035 Inland Center Dr. San Bernardino, 92042	909.885.6213	Church grounds - Interstate 10 towards San Bernardino; 215 Freeway North - exit Inland Center Drive; Over freeway church on left	Church Grounds - Outdoors Uncovered dancing on blacktop Live music
2020 TBD 15 February 11-8pm 16 February 11-8pm	<b>St. George of the Desert</b> 14-109 Larrea Palm Desert, 92217	760-568-9902	Take 10 Freeway-east to Palm Desert; Exit at Monterey/Hwy 74 & turn right. Turn left on El Paseo, right on Portola and left on Larrea; church is on right	Church grounds Outdoors Uncovered dancing on blacktop



**COMMUNITY NEWS (CONTINUED)****ST. ANTHONY YOUTH! GO TO CAMP!**

One of the most tremendous ministries our young people can take part in every year is the various Summer Camp programs that are offered throughout the country. It is incredible to see the transformation they go through after the week of camp is up, and it stays with them throughout the year and throughout their lives! They grow and are challenged in their faith, make lifelong memories and friendships, and have an amazing and fun time doing it all! We are especially blessed here to have the opportunity to go to both our Metropolis Summer Camp at St. Nicholas Ranch in Dunlap, CA, and our St. Sophia Camp at Camp Seely in Crestline, CA. This is one of the best things you can give your children, as an opportunity to learn and grow in their Faith!

**METROPOLIS OF SAN FRANCISCO SUMMER CAMP****AT SAINT NICHOLAS RANCH**

*(3<sup>rd</sup> grade through recent HS graduates)*

Register at: **gosfyouth.org/summer camp** *(Register TODAY!)*

Register for: **Week 2: JULY 14<sup>th</sup> – 20<sup>th</sup>**

**SAINT SOPHIA CAMP**

*(ages 7 – 17)*

Register at: **saintsophiacamp.org** *(opens May 1<sup>st</sup>)*

Register for: **Week 1: July 21<sup>st</sup> – 27<sup>th</sup> or Week 2: July 27<sup>th</sup> – August 3<sup>rd</sup>**

***Please know that they sell out every year, so be sure to register your children, grandchildren, godchildren, nieces, nephews, etc., as soon as possible!***

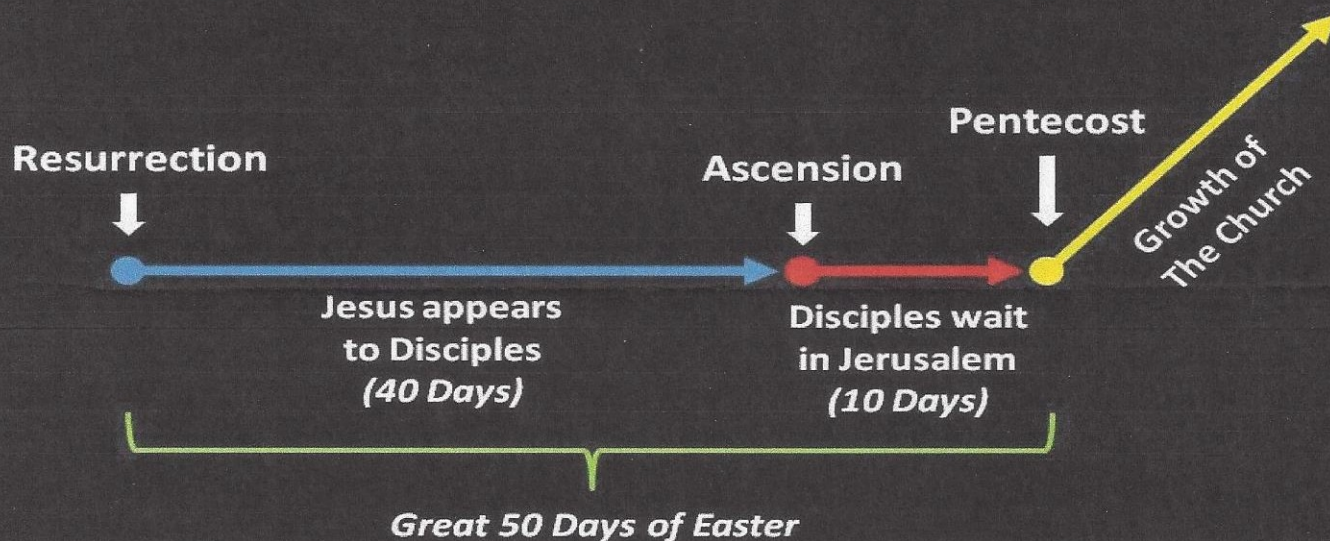
**SUMMER IS BACK! LET'S GO TO CAMP!**





## COMMUNITY NEWS (CONTINUED)

### Events After Jesus' Death



### The Ascension of Our Lord and Savior Jesus Christ Forty Days after Pascha

**"He was lifted up before their eyes in a cloud that took Him from their sight."  
(Acts 1:9)**

- + Christ is shown ascending in His glory in a mandorla, a round or almond-shaped design that signifies His divinity and glorified state.



- + He is being carried by one angel on either side.

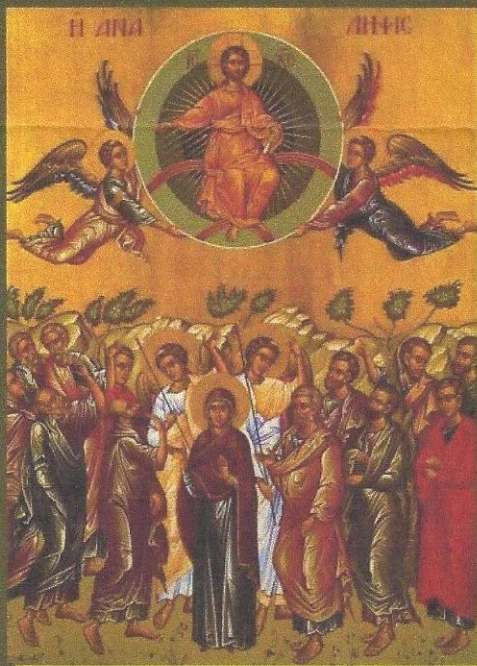
- + With His right hand, Christ gives His blessing as He departs from His beloved people.
- + We, the Church, receive His blessing in countless ways every day.



- + The icon of the Ascension includes some who did not witness the Ascension.

- + St. Paul is shown to the left of the Theotokos, but we know that at that time, St. Paul did not yet believe in Jesus.

- + We, like St. Paul, are called to participate in Christ's Ascension and experience our own ascension, with our hearts and minds focused on Him.



- + In His left hand is a scroll, symbolizing that He fulfills the Old Testament.
- + A scroll is a symbol of teaching. The icon affirms that Christ is the source of all knowledge.



- + The Theotokos occupies a special place in this icon. She stands out at the center, surrounded by the whiteness of the garments of angels.
- + Her hands are in a gesture of prayer.
- + Her very calm pose is quite different from the appearance of the Disciples, who are moving about, talking to one another and looking and pointing towards heaven.



- + The entire group of people, the Theotokos and the disciples, represent the Church.



- + Just as their gaze is riveted upon their beloved Christ, so we are called in every Divine Liturgy to "lift up our hearts to the Lord."



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## ***FEASTS & SAINTS OF THE MONTH***

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### **Holy Ascension**

**6 June**

The Lord Jesus passed forty days on earth after His Resurrection from the dead, appearing continually in various places to His disciples, with whom He also spoke, ate, and drank, thereby further demonstrating His Resurrection. On this Thursday, the fortieth day after Pascha, He appeared again in Jerusalem. After He had first spoken to the disciples about many things, He gave them His last commandment, that is, that they go forth and proclaim His Name to all nations, beginning with Jerusalem. But He also commanded them that for the present, they were not to depart from Jerusalem, but to wait there together until they receive power from on high, when the Holy Spirit would come upon them.

Saying these things, He led them to the Mount of Olives, and raising His hands, He blessed them; and saying again the words of the Father's blessing, He was parted from them and taken up. Immediately a cloud of light, a proof of His majesty, received Him. Sitting thereon as though on a royal chariot, He was taken up into Heaven, and after a short time was concealed from the sight of the disciples, who remained where they were with their eyes fixed on Him. At this point, two Angels in the form of men in white raiment appeared to them and said, "*Ye men of Galilee, why stand ye gazing up into Heaven? This same Jesus, Who is taken up from you into Heaven, shall so come in like manner as ye have seen Him go into Heaven*" (Acts 1:11). These words, in a complete and concise manner, declare what is taught in the Symbol of Faith concerning the Son and Word of God. Therefore, having so fulfilled all His dispensation for us, our Lord Jesus Christ ascended in glory into Heaven, and sat at the right hand of God the Father. As for His sacred disciples, they returned from the Mount of Olives to Jerusalem, rejoicing because Christ had promised to send them the Holy Spirit.

It should be noted that the Mount of Olives is a Sabbath's day journey from Jerusalem, that is, the distance a Jew was permitted to walk on the day of the Sabbath. Ecumenius writes, "A Sabbath day's journey is one mile in length, as Clement says in his fifth Stromatis; it is two thousand cubits, as the Interpretation of the Acts states." They draw this conclusion from the fact that, while they were in the wilderness, the Israelites of old kept within this distance from the Holy Tabernacle, whither they walked on the Sabbath day to worship God.

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### **Pentecost**

**16 June**

*See next page...*

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### **The Monday of the Holy Spirit**

**17 June**

It is the custom of the Church, on the day after every great Feast, to honor those through whom it came to pass our Lady on the day after the Lord's Nativity, Joachim and Anna after our Lady's Nativity, the holy Baptist, the day after Theophany, and so forth. On this day we honor our God the All-holy Spirit, the Comforter promised by our Savior to His disciples (John 14:16), Who descended upon them at Holy Pentecost and guided them "into all truth" and through them, guide us.

Rest from labor on this day.

## ***FEASTS & SAINTS OF THE MONTH (CONTINUED)***

### **Pentecost**

#### **16 June**

After the Savior's Ascension into the Heavens, the eleven Apostles and the rest of His disciples, the God-loving women who followed after Him from the beginning, His Mother, the most holy Virgin Mary, and His brethren, all together about 120 souls, returned from the Mount of Olives to Jerusalem. Entering into the house where they gathered, they went into the upper room, and there they persevered in prayer and supplication, awaiting the coming of the Holy Spirit, as their Divine Teacher had promised them. In the meanwhile, they chose Matthias, who was elected to take the place of Judas among the Apostles.

Thus, on this day, the seventh Sunday of Pascha, the tenth day after the Ascension and the fiftieth day after Pascha, at the third hour of the day from the rising of the sun, there suddenly came a sound from Heaven, as when a mighty wind blows, and it filled the whole house where the Apostles and the rest with them were gathered. Immediately after the sound, there appeared tongues of fire that divided and rested upon the head of each one. Filled with the Spirit, all those present began speaking not in their native tongue, but in other tongues and dialects, as the Holy Spirit instructed them.

The multitudes that had come together from various places for the feast, most of whom were Jews by race and religion, were called Parthians, Medes, Elamites, and so forth, according to the places where they dwelt. Though they spoke many different tongues, they were present in Jerusalem by divine dispensation. When they heard that sound that came down from Heaven to the place where the disciples of Christ were gathered, all ran together to learn what had taken place. But they were confounded when they came and heard the Apostles speaking in their own tongues. Marveling at this, they said one to another, "Behold, are not all these which speak, Galileans? And how do we hear every man in our own tongue, wherein we were born?" But others, because of their foolishness and excess of evil, mocked the wonder and said that the Apostles were drunken.

Then Peter stood up with the eleven, and raising his voice, spoke to all the people, proving that, that which had taken place was not drunkenness, but the fulfillment of God's promise that had been spoken by the Prophet Joel: *"And it shall come to pass in the last days, that I shall pour out of My Spirit upon all flesh, and your sons and daughters shall prophesy"* (Joel 2:28), and he preached Jesus of Nazareth unto them, proving in many ways that He is Christ the Lord, Whom the Jews crucified but God raised from the dead. On hearing Peter's teaching, many were smitten with compunction and received the word. Thus, they were baptized, and on that day about three thousand souls were added to the Faith of Christ.

Such, therefore, are the reasons for today's feast: the coming of the All-holy Spirit into the world, the completion of the Lord Jesus Christ's promise, and the fulfillment of the hope of the sacred disciples, which we celebrate today. This is the final feast of the great mystery and dispensation of God's incarnation. On this last and great and saving day of Pentecost, the Apostles of the Savior, who were unlearned fishermen, made wise all of the sudden by the Holy Spirit, clearly and with divine authority spoke the heavenly doctrines. They became heralds of the truth and teachers of the whole world. On this day they were ordained and began their apostleship, of which the salvation of those three thousand souls in one day was the comely and marvelous first fruit.

Some erroneously hold that Pentecost is the "birthday of the Church." But this is not true, for the teaching of the holy Fathers is that the Church existed before all other things. Saint Gregory the Theologian speaks of "the Church of Christ ... both before Christ and after Christ". According to Saint Gregory, "The Prophets established the Church, the Apostles conjoined it, and the Evangelists set it in order". That which came to pass at Pentecost, then, was the ordination of the Apostles, the commencement of the apostolic preaching to the nations, and the inauguration of the priesthood of the new Israel. On this day commenced the celebration of the Holy Eucharist by which we become "partakers of the Divine Nature". The feast of holy Pentecost, therefore, determined the beginning of the priesthood of grace, not the beginning of the Church. All foods allowed during the week following Pentecost.

***FEASTS & SAINTS OF THE MONTH (CONTINUED)*****All Saints****23 June**

This commemoration began as the Sunday (Synaxis) of All Martyrs; to them were added all the ranks of Saints who bore witness (the meaning of "Martyr" in Greek) to Christ in manifold ways, even if occasion did not require the shedding of their blood.

Therefore, guided by the teaching of the Divine Scriptures and Apostolic Tradition, we the pious honor all the Saints, the friends of God, for they are keepers of God's commandments, shining examples of virtue, and benefactors of mankind. Of course, we honor the known Saints especially on their own day of the year. But since many Saints are unknown, and their number has increased with time, and will continue to increase until the end of time, the Church has appointed that once a year a common commemoration be made of all the Saints. This is the feast that we celebrate today. It is the harvest of the coming of the Holy Spirit into the world; it is the "much fruit" brought forth by that *"Grain of wheat that fell into the earth and died"* (John 12:24); it is the glorification of the Saints as "the foundation of the Church, the perfection of the Gospel, they who fulfilled in deed the sayings of the Savior" (Sunday of All Saints, Doxasticon of Vespers).

In this celebration, then, we reverently honor and call blessed all the Righteous, the Prophets, Apostles, Martyrs, Confessors, Shepherds, Teachers, and Holy Monastics, both men and women alike, known and unknown, who have been added to the choirs of the Saints and shall be added, from the time of Adam until the end of the world, who have been perfected in piety and have glorified God by their holy lives. All these, as well as the orders of the Angels, and especially our most holy Lady and Queen, the Ever-virgin Theotokos Mary, do we honor today, setting their life before us as an example of virtue, and entreating them to intercede in our behalf with God, Whose grace and boundless mercy be with us all. Amen.

**Nativity of the Forerunner, John the Baptist****24 June**

He that was greater than all who are born of women, the Prophet who received God's testimony that he surpassed all the Prophets, was born of the aged and barren Elizabeth (Luke 1: 7) and filled all his kinsmen, and those that lived round about, with gladness and wonder. But even more wondrous was that which followed on the eighth day when he was circumcised, that is, the day on which a male child receives his name. Those present called him Zacharias, the name of his father. But the mother said, *"Not so, but he shall be called John."* Since the child's father was unable to speak, he was asked, by means of a sign, to indicate the child's name. He then asked for a tablet and wrote, *"His name is John."*

And immediately Zacharias' mouth was opened, his tongue was loosed from its silence of nine months, and filled with the Holy Spirit, he blessed the God of Israel, Who had fulfilled the promises made to their fathers, and had visited them that were sitting in darkness and the shadow of death, and had sent to them the light of salvation. Zacharias prophesied concerning the child also, saying that he would be a Prophet of the Most High and Forerunner of Jesus Christ. And the child John, who was filled with grace, grew and waxed strong in the Spirit; he was in the wilderness until the day of his showing to Israel (Luke 1:57-80). His name is a variation of the Hebrew "Johanan," which means "Yah is gracious."

## ***FEASTS & SAINTS OF THE MONTH (CONTINUED)***

### **Saints Peter and Paul, Holy Apostles**

#### **29 June**

The divinely-blessed **Peter** was from Bethsaida of Galilee. He was the son of Jonas and the brother of Andrew the First-called. He was a fisherman by trade, unlearned and poor, and was called Simon; later he was renamed Peter by the Lord Jesus Christ Himself, Who looked at him and said, *"Thou art Simon the son of Jonas; thou shalt be called Cephas (which is by interpretation, Peter)"* (John 1:42). On being raised by the Lord to the dignity of an Apostle and becoming inseparable from Him as His zealous disciple, he followed Him from the beginning of His preaching of salvation up until the very Passion, when, in the court of Caiaphas the high priest, he denied Him thrice because of his fear of the Jews and of the danger at hand. But again, after many bitter tears, he received complete forgiveness of his transgression. After the Resurrection of Christ and the descent of the Holy Spirit, he preached in Judea, Antioch, and certain parts of Asia, and finally came to Rome, where he was crucified upside down by Nero, and thus he ascended to the eternal habitations about the year 66 or 68, leaving two Catholic (General) Epistles to the Church of Christ.

**Paul**, the chosen vessel of Christ, the glory of the Church, the Apostle of the Nations and teacher of the whole world, was a Jew by race, of the tribe of Benjamin, having Tarsus as his homeland. He was a Roman citizen, fluent in the Greek language, an expert in knowledge of the Law, a Pharisee, born of a Pharisee, and a disciple of Gamaliel, a Pharisee and notable teacher of the Law in Jerusalem. For this cause, from the beginning, Paul was a most fervent zealot for the traditions of the Jews and a great persecutor of the Church of Christ; at that time, his name was Saul (Acts 22:3-4). In his great passion of rage and fury against the disciples of the Lord, he went to Damascus bearing letters of introduction from the high priest. His intention was to bring the disciples of Christ back to Jerusalem in bonds. As he was approaching Damascus, about midday there suddenly shone upon him a light from Heaven. Falling on the earth, he heard a voice saying to him, *"Saul, Saul, why persecutest thou Me?"* And he asked, *"Who art Thou, Lord?"* And the Lord said, *"I am Jesus Whom thou persecutest; it is hard for thee to kick against the pricks."* And that heavenly voice and brilliance made him tremble, and he was blinded for a time. He was led by the hand into the city, and on account of a divine revelation to the Apostle Ananias (see Oct. 1), he was baptized by him, and both his bodily and spiritual eyes were opened to the knowledge of the Sun of Righteousness.

And straightway- O wondrous transformation! - beyond all expectation, he spoke with boldness in the synagogues, proclaiming that *"Christ is the Son of God"* (Acts 9:1-21). As for his zeal in preaching the Gospel after these things had come to pass, as for his unabating labors and afflictions of diverse kinds, the wounds, the prisons, the bonds, the beatings, the stonings, the shipwrecks, the journeys, the perils on land, on sea, in cities, in wildernesses, the continual vigils, the daily fasting, the hunger, the thirst, the nakedness, and all those other things that he endured for the Name of Christ, and which he underwent before nations and kings and the Israelites, and above all, his care for all the churches, his fiery longing for the salvation of all, whereby he became all things to all men, that he might save them all if possible, and because of which, with his heart aflame, he continuously traveled throughout all parts, visiting them all, and like a bird of heaven flying from Asia and Europe, the West and East, neither staying nor abiding in any one place - all these things are related incident by incident in the Book of the Acts, and as he himself tells them in his Epistles.

His Epistles, being fourteen in number, are explained in 250 homilies by the divine Chrysostom and make manifest the loftiness of his thoughts, the abundance of the revelations made to him, the wisdom given to him from God, wherewith he brings together in a wondrous manner the Old with the New Testaments, and expounds the mysteries thereof which had been concealed under types; he confirms the doctrines of the Faith, expounds the ethical teaching of the Gospel, and demonstrates with exactness the duties incumbent upon every rank, age, and order of man.

Having completed the work of his ministry, he likewise ended his life in martyrdom when he was beheaded in Rome during the reign of Nero, at the same time, some say, when Peter was crucified.



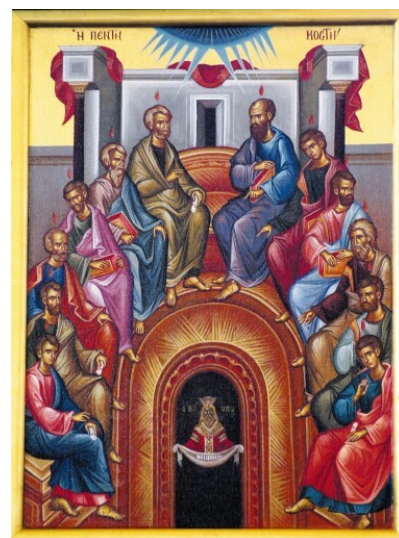
***FEASTS & SAINTS OF THE MONTH (CONTINUED)***



**Ascension**



**Pentecost**



**Monday of the Holy Spirit**



**Nativity of John the Baptist**








**All Saints**



**Peter & Paul**

# Orthodox Calendar

## JUNE 2019

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 <i>Sunday of the Blind Man</i> 8:45am Orthros 10am Divine Liturgy 1pm Parish Picnic	3 4pm Greek School	4 7:30 AHEPA Meeting	5  7pm Union Station Philoptochos	6 <i>Holy Ascension</i> 9am Orthros 10am Divine Liturgy 7pm Choir Rehearsal	7  4pm Greek School	8
9 <i>Fathers of the 1st Ecumenical Council</i> 8:45am Orthros 10am Divine Liturgy 12:15 HOPE/JOY	10 4pm Greek School	11 10am VIPs 7pm Parish Council	12  7:15 Philoptochos Board Meeting	13 7pm Choir Rehearsal	14  4pm Greek School 6:30 Greek School Graduation	15 <i>Saturday of the Souls</i> 9am Orthros 10am Divine Liturgy
16 <i>Holy Pentecost</i> 8:45am Orthros 10am Divine Liturgy	17 <i>Day of the Holy Spirit</i> Vacation Bible Sch. 4pm Greek School	18 Vacation Bible Sch.	19 Vacation Bible Sch.	20 Vacation Bible Sch. 7pm Choir Rehearsal	21	22
23 <i>All Saints</i> 8:45am Orthros 10am Divine Liturgy	24  <i>Nativity of John the Baptist</i>	25 	26  7pm Philoptochos General Meeting	27  7pm Choir Rehearsal	28 	29 <i>Peter and Paul</i> 9am Orthros 10am Divine Liturgy
30 <i>Synaxis of 12 Apostles</i> 8:45am Orthros 10am Divine Liturgy		<i>Strict Fast</i> 	<i>Fish Allowed</i> 	<i>Wine and Oil Allowed</i> 	<i>Dairy, Eggs, and Fish Allowed</i> 	<i>Fast Free</i>

Saint Anthony  
Greek Orthodox Community  
778 South Rosemead Blvd  
Pasadena, California 91107

June 2019

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*Place address label here*

Phone  
626.449.6943

Fax  
626.449.6974

E-mail  
alma@saint-anthonys.org

We're on the Web!

[www.saint-anthonys.org](http://www.saint-anthonys.org)

## DID YOU KNOW ?

There are several times during the Divine Liturgy when no one should be moving about or entering the Nave of the church:

- Small Entrance
- Reading of the Epistle
- Reading of the Gospel
- Great Entrance
- Recitation of the Creed
- The Lord's Prayer
- Prayers of the Consecration (while kneeling)
- Communion Prayer