

## ST. SAINT ANTHONY GREEK ORTHODOX CHURCH

Rev. Father Peter Stratos, Pastor ~ Rev. Father Christopher Retelas, Associate Pastor  
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Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)  
St. Anthony's calendar link: <http://saint-anthonys.org/calendar>  
For pastoral emergencies please call 626-855-3640

May 19<sup>th</sup>, 2019 – Sunday of the Paralytic

*Patrick the Hieromartyr and Bishop of Prusa and those with him.*

**Orthros ~ 8:45 a.m.**

**Memorial ~ 9:45 a.m.**

*Petroula Paziouros, 3 years. AHEPA & Daughters of Penelope*

**Divine Liturgy ~ 10:00 a.m.**

**AHEPA Day Memorial Service.** Today is AHEPA Sunday. We will pray for our departed brothers and sisters of AHEPA and Daughters of Penelope. May their memory be eternal!

**Today's Social Hour** will be hosted by the family of Petroula Paziouros in her memory.

**LAST DAY OF CHURCH SCHOOL TODAY!** We have a regular class session.

**PERFECT AND COMMENDABLE ATTENDANCE RECOGNITION** will be on June 2.

**Today is the last day Moms Pops 'n Tots.** Thank you for a wonderful year of faith education and growth!

**Our Parish General Assembly** is scheduled for Wednesday May 29th at 6:00pm. Please mark your calendars and make sure that you and your family can attend!

**Philoptochos Board Elections** will be held on May 22, at the general meeting. All those interested in joining the board please contact, Teddi Efsthathiou at [tefsta@aol.com](mailto:tefsta@aol.com) or Vangie Dupas at [vangiedupas@sbcglobal.net](mailto:vangiedupas@sbcglobal.net).

**Save the Date! Young Adult Summer Retreat:** Like summer camp for young adults! Crestline, CA May 31-June 2, details to come at [gosfyouth.org](http://gosfyouth.org).

**Divine Services for the month of May & June:** ([saint-anthonys.org/calendar](http://saint-anthonys.org/calendar)):

Tuesday, May 21<sup>st</sup> – Constantine & Helen (*Orthros 9:00am, Liturgy 10:00am*)

Thursday, June 6<sup>th</sup> – Holy Ascension (*Orthros 9:00am, Liturgy 10:00am*)

Saturday, June 15<sup>th</sup> – Saturday of Souls (*Orthros 9:00am, Liturgy 10:00am*)

Saturday, June 29<sup>th</sup> – Apostles Peter & Paul (*Orthros 9:00am, Liturgy 10:00am*)

**Annual Graduate Recognition, Sunday June 2nd:** If you are graduating this Spring, please let us know so we can acknowledge you in church and in the June Newsletter. Send the church office the following information ASAP (deadline today): Graduate's name, school from which you are graduating, degree, and parents' names.

**St. Anthony Family Picnic on Sunday, June 2<sup>nd</sup> at 1:00 at Lacy Park in San Marino:**

Join us for a fun filled afternoon of music, lunch, games, kid's playground, fellowship. San Marino Fire department and the famous Tug-O-War. You must reserve a table (holds 8 adults) to attend, \$40/table. Table reservations help pay for the picnic. Additional donations also welcome to help support the picnic. You can bring your own food or pre-order a lunch (\$15 for adults/\$8 for kids under 12). We can't collect money in the park. All table reservations and lunch orders must be done ahead of time for information call the office at 626-449-6943

**Save the Date: Vacation Bible School!** VBS will be hosted at St. Anthony from June 17<sup>th</sup> to June 20<sup>th</sup> from 1-4 pm. Children will be taken on an epic African adventure as they explore God's goodness and celebrate a ferocious faith that powers them through this wild life! Children in grades P/K (age 4 ½) to 6<sup>th</sup> grade are encouraged to join in on the fun! For more information and/or volunteer opportunities, contact Mary Udria ([mary.udria@gmail.com](mailto:mary.udria@gmail.com)) or Sophia Syrengelas ([sophiajammie@gmail.com](mailto:sophiajammie@gmail.com)).

**Hospital/Shut-in visitations:** It is a priority for our priests to visit and minister to our loved ones in need, and we are not aware of parishioners in need unless we are directly notified. If you, or a loved one, are in the hospital, rehab center, assisted living, or hospice care, please contact the church office for a pastoral visit.'

**Order for Holy Communion** (*only Baptized or Chrismated Orthodox Christians*): Please allow ushers to dismiss you row by row in an orderly fashion.

**Make a donation or update your regular stewardship contributions to St. Anthony's** by visiting [saint-anthonys.churchgvine.com](http://saint-anthonys.churchgvine.com).

**(DURING SMALL ENTRANCE)**

**(1) *Apolytikion of Pascha. Mode Plagal 1.***

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν ἁρισάμενος.

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**(AFTER SMALL ENTRANCE)**

**(2) *Resurrectional Apolytikion. Mode 3.***

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

**(3) *Memorial Hymn. Mode Plagal 4.***

Remember your servants O good and loving Lord, and forgive every sin they may have committed in life, for no one is without sin. O mighty one, grant your departed servants who have fallen asleep everlasting rest.

Μνήσθητι Κύριε, ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτον συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τοῖς μεταστᾶσι δοῦναι τὴν ἀνάπαυσιν.

**(4) *Apolytikion for St. Anthony the Great. Mode 4.***

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γεγονόςας οἰκιστής, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

**(5) *Kontakion of Pascha. Mode Plagal 4.***

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε, ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ Μυροφόροις φθεγζάμενος, Χαίρετε, καὶ τοῖς σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς πεσοῦσι παρέχων ἀνάστασιν.

**Orthros Gospel Reading**

Fifth Orthros Gospel

Luke 24:13-35

At that time, two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing together, Jesus himself drew near and went with them. But their eyes were kept from recognizing him. And he said to them, "What is this conversation which you are holding with each other as you walk?" And they stood still looking sad. Then one of them, named Cleopas, answered him, "Are you the only visitor to Jerusalem who does not know the things that have happened there in these days?" And he said to them, "What things?" And they said to him, "Concerning Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and rulers delivered him up to be condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since this happened. Moreover, some women of our company amazed us. They were at the tomb early in the morning and did not find his body; and they came back saying that they had even seen a vision of angels, who said that he was alive. Some of those who were with us went to the tomb, and found it just as the women had said; but him they did not see." And he said to them, "O foolish men, and slow of heart to believe all that the prophets have spoken! Was it not necessary that the Christ should suffer these things and enter into his glory?" And beginning with Moses and all the prophets, he interpreted to them in all the scriptures the things concerning himself. So they drew near to the village to which they were going. He appeared to be going further, but they constrained him, saying, "Stay with us, for it is toward evening and the day is now far spent." So he went in to stay with them. When he was at table with them, he took the bread and blessed, and broke it, and gave it to them. And their eyes were opened and they recognized him; and he vanished out of their sight. They said to each other, "Did not our hearts burn within us while he talked to us on the road, while he opened to us the scriptures?" And they rose that same hour and returned to Jerusalem; and they found the eleven gathered together and those who were with them, who said, "The Lord has risen indeed, and has appeared to Simon!" Then they told what had happened on the road, and how he was known to them in the breaking of the bread.

**Epistle Reading**

Sunday of the Paralytic

Acts of the Apostles 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

**Gospel Reading**

Sunday of the Paralytic

John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.