

## SAINT ANTHONY GREEK ORTHODOX CHURCH

Rev. Father Peter Stratos, Pastor ~ Rev. Father Christopher Retelas, Associate Pastor  
778 S. Rosemead Blvd, Pasadena, CA 91107 ~ Tel. 626-449-6943 ~ Fax: 626-449-6974  
www.saint-anthonys.org – office@saint-anthonys.org – www.pasadenagreekfest.org  
Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday)  
St. Anthony's calendar link: <http://saint-anthonys.org/calendar>  
For pastoral emergencies please call 626-855-3640

April 7<sup>th</sup>, 2019 – Sunday of St. John Climacus  
The Holy Martyr Calliopios; George, Bishop of Mytilene

Orthros ~ 8:45 a.m.  
Memorial ~ 9:45 a.m.  
George Dupas, 1 year  
Divine Liturgy ~ 10:00 a.m.

Today's Social Hour is hosted by the Dupas family in memory of George Dupas.

Philoptochos Board Elections will be held in May at the general meeting. All those interested in joining the board please contact, Teddi Efstathiou at tefsta@aol.com or Vangie Dupas at vangiedupas@sbcglobal.net

Finale in Speaker Series: A Lenten Journey to Family Wellness. Sat. April 13 w/ George Papageorge M.A., MFT Licensed Marriage & Family Therapist Director of Family Wellness-San Francisco Metropolis. During this Lenten season of self-reflection, George will assist us to consider various psychological insights, that are rooted in rich Orthodox Christian teaching, leading to stability in our relationships and a healthy family life. 9:30am Registration & Breakfast. 10:00am Start. \$15 Includes Lunch. Child Care provided.

Young Adult Paraklesis, Friday April 19<sup>th</sup> at 7:30pm. Join young adults from SoCal for a young adult Paraklesis service. It will be a beautiful and prayerful evening, as we breakaway from our busy lives for a moment. A Lenten reception and discussion with Fr. Chris and opportunity for fellowship in the community center. For college students and young professionals in their 18-30's from all Orthodox jurisdictions. Tell your friends (Orthodox or not), siblings, OCF crew, YAL, parish priest, etc.! Casual dress is fine.

Sponsored by Youth and Young Adults: Church Grounds Beautification Project. April 20<sup>th</sup>. Following Saturday of Lazarus palm cross-folding brunch, open to everyone! For donations contact Mike: mcabifarah@gmail.com

Divine Services for the month of April ([saint-anthonys.org/calendar](http://saint-anthonys.org/calendar)):

Wednesday, April 10 – Pre-Sanctified Liturgy (6:00pm)

Friday, April 12 – Akathist Hymn (7:00pm)

Wednesday, April 17 – Pre-Sanctified Liturgy (6:00pm)

Saturday, April 20 – Saturday of Lazarus (Orthros 9:00am, Liturgy 10:00am. Followed by brunch and folding palm crosses)

GOYA Basketball: QUARTERFINAL GAMES TODAY: at St. Sophia Cathedral Los Angeles. Sr. Boys 2pm, Jr. girls 3:30pm, Sr. girls 4:30pm.

You're invited to St. Paul's 12th annual Hunger Strike retreat! Hunger Strike is a Pan-Orthodox Lenten Youth Retreat held at St. Paul's in Irvine. This year the retreat is scheduled for Sat, April 13-Sun, April 14. The overnight retreat is a great way to learn about life in a developing country (Tanzania), help those in need, and dig deeper into your Orthodox faith. Registration is now open at [stpaulsirvine.org/hungerstrike/](http://stpaulsirvine.org/hungerstrike/)

HOPE and JOY schedule: A mini Holy Friday retreat will take place, Friday, April 26, 11:45am to 3:00pm. Plans are in progress to make this a meaningful experience. If you are considering sending your child/children please email me at [mcmg2a@aol.com](mailto:mcmg2a@aol.com). More information to follow.

The 19th Annual Pasadena Golf Classic will be May 10th at the beautiful Brookside Golf Course, with the famous Taverna on the Green. We are looking for volunteers, sponsors, and donors to help make this the best golf tournament yet! There will be a table outside of church today for all to sign up! Join us for a memorable day with friends and family. Be sure to go to [pasadenagolfclassic.com](http://pasadenagolfclassic.com), registration will be live soon!

Save the Date! Young Adult Summer Retreat: Like summer camp for young adults! Crestline, CA May 31-June 2, details to come at [gosfyouth.org](http://gosfyouth.org)

Save the Date: Vacation Bible School! VBS will be hosted at St. Anthony from June 17<sup>th</sup> to June 20<sup>th</sup> from 1-4 pm. Children will be taken on an epic African adventure as they explore God's goodness and celebrate a ferocious faith that powers them through this wild life! Children in grades P/K (age 4 ½) to 6<sup>th</sup> grade are encouraged to join in on the fun! For more information and/or volunteer opportunities, contact Mary Udria ([mary.udria@gmail.com](mailto:mary.udria@gmail.com)) or Sophia Syrengelas ([sophiajammie@gmail.com](mailto:sophiajammie@gmail.com)).

Order for Holy Communion (*only Baptized or Chrismated Orthodox Christians*): Please allow ushers to dismiss you row by row in an orderly fashion.

Visit [saint-anthonys.churchgiving.com](http://saint-anthonys.churchgiving.com) to make a donation to the Church or update your regular stewardship contributions.

**(DURING SMALL ENTRANCE)**

**(1) Resurrectional Apolytikion. Mode 4.**

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

---

**(AFTER SMALL ENTRANCE)**

**(2) Resurrectional Apolytikion. Mode 4.**

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world.

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριάι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

**(3) Apolytikion for St. John Climacus. Mode Plagal 4.**

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

Ταῖς τῶν δακρῦων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώργησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἔκαρποφόρησας, καὶ γέγονας φωστὴρ τῇ οἰκουμένῃ, λάμπων τοῖς θαύμασιν, Ἰωάννη Πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

**(4) Memorial Hymn. Mode Plagal 4.**

Remember your servant O good and loving Lord, and forgive every sin he may have committed in life, for no one is without sin. O mighty one, grant your departed servant who has fallen asleep everlasting rest.

Μνήσθητι, Κύριε, ὡς ἀγαθὸς τοῦ δούλου σου, καὶ ὅσα ἐν βίῳ ἡμαρτεν συγχώρησον· οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ σὺ ὁ δυνάμενος, καὶ τῷ μεταστάντι δοῦναι τὴν ἀνάπαυσιν.

**(5) Apolytikion for St. Anthony the Great. Mode 4.**

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἠλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῇ εὐθείαις ταῖς τρίβοις ἐπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστὴς, καὶ τὴν οἰκουμένην ἐστήριξας εὐχαῖς σου· διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

**(6) Seasonal Kontakion. Mode Plagal 4.**

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ νικητήρια, Ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, Αναγράφω σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, Ἐκ παντοίων με κινδύνων ἐλευθέρωσον, Ἴνα κράζω σοι· Χαῖρε νύμφη ἀνύμφευτε.

**Orthros Gospel Reading**

First Orthros Gospel

The Gospel According to Matthew 28:16-20

At that time, the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw him they worshipped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age. Amen."

**Epistle Reading**

The reading is from St. Paul's Letter to the Hebrews 6:13-20

BRETHREN, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

**Gospel Reading**

Sunday of St. John Climacus

The Gospel According to Mark 9:17-31

At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."