#### SAINT ANTHONY GREEK ORTHODOX CHURCH

Rev. Father Peter Stratos, Pastor ~ Rev. Father Christopher Retelas, Associate Pastor 778 S. Rosemead Blvd, Pasadena, CA 91107 ~ Tel. 626-449-6943 ~ Fax: 626-449-6974 www.saint-anthonys.org — office@saint-anthonys.org — www.pasadenagreekfest.org Church office hours: Monday-Friday: 9:00am to 4:00pm (Closed Saturday & Sunday) St. Anthony's calendar link: http://saint-anthonys.org/calendar For pastoral emergencies please call 626-855-3640

March 10<sup>th</sup>, 2019 – Forgiveness Sunday (Cheesefare)

Kodratos the Martyr and his companions

Orthros ~ 8:45 a.m. Divine Liturgy ~ 10:00 a.m.

**Today's Social Hour** is hosted by Georgia Vagenas and Anna Giannoulis.

We will congratulate our Greek dance groups today during social hour on another wonderful year of faith, dance, and fellowship along with their directors.

St. Anthony Parish Oratorical Festival will be taking place this Saturday, March 16. We hope this opportunity to learn, write, and speak about their Orthodox Faith cultivates spiritual growth and self-confidence. For further information, please contact Nicole Schulman at 626-497-5368 or nicoleschul@gmail.com

Join us March 23<sup>rd</sup> for an Instructional and Participatory Liturgy. Speakers Fr. Peter Stratos and Fr. Chris Retelas. Learn and teach your family! Keep them joyfully close to our heavenly Father in a difficult world! 9:30 a.m. registration. 10:00 a.m.-start. \$15 per person. Lunch included.

<u>Greek Language School:</u> Sunday, March 24<sup>th</sup> – Greek Independence Day Celebration and Greek School Fundraiser. Please join us right after the Divine Liturgy in the Trinity Ballroom, for a delicious lunch and a wonderful program. Tickets are \$10 per adult.

<u>Church School:</u> Youth Confessions: Great Lent is approaching and repentance is one of the major themes of the season. To participate in the Lenten journey more fully, we encourage our students to sign up for Holy Confession with Fr. Peter. Friday, March 15, 3:30-6:30 has been reserved for Church School students to participate in confession. Please call the church office to make arrangements for a time that works for you.

**Divine Services for the month of March** (saint-anthonys.org/calendar):

Sunday, March 10 – Sunday of Forgiveness (Vespers 6:00pm)

Wednesday, March 13 – Pre-Sanctified Liturgy (6:00pm)

Friday, March 15 – Salutations to the Theotokos (7:00pm)

Saturday, March 16 – Saturday of Souls (Orthros 9:00am, Liturgy 10:00am)

**GOYA Basketball:** HOME GAMES TODAY: vs St. Sophia at Sierra Madre Middle School (Jr. girls 2pm, Jr. boys 3pm, Sr. girls 4pm, Sr. boys game 5pm).

Save the Date: Vacation Bible School! VBS will be hosted at St. Anthony from June 17<sup>th</sup> to June 20<sup>th</sup> from 1-4 pm. Children will be taken on an epic African adventure as they explore God's goodness and celebrate a ferocious faith that powers them through this wild life! Children in grades P/K (age 4 ½) to 6<sup>th</sup> grade are encouraged to join in on the fun! For more information and/or volunteer opportunities, contact Mary Udria (mary.udria@gmail.com) or Sophia Syrengelas (sophiajammie@gmail.com).

<u>Information updates needed for HOPE</u> (4 ½-7 years old) <u>and JOY</u> (8-10 years old). Information of meetings and activities will be sent via email evites. Please send email addresses to Mary Udria at mary.udria@gmail.com or Irene Albeck at mcmg2a@aol.com. Volunteers 11 years old or older are needed for our monthly meetings.

Metropolis Young Adult Lenten Retreat at St. Nicholas Ranch &, March 29-31. This retreat is open to all Orthodox young adults ages 18-30's from across the Archdiocese. Please share this with your friends and encourage them to register as well! We are excited to announce that our speaker will be Fr. Niko Bekris, speaking on the theme of "Prayer as a Path to Healing" gosfyouth.org/young-adult-lenten-retreat

Lenten Retreat in Whittier: The Society of St. Benedict at St. Michael Antiochian Orthodox Church will host the V. Rev. John Finley on Sat, March 16, for a day-long Lenten Retreat. Fast friendly meals provided; child care is not offered. 3333 Workman Mill Road, Whittier CA. RSVP by email to Fr John Fenton (frjohnfenton@gmail.com) or call the parish office 562-692-6121.

**Bookstore Announcement**: Please stop by to see Fr. Stavros book on Great Lent: 'The Road Back to Christ: Reflections on Lent, Holy Week and the Resurrection'.

<u>Order for Holy Communion</u> (*only Baptized or Chrismated Orthodox Christians*): Please allow ushers to dismiss you row by row in an orderly fashion.

<u>Visit saint-anthonys.churchgiving.com</u> to make a donation to the Church or update your regular stewardship contributions.

### (DURING SMALL ENTRANCE)

# (1) Resurrectional Apolytikion. Mode Plagal 4.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Έξ ὕψους κατῆλθες ὁ εὔσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

#### (AFTER SMALL ENTRANCE)

# (2) Resurrectional Apolytikion. Mode Plagal 4.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

Έξ ὕψους κατῆλθες ὁ εὔσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

# (3) Apolytikion for St. Anthony the Great. Mode 4.

Emulating the ways of Elijah the zealot, and following the straight paths of the Baptist, O Father Anthony, you made the wilderness a city, and did support the world by your prayers. Wherefore intercede with Christ our God, that our souls be saved.

Τὸν ζηλωτὴν Ἡλίαν τοῖς τρόποις μιμούμενος, τῷ Βαπτιστῆ εὐθείαις ταῖς τρίβοις ἑπόμενος, Πάτερ Ἀντώνιε, τῆς ἐρήμου γέγονας οἰκιστής, καί τήν οἰκουμένην ἐστήριξας εὐχαῖς σου διὸ πρέσβευε Χριστῷ τῷ Θεῷ σωθῆναι τὰς ψυχὰς ἡμῶν.

#### (4) Kontakion. Mode Plagal 2.

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

Τῆς σοφίας ὁδηγέ, φρονήσεως χορηγέ, τῶν ἀφρόνων παιδευτά, καὶ πτωχῶν ὑπερασπιστά, στήριξον, συνέτισον τὴν καρδίαν μου Δέσποτα. Σὺ δίδου μοι λόγον, ὁ τοῦ Πατρός Λόγος ἰδοὺ γὰρ τὰ χείλη μου, οὐ μὴ κωλύσω ἐν τῷ κράζειν σοι Ἐλεῆμον, ἐλέησόν με τὸν παραπεσόντα.

## **Orthros Gospel Reading**

Eighth Orthros Gospel
The Gospel According to John 20:11-18

At that time, Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to her, "Woman, why are you weeping?" She said to them, "Because they have taken away my Lord, and I do not know where they have laid Him." Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom do you seek?" Supposing Him to be the gardener, she said to Him, "Sir, if you have carried Him away, tell me where you have laid Him, and I will take Him away." Jesus said to her, "Mary." She turned and said to him in Hebrew, "Rabboni!" (which means Teacher). Jesus said to her, "Do not hold me, for I have not yet ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God." Mary Magdalene went and said to the disciples, "I have seen the Lord"; and she told them that He had said these things to her.

### Epistle Reading

The reading is from St. Paul's Letter to the Romans 13:11-14; 14:1-4

Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

# Gospel Reading

Forgiveness Sunday
The Gospel According to Matthew 6:14-21

The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."