

The Voice of Saint Anthony

JULY 2018

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**Deadline for
August Newsletter
Wednesday, 25 July**

Please send to:

**frchris@saint-anthonys.org
newsletter_church@aol.com**



Saint Prophet Elias

Saint Panteleimon



Reverend Father Peter Stratos, Pastor

Reverend Father Christopher Retelas, Associate Pastor

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PRIEST'S MESSAGE***Father Peter's Sermon—given on Father's Day, June 17th...***

Today we celebrate Father's Day. Many sermons on this day deal with "What is a good father?" Those sermons are always good to preach, but I want to speak today on "How to be a good father." In my estimation it is not enough just to know the characteristics of being a good father... you must put those characteristics into action.

What are those characteristics? To aid me in my process, I have turned to the scriptures to find my answers. I will quote the scripture reference first and elaborate on that particular quotation as it applies to fathers today. I stand here before you today admitting my need to be a better father. I have written this sermon understanding that I need to improve. I have also written it as a guide for all fathers to follow. I will use this information to try and improve as a father. If even a few find the information helpful, then the time of writing and preparing this sermon was well worth it. Let us now begin with the characteristics I believe are needed to be a good father:

1. Ephesians 5:28- "so husbands ought also to love their own wives as their own bodies. He who loves his own wife loves himself;"

Love your wife. Our children watch how we treat their mother. They watch...and they are learning and forming their concept of marriage from us, the fathers. If they see you show disrespect to your wife then there is a good chance your son will carry that into his marriage. If you verbally, mentally or physically abuse your wife, then your daughter will expect that in her marriage. If you treat their mother like she isn't worth very much then you are degrading the home, the family and the marriage. They then, will more than likely do the same in their future homes, families and marriages.

However, if they visibly see you show love and respect to their mother, then your son will learn how to be a good father himself. If you honor your wife then your daughter will never be satisfied with a man who dishonors her. If you cherish their mother as a valuable part of not only your life, but their life... they will carry that mode with them for the rest of their lives. The first way to be a good father is to love your wife.

2. Col. 3:21- "Fathers, don't make your children resentful, or they will become discouraged."

Fathers, don't expect your children to be perfect. Don't expect them to meet all of your expectations to fulfill all of your goals for them, to be what you want them to be.

All too often fathers will try to live out their lives through their children. They want a son to be a star athlete. They want a daughter to marry into money and success, that maybe they never achieved. Every child is different. They are not a clone. It is natural for them to make mistakes. They will spill milk, or accidentally break something, or do poorly on a test, or get angry. They are not perfect. Neither were we when we were children. Don't criticize their imperfections, but rather acknowledge them. Try and help them through them. Don't expect perfect children.

3. Psalm 127:3- "Behold, children are a gift of the Lord. "The fruit of the womb is a reward."

Children are given to us to enjoy... not to be a burden... not to avoid... not to ignore... but to enjoy. Enjoy your children. Enjoy being a father and make sure that they enjoy having you as a father.

4. Proverbs 1:5- "A wise man will hear and increase in learning..."

Listen to your children.

Give them your undivided attention. When they have a problem... when they are lonely... when they are worried... when they are sad... they don't need cartoons, video games, or cell phones... they need their father, and his undivided attention.

Get involved with your children, and know what is going on in their everyday life. Listen to them. If you listen to them when they are small and their problems are small then they are more likely to come to you when they are older, and their problems are bigger.

5. 1 Tim. 5-8- “But if anyone does not provide for his own, and especially for those of his household, he has denied the faith, and is worse than an unbeliever.”

Provide for your children.

A footnote here: I don't mean that you have to give them everything they want, because that is one of the worst things you can do. We are living in a generation of children whose parents have robbed their children of the blessing of wanting, working, and waiting for material things. We have spoiled our children by giving them instant satisfaction... and they will carry on this tradition by charging whatever they want on credit, thus accumulating enormous debt.

You cannot buy off your children with a lot of gadgets or things.

Did my father provide for me? Absolutely he did. He provided me with everything I needed and taught me the blessing of wanting, working and waiting for material things.

6. Ephesians 6:4- “And fathers, do not provoke your children to anger; but bring them up in the discipline and instruction of the Lord.”

Train your children. We must teach and train our children to respect authority in the home...or they won't respect authority at school or in the world. We need to teach our children that there are boundaries... rules and regulations... a line that they should not cross.

Let's face it, our children are going to test us. They are going to see how much they can get away with. They are going to see if we mean what we say.

And... every time we back down from Godly instruction, we will have to draw the line further and further away from God's standard. If we are not careful, eventually they will become the authority and we will become the one in submission. Train your children to respect authority... earn their respect... be consistent... discipline them with love... or they will never respect the authority of God in their life.

7 & 8. 1 Chronicles 16-11- “Seek the Lord and His strength; Seek His face continually.”

Psalms 55:17- “Evening morning, and at noon, will I pray, and cry aloud; and he shall hear my voice.”

Pray for children and pray for yourself.

You can't be with your children all the time... God can. You can't protect them wherever they go... God can. You can teach them right from wrong, but you can't be there when they are put to the test... but God can be there.

Pray for them and pray for yourself. Pray that God will give you the wisdom, love and patience to be the father you ought to be.

9. Proverbs 22:6- “Train up a child in the way he should go: and when he is old, he will not depart from it.”

Be a positive role model.

You are a role model for your children... like it or not they will, to one degree or another, model their lives after you. You have inherited some of your father's characteristics... and your children are inheriting some of yours. A good father will be a role model. Think and act appropriately.

10. Proverbs 23:24- “The father of the righteous will greatly rejoice and he who begets a wise son will be glad in him.”

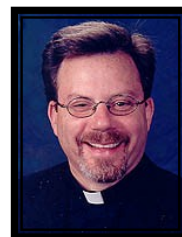
Prepare your children.

You are preparing your children to leave home some day. However, preparing them for life away from you is only part of the picture. If you haven't spent your time preparing them for eternity, then you need to start. God didn't give you your children just to prepare a doctor, a teacher, or a plumber. God gave your children to Christian fathers to prepare them for eternity.

You can't choose which eternal path they will take... but you can choose to show them the way to heaven, and you certainly can have a Godly influence on their choices.

In conclusion, it is not easy being a good father. But it is not impossible either. It takes hard work, hard praying, and making hard decisions. You can't do it alone. God doesn't expect you to. God doesn't want you to. Don't leave Him out of your adventure in fatherhood.

Amen.



PARISH COUNCIL NEWS



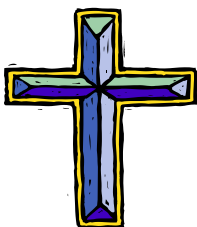
FESTIVAL MEETING
SUNDAY, JULY 8TH AT NOON

Please join us for an All Hands on Deck Festival Meeting on July 8, 2018, immediately after church at Noon, in the upstairs classrooms in the Trinity Hall.

All volunteers, booth captains, workers, and anyone who is willing to help with our biggest fundraiser of the year are asked to attend!

Thank you,

Nick Demopulos, Julie Kiotas & John Vidalakis



STEWARDSHIP

2018 STEWARDSHIP SUMMARY

OUR STEWARDSHIP GOAL: \$425,000

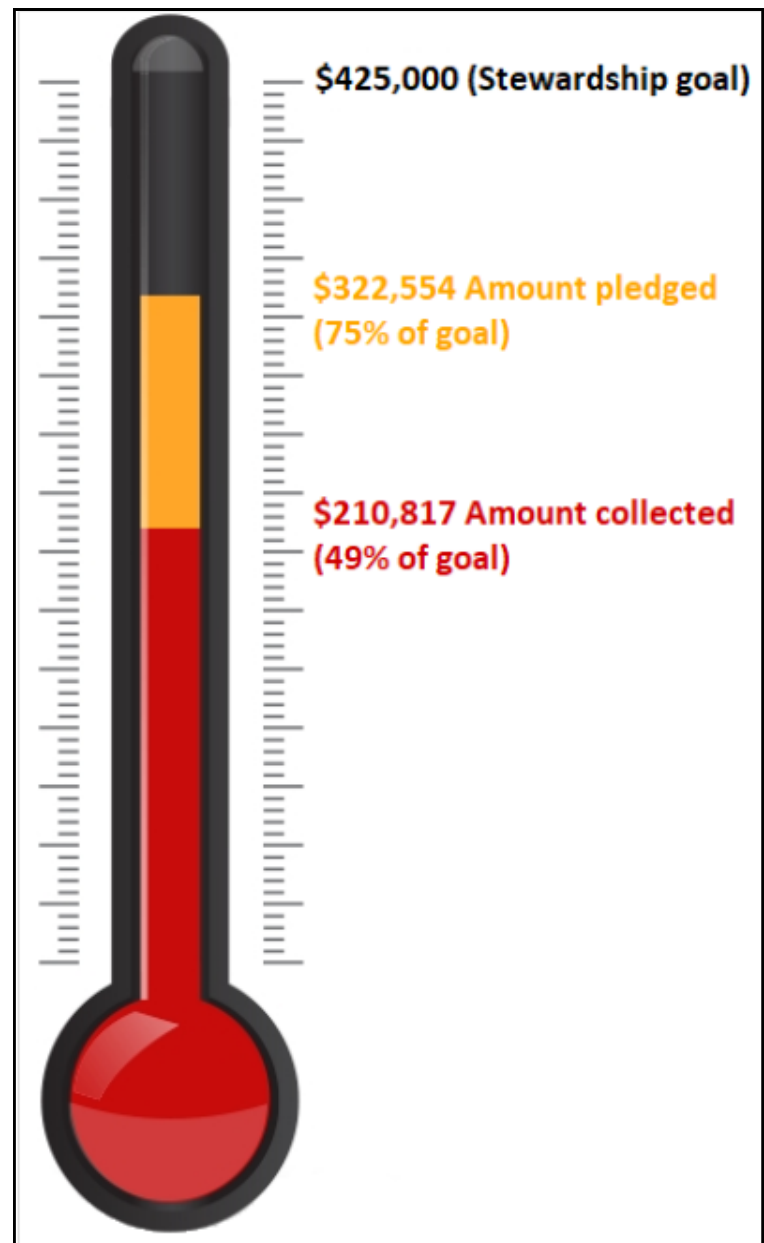
246 PLEDGES TOTALING: \$322,554

COLLECTED AS OF 5/8/18: \$210,817

AVERAGE PLEDGE GOAL: \$1,500

CURRENT AVERAGE PLEDGE: \$1,311

Stewardship Breakdown of Pledges		
2018 Annual Stewardship Pledged Amount	# of Pledges	% of Pledges Breakdown
\$ 20 - \$299	46	19%
\$300 - \$499	28	11%
\$500 - \$749	48	20%
\$750 - \$999	11	04%
\$1,000 - \$1,499	49	20%
\$1,500 - \$1,999	21	08%
\$2,000 - \$3,999	26	11%
\$4,000 - \$5,999	10	04%
\$6,000 - \$7,999	2	1%
\$8,000 - \$9,999	0	0
\$10,000 - \$14,999	4	02%
\$15,000 - \$99,999	1	0
Total Pledges	246	100%



PHILOPTOCHOS NEWS**SUNDAY FELLOWSHIP HOUR**

Dear Members of St. Anthony,

If you have not provided refreshments for at least one coffee hour in the past few years please choose a Sunday to do so. You might want to serve with a friend or relative to honor a birthday, celebrate a special event in your life, or remember a loved one.

A sign-up board is in the Trinity Ballroom for your convenience.

Guidelines are available.

Please contact Athena Dallas (818.790.1419) or athena_d@charter.net.

Donations collected during the coffee hour are used to purchase items needed in our St. Anthony altar.

Please sign up for the Sunday of your choice. Your participation will be appreciated by all.

SAVE THE DATE**SATURDAY, DECEMBER 8th, 2018****St. Anthony Philoptochos Christmas Benefit****St. Anthony Philoptochos Society's****49th Annual****2018 Christmas Benefit Luncheon****at the Langham Huntington Hotel, Pasadena, CA****SATURDAY, DECEMBER 8th, 2018****Be sure to mark your calendars today!**

San Francisco Metropolis Philoptohos Programs & Charities

Bishop Anthony Student Aid Endowment Fund [BAPSAEF]

Emergency Relief Fund/Social Welfare

Kids n' Cancer

Pennies and Prayers (supports mission churches)

Per capita dues

Saint Nicholas Ranch

Support a Seminarian

Women's Health & Wellness

National Philoptohos Programs & Charities

Academy of Saint Basil

Autism Assistance Fund

Children Medical Fund

Ecumenical Patriarchate

National Philoptohos Emergency Fund

General Medical Fund

Hellenic College/Holy Cross School of Theology

International Orthodox Christian Charities [IOCC]

National Sisterhood of Presbyteres Benevolent Fund

Orthodox Christian Fellowship

Orthodox Christian Mission Center & Support a Mission Priest

Retired Clergy & widowed Presbyteres Benevolent Fund

Saint Photios Shrine

Seventy-Fifth Anniversary Founders Fund

Social Services

Unites Nations International Children's Emergency Fund [UNICEF]



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Saint Anthony Greek Orthodox Church

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Reverend Father Christopher Retelas

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Pete Gallanis	1 st Vice President
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Vince Zarian

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Choir Director Jim Hronas

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Tina Athans	Stavrula Kiotas
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Tom Bouras	Liam McCann
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Athena Dallas	Gena Pegadiotes
Maria Ganis	Katerina Petrossian
Georgia Loutsos Grajeda	Litsa Stavropoulous
Aliki Haralambos	Pres. Aida Stratos

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Katerina Lynch

Demetrios Baliotis

Mike Abi-Farah

Please notify us of any misspellings or omissions.



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Athena Serban – Events Coordinator (Trinity Ballroom)

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Anastasia Kalivas - Director

Irene Albeck - Preschool

Nikolitsa Vagenas - Preschool

Kathy Tsigkounis - Kindergarten & 1st

Kyriaki Tsigkounis - Kindergarten & 1st

Michael Nunez - 2nd & 3rd

Anna Nunez - 2nd & 3rd

John Vagenas - 4th & 5th

Tom Bouras - Middle School

Rebecca Russo - Middle School

Anastasia Kalivas - High School

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Carlos Sosa



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Elizabeth Skandale & Lisa Xanthos

2nd Vice President

Judith Din & Konstantina Paziouros

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Mary Dewar, Stephanie Soewers & Presbytera Aida Stratos

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Athena Dallas

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Terese Caire & Nicolette Fuerst

Scholarship

Irene Albeck & Judith Din

Sunshine and Visitation

Jeanne Karaianoglou

Union Station

Irene Albeck

Welfare

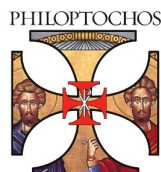
Presbytera Maria Mylonas

Advisor

Connie Becker

Spiritual Advisor

Father Peter Stratos



OTHER MINISTRIES

Acolytes

Fr. Christopher Retelas

Bible Study

Fr. Peter Stratos

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Jeremiah Courter

Chanters

Patrick and Katerina Lynch

GOYA

Fr. Christopher Retelas

GOYA Basketball

Anthia Lucas
Pana Gelt

Greek Dance Groups

Christine Pappas

Greek Festival

John Vidalakis
Nick Demopulos
Julie Balas

Greek Language School Anastasia McClain

JOY/HOPE

Irene Albeck

Moms & Tots

Rebecca Courter

Myrrh Bearers

Irene Albeck

Oratorical Festival

Maria Grover

Pasadena Golf Classic

Jimmy Christodoulelis
Roberto Crespo

Prayer Shawls

Aliki Haralambos

Vacation Bible School

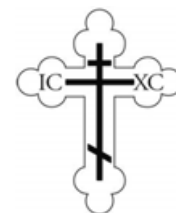
Sophia Syrengelas
Mary Udria

VIPs

Helen Treantafelles

Young Adults

Mike Abi Farah



COMMUNITY NEWS

Upcoming Festivals

13 July 5-10 pm
14 July 12-10 pm
15 July 12-9 pm

Saint Katherine

722 Knob Hill
Redondo Beach, 90277

310.540.2434

Church grounds, Redondo Beach
405 freeway, exit Hawthorne Blvd., Torrance
go south to Sepulveda Blvd.;
Turn right to Prospect
turn left to Knob Hill then right

Church Grounds
Outdoors
Covered dancing on blacktop

28 July 11-7 pm
29 July 11-7 pm

Saint Barbara

1205 San Antonio Creek Rd
Santa Barbara, 93101

805.683.4492

Oak Park, Santa Barbara
101 North through Santa Barbara;
Exit Pueblo and follow signs to park

City Park
Outdoors
Uncovered dancing on wood floor



THE 44TH BIENNIAL CLERGY-LAITY CONGRESS

WILL BE HELD IN BOSTON, JULY 1 TO 5, 2018

NEW YORK – The 44th Biennial Clergy-Laity Congress of the Greek Orthodox Archdiocese of America will take place July 1 to 5, 2018, in Boston, Massachusetts, hosted by the Holy Metropolis of Boston and His Eminence Metropolitan Methodios of Boston.

Concurrently, the National Greek Orthodox Ladies Philoptochos Society will hold its biennial convention. The venue for the 44th Clergy-Laity and the Philoptochos Convention will be the Boston Marriott Copley Place Hotel.



The theme of the 44th Biennial Clergy-Laity Congress will be **All Things Are Possible to the One Who Believes in Christ** (Mark 9:23). His Eminence Archbishop Demetrios, Geron of America, announced the theme in his recent Encyclical and explained that, *As Orthodox Christians we affirm our faith in Christ, a faith that makes the impossible possible, the unreachable reachable, the non achievable achievable. We know that our faith in Him leads us in our worship and ministry. We are also led by the example of our Lord in seeing the limitless possibilities of our faith. His life and ministry show us that belief in Him leads to healing, renewal and hope. Belief in Christ defeats the power of sin and death, transfigures our lives, and leads us on the path of salvation.*

The Congress will begin with the Hierarchal Divine Liturgy, Sunday July 1, 2018, at the Greek Orthodox Cathedral of the Annunciation in Boston. The official opening of the Congress will take place the next morning, Monday July 2, with the Keynote Address by Archbishop Demetrios.

More information on the Clergy-Laity Congress program and the registration process for delegates, observers and other participants will be forthcoming.

Saint Sophia Camp 2018

Calling all Campers !!

Apply online starting May 1st

Session I

Sunday, July 22 - Saturday, July 28, 2018

Session II

Saturday, July 28 - Saturday, August 4, 2018



Southern California's Favorite Camp !!
and first choice for fun !!



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SaintSophiaCamp.org

PASADENA GREEK FEST

SEPTEMBER 21, 22, 23 2018

FRIDAY: 5PM - 10PM • SATURDAY + SUNDAY: NOON - 10PM

SAINT ANTHONY GREEK ORTHODOX CHURCH

778 South Rosemead Boulevard, Pasadena

(between Huntington & California)

WORLD FAMOUS GREEK FOOD

LIVE GREEK MUSIC & DANCING

FOLK DANCE PERFORMANCES

HANDMADE PASTRIES

SPORTS BAR

KIDS FUN ZONE

CHURCH TOURS

ADULT ADMISSION: \$4 • CHILDREN 12 & UNDER: FREE

www.pasadenagreekfest.com

“PROSFORO” - THE ALTAR BREAD

There are many blessings that God gives to those who bake the Altar Bread (in Greek, “Prosforo”) for the celebration of the Divine Liturgy. This bread differs from that used by the Roman Catholic Church in that it contains yeast and is, therefore, leavened bread. The symbolism surrounding the use of leavened bread is that the bread rises when it is baked, symbolizing the Resurrection of our Lord and Savior. The use of leavened bread goes back to the ancient Church and is very much a part of our Orthodox Holy Tradition.

Before baking Prosforo, one should pray the “Lord’s Prayer” and add personal prayers for one’s parish and family as part of his or her preparation to bake.

The recipe for baking the Prosforo is as follows:

Dissolve yeast in one-half cup lukewarm water. Add a little salt. Add 3 cups flour and work vigorously into a dough for a few minutes. Place onto a floured surface and add flour until the dough is solid. Place the “Prosforo seal” (available through our parish book store) on top and press into the dough. Remove the seal and make holes down as far as possible. Let the dough rise. Knead the dough again and let it rise again. Then place in the oven at 375 degrees for about 35 minutes.

The seal that is applied to the Prosforo contains markings that represent the fullness of the Church. The square in the middle (with the letters IC, XC, NI, KA) represents Christ. The triangle represents the Most Holy Mother of God. The 9 small triangles represent the Holy Angels; the Prophets; the Apostles; the Saints who served the Church as Hierarchs; the Martyrs; the Ascetics; the Healing Saints; the Forefathers of the Lord and the Saints to be commemorated, and the Saint whose Liturgy is to be celebrated (St. John Chrysostom; St. Basil the Great).

Prayers are read over each portion, blessing them as such. Smaller portions of the Prosforo represent the faithful who are living for whose health and salvation we pray (by name), as well as for the faithful who have departed this life for whose Eternal Rest we pray (also by name). All of these portions are placed on the Paten (a dish-like vessel), which represents the entire Kingdom God: Christ, the Mother of God, the Saints, those living in this life and those who have gone on to the Eternal Life. The Church is One, regardless of whether we live in one part of the world or another—and regardless of whether Her members are now in this life or have gone onto the next life..



Saints of the Month

The All-Praised Olga, Equal-to-the-Apostles—July 11

Saint Olga, renowned for her wisdom and sobriety, in her youth became the wife of Igor, Great Prince of Kiev, who ruled during the tenth century. After her husband's death, she herself ruled capably, and was finally moved to accept the Faith of Christ. She traveled to Constantinople to receive Holy Baptism. The Emperor, seeing her outward beauty and inward greatness, asked her to marry him. She said she could not do this before she was baptized; she furthermore asked him to be her Godfather at the font, which he agreed to do. After she was baptized (receiving the name of Helen), the Emperor repeated his proposal of marriage. She answered that now he was her father, through holy Baptism, and that not even among the heathen was it heard of a man marrying his daughter. Gracefully accepting to be outwitted by her, he sent her back to her land with priests and sacred texts and holy icons. Although her son Svyatoslav remained a pagan, she planted the seed of faith in her grandson Vladimir. She reposed in peace in 969.

Holy Great Martyr Marina— July 17

This Martyr lived during the reign of Claudius II (268-270). She was from Pisidia of Cilicia and was the only daughter of a certain priest of the idols. On being orphaned by her mother, she was handed over to a certain woman who instructed her in the Faith of Christ. When she was fifteen years old, she was apprehended by the ruler of Olmbrius, and when asked her name, homeland, and faith, she answered: "My name is Marina; I am the offspring of the Pisidia; I call upon the Name of my Lord Jesus Christ." Because of this she endured bonds, imprisonment, and many whippings, and prayed: "Lord, You have granted me to go through fire for Your Name, grant me also to go through the water of Holy Baptism." Hearing the word "water," Governor Olymbrios ordered that Marina be drowned in a large cauldron. She cried out to the Lord and asked that this mode of torture should become her holy Baptism. As she was plunged into the water, there suddenly shone a light, and a snow-white dove came down from Heaven, bearing in its beak a golden crown. The chains that had been placed on Marina came apart, and she stood up in the fount glorifying the Holy Trinity. She emerged completely healed. She was finally beheaded in the year 270. Saint Marina is especially invoked for deliverance from demonic possession..

The Glorious Prophet Elias (Elijah) - July 20

Elias of great fame was from Thesbe, a town beyond the Jordan. He was of priestly lineage, a man of a solitary and ascetical character, clothed in a mantle of sheep skin, and girded about his loins with a leather belt. His name means "Yah is my God." His zeal for the glory of God was compared to fire, and his speech for teaching and rebuke was like a burning lamp. He sternly reproved the impiety and lawlessness of Ahab and his wife Jezebel. He shut up heaven by means of prayer, and it did not rain for three years and six months. He multiplied the little flour and oil of a poor widow, who had given him hospitality in her home, and when her son died, he raised him up. He brought down fire from Heaven upon Mount Carmel, and it burned up the sacrifice offered to God before all the people of Israel, that they might know the truth. He slew 450 false prophets and priests who worshipped idols and led the people astray. He received food wondrously at the hand of an Angel, and being strengthened by this food he walked for forty days and forty nights. He beheld God on Mount Horeb, as far as this is possible for human nature. He divided the flow of the Jordan, and he and his disciple Elisseus passed through as it were on dry land; and finally, while speaking with him, Elias was suddenly snatched away by a fiery chariot in the year 895 B.C., and he ascended into heaven. Elias also appeared on Mount Tabor to the disciples of Christ..

Saints of the Month

continued

Christina, the Great Martyr of Tyre - July 24th..

Saint Christina was from Tyre in Syria, the daughter of a pagan named Urban. Enlightened in her heart to believe in Christ, she broke her father's idols, made of gold and silver, and distributed the pieces to the poor. When her father learned this, he punished her ruthlessly, then cast her into prison. In the year 200, the rulers subjected her to imprisonments, hunger, torments, the cutting off of her breasts and tongue, and finally impalement.. She suffered much for the name of Christ...

Saint Paraskeve— July 26

Saint Paraskeve, who was from a certain village near Rome, was born to pious parents, Agatho and Politia. Since she was born on a Friday (in Greek, Paraskeve), she was given this name, which means "preparation" or "preparedness" (compare Matt. 27:62, Mark 15:42, Luke 23:54, and John 19:31, where 'Friday' is called "the day of the preparation"). From childhood she was instructed in the sacred letters and devoted herself to the study of the divine Scriptures, while leading a monastic life and guiding many to the Faith of Christ. During the reign of the Emperor Antoninus Pius, she was apprehended because she was a Christian and was urged to worship the idols, but she answered with the words of Jeremias: "Let the gods that have not made heaven and the earth perish from off the earth" (Jer. 10:11). Because of this she endured exceedingly painful torments, and was beheaded in the year 140. The faithful pray to her for the healing of eye ailments.

St. Panteleimon the Great Martyr - July 27

This Saint, who had Nicomedia as his homeland, was the son of Eustorgius and Eubula. His father was an idolater, but his mother was a Christian from her ancestors. It was through her that he was instructed in piety, and still later, he was catechized and baptized in the Faith of Christ by Saint Hermolaus. Being proficient in the physician's vocation, he practiced it in a philanthropic manner, healing every illness more by the grace of Christ than by medicines. Thus, although his parents had named him Pantoleon ("in all things a lion"), because of the compassion he showed for the souls and bodies of all, he was worthily renamed Panteleimon, meaning "all-merciful." On one occasion, when he restored the sight of a certain blind man by calling on the Divine Name, he enlightened also the eyes of this man's soul to the knowledge of the truth. This also became the cause for the martyrdom of him who had been blind, since when he was asked by whom and in what manner his eyes had been opened, in imitation of that blind man of the Gospel he confessed with boldness both who the physician was and the manner of his healing. For this he was put to death immediately. Panteleimon was arrested also, and having endured many wounds, he was finally beheaded in the year 305, during the reign of Maximian. Saint Panteleimon is one of the Holy Unmercenaries and is held in special honor among them.



JULY 2018

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>5th Sunday of Matthew</p> <p>8:45am Orthros</p> <p>9:45am Memorials</p> <p>10am Divine Liturgy</p>	<p>2</p> <p>National Clergy Laity Conference Boston, MA July 1—5</p>	<p>3</p>	<p>4</p> <p></p> <p>Independence Day Church Office closed</p> <p>7pm Union Station Philoptochos</p>	<p>5</p> <p>7pm Choir Rehearsal</p>	<p>6</p> <p></p>	<p>7</p>
<p>8</p> <p>6th Sunday of Matthew</p> <p>8:45am Orthros</p> <p>9:45am Memorials</p> <p>10am Divine Liturgy</p> <p>1pm & 2:30 Greek</p>	<p>9</p>	<p>10</p> <p>10am VIPs</p> <p>7pm Ahepa</p>	<p>11</p> <p></p> <p>7pm Union Station Philoptochos</p> <p>7:15 Philoptochos Board Meeting</p>	<p>12</p> <p>7pm Choir Rehearsal</p>	<p>13</p> <p></p> <p>Greek School Graduation</p>	<p>14</p>
<p>15</p> <p>Sunday of the Holy Fathers</p> <p>8:45am Orthros</p> <p>9:45am Memorials</p> <p>10am Divine Liturgy</p> <p>1pm Greek Dance</p>	<p>16</p>	<p>17</p> <p>10am VIPs</p> <p>7pm PC Meeting</p>	<p>18</p> <p></p>	<p>19</p> <p>7pm Choir Rehearsal</p>	<p>20</p> <p></p>	<p>21</p>
<p>22</p> <p>8th Sunday of Matthew</p> <p>8:45am Orthros</p> <p>9:45am Memorials</p> <p>10am Divine Liturgy</p> <p>1pm & 2:30 Grk Dance</p>	<p>23</p>	<p>24</p>	<p>25</p> <p></p> <p>7pm Philoptochos General Meeting</p>	<p>26</p> <p>Pareskevi of Rome</p> <p>9am Orthros</p> <p>10am Divine Lit.</p> <p>7pm Choir Rehearsal</p>	<p>27</p> <p></p> <p>Panteleimon the Great Martyr</p> <p>9am Orthros</p> <p>10am Divine Lit.</p>	<p>28</p>
<p>29</p> <p>9th Sunday of Matthew</p> <p>8:45am Orthros</p> <p>9:45am Memorials</p> <p>10am Divine Liturgy</p>	<p>30</p>	<p>31</p>				
	<p>Fast Free</p>	<p>Strict Fast</p> <p></p>	<p>Fish Allowed</p> <p></p>	<p>Wine and Oil Allowed</p> <p></p>	<p>Dairy, Eggs, and Fish Allowed</p> <p></p>	

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July 2018

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accept you for who you are. The ones
who would do anything to see you smile
and who love you no matter what