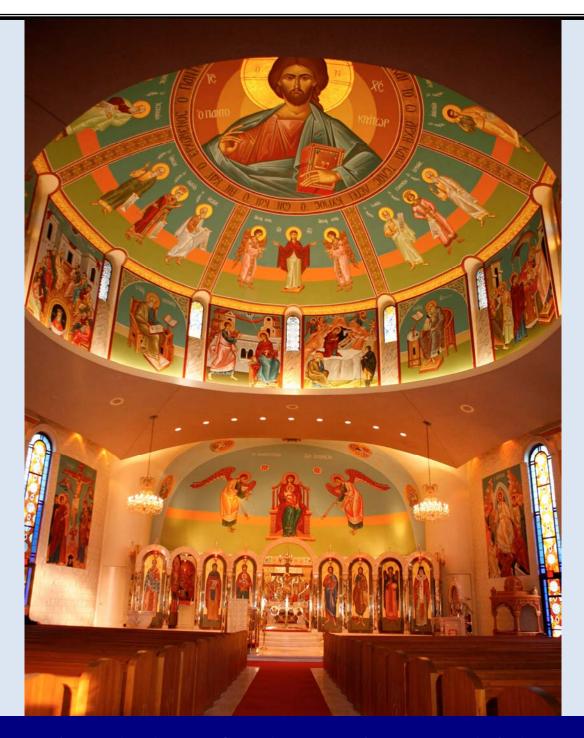
SAINT ANTHONY MINISTRIES HANDBOOK



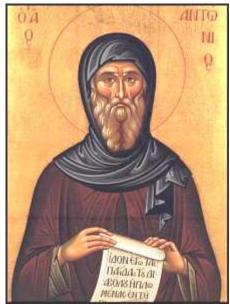
St. Anthony Greek Orthodox Church

778 South Rosemead Boulevard Pasadena, California 91107-5613 (626) 449-6943 – Fax (626) 449-6974 Rev. Fr. Peter Stratos saint-anthonys.org



The mission of Saint Anthony Parish is
to proclaim the Gospel of Christ,
to teach and spread the Orthodox Christian faith,
to energize, cultivate and guide the
life of the faithful according to the
Orthodox Christian Tradition.

Saint Anthony The Great



he life of Saint Anthony The Great, our Patron Saint, is a great example of Christian piety, asceticism, and true love for his fellow men. Here was a man who was raised by rich and noble parents, yet he felt compelled to obey Christ's command in St. Matthew's Gospel 19:21: "If you wish to be perfect, go, sell your possessions, and give the money to the poor, and you will have treasure in heaven; then come, follow me." Saint Anthony did precisely what the Lord asked of the rich young man to do: he gave up all his possessions and retired in the Egyptian desert to live a life of self-denial and solitude.

While in the desert, Saint Anthony preoccupied himself with prayer and study. Before teaching himself how to read and write, it is said that he memorized most of the Sacred Scriptures simply by having other monks read God's work to him!

Saint Anthony was committed to refining the rules of monasticism and to establishing a number of monasteries throughout Egypt and the surrounding region. Soon his fame spread throughout the East, and his wise counsel was constantly sought by those who thirsted for spiritual fulfillment. Once, when a number of Greek philosophers tried to test him and impress him with their knowledge, Saint Anthony posed this profound question to them: "Which is older: the book, or the wisdom it contains?"

Because of the great respect that the entire Church had for him, Saint Anthony was invited to attend the First Ecumenical Council in Nicea in 325 A.D. Although he held neither title nor power, he was called upon to give a defense of the Orthodox faith concerning the Divinity of Christ against the Arian heresy.

Saint Anthony fell asleep in the Lord in 356 A.D. at the age of 105 in his beloved desert monastery.



METROPOLIS OF SELLEN POLICE

SAINT ANTHONY

GREEK ORTHODOX CHURCH

Rev. Peter Stratos, Pastor

How lovely is your Tabernacle, O Lord of Hosts!...

Even the sparrow has found a home, And the swallow a nest for herself, Where she may lay her young - even Your altars, O Lord of Hosts, My King and my God. Blessed are those who dwell in Your house; They will still be praising You... For the Lord God is a sun and shield; The Lord will give Grace and Glory...O Lord of Hosts, Blessed is the man who trusts in You!"

Psalm 84:1-12

Welcome to Saint Anthony Greek Orthodox Church! Our parish is a vibrant community serving Orthodox Christians in Pasadena and the greater San Gabriel Valley. The 325 families of our parish make Saint Anthony Church their Christian home for faith, spiritual growth, and fellowship. We are a worshipping family dedicated to serving Jesus Christ and reaching out, as He has taught us, to those who need our

help and support. We celebrate the Divine Liturgy each Sunday at 10:00 am, as well as all major Orthodox Christian Feast Days throughout the year. We invite and encourage all to come worship with us.

My family and I have been blessed to serve and be a part of this beautiful community of Saint Anthony for nearly 9 years. The warmth and love of the members of this parish are remarkable, and a blessing to all who join themselves to Christ and this Orthodox family. My children have found their true spiritual home and family at Saint Anthony. It is my calling and joy to serve each of you, as my own family, that we may receive the King of All together.

As a family-oriented community, we offer a tremendous variety of ministries for all ages. We are blessed to provide meaningful ministries and opportunities for involvement and fellowship for our parishioners at every stage of their lives. At Saint Anthony Church there is something fulfilling for everyone, and we invite you to "Come and See" what we have to offer. Please take some time to enjoy this Handbook of Ministries, which will give a more detailed and visual description of each of our specific ministries and large parish events. Come and be a part of an inspiring, fulfilling, growing and vibrant community of faith.

In Christ,

Reverend Peter Stratos



Dear Parishioners and Friends:

It is truly a blessing and honor for me to serve as the President of our beloved community of Saint Anthony, and I thank you for the privilege.

We are truly blessed with almost sixty years of strong participation by an amazing community of fantastic people and leaders, who have come together at this beautiful church and have created a dynamic, inspiring community of Orthodox Christians.

When you visit the Parish of Saint Anthony, the most important thing I wish everyone to experience is a feeling that you are always welcome and that a sanctuary of peace and reverence is provided when you come to Saint Anthony's.

When you come to worship, you should feel The Holy Spirit with you; when you come for fellowship, there will always be a friend to welcome you; and when you come with a troubled heart, you should find comfort that you are protected from the troubles of the world because there are people who care about you. Christ lives inside all of us, and it is important that we share his Love, always!

Please remember that it is the people of this community who make the Saint Anthony Parish great, **and that is YOU!** As you read this Council of Ministries Handbook, it is my hope that you will be inspired to find ways which you can participate in and be a part of our community which shares its Faith by serving others.

May God Bless you and protect you, always!

Philip "Ted" Attalla President -2014

Philip 2. attas

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Council of Ministries Patrons and Icons

Parish Council • Synaksis of the Apostles
Philoptochos Society, Panagia Chapter • Sts. Cosmas and Damianos
Building Committee • Sts. Peter and Paul

Choir • St. Romanos

Chanters • St. Romanos

Acolytes • Archangels Michael and Gabriel

Myrrh Bearers ◆ The Myrrh Bearers

Prosfora • The Last Supper

Outreach/Evangelism • Sts. Cyril and Methodios

Kouvouklion • Epitaphios Thrinos

Sunday School • St. Phillip

St. John Chrysostom Oratorical Festival • St. John Chrysostom

Vacation Bible School ◆ Presentation of the Theotokos

Studies in the Faith • Synaxis of 1st Ecumenical Council

Bible Studies • St. John the Theologian

Orthodox Theology Studies • St. John the Theologian

Bookstore + St. Luke

Book Club ◆ St. Nicodemos of the Holy Mountain

Moms 'n Tots • Sts. Kyrikos and Ioulita

JOY/HOPE ◆ St. Rafael, Irene, and Nicholas

GOYA/Jr. GOYA • Prayer of the Three Holy Children

GOYA Basketball • Guardian Angels

Volleyball Tournament • Synaxis of the Angels

Greek Language School • The Three Hierarchs

Greek Dance • King David, the Psalmist

Family Night • The Holy Family

Welcoming Committee ◆ Road to Emmaus

Bereavement • Dormition of the Theotokos

Church Communications • Pentecost

OCF (Orthodox Christian Fellowship) • St. Katherine

AHEPA • St. Dionysios the Eliopagite

VIPs + Sts. Joachim and Anna

Past Presidents • The Three Patriarchs: Prophets Abraham, Isaac and Jacob

Stewardship Committee • Parable of the Talents

Catering Committee • St. Euphrosinos

Capital Campaign Committee • Sts. Constantine and Helen

Parish Events

St. Anthony Feast Day • St. Anthony the Great

Apokreatiko Glendi (Mardi Gras) • The Second Coming

Family Christmas Party • Nativity of Christ

Palm Sunday Luncheon • Triumphant Entry to Jerusalem

Resurrection Magiritsa Dinner • Resurrection of Christ

Light the Path Seminarian Fund Luncheon • Elevation of the Holy Cross

Opening and Blessing of Community Center • Hospitality of Abraham/Holy Trinity

Pjiloptochos Christmas Benefit • St. Nicholas the Wonderworker

Summer Family Picnic ◆ Feeding of the Five Thousand

Dance Preview Glend • King David

Pigrimages • St. Christopher

Pasadena Golf Classic • St. Andrew

Pasadena Greek Fest • St. George the New Martyr of Ioannina and St. Euphrosinos



Parish Council

Parish Council members serve as role models for parishioners and must take their ministry very seriously. They should lead by example by at tending Church and parish events, and regularly participating in the

sacramental life of the Church. By doing so, they will have a powerful effect on the overall life of the community. If Parish Council members treat everyone with love and respect, as Christ loves us, then parishioners will do likewise.

The Council members must practice servant leadership by identifying and examining the ministry needs of the parishioners and taking the necessary steps to meet those needs, whether through the improvement and expansion of existing ministries or through the creation of new ones.

The most important responsibility of the Parish Council is to assist the Parish Priest in the administration of the ministries of the Parish (GOAA Regulations 29:1A). Some of the principal roles employed by effective Parish Councils include, but are not limited to, planning, developing, organizing, and implementing stewardship programs and various educational ministries of the Church; reporting and communicating to the parishioners the work and ministries of the Church at the Metropolis and Archdiocesan levels; and recruiting and training others for further service. The Parish Council must also abide by local, state, and federal statutes applicable to the Parish and by the GOAA Regulations.

In all things, Council members should imitate our Lord Jesus Christ, who "came not to be served but to serve" (Matthew20:28). The entire focus of the Parish Council must be to serve the needs of the faithful and to spread the Gospel of our Lord and Savior Jesus Christ.

Contact information: St. Anthony Greek Orthodox Church (626) 449-6943

Please refer to website, saint-anthonys.org, for current calendar.



L-R Front Row: Ted Vavoulis, Christiann Arapostathis-Siatras (Secretary), Ted Attalla (President), Rev. Peter Stratos, Athena Karos-Kleissas (Treasurer), John Buzas.

L-R Back Row:John Tsouvalis, Chris Bicos, John Vidalakis(1st Vice-President), Tom Grafos, Pete Gallanis, Tashia Vagenas.

Not Pictured: Joseph Akrotirianakis (2nd Vice-President), Dean Pappas, John Patzakis, Perry Vidalakis

Christ-Centered Servant Leadership

Philoptochos Society - Panagia Chapter

Philoptochos Mission Statement

Orthodox Ladies Philoptochos Society, Incorporated, is the duly accredited women's philanthropic society of the Greek Orthodox Archdiocese of America.

The mission of the Philoptochos Society shall be:

To aid the poor, the hungry, the aged, the sick, the unemployed, the imprisoned, the widowed, the handicapped, the victims of disasters; to undertake the burial of the impoverished persons, and to help anyone who may be in need of the Church.

To provide instructional and educational programs and seminars. To preserve and perpetuate Orthodox Christian concepts and traditions in accordance with its doctrines, canons, discipline, divine worship and customs.

To promote participation in the activities of the Greek Orthodox community with the cooperation of the parish priest and the parish council.

Contact Information: Fontaine Malisos: faintaineachilles@gmail.com Please refer to website, saint-anthonys.org, for current calendar.





















Building Committee

It is an honor and privilege to serve on the Building Committee of St. Anthony Greek Orthodox Church. Our parish is our spiritual home and an extension of our family. Those who serve on the Building Committee

understand that our community is our "church family." A sense of a true and loving community, where fellowship and communion are what we experience and what continues to bring so many of us together each week with our Lord as our foundation.

On June 2, 2012, after many years of hard work and perseverance by many individuals who came together and committed their time, talents and treasures, we celebrated the opening and blessing of our New Community Center with His Eminence Metropolitan Gerasimos.

We now embark on a new project, the purchase and development of the adjacent Locksley property. With a great sense of responsibility, we ask that we all continue to sacrifice and dedicate ourselves as members and supporters of Saint Anthony to do for this generation and generations to come that as our forefathers and founders did for us.

Contact Information: John Buzas: js.buzas@gmail.com Please refer to website, saint-anthonys.org, for current calendar.















Choir

Participating in divine worship services as a choir member is a sacred responsibility, not to be taken lightly. Choir members, as other church musicians, offer their God-given talents to the faith for a variety of rea-

sons. For most, it is a part of their stewardship (the giving of their "time and talents").

For others, it is something that is enjoyed. And for still others, it is a social outlet. In Orthodox services, choir members represent the laity, responding to the liturgical dialogues set by the priest. This places a sacred responsibility on them during our worship services. They are called upon to be knowledgeable not only of the hymns and responses, but also about the correct order of the worship services. The choir is entrusted to be a participating part of the services and its members must respond to that trust accordingly.

Our group is made up of dedicated parishioners, young and old, with varying degrees of musical experience. We are all on an enjoyable "learning curve" and meet for rehearsal on Thursday evenings from 7:00 to 8:30 PM in the choir loft. We welcome your interest and participation in our group!

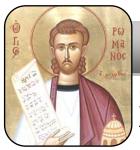
Contact Information: Choir Director Jim Hronas, through the church office at (626) 449-6943.









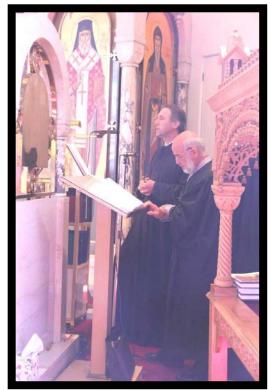


Chanters

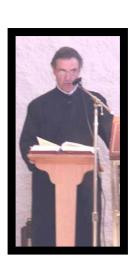
Chanting the responses, prayers, and hymns of the Orthros, Holy Liturgy, Vespers, and other services is a historical part of the Orthodox Tradition. They represent the congregation. Chanters serve their church with faith and dedication each Sunday, during Holy Week, and throughout the year

on the many weekday services. It is their responsibility to offer the church hymns which are chanted in the cycle of eight different tones. A great deal of training must take place to learn the eight tones and to read Byzantine notation. Chanters also offer their gifts as readers of the Epistles, Creed and Lord's Prayer.

Contact Information: Christos Siatras: Siatras@aol.com











Acolytes

Our attitudes and behavior reflect the fact that we are standing in the presence of God. By our actions we will show ourselves to be prayerful and reverent, serving as examples to the other young people in our church community.

As Acolytes, we prepare ourselves to receive the Body and Blood of the Lord Jesus as often as possible by fasting, as well as by limiting our thoughts, words, and actions to those things that glorify God. When we make the sign of the cross we reaffirm our identity as Christians. Acolytes, just as all Christians, participate in Holy Confession Acolytes respect the concerns and directions of the Parish Priests / Leader.

The role of the Acolyte remains a genuine and vital one in the Eucharistic Assembly of the faithful, as well as in other services. He stands ready to serve God in this capacity. It is a stewardship of young men; a service that they offer to God as their regular Sunday offering of talent and ability.

Contact Information: Presbytera Aida Stratos: presaida7@gmail.com











Myrrh Bearers

Faithful, Loving, Kind, Giving, Joyous. A leader, A follower of our Lord

"The myrrh-bearing women, coming very early at dawn sprinkling the tomb with myrrh."

Requirements

A Myrrh Bearer should be eight years old, attend Saint Anthony religious education program, attend Myrrh Bearers' practices, and be active in the life of the church.

Duties of a Myrrh Bearer

- Be a prayer pal for each other.
- Mentor future Myrrh Bearers by teaching the eighteenth lamentation stanza.
- Help in the narthex at least once a year.
- Serve or provide dessert for Union Station Homeless Services.
- Help during Great Lent and Holy Week.
- Help in a Sunday school class at least once a year and begin receiving training to become a future teacher of religious education.
- Attend Divine Liturgy as a group and receive Holy Communion.
- Meet on the third Sunday after Pascha, the Sunday of the Myrrh Bearing Women, and share experiences during Great Lent.
- Myrrh Bearers will tentatively meet at least once a month.

Contact Information: Irene Albeck: mcmg2a@aol.com









Prosfora

I am the living bread which came down from heaven.
If anyone eats of this bread, he will live forever;
and the bread that I shall give is My flesh, which
I shall give for the life of the world."
John 6:51

Offering the *prosphora* for liturgy – that is, baking the loaves and bringing them to the parish – is a great help and service to God's Church. It is a great privilege and blessing for those who offer, as it gives us an opportunity to bring an offering to God, to participate in a unique way in the great act of our Lord Jesus Christ's self-offering upon the Cross, and provides us a powerful means of intercession for our loved ones.

At the Liturgy of Preparation (Proskomedia), the priest blesses and prepares the phosphor for the Consecration. A large cube is cut from the center of the stamp which bears the Greek letters IC XC/NI KA, which mean Jesus Christ Victorious, and is placed on the paten (diskos). This portion is referred to as the Lamb (Amnon). The Lamb is the portion which is consecrated to become the Body of Christ, from which the clergy and the faithful will receive communion. The large triangle is cut and placed on the right of the Lamb. This represents the Theotokos. The nine small triangles are cut and placed to the left of the Lamb in rows of three. These represent the St. John the Baptist, the prophets, the apostles, hierarchs, martyrs, monastic saints, healers, the whole company of the righteous (with special mention of the saints commemorated on that particular day), and the saint whose liturgy is celebrated. The upper and lower squares are cut and placed in two rows of pieces below the Lamb. These represent the bishop of the given church, the civil authorities of the country and for all the faithful, both living and dead, of the community.

""In this way the whole Church, the entire Body of
Christ - saints, loved ones in heaven
together with the local congregation - participates in the offering to God."

~The Orthodox Faith, Fr. Hopko

Contact Information: Yiota Poulos, through the church office at (626) 449-6943.









Kouvouklion

Beginning early Holy Friday morning, a dedicated team of talented volunteers work to adorn the Lord's Kouvouklion, which represents Christ's Tomb, with a beautiful and artistic selection of flowers.

Contact Information: Demetra Bozikis, through the church office at (626) 449-6943.









Outreach & Evangelism

Our Outreach and Evangelism Ministry encompasses all our efforts to reach beyond our parish community and provide direct and indirect help to those in need and to share the message of the Gospel in the Pasadena area, as well as nationally and internationally.

Parish volunteers work together to assist in helping numerous charitable organizations. These include: FOCUS (Fellowship of Orthodox Christians United to Serve), OCMC (Orthodox Christian Mission Center), IOCC (International Orthodox Christian Charities) and Project Mexico for Saint Innocent Orthodox Orphanage in Rosarito, Mexico.

This ministry works to honor our Lord's instruction to "help those in need."

Contact Information: Lisa Xanthos: lisax@att.net

Judi Christopoulos: greekspiti@gmail.com

Please refer to website, saint-anthonys.org, for current calendar.











Sunday School

We invite your children to participate in Sunday School each Sunday during the regular school year. All families are strongly encouraged to participate. Come learn, grow, and worship with us. The Sunday School year starts in September and ends in June.

Children attend Holy Liturgy with their families at 10:00am, receive Holy Communion, and then proceed to their classrooms for the weekly lesson.

Religious Education (Sunday School) Program Mission Statement:

The mission of Saint Anthony religious education program is to mold the lives of our students in the Orthodox Christian way of life by proclaiming the teaching of Holy Scripture and Holy Tradition and to develop each student spiritually to live a Christ-centered life, to worship and serve the Lord and His Holy Orthodox Church. Support this mission by:

- Valuing religious education
- Regular attendance
- Be on time
- Bring needed materials to class
- Support enrichment programs
- Know the teacher
- Communicate when problems arise
- Respect and follow rules of courtesy
- Participate in enrichment activities
- Notify when address, phone or email changes

Through our religious education program we hope our children will not only make new, long-lasting friendships, while having fun, but they will fundamentally build a moral compass that will guide them in later years to what is right and what is true.

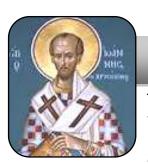
Contact Information: Irene Albeck: mcmg2a@aol.com











St. John Chrysostom Oratorical Festival

The St. John Chrysostom Oratorical Festival is a program for teenage youth sponsored by the Greek Orthodox Archdiocese of America. The purpose of the Festival is to give our youth an opportunity to learn, write, and speak about their Orthodox Faith, Church, and Heritage. This year

the Oratorical Festival has been expanded to include Speaking, Essay, and Poetry Categories. This process will enhance their understanding and appreciation of their identity as Greek Orthodox Christians, and cultivate spiritual growth and maturity. Our parish festival usually takes place between January and March.

The Oratorical Festival is divided into three divisions:

- *Elementary Division (local festival only) for students in grades 4-6
- *Junior Division for students in grades 7-9
- *Senior Division for students in grades 10-12

Finalists from Jr. and Sr. Divisions advance to the District Festival. Finalists in each district division represent the district at the Metropolis Oratorical Festival. The first- place speaker in each metropolis division is then selected to participate in the Archdiocese Finals, which is hosted by a different metropolis each year. The Oratorical Festival Scholarship Fund provides college scholarships to the top speakers. All finalists at the Archdiocese Finals participate in a weekend of activities, the highlight of which is the delivery of their speeches, essays or poems on Saturday morning.

We are pleased to announce that we, St. Anthony parish, will be hosting the National St. John Chrysostom Oratorical Festival next year, June 5 - 7, 2015 in our new Trinity Ballroom. His Eminence Archbishop Demetrios loves this event, and marks his calendar well in advance each year to attend and participate. Our parish will be truly honored and blessed to have His Eminence Archbishop Demetrios at St. Anthony parish next year.

Contact Information: Athena Dallas: athena_d@charter.net





Vacation Bible School (VBS)

The mission of Saint Anthony Vacation Bible School is to strengthen and inspire the love of New and Old Testament Bible stories, to teach ways the Bible connects the Lord, the church and His people on Earth. The

children, 4 to 11 years old, experience Bible stories through active participation using music, story telling, crafts, snacks, and games to reinforce the Bible story of the day.

Vacation Bible School assembles three hours, four consecutive days of the week, during the summer. The registration fee is nominal. This program offers an opportunity for our older youth (grades 7-12) to develop their leadership skills by volunteering in the area of their choice. The children conclude VBS with a program open to the community sharing Bible lessons and music, followed by an ice cream social.

Contact Information: Sophia Syrengelas: sophiajammie@gmail.com

Mary Udria: mary.udria@gmail.com

Please refer to website, saint-anthonys.org, for current calendar.











Studies in Faith

Studies in the Faith offer the participants an understanding of the Faith, Beliefs, Worship and Practices of the Greek Orthodox Church. This is an annual six-week series offered during the Lenten period. Classes meet on Wednesday evenings from 7:15 - 8:30pm. Participants have the oppor-

tunity to attend Pre-sanctified Liturgy at 6:00pm, which is celebrated each year on Wednesdays during Lent.

The Studies in the Faith classes are an introduction to Orthodoxy for the person interested in the Church, and a review and enrichment for the Orthodox Christian. Participation in the discussions in encouraged to ensure the studies become a more meaningful and exciting experience for the individual and the class.

The syllabus and texts are as follows:

- 1. Introducing the Orthodox Church, Rev. Anthony Coniaris
- 2. The Orthodox Study Bible, St. Athanasius Orthodox Academy
- 3. The Orthodox Church, Metropolitan Kalistos Ware
- 4. <u>The Divine Liturgy</u>, Narthex Press
- 5. Holy Week Service Book, Narthex Press
- 6. Making God Real in the Orthodox Christian Home, Rev. Anthony Coniaris

Introductory Session

Objectives and Focus of Study, History of the Church, The Creed

Second Session

Holy Tradition and the Bible, The Early Church Fathers, The Ecumenical Councils

Third Session

The Person of Jesus Christ, The Holy Trinity, The Sacraments, The Divine Liturgy

Fourth Session

Salvation, Life after Death, Prayers for the Dead

Fifth Session

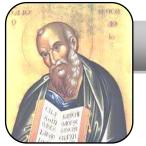
The Saints, the Theotokos, Prayer - Worship, The Church Year, Icons

Sixth Session

Great Lent, Holy Week, Conclusion, Wrap-up Q&A

Contact Information: Fr. Peter, through the church office at (626) 449-6943.





Bible Study

Saint Anthony Parish is blessed to be able to offer two Bible Studies. We have a morning group and an evening group, so as to accommodate a variety of schedules. The participants of both study groups explore the

Holy Scripture, Orthodox Tradition, and the History of the Orthodox Church. Our primary source is the Orthodox Study Bible. Each study group has a different syllabus. The morning Study is conducted by Rev. Peter Stratos, and the evening Study by Anastasia Kalivas, who is a Graduate of Holy Cross School of Theology.

Morning Bible Study meets every Tuesday morning (except the second Tuesday of the month) at 10am in the Community Center.

Evening Bible Study meets every Tuesday evening at 7:00pm in the Community Center.

Contact Information: Rev. Peter Stratos: frpeter7@aol.com

Anastasia Kalivas: akalivas@lifegivingspring.com





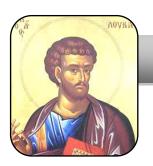
Orthodox Theology: History and Thought

This eight-week course is offered as a ministry resource of Saint Anthony's Orthodox Community. Each class session topic is independent. A series commitment is not required. Supplemental read-

ing (hardcopy as supplies last and memory sticks) will be available for purchase in class.

Dr. Eve Tibbs, Adj. Asst. Professor of Systematic Theology at Fuller Seminary leads the course. This "short course" is intended to offer Orthodox Christians greater insights into the theological foundations of the Faith they practice. Dr. Eve Tibbs (PhD. Theology) has made Orthodox theological concepts accessible to her students at all levels of inquiry. The format will be a combination of lecture with visual presentation, discussion and occasional video. The course is appropriate for adults and older teens, with or without any previous theological study.

Contact Information: Eve Tibbs, through the church office at (626) 449-6943.



Bookstore

Our Parish Bookstore carries a beautiful selection of books and icons for the edification of our parishioners and visitors. In the Bookstore you will find items useful for home worship: the Orthodox Bible, prayer books, incense burners, prayer ropes, etc., and a variety of Orthodox books for

adults and children to help us grow in our faith. The Bookstore is located to the left of the narthex (as you enter) inside St. Anthony's church and is directly accessible from the parking lot. The bookstore is open Sundays following the Divine Liturgy and after other church services.

Contact Information: Anastasia Kalivas: akalivas@lifegivingspring.com









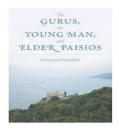
Book Club

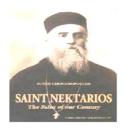
The St. Anthony Book Club meets once a month discussing books, articles, academic papers and any other topics relevant to learning more about the Orthodox Faith.

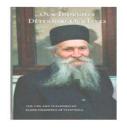
The participants will decide together which books to read throughout the year. The club has recently discussed the following articles:

- The True Nature of Fasting http://lent.goarch.org/articles/nature_of_fasting.asp
- The Liturgical Cycle of the Lent Period http://lent.goarch.org/articles/lent_liturgical_cycle.asp How
- Can a Family Prepare for Pascha (Easter): http://www.goarch.org/archdiocese/departments/family/articles/abstractions/march-2003-pg12.pdf

Contact Information: Martha Plumbtree: theplumtrees@msn.com Please refer to website, saint-anthonys.org, for current calendar.











Moms 'N Tots

St. Anthony Moms 'N Tots is a faith-based program for moms, parents and/or caregivers of young children between the ages of six months and three years. The program is structured to provide interactive activities related to various themes in the Orthodox Church.

Children explore the teachings of our Orthodox faith through prayer, stories, music and movement, crafts, and playtime. This ministry provides parents and children the opportunity to build new friendships with other families in our parish and allows young children to develop an understanding of God's love, gifts, and grace.

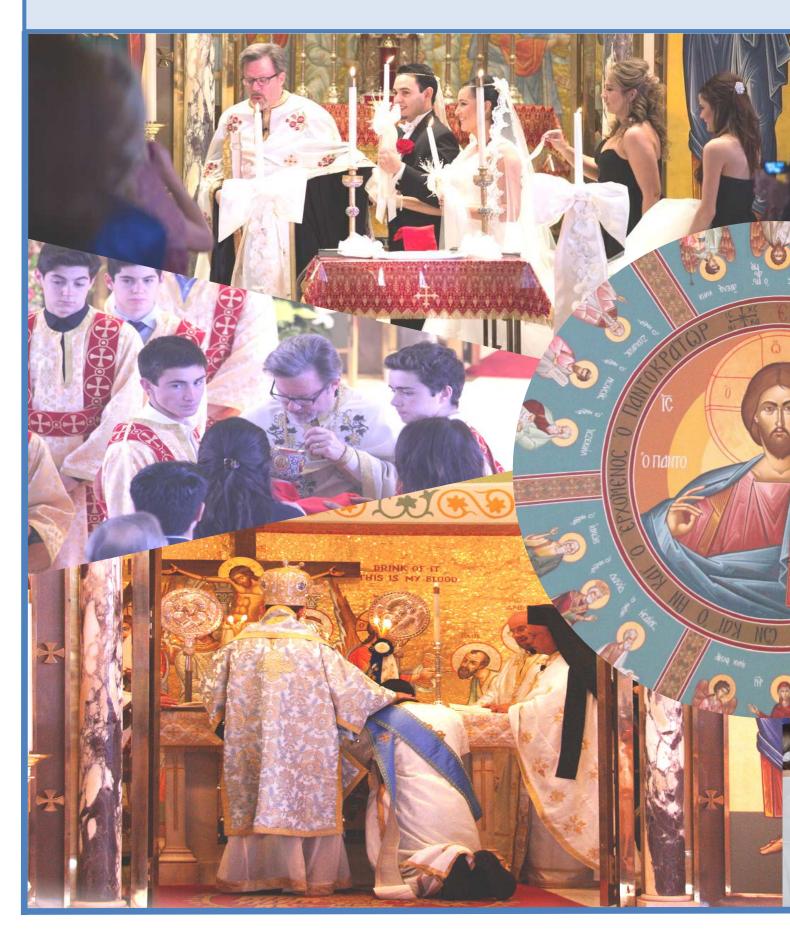
Moms 'N Tots meets every Wednesday, during the school year, at the St. Anthony Community Center at 10:00am.

Contact Information: Sophia Syrengelas: sophiajammie@gmail.com





THE HOLY SACRAMENTS ARE THE CENTE



R OF EVERY OTHODOX CHRISTIAN'S LIFE.





Joy & Hope Youth Ministries

HOPE and JOY are youth ministry programs vital to our Orthodox Church, embracing all of our children and drawing them to the church for their very own fellowship groups. The foundation is love, fun, and lessons in the faith at the child's individual developmental level. Through

these programs, we convey to our children they are an integral and essential part of the church, and most worthy of the effort and support of the adults in the community.

Contact Information: Vicki Kades: vkades@gmail.com Please refer to website, saint-anthonys.org, for current calendar.





























Jr. & Senior Goya Youth Ministries

The Greek Orthodox Youth of America, or GOYA, is a ministry for teenagers (grades eight through twelve). GOYA provides a fun and safe environment where teenagers can form relationships with fellow

Orthodox teens and experience, live and learn Orthodox faith and culture.

St. Anthony GOYA ministry of Pasadena leads our young people into experiencing our Orthodox faith through worship, fellowship, witness and service.

Worship- To instruct the youth on how to pray and ask forgiveness in the proper Orthodox fashion, so that the Goyans can perform such prayers with equal fluency in both English and Greek. As an organization under the Greek Orthodox Church of America, such bilingual fluency is a cornerstone element of our faith and culture.

Fellowship- To bring together the youth of our community through social events and activities that promote unity between the various social groups of the church.

<u>Witness</u>- To educate the youth of our community on what it means to be an Orthodox Christian, and what differentiates us from the other, newer factions of Christianity.

Service- To organize and motivate the youth to give back to the church itself first and foremost, the St. Anthony's community secondarily, and finally the surrounding communities of the Pasadena and greater Los Angeles area. Service is defined as volunteering for an activity by committing time, resources, or funding to the target activity.

St. Anthony GOYA organizes a yearly Orthodox volleyball tournament, Big Bear trip, volunteers at the festival, feeds the homeless, makes and donates blankets to Children's Hospital, along with many other activities.

Contact Information: Christina Dupas:

christina.dupas@yahoo.com



President - Katerina Dupas Vice President - Nikolitsa Vagenas Secretary - Peter Stratos Treasurer - Christina Dupas Historian-Katherine Vavoulis









GOYA Basketball

Athletics are a great opportunity for Fellowship. GOYA Jr Girls and Boys and Sr. Boys and Girls Leagues are planned so as to encourage all youth in the church community to participate, whether they are "basketball players" or not. Athletics can enhance camaraderie in developing the

idea of healthy competition.

Through GOYA Basketball, young Orthodox Christians have another opportunity to bond within their own parish, and to expand their friendships with GOYANs of other parishes. The GOYANs that participate should be active participants of the GOYA and active sacramental members of the church. We encourage parents and parishioners to come and support their teams, and strengthen their own bonds with friends beyond St. Anthony. All games are opened with prayer, and we are reminded and encouraged to show a spirit of Christian love and good sportsmanship to one another.

The Jr. Division for boys and girls is age 11-15. The Senior Division for girls and boys is ages 16-19. All divisions are guided by Anthia Lucas, Pana Gelt and John Paziouros.

Boys practice with their coaches Tony Mowrey, Bryan Gelt and Nick Vagenas on Saturdays 10:00-11:30am. Girls practice with their coaches Patricia Paziouros and Nick Buzas on Saturdays 10:00-11:30am.

Contact Information: Anthia Lucas: adljs102@yahoo.com Please refer to website, saint-anthonys.org, for current schedule.











GOYA Volleyball Tournament

The Saint Anthony Volleyball Tournament is a 40-year tradition. We invite GOYANs and Jr. GOYANs from Camarillo to San Diego and as far as Las Vegas to come and enjoy a fun and exciting day of coed team volley ball. This is a one-day round-robin tournament, in which all teams in

each of three divisions play one another. The top four teams for each division compete in playoffs for 1st-4th place trophies.

Through this Volleyball Tournament our youth have another opportunity to enrich their friendships within their own parish, and to expand their friendships with GOYANs of other parishes. The participants should be active members of GOYA and active sacramental members of the church. Our tournament begins with prayer, and we enjoy a day of Christian love, good sportsmanship, friendly competition and fun. Pizza lunch is provided, and after the playoffs and awards, everyone gathers for a casual on-site dinner.

Contact Information: Anthia Lucas: adljs102@yahoo.com

Pana Gelt: pgelt@socal.rr.com

The tournament is scheduled in May or June each year. Please refer to website, saint-anthonys.org, for current calendar.











Greek Language School

Greek School Mission Statement:

- •To expand overall community awareness of Greece, including the Greek language, history and culture.
- •To implement a complete curriculum, using history/textbooks, newspapers, internet articles, videos, songs, movies, supported by homework activities
- •To encourage students to participate in celebrating the National Greek Holidays to gain cultural awareness, and to prepare a broad range of students from preschoolers to adults wishing to obtain formal certification in the Greek language.

Events: Two major yearly events are Oxi Day, October 28th and Annunciation of the Theotokos and Greek Independence Day, March 25th.

Contact Information: Anastasia Sarantopoulos McClain: anastasia.sarantopoulos@gmail.com

Please refer to website, saint-anthonys.org, for current calendar.













Greek Dance

Greek Dance Mission Statement:

- 1) To cultivate our children's appreciation of their cultural heritage through dance,
- 2) To provide a youth ministry for the church, and
- 3) To foster lifetime friendships with fellow Orthodox Christians.

THE PROGRAM

We currently offer four dance groups beginning at four years old to high school students and beyond. Most of these groups are competitive given their participation at the annual Folk Dance Festival (FDF), sponsored by the Greek Orthodox Metropolis of San Francisco. Throughout the year, our dance groups perform at Greek Festivals and other venues such as our Preview Night Glendi fundraiser and various Diakonia (service) events. We welcome new dancers!

Contact Information: Christine Pappas: christinepappas@earthlink.net Please refer to website, saint-anthonys.org, for current calendar.













Family Night

Family Night is a wonderful monthly program which brings the Saint Anthony community family together to share a simple Friday evening meal, fellowship, learning and fun. We usually begin with prayer before a Lenten Potluck, which the attending members organize and provide. Af-

ter our meal, the youth go upstairs to the classrooms and meet with their respective groups, JOY, HOPE, Jr. GOYA and GOYA. For the adults, we have enjoyed a variety of activities: guest speakers, heritage films, group discussions, and simple fellowship.

Contact Information: John and Diane Vidalakis: jvidalakis@vidalakis.com Family Night is scheduled for the first Friday of the month











Welcoming Committee

This parish ministry welcomes visitors and introduces new parishioners to the various activities of our community by sharing information and providing materials



about worship services, events, and various ministries of the community. On Sundays, Committee Members can be found at the Welcome

Table, at the front of the Church. Our goal is to embrace all those who come to St. Anthony Greek Orthodox Church in search of a spiritual home and to assist newcomers in finding ways they can participate, find support, and in turn, give support by serving others.

Contact Information: Anastasia Kalivas: akalivas@lifegivingspring.com







Bereavement Support Group

One of the most difficult of life's experiences is the death of a loved one. Most often, the grieving process is painful and difficult for family members to endure. The many feelings which follow the loss are often

unexpected. This group provides a safe and compassionate environment where all may address their feelings and needs as they work through their grief. Everyone is welcome to attend.

We meet on the second Monday of every month in the Parish Center at 7:00 pm.

Contact Information: Christiann Arapostathis-Siatras: arapo27@flash.net



Communication and Technology

The Communications Ministry is responsible for all communication systems used by the parish in its mission to spread the word and grow the parish. This includes internal communication systems (computer net-

work used by the parish priest, parish secretary, parish council, and council of ministries) as well as external communication systems, including websites, social media, and audio/video systems.

Contact Information: Nick Kleissas:

cell/text (818) 207-0181 email: vikingum@yahoo.com



OCF (Orthodox Christian Fellowship)

Orthodox Christian Fellowship (Campus Ministries) Orthodox Christian Fellowship (OCF) is the official campus ministry of the Greek Orthodox Archdiocese of America. OCF assists thousands of Orthodox

college students each year to experience their faith through the annual College Conference, Real Break Service Trips, their advanced and innovative website, and the Witness, the official campus ministry newsletter. Visit www.ocf.net for more information.

Contact Information: Patrick Lynch: mr.patrick.lynch@gmail.com

Please refer to website, saint-anthonys.org, for current calendar or ocf.net.







AHEPA

The mission of the AHEPA Family is to promote Hellenism, education, philanthropy, civic responsibility, and family and individual excellence.

Hellenism \square An important component of AHEPA's mission is to create an awareness of the principles of Hellenism to society. These principles include a commitment to humanity, freedom, and democracy. The preservation and promotion of these ideals is where AHEPA has, and always will be, deeply committed. AHEPA educates the community on these matters through symposia, forums, and conferences.

Education AHEPA's commitment to education has been well documented throughout its history. Over \$4 million is endowed at the local, district and national levels toward the use of scholarships, and a half-million dollars is awarded annually. Thousands of young men and women have benefited as recipients of AHEPA scholarships at these various levels. The scholarship program at the national level is administered by the AHEPA National Educational Foundation. In addition, educational programs such as "Journey to Greece" and Washington Internships are sponsored by the Foundation.

Philanthropy

Philanthropy and volunteerism have been pillars of strength for AHEPA. From natural disaster relief to raising funds for the elimination of lifethreatening diseases to making significant contributions to our local neighborhoods, AHEPA is at the forefront of charitable giving.

Contact Information: Steve Tripodes: stripodes@aol.com Please refer to website, saint-anthonys.org, for current calendar.







Past Presidents

The PPA is chartered by the General Assembly of Saint Anthony Greek Orthodox Parish of Pasadena to act in an advisory capacity to the Parish the Control Assembly

Council and to the General Assembly.

Contact Information: Andy Demopulos: ademopulos@gmail.com



V.I.P.s

The V.I.P.s of Saint Anthony Greek Orthodox Church is a group dedicated to bringing seniors together to provide social opportunities, fellowship, recreational programs, as well as to exchange information and to explore areas in which seniors can serve others.

This ministry welcomes anyone 55 years and older. We meet at the church in the Trinity Ballroom. Recreational activities are generally scheduled during the month. The V.I.P.s' primary fundraiser is the sale of 'koulourakia' during the year. V.I.P.s conduct an ongoing food drive for local food banks, participate at Union Station Homeless Services, and support and donate to parish projects.

Meetings are on the second Tuesday of each month at 10:00am, Trinity Ballroom

Contact Information: Pan Xanthos: lisax@att.net

Irene Albeck: mcmg2a@aol.com









Stewardship Committee

The work of the Stewardship committee is to facilitate the implementation of the "Ignite the Flame of True Orthodox Stewardship"

in the Saint Anthony parish by instituting a system of a Council of Ministries and an Ambassador Team of servant leaders. The Ambassador Team will visit all parishioners, members and nonmembers to engage them more fully in the life and ministries of the Church. The Council of Ministries is the assembly of the leaders of each of our parish ministries. The Ambassador Team is comprised of the members of the Parish Council, Philoptochos Board members, the members of the Council of Ministries, and several other dedicated parishoners. Together with Fr. Peter and the Ambassador Team, our mission is to further the spiritual growth, vibrancy and enthusiasm of our community.

"Brethren, having gifts that differ according to the grace given to us let us use them...if service, in our serving; he who teaches, in his teaching... he who contributes, in liberality; he who leads, with diligence, he who gives aid, with zeal; he who does acts of mercy, with cheerfulness..."

St. Paul's Letter to the Romans 12:6-9

Stewardship Committee: John Vidalakis: jvidalakis@vidalakis.com Athena Karos: athenakaros@yahoo.com

THE COOK

Catering Committee

The mission of the Catering Committee is to provide strategic support for Saint Anthony's Community Center, and specifically The Trinity Ballroom, to procure the necessary equipment and materials needed to effectively manage the facility, to develop and manage protocols such

as use policies, rental procedures and catering policies, to manage and direct the Ballroom director charged with promoting, showing and booking The Trinity Ballroom, and to oversee the inventory and maintenance of the catering equipment, tables and chairs and other event equipment.

Contact Information: Eleni Vagenas: peteleni@yahoo.com

For facility rental information contact: Lila Coudsy: events@saint-anthonys.org or (626) 449-6943 ext.4.





Capital Campaign Committee

The Capital Campaign Committee endeavors to raise money for large projects undertaken by the St. Anthony Parish at the direction of the General Assembly and the Parish Council so that the community can continue to grow and satisfy the needs of Parish life.

The largest project the Committee worked on was the raising of money for the beautiful new state of the art community center located north of the Church. This facility houses a ballroom with complete kitchen, classrooms and church staff offices. The committee was successful in raising \$8 million of the \$8.5 million needed. Work continues to raise and collect the remainder of the necessary funds.

The most recent project of the Committee was the purchase of the house immediately to the east of the church. This piece of property was determined to be essential to any long-term plans for the community. The purchase price of the house was \$1.18 million of which \$600,000 has already been raised. The Committee is actively engaged in continuing efforts to raise the additional funds. Two of the primary objectives of the Committee are to improve St. Anthony's financial position by reducing our outstanding debt, and to raise funds for the initial development of the church's properties.

Contact Information: John Vidalakis: jvidalakis@vidalakis.com











Parish Events

Saint Anthony Feast Day, January 17th

Each year on January 17th we commemorate our Patron

Saint Anthony, the Great, with Great Vespers on the evening of January 16th and Divine Liturgy the next morning, his Feast Day, January 17th. Area Orthodox clergy are always invited to attend and celebrate both services in honor of St. Anthony. We bless Artoklasia (five loaves of traditional sweet bread) at Great Vespers, and gather after the service for a reception with refreshments. On Saint Anthony's Feast Day, immediately following Diving Liturgy, all the faithful and clergy gather for a Fellowship Luncheon in the Trinity Ballroom.











Apokreatiko Glendi (Mardi Gras)

A semi-formal dinner dance held at our Trinity Ballroom on the Saturday before Meatfare Sunday. The last party before Great Lent.



















Family Christmas Party

We gather together on December 27th to celebrate our Lord and Savior' Birth. This is a lovely family holiday gathering, with food, dancing and excellent "parea" (fellowship).













Palm Sunday Luncheon

A beautiful luncheon, immediately following Divine Liturgy, to celebrate, as a worshiping family, the Lord's Triumphant Entrance into Jerusalem.

Resurrection Magiritsa Dinner

A long-standing Greek traditional lamb soup meal served immediately following the midnight Resurrection and Divine Liturgy. We gather in the Trinity Ballroom to crack our traditional red Easter eggs, enjoy some tsoureki (sweet Easter bread), feta, olives and magiritsa - prepared and donated each year by the Kefalas family.



Light the Path

St. Anthony Philoptopchos hosted the San Francisco Metropolis Philoptochos "Light the Path Luncheon" to benefit the Bishop Anthony Student Aid Endowment Fund. This fund helps support students from the San Francisco Metropolis who are studying at Hellenic College and Holy Cross School of Theology in Brookline, Massachusetts.







Opening and Blessing of Community Center

"The God of heaven, He will prosper us, therefore we, His servants, will arise and build..." Nehemiah 2:20

It is with great joy that I greet you on the occasion of the Thyranoixia of the new Community Center at Saint Anthony Greek Orghodox Church in Pasadena. For many years your parish labored to make these new facilities a reality and, by the Grace of God, we are now celebrating the fruits of your efforts.

While the Church is at the center of our lives as Orthodox Christians, the Community Center is also an important component of one's spiritual development. I commend the entire community for their unity and vision in making this new Community Center a beacon for our Orthodox faith and utilizing it as an opportunity to

expand ministries and programs to meet the need of your faithful. Each of the stewards of Saint Anthony Church who have given of their time, talent and treasure for this project are worthy of our gratitude for their generosity in bringing this project to completion.

Praying that the lord may abundantly grant you His infinite blessings and guide you in your efforts to continue to bring praise and glory to His name, I remain,

With Love in Christ, Metropolitan Gerasimos of San Francisco

















Philoptochos Christmas Benefit

A Philoptochos Christmas Tradition in its 45th year, the St. Anthony Philoptochos Benefit Luncheon and Fashion Show is held each year at the Langham Huntington Hotel in Pasadena on the first Saturday in December. Proceeds from this beautiful event go directly to the many charities supported by the Ladies Philoptochos. Each year several specific charities, such as Door of Hope, The Flintridge Center, the Neonatal Unit at Arcadia Methodist, and Friends in Deed, are selected as special recipients. Guests enjoy a day of Christmas Boutique shopping, Greek pastries to purchase in Santa's Kitchen, a Fashion Show, musical entertainment, exciting raffle, delicious luncheon and wonderful fellowship with friends from surrounding parishes who attend in support of our Ladies Philoptochos and their mission.















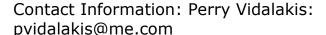




Summer Family Picnic

The Saint Anthony Summer Family Picnic takes place each

year in June at Lacy Park in San Marino. It's a gathering on a beautiful summer day for people to enjoy the fellowship of the whole St. Anthony community. Attendees can purchase a catered lunch or bring their own. They also pay to reserve tables which helps support the cost of the picnic. Payment for table reservations and meals must be done in the weeks before the picnic, as no exchange of money is permitted at Lacy Park. People bring frisbees, footballs, baseballs, scooters and other fun things to play. We also organize activities such as the annual tug-of-war. Sometimes treats like snow cones or ice cream are available. Last year we had a surprise and refreshing visit from the San Marino Fire Department, with water hose! Great fun for the kids. It's a fun day for the entire family and the entire St. Anthony community.



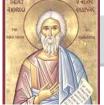












Greek Dance Glendi

Our Dance Families host a beautiful night of fellowship, dinner and dancing every year just before FDF. Each dance group performs, in full costume, a portion of their competitive dance suites. This is a fundraising event for our dance groups and truly fun evening for everyone.









Pilgrimages

My Pilgrimage to the Holy Land Guidebook April 27 - May 12, 2012

Today you are embarking on the soul stirring and spiritually awakening pilgrimage to the Holy Land. It was made holy because our Lord, our God, and our Savior Jesus Christ, who became man for our salvation, walked upon this earth. Now you will walk upon that very earth and in those very steps and experience the spiritual adventure of a lifetime.

As we journey from Jerusalem to Nazareth, from Bethlehem to the Sea of Galilee, the days we will spend together will never be forgotten; they will enrich our ultimate pilgrimage, our journey from this life to the life everlasting.

- Rev. Spencer Kezios, Rev. Peter Stratos, Rev. Anthony Savas







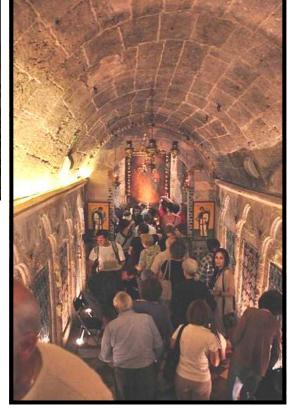


























Pasadena Golf Classic

The St. Anthony Annual Pasadena Golf Classic is a unique "Taverna on the Green" experience. Golfers, volunteers, sponsors and participants enjoy a day of amazing food and drink, golf, music, raffle and a fabulous live and silent auction. Each year is a well-planned and an extraordinary day that has become a tradition synonymous with golf, fun and fellowship.

Contact Information: John Buzas: js.buzas@gmail.com

Jim Christodoulelis: jimchristos@earthlink.net







































Pasadena Greek Fest



Pasadena Greek Fest's mission is to be the premier festival promoting Hellenic culture and our Greek Orthodox faith in Southern California; to offer the best representation of Greek food and entertainment; to offer a unique festival experience to our guests; to provide fundraising opportunities for the St. Anthony parish; to build a sense of community within the parish.

First and foremost, the festival is a chance to show the rest of the world who we are as Greek Orthodox Christians. It gives us a chance to share our culture and faith with our neighbors. We strive to offer the best in food and entertainment and provide our quests a unique experience that they can't get anywhere else.

Contact Information: Louis Kades: Lkades@gmail.com

Please refer to website, www.pasadenagreekfest.org for more information.







