

The Voice of Saint Anthony

JULY 2019

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**Deadline for
August Newsletter is
Tuesday, 25 July**

Please send to:

**frchris@saint-anthonys.org
newsletter_church@aol.com**



Reverend Father Peter Stratos, Pastor

Reverend Father Christopher Retelas, Associate Pastor

778 S. Rosemead Boulevard, Pasadena, CA 91107

(626) 449-6943 Office (626) 449-6974 FAX

www.saint-anthonys.org

PRIEST'S MESSAGE

On Sunday June 23rd we celebrated **The Feast of All Saints** in our Holy Orthodox Church. The Feast of All Saints marks the beginning of a new season in the ecclesiastical calendar of our Church. The season from Easter to Pentecost occurs in the springtime, while the Feast of All Saints ushers us into the beautiful season of summer.

Summertime! Students and teachers have completed another school year and people are thinking about their vacations. Many have already begun to enjoy outdoor activities, sports, cookouts, and trips to the beach. To be sure, responsibilities do not end. Some painting may have to be done and landscaping continues. There is always something to be done. Nevertheless, summertime is a time of sun, enjoyment, and a more relaxed pace.

In our culture the change of seasons creates a paradox for the new liturgical cycle. From Easter to Pentecost the local parish is usually vibrant with activities. But after Pentecost and the Feast of All Saints, with the beginning of summer, the pace usually slows down. Church Schools end. Meetings are less frequent. Bible classes and other study groups take a break. Even worship is drastically affected. As I often say in Church: "God does not take the summer off!"

Is this what the Lord truly desires for His people during the summer? How can we in our personal, family, and parish lives harmonize the summer change of pace with the orthodox spiritual values of the Church? How can we truly enjoy a rightful measure of fun and relaxation and still be mindful of our prayer life and worship to God?

An understanding of the word "Saint" would help us to relate our Christian faith to our summer activities. It is not an exaggeration to say that, if we truly understand the full meaning of sainthood, we would have the key to the most enjoyable summer of them all: A Christian summer! It may be that, by God's providence, the timing of the Feast of All Saints is exactly what we need, after all! What greater spiritual challenge is there for us at the beginning of the summer than to think about the Saints and to emulate their lives of growing closer to God.

I challenge us all to keep God in our mind, in our heart, and in our soul during this beautiful time of year. Have a blessed summer.

In Christ,

Fr Peter



STEWARDSHIP

2019 STEWARDSHIP SUMMARY

OUR STEWARDSHIP GOAL: **\$425,000**
245 PLEDGES TOTALING: **\$328,244**
COLLECTED AS OF 5/9/19: **\$230,255**

AVERAGE PLEDGE GOAL: **\$1,500**
CURRENT AVERAGE PLEDGE: **\$1,340**

Breakdown Pledges		
Amount Pledge	# of Pledges	% of Pledges Breakdown
< \$300	45	18%
\$300 - \$499	29	12%
\$500 - \$799	48	20%
\$800 - \$999	6	2%
\$1,000 - \$1,999	72	29%
\$2,000 - \$2,999	22	9%
\$3,000 - \$4,999	9	3.7%
\$5,000 - \$7,999	8	3.3%
\$8,000 - \$9,999	1	0.4%
\$10,000 - \$14,999	4	1.6%
\$15,000 - \$99,999	1	0.4%
TOTAL PLEDGES	245	100%



NEWS FROM THE LOFT



Choir will be on hiatus during the months of July and August..

CHURCH SCHOOL NEWS

The Church School year ended on May 19. It was a year full of learning and Orthodox fellowship. We encourage our students to continue applying this year's theme "SEEK FIRST HIS KINGDOM AND HIS RIGHTEOUSNESS" during the summer and we will see everyone in September!

CONGRATULATIONS to the following students who had **Commendable Attendance** (6 or fewer absences) for the school year:

Michael Akrotirianakis
Nicholas Akrotirianakis
Gia Balntas
Gabriella Carpenter

Wesley Courter
Talia Grafos
John Ioannou
Athanasios Mitis

Ekaterini Nastri
Mary Nuñez
Kostantinos Tsigkounis

CONGRATULATIONS to the following students who had **Perfect Attendance** for the school year:

Evangelia Kleissas
Theodora Trigonis



CONGRATULATIONS to the High School and College **Graduates**:



Christos McClain, Kyriaki Tsigkounis, Lauren Cokias, Eleni Kamar, Theodora Trigonis, Eleni Wojcik, Isabella Pollalis

YOUTH & YOUNG ADULT NEWS

VBS XIX

Roar! Life is Wild - God is Good

There were seven rotations: Opening prayer/ music, Imagination Station, Bible Adventure, Stampede Sports, Kid Vid Cinema, Hungry Herd Café and Safari Celebration.

Bible Adventure, Experiencing God's Word

One memorable Bible point was reinforced each day. Kids explored God's goodness and celebrated Bible adventures through our Orthodox faith.

Day One: When life is unfair – God is good. Bible point: Israelites were slaves for the Egyptians (Exodus 5:6). Each day a poster was put up and referred to during and after being presented with the Bible story. The preschool children built towers out of blocks and tried to make it as tall as they could. To demonstrate how heavy a brick could be we passed around a very heavy object. Older students made towers by building bricks from mud (recipe upon request). Each group built their unique tower by sharing their ideas and creativity, followed by discussion on how do you think the Israelites felt doing all the hard work and the being treated badly by the taskmasters.

Day two: When life is scary-God is good. Bible point: Moses asks Pharaoh to let his people go, each time he said no. Finally God sends plagues on Egypt (Exodus 7:14-12:32). Both groups learned about the ten plagues through repetition and visuals, visuals being a variety of candy to demonstrate a plague i.e. red for water turning into blood, black for darkness, etc.

Day Three: When life changes-God is good. The Red Sea parted and we walked through safely although the Pharaohs chariots and soldiers did not make it across. The Israelites entered the wilderness. They complained and whined about why Moses brought them to this wilderness and did not have enough food. God was good he sent them manna and quail to eat. He told them to fill one jar with manna. Our manna was frosted flakes and our quail was marshmallows dipped in chocolate.

Day Four: When life is good- God is good. We crossed the Jordan River taking the Ark of the Covenant carried by children; we put inside the ark the jar of manna, the Rod of Aaron and the Ten Commandments. After we crossed the Jordan River we built a memorial to remember God's goodness using twelve stones to represent the twelve tribes of Israel.

Thank you to all our volunteers:

Junior Volunteers: Zayne Bannoura, Sophia Christodoulelis, Talia Grafos, Yanni Kades, Dylan Udria, Niko Udria, , Maria Wojcik, Melina Zoumas

Adult leaders: Carolina Kokoris, Theoni Katsafados, Georgia Giannoulis, Irene Albeck

Prosphoro bread makers: Joanna Koulos, Maria Kypreos and 37 helpers

Registration: Kathy Lucas

Office Support: Alma Vorgias

Set design: Juan Udria

Costume designer: Aliko Haralambros

Part of the Pharaoh: Niko Udria

Potluck dinner: Parents

Program: presented by the children

Sincerest gratitude and appreciation to Sophia Syrengelas and Mary Udria for organizing, developing and implementing our VBS XIX.

Thank you to Father Peter and Father Christopher for your participation and support.

YOUTH & YOUNG ADULT NEWS (CONTINUED)



YOUTH & YOUNG ADULT NEWS (CONTINUED)



YOUTH & YOUNG ADULT NEWS (CONTINUED)



What is HOPE and JOY?

- It is a ministry of the church
- It is an opportunity to provide fellowship among our young faithful of the church
- It is an opportunity to share common interests with those of similar ages
- It integrates four elements: Worship, Fellowship, Service and Witness

Is there a membership fee?

- No
- Occasionally members will be asked to bring something for a community outreach
- We may ask for monetary donations to cover expenses as needed

What are the ages?

- HOPE (Hellenic Orthodox Primary Explorers): 4 ½ to 7 years old
- JOY (Junior Orthodox Youth): 8 years old to 10 years old

Meeting dates and times:

- First Sunday of the month
- Begins 10 minutes after Church School is dismissed
- Schedules are flexible and announced well in advance

Volunteer Opportunities?

- Adult supervision is always welcomed
- Youth volunteers are needed

Coordinator: Irene Albeck- mcmg2a@aol.com / 626-792-8122

Please leave completed form in Room 1A or eMail the following information to Irene:

First and Last name of child/children:

1. _____ 2. _____
 3. _____ 4. _____

Name of Parents: _____

eMail: _____

Two phone numbers including an emergency number:

1. _____ 2. _____ (ice)

I want to volunteer! _____ yes _____ maybe _____ ask me later

PHILOPTOCHOS NEWS

Community Outreach-Union Station Homeless Services- Adult Center

412 South Raymond Avenue-Pasadena, CA 91105

626-240-4550 626-255-1434

“Let each of you look not only to his own interests, but also to the interests of others.” Philippians 2:4

Philoptochos oversees this outreach and seeks the participation of community members. Our commitment is the **first Wednesday of each month, once a month, 6:45 PM to approximately 8:45 PM**. There is no food preparation. You can bring dessert (ie: cookies, brownies etc.) for sixty clients.

Duties include plating food and minimal clean up. There is a commercial dishwasher or you may bring heavy duty paper plates.

Please consider signing up to serve at Union Station Adult Center. Three to four people generally will be sufficient to serve and clean up.

Dates available: **July 3, August 7, September 4, October 2, November 6, and December 4.**

All dates are on a **Wednesday from 6:45 PM to 8:45 PM**.

For information please contact: **Irene Albeck - mcmg2a@aol.com (H) 626-792-8122 (C) 626-252-5062**
Sophia Angelos - sangelos2000@gmail.com (H) 626-795-0848 (C) 626-826-0848
Stephanie Soewers - szanglis@aol.com (C) 818-209-5026

Check List for Adult Center Servers

Food will be in the ovens in OFF position. If it needs to be warmed up, turn on ovens to 300 degrees.

Juice and milk will be in the refrigerator.

- Check with night staff for the number to be served.
- Ask what time to begin serving clients dinner.
- Wash hands, long hair tied back or wear a hairnet
- Count as many plates that will be needed (55-60). Use gloves when in direct contact with food.
- Fill approximately 6 pitchers with punch and 2 with milk
- Union Station Homeless Services clients will set up their tables and bus them also.
- Organize an assembly line just before serving time. Begin preparing dinner plates and line up on serving counter.
- **Do not start** by being too generous with portions; attempt to keep evenly portioned. If food is left over they may have second servings.
- **Set aside 5-7 plates for late comers.**
- When food has been served, start preparing dessert, when possible give dessert with meal
- **Leftovers: Consolidate, cover, label type of food, date and put into refrigerator.**
- Clean up counters, dishes are usually scraped by clients if not rinse prior to placing in dishwasher. Leave kitchen orderly and clean.
- Do not bring anything back. Leave food and dispose aluminum containers.

VIP NEWS**Saint Anthony 's VIPs collect non-perishable foods for the Foothill Unity Center.**

The Foothill Unity Center was founded in 1980 and is the primary provider of food, case management/crisis help and access to health care resources across eleven San Gabriel Valley cities in Los Angeles County. As the federally designated Community Action Agency for the Foothill Area, they operate two locations in Monrovia and Pasadena, serving clients in Pasadena, Altadena, South Pasadena, Sierra Madre, Arcadia, Monrovia, Bradbury, Duarte, Azusa, Baldwin Park and Irwindale. 79% of their clients are at or below the National Poverty Level. The number of people served by the organization has more than tripled over the last five years, making community funding contributions and volunteer support more critical than ever.

Their programs include:

- Back to School
- Food Programs
- Health Services
- Pediatric Mobile Dental Clinic
- Pet Food Bank
- Support and Crisis Services
- Thanksgiving and Holiday Distributions

Please bring your donation to the VIPs collection container in the Trinity Ballroom lobby..

Whoever is kind to the poor lends to the Lord and He will reward them for what they have done.

— Proverbs 19:17

The generous will themselves be blessed, for they share their food with the poor.

— Proverbs 22:9

MINISTRIES

Saint Anthony Greek Orthodox Church

Reverend Father Peter Stratos

Reverend Father Christopher Retelas

2019 PARISH COUNCIL MEMBERS

Officers

Pete Gallanis	President
John Vidalakis	1 st Vice President
Joseph Akrotirianakis	2 nd Vice President
Tashia Vagenas	Secretary
Tony Christopoulos	Treasurer

Members

Philip Ted Attalla	James Pappas
John Buzas	Sophia Syrengelas
Roberto Crespo	Mary Udria
Tom Grafos	Perry Vidalakis
Christos Ioannou	Vincent Zarian

OFFICE STAFF

Alma Vorgias – Office Administrator
 Athena Serban – Events Coordinator (Trinity Ballroom)



CUSTODIAL STAFF

Carlos Sosa



CHOIR

Choir Director Jim Hronas

Sherese Akrotirianakis	Elias Kalivas
Dean Athans	Stavrula Kiotas
Tina Athans	Dr. Rodanthi Kitridou
George Babbes	Kathy Lucas
Christina Becronis	Claire Marotta
Tom Bouras	Liam McCann
Judie Christopoulos	Bess Mechalas
Leah Cokias	Elizabeth Moreno
Rebecca Courter	Iliana Orozco
Athena Dallas	Alexandra Patzakis
Maria Ganis	Gena Pegadiotes
Georgia Loutsos Grajeda	Katerina Petrossian
Aliki Haralambos	Nicole Schulman
Maria Hronas	Litsa Stavropoulos
	Pres. Aida Stratos

CHANTERS

Patrick Lynch
 Katerina Lynch
 Demetrios Baliotis
 Mike Abi-Farah

READERS

Dr Nicholas Kokoris
 Constantine Trigonis

YOUTH CHOIR

Katerina Lynch



CHURCH SCHOOL STAFF

Fotene Trigonis - Director
 Anastasia Kalivas - Director
 Irene Albeck - Preschool
 Nikolitsa Vagenas - Preschool
 Kathy Tsigkounis - Kindergarten & 1st
 Kyriaki Tsigkounis - Kindergarten & 1st
 Michael Nunez - 2nd & 3rd
 Anna Nunez - 2nd & 3rd
 Maria Prantzikou - 2nd & 3rd
 John Vagenas - 4th & 5th
 Maria Pappas - Middle School
 Fotene Trigonis - Middle School
 Anastasia Kalivas - High School



MINISTRIES (CONTINUED)

PHILOPTOCHOS SOCIETY

Panagia Chapter Board 2017-2019

President

Maria Kypreos

1st Vice President

Elizabeth Skandale & Lisa Xanthos

2nd Vice President

Judith Din & Konstantina Paziouros

Corresponding Secretary

Tanya Christodoulelis & Maria Grover

Recording Secretary

Fontaine Achilles Malisos & Mary Dewar

Treasurer

Maria Kokoris

Assistant Treasurer

Katherine Skandale

Beautification

Presbytera Aida Stratos & Esther Vavoulis

Community Outreach

Mary Dewar, Stephanie Soewers & Presbytera Aida Stratos

Fellowship

Athena Dallas

Publicity / Webmaster

Terese Caire & Nicolette Fuerst

Scholarship

Irene Albeck & Judith Din

Sunshine and Visitation

Jeanne Karaianoglou

Union Station

Irene Albeck

Welfare

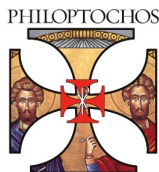
Presbytera Maria Mylonas

Advisor

Connie Becker

Spiritual Advisor

Father Peter Stratos



ADDITIONAL MINISTRIES

Acolytes

Fr. Christopher Retelas

Bible Study

Fr. Peter Stratos

Bookstore

Jeremiah Courter

GOYA

Fr. Christopher Retelas

GOYA Basketball

Anthia Lucas
Pana Gelt

Greek Dance Groups

Christine Pappas

Greek Festival

John Vidalakis
Nick Demopoulos
Julie Balas

Greek Language School

Anastasia McClain

JOY/HOPE

Irene Albeck

Moms & Tots

Presbytera Kalli Retelas

Myrrh Bearers

Irene Albeck

Oratorical Festival

Nicole Schulman

Pasadena Golf Classic

Jimmy Christodoulelis
Roberto Crespo

Prayer Shawls

Aliki Haralambos

Vacation Bible School

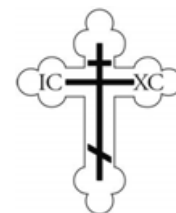
Sophia Syrengelas
Mary Udria

VIPs

Helen Treantafelles

Young Adults

Mike Abi Farah



COMMUNITY NEWS

Metropolitan Nikitas Elected Archbishop of Thyateira and Great Britain



The Greek Orthodox Metropolis of San Francisco shares news of the unanimous decision of the Holy and Sacred Synod on June 12, 2019 announcing the election of His Eminence Metropolitan Nikitas of the Dardanelles as the Archbishop of Thyateira and Great Britain.

"AXIOS to my beloved brother and concelebrant in the Lord, Metropolitan Nikitas, for he truly is worthy of this honor," stated His Eminence Metropolitan Gerasimos. "The Metropolis of San Francisco has been blessed with his presence for the past 12 years, and he has become an integral part of our family. His regular visits to our parishes, his paternal care for clergy and laity, and the depth of his faith have been an inspiration to us. We pray for the Lord's abundant

The Metropolis of San Francisco will honor Metropolitan Nikitas before he assumes his new responsibilities. Holy Cross Church in Belmont, CA, and Saint Anthony Church in Pasadena, CA, will be graciously hosting events, with proceeds supporting Metropolitan Nikitas in his new position as Archbishop of the Archdiocese of Thyateira and Great Britain.

COMMUNITY NEWS (CONTINUED)

THE GREEK ORTHODOX METROPOLIS OF SAN FRANCISCO
INVITES YOU TO A CELEBRATION HONORING

His Eminence Archbishop Nikitas

ON THE OCCASION OF HIS ELECTION AS
ARCHBISHOP OF THYATEIRA AND GREAT BRITAIN

Axias!

Please join us as we express our gratitude to Archbishop Nikitas for his paternal care for the clergy and laity of the Metropolis of San Francisco, and pray for the Lord's abundant blessings as he embarks on this new and exciting chapter in his ministry.

SUNDAY, JUNE 30, 2019
Holy Cross Greek Orthodox Church
900 Alameda de las Pulgas, Belmont, CA 94002
8:45 a.m. Orthros

10:00 a.m. Hierarchical Divine Liturgy
Luncheon to follow (\$25 per person,
\$15 ages 6-12, 5 and under free)

Advance reservations requested by contacting Anastacia Stamatias at
June30HolyCross@gmail.com or by calling the Holy Cross office at 650-591-4447.



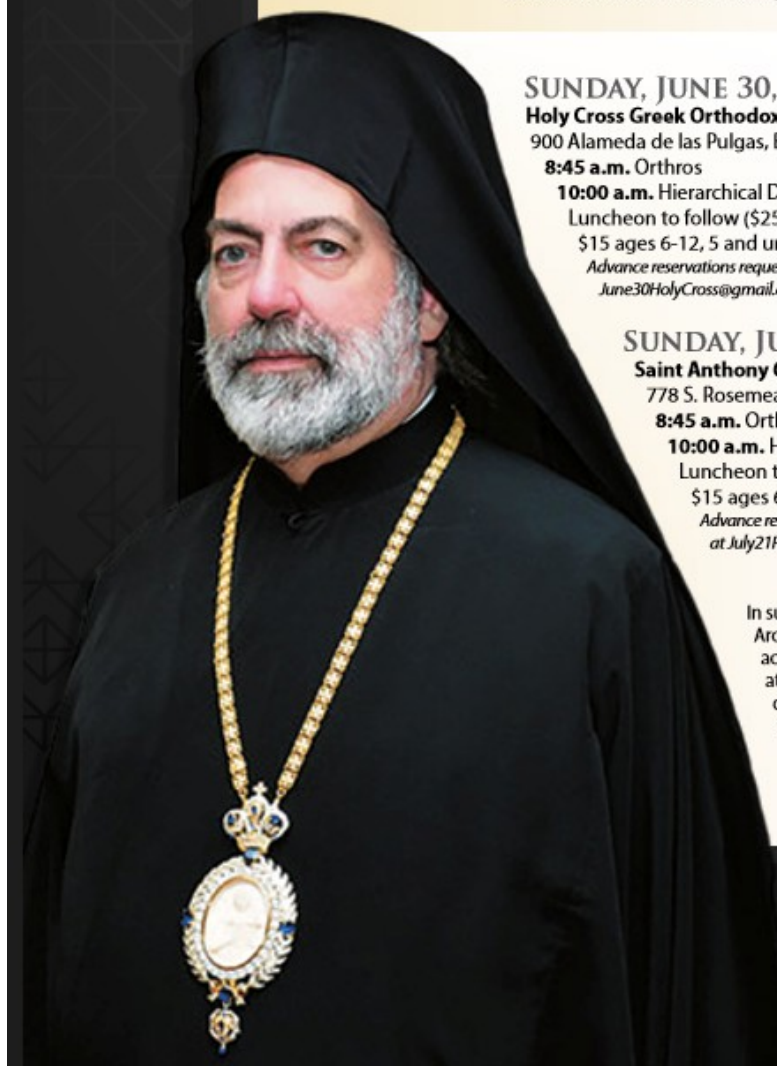
METROPOLIS OF
SAN FRANCISCO

SUNDAY, JULY 21, 2019
Saint Anthony Greek Orthodox Church
778 S. Rosemead Boulevard, Pasadena, CA 91107
8:45 a.m. Orthros

10:00 a.m. Hierarchical Divine Liturgy
Luncheon to follow (\$25 per person,
\$15 ages 6-12, 5 and under free)

Advance reservations requested by contacting Pana Pastis Gelt
at July21Pasadena@gmail.com or 626-293-7588.

In support of the ministry of His Eminence Archbishop Nikitas, donations are gratefully accepted by making a secure contribution online at www.sanfran.goarch.org/donate, or by sending your contribution to: Greek Orthodox Metropolis of San Francisco (Memo: Archbishop Nikitas Enthronement), 245 Valencia Street, San Francisco, CA 94103.



COMMUNITY NEWS (CONTINUED)

THE GREEK ORTHODOX METROPOLIS OF SAN FRANCISCO

THE HONORARY CONSUL GENERAL OF CYPRUS

IN LOS ANGELES

Andreas Kyprianides

and

THE AMERICAN HELLENIC COUNCIL

Invite you to a

MEMORIAL SERVICE

to commemorate

the 45th Anniversary of the Turkish Invasion of Cyprus

(July 20, 1974-July 20, 2019)

Sunday, July 21, 2019 at 11:00 A.M.

Saint Anthony Greek Orthodox Church

778 S. Rosemead Blvd., Pasadena, CA 91107

His Eminence Archbishop Nikitas of Thyateira and

Great Britain officiating

Please join us in fellowship and remembrance
as we commemorate the lives lost and the tragic events
that still plague the Republic of Cyprus today.

The American Hellenic Council was born out of that
illegal invasion, and was initially named
The Save Cyprus Council of Southern California.

COMMUNITY NEWS (CONTINUED)

2019 Greek Orthodox Church Festivals of Southern California

DATE	CHURCH	PHONE	LOCATION	SPECIAL NOTES
17 May 3-10pm 18 May 12-10pm 19 May 12-10pm	Saint John the Baptist 405 N. Dale St. Anaheim, 92801	714-827-0181	Church grounds, Anaheim 91 Artesia Frwy (east of 605 Frwy) Exit Beach Blvd.; South to La Palma; Left on La Palma; Right on Dale	Church Grounds Outdoors Covered dancing on blacktop
25 May 1-9pm 26 May 1-9pm 27 May 1-9pm	Saint Nicholas 9501 Balboa Blvd. Northridge, 91325	818-886-4040	Church grounds, Northridge 101 (Ventura Frwy); Exit Balboa North past Nordhoff; at corner of Plummer & Balboa	Church Grounds Outdoors Uncovered dancing on cement
1 June 11-10pm 2 June 11-10pm	Saint George 10846 Downey Avenue Downey, 90241	562-862-6461	From 605 Freeway, exit Firestone and go west to Downey Ave, then turn right to La Villa. From 710 (Long Beach Frwy), exit Firestone Blvd and go east to Downey Avenue. Turn left to La Villa, then turn right. Church is between 3rd St. and La Villa.	Church Grounds Outdoors Uncovered dancing on blacktop
7 June 5-10pm 8 June 11-10pm 9 June 11-8pm	Saint Spyridon 3655 Park Blvd. San Diego, 92103	619.297.4165	5 Frwy South; 805 Frwy south; 163 hwy south; exit University Avenue; left from exit to Park Blvd; turn right; go 2 blocks; Church grounds on left	Church Grounds Outdoors Covered dancing on blacktop
21 June 5-10pm 22 June 11-10pm 23 June 11-9pm	Saint Demetrios 5575 Santa Rosa Road Camarillo, 93012	805.482.1273	Take the 101 and exit at Las Posas Road; Go towards the airport; Turn right on Pleasant Valley Road; Turn right on Skyway Drive - festival located at 400 Skyway Drive	Camarillo Airport Outdoors Covered dancing wood floor
28 June 5-10 pm 29 June 12-10 pm 30 June 12-9 pm	Saint Paul's 4949 Alton Parkway Irvine, 92604	949.733.2366	Church Grounds, Irvine - 405 just south of 55 Newport Freeway; Exit Jeffrey and drive north to Alton Parkway; Left onto Alton Parkway	Church Grounds Outdoors Covered dancing on blacktop
12 July 5-10pm 13 July 12-10pm 14 July 12-9pm	Saint Katherine 722 Knob Hill Redondo Beach, 90277	310.540.2434	Church grounds, Redondo Beach 405 freeway, exit Hawthorne Blvd., Torrance go south to Sepulveda Blvd.; Turn right to Prospect and turn left to Knob Hill then right	Church Grounds Outdoors Covered dancing on blacktop
27 July 11-7pm 28 July 11-7pm	Saint Barbara 1205 San Antonio Creek Rd Santa Barbara, 93101	805.683.4492	Oak Park, Santa Barbara 101 North through Santa Barbara; Exit Pueblo and follow signs to park	City Park Outdoors Uncovered dancing on wood floor
23 August 5-10p 24 August 12-10p 25 August 12-10p	Saint Nectarios 20340 Covina Blvd. Covina, 91724	626.967.5524	10 Frwy west of 57/210 Freeway; exit Grand Avenue; Drive north then turn Right on Covina Blvd.; Corner of Covina Blvd and Bonnie Brae	Church Grounds Outdoors Covered dancing on blacktop
31 August 12-10pm 1 September 12-10pm 2 September 12-10pm	Assumption/Virgin Mary 5761 E. Colorado Long Beach, 90814	562.494.8929	405 Freeway, exit Bellflower and go south on Bellflower. Pass 7th Street and PCH; Turn left on Colorado and drive to LAST driveway on left side of cul-de-sac	Church Grounds Outdoors Covered dancing on blacktop
7 September 10-10p 8 September 11-9p	Sts. Constantine/Helen 3459 Manchester Ave. #32 Cardiff by the Sea, 92007	760.942.0920	5 Freeway south to San Diego/Cardiff; Exit Manchester; go east to church grounds	Church Grounds Outdoors Covered dancing on blacktop
20 September 5-10p 21 September 12-10p 22 September 12-9p	Saint Anthony 778 South Rosemead Blvd Pasadena, 91107	626.449.6945	210 Freeway - Exit Rosemead Blvd. South South/right onto Rosemead South of California Avenue on east side	Outdoors Covered dancing on portable floor
20 September 5-9pm 21 September 11-9pm 22 September 12-5pm	Sts. Constantine/Helen 43404 30th Street West Lancaster, 93539	661-945-1212	Interstate 5 north ; Merge onto 14 north Palmdale/Lancaster ; Exit #40 Ave. M ; turn left onto West Ave M/Columbia Way ; Turn right onto 30th St. West - PARKING at AV College (Ave. K & 30th St. West)	Free Shuttle to Church Grounds Outdoors Covered dancing on wood floor
27 September 5-10pm 28 September 3-11pm 29 September 12-10p	Saint John 5300 So. El Camino Las Vegas, Nevada 89101	702.221.8245	Church Grounds; Interstate 15, Exit Tropicana, & stay west of Strip; Left on Jones, right on Hacienda, left on El Camino	Church Grounds - Outdoors Uncovered dancing on portable wood floor
28 September 11-11p 29 September 11-10p	St. Basil's of So.Or.Co. 27129 Calle Arroyo, #1803 San Juan Capistrano, 92675	949.542.3445	Location Unknown Call church or check website: sjcgreekfest.org	Outdoors Covered dancing on blacktop
4 October 5-12pm 5 October 12-11pm 6 October 12-10pm	Saint Sophia Cathedral 1324 S. Normandie Los Angeles, 90006	323.737.2424	10 Santa Monica Freeway towards downtown L.A.; Exit Normandie Avenue and drive north to Pico; Cathedral at corner of Pico & Normandie	Outdoors Covered dancing on portable floor
12 October 11-9pm 13 October 11-8pm	Saint Nicholas 41132 Guava Street Murietta, 92562	951.296.6207	Old Town Temecula Civic Center 28690 Mercedes Street, Temecula, 92590 Take 15 towards Temecula, and exit Rancho California Rd.	Outdoors Uncovered dancing on cement Free Parking at Old Town
19 October 12-10pm 20 October 12-9pm	Saint Prophet Elias 1035 Inland Center Dr. San Bernardino, 92042	909.885.6213	Church grounds - Interstate 10 towards San Bernardino; 215 Freeway North - exit Inland Center Drive; Over freeway church on left	Church Grounds - Outdoors Uncovered dancing on blacktop Live music
2020 TBD 15 February 11-8pm 16 February 11-8pm	St. George of the Desert 74-109 Larrea Palm Desert, 92217	760-568-9902	Take 10 Freeway-east to Palm Desert; Exit at Monterey/Hwy 74 & turn right. Turn left on El Paseo, right on Portola and left on Larrea; church is on right	Church grounds Outdoors Uncovered dancing on blacktop

COMMUNITY NEWS (CONTINUED)

ST. ANTHONY YOUTH! GO TO CAMP!

One of the most tremendous ministries our young people can take part in every year is the various Summer Camp programs that are offered throughout the country. It is incredible to see the transformation they go through after the week of camp is up, and it stays with them throughout the year and throughout their lives! They grow and are challenged in their faith, make lifelong memories and friendships, and have an amazing and fun time doing it all! We are especially blessed here to have the opportunity to go to both our Metropolis Summer Camp at St. Nicholas Ranch in Dunlap, CA, and our St. Sophia Camp at Camp Seely in Crestline, CA. This is one of the best things you can give your children, as an opportunity to learn and grow in their Faith!

METROPOLIS OF SAN FRANCISCO SUMMER CAMP

AT SAINT NICHOLAS RANCH

(3rd grade through recent HS graduates)

Register at: **gosfyouth.org/summer camp** *(Register TODAY!)*

Register for: **Week 2: JULY 14th – 20th**

SAINT SOPHIA CAMP

(ages 7 – 17)

Register at: **saintsophiacamp.org** *(opens May 1st)*

Register for: **Week 1: July 21st – 27th or Week 2: July 27th – August 3rd**

Please know that they sell out every year, so be sure to register your children, grandchildren, godchildren, nieces, nephews, etc., as soon as possible!

SUMMER IS BACK! LET'S GO TO CAMP!



FEASTS & SAINTS OF THE MONTH

Cosmas and Damian

1 July

These Saints, who are different from those who are celebrated on the 1st of November, were from Rome. They were physicians, freely bestowing healing upon beasts and men, asking nothing from the healed other than that they confess and believe in Christ. They ended their life in martyrdom in the year 284, under the Emperors Carinus and Numerian.

Saint Euphemia, the Great Martyr

11 July

In 451, during the reign of the Sovereigns Marcian and Pulcheria, the Fourth Ecumenical Council was convoked in Chalcedon against Eutyches and those of like mind with him. After much debate, the Fathers who were the defenders of Orthodoxy, being 630 in number, agreed among themselves and with those who were of contrary mind, to write their respective definitions of faith in separate books, and to ask God to confirm the truth in this matter. When they had prepared these texts, they placed the two tomes in the case that held Saint Euphemia's relics, sealed it, and departed. After three days of night-long supplications, they opened the reliquary in the presence of the Emperor and found the tome of the heretics under the feet of the Martyr, and that of the Orthodox in her right hand.

Fathers of the 4th Ecumenical Council

14 July

On the Sunday that falls from the 13th to the 19th of the present month, we chant the Service to the 630 Holy and God-bearing Fathers who came together for the 4th Ecumenical Council assembled in Chalcedon in 451, to condemn Eutyches and Dioscorus. Eutyches taught that there was only one nature, the divine, in Christ after the Incarnation. Dioscorus, Patriarch of Alexandria, illegally received Eutyches back into communion and deposed Saint Flavian, Patriarch of Constantinople, who had excommunicated Eutyches.

Saint Marina

17 July

This Martyr lived during the reign of Claudius II (268-270). She was from Pisidia of Cilicia and was the only daughter of a certain priest of the idols. On being orphaned by her mother, she was handed over to a certain woman who instructed her in the Faith of Christ. When she was fifteen years old, she was apprehended by the ruler of Olmbrus, and when asked her name, homeland, and faith, she answered:

"My name is Marina; I am the offspring of the Pisidia; I call upon the Name of my Lord Jesus Christ."

Because of this, she endured bonds, imprisonment, and many whippings. She was finally beheaded in the year 270.

Saint Marina is especially invoked for deliverance from demonic possession.

FEASTS & SAINTS OF THE MONTH (CONTINUED)

Saint Prophet Elias

20 July

Elias of great fame was from Thisbe or Thesbe, a town of Galaad (Gilead), beyond the Jordan. He was of priestly lineage, a man of a solitary and ascetical character, clothed in a mantle of sheep skin, and girded about his loins with a leather belt. His name is interpreted as "Yah is my God." His zeal for the glory of God was compared to fire, and his speech for teaching and rebuke was likened unto a burning lamp. From this too he received the name Zealot.

Therefore, set aflame with such zeal, he sternly reprov'd the impiety and lawlessness of Ahab and his wife Jezebel. He shut up heaven by means of prayer, and it did not rain for three years and six months. Ravens brought him food for his need when, at God's command, he was hiding by the torrent of Horroth. He multiplied the little flour and oil of the poor widow of Sarephtha of Sidon, who had given him hospitality in her home, and when her son died, he raised him up. He brought down fire from Heaven upon Mount Carmel, and it burned up the sacrifice offered to God before all the people of Israel, that they might know the truth. At the torrent of Kisson, he slew 450 false prophets and priests who worshipped idols and led the people astray. He received food wondrously at the hand of an Angel, and being strengthened by this food he walked for forty days and forty nights. He beheld God on Mount Horeb, as far as this is possible for human nature. He foretold the destruction of the house of Ahab, and the death of his son Ohozias; and as for the two captains of fifty who were sent by the king, he burned them for their punishment, bringing fire down from Heaven. He divided the flow of the Jordan, and he and his disciple Elisseus passed through as it were on dry land; and finally, while speaking with him, Elias was suddenly snatched away by a fiery chariot in the year 895 B.C., and he ascended as though into heaven, whither God most certainly translated him alive, as He did Enoch (Genesis 5:24; IV Kings 2: 11).

But from thence also, after seven years, by means of an epistle he reproached Joram, the son of Josaphat, as it is written: "And there came a message in writing to him from Elias the Prophet, saying, Thus saith the Lord God of David thy father, Because thou hast not walked in the way," and so forth (II Chron. 21:12). According to the opinion of the majority of the interpreters, this came to pass either through his disciple Elisseus, or through another Prophet when Elias appeared to them, even as he appeared on Mount Tabor to the disciples of Christ.

Mary Magdalene, Myrrh-bearer and Equal to the Apostles

22 July

Saint Mary was from Magdala in Galilee on the Sea of Tiberias, and for this was named Magdalene. When the Lord Jesus cast out seven demons from her, from which she had been suffering, she became His faithful and inseparable disciple, following Him and ministering unto Him even to the time of His crucifixion and burial. Then, returning to Jerusalem together with the rest of the Myrrh-bearers, she prepared the fragrant spices for anointing the body of the Lord. And on the Lord's day they came very early to the tomb, even before the Angels appeared declaring the Resurrection of the Lord. When Mary Magdalene saw the stone taken away from the tomb, she ran and proclaimed it to Peter and John. And returning immediately to the tomb and weeping outside, she was deemed worthy to be the first of the Myrrh-bearers to behold the Lord arisen from the dead, and when she fell at His feet, she heard Him say, "Touch Me not."

After the Lord's Ascension, nothing certain is known concerning her. Some accounts say that she went to Rome and later returned to Jerusalem, and from there proceeded to Ephesus, where she ended her life, preaching Christ. Although it is sometimes said that Saint Mary Magdalene was the "sinful woman" of the Gospel, this is nowhere stated in the tradition of the Church, in the sacred hymnology, or in the Holy Gospels themselves, which say only that our Lord cast seven demons out of her, not that she was a fallen woman.

FEASTS & SAINTS OF THE MONTH (CONTINUED)**Dormition of Anna, Mother of the Theotokos****25 July**

According to tradition, Anna, the ancestor of God, lived for sixty-nine years, and her spouse Joachim, for eighty. According to one account, Saint Joachim died two years before Saint Anna. The Theotokos had been orphaned of both her parents already when she was eleven years of age, while she was living in the Temple. Saint Anna is invoked for conceiving children and for help in difficult childbirth.

Saint Paraskeve**26 July**

Saint Paraskeve, who was from a certain village near Rome, was born to pious parents, Agatho and Politia. Since she was born on a Friday (in Greek, Paraskeve), she was given this name, which means "preparation" or "preparedness". (*Compare Matthew 27:62, Mark 15:42, Luke 23:54, and John 19:31, where 'Friday' is called "the day of the preparation"*)

From childhood she was instructed in the sacred letters and devoted herself to the study of the divine Scriptures, while leading a monastic life and guiding many to the Faith of Christ. During the reign of the Emperor Antoninus Pius, she was apprehended because she was a Christian and was urged to worship the idols, but she answered with the words of Jeremiah: "Let the gods that have not made heaven and the earth perish from off the earth" (Jeremiah 10:11).

Because of this she endured exceedingly painful torments, and was beheaded in the year 140. The faithful pray to her for the healing of eye ailments.

Saint Panteleimon, the Great Martyr**27 July**

This Saint, who had Nicomedia as his homeland, was the son of Eustorgius and Eubula. His father was an idolater, but his mother was a Christian from her ancestors. It was through her that he was instructed in piety, and still later, he was catechized in the Faith of Christ by Saint Hermolaus and baptized by him. Being proficient in the physician's vocation, he practiced it in a philanthropic manner, healing every illness more by the grace of Christ than by medicines. Thus, although his parents had named him Pantoleon ("in all things a lion"), because of the compassion he showed for the souls and bodies of all, he was worthily renamed Panteleimon, meaning "all-merciful."

On one occasion, when he restored the sight of a certain blind man by calling on the Divine Name, he enlightened also the eyes of this man's soul to the knowledge of the truth. This also became the cause for the martyrdom of him who had been blind, since when he was asked by whom and in what manner his eyes had been opened. In imitation of that blind man of the Gospel he confessed with boldness both who the physician was and the manner of his healing. For this he was put to death immediately. Panteleimon was arrested also, and having endured many wounds, he was finally beheaded in the year 305, during the reign of Maximian.

Saint Panteleimon is one of the Holy Unmercenaries and is held in special honor among them, even as Saint George is among the Martyrs.

FEASTS & SAINTS OF THE MONTH (CONTINUED)



Sts. Cosmas and Damian



Saint Euphemia



Fathers of the 4th Ecumenical Council



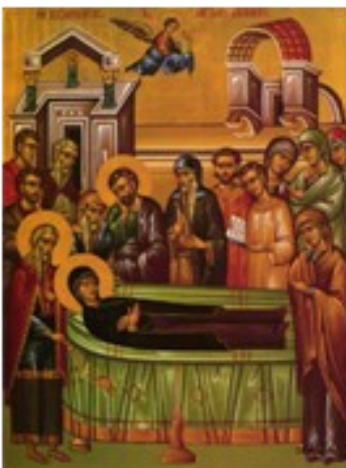
Holy and Great Martyr Marina



Saint Prophet Elias



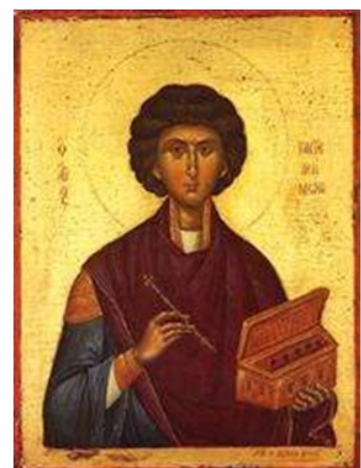
Mary Magdalene, Myrrh-bearer



Dormition of Anna, Mother of the Theotokos



Saint Paraskeve



Saint Panteleimon



JULY 2019

<i>SUN</i>	<i>MON</i>	<i>TUE</i>	<i>WED</i>	<i>THU</i>	<i>FRI</i>	<i>SAT</i>
	1 <i>Saints Cosmas and Damian</i>	2	3 <i>7pm Union Station Philoptochos</i>	4	5	6
7 <i>3rd Sunday of Matthew</i> <i>8:45am Orthros</i> <i>10am Divine Liturgy</i>	8	9 <i>10am VIPs</i>	10 <i>7:15 Philoptochos Board Meeting</i>	11 <i>St. Euphemia the Great Martyr</i>	12	13
14 <i>Fathers of the 4th Ecumenical Council</i> <i>8:45am Orthros</i> <i>10am Divine Liturgy</i>	15	16	17 <i>Holy & Great Martyr Marina</i>	18	19	20 <i>St. Prophet Elias</i>
21 <i>5th Sunday of Matthew</i> <i>8:45am Orthros</i> <i>10am Hierarchical Divine Liturgy</i> <i>12pm Luncheon for Archbishop Nikitas</i>	22 <i>Mary Magdalene the Myrrh-bearer</i>	23	24 <i>7pm Philoptochos General Meeting</i>	25 <i>Dormition of Anna, mother of the Holy Theotokos</i>	26 <i>Saint Paraskeve</i>	27 <i>Panteleimon, the Great Martyr</i>
28 <i>6th Sunday of Matthew</i> <i>8:45am Orthros</i> <i>10am Divine Liturgy</i>	29	30	31			
		<i>Strict Fast</i> 	<i>Fish Allowed</i> 	<i>Wine and Oil Allowed</i> 	<i>Dairy, Eggs, and Fish Allowed</i> 	<i>Fast Free</i>

Saint Anthony
Greek Orthodox Community
778 South Rosemead Blvd
Pasadena, California 91107

July 2019

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Phone
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Important Tips for Those Who Marry

KEEP GOD FIRST!

PRAY TOGETHER!

**UNDERSTAND THAT
LOVE IS A CHOICE,
NOT MERELY A
FEELING**

**RESPECT & HONOR
EACH OTHER!**

**ENCOURAGE EACH
OTHER TO GROW
TOGETHER!**

**HAVE A "MISSION
STATEMENT" FOR
YOUR MARRIAGE
& FAMILY!**

**READ THE BIBLE
TOGETHER AS
MUCH AS POSSIBLE!**

**DO NOT LET OTHERS
COME BETWEEN
YOU & YOUR
SPOUSE!**

**BE SWIFT TO HEAR
& SLOW TO SPEAK!**

**PROTECT & HONOR
YOUR MARRIAGE**

**TAKE TIME TO
COMMUNICATE
WITH EACH OTHER!**

