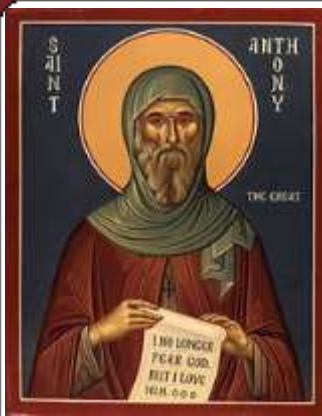


# The Voice of Saint Anthony

Monthly Newsletter of Saint Anthony Greek Orthodox Church

November 2010  
Volume 5, Number 6



**“I have seen the snares  
of the Devil spread  
across the entire world.”**

**~St Anthony the Great**

Summer is over and the beautiful season of Autumn is upon us. As the temperatures cool, and the leaves turn their many splendid colors, we return to our daily routines. School has begun; we have all returned home from our vacations; our Building Project has begun in earnest as we can all see; and we have hosted another successful Festival. We are all, young and old alike, committed to the work of Christ through our many charitable projects, and we are coming back to worship weekly in our Church as a Christian family. And hopefully we are all praying daily at home with our families. All is well.

It is during times like these, when we are actively growing and living in Christ, that we must be ever vigilant. Our patron Saint Anthony has warned us to be vigilant of

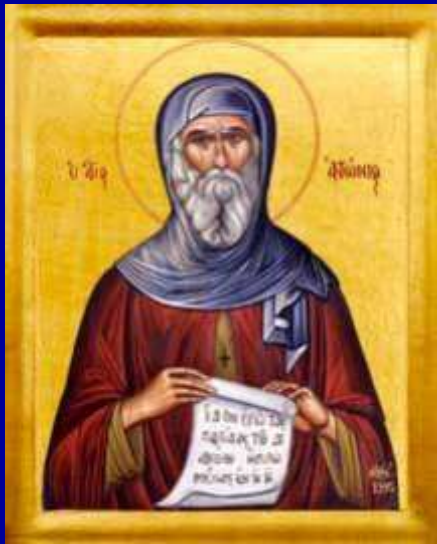
the snares of the Evil One. Why? Because it is in these good times, when the Holy Spirit is actively working through the children of God, when the Evil One comes after us. Why is that? Because the Devil seeks, chases, harasses, pursues “the good ones,” especially when they are growing closer to God. Think about it. He already possesses “the bad ones.” He does not have to devote any time and energy on what and who he already controls. But on us, the children of God, he dedicates much effort.

In the Gospel of Matthew, when Peter unknowingly spoke words from the Devil, Jesus rebuked him and said to the Devil tempting Peter in that moment, **“Get behind Me, Satan! You are an offense to Me, for you are not mindful of the things of God, but the things of Men.”** (Matt 16-23). The Devil, the deceiver, comes after us when and in ways we least expect and are least able to immediately perceive.

In light of this reality, we must be aware of the existence of the Evil One in the world, how he works in the spiritual realm, and how we can fight against him. This is where the idea for the Spiritual Retreat at the end of October was conceived. The Weekend Retreat is called, “You’ve Got To Be Here - Saint Anthony’s Something for Everyone Weekend.” The title is a plea to all parishioners to come to Church that weekend to learn and understand how the devil works against each one of us (young and old); how to fight back against him; and the importance of fighting back against him.

- 7 Religious Education
- 8-9 2010 Greek Fest Photos
- 13-15 Philoptochos
- 16-17 IOCC Walk

Continued on page 3



### Sunday Services

Orthos 9:00 am  
Divine Liturgy 10:00 am

Church office hours:

Monday–Thursday  
9:00 am to 5:00 pm

Friday  
9:00 am to 12:00 Noon

*Closed on Saturday & Sunday*

### **Publication Reminder:**

The Voice of Saint Anthony deadline is the 10th of the preceding month. Please submit announcements electronically to Vicki Kades at [VKades@gmail.com](mailto:VKades@gmail.com).

St. Anthony's reserves the right to edit, alter or reject any content.

Thank you to Stephanie Soewers for editing the monthly bulletin.

Thank you to all that contribute photos to the monthly newsletter: Judie Christopoulos, Vicki Kades, Maria Karras, Steve Pappas and Esther Vavoulis.

ST. ANTHONY GREEK ORTHODOX CHURCH  
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PASADENA, CA 91107 - 5613  
(626) 449-6943 Fax (626) 449-6974  
[www.saint-anthonys.org](http://www.saint-anthonys.org)

### CLERGY

Rev. Fr. Peter Stratos  
Rev. Dn. Christos Kanakis

### ADMINISTRATION

Alma Vorgias, Secretary  
Christos Kanakis, Pastoral Assistant  
Vicki Kades, Communications

### PARISH COUNCIL

John Patzakis - President  
Ted Vavoulis - Vice-President  
Eleni Vagenas - Secretary  
Peter Stavropoulos - Treasurer  
Tashia Vagenas—Assistant Treasurer

Sophia Angelos, Chris Bicos, Sam Dallas,  
Syrus Mobayen, Tom Grafos, Jim Hronas, Steven  
Pappas, Christos Siatras, Constantine Trigonis  
and Perry Vidalakis

### PAST PRESIDENTS ADVISORY COMMITTEE

Andrew Demopoulos, Chairman

### LADIES OF PHILOPTOCHOS

Maria Kokoris

### CHOIR

Jim Hronas

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Irene Albeck

### GOYA

Esther Vavoulis

### JR. GOYA

Presbytera Aida Stratos

### GREEK SCHOOL

Anastasia McClain, Director

### GREEK DANCE

Esther Vavoulis, President

### MOMS N' TOTS

Maria Udria & Sophia Syrengelas

### VIPs

Pantele Xanthos

To email any of our church groups, please go to  
our website [www.saint-anthonys.org](http://www.saint-anthonys.org),

## Father Peter's Message Continued from Page 1

We are blessed to have one of the very best proponents, speakers and educators for Orthodoxy in the US coming as our Retreat Master to lead us, teach us and guide through this most important weekend. Reverend Fr. Nicholas Triantafilou, President of Hellenic College and Holy Cross Graduate School of Theology, has served our Holy Orthodox Church as a dynamic parish priest, as the founder and Director of the Annunciation Orthodox School in Houston Texas, as the Chancellor of the Archdiocese under Archbishop Iakovos, as the founder of the Boston Metropolis Camp and Retreat Center, just to name a few. All the while he served his Lord and Holy Church, he and Presvytera Dianne raised three truly remarkable children, who now serve the Church with total dedication. He is a man of wisdom, great education, compassion, and understanding for all people. Throughout his ministry, he has taught, trained, and guided thousands of Orthodox Christians always guided by the motivation of bringing them closer to God.

We will have three opportunities to hear Fr Nick's words of wisdom and to interact with him. Make yourselves available for this spiritually enriching weekend. My beloved broth-

ers and sisters, this really is the opportunity of a lifetime. How do I know? From personal experience. He is my Spiritual Father. I also know how many, many parishes across the country try every year to get him to come and speak for one day. We have him for three. Make sure that, at a minimum, you bring your children and come to worship and hear his special Youth Sermon on that God-parent Sunday. If you have highschoolers in your home, they will benefit from the Friday and Saturday talks as well, so bring them with you. Nothing else is more important than your (and your family's) salvation! Remember we will all come face to face with the Lord one day, and we cannot say that we meant to do something about our salvation but could not because we had a prior commitment. Change that 'prior' commitment and make yourselves available. Your souls are more important than anything else you possess, and nothing is more important than God! Fr. Nick and I are looking forward to seeing you all at the Saint Anthony's Something for Everyone Weekend!

In Christ,

Fr Peter



Fr. Peter's Sunday sermons are  
now posted online.

[www.saint-anthonys.org/sermons/2010/](http://www.saint-anthonys.org/sermons/2010/)

Thanks to Nick Kleissas for digitizing and  
converting the audio to MP3 format.

*\*This does not replace church. Fr. Peter stresses the importance of church attendance and being at church on time.*

## Parish Pay

Parish Pay is a new and easy method to make donations to Saint Anthony Church.

To sign up, please either: Visit the Parish Pay Website at [www.ParishPay.com](http://www.ParishPay.com) and enter our zip code: 91107 on the left hand side of the home page and select St. Anthony; Alternatively, the direct link to the St. Anthony sign up page is: [www.parishpay.com/customer/donation.asp?id=34290](http://www.parishpay.com/customer/donation.asp?id=34290)

Or you can call Parish Pay directly at (866) 727 4741 (1 866 PARISH 1), and have a customer service representative enroll you over the phone.

If weekly envelopes is not your preference, Parish Pay is an easy alternative for all your donations.

## President's Message



This past month we hosted the most successful GreekFest in our recent history. ( See page 6 & 7 for photos) Many people commentated that it was the best Festival they have ever attended. I would like to thank all of our volunteers and do-

nors who gave their hard work and generosity that made Pasadena GreekFest such a success! There are many, many people who gave their tireless efforts, but at this time I wanted to specifically acknowledge my co-chairs Charlie Christos and Jimmy Christos who put in extensive hours and dealt with extensive logistical challenges posed by us returning to Santa Anita.

Despite the many challenges with the new site, the GreekFest team executed and produced a tremendous event. The gross receipts and attendance **were the highest ever on our former location "back at the track" at Santa Anita Park. And it is not too** early to be thinking of next year. We have a tremendous opportunity as a community given the enhanced popularity of Pasadena GreekFest (arguably the best Greek Festival in California) and the anticipated increased attendance next year. We could really put on a very special event on an even larger scale. The only think holding us back is the amount of volunteers. This year, with a few exceptions, we had the same number of leaders and booth captains involved in the Festival. Next year, we will have to have much more involvement by the entire community in order to reach our full potential. With all the talent, capability, and dedication in our parish, there is no reason why we cannot all contribute and answer the call next September.

In other news, as everyone knows, the old hall is no longer there. We are well underway with the building of your new Parish Center to provide all the programs to fulfill the spiritual needs of the St. Anthony community. The project is no longer in the planning stage but is now a reality. The new

Parish Center is scheduled to open in September 2011 if all goes well with the construction. It will be a state of the art facility that will house our various programs and community events for many decades and will greatly strengthen St. Anthony in many ways. The Parish Center will serve as the center of our Parish life when church is not in session and will truly be a home away from home for us.

**For that reason, we need everyone's commitment to "our new home."** While we have accomplished a lot in our fundraising, we have yet to reach our goals. If we do not reach our fundraising goals, we will need to obtain a loan to complete the project and will also scale back some of the design and functionality of the facility. As we approach the end of 2010, I would like to personally ask each of you who have not yet pledged to the building project to reflect on what St. Anthony means to you and your family. We need your help and support.

Finally, Congratulations to John Tarazi and Kathy Lucas for being selected to receive the Spirit of Stewardship Award by the Metropolis! They were honored at a regional Metropolis banquet on October 2nd, hosted by Saint Nicholas Greek Orthodox Church in Northridge. The Spirit of Stewardship Awards program for the Greek Orthodox Metropolis of San Francisco is an opportunity to honor the many dedicated individuals who give unselfishly of their time, talents, and resources to support the ministries of their local parishes and Metropolis. John and Kathy have been true stewards of our Saint Anthony parish, faithfully and humbly serving for several decades. They are truly deserving of this award.

Yours in Christ,

John Patzakis







## Saint Anthony's Something for Everyone Weekend

*"I have seen the  
snares of the  
Devil, spread  
across the entire  
World"*

### "You've Got To Be Here"

Saint Anthony's Something for Everyone Weekend  
October 29-31, 2010

As Orthodox Christians, we know every person and every family needs to be connected to the Church—a place where true relationships with God and one another are nurtured and sustained; a place where we are fortified and recharged to face the world's many physical and spiritual challenges. This weekend we will examine the relationship between the earthly and spiritual realms. We will learn how to gird ourselves and our children with the armor of Christ as we work toward our salvation.

Day 1: Friday, October 29th 7 PM

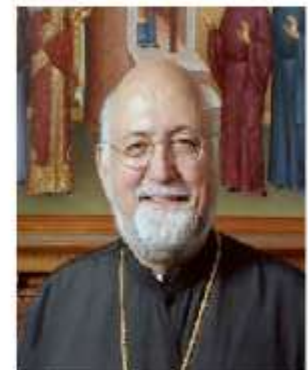
- \* Family Prayer
- \* Rev. Fr. Triantafilou- "Spiritual Warfare"
- \* Questions and Answers

Day 2: Saturday, October 30th 7 PM

- \* Family Vespers
- \* Rev. Fr. Triantafilou- "Book of Revelation"
- \* Questions and Answers

Day 3: Sunday, October 31st 10 AM

- \* God Parent Sunday
- \* Rev. Fr. Nicholas Triantafilou
- \* Luncheon to Follow
- \* Sts. Cosmas & Damianos-  
Vespers & Artoklasia 7 PM



Rev. Fr. Nicholas Triantafilou  
President of  
Holy Cross Seminary

# Dn. Christos's Message

Church &



*"I will sing to the Lord as long as I live" (psalm 104:33)*

It is Sunday morning. You decide to give in to the alarm clock after hitting the snooze button several times and you slowly get ready to go to Church. When you arrive and open the doors to Saint Anthony, you hear the uplifting voices of the choir and begin to feel more calm knowing you are in God's house. You see the familiar faces in the Narthex and you can smell the aromatic incense and beeswax as you light a candle and venerate the icons. As you open the glass doors and walk into the nave of the church, the choir's collective voices sound clearer and louder as you are welcomed by the beautiful colors and familiar faces on the walls. You take a seat and you take part in the Divine Liturgy.

The question is *How* do you take part in the Divine Liturgy?

The word Liturgy (Λειτουργία) comes from the Greek Word λαός (laos- the people) and ἔργο (ergo- work), so in other words, the Liturgy is the Work of the People and it is Divine because of our Lord Jesus Christ. So when you take your seat in the pews, grab

the Liturgy book and the hymn sheet from the bulletin, follow along and try to sing with the choir. We take part in the Liturgy when we are involved by praying, and singing/chanting from our heart, with one *collective* voice and one mind. When the Priest or the Deacon exclaims "For heavenly peace and for the salvation of our souls, let us pray to the Lord" everyone responds "Lord Have Mercy!"

After seeing the new show "Glee," I noticed how the high school Students in the Glee Club, sing together with all that they have. In other words, they sing with all of their being, expressing themselves through this art. The art of music is man's expression of their inner-self, and we use music to glorify God. In the Old Testament, King David wrote and sung many psalms to God, showing praise and thanks while playing the harp. The Ancient Greeks chanted solemn hymns in their temples, and in the Early Church, the Christians sang hymns on the way to entering the Church *together*, as the Bishop led them with the Gospel (this is why we have the small entrance). We express the words and doctrine of our faith *together* through the art of music. So come to church ready to sing and glorify God with all of our heart, mind, soul and strength!

+Dn. Christos



Dn. Christos' Ordination



# Religious Education (Sunday School)

Welcome back to another wonderful year of learning and spiritual growth. This year we will have the added excitement of observing the construction process of our new parish center. Classes will be in our new portable classrooms.

Please bring your child/children to church every Sunday to participate in the Liturgy and attend religious education classes (Sunday school). Christ wants you there with Him, Fr. Peter wants you there, and so do all your Religious Education teachers. As an added incentive to overcome the parking challenges, we will be offering On-Time tickets to all students in the Narthex by 10:10am. The benefit of this program is that we will all practice learning to be in Church on time (thereby instilling the correct habit in our children for their own futures), and we will also be able to find a parking spot in the lot or very near by. Families who have not participated recently in our many youth programs are greatly missed, and we look forward to seeing you again this year.

The Religious Education program at Saint Anthony endeavors to guide and promote student learners to gain knowledge in:

- \* Doctrine, worship and living in an Orthodox Christian world
- \* Ecclesiastical church year
- \* Saints and major feast days
- \* Icons and iconography
- \* Prayer and spiritual growth
- \* Sacraments
- \* Bible lessons-Sunday Gospel readings

Archdiocese Metropolis Religious Education curriculum and instructional materials are the foundation of catechetical lessons.

Registration information and forms are available at church or online. The registration information is used for St. Anthony Religious Education Dept. only and not distributed for other purposes.

A donation of \$20 per student is requested for the expenses of books and other materials for the weekly curriculum lessons.

Classes resumed Sunday, October 10. Fr. Peter had a special presentation for students and their families in the Church.

## Important Dates

Registration and/or update  
current information

[http://saintanthonys.org/  
sunday\\_school/registration.htm](http://saintanthonys.org/sunday_school/registration.htm)

### 2010

*October 31-  
Godparent/godchild Sunday*

- \*\* November 21-Turkey Raffle
- \*\* December 4—Bible Bowl
- \*\* December 19-Christmas Program

### 2011

January 17-(Monday) Feast Day of Saint Anthony the Great  
February 20-Family Worship  
March 5-Second Saturday of the Souls-Prepare Kolyva and attend Divine Liturgy  
March 13-Procession of the Icons  
April 16-Saturday of Lazarus  
\*\* April 22-Holy Friday Retreat  
April 24-Pascha  
June 12-Trinity Sunday-Pentecost  
June 19-Last Day of Religious Education-Certificates and awards

*And some fell into good soil and grew, and yielded a hundredfold. As He said this, He called out, "He who has ears to hear, let him hear." Luke 8:8*

### No Classes

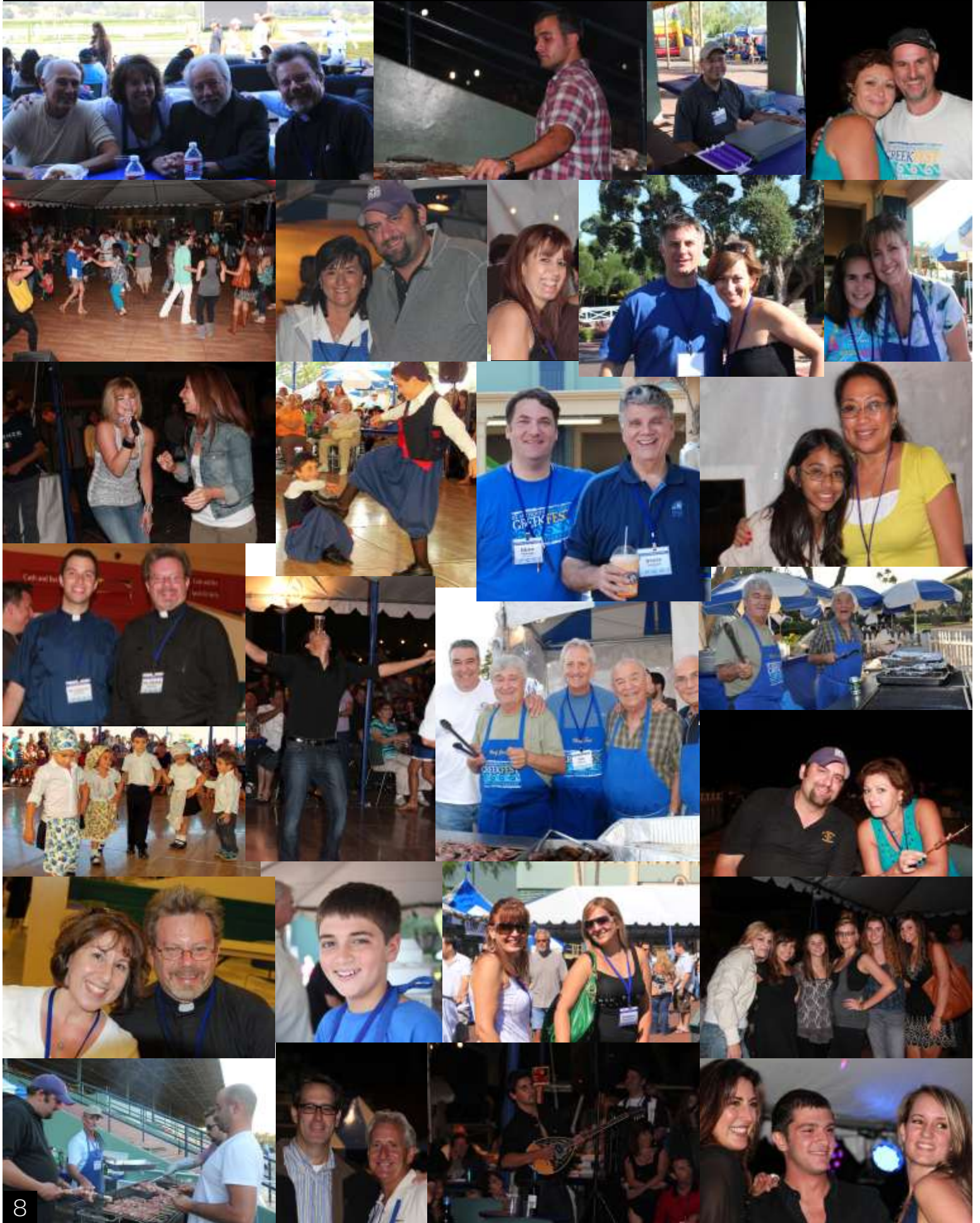
November 25-Thanksgiving  
December 26-Christmas Break

### 2011

January 2-New Year Break  
February 20-Family Worship  
April 24-Pascha  
May 29-Memorial Day Weekend



# 2010 Greek Fest









## Moms N' Tots

Moms n' Tots is an interactive program for children ages 6 months- 3 years old filled with music, story time, crafts, playtime, and sharing.

Join us each Wednesday from 10:30-11:30.

Contact:  
Sophia Syrenglas, [sophiajammie@gmail.com](mailto:sophiajammie@gmail.com)

## Joy & Hope



SAVE THE DATE

November 7

Lacy Park Picnic

## Jr. Goya



The JR GOYA gathered for a Summer Fun Day in August with a movie outing, swim party, dinner and a fireside chat with Deacon Christos. We thank Mrs. Litsa Vagenas and Mr. Bill Vagenas for hosting a fun-filled afternoon at their home.



## Upcoming JR GOYA Events

\*JR GOYA Cookout at Fr. Peter's House, Saturday, Oct. 23 from 3pm-7pm: We will begin our new Jr. GOYA year in fellowship with games, a cookout, New Officer elections, and a fireside chat with Fr. Peter and Deacon Christos. See you all there! (6<sup>th</sup> - 8<sup>th</sup> Graders)

\*Saint Anthony's Something for Everyone Weekend: All Jr. Goyans will participate in the Godparent Sunday Liturgy, Oct. 31 at 10am, and hear Fr. Nick's special Youth Sermon. This is a rare opportunity for everyone. Invite your Godparents now!



\*Southern California IOCC Walk-a-thon, Nov. 13, 12:30pm at the Rose Bowl: This will be one of our main Charity Projects this year. The Jr. Goyans will walk, and we would like all their family members to join us for this important and fun event at the Rose Bowl. See you there with your walking shoes and cameras!





# SUMMER FUN!

## GOYA Events

10/23: Greek Youth Glendi (Night of Greek Dancing at the Monrovia in Monrovia, CA. not a Goya event but Goyans are invited)

11/13: IOCC Rose Bowl 5k Charity walk/run that Goya will participate in.

12/4: Orthodox Bible Bowl at St. Mary's Romanian Orthodox Church in Anaheim, CA.

Events thus far: GOYA ran the highly successful "Baklava Sunday" Booth at the Greek Festival. The Goyans worked the booth in shifts of 2-3 for each day of the Festival weekend. The booth sold refreshments and ice cream sundaes topped with hot fudge, whipped cream, and baklava pieces.

Every Tuesday GOYA holds weekly meetings at rotating Pasadena area restaurants. Thus far meetings have been held at Twohey's Restaurant in Alhambra, Conrad's Restaurant in La Cañada, and The Monrovia in Monrovia. Meeting times are 6:30pm-7:30pm every Tuesday. Bring money to eat dinner with us.

## Adult Classes—Bible Study & Life Stories

### Bible Studies

The evening session will begin on Monday, October 11 from 7:00 to 8:30 p.m. The Morning sessions at 10:00 a.m.

### Life Stories Class

At some point in our lives we have wondered about our grandparents and wished we knew more about them. Wouldn't you treasure having their letters or journals? Some of our members are getting together to write their life stories in order to leave just such a legacy. The class, led by Helen Boltinghouse, will meet twice a month, after Bible class beginning Tuesday, October 12 from 12:30 to 2:30 p.m. Please join us. Keep in mind that your life stories would be the best present you could give your children and grandchildren.



# Greek Folk Dance Groups

All Dance Groups are practicing on Sundays  
Bouboukakia 1-2, Spitha 1-2:30, Filarakia 1-2:30, Terps Girls 1-3, Boys 2-4, Asterakia 2:30-5, Adult group 4:30-7

## “GREEK Youth GLENDI”

Saturday, October 23, 2010  
7- 11:30 p.m

*The Monrovia Restaurant  
534 S. Myrtle Ave, Monrovia  
Ages 14 to 20, \$12 per person*

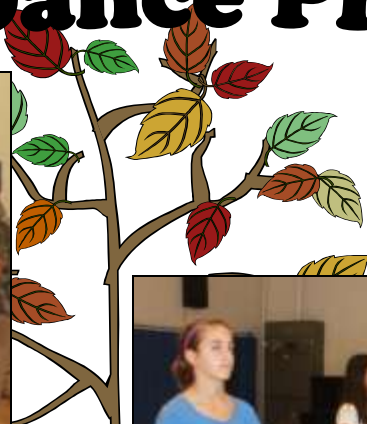
Kids-Helping-Kids IOCC Walk  
November 13, 2010  
Rose Bowl (parking lot B)  
Registration 12:30 p.m., walk 1:30 p.m.

## “Fabulous Fall Shopping”

November 4, 2010  
10:00-2:00, 5:00-9:00  
4257 Chula Senda Lane, La Canada

Save the Date: Preview Night,  
February 12, 2011

# Fall Dance Practice



## “Fabulous Fall Shopping”

November 4, 2010  
10:00-2:00 & 5:00-9:00

Greek Dance Fundraiser at Esther Vavoulis' home

If you have any questions, please email [evavoulis@aol.com](mailto:evavoulis@aol.com)  
Everyone is invited!



# Philoptochos

Summer vacation is over and Philoptochos welcomes you to a new ecclesiastical year. We urge you to join us in helping the needy, whether by donating food for Friends in Deed or serving dinner at Pasadena's Union Station. Please contact Irene Albeck for more information.

The National Philoptochos Biannual Convention was held in Atlanta, Georgia July 4-7. President Maria Kokoris, Treasurer Maria Kypreos, and Vice President Fontaine Malisos were among the 380 delegates from all over the United States. The ladies returned to our chapter with renewed enthusiasm for the many programs that Philoptochos supports. It is with great pride we report that in the first six months of 2010, National Philoptochos distributed almost one million dollars in aid internationally! In addition, our Panagia chapter received the 2010 National Philoptochos Awards Program Award of Excellence in

recognition of 100% participation in National Commitments for 2008-2009.

Our first general meeting of the year was held at the home of Carolyn Kolokotronis on September 29. It was a lovely and very well-attended event. Many thanks to Carolyn for her warm and gracious hospitality.



Save the date: Saturday, December 4, 2010 Saint Anthony Philoptochos will host our annual Christmas Benefit Luncheon at the Langham Hotel in Pasadena. This annual event is a community tradition, and the proceeds support our many charities throughout the year. Please join us for holiday cheer!



Athena Dallas, Charity Chairman of the 2009 Philoptochos Benefit Luncheon, presents Dr. Meg Abrahamson, Director of the Pasadena Families in Transition Program, proceeds from the December Benefit Luncheon.

Pictured in the center is Birti Harvey, Director of Communications for the Pasadena School District. With Philoptochos' support children in this program will now have the opportunity to attend summer school. Any remaining funds will be used for school supplies in the coming school year.

Some of the past recipients have included City of Hope National Medical Center, Children's Neonatal Unit of Methodist Hospital, Ronald McDonald House, The Alisa Ann Ruch Burn Foundation and Villa Esperanza.



# End Of the Year Dinner





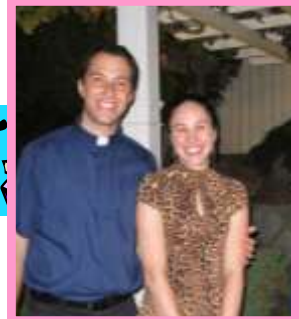


*Katherine Lucas was honored at the Spirit of Stewardship dinner, on October 2, Honoring the faithful stewards of our Metropolis on the occasion of the Feast Day of Saint Gerasimos held at Saint Nicholas Greek Orthodox Church Northridge. Kathy was one of 37 Award Recipients. Kathy has been a member of Saint Anthony since 1965. She grew up in the Los Angeles area, attending "San Julian" church and later Saint Sophia Cathedral.*

*Kathy has been an active member of Philoptochos and is currently on the board. She has chaired and co-chaired the December benefit luncheon. Kathy works with the VIP rummage sale and served as an advisor for GOYA. She has served several terms as secretary on Saint Anthony's Parish Council executive board. Kathy is always eager to volunteer where service is needed, helping prepare food and serving at the festival. Kathy's family and many friends enjoyed the beautiful evening with her.*



## Philoptochos Potluck



# IOCC Walk A Thon



The IOCC Los Angeles and Orange County committees are once again preparing for the IOCC StepUp 5K Walk at the Rose Bowl on Saturday, November 13, 2010 at 12:30 p.m.

We had a terrific response last year with 400 registered participants from all over southern California. The need for humanitarian aid is even more important now due to the tragic events that IOCC has responded to over the past year, Haiti and Pakistan to name just two. The goal this year is to have 500 registered participants coming together to support this humanitarian ministry of our Orthodox church.

The registration fee of \$25.00 gives you a specially designed t-shirt and the always popular In-N-Out lunch. The goal is for each participant to gather as many sponsor donations as possible.

If you are unable to walk the distance, you can register and join us for an afternoon of fellowship and lunch. If you cannot attend but would like to support the StepUp 5K, all donations are gratefully accepted.

This is a wonderful pan-orthodox event that brings families together for a common goal. Feel free to invite friends, family and neighbors to join in.

Look for the IOCC table following Liturgy on Sundays for registration materials or you can register online at [www.iocc.org/giving/event\\_orangecounty11-13-10.aspx](http://www.iocc.org/giving/event_orangecounty11-13-10.aspx).

Here is how your support makes a difference:

\$25 provides a school uniform and school supply kit for an Iraqi refugee in Syria

\$50 provides marketable skills training workshops for women and youth in the Holy Land

\$100 sends enough school kits abroad to supply an entire class with supplies

\$250 provides more than \$10,000 worth of medical supplies, medicines and other life-saving equipment

See you there!





# SoCal "Step-Up!" 5K Walk-A-Thon



**Lace up to reach the world's most needy.**  
Participants from Southern California join hands and feet!



12:30 PM Registration

•  
Rose Bowl  
(Parking Lot B)

•  
\$25 Entry Fee  
(Donations Welcome)

•  
Includes T-shirt &  
In-N-Out lunch

**Saturday, November 13, 2010**  
**1:30 P.M.**



For more info, visit [IOCC.org/StepUp](http://IOCC.org/StepUp)



# Saint Anthony Book Club

*When: Our first meeting is Friday, November 5th, at 7:00 p.m.*

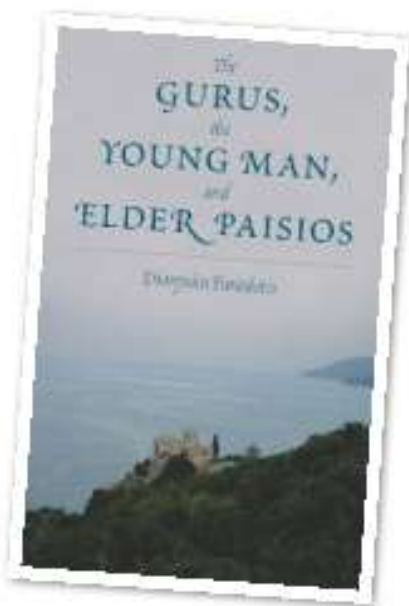
*(following Paraklesis service)*

*Where: Saint Anthony Greek Orthodox Church*

## *The Gurus, the Young Man, and Elder Paisios*

*by: Dionysios Farasiotis*

This powerful memoir tells the story of a Greek youth who, out of a desire to know the truth empirically, began to experiment in yoga, hypnotism, and various occult techniques. Eventually drawn back to the Faith of his forefathers—Orthodox Christianity—he visited the ancient monastic republic of Mount Athos in his native Greece, where he was brought to a knowledge of the Truth of Jesus Christ by the saintly Elder Paisios (1924–1994). Nevertheless, believing he had only found “part of the truth” on the Holy Mountain, he chose to give the “same opportunity” to Hindu yogis that he had given to Elder Paisios and other Orthodox monks. Thus, at the age of twenty-five, he embarked on a trip to India, where he undertook his search in the ashrams of three famous gurus, one of whom was worshipped as a god. His experiences in India, along with his subsequent encounters with Elder Paisios on Mount Athos, are recounted in the present book in vivid detail. Popular in Greece since its first publication there in 2001, *The Gurus, the Young Man, and Elder Paisios* is a page-turning narrative of both outward adventures and inward struggles. What stands out most in this book, however, is the radiant image of Elder Paisios, possessed of divine gifts, laboring in prayer for his fellow man, and overflowing with unconditional love. Through this, one sees the uncreated Source of the elder’s love and of the author’s spiritual transformation: the true God-man Jesus Christ, Who honors man’s personal freedom while drawing him, through love, into everlasting union with Himself.



*Buy your copy after Church this Sunday!*

# Stewardship as of October 12, 2010

Rev. Peter & Pres. Aida Stratos  
Deacon Christos & Diakonissa Jessica Kanakis  
Pres. Maria Mylonas  
Adamopoulos, Virginia & Peter A  
Adamson, Dina  
Akopiantz, Aphie  
Akrotirianakis, Barbara & Nicholas  
Akrotirianakis, Joseph N.  
Albeck, Irene  
Albeck, Mark Gregory  
Alex, Helen & Mr. Angelo Paravantis  
Anastasiador, Vasileia & Alexia  
Sakellariou  
Angelopoulos, Angela  
Angelos, Sophia & James  
Anton, Helen & Gus  
Arapostathis, Mary  
Arviso, Angie & Allen  
Ashton, Monica  
Aspiotes, Georgia  
Athans, Tina & Dean P.  
Attalla, Philip "Ted"  
Bacoyianis, Sotiria K.  
Balanos, John  
Balas, Argiro Julie & Dino  
Baliotis, Tina & Demetre  
Bannoura, Michael & Renee Gharib  
Becker, Connie & Brian  
Becronis, Christina  
Beleos, Athena  
Betinis, Harriet  
Bicos, Eleni & Chris  
Bicos, Kalli & Dino  
Bicos, Mary  
Bicos, Marietta & Steve  
Bicos, Sophia  
Bissias, Peter N.  
Bogosyan, Margarita  
Boltinghouse, Helen  
Bonorris, Bill  
Bonorris, Donna & Pete  
Bonorris, Helen  
Boulgarides, Athena  
Bouras, Tom Athanasios  
Bowers, Connie & Terree  
Bozikis, Demetra  
Broussinos, Angeliki & Chris  
Brown, Niki  
Burkard, Penelope & Frank  
Buzas, Pamela & John  
Caire, Terese & John  
Chames, Jim  
Christodoulelis, Helen  
Christodoulelis, Tanya & Jimmy  
Christodoulou, Christine & Christakis  
Christodoulelis, Eva & Charles  
Christopoulos, Judie & Gus  
Christy, Angene  
Church, Lisa  
Cocores, Christine & Ted  
Cocores, Lisa & Christopher  
Cokias, Jason & Karen  
Coroneus, John  
Courlas, Georgia & George  
Courlas, Marianna  
Cristofi, Marion & Pete  
Dallas, Athena & Saterios  
Dallas, Petra & Gregory D.  
Damilatis, Dimitrios & Eleni  
Darlas, Kim & Bill  
Darlas, Laura & Taso  
Darlas, Paula  
Darras, Mary Ann  
Daughters, Janine & Chris  
De Vaughn, Dimitra & Khevin  
Demetriades, Elizabeth & Demetrios  
Demopoulos, Elizabeth & Andrew  
Demopoulos, Michael  
Demopoulos, Nicholas  
Demos, Anna  
Demos, Nick & Maria Karras  
Dewar, Mary & Andrew  
Diamond, Anastasia  
Dimitrakopoulos, Efterpi & Panagiotis  
Drulias, Rosann & Bill  
Dupas, Evangeline & Theodore  
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Gelt, Pana & Brian  
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Ioannou, Eleni & Chris  
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Kanakaris, Heather & Nathan Aceves  
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Kaplanis, Joan & Peter  
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Karaioannoglou, Jeanne & Phaedon  
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Katsas, Asimina & Andreas  
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Kefallinos, Vicky & Nick  
Kiotas, Stavroula & Alex  
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Kirimis, Nitsa & John  
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Lauto, Litsa & Giovanni  
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Pastis, Vivian & Gust S.  
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Skandale, Helen  
Skandale, Katherine  
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Stavropoulos, Demetra (Litsa)  
Stavropoulos, Peter T. & Theodora  
Coulis  
Suchy, Gregoria & Raymond W.  
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Theoharatos, W. Jeannie & Christos  
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Treantafelles, Zoe & John  
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Tripodes, Dena & Nikitas  
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Tsagalakis, Joanie & Sam  
Tsevdos, Alice  
Tsianos, Nick P.  
Tsianos, Pandora & Peter  
Tsuvalas, Jenny & John  
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Vagenas, Janet & Peter  
Vagenas, Margaret & Spiros  
Vagenas, Nicolicha & Vasilius  
Vagenas, Polly & George  
Vagenas, Tashia & Alex  
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Wood, Cindy C. & Grant  
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Xanthos, Pantele  
Yagjian, Anita & Michael  
Zarifis, Tina & Peter  
Zervos, Cynthia & James

Every effort has been made to ensure the accuracy of this stewardship list.

Please forgive us if there are any errors or omissions. The printed list is from the date above. Any stewardship additions or changes that were made after the above date will not be added or corrected in this issue.

Saint Anthony's  
Greek Orthodox Church  
778 South Rosemead Blvd.  
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*"I have seen the  
snares of the  
Devil, spread  
across the entire  
World"*

October 29-31st, 2010  
See page 5 F or D details